

MARCH 2026

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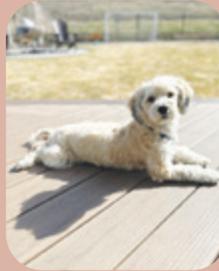
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Dash, Seton



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Nola, Mount Pleasant



Oliver, Sage Hill



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Learn more at [mru.ca/LRDP](http://mru.ca/LRDP)

# Glenbrook Community Association

3524-45 Street SW, Calgary, Alberta T3E 3V2

Please direct all questions to  
[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)  
 or call 403-249-6664.

## 2026 Board Members

President	Kim
Vice-President	Vacant
Secretary	Murray
Treasurer	Gary
Past-President	Ken
Director at Large	Margaret
Director at Large	Noel

## 2026 Officers

Hall Rentals	Shirley
Memberships	Contact Glenbrook Office
Outdoor Programming	Bill
Senior Programming	Grace
Events	Contact Glenbrook Office
Urban Canopy	Bistrin
City of Calgary Social Worker	Binu

# Hall Rentals

Please direct all questions to  
[glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca)  
 or call 403-249-6664.

### Hall:

- Monday to Thursday, Daytime
  - \$30 per hour, minimum three hours
  - Damage Deposit of \$250
- Monday to Thursday, Evening
  - \$35 per hour, minimum three hours
  - Damage Deposit of \$250
- Friday, Saturday, and Sunday
  - \$400 day rate
- Wedding Package: Contact us for more information.

### Boardroom:

- Monday to Friday
- \$30 per hour, minimum three hours (daily maximum of \$250)
- Not available for rental Saturday or Sunday

### Security Deposit:

A \$500 security deposit is required for all hall rentals (unless otherwise noted) to be returned up to seven days past the event.

### Note:

The sport shack, parking lot/parking spaces, storage rooms, and outdoor rinks/sport courts are not for rent. They are for community association use only.



# GCA Meetings

## Upcoming Meetings

- March 5
- April 2
- May 7

Did you know that anyone can attend meetings of the Glenbrook Community Association? They aren't only for board members. Everyone in our community has a voice and we would love to hear them.

Meetings are held on the first Thursday of the month, from September to June, at 7:00 pm in the Glenbrook Hall (3524 45 St SW).

## PRESIDENT'S MESSAGE

Happy March Glenbrook!

As we move into spring, we have another exciting season of community association programming and events. This month, in conjunction with the City of Calgary, we will be running a wellness and self-care workshop, and in April, a community volunteer will be offering a card-making class. More information on both of these can be found here in the *Globe*.

I want to take a moment to highlight something that keeps our association thriving: membership. When you purchase a community membership, whether you live within Glenbrook or simply enjoy being part of our activities, you directly support the programs, events, and initiatives that make our neighbourhood vibrant. Membership funds help us maintain facilities, offer diverse programming for all ages, and bring people together to create a sense of belonging. Simply put, the more members we have, the more that we are able to offer.

One of the things I am most proud of is that our membership is open to everyone. You don't need to be a resident of Glenbrook to join us. If you purchase a membership, you are welcome at all of our activities throughout the year. It is a simple way to stay connected, meet new people, and contribute to the continued growth of a community you care about. If you haven't purchased a membership, I encourage you to consider it. Your support truly makes a difference. You can sign up through the membership form in the newsletter or get one from the community hall. They can be purchased in-person at one of our programs or events, dropped off at the hall, or mailed through Canada Post. Thank you for being a part of our community's story!

All the best,

*Kim*

President, Glenbrook Community Association



## Know Your Neighbourhood: A Window into Where You Live

by *Linda Wilson*



Each month, a new piece of Glenbrook's story.

### Where Glenbrook Begins

Most people think Glenbrook started in the 1950s, when the first houses appeared.

But the story of this neighbourhood begins long before there were streets, schools, or even a city boundary here.

Glenbrook sits between 26 Avenue SW and Richmond Road SW, and from 37 Street SW to Sarcee Trail. Right through the middle runs 34 Avenue SW, following an old section line that once divided two very different pieces of land.

To the north was farmland, and to the south were railway lands. Before there were homes, this area was open prairie and working land on the edge of Calgary.

That old line at 34 Avenue is still part of the neighbourhood today. Most people drive it without thinking about what it used to divide. But it is one of the few clues to what this area was before Glenbrook as we know it today existed.



# GLENBROOK COMMUNITY MEMBERSHIP

Glenbrook Hall: 3524 – 45 Street SW, Calgary, AB T3E 3V2  
Glenbrook.Community@shaw.ca • 403- 249-6664

Your community association is a group of volunteers who work to make your community a great place to live for residents of all ages. You can become involved with your community association in two important ways:

**1. Become a member** – when you purchase your annual Glenbrook membership, your dues are used to offer you and your neighbours many programs and activities.

**2. Become a volunteer** – Glenbrook Community Association relies on volunteers to make things happen. There are many ways to volunteer to make your community a more enjoyable place to live. At the same time, you will make new friends and learn new skills.

**Membership** forms and payment can be dropped off at the Glenbrook Hall mail slot, mailed through Canada Post to the Hall (address listed above), or purchased at community events. Debit and Credit payments are now accepted.

Membership fees: \$25 per family (includes any family member living at same address) or \$20 for Senior (55 years and older) or individual.  
(September 1, 2025 to August 31, 2026)

Name: .....

Address: .....

Phone: .....

Cell: .....

Email: .....

Membership type: Family (\$25) .....

Senior 55+/Single (\$20) .....

Payment type: Cash ..... Cheque .....

Mail to: Glenbrook Community Association, 3524  
45 St SW, Calgary, AB T3E 3V2

Debit/Credit: .....

(payable to Glenbrook Community Association)

Volunteer – we are always looking for volunteers to help with various events within the community.

Volunteer opportunities include the following  
- Skating events, skating rink maintenance,  
Community cleanup day, sports events, Casinos,  
other community events, etc.

Contact for Volunteer canvas: Yes..... No.....

With this membership you will be added to our email list.

## GLENBROOK ATHLETICS

### Calgary Padel Club

Junior Program, Adult Teams, Tournaments  
3524 45 St. SW | info@calgarypadel.ca

### Calgary Wildcats Football

Atom/Bantam/Peewee, Spring Football  
Practices at Glenbrook School  
Games at Shouldice Athletic Park  
contact@calgarywildcatsfootball.com

### Fencing Academy of Calgary

Introductory/Beginner/Intermediate  
Foil, Epee, or Sabre Class  
3524 45 St. SW | faofc@fencingacademy.ca

### Umoja Community Mosaic

Soccer Without Boundaries – Saturday Soccer Club  
Various locations including Glenbrook  
office@umojamosaic.org



## Follow Us On Social Media



Glenbrook Community  
Association



@glenbrookcommunityyc

Connect with your community  
Learn about neighbourhood events  
and services  
Find what makes Glenbrook great!



# **GREETING CARD WORKSHOP**

**THURSDAY, APRIL 23<sup>RD</sup> AT 7PM**

**GLENBROOK HALL**

**COME OUT FOR AN INFORMATIVE, FUN  
AND CREATIVE EVENING OF MAKING  
YOUR OWN GREETING CARDS!**

**ALL SUPPLIES PROVIDED**

**\$5/PER CARD**

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**[GLENBROOKPROGRAMS@SHAW.CA](mailto:GLENBROOKPROGRAMS@SHAW.CA)**

**AGES 16 AND UP**

# Letter from the Editor

Hello, Dear Reader!

My name is Noel, and I am the media editor for the Glenbrook Community Association. I hope you enjoy reading this edition of *the Globe*, whether in print or online. We love to hear from the community and get to know our readership, so if you have any feedback, questions, ideas, or just want to say hi, feel free to email [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) and we will get back to you.

Thanks!



# What To Do with Extra Waste?

by *The City of Calgary, Waste and Recycling Services*

Sometimes your carts may be full, but you still have extra materials to get rid of. Where possible, hold onto extra garbage, recyclables, or yard waste until your next collection day, when you can fit them into the appropriate cart.

Overfilled carts can pose safety risks by spilling their contents, so please keep the following rules in mind to make the most of your carts:

- **Lid Closure:** Carts must have lids closed to prevent trash from spilling while being emptied by automated trucks.
- **No Loose Items:** Do not place bags or items on top or beside the cart; they will not be collected.
- **Weight Limits:** Carts have a 60 kg weight limit. If you can roll the cart, it should be ok.

For handling excess waste, take extra recycling to a community recycling depot or visit one of the Calgary Eco Centres. For more information, please visit [calgary.ca/extrawaste](http://calgary.ca/extrawaste).

## RADON MONITORS

**What is a Radon Monitor?**

A Radon Monitor is an electronic device that can detect radon. It is called **Construm Home** by Airthings.



**What is Radon?**

Radon is a Colourless, Odourless, Radioactive Gas.

Radon is formed by the breakdown of uranium, which is found in all soil, water and rock. Since radon is a gas, it can escape from the ground. In outdoor air, radon is diluted very quickly and is not a concern. However, in enclosed spaces like homes, it can become trapped and accumulate to high levels, which creates a health risk.

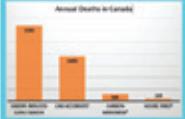
**Health Effects**

The only known health effect from exposure to radon is the increased risk of developing lung cancer. It is estimated that 15% of all lung cancer cases are radon induced, which results in more than 3000 deaths per year in Canada.

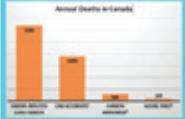
**LUNG CANCER RISK**

Smokers + High radon = 1 in 3

High radon only = 1 in 20



Annual Deaths in Canada



3 in 4 homes in Alberta Contain some high levels of radon



**What can we do?**

The Canadian Guideline for radon is <math><200\text{ Bq/m}^3</math>.

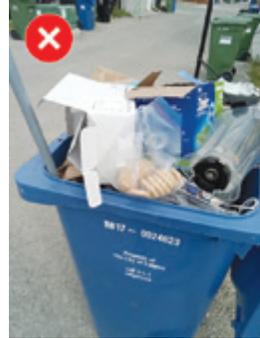
You can rent the radon monitor to test the levels of radon in your homes. It is a fairly simple process. You leave the monitor in the lowest living level of your house for 30 days.

Based on the results, you can take steps to fix the radon levels in your house.

**HOW TO REDUCE RADON IN YOUR HOME**

- **Seal cracks** in your foundation with caulk
- **Seal gaps** around windows and doors
- **Seal all basins** in your home





**9 PM ROUTINE**

**CALGARY POLICE SERVICE**

**✓ CHECKLIST**

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

# WELLNESS & SELF-CARE

Join us for an evening of guided wellness  
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Experience a calming blend of indoor and  
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Thu, Mar 19 (6 - 8pm)  
Glenbrook Community Association

Registration is required. For more details, please  
contact;



Binu Sebastian  
Community Social Worker  
The City of Calgary



403-970-8607/binu.sebastian@calgary.ca

# Classic Cars Glenbrook

## 1951 FORD F-1 PICKUP



*Words and photo by Fred Nelson*

A few years back, John went against most car-guy wisdom and purchased this partly-built street rod.

But it was a '51 and you just never saw one. His wife and young family were not impressed.

The newer drivetrain was already installed, so it was just a matter of paint, bodywork, new interior and stereo.

Doing most of the work himself allowed the budget to be stretched enough to cover everything. But look at the finished product!

*If you have a classic car that you would like to see featured in the Glenbrook Globe, please reach out to Fred at 403-242-3856.*

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2			8				1	
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	3		1		4			
			5	2				

SCAN THE QR CODE  
FOR THE SOLUTION



### Being Water Wise Starts at Home

by *The City of Calgary*

Calgarians have shown that when we work together, conserving water can make a real difference. That shared effort matters year-round, to protect our water supply and the two rivers that flow through our city.

Everyday choices at home help support a reliable water supply now and into the future. Small, simple habits, repeated across the city, add up. Fixing leaks as soon as you notice them prevents water from being wasted day after day and saves you money. Running full loads in your dishwasher and washing machine makes the most of each cycle. Being mindful about how long taps run or how much water we use for daily routines helps conserve water year-round.

These actions do not require major changes or extra cash. They are practical steps many of us already take, and they work best when we all do our part. Winter is a good time to practice these habits, since staying indoors more often can mean higher water use without realizing it.

Our actions today help protect Calgary’s water supply for current and future generations who will depend on it too. Calgarians have demonstrated that conservation is possible, effective, and meaningful.

For practical tips and reminders to help you get started or stay on track, visit [calgary.ca/indoorwaterwise](http://calgary.ca/indoorwaterwise).



### Events Committee

Are you interested in how the Glenbrook Community Association plans its yearly events and want to help us with the next one? Come check out our Events Committee! See how you fit into our existing events or propose a brand-new idea. We meet on the second Wednesday of most months. Reach out to [glenbrook.community@shaw.ca](mailto:glenbrook.community@shaw.ca) with any questions. We hope to see you there!

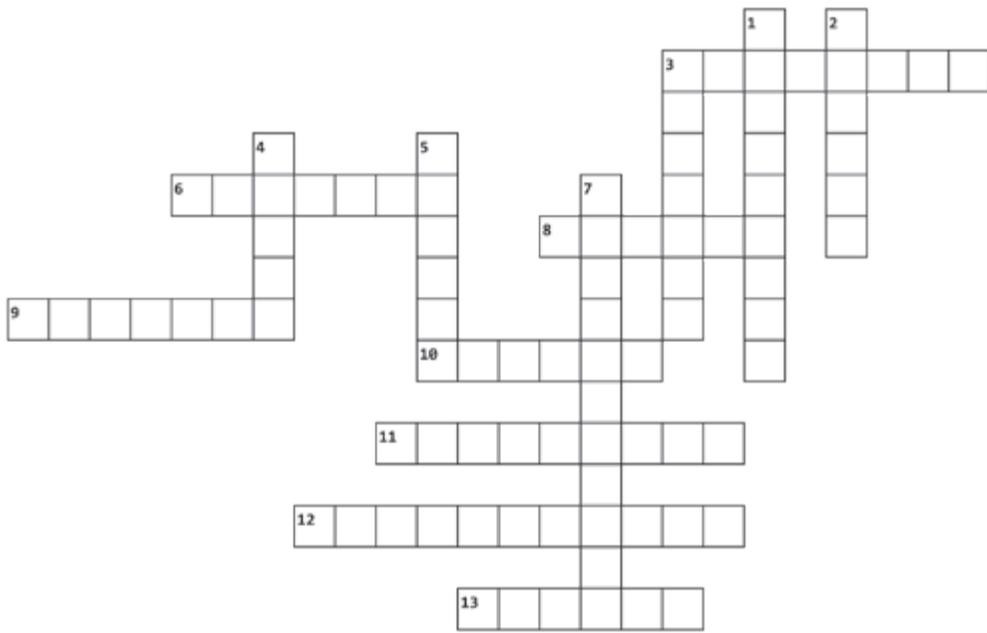
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# March Crossword



## Across

3. The prestigious piano manufacturer \_\_\_\_\_ & Sons was founded by Heinrich Steinweg on March 5, 1853.
6. *The Sound of Music* starring Julie Andrews and Christopher \_\_\_\_\_ premiered on March 2, 1965.
8. This equinox takes place on March 20 in the Northern Hemisphere.
9. The sports romance novel, *Heated \_\_\_\_\_*, by Canadian author Rachel Reid was originally published on March 25, 2019.
10. The \_\_\_\_\_ Harbour Bridge officially opened in Australia on March 19, 1932.
11. Ernest Shackleton's sunken ship, \_\_\_\_\_, was rediscovered after 107 years in the Weddell Sea on March 5, 2022.
12. On March 16, 1521, Portuguese explorer Ferdinand Magellan reached this archipelagic country in Southeast Asia.
13. World \_\_\_\_\_ Day is celebrated on March 21 honouring this form of literary work.

## Down

1. On March 6, 1869, Dmitri \_\_\_\_\_ presented his periodic table of the elements to the Russian Chemical Society.
2. Turkish cities Constantinople and Angora officially changed their names to Istanbul and \_\_\_\_\_ on March 28, 1930.
3. Canadian actor William \_\_\_\_\_ was born on March 22, 1931, in Montreal.
4. In March 1997, the horror drama series \_\_\_\_\_ *the Vampire Slayer* premiered.
5. On March 13, 1781, William Herschel discovered this planet believing it to be a comet initially.
7. One of the most famous and fastest racehorses of all time, \_\_\_\_\_ was born on March 30, 1970.



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers)  
or scan the QR code for the answers

# Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

This GoFundMe, created in partnership with her family, is being established to help ease the inconceivable financial hardship they are facing.

The initial \$100,000 fundraising target will help cover immediate expenses, including lodging in Edmonton for Victoria's mother, Colleen (Cousens) Fortuna, and 16-year-old sister, Ariana, both from Calgary. This will also allow Colleen to take necessary time away from work during this period of immense hardship and profound change to focus on Victoria's medical journey and to help her daughters through the unimaginable grief of the sudden, tragic loss of their father.

In the days, months, and years ahead, Victoria will require additional surgeries, extensive rehabilitation, specialized leg prosthetics, intensive mental health support, and enduring general medical care. The financial impact will be significant and ongoing, with future fundraising goals evolving as a result of these needs.

The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.



Scan to donate or visit [gofund.me/31fdeef6f](https://gofund.me/31fdeef6f)

Any help is appreciated ❤️



MP Calgary Signal Hill  
**David GL McKenzie, KC, MP**  
 8561 8A Ave SW  
 Calgary, AB T3H 0V5  
 📞 403-695-0570  
 ✉️ david.mckenzie@parl.gc.ca



Councillor, Ward 6  
**John Pantazopoulos**  
 ✉️ Ward6@calgary.ca  
 📞 403-268-1380 | 🌐 calgary.ca/Ward6  
 📱 @Johnp4ward6 | 📧 @John4ward6

### Legislation Summary Before the House of Commons

I want to provide a brief summary on several major pieces of legislation that were introduced or advanced in 2025.

Bail Reform (Bill C-14) proposes changes to clarify that courts are not required to release an accused if detention is justified, requires consideration of outstanding charges, and expands situations where reverse onus bail applies.

Border and Cyber Security (Bills C-2/C-12 and C-8) aim to strengthen border enforcement, streamline certain immigration timelines, and improve cybersecurity requirements.

Combatting Hate (Bill C-9) seeks to strengthen tools to address hate-related offences.

Citizenship Changes (Bill C-3) seeks to amend Canada's citizenship rules in response to an Ontario court ruling by changing the "first-generation limit," which restricts automatic citizenship for children born outside Canada. The bill aims to prevent some people with clear ties to Canada from being left in legal limbo and to make it easier for certain individuals born abroad to claim Canadian citizenship.

Major Projects and Trade/Labour Mobility (Bill C-5) seeks to speed up the approval of major projects by allowing the federal government to designate certain projects as being "in the national interest" and fast-track regulatory decisions. It also aims to increase interprovincial free trade and improve labour mobility across Canada.

2026–2027 Budget Implementation legislation includes spending reductions in some areas, while also introducing major new funding commitments.

For a more robust overview of Legislation before the House of Commons, please visit [davidmckenziemp.ca/legislativesummary](http://davidmckenziemp.ca/legislativesummary).

As the 45th Parliament continues, I'll keep Calgary Signal Hill residents informed about what's happening in Ottawa with clear updates and insight.

We're planning our next Town Hall for April—watch for details, and I hope you can attend.

If you have questions at any time, please reach out to me or my constituency staff. We're here to represent and support you.

Hello, Ward 6,

As March unfolds, Council will be hearing directly from residents on blanket rezoning. Public hearings are a key part of how decisions are made, and this upcoming hearing will allow Calgarians to share their views before Council considers next steps. To provide clarity on how we arrived at this point and what the process involves, the following is an overview of Council's recent decisions and what residents can expect in the weeks ahead.

In December, Council voted to begin the process of repealing blanket rezoning. As part of this decision, Council directed Administration to prepare an amending bylaw that would restore affected parcels to the land use designation in place prior to the adoption of Bylaw 21P2024 (Citywide Rezoning).

The proposed amending bylaw would exempt parcels that:

- Received approval for a development permit, subdivision, or building permit under R-CG, R-G, or H-GO before the bylaw takes effect;
- Were included in a development, subdivision, or building application submitted before first reading of the amending bylaw; or
- Were approved through an applicant-initiated land use redesignation after August 6, 2024.

Council also directed Administration to report back by Q1 2026 with updated infrastructure capacity assessments and revised parking policies, including private lots and public parking strategies.

Any repeal of blanket rezoning requires a public hearing, which will occur on March 23. The hearing will provide residents with an opportunity to speak in support of or opposition to the proposed bylaw. Following the hearing, Council will debate the matter, consider amendments, and seek any required clarification before making a final decision.

Residents are encouraged to participate. Information on how to take part in public hearings is available at [calgary.ca/council/meetings/public-hearing.html](http://calgary.ca/council/meetings/public-hearing.html).

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**GLENBROOK MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**OPEN CANOPY TREE CO.:** We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.

**PIANO TEACHER:** As a piano teacher with over 45 years' experience, my main goal is to create a nurturing and engaging environment where the love for learning the piano can flourish. I work with beginners as young as 4 years old & adults - tailoring lessons to individual needs and interests. Visit <https://www.pianobydale.com/> for more information.



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epilepsy  
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# March is Epilepsy Awareness Month

## On Purple Day (March 26):



### Wear purple

Show your support by wearing purple clothing or accessories on March 26.



### Light up

Light up your homes, offices, and public spaces in purple to show your solidarity.



### Give back

Be a part of the change! Donate or start a fundraiser.

Share your purple moments using [#postyourpurple](https://twitter.com/postyourpurple)  
[epilepsycalgary.com](http://epilepsycalgary.com)

