

MARCH 2023

DELIVERED MONTHLY TO 5,330 HOUSEHOLDS

KILLARNEY GLENGARRY

THE OFFICIAL KILLARNEY & GLENGARRY COMMUNITY NEWSLETTER



NEW DENTAL OFFICE IN YOUR COMMUNITY
WELCOMING NEW PATIENTS!

bowtraildental.com | 587-871-5224



OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca

McLAWS LAW

ESTATE PROBATE
WILLS
POWERS OF ATTORNEY
PERSONAL DIRECTIVES

Experienced, cost effective
and practical advice, representation
and counsel to meet
your legal needs

*Insurance Disputes - Small Business
Employment Issues - General Litigation*

Peter B. McLaws
Barrister & Solicitor
(403) 710-3712

COME VISIT OUR NEW WEBSITE!
www.mclawslaw.ca

**Extraordinary kids deserve
extraordinary camps.**

Register for summer camps today!

mrucamps.com



MRU
CAMPS

South Calgary Community
Clothing GIVEAWAY

Saturday, May 6, 2023
10:00 am to 1:00 pm

380 MIDPARK BLVD SE
All Saints Lutheran Church



**SCAN HERE TO VIEW ADDITIONAL
KILLARNEY-GLENGARRY CONTENT**

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



GET NOTICED

ACQUIRE AND RETAIN NEW CUSTOMERS

Your Ad Geofenced Precisely in Your Target Market
on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | sales@greatnewsmedia.ca



Scan for an
advertising
quote



GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

Dear Neighbours,

This month we have a new section where we showcase beloved pets in the community! If you would like your pet featured in the newsletter as the KGCA Pet of the Month, please email me a photo and a short blurb about your pet. I look forward to your submissions. Thank you to Debbie Simpson for the suggestion!

I always appreciate input from community members in regards to this newsletter, so please feel free to email me any suggestions.

Until next time!

Jane Phillips

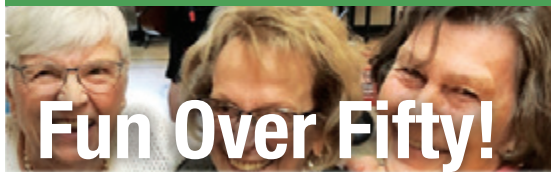
Editor

editor@kgca.ca



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



Fun Over Fifty!

Join us at Good Companions 50 Plus! We offer in-person and online programming so check us out. Join us for Lunch, Social Suppers, or Pub Night! We have dozens of in-person programs including Cards and Coffee, Bridge, Bingo, Rhythm Kats, Square Dancing, Floor Curling, BYO Crafts, Pool, and Shuffleboard. Online programs include Monday Melodies, Active Aging Yoga, StrongerU Senior Fitness, Mindfulness and Meditation, and Tai Chi with Qi Gong. Visit our website at www.gc50plus.org for our monthly newsletter that includes details on all events and programs or call us at 403-249-6991 to set up a tour. We are located at 2609 19 Ave SW, we hope to see you soon!

VOLUNTEER WITH US!

If you are interested in volunteering for the Killarney-Glengarry Community Association, please email pres@kgca.ca.





Life 'n Balance Wellness Centre

**\$10 off any one service at
the clinic, per month.**

10% off lessons School of Rock

for new customers

Coffee Cats Café

10% off coffee

Vivo Dental Westbrook

For all patients:

- 15% discount for take-home whitening kit
- 15% discount for in-office whitening

For new patients after completing a new patient exam and all necessary x-rays*:

- Complimentary in-office whitening* or
- \$299 in-office credit*

Accept Direct Billing, all other forms of payment

**Disclaimer: If treatment is necessary, this will have to
be complete before in-office whitening can be applied.**

Safety Corner

One topic I haven't really talked about is what to do while walking around the entrances of the community alleys, especially during the winter.

The question is: who shovels the portion of sidewalks that leads to alleys? I have spoken to the City via 311. I was advised that the City is responsible for those sections of the sidewalk. However, due to budget reasons, the City is unable to shovel the many alleyway sections.

During my conversation with 311, the biggest issue with the snow removal budget is that it's set months before winter hits. Due to Calgary having thousands of Kilometres in Priority 1 roads, it is assumed that the snow removal budget shrinks quite quickly after a huge dump of snow (more than 5 cm).

So, what does that mean for the residents of this great city?

To answer this question, it is always great to practice what works for each individual. However, as I am aware that there are also seniors, the best thing that we can do is to help each other out. I would also encourage everyone to email our illustrious Ward 8 councillor to share concerns in regard to public sidewalks (any sidewalk considered not a residential sidewalk). With Councillor Walcott's help, maybe we can bring some sort of change in regard to these small sections of our sidewalks.

So, to give a much bigger picture of what Calgary's snow removal crew deals with yearly at this time, here is a map of the P1 and P2, which usually takes up a big chunk of the budget that was explained earlier: <https://maps.calgary.ca/SNICPriorityRoutes/>.

To sum up, in terms of alleyway entrances, I would recommend that as residents, we help each other out and clear those sections. For the seniors of our awesome community, I encourage increased safety when going out for walks. Step into the alley, if you can, then continue on your walks.

I would like to thank Christine Osborne, a long-time resident of Killarney-Glengarry, for suggesting this topic.

More on this topic to come in future editions.

APPLICATION

2828 28 St S W Calgary, Alberta T3E 2J3
403-246-6668 | admin@killarneyglengarry.com

Family: \$25

Student (Under 25) | Senior: \$10

Individual | Business: \$15

GST is included in all these prices.



☐ Family ☐ Senior ☐ Business

Name: _____

Address: _____ **Postal Code:** _____

Home Phone: _____ **Email:** _____

Interests (dance, soccer, etc): _____

Thanks for supporting your local community association

Cut out and mail with cheque made payable to Killarney Glengarry Community Association or sign up online at www.killarneyglengarry.com

Connect & Share

Send cover photo submissions, story ideas, and community event announcements to comms@killarneyglengarry.com



#mykillarney

facebook.com/YourKGCA

[@killarneyyyyc](https://twitter.com/killarneyyyyc)

[@killarneyyyyc](https://www.instagram.com/killarneyyyyc)

KGCA BLOG

killarneyglengarry.com/kgca-blog

KGCA EVENTS

killarneyglengarry.com/events

Female Clergy



On March 12, 1994, the Church of England, which is headed by the British monarch, ordained 32 female priests. Prior to this, all clergy in the Church of England were male. As a result, 700 male clergy and thousands of church members left the church in protest. On a happier note, in 2015, the Church of England welcomed its first female bishop, Libby Lane!



Killarney-Glengarry Community Association Board of Directors

“
**TOGETHER, LET’S HELP
TO BUILD A COMMUNITY
THAT IS SAFE, VIBRANT,
AND INCLUSIVE.**

KGCA VISION

”

YOUR KGCA

2828 - 28 Street SW
Calgary, Alberta, T3E 2J3
403-246-6668
admin@killarneyglengarry.com

KILLARNEYGLENGARRY.COM

TO SUPPORT AND CONNECT OUR COMMUNITY.

HOW?

Through the creation and delivery of program, events, and strategic initiatives.

WHY?

To encourage involvement and to inspire pride in both our residents and visitors.



ELECTED BOARD MEMBERS

Alan Slagorsky	President	pres@KGCA.ca
Hilary Stout	Vice President	vp@kgca.ca
Darren Munnich	Treasurer	treasurer@KGCA.ca
Elena Gadaeva	Secretary	secretary@KGCA.ca
Halyna Tataryn	Director of Facilities	facilities@KGCA.ca
Jude Hanen	Director of Membership	membership@KGCA.ca
Richard Bankert	Director of Safe Streets	traffic@KGCA.ca
Michael Heuchert	Director of Communications	comms@KGCA.ca
Jeff Davidson	Director of Development	development@KGCA.ca
Odessa Tataryn	Director of Events	events@KGCA.ca
Vacant	Director at Large	dal@KGCA.ca
Kristi Mulrain	Business Outreach	bizoutreach@kgca.ca
Vacant	Fundraising	fundraising@kgca.ca

HALL STAFF

Natalie Palmer	General Manager	gm@kgca.ca
----------------	-----------------	------------

KILLARNEY-GLENGARRY VOLUNTEERS

Brown Bag for Kids	Allie Ronellenfitch	aronellenfitch@gmail.com
Tot Time	Elena Gadaeva	secretary@kgca.ca
Community Garden	Chris Knobel and Dan Hauser	garden@KGCA.ca
Newsletter Editor	Jane Phillips	editor@kgca.ca

KGCA Members That Inspire Community

KGCA is committed to supporting local. If you are a member with a local business that inspires community building, we want to hear about what you’re doing! Please email editor@kgca.ca or comms@kgca.ca with details!



Thinking About Joining the KGCA Community Garden?

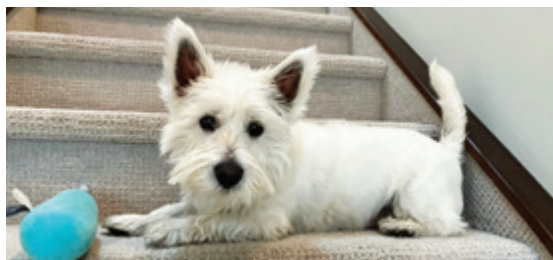
Did you know that the KGCA rents out 23 garden plots at the hall every year? The garden program is a place where neighbours come together and put their veggie growing skills to work. We also look after the communal flower beds and the composting at the hall. Some of our members have a lot of experience and others are new, so come out and join us! We are currently assigning plots for the 2023 season, and we will have a garden orientation session in May where members of the garden program will talk about the garden and answer questions.

Rental Fees (must be a KGCA member in good standing): \$40 per plot.

The rental includes your own plot, some basic gardening tools, and water.

For more information, and to put your name on the waitlist, just email the garden coordinators, Chris and Dan at garden@kgca.ca.

KGCA PET OF THE MONTH Ziggy



Meet Ziggy, our first KGCA pet of the month!

Ziggy is a Westie who turned two in February. He had a birthday party with his brother Marshall and sister Sugar at the dog park.

* Likes: Dog parks

* Dislikes: Bath time

If you would like your pet featured as the KGCA Pet of the Month, please email a photo and description of your pet to editor@kgca.ca.

GAMES & PUZZLES

St. Patrick's Day Trivia

by Shelly Smith

Test your knowledge of St. Patrick's Day. Have fun!

1. What country is St. Patrick the patron saint of?

- a. Canada
- b. Ireland
- c. Scotland

2. According to Irish lore, what did St. Patrick drive out of Ireland?

- a. Snakes
- b. Rats
- c. Witches

3. What colour is worn on St. Patrick's Day?

- a. Blue
- b. Red
- c. Green

4. What date in March is St. Patrick's Day?

- a. March 1
- b. March 16
- c. March 17

5. How many pints of Guinness are consumed worldwide on St. Patrick's Day every year?

- a. 13,000,000
- b. 1,300,000
- c. 1,000,000

6. What is St. Patrick's nickname?

- a. St. Paddy
- b. St. Patty
- c. St. Irish

7. When and where was the first St. Patrick's Day parade held in Canada?

- a. Quebec City in 1765
- b. Ottawa in 1870
- c. Halifax in 1790



SCAN THE QR CODE
FOR THE ANSWERS!





by Joey
Stewart

Have You Ever Wondered... Why?

by Joey Stewart.

Have you ever wondered why many roadways in Calgary are called trails. The trails are from the old roads that were in use in the area before Calgary existed in 1884. Edmonton Trail was the wagon road that led to Edmonton; Macleod Trail led to Fort Macleod, and the Banff Trail led to Banff. The major freeways in Calgary are called "trails" by long tradition. It is hard to explain to outsiders that Calgary didn't change the name of a trail after it became a freeway, but that was how we did it and how we still do it to honour our Indigenous peoples.

So, why is the Deerfoot Trail called the Deerfoot Trail?

Well, this 46.4 km freeway was known to many of us as the beginning of Highway #2. Deerfoot Trail stretches the entire north to south length of the city. The first section was opened in 1971 and called the Blackfoot Trail and in 1974 renamed Deerfoot Trail to honour Deerfoot, a late 19th Century Siksika (Blackfoot) long distance runner known for his exceptional speed. He was known in the area as a great talent and won races against runners from as far away as Europe. On two occasions he won races but his opponent was credited with the victory....what? That wasn't fair; it's documented in the archives!

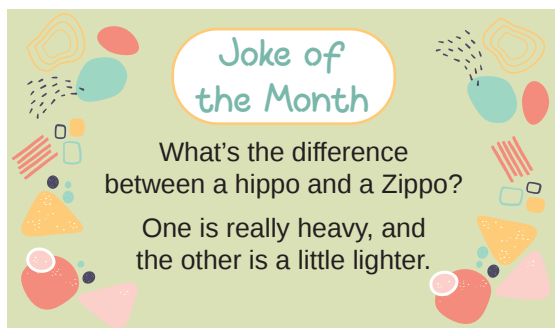
The construction of the Deerfoot Trail was started in 1971 and was not entirely a freeway until 2005 when it was finally completed. Whew! All of Calgary was relieved!

It is generally also known for its congestion. Traffic levels have steadily increased as Calgary's population has tripled to over 1.3 million since 1971. In 2019, the volume exceeded 173,000 per day, more than twice for which it was designed. It is Alberta's busiest roadway, as if I needed to tell you!

Crowchild Trail was so named in 1971 for David Crowchild (1899-1982) who was chief of the Tsuut'ina Nation from 1946 to 1953. Part of this road was the Morley Trail when it was actually a trail. It was first paved in the 1930s. The Chief David Crowchild Memorial Award is given to people who demonstrate leadership in building relationships between Aboriginal and non-Aboriginal communities in Calgary. Crowchild was well known as a wise person who increased the level of acceptance of First Nations in and around the City of Calgary. When he learned that a prominent road was named after him, he said, "May this be a symbol of cutting all barriers between all peoples for all times to come". Very Profound!

Richmond "Road" was created in 1818 and led to Tsuut'ina as a dirt trail. The dirt track became corduroy and then in 1852 was macadamized, which means to construct or finish (a road) by compacting into a solid mass of a layer of small broken stones! Who knew?

Stoney Trail is derived from the Nakoda First Nation. The planning for the road began in the 1970s - it takes a long time to construct such a massive project. It is about 92 km around Calgary and the last 9 km are expected to be completed in 2024, delayed from the original target of 2022. It serves as a bypass for the congested routes through Calgary. So many of us are grateful for this new freeway!





20 | Live Local 22 | Win Local COMMUNITY RAFFLE

Congratulations
TO OUR 2022 RAFFLE WINNERS:

EARLY BIRD #1 DONALD (TICKET # 120)
EARLY BIRD #2 DARRYL (TICKET # 245)
EARLY BIRD #3 JORDANA (TICKET # 041)
EARLY BIRD #4 DAWNELDA (TICKET # 211)
GRAND PRIZE JACQUIE (TICKET # 141)

**THANK YOU TO EVERYONE
THAT SUPPORTED OUR RAFFLE!**

AND A BIG THANK YOU TO OUR GIFT CARD SPONSORS

The Village Flatbread Co. • The Dorset Pub & Eatery • Momentum Health Westbrook • Bow Tie Pizza
Drug + Bean Compounding Pharmacy • Prints Charming • Anilin Decorating Centre • Sauce • Hair Peace
Resorts of the Canadian Rockies • Eye Q Optometry • Life 'n Balance Wellness Centre • Inglewood Pizza
Avenue Barbers • Big Heart Beauty • Marda Loop Brewing Company • Mountain View Bowl • Newcastle Pub
Canelo's Ice Cream • Coffee Cats • Olive Branch Skin Therapy • Pacific Poke • Boogie's Burgers • The Mash
Village Ice Cream • Glamorgan Bakery • Heritage Bakery & Deli • Momo-Yama Sushi • The Himalayan
Southland Leisure Centre • Richmond's Pub • Beirut Bakery • Alberta Apparel • Filipino Market • Shimizu Kitchen

Choosing a Meal Delivery Service

from the Better Business Bureau

Meal delivery services give consumers a more convenient way to make home-cooked dinners by delivering fresh, pre-measured ingredients and easy-to-follow recipes to your doorstep. But just like any other service, each company is different.

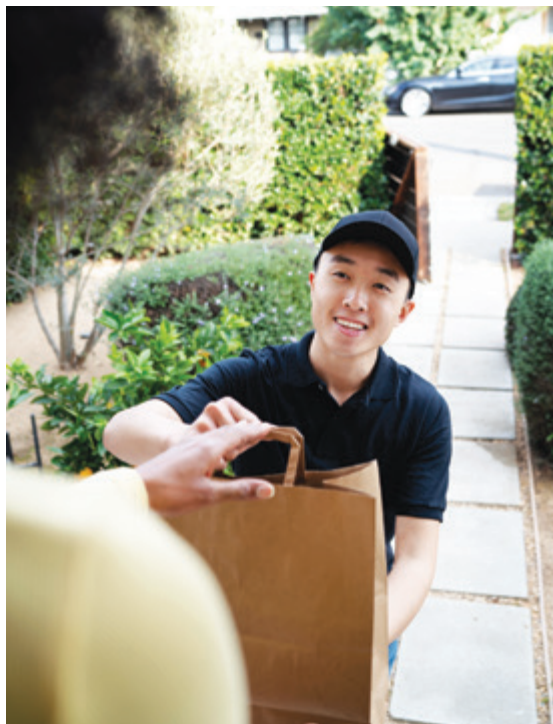
Pricing, ingredients, and preparation requirements vary greatly between services. You'll need to do some homework to pick the one that best meets your family's needs. If the appeal of a meal delivery subscription is learning new recipes and experimenting with ingredients, you might choose one company. But if your main interest is speed and simplicity, another may be a better fit.

The following tips will help select an ideal meal delivery service for your household:

- Research the delivery service. Ask friends and family, read reviews, and check BBB.org to learn about past customers' experiences.
- Set a budget and check the fine print. Pricing can vary from one company to the next. Make certain the service aligns with your budget. In addition, not all meal delivery services include shipping fees in their pricing – read the fine print.
- Know your skill level. Before committing to a plan, research what kind of cooking techniques you'll need to know. If a company's recipes require searing, roasting, and braising, do you know how? If not, make sure you have the time to learn new techniques.
- Consider ingredient quality. Not all companies offer organic, non-GMO, or free-range meal ingredients. If these are must-haves for your family, make sure the company offers them.
- Determine how much prep work you want. Some companies do more chopping and sauce-making than others. This seemingly small difference can make a big difference in how long each meal takes to make.
- Consider the customer service. If there is ever a problem – a missing recipe card or ingredient, for

example – you want to know that you can count on customer service. Make sure there are clear, easy ways to contact the company, even late in the evening. Read the company's reviews and keep an eye out for any indication that customer service is lacking.

- Check the cancellation policy. Before making a decision to subscribe to meal delivery, understand the cancellation policy. Each company is different and some may have very strict policies.
- Be careful with personal information. Most food delivery services process payments online. Make sure the company is legitimate before offering up personal information such as financial information and address.
- Review BBB tips for shopping online. Since meal delivery services don't usually have brick and mortar storefronts, consider BBB's tips for smart shopping online.



Burns and Scalds

from Alberta Health Services



Each year Emergency Medical Services respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of Burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- 3°: Severe: The deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for Burns

- Skin may continue to burn if not cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection.

- Over the counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention, as required.

Prevention of Burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds.
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access.
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 911.



Easter EGG Hunt

Tot Time

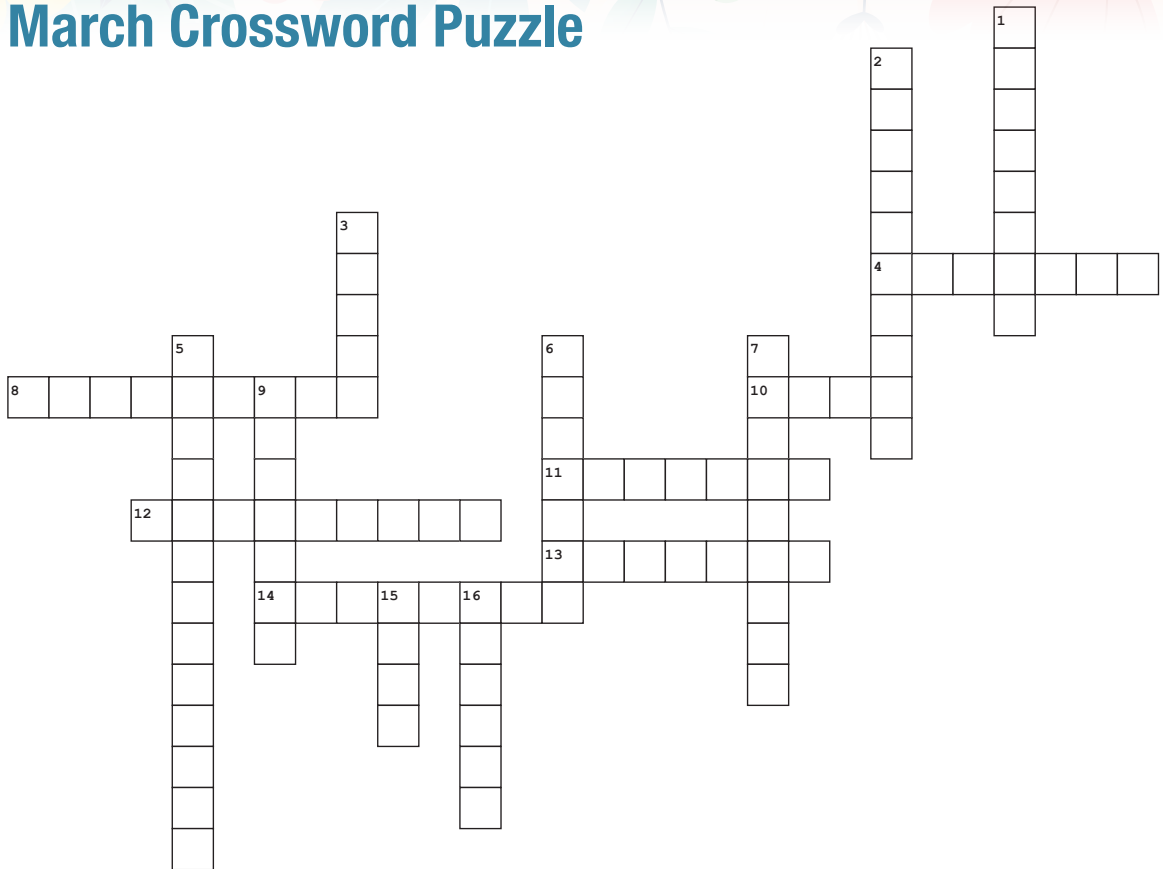
Face painting - Music - Balloon
Twisting - Egg hunt - Bunny
Mascot

5 April
10am-12pm

Killarney Glengarry
Community Association
(Green park area - weather
depending)



March Crossword Puzzle



Down

1. March's birth flower
2. This best-selling French-Canadian singer was born on March 30, 1968
3. You get pinched if you don't wear this
5. Both a dessert and a celebration of mathematics that takes place on March 14
6. The saint most popularly associated with March 17
7. Popular chocolate and what you might find at the end of a rainbow
9. This children's author and cartoonist was born on March 2, 1904
15. Roman god of war who shares a name with this month
16. On March 25, 1990, Canada took home gold at the Women's World Hockey Championship in this city

Across

4. This day signals the start of spring in the northern hemisphere
8. Born on March 27, this Calgary-born singer and songwriter is famous for her hit single "Insensitive"
10. On March 6, we celebrate this cookie's 111th birthday
11. According to ancient Greeks and Romans, this was believed to be a path from the gods
12. An important international holiday celebrating gender equality
13. Each March, this city's river is dyed green
14. Another word for a three-leaf-clover

**SCAN THE QR CODE FOR
THE ANSWER KEY**



MLA Calgary-Currie
Nicholas Milliken

Minister of Mental Health & Addiction
#211, 1608 17th Avenue SW, Calgary, AB
T2T 0E3

📞 403-246-4794

✉️ calgary.currie@assembly.ab.ca



Dear Neighbours,

I would like to share with you some good news, Imperial Oil is investing \$720 million to build a new renewable diesel facility – the largest facility of its kind in Canada.

Due to Alberta's competitive taxes, skilled workers, and strong economic outlook, our province continues to be a top destination for investment. This significant capital commitment from Imperial Oil shows our plan is working to attract investment and grow the economy. An estimated 600 construction jobs will be created, not to mention all the indirect economic benefits. It also shows industry's innovation technology leadership, with Alberta's support, reducing emissions in Canada and around the world.

Initial construction on the project has already begun. The project will use vegetable oils — including canola, safflower, sunflower, and soy — and "blue hydrogen" that's produced from natural gas (combined with Carbon Capture Usage Storage "CCUS" technology) to produce renewable diesel. Once it is completed in 2025, the facility will be capable of producing about 20,000 barrels per day.

Another good piece of economic news to share is that Moody's Investors Service upgraded its credit rating for Alberta to Aa2 (stable outlook) up from Aa3 (positive outlook). Alberta's excellent financial management and strong economic performance has been recognized by this upgraded credit rating.

After years of successive downgrades under the previous government, the current government's commitment to increased savings, reduced debt, and a balanced budget have continued to generate stability and prosperity for Alberta, and frankly, all of Canada. This credit upgrade speaks volumes about our responsible decisions to invest in health care, help businesses, and create more jobs for Albertans. Your government will continue to be unrelenting in its focus on investment attraction, economic growth, diversification, and job creation.

This positive economic news reflects the hard work of all Albertans, including the residents of Calgary-Currie. I will continue to work hard to maintain this momentum.

Regards,

MLA Nicholas Milliken

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media
at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

KILLARNEY | GLENGARRY MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

OPEN CANOPY TREE CO.: We are located right next door in Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a quote.

RUSSELL'S LAWN SERVICE: Since 2000, locally owned, family operated, insured, WCB clearance, and BBB accredited. Providing quality, reliable service, free estimates, and a 15% senior discount. Specializing in mowing, power-raking, aerating, fertilizing, tree/hedge trimming, and landscaping/xeriscaping. Lawn service bookings are limited, reserve now. Visit us at www.russellslawn.com or call 403-686-LAWN (5296).

There's nothing like
great food to put a
spring in your step!

Shop in store for local, organic,
and sustainable groceries.



\$10 OFF!



When you spend \$100 or more at
Blush Lane Organic Market

VALID AT ANY BLUSH LANE ORGANIC MARKET, YOU MUST PRESENT THIS COUPON AT THE TIME OF PAYMENT.
A MINIMUM \$100 PURCHASE IS REQUIRED, NO CASH VALUE, ONE COUPON PER CUSTOMER, PER TRANSACTION,
PER DAY. CANNOT BE COMBINED WITH ANY OTHER OFFER, VALID UNTIL MARCH 31, 2023.

Blush Lane
ORGANIC MARKET
SUSTAINABLE / LOCAL / SEASONAL

VISIT US AT
2044 33RD AVE SW

Dr. Partha Boruah & Associates
General and Family Dentistry

Smile 32
Dentistry



Monday 10am-6pm
Tuesday 7am-6pm
Wednesday 7am-3pm
Thursday 7am-6pm
Friday 7am-3pm
Saturday (1st/3rd) 9am-3pm

**Emergencies by
Appointment**
**Direct Billing to
Insurance**
**Senior and Non-
Insured Discounts**

3200 – 17 Ave SW | 403-249-0382
smile32dentistry3@gmail.com
www.smile32dentistry.com

All procedures are done by general practitioners



**SAVE A
BUNCH
OF CASH**

Expert advice
Excellent rates
Many options
Better mortgages



ANITA **403-771-8771**
anita@anitamortgage.ca

Licensed by Avenue Financial