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Monday: 8AM - 3PM
Tuesday: 8AM - 3PM
Wednesday: 8AM - 7PM
Thursday: 8AM - 3PM
Friday: 8AM - 3PM
Saturday: 8AM - 2PM









PRESIDENT'S MESSAGE

Happy New Year!

As I reflect on 2023, I want to express gratitude for the Haysboro Community Association board. I also want to share how delighted I am that the community can access a hall that can host such wonderful gatherings.

I've only heard good things about the merriment of the Winter Market, and the Seniors Luncheon, as great opportunities for community members to congregate. Thank you to the organizers and volunteers!

For my family, we hosted our own gathering and rented the social lounge in early December.

It was fabulous. The AV system added ambience to the occasion – thank you Warren Monteiro for helping me learn to use it!

The rental process was so incredibly smooth. Thank you to Julianna for the detailed instructions! And as always, thank you to Diane Ward who is the glue that holds the place together.

I am stepping back now and taking on a more background role for the first half of the year for a maternity leave – but I'm not leaving the HCA and can still be reached via email, response speed will vary.

I hope you and your family have even better and brighter things in store for 2024.

Sincerely,

Stephanie Thomas

President, Haysboro Community Association

Say Cheese? Or Maybe Not...

Back in the 1840s, instead of saying "cheese," folks opted for "prunes" during photo sessions. Flashing a big grin was considered juvenile at the time. A savvy London photographer advised people to say "prunes" to maintain a more composed expression. This practice, predating the modern "fish face" selfie, harks back a good 180 years.



Wanted Snow Shovellers!

HCA is looking for shovellers for our community snow care program. If interested in a part-time job that helps out your neighbours, please email hcalawnsnow@haysboro.org with your name, age, and address







COMMUNITY ASSOCIATION CONTACTS

Ph: 403-253-1563 • Fax: 403-253-6524 • www.haysboro.org **HAYSBORO** 1204 - 89 Ave SW, Calgary, AB T2V 0W4

casino@haysboro.org

rentals@haysboro.org

HAYSBORO COMMUNITY ASSOCIATION BOARD MEETINGS

Third Wednesday of every month, from 7:00 to 9:00 pm at Haysboro Community Hall. All residents welcome to attend.

COMMUNITY ASSOCIATION CONTACTS			
President	Stephanie Thomas	stephaniet@haysboro.org	
Vice-President	Andrew Forsyth	andrewf@haysboro.org	
Treasurer	Jean-Sébastien Jetté	jsjette@haysboro.org	
Secretary	Isabelle Piche	isabellep@haysboro.org	
Seniors Resource Group	Denise Palmer	waynepalmer@shaw.ca	
Director, Communications	Warren Monteiro	warrenm@haysboro.org	
Director, Planning	Arden Turnbull	ardent@haysboro.org	
Horn Editor	Donna Mack	editor@haysboro.org	
Social Media		social@haysboro.org	
Lawn and Snow Coordinator	Morgan Turigan	hcalawnsnow@haysboro.org	

Haysboro Preschool Julie Christianson preschool@haysboro.org HCA Administration Diane Ward info@haysboro.org, 403-253-1563

Hall Rentals Director, Facilities Mathew Cooper

Casino

COMMUNITY CONTACTS		
Ward 11 Councillor	Kourtney Penner	ward11@calgary.ca, 403-268-2430
MLA Calgary Acadia	Diana Batten	calgary.acadia@assembly.ab.ca, 403-640-1363
Police Liaison District 6	CST Jake Tyerman	pol4473@calgarypolice.ca, 403-428-6600
Southwest Communities Resource Centre		403-238-9222
Southland Youth Justice	Kathy Hutchings	calgaryyouthjustice.com, 403-244-8201
Business Advertising	Great News Media	sales@greatnewsmedia.ca, 403-720-0762

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OUR MISSION STATEMENT: The

HCA, as a volunteer run organization, thoughtfully and constructively shapes our neighbourhood. We are innovative. We provide social and recreational programming; encourage and develop unique projects; and foster open dialogue with residents and stakeholders.

OUR VISION STATEMENT:

A friendly, safe, and vibrant community of active and engaged residents.



SCAN HERE TO VIEW ADDITIONAL HAYSBORO CONTENT

Crime

News, Events, & More







Haysboro Winter Break Workshop

Musical Theatre Workshop

January 2-5, 2024 10:00 am-2:00 pm

Sing and act through the winter break with DanceCalgaryKids!

HCA Members \$250 + GST

Non-Members \$280 + GST

Bring lunch and water!

INFORMATION AND REGISTRATION AT WWW.HAYSBORO.ORG

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Thank You!



On November 30, the HCA held a free community luncheon for local seniors. Over 65 people enjoyed the event!

Thank you to Woodman School leadership class for volunteering their time to help. The exemplary service, kindness and focused attention ensured everyone in attendance felt cared for. The buzz in the building with the different generations engaging and interacting was a highlight for all, a feeling not soon to be forgotten!

Thank you to the preschool parents and community volunteers who helped. A huge thank you to <u>Cullum Drywall Systems</u> and the <u>Ward 11 Event Fund</u> for sponsoring the day.

Diane and Julianna



HCA HALL INDEPENDENT PROGRAM CONTACTS

137th Guides, Blackfoot District 137quidescalgary@gmail.com

118th St Andrew's Cub Scouts

Allstar Enviro Safety

Arliss Levine arliss.levine@gmail.com

Cadenza Music

Maron Wedaio info@cadenzamusicstudio.ca

Chinook Country Dance Studio

Country line dancing cclinedancers@telus.net

Cross & Thistle Scottish Dance

Sharon Barker crossandthistle@hotmail.com

Dance Calgary Kids

Julianna Enciu dancecalgarykids.ca

Verba Dance

Jump Fit and Solo Latin Dance 403-671-4815

Fresh Rollers

www.freshrollers.com yycfreshrollers@gmail.com

Karate

Glen and Tannis Smith http://renbukaikarate.com/

Tango for the Soul

soledaddebilbao@gmail.com

South Calgary Ladies Bridge

Karen Chapple chapplekaren@hotmail.com

Safer Cycling Calgary

Cycling instruction https://www.safercyclingcalgary.ca

Therapeutic Yoga

Dawn Ross dawn@bitbybitbodyworks.com

Zumba

Bobby and Mihwe Cliffe atizumba.com

Haysboro Seniors' Social Group

We wish to advise our readers that the Haysboro Seniors Social Group has officially ceased to exist.

Thank you so much to everyone who gave countless hours of their time to this group over the past 20 plus years. Their service to the community has been appreciated by all who have been involved with the group.

For further information, please contact the office of the Haysboro Community Centre at info@haysboro. org or 403-253-1563.

Best wishes to everyone in 2024.



Treaty 7 Land Acknowledgment

We acknowledge that the Haysboro Community Association is on Treaty 7 land—the traditional and ancestral territory of the Blackfoot Confederacy: Kainai, Piikani, and Siksika, as well as the Tsuu T'ina Nation and Stoney Nakoda First Nation. We acknowledge that this territory is home to the Métis Nation of Alberta, Region 3 within the historical Northwest Métis Homeland. We acknowledge the many First Nations, Métis, and Inuit who have lived in and cared for these lands for generations. We are grateful for the traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us. We make this acknowledgement as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.

THE HAYSBORO COMMUNITY ASSOCIATION NEEDS YOUR HELP!

CALL FOR COMMUNITY **VOLUNTEERS!**

email info@haysboro.org

COMMUNITY VOLUNTEERS NEEDED:

-Ice Rink Crew

- -Hall Sign Changer(once/month or so) -Garden Tour Organizer
- -Committees for any other events you would like to support

OPEN HCA BOARD POSITIONS:

- -Events & Programs
 - -Membership
 - Facilities



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*A New Patient is defined as anyone who is coming to this clinic for the first time. A New Patient Exam is a Comp Dental Examination by a General Dentist which does not include X-Rays or Dental Hygiene.

Casino Volunteer Call Out

The Haysboro Community Association is looking for volunteers to help with one of its biggest fundraising initiatives. On February 22 and 23, 2024, we will be volunteering at the Elbow River Casino on 2 Street and 18 Avenue SE, and we are required to provide over 40 people to help cover various volunteer roles. The casino is one of our community association's most profitable fundraisers and we rely heavily on our members to help fill the shifts.

In the past, casino proceeds have gone to supporting many of the things that make Haysboro a great community. In consideration of our full community - from our newest to our longest-standing residents - casino proceeds allow us to offer a wide range of programs, from our preschool to our ice rinks and tennis courts. In addition, the casino provides a great chance to get to know your neighbours!

If you are interested in volunteering or learning more about what volunteering entails, please contact our Casino Coordinator. They can be reached at casino@ haysboro.org or at 403-808-1385.

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Dardee's Duns

I wanted to get my pants hemmed quickly so I called Taylor Swift.

My wife and I can't count calories and we have the figures to prove it!

SAFE & SOUND

Sledding Safety

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- · Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- · Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- · Children should be supervised by an adult; never toboggan alone.
- Tobogganing at night is not advised.

Plan Ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Attempt to cover any exposed skin.
- · Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face, such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water, until re-warmed.



Reminder of Rules of the Haysboro Outdoor Rinks!

Rinks Rules

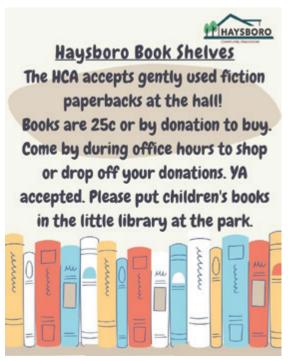
Hockey only in the boarded rinks
Respect the rink volunteers
Help out by clearing snow
Share the space with all
Clean up after yourself
Be a good neighbour
Have fun!

What's not allowed

Alcohol and drug use
Disrespectful behaviour
Littering
Hockey on the pleasure rinks
Hogging the spaces

HELP US MAKE THIS AN ACCESSIBLE, FUN, AND SAFE SPACE FOR ALL USERS







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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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