

MAY 2023

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# GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER



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official-plumbing-heating.ca

## CONNECTING GLENBROOK

The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups throughout the week, for those who are available to get involved. Below is a list of these activities and the schedule for the month of May and into June. If you are interested in trying out one or more of these drop-in clubs, please email [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca) to let us know what groups you are looking to join. If you would like to come on a regular basis, a Glenbrook community membership is requested, but not mandatory, so non-members are welcome to try them out as well.

### Tai Chi

Stability, balance, and flexibility are very important as you age. This exercise program can help you improve these factors and decrease health risks. Join your neighbours for a weekly half-hour session of gentle exercise and breathing. Bring dry shoes and a name tag.

**Upcoming Dates: May 2, 9, 16, 23, 30 (All Tuesdays at 10:00 am)**

Contact Gary at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Pickleball

The nets are up and we are enjoying friendly competition on the courts at all levels. Join us on Monday, Wednesday, and Friday mornings at 9:00 am at the Glenbrook sport court next to the hall. Curious newcomers are especially welcome on Fridays. Free instruction and equipment provided.



Contact Grace at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Book Club

Our book for this month is *The Authenticity Project* by Clare Pooley. Next month's selection is *The Island of Sea Women* by Lisa See. Both are available at the library.

**Upcoming Dates: Wednesday, May 17 at 1:30 pm; Wednesday, June 21**



Contact Grace at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Fun and Games

Whist, Chinese checkers, or crib anyone? Bring a mug, dry shoes, and maybe a favourite game, and join us for a diverting afternoon.

**Upcoming Date: Friday, May 19 from 1:00 to 3:00 pm**

Contact Pat or Gordon at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Knitting and Crafts

Socialize and create sweaters, socks, blankets, dishcloths, and more. Many of these items are donated to shelters or other charities in need. Join us upstairs at the community hall for free beginner instruction or to be inspired at a higher level.

**Upcoming Dates: Wednesday, May 24 at 7:00 pm; Thursday, June 8 at 1:00 pm**

Contact Ruth at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

### Coffee Social

Join your neighbours and meet new ones for a sociable coffee hour at the community hall. The more the merrier! Bring a mug and dry shoes.

**Upcoming Date: Friday, May 26 from 10:00 to 11:30 am**

Contact Sharon at [glenbrookevents@shaw.ca](mailto:glenbrookevents@shaw.ca).

# THE EMERALD

The emerald is May's official birthstone. Unlike some birthstones, emerald is classified as one of four precious gemstones. Although the oldest emeralds date back 2.97 billion years and were first mined in Egypt, emeralds have been found in Canada, although they're rare. Canada's first emeralds were found in 1998 in Yukon Territory!



## PRESIDENT'S MESSAGE

It's May in Glenbrook. The garden centers are getting busy, the trees are waking up for the season, and everything is becoming greener. It's always an exciting time in the community.

There are plenty of activities and events to get involved with in Glenbrook this spring. Our outdoor sport courts are set up and open for use by community members. A Glenbrook community membership is requested, but not mandatory, to use these facilities. If you would like a more formal activity, reach out to one of the athletic groups listed in this newsletter. The Glenbrook Greenthumbs group always has events set up in the spring, centered around our community gardens. We are offering a number of free daytime clubs and groups throughout each week, mainly organized by our seniors in the community, and our new social committee is working hard to organize events for families to enjoy.

This month is your last chance to submit a nomination for our two community awards before the deadline on Tuesday, May 23. As a reminder, we have the Glenbrook Lifetime Member Award, given to a Glenbrook resident with 15 or more years of dedicated volunteer service to our community, and the Glenbrook Community Partnership Award, given to a local business or organization with ten or more years of work contributing to life in Glenbrook. Nomination forms are available at Glenbrook Hall or by request to [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca). If you have a deserving person or group in mind and would like some assistance with the nomination forms, please indicate this in your email and one of our board members will help you through the process.

Please remember that our playground and school speed zones run late into the evening, and with warmer weather on the way, residents will be out much later into the evenings. Drive safe and take care on our streets.

*Murray*

GCA President

### SCAN HERE TO VIEW ADDITIONAL GLENBROOK CONTENT

#### News, Events, & More



#### Crime Statistics



#### Real Estate Statistics



## GLENBROOK ATHLETICS

### Calgary Padel Club

Junior Program, Adult Teams, Tournaments  
3524 45 St. SW | [info@calgarypadel.ca](mailto:info@calgarypadel.ca)

### Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football  
Practices at Glenbrook School  
Games at Shouldice Athletic Park  
[contact@calgarywildcatsfootball.com](mailto:contact@calgarywildcatsfootball.com)

### Fencing Academy of Calgary

Introductory/Beginner/Intermediate  
Foil, Epee, or Sabre Class  
3524 45 St. SW | [faofc@fencingacademy.ca](mailto:faofc@fencingacademy.ca)

### Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club  
Various locations including Glenbrook  
[office@umojamosaic.org](mailto:office@umojamosaic.org)



## GAMES & PUZZLES

### Guess That Movie!

1. On Amity Island, beachgoers are harassed by a bloodthirsty sea beast.
2. An unlikely chef fulfills his dream of working in a famous Parisian restaurant.
3. A visit to a theme park full of genetically modified creatures goes very wrong.
4. The anti-social protagonist embarks on a journey to rescue a princess and save his home.
5. An overwhelmed princess escapes her duties and explores Rome with a stranger.



SCAN THE QR CODE  
FOR THE ANSWERS!



# The Yellow Warbler: A Little Winged Lemon in the Trees

by Cathy Warwick

The first warbler we can anticipate arriving in Weaslehead is the Yellow Warbler. ETA: mid-May. This tiny bird is a lemon yellow colour from head to rump, with a little black bead of an eye. It has no markings, other than a few cinnamon streaks on the chest of the male. It hangs around the tops of the trees lining the bike path singing its song. The common mnemonic for its song is "sweet, sweet, I'm so sweet". Truer cheeps were never cheeped, little bird, you are so sweet.

The Yellow Warbler makes little cup nests that are often stolen by the famously parasitic cowbird. When this happens, the warbler will build a new nest on top of the old one, sometimes resulting in layers of nests. I don't think there are many cowbirds in Weaslehead, thankfully for the Yellow Warbler.

These birds are designated as "conspicuous" so if you are a new birder you have no excuse, get out there and find one! It should be easy; they are so bright they are practically lit from within.



*A Yellow Warbler helpfully reducing the number of insects. Photo by Jane Potter.*

After I wrote my article on Downy vs. Hairy Woodpeckers, I saw a great article about them on the Cornell Ornithology website. The best way to tell them apart is to look at the relative size of their beak compared to their head. This way you don't have to create an imaginary bird beside them! All the information is right in front of you.

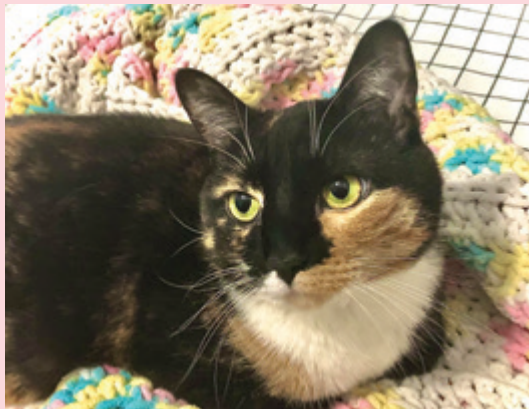


*Hairy Woodpecker: the beak is the same size as the head. Photos by Diane Stinson and Jane Potter.*



*Downy Woodpecker: the beak is half the size of the head. Photos by Diane Stinson and Jane Potter.*

## Pets of Glenbrook



Hello Glenbrook!

My name is Buttercup. I am a calico, and I am seven years old. I was rescued from a ranch (I'm an indoor city cat, through and through) where I was born on May 24, 2016. A Gemini!

I adore breakfast and treats, tearing up and down the hallway, and my family. I had two siblings, Murphy and Sugar, when I first moved in. I miss them, but I am perfectly suited to being an only cat.

My favourite person in the world is my mom. She was only five when she rescued me, but she takes amazing care of me. My second favourite is my best friend Mr. Mouse-y. He's in the photo, but he's in his favourite place, underneath me. We hang out all the time – he even came to my first vet appointment. My third favourite is the Provider. She feeds me and cleans my powder room, but her snuggles pale in comparison to mom's. My family loves me very much. I offer more than just love and affection – I am a proficient bug huntress and I protect my humans from strange sounds in the house.

I have lived in our Glenbrook house all my life. I spend a good part of each day surveying the neighbourhood from various windows, where I dream about chasing the many birds, squirrels, occasional coyotes, and nice neighbours that I see.

*To have your pet featured in an upcoming edition of the Globe, please send a photo and short write up to [glenbrookglobepets@gmail.com](mailto:glenbrookglobepets@gmail.com).*



## GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2  
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

**1. Become a member** – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

**2. Become a volunteer** – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

**Membership** forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheques payable to: Glenbrook Community Association

(September 1, 2022 to August 23, 2023)

Name: .....

Address: .....

Phone: .....

Cell: .....

Email: .....

Membership type: Family (\$25) .....

Senior 65+/Single (\$20) .....

Payment type: Cash ..... Cheque .....

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following - Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc.

Contact for Volunteer canvas: Yes .....

No.....

## Glenbrook Greenthumbs Upcoming Events

### Plant Exchange

Are you looking for something different or extra for your yard this spring? Do you have extra perennials, cuttings, bedding plants, seeds, house plants, etc.? Why not exchange them for something new?

Meet at the Glenbrook Greenthumbs gazebo (corner of 51 St and 30 Ave) from 10:00 to 11:30 am on Saturday, May 13 with your potted and labelled plants or other items.

Share questions and expertise with your fellow gardeners over a cup of coffee.

Contact Grace at [glenbrookgreenthumbs@gmail.com](mailto:glenbrookgreenthumbs@gmail.com) for more information.

### Neighbour Day Garden Tour and Rhubarb Tea

Meet at the Glenbrook Greenthumbs gazebo at 9:00 am on this year's Neighbour Day (Saturday, June 17) for our annual garden walk. Join us to see what beautiful gardens can be created in our community. The walk will be one to two kilometers and last approximately 1.5 hours, after which we will return to the gazebo for a rhubarb tea at 11:00 am.

The garden tour is free, but please register by sending an email to Grace at [glenbrookgreenthumbs@gmail.com](mailto:glenbrookgreenthumbs@gmail.com).



## Like us on Facebook!



Visit [www.facebook.com/glenbrookcommunity](http://www.facebook.com/glenbrookcommunity) or search 'Glenbrook Community Association' on mobile!

- Important event updates and times
- Info about the neighbourhood
- Connect with your community

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	3						5	

SCAN THE QR CODE  
FOR THE SOLUTION



PRIVATE MUSIC LESSONS IN GLENBROOK

**FALL REGISTRATION OPEN**

**Heather Thirsk | Instructor + Founder**

heather@edenschoolofmusic.ca | 403-966-0165



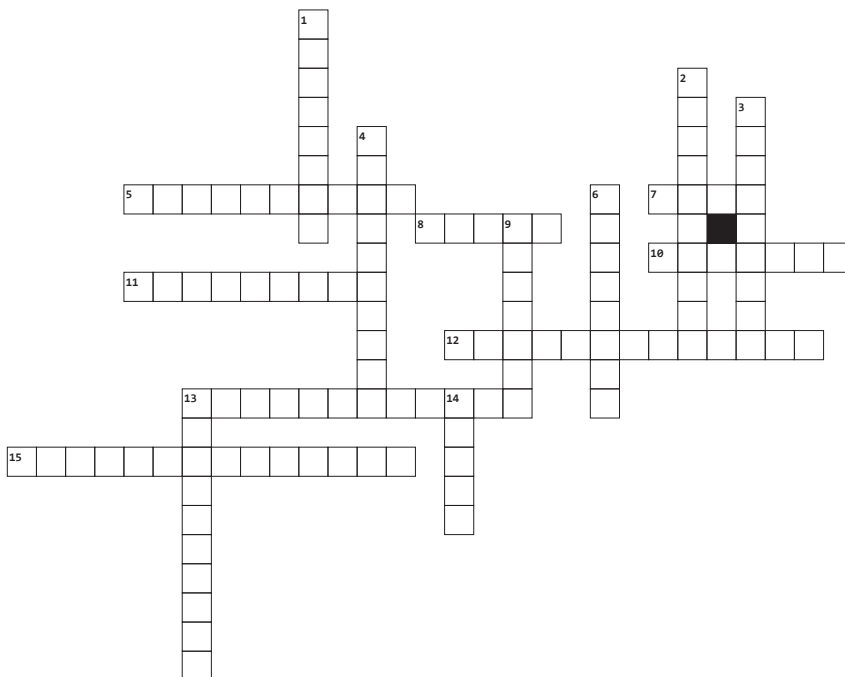
## Glenbrook Social Committee

We have a new Social Club that  
is looking at bringing a number  
of events to Glenbrook.

Help is needed to volunteer at  
these events and to come up with  
new ideas.

Email [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)  
if you are interested.

# May Crossword Puzzle



## Across

5. Originally from Nunavut, this artist has won both a Polaris Music Prize and a JUNO for her unique blend of throat singing with Western music genres.
7. In May of 1918, some women were given the ability to do this.
8. World \_\_\_\_\_ Day celebrates and raises awareness for this endangered water dwelling mammal.
10. On May 15, this band, hailing from Hamilton, Ontario won Group of the Year at the 2022 JUNO awards.
11. A *Star Wars* pun becomes very popular on this day.
12. This actor and ex-wrestler has both their American and Canadian citizenship, only getting the latter at the age of 37.
13. This classic children's toy was introduced on May 1, 1952, and was the first toy ever advertised on television.
15. On May 11, 2019, this novel by Eden Robinson won the Ethel Wilson Fiction Prize.

## Down

1. On May 17, 1642, this Canadian city was founded by Paul de Chomedey, Sieur de Maisonneuve.
2. At San Francisco's Grand Opera House, this was played for the first time on May 4, 1878.
3. This clothing item was patented 150 years ago.
4. Released 28 years ago, this film increased tourism in Scotland.
6. A solar eclipse on May 29, 1919, proved \_\_\_\_\_'s theory of general relativity.
9. Canada's first \_\_\_\_\_ was found in 1998 in Yukon Territory.
13. In the United States, the most phone calls are made on this holiday.
14. On May 30, 1966, the first full-disk image of \_\_\_\_\_ was taken.

SCAN THE QR CODE FOR  
THE ANSWER KEY



# Glenbrook Community Association

Please direct all questions to  
glenbrook.community@shaw.ca  
or call 403-249-6664.

## 2022-23 Board Members

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley

# Hall Rentals

Please direct all questions to  
glenbrook.community@shaw.ca  
or call 403-249-6664.

### Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm)  
- \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 PM to 10:00 pm)  
- \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate - \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom and upstairs space)

### Security Deposit:

- \$500/rental, returned 7 days past the event

### Boardroom:

- Monday to Thursday - \$25/Hour, Minimum 3 Hours

### Sport Shack:

- Sunday to Saturday (8:00 am to 10:00 pm) - \$25/Hour, Minimum 2 Hours
- Storage Lockers (rooms) - \$75 to \$95/month. For sport equipment storage by sport groups only. Payment required 6 months in advance.

Debit and credit payments are now accepted.

## GCA Meetings

## Upcoming Meetings

• June 1

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

**9 PM  
ROUTINE**



CALGARY  
POLICE  
SERVICE

### ☒ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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## **Glenbrook Lifetime Member and Community Partnership Awards 2023**

**Awards season is back in Glenbrook! We will recognize exceptional individuals who have demonstrated significant and sustained service to Glenbrook, and outstanding contributions from local groups and businesses.**

**We will consider:**

- General attitude and overall demeanor**
- Dedication to the objectives of the association**
- Commitment to good community stewardship**
- Valued leadership and good role modeling**

**Nominations are now being accepted until May 23, 2023. Forms are available at the Glenbrook Hall, or by request to [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) or by calling 403 249 6664.**

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email [info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca); [www.official-plumbing-heating.ca](http://www.official-plumbing-heating.ca).

**GLENBROOK MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**PLUMBING PARAMEDICS:** Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.


**OPEN CANOPY TREE CO.:** We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website [www.opencanopytree.com](http://www.opencanopytree.com) or call 403-466-1656 to request a quote.



**mybabysitterlist**

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.



# BRAVEHEART

This May marks 28 years since the release of the Mel Gibson directed film, *Braveheart*. The film, which portrays the Scottish revolt against the British in the 13th century, was nominated for ten Academy Awards, five of which it won. *Braveheart* was such a success that it increased tourism in Scotland!

On May 29 vote

Janet  
Eremenko

Calgary – Currie



## A better future.

- ✓ **Better healthcare** - we'll connect a million Albertans with a family doctor
- ✓ **Better jobs** - our economic strategy will create 47,000 jobs and generate \$20 billion in new investment
- ✓ **Better education** - we'll support students, build schools and deliver a modern curriculum

JanetEremenko@albertandp.ca  
**albertandp.ca**

Authorized by Alberta NDP

## How to BEE a Community Scientist Help us document the different pollinators in Calgary!

-  Go to **inaturalist.ca** or download the app. 
-  Look around your favourite park or backyard for any **insects visiting a flower.** 
-  Take a least **2 clear photos of an insect**, preferably from multiple angles. 
-  Take at least **1-2 photos of the plant** where you can see (1) the flower, and (2) the leaves/whole plant. 
-  Upload your photos to iNaturalist. **Tip:** Create a separate observation for the insect and plant.
-  Add your insect observations to the Calgary Pollinators Project. **Tip:** Link your insect and plant observations together. 



Alberta is home to hundreds of different pollinators – more than 330 kinds of bees, as well as flies, beetles, wasps, and other insects that are critical to our local food supply. We want to get to know the pollinators that call Calgary home and what plants best support them, and you can help! **Community science** involves the collaboration between scientists and the general public to collect and analyze data. The data you uploaded to iNaturalist can be used in research around the world, and close to home!



✉ [sustain@ucalgary.ca](mailto:sustain@ucalgary.ca) 📷 [@dollecology](https://www.instagram.com/dollecology)

