

NOVEMBER 2023

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# GLENDALEthumper

THE OFFICIAL GLENDALE & GLENDALE MEADOWS COMMUNITY NEWSLETTER



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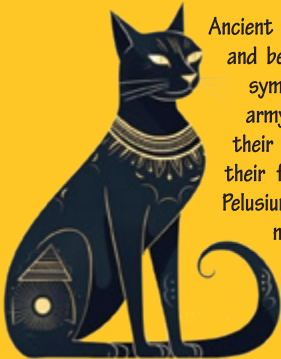


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# WAR CATS



Ancient Egyptians worshipped cats and believed them to be magical symbols of good luck. The Persian army used this knowledge to their benefit by putting cats on their frontlines in the battle of Pelusium. The Egyptian army would not attack in any way so as not to hurt the cats, and the Persian army ended up winning!

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## Pets of Glendale

Rocky is a Labrador retriever mix who turns one this November. He is as fast as a rocket and loves to wrestle during the day and cuddle at night.



*To have your pet featured in an upcoming edition of The Thumper, please send a photo and short write-up to [thumpereditor@yahoo.ca](mailto:thumpereditor@yahoo.ca). Our cat-alogue is low, and birds, fish, and reptiles are welcome too!*

## Beaver Moon

Traditionally, the full moon in November is called the Beaver Moon because, in need of warm furs for the winter, people in the Colonial Era set beaver traps to catch them before the lakes froze over. This year, the Beaver Moon will be on November 27!



## GLENDALE NEWS BOARD

### October 2023 Board Meeting

Our new Board received a presentation from Paul Meunier, Director of Education, from the Federation of Calgary Communities (FCC) on community association Board fiduciary responsibilities and accountabilities. It was an excellent foundation for the Board to encourage active and full participation from all members. The FCC offers several free workshops to Calgary's over 155 community associations.

Paul shared that across Calgary, community association membership sits at about 15% of a community's population. Here in Glendale, we have over 750 people receiving our e-news emails, and 251 household memberships (considering 1128 dwellings captured in the 2019 Calgary census, that puts us at about 22%). We are looking forward to increasing membership as events return to the hall!

The Board is continuing to work through deficiencies and final handover items on the hall renovation. In the meantime, rentals have started back up, and stay tuned for a new booking request calendar to be available on [myglendale.ca/hall-rentals](http://myglendale.ca/hall-rentals).

### Upcoming Events

Watch [myglendale.ca/events](http://myglendale.ca/events) for the following fun activities.

**Thursday, November 23, 12:00 to 1:30 pm** – Lunch and Learn with Ken Zhang from Edward Jones. Free Retirement Seminar: The Four Pillars of the New Retirement. Register to reserve your seats and food for free via [ken.zhang@edwardjones.com](mailto:ken.zhang@edwardjones.com) or 403-547-5433 by November 13. Seats are limited, RSVP today.

**Friday, November 24** – Trivia Night, hosted with the Coach Hill Community Association

**Saturday, January 27** - Family Winter Fun Day

**Coming Soon:** Glendale Card Sharks Club, Glendale Book Club, and Kids Playtime.



# Glendale/ Glendale Meadows Community Association

4500 25 Avenue SW, Calgary AB, T3E 0M1

Information: 403-242-2110

**Glendale on the Internet:**

[www.myglendale.ca](http://www.myglendale.ca)

[facebook.com/GlendaleGlendaleMeadowsCommunityAssociation](https://facebook.com/GlendaleGlendaleMeadowsCommunityAssociation)



## Board of Directors & Community Contacts

### GLENDALE GLENDALE MEADOWS BOARD OF DIRECTORS

President	Chris Welner	403-796-6552	<a href="mailto:president@myglendale.ca">president@myglendale.ca</a>
Vice President	Amanda Saigeon	403-471-2057	<a href="mailto:amandasaipeon@gmail.com">amandasaipeon@gmail.com</a>
Vice President	Myles Trawick	403-680-5582	<a href="mailto:vicepresident@myglendale.ca">vicepresident@myglendale.ca</a>
Treasurer	Shane Duthie		
Secretary	Veronika Duska	403-242-4828	<a href="mailto:secretary@myglendale.ca">secretary@myglendale.ca</a>
Social Events	Vacant		<a href="mailto:social@myglendale.ca">social@myglendale.ca</a>
Thumper Editor	Laura Nixon		<a href="mailto:thumpereditor@yahoo.ca">thumpereditor@yahoo.ca</a>
Website/Courts	Aaron Shannon		<a href="mailto:info@myglendale.ca">info@myglendale.ca</a>
Membership Director	Monika Smith		<a href="mailto:membership@myglendale.ca">membership@myglendale.ca</a>
Community Garden	Mary Lynn Bryan		<a href="mailto:garden@myglendale.ca">garden@myglendale.ca</a>
Member-At-Large	Kendra Horosoko		
Member-At-Large	Britt Gray		<a href="mailto:brittanypgray@gmail.com">brittanypgray@gmail.com</a>
Member-At-Large	Mike Meredith	403-461-9555	
Member-At-Large	Michael Sander		<a href="mailto:garden@myglendale.ca">garden@myglendale.ca</a>
Member-At-Large	Ian McDermott		<a href="mailto:ian.mcdermott12@gmail.com">ian.mcdermott12@gmail.com</a>

### GMCA COMMUNITY CONTACTS

Glendale Card Shark Club	Theresa Toth		<a href="mailto:theresactoth@gmail.com">theresactoth@gmail.com</a>
Glendale Book Club	Manibh Awada		
Guides	WestGlen District	403-217-1294	<a href="mailto:any-calgarywestglen@girlguides.ca">any-calgarywestglen@girlguides.ca</a>
Sports and Recreation	Ken Rogers	403-801-1602	<a href="mailto:kwrogers@telus.net">kwrogers@telus.net</a>
Building	Ken Rogers	403-801-1602	<a href="mailto:kwrogers@telus.net">kwrogers@telus.net</a>
Councillor	Richard Pootmas		<a href="mailto:caward6@calgary.ca">caward6@calgary.ca</a>
City of Calgary Neighbourhood Partnership Coordinator	Keith Magill	403-476-7182	<a href="mailto:keith.magill@calgary.ca">keith.magill@calgary.ca</a>
Hall Rentals		403-242-2110	<a href="mailto:rentals@myglendale.ca">rentals@myglendale.ca</a>

## Board Meetings

Our next meeting will be held on Wednesday, December 13, at 7:00 pm All residents are welcome to attend. Join us in person at the community hall, or email [president@myglendale.ca](mailto:president@myglendale.ca) for the virtual link.

Annual Community Memberships \$35, Tennis Membership \$70, plus \$20 key deposit

**To submit content for publication in the Thumper, please email [thumpereditor@yahoo.ca](mailto:thumpereditor@yahoo.ca)**

# Classic Cars



## 1967 Camaro

*Article and photo by Fred Nelson*

Lyle has this first-year Camaro convertible in Glendale, seen here in this shot from Google Earth.

The numbers-matching 327-V8 and 2-speed Powerglide were pulled out and tucked away safely in the corner. In went a much more fun 350-horse, 350-V8, and 3-speed automatic, along with a bit more tire.

We've still got Christmas and New Years to go, then we can start planning for the next cruising season. The white stuff won't last forever.

*If you have a classic car that you would like to see featured in the community newsletter, please reach out to Fred Nelson at 403-242-3856.*

## Hall Rental Rates

For rentals, please contact [rentals@myglendale.ca](mailto:rentals@myglendale.ca) or visit [myglendale.ca](http://myglendale.ca).

### Full Space (Hall, Kitchen, Boardroom)

Monday to Thursday: \$75 per hour (minimum of 4 hours).

Friday Evening: 6:00 pm to 02:00 am, \$750.

Saturday:

Full Day 10:00 am to 02:00 am, \$1050.

Afternoon 10:00 am to 4:00 pm, \$600.

Evening 6:00 pm to 02:00 am, \$750.

Sunday:

Full Day 10:00 am to 10:00 pm, \$900.

### Boardroom

Monday to Friday: 8:00am to 5:00pm, \$50/hour (minimum of 4 hours).

### Security Deposit

\$500, returned seven days post-event.

Rates include cleaning and are subject to GST.

## Word of the Month

**Opine:** verb (oh-pahyn)

To have an opinion.

Dentists opine brushing your teeth is important for good dental hygiene.

## NOTE FROM THE EDITOR

by Laura Nixon

Do you have snippets and stories about the history of Glendale? Please reach out to [thumpereditor@yahoo.ca](mailto:thumpereditor@yahoo.ca) and we can share the stories with our neighbours!

Glendale was one of the first planned lake communities outside of Calgary. Built in the 1950s, the community was centred around a green space that flowed east-west through the heart of the neighbourhood. Yes, there was a lake! Can you picture where it would have sat as you walk through the community now?



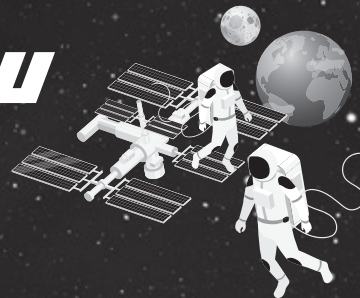
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## THE FIRST CREW

On November 2, 2000, the first crew reached the International Space Station. The residing team was made up of NASA Astronaut Bill Shepherd and cosmonauts Yuri Gidzenko and Sergei Krikalev.



## PRESIDENT'S MESSAGE

by Chris Welner, President

It's wonderful to see our community centre coming back to life with the reopening of our Community Hall. Glendale is truly fortunate to have such a spectacular facility in one of the most beautiful green spaces anywhere in Calgary.

We've already hosted a wedding, kids' parties, Guides, business seminars and of course, our community board meetings. It's these people – the residents and members who use the facility – who are bringing life back to our community. We have had volunteers step up offering to run kids play groups, book clubs, and an adults cards/games time. I know there will be more activities coming. It's your ideas that will continue to see Glendale thrive.

Participating in most of these events and activities is pretty simple. We ask that people purchase a membership on [www.myglendale.ca](http://www.myglendale.ca) for just \$35 a year per family. Your membership portal will provide you direct links to sign-up for Glendale events.

The Glendale Community Association is run 100 per cent by volunteers, who manage so many aspects of community life. Volunteering creates connections for you that could last a lifetime. Glendale's rink flood crew is one such opportunity that has seen "the hose" passed from generation to generation. Get in touch with Kevin Eike ([kceike@gmail.com](mailto:kceike@gmail.com)) if you'd like to join a flood crew this winter. Those days are not far off.

A tip of the green thumb to Mary Lynne Bryan and all of Glendale's Community Gardeners who had an awesome growing season. They kept our garden beautiful all summer and the harvest looked plentiful this year.

Seedlings Early Learning is awaiting licencing approval to start Glendale's new preschool and daycare program. Seedlings is a professional early learning provider offering full day, or part-time care for children from two to five years. Contact Judith at [info@seedlingspreschool.ca](mailto:info@seedlingspreschool.ca).

Development in Glendale is coming upon us quickly. Following the City of Calgary's Westbrook Local Area Plan and Affordable Housing Strategy, more than 200 new housing units have been approved or are under construction in our community. Most of that building is happening on 17 Avenue and 37 Street, but there are many other properties being developed in Glendale.

You can always keep track of developments at [www.calgary.ca/development](http://www.calgary.ca/development). Residents are always welcome to make comment or suggestions to the City of Calgary Planning Department on any property earmarked for development.



## Call for Glendale Stories

STORIES ENRICH OUR LIVES

The Glendale/Glendale Meadows community is full of stories waiting to come alive on the pages of this newsletter to be shared with our neighbours. We are always looking for content submitted by our local community members.

Even if you don't have a specific story to share in the Thumper, you can still contribute by:

- Submitting a recipe (and perhaps photo) for "Recipe Corner"
- Sending in a photo and write-up on your pet for "Pets of Glendale"
- Submitting a picture of artwork that you, or a child in your life, has created.

Please e-mail submissions and questions to Thumper Editor, Kendra Horosko at [thumpereditors@yahoo.ca](mailto:thumpereditors@yahoo.ca).



## Joke of the Month

**What did the yoga instructor say when his landlord tried to evict him?**

**Namaste.**



## It's a shrub. It's a tree! It's super Schubert!

Article and photo by Monika Smith

We're having a fabulous fall, complete with lots of showy colour, even misty mornings. If you've never noticed them, the city park west of 45<sup>th</sup> has a lovely display of larches. Watch the amazing colour next fall!

A well-regarded tree is the Schubert chokecherry (*Prunus virginiana* 'Schubert')! Its deep purple foliage is a lovely foil to all the 'normal' greens of trees and shrubs, and it often has a pride of place as a specimen tree. It has notable white flowers and edible purple fruit. The leaves start out green and quickly turn to deep red. The Schubert chokecherry is a cultivar, but the native plant can have red leaves, which got horticulturalist 'Schubert' and others very excited to consistently propagate these deep red leafed trees. The chokecherry (*Prunus virginiana*) is found in North America, and in some spots is considered invasive. The plant has found its way to English gardens.

It's drought tolerant, hardy, and not picky about soil, but it does better in the sun and grows in areas zone two to seven. It grows relatively quickly up to seven meters with a six-meter spread. Its longevity is about 40 years. It is prone to black knot, a fungal disease, found in Calgary, which affects plums and other cherries.

As a bonus, it has edible dark purple fruit that can be turned into jams, jellies, and wine, but not really tasty as a raw fruit—note the name 'choke' cherry. Birds and bees and other pollinators love this tree too.

The tree form, which is pruned to this shape, can revert to its shrub form. When that happens, you'll see the tidy oval form of the tree sprouting shoots at the base, often showing green leaves. In many people's eyes, this 'suckering' is just a nasty evil that needs to be dealt with pruning shears. The chokecherry has a deep rhizomatous root system that extends beyond the drip line of the tree, which means they will sucker if the roots are damaged. It is best to plant them in an area where suckering can be tolerated. If you find suckers, look at what's happening in the tree part; some branches might be dying off indicating that's a stressed tree.

Nurseries and horticulturalists want to please their customers but should warn buyers that this tree can sucker and may need to be annually trimmed. This may be a small price to pay for a tree that has gorgeous leaves, produces flowers, fruit and attracts birds and bees.

The Schubert chokecherry is a lovely tree and not far from its native origins. Next year I'm planting a species of chokecherry, rather than a Schubert. Birds have already given me a Schubert that is currently growing under my old crab-apple tree.

If you're interested in showing your garden to a friendly pack of plant lovers who want to learn, exchange knowledge, tell us about successes and get some shoulders to sob on with failure, contact me!

Book recommendation: Forager's Guide to Wild Foods of Alberta: An Identification Guide to Foraging in Alberta like an Expert by Franklin Okaz.

Until next time,

Monika's Grove

[membership@myglendale.ca](mailto:membership@myglendale.ca).



A Schubert chokecherry that has suckered. In the fall, this tree has deep red leaves as expected. The leaves turn brown. At the base, the tree is suckering and showing green leaves, which turn yellow and orange.

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Calgary



The **Residential Parking Permit Program** limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

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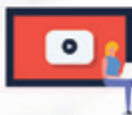
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## RESIDENT PERSPECTIVES

### World Kindness Day

by Danielle Robbertze

World Kindness Day is being celebrated this year on November 13.

The word "kindness" was first used in the year 1201. From the beginning, the word kindness was defined, according to the etymological dictionary, as "friendly, deliberately doing good to others; compassionate". The word appears in early scriptures and songs of various religions and cultures across the world.

The definition of kindness may differ from one person to another but there is one thing that I think many people can agree on - kindness is an expression of compassion. Kindness is how we show humanity.

There are so many ways we can express kindness to one another especially on this day. Ways which will only take a few minutes out of your day and will not ask too much from you. A simple smile to a stranger, a thank you to a bus driver, an embracing hug to a loved one or an uplifting comment to a coworker.

People may not overtly express their gratitude for your kindness but deep down it is something that could make their day just a little bit better. You never know how your kindness can affect others in positive ways. Expressions of kindness can not only make another person feel better, but they can also make you feel just as special.

Kindness is universal, open to anyone to express or receive. Kindness is not only abstract, it is also physical, spiritual, and visible.

I leave you with these words from the Greek storyteller, Aesop: "No act of kindness, no matter how small, is ever wasted".



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