# GLENBROOK globe

THE OFFICIAL GLENBROOK COMMUNITY NEWSLETTER







NEW DENTAL OFFICE IN YOUR COMMUNITY WELCOMING NEW PATIENTS!



ិដ្ឋា EMERGENCIES

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CONVENIENCE

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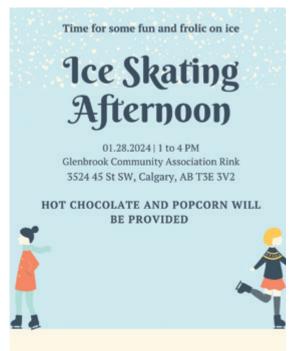
We direct bill your insurance. Payment plans are also available.

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### 1977 THUNDERBIRD

Article and photo by Fred Nelson

One day back in 1979, Glen and his wife went shopping for a new car. They've always gone with Ford, so they started checking out the dealerships.

When they saw this Heritage Edition (every option) in the showroom, they took it home to Glenbrook.

They do a fair amount of golfing, and this one has room for both sets of clubs.

If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.

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### International Day of Education



January 24 is International Day of Education! The United Nations General Assembly solidified this annual observance to celebrate the role education plays in the development and peace within countries. Let's hear it for all our educators on this day, and every day!





# Glenbrook Community Association

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

### **2024 Board Members**

President	Murray
Vice-President	Kim
Past-President	Ken
Secretary	Vacant
Treasurer	Gary
Newsletter Editor	Noel
Director at Large	Nicole
Director at Large	Margaret
Memberships	Mary
Outdoor Planning	Bill
Urban Canopy	Bistrin
Hall Rentals	Shirley
Senior Programming	Grace
Social Committee	Emily
Pet of the Month	Charlene

### **Hall Rentals**

Please direct all questions to glenbrook.community@shaw.ca or call 403-249-6664.

### Hall:

- Monday to Thursday, Daytime (cut off at 5:00 pm)
- \$25/Hour, Minimum 3 Hours
- Monday to Thursday, Evening (5:00 to 10:00 pm)
- \$30/Hour, Minimum 3 Hours
- Friday to Sunday, Day Rate \$350/day
- Wedding Package, Friday evening to Sunday at 12:00 PM - \$700 (includes use of Boardroom)

### **Security Deposit:**

• \$500/rental, returned 7 days past the event

### **Boardroom:**

 Monday to Thursday - \$25/Hour, Minimum 3 Hours



### **GCA Meetings**

### **Upcoming Meetings**

February 1, March 7, April 4

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

### 

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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### **CONNECTING GLENBROOK**

Did you set a new years' resolution to try something new? The Glenbrook Community Association is pleased to offer a number of free daytime clubs and groups throughout the week, as well as special one-off events and opportunities. If you are interested in trying out one or more of these, please email glenbrookevents@shaw.ca to let us know which one(s) you are looking to join. If you would like to come to any on a regular basis, a Glenbrook community membership is requested, but not mandatory.

### Tai Chi

Stability, balance, and flexibility are very important as you age. This program can help you improve these factors and decrease health risks. Join your neighbours for gentle exercise and breathing. Bring dry shoes and a name tag.

**Upcoming Dates:** January 9, 16, 23, 30 (all Tuesdays) at 10:00 am

Contact Gary at glenbrookevents@shaw.ca.

### **Fun and Games**



If you enjoy board and card games, then come along and spend an afternoon with your fellow gameloving neighbours – you won't be disappointed! During our last gathering, a few knitters also came

along and socialized with the members of their group, as both meetings are held at the hall on the same day. We welcome anyone to come and socialize. Decaffeinated coffee and teas will be provided. We hope to see a few new faces!

**Upcoming Date:** Thursday, January 11 from 1:00 to 3:00 pm

Contact Pat at glenbrookevents@shaw.ca.

### **Knitting and Crafts**

Winter is a great time to work on your knitting and crocheting. Personally, I am working on changing my style due to an injury on my right hand. While I am doing quite well switching from English style knitting to Continental style, I am finding that switching from right-handed crochet to left-handed is more of a challenge. I plan to keep going until I am successful, as it is always

good to have more than one proficient style to help prevent repetitive strain injuries. You can find a variety of hand stretch exercises for knitters and crocheters online.

**Upcoming Dates:** Thursday, January 11 at 1:00 pm; Thursday, January 24 at 7:00 pm

Contact Ruth at glenbrookevents@shaw.ca.

### **Book Club**



Our book for January is *In Order to Live: A North Korean Girl's Journey to Freedom* by Yeonmi Park. For February, we will be reading *The Girl from Guernica* by Karen Robards. These books are available through the library.

**Upcoming Date:** Wednesday, January 17 at 7:00 pm

Contact Grace at glenbrookevents@shaw.ca.

### **Coffee Social**



Now that the busyness of the holiday season is finished, come and join your Glenbrook neighbours at our monthly coffee social and share ideas for outings during the winter.

**Upcoming Date:** Friday, January 26 at 10:00 am

Contact Audrey at glenbrookevents@shaw.ca.

### **Crokinole**



Do you remember this game? Use your finger and a checker to shoot another one off the board. Look up the rules or reach out to me if you might be interested in getting

together with a few others at a convenient time and place to play. It is very sociable and lots of fun!

Contact Grace at glenbrookevents@shaw.ca.

### **GLENBROOK ATHLETICS**

### **Calgary Padel Club**

Junior Program, Adult Teams, Tournaments 3524 45 St. SW | info@calgarypadel.ca

### **Calgary Wildcats Football**

Atom/Bantam/Peewee, Spring Football Practices at Glenbrook School Games at Shouldice Athletic Park contact@calgarywildcatsfootball.com

### **Fencing Academy of Calgary**

Introductory/Beginner/Intermediate Foil, Epee, or Sabre Class 3524 45 St. SW | faofc@fencingacademy.ca

### **Umoja Community Mosaic**

Soccer Without Boundaries – Saturday Soccer Club Various locations including Glenbrook office@umojamosaic.org



# GLENBROOK COMMUNITY ASSOCIATION 2024 Meet other parents in the community Support your child's development through interactive play, nurturing creativity and imagination. IF YOU WOULD BE INTERESTED IN PARTICIPATING AND OR VOLUNTEERING TO HELP TO COORDINATE THIS PROGRAM IN 2024 PLEASE EMAIL: GLENBROOKPROGRAMS@SHAW.CA Glenbrook Community Hall 3524 45 St Sw, Calgary AB T3E3V2

### **CRIME STATISTICS**

### Glenbrook Crime Activity was Up in November 2023

The Glenbrook community experienced 5 crimes in November 2023, in comparison to 1 crime the previous month, and 7 crimes in November one year ago. Glenbrook experiences an average of 5.9 crimes per month. On an annual basis, Glenbrook experienced a total of 71 crimes as of November 2023, which is down 52% in comparison to 148 crimes as of November 2022. To review the full Glenbrook Crime report visit glen.mycalgary.com.

How To Report Crime In Glenbrook: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers.ab.ca, or text tttTIPS to 274637.

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Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2 Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

- **1. Become a member** when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.
- **2. Become a volunteer** Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

**Membership** forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (65 years and older) or individual. Please make cheaues payable to: Glenbrook Community Association (September 1, 2023 to August 31, 2024) Name: Address: ..... Phone: Cell: Email: Membership type: Family (\$25) ..... Senior 65+/Single (\$20) ..... Payment type: Cash ...... Cheque ..... (payable to Glenbrook Community Association) Volunteer – we are always looking for volunteers to help with various events within the community. Volunteer opportunities include the following -Skating events, skating rink maintenance, Family Fun days, Community cleanup day, sports events, Casinos, etc. Contact for Volunteer canvas: Yes .....

### PRESIDENT'S MESSAGE

Happy New Year, Glenbrook!

Thank you to everyone who came out to our Annual General Meeting in December. A huge congratulations to the winners of our Community Lifetime Member Award, Jim and Kelly Mourits. They have been volunteering in your neighbourhood longer than I have been a resident of Glenbrook. Two of the first dedicated community volunteers I met back in 1996, Jim and Kelly have been at almost every event and fundraising effort we have had since then. Thank you for your dedication to Glenbrook – we are certainly a stronger community with your help.

Watch for the return of our outdoor rink as volunteers work away at keeping the ice usable for everyone. It has been a challenging year to get the ice surfaces ready for skating given the weather, and Brad and the others have been working extra hard to get this done as quickly as possible. Thanks Brad, your efforts are noticed.

All the best,

Murray, President

Glenbrook Community Association

glenbrook.community@shaw.ca

403-249-6664



## Say Cheese? Or Maybe Not...

Back in the 1840s, instead of saying "cheese," folks opted for "prunes" during photo sessions.
Flashing a big grin was considered juvenile at the time. A savvy London photographer advised people to say "prunes" to maintain a more composed expression. This practice, predating the modern "fish face" selfie, harks back a good 180 years.

### **Pets of Glenbrook**



Oliver is 11 years young. He loves playing with his little sister Marnie and stealing our pillow every night. He likes waking up with the sun and wants everyone else in the house to wake up with him. His favourite thing to do is be on neighbourhood watch from every window he can perch on. It often

looks like he's grumpy, but it's just his lip sticking to his tooth because he's missing his canine! Oliver has lived all over Canada, even Nunavut, and looks forward to when the snow is finally back to play in.

To have your pet featured in an upcoming edition of the Glenbrook Globe, please send a photo and short write up to glenbrookglobepets@gmail.com.

### Find us on social media!



Follow 'Glenbrook Community Association' on Facebook and 'glenbrookcommunityyyc' on Instagram.





Connect with your community! Learn about neighbourhood events and services! Find what makes Glenbrook great!



### Remove valuables & garage door openers from vehicles Lock vehicles Close overhead garage door ARY • Lock door between garage & house

**CHECKLIST** 



- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

### **News from the Birding World**

by Catherine Warwick

Big news in the world of birding! The American Ornithological Society came out with a statement: they are going to change the English names of all birds named after people. The aim is to focus "attention on the unique features and beauty of the birds themselves". The controversy! The uproar! I'm starting to think birding attracts people with strong opinions and that's okay. Please just don't send your strong opinion to me, send it to the AOS, add it to the long list of comments at the end of their article.

Either way I think this is happening. Here is an incomplete list of species in and around Calgary that are candidates for the name change.

- Wilson's Warbler
- Cooper's Hawk
- Franklin's Gull
- Bonaparte's Gull
- Swainson's Hawk Clark's Nutcracker



A Wilson's Warbler, I would imagine its new name might reference its little black cap. It looks like a news cap. How about "Startled Newsie", or perhaps it looks like a Toupee. Once again, a name about people; however, this is difficult, and I don't envy the AOS.



The Clark's Nutcracker is always fun to see on trips out to the mountains. Since its habitat is mostly mountains perhaps that could be in the name, Mountain Nutcracker. It also is very dependent on pine trees so 'Pine Nutcracker' would also fit.

In reality this is a very singular bird already. There is only one species of North American Nutcracker, and so we are lucky to have this one a drive away. According to Wikipedia people also call these Nutcrackers 'Crow Woodpeckers'. These are the same people who say "Pass the thingie" when they need you to pass a tool. As long as the AOS keeps the "Nutcracker" part I'll be okay with this name change.

One thing is for sure, the birds couldn't care less what you call them. They have other problems.

# **BUSINESS CLASSIFIEDS**

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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**GLENBROOK MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to mediumsized businesses. Competitive Rates | Twenty years Experience with QuickBooks, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**PLUMBING PARAMEDICS:** Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

**GLENBROOK PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Gavin for a free estimate at 403-390-0036. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**OPEN CANOPY TREE CO.:** We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.













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# 2024 Casino Volunteers Needed

Dates: Friday, May 10 and

Saturday, May 11

Location: Elbow River Casino

218 - 18 Avenue S.E.

Times: Day Shift (11:15am to 7:30pm)

Evening Shift (7:00pm to 3:15am)

Count Room Shift (11:30pm to 3:30am)

No experience necessary. Meals will be provided.

If interested, please call/text Murray at 403-616-4644 or email glenbrook.president@shaw.ca.

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- Multiple different mat sizes available to suit your unique work environment





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- Towels, Sheets, Pillow Cases, & Face Cradles
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### **Workwear Cleaning Services & Supplies:**

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