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THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER



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GLENDALE NEWS BOARD

November 2023 Board Meeting

At the November 8 Board meeting, a number of draft policies were reviewed as the Board works through a number of updates to its processes and procedures.

Glendale residents should be aware that the City of Calgary is modifying the Residential Parking Permit system and associated fees. Information is available at calgary.ca/roads/residential-parking-zones.html.

Now that the community hall is open to the community, we are excited to bring back partnerships for programming at the hall. Stay tuned to our Upcoming Events section, and our website and social media pages for specific program information!

Halloween Howl Party

The 2023 Glendale Halloween party was very well attended, with nearly 200 neighbours getting into costume to celebrate. Attendees enjoyed the art tables with stickers and colouring, a Polaroid photo station, pizza by the slice, and ripping it up on the dance floor.

As the first Glendale Halloween party since 2019 (due to the pandemic, then the hall's renovation), several guests commented on how pleased they were to see this annual event back in our community. Thank you to all the volunteers who helped make this party such a great success, led by our co-vice president, Amanda Saigeon. Also, a big thank you to everyone who stayed to help clean up following the event.



Glendale's Own Little Free Library

We are thrilled to share that Glendale's very own Monika Smith has created a little free library that is now installed at the hall. We are looking forward to many books being added and lots of readers!

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Monika is a ceramist, so the walls are tiled with handmade and decorated ceramic tile mini murals and covered in glazed terracotta clay with sculptural elements, drawings, and decals. She has included aspects of the community that she loves, including animals, plants, birds, and people! To keep in the theme of books and reading, there are quite a few quotes on the love and importance of reading. Check it out on your next walk or hall visit!



Upcoming Events

Most events are free, and we ask that all participants have an active community association membership. Watch myglendale.ca/events for the following fun activities and to register.

Tuesday, December 5, 2:00 to 4:00 pm – Glendale Card Sharks – Meetings are the first Tuesday of each month.

Saturday, December 9 - Santa Parade and Toy Drive - See website for route and gathering info and follow us on Facebook or Instagram for live route updates!

January 14 to March 9 - Sportball Programs – Kids' multisport programs at the hall! Registration for 2 to 3, 3 to 5- and 6 to 7-year-olds is open at <https://www.sportball.ca/calgary/program-schedules/calgary/>. Search 'Glendale'. Fee is \$206.

Tuesday, January 9, 10:00 am to 12:00 pm – Glendale Book Club – Meetings are the first Tuesday of each month. Review popular genres in a friendly group! Kids are welcome and toys will be available. Structure and titles will be discussed at the first meeting. Suggestion: pick one of these books to read before January:

- *The Light We Cannot See* by Anthony Doerr
- *Atomic Habits* by James Clear
- 'After' series by Anna Todd
- 'The Maze Runner' series by James Dashner
- *The 48 Laws of Power* by Joost Elffers

Thursday, January 25, 12:00 to 1:30 pm – Free lunch and learn retirement seminar with Ken Zhang from Edward Jones: Longevity and the New Journey of Retirement. Register to reserve your seats and food for free via ken.zhang@edwardjones.com or 403-547-5433 by January 19. Seats are limited, RSVP today.

Saturday, January 27 — Family Winter Fun Day, at the hall and rink.

Coming soon: Kids in the Hall playtime (still looking for a volunteer coordinator) and summer camps at the hall!



Season's Greetings 🎄

Bruce Miller

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Glendale/ Glendale Meadows Community Association

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Information: 403-242-2110

Glendale on the Internet:

www.myglendale.ca

facebook.com/GlendaleGlendaleMeadowsCommunityAssociation



Board of Directors & Community Contacts

GLENDAL GLENDAL MEADOWS BOARD OF DIRECTORS

President	Chris Welner	403-796-6552	president@myglendale.ca
Vice President	Amanda Saigeon	403-471-2057	amandasageon@gmail.com
Vice President	Myles Trawick	403-680-5582	vicepresident@myglendale.ca
Treasurer	Shane Duthie		
Secretary	Veronika Duska	403-242-4828	secretary@myglendale.ca
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Thumper Editor	Laura Nixon		thumpereditor@yahoo.ca
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Membership Director	Monika Smith		membership@myglendale.ca
Community Garden	Mary Lynn Bryan		garden@myglendale.ca
Member-At-Large	Kendra Horosoko		
Member-At-Large	Britt Gray		brittanypgray@gmail.com
Member-At-Large	Mike Meredith	403-461-9555	
Member-At-Large	Michael Sander		garden@myglendale.ca
Member-At-Large	Ian McDermott		ian.mcdermott12@gmail.com

GMCA COMMUNITY CONTACTS

Glendale Card Shark Club	Theresa Toth		theresactoth@gmail.com
Glendale Book Club	Manibh Awada		manibh@shaw.ca
Guides	WestGlen District	403-217-1294	any-calgarywestglen@girlguides.ca
Rink Flood Crew	Kevin Eike		kceike@gmail.com
Building Maintenance	Ken Rogers	403-801-1602	kwrogers@telus.net
Councillor	Richard Pootmas		caward6@calgary.ca
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	keith.magill@calgary.ca
Hall Rentals		403-242-2110	rentals@myglendale.ca

Board Meetings

Our next meeting will be held on Wednesday, January 10, 2024 at 7:00 pm All residents are welcome to attend. Join us in person at the community hall, or email president@myglendale.ca for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

To submit content for publication in the Thumper, please email thumpereditor@yahoo.ca

Classic Cars



1966 Ford Bronco

Article by Fred Nelson

Red and green are the traditional colours of Christmas.

My neighbour Gerry has this Candy apple Red first-year Bronco pickup (least expensive) with only 10 000 original miles. After years of being used mostly to push snow in rural Manitoba, it was restored.

And the green? The rare little truck is now worth a lot more, as you'll see in the Collector Car TV Auctions starting again just after New Years.

If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.

Hall Rental Rates

For rentals, please contact rentals@myglendale.ca or visit myglendale.ca.

Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$75 per hour (minimum of 4 hours).
Friday Evening: 6:00 pm to 02:00 am, \$750.
Saturday:
Full Day 10:00 am to 02:00 am, \$1050.
Afternoon 10:00 am to 4:00 pm, \$600.
Evening 6:00 pm to 02:00 am, \$750.
Sunday:
Full Day 10:00 am to 10:00 pm, \$900.

Boardroom

Monday to Friday: 8:00am to 5:00pm, \$50/hour (minimum of 4 hours).

Security Deposit

\$500, returned seven days post-event.
Rates include cleaning and are subject to GST.

Call for Glendale Stories


STORIES ENRICH OUR LIVES

The Glendale/Glendale Meadows community is full of stories waiting to come alive on the pages of this newsletter to be shared with our neighbours. We are always looking for content submitted by our local community members.

Even if you don't have a specific story to share in the Thumper, you can still contribute by:

- Submitting a recipe (and perhaps photo) for "Recipe Corner"
- Sending in a photo and write-up on your pet for "Pets of Glendale"
- Submitting a picture of artwork that you, or a child in your life, has created.

Please e-mail submissions and questions to Thumper Editor, Laura Nixon at thumpereditor@yahoo.ca.



GLENDALE VOLUNTEERS

by *Laura Nixon*

Glendale has so many volunteers. From our facilities and activities, to the Board, to snow angels throughout the neighbourhood, thank you for making Glendale a great place to live! This new feature will help us get to know our neighbours.

This month, we are pleased to introduce Myles Trawick, our co-vice president. Myles has lived in Glendale for just over four years and served on the Board for just over two. Myles has also done a lot of coaching his kids' sports, and volunteering with the Ride to Conquer Cancer, as well as being an avid curler.

Myles loves Glendale for its location, friendly neighbours, yard spaces, rink, and the fact that you can go for a walk and miss your destination because you've been invited into a backyard party. Volunteering means giving back to the aspects of the community he uses and enjoys, and helping to maintain the core values of what it means to be a community.

Want to know a fun fact about Myles? He was once featured in a country music video filmed in Calgary that played on CMT's Top 20!



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Coming soon! Chinooks

Article and photo by Monika Smith

If you suffer from migraines like I do, you're not thrilled to see the arch!

You've encountered the 'snow eater', a most apt description that native peoples used to describe this phenomenon, if you've been here one winter.

Warm, wet winds from the Pacific, lose heat as they climb, dumping rain on the west side of the Rockies. After a climb over the mountains, the winds fall on the east side, gain speed, compress, and warm up fast to become the desiccating winds we've come to know and even love.

Calgary sees about 25 chinook days during December, January, and February. In 1962, Pincher Creek had an astonishing 41-degree Celsius increase in temperature in one hour from -19 degree Celsius to +22 degree Celsius. Recently, Calgary reported a temperature of -20 degree Celsius at the international airport, while in the south, it was +7 degree Celsius.

So, as a gardener, why do you care? You should.

Chinook winds can gust up to over 100 km/h and even last for days. The winds are warm while the ground is frozen. The snow disappears, the plants are blown dry and start to warm up. An alert system is triggered in the plant to wake up. In the spring, this can be disastrous as buds start to open. When the temperature goes back to normal, this growth can die. Then there are those gusty winds that can break off branches or even topple trees.

Native plants have had to deal with chinooks for millennia and have adapted. As Calgary was pretty much a bald, prairie-looking area in the past, it's worth noting just what does grow in naturalized areas, such as Nose Hill, Edworthy Park, Weaselhead Flats and others. Great clues as to what can grow in your yard.

A native rose (*Rosa woodsia*) being ripped out of sleep can handle it. But a weeping birch (*Betula pendula* 'Laciniata')? Cedars (*Cedrus*) can be overwhelmed and sometimes need to be thought of as an annual. Aspens (*Populus tremuloides*) can handle a chinook, as can local poplars (*Populus*) and Manitoba maples (*Acer*

negundo). Conifers need some pampering, but we have lots of spruces and junipers in the city. For native shrubs...what's a chinook?

So, if a snow eater comes around? Get snow back on the ground if you can: you have put a huge pile in a shaded area for this reason or put a tarp or covering over delicate areas. Water trees well in the fall. Hopefully, you've planted them in a sheltered, low wind location in your yard.

It's quite the wild ride for trees in Calgary.

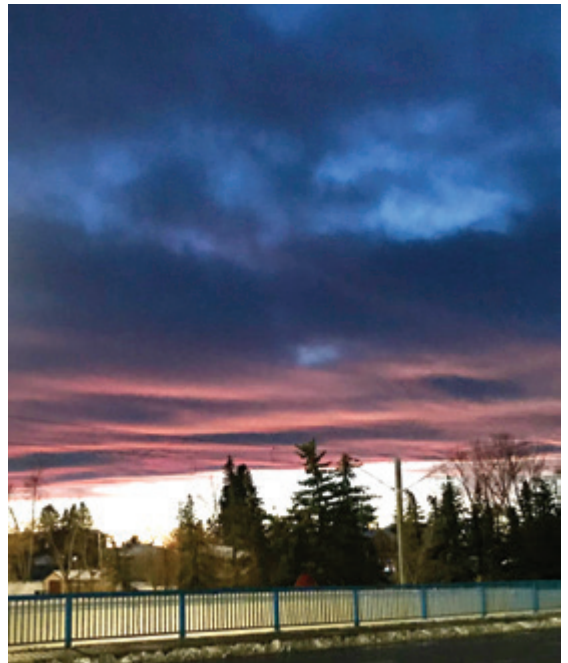
If you're interested in showing your garden to a friendly pack of plant lovers, who want to learn, exchange knowledge, tell us about successes and get some shoulders to sob on with failure? Contact me!

Book recommendation: *Gardening under the Arch* by the Millarville Horticultural Society. It's a classic, old standby.

Until next time,

Monika's Grove

membership@myglendale.ca.



Chinook arch in the western sky.

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WORD OF THE MONTH

Stalwart: Adjective (Stawl-wert)

Loyal, reliable, diligent, and brave.

She is a stalwart supporter of animal rights.

Pets of Glendale

Hero is a 3-year-old Golden Retriever who loves meeting new people for belly rubs and playing fetch. He is proud to show you he got the ball and roll over for a pet. Hero has also been helping to raise Rocky, who was the birthday boy featured last month!



To have your pet featured in an upcoming edition of *The Thumper*, please send a photo and short write-up to thumpereditor@yahoo.ca. Our cat-a-logue is low, and birds, fish, and reptiles are welcome too!

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LITTLE TOES

Because humans typically have five fingers on each hand and five toes on each foot, it might lead one to believe that cats follow that same format. However, this is actually incorrect! Most cats only have 18 toes, rather than 20. A typical cat will have five toes on each of its front paws, but only four on its back ones!



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Game Birds in our City

by Catherine Warwick

Where is one place a bird bred for the sport of hunting can be and not get shot at? In the city of course! Yes, there are lots of other dangers, namely cars, but there are less predators and less people in camouflage fatigues lurking behind trees ready to shoot. It's positively a paradise for game birds! In Calgary there are a couple populations of game birds hiding out that you might be lucky enough to see. These are the Grey Partridge and the Ring-necked Pheasant.

While walking in our southwest neighbourhood I saw a small group of Grey Partridges for the very first time in my life. They were small plump chicken-like birds with a cinnamon patch on the face. These little round birds were running along the ground very fast; they were moving as a group with no apparent leader. They seemed to spook at the sight of us and hustled along a chain link fence. The problem was half were on the inside of the fence and half were on the outside. They ran most of the length of the fence before they noticed what had happened. The whole group then stopped and cheeped for a while in confusion. I'm not sure they are the sharpest knives in the drawer but they sure are cute. In the half-light we saw some of them fly up over the fence, which seems to be a last resort for them.

The Grey Partridge was introduced to North America from Europe in the early 1900s. It is mostly found on farmlands, especially in the Northern Prairies where it somehow survives the cold winter. The hens will lay a lot of eggs, more than most birds. Up to 22 in a clutch! These birds also have very short life spans, only averaging 1.8 years. In Lakeview they used to be seen around the storm pond but haven't been sighted for a while.



Grey Partridge, photo by Diane Stinson.

I was biking along the Bow River bike path to Fish Creek Park and saw a Ring-necked Pheasant wandering around the back yards bordering the path. What a showstopper that rooster is! I screeched to a halt and looked at its bright red face, beautiful iridescent blue head, and very long tail. Also, the white ring around its neck of course. The female (hen) is a more camouflage brown and is smaller than the rooster. The roosters are very striking and colourful, the allaboutbirds.org website calls them 'gaudy'. That may be a backhanded way of saying they don't really belong in our landscape. You can get an inkling of that just by looking at them, North American species are usually a bit more subdued in colour. The Ring-necked sure aren't camouflaged with that attire!

In fact, their populations are supplemented heavily by the Alberta Conservation Association which runs a "Provincial Pheasant Release Program". I hear they released melanistic Ring-necked pheasants this year, which have an all-black body. Still not great for hiding from coyotes during the winter. It's the hens that have a much harder time during the winter, they do all the work with the eggs and the chicks. Thus, they spend a lot less time fattening up for winter. Lucky for them that hunters are encouraged to shoot the males.

Keep your eyes out for these game birds sheltering in our city and when you see one take a moment to appreciate all that it must survive - hunters, traffic and worst of all, winter.



A Ring-necked pheasant strutting its stuff, photo by Diane Stinson.



A Ring-necked pheasant showing its beautiful tail, photo by Diane Stinson.

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TRAILERS



If you've ever thought about the term "trailer" when speaking of movies, you might have found it a bit odd that they play before the movie instead of after (hence the name). Interestingly enough, they used to show after the film, but people rarely stuck around to see them, so they reversed the order! It's a catchy name though so we can't blame them for keeping it.

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