

JANUARY 2023

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your **KINGSLAND** POST

THE OFFICIAL KINGSLAND COMMUNITY NEWSLETTER



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Calgary City Centre Family Resource Network*

ywcalgary.ca/frn



KINGSLAND PROGRAMS



Monday to Friday Kingsland Preschool

Three-Year-Old and Four-Year-Old Classes

Tuesdays

Broxburn Vegetable Mobile Market

Located in Kingsland Parking Lot

Thursday

Voix Des Rocheuses-French Choir

Visit Our KCA Website for Contact Info

Fridays

Jumma Prayers at 1:30 pm

All Welcome

Pssstt...

We love featuring the community in the newsletter and on social media. We'd love to see your garden, your favourite tree, your summer activities, or your outdoor projects or a story, poem or painting you've been working on and we'd love to publish it in the newsletter. Please send to admin@kingslandcommunity.ca.



We have ancient China to thank for tea, the most consumed beverage in the world aside from water. According to myth, tea was discovered when a dead leaf from a wild tea bush fell into an emperor's cup of boiled water. Thousands of years later, we still love tea, so much so that January 12 is National Hot Tea Day. In honour of this day, why not brew yourself a nice hot cup of tea!

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BEFORE



AFTER



BEFORE



AFTER



BEFORE



AFTER

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PRESIDENT'S MESSAGE



Happy New Year, Neighbours!

I hope you all had a wonderful holiday season and were able to celebrate, rest, and recharge in the ways most meaningful to you.

As we move into 2023, I hope that we as a community association are able to put on more events that get the community out and interacting with one another, building connections and lasting friendships. If this is a passion you share, we're looking for a Social Director to join our board of directors, so please get in touch with us if you're interested in hearing more about the role! You can give us a call anytime at 403-255-1400 or send us a message at admin@kingslandcommunity.ca. Have ideas for social events? Let us know!

Our ice rinks are open, and I have enjoyed seeing so many people out with their skates! We are always looking for more volunteers to help with maintaining the ice rinks through the winter months. No experience is required, as we have a couple leaders that will be there to show you the ropes of cleaning the ice and using the fire hose to flood the rink! Please reach out if you are interested in joining this great group of volunteers.

To stay up to date on all things Kingsland Community, make sure to check out our website's homepage to see what's new in our neighbourhood, and follow us on social media at [@kingslandcommunityyyyc](https://www.kingslandcommunityyyyc.com). We also have an email newsletter that goes out every month or two – subscribe to the eNewsletter using the purple button at the very bottom of our website.

As always, don't hesitate to reach out if you want to connect, have feedback, ideas, or questions.

Charlotte

KINGSLAND COMMUNITY PRESCHOOL



Happy 2023! We hope everyone had a special holiday season and that you found peace, joy, hope and love and created memories with the special people in your life.

In December, we were busy making presents for our families, cards to sell, snowmen, and decorations for our classroom. On our last day of class, we wore our pajamas to school, made gingerbread houses, and watched a little movie while we ate popcorn. It was a special and cozy time for all of us to just slow down and enjoy our time together.

Thanks to everyone that supported our Purdy's chocolates, Christmas arrangements, and our homemade card fundraisers. The money raised will go to the operation of our program, supplies, and new toys and equipment for our preschool. It is much appreciated.

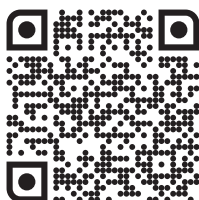
We are starting to plan for the 2022-2023 school year. We will be holding an open house at the preschool on Wednesday, January 25, from 5:00 to 7:00 pm. Your children are welcome to attend with you if you would like to bring them.

We still have a few spaces open for the current school year. We would love to have your child join us for the remainder of this year.

For more information, please call 403-258-1308, email kingslandpreschool@gmail.com, or check our website at www.Kingslandcommunitypreschool.com. We also post regularly on Facebook and Instagram, so look for us there.



SCAN HERE



**To View Additional
Kingsland Content**

INCLUDING

- **News and Events**
- **Real Estate Statistics**
- **Crime Statistics**

and More...

WE HAVE A FACEBOOK GROUP!



Looking to connect with fellow Kingsland residents online? Look no further. We have recently created a Facebook group for residents to discuss community happenings! Search for "Kingsland Community Connection" on Facebook.



KINGSLAND
— Community Preschool —

OPEN HOUSE

Please join us on
Wednesday, January 25
5-7pm
505 78 Ave. SW



For over four decades, Kingsland Community Preschool has prepared children for long-term success in both school and life.

Kingsland Community Preschool is a nurturing, safe environment where your three-to four-year-old will unleash their creativity, develop language skills, build self-esteem and respect for others—all while having mountains of fun.



Kingsland Community Preschool views our children as imaginative, strong and capable of directing their own learning according to their individual needs and interests.

Our preschool is a Reggio-inspired learning environment where children are given ample opportunities to explore ideas and to express themselves creatively using a variety of objects and materials.



Follow along with our learning adventures!

 **@kingslandpreschool**

 **Kingsland Community Preschool**

2023 Board of Directors and Community Contacts



KINGSLAND
COMMUNITY ASSOCIATION

Community Association Hall

🌐 www.kingslandcommunity.ca

📘 www.facebook.com/Kingsland-Community-Association-203240413043176/

Hall Manager: Jennifer Sherstabetoff

🏠 505 - 78 Avenue SW; Calgary, Alberta T2V 0T3

☎ 403-255-1400 📠 403-255-1407

✉ admin@kingslandcommunity.ca

Hours: Please book an appointment by email.

BOARD OF DIRECTORS		NAME
President		Charlotte Quickel
Vice President		Vacant
Treasurer		Jessica Pickel
Secretary		Ben Montgomery
Communications Director		Kaitlin Quickel
Lifecycle Director		Christine Dombroski
Membership Director		Terry Casey
Trico Partnership Liaison		Ben Ethier
Social Director		Vacant
Crime Prevention		Jeannine Konrad
Planning Director		Brandy MacInnis
Open Director		Lars Stevenson
OTHER KCA CONTACTS		
Casino Coordinator		Kathy Mitchell
Hall Manager and Admin		Jen Sherstabetoff
COMMUNITY CONTACTS		
Councillor Ward 11	Kourtney Penner	403-268-2430
Calgary-Acadia	MLA Tyler Shandro	587-885-1781
Neighborhood Partnership Coordinator (NPC)	Jenna Findlater	403-804-0312
Police Liaison	Cst. Jake Tyerman	403-428-6641

Our community board meetings are held on the fourth Thursday of each month at 7:00 pm
(Except July, August, and December) unless otherwise posted. Everyone welcome!

ARE YOU PLANNING AN EVENT?

The Kingsland Community Hall is an ideal location for any occasion such as:

- Wedding receptions
- Family reunions
- Barbeques
- Kids birthday parties
- Business meetings
- AGMs
- Corporate parties
- Bridal showers
- Baby showers
- Political forums
- Anniversary parties

Do you need a great local facility?

It's located just off Macleod Trail SW, 505 78 Ave SW.

Want to know more about our hall?

- Recently updated
- Wheelchair accessible
- Upper hall holds up to 100 people (85 seated)
- Bar area
- Wi-Fi included
- Chairs and 25 rectangular tables (Tables are 2.5ft x 5 ft) included
- Kitchenette with fridge, microwave, and coffee pots included
- Lower hall that can hold up to 25 people
- Ideal for board meetings

Rental rates

Weekday rentals (Monday to Thursday, and Friday before 4:00 pm) will be \$40 per hour with a minimum four-hour rental, or \$400 for a full day rental.

Weekend rentals (Friday at 4:00 pm to Sunday) will be \$50 per hour with a minimum four-hour rental, \$400 for a half day, or \$650 for a full day rental.

Plus, sanitation fee per event: \$25.

Outdoor hockey rink can be reserved for \$25 per hour plus GST.

Come check out the Kingsland Community Center, we would love to give you a tour of our hall; please call or email to book a time.

Phone: 403-255-1400

Email: admin@kingslandcommunity.ca

Book your event early!



KINGSLAND COMMUNITY ASSOCIATION MEMBERSHIP FORM

Your membership revenue helps to support a community-wide range of events, services, and facilities.

What we offer residents:

- Free annual Community Cleanup Day
- Family, social, and senior events
- Free use of the outdoor hockey and kiddie skating rinks
- Free use of the outdoor multi-sport courts

Exclusive member benefits:

- Reduced rates for Kingsland Community Hall rentals
- Reduced rates at eligible community events
- Perks from select local business partners!

The Kingsland Community Association annual membership year is July 1 to June 30

Choose your membership & provide your contact information:

Select One (✓)	Membership Type	Details	Vote at the AGM?
<input type="checkbox"/>	Individual (\$20)	Regular membership for Kingsland residents	Yes
<input type="checkbox"/>	Family (\$20)	Membership can be shared between all the members of a Kingsland household	Yes, one vote per family membership
<input type="checkbox"/>	Senior (by donation)	For residents 65 years of age and over	Yes
<input type="checkbox"/>	Business (\$25)	Available to businesses both inside and outside of the Kingsland community boundary	No
<input type="checkbox"/>	Associate (\$25)	For non-Kingsland residents. Membership can be shared between all the members of a household	No

Name(s): _____

Mailing Address: _____

Phone #: _____ Email: _____

Payment By: Cash _____ Cheque _____ E-transfer _____ to admin@kingslandcommunity.ca

Volunteer interests – Can you help us in any of these areas?

Social Events: _____ Casino: _____ Rink: _____ Membership Drive: _____ Social Media: _____

Other (specify): _____

Once complete, send this form & payment to the Kingsland Community Hall - 505 78 Avenue SW, Calgary, AB T2V 0T3 (by mail or using the drop box at the front door).

Memberships may also be purchased online at www.kingslandcommunity.ca/about-us/memberships

Personal information is being collected under Section 33c of the Freedom of Information and Privacy Act (FOIP). The information collected will only be used to contact you regarding Community Association matters and to keep a record of our members from year to year.

International Sweatpants Day

In the 1920s, French designer Émile Camuset invented sweatpants to keep athletes warm while training outdoors. These days, sweats aren't just for athletes; there's a pair for every occasion, whether it's for everyday use, lounging, or even to walk a fashion runway. This January 21, it's only "fitting" to observe International Sweatpants Day by donning your favourite sweats!



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**Call Len T Wong
at 403-606-8888
for more info.**

VIEW LISTING HERE:



SAFE & SOUND

Sledding Safety

by Alberta Health Services, EMS

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; never toboggan alone.
- Tobogganing at night is not advised.

Plan Ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Attempt to cover any exposed skin.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face, such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm - not hot - water, until re-warmed.

Grand Theft Auto!

Winter - that time of year when the frigid temperatures of the North come down to greet us - brrrrr!

Braving the cold winter weather means vehicles are often left to warm up unattended with keys in the ignition. Although it's tempting on those chilly days to stay inside where it's warm or leave your car running while you run inside the store, realize that any idling vehicle can become a target for thieves. Police say it can take less than 30 seconds for someone to steal your vehicle - it's known as a "Crime of Opportunity." There are thieves who cruise around neighbourhoods, scouting homes, convenience stores and coffee shop parking lots, looking for those 'easy targets' - those vehicles left running, and unattended.

According to Calgary Police reports, from the start of November 2021 to the end of January 2022, 284 cars were stolen while left idling and unattended. These kinds of preventable thefts contribute to the high rates of auto theft in Calgary, not to mention the possibility of an increase in your insurance rate.

Who Stole My Vehicle?

When looking at what drives these targeted thefts, it could be something as simple as a need to stay warm or the opportunity to go for a joyride. It could also be the valuables left in your unlocked vehicle that attracted the thieves. Unfortunately often these easy 'thefts' are taken for use in criminal activities such as robberies, break and enters, or drug-related crimes.

Vehicle theft is preventable by following these recommendations:

- Never leave your idling vehicle unattended.
- Want your seat warm? Consider investing in a seat warmer to keep you warm.
- If using a remote starter, keep your vehicle locked.
- Never leave valuable items in your car - at least not in plain view.
- Never leave spare keys or garage door openers in or around your vehicle.
- Use a steering wheel lock as a deterrent.
- Have an anti-theft device installed, like a well-hidden 'Kill Switch', which disrupts the flow of electricity to the starter motor, ignition, and the fuel pump, thus immobilizing your vehicle.



Always keep an eye out for suspicious activity such as:

- Strangers loitering or walking aimlessly and appearing out of place.
- Unknown persons checking vehicles.
- Unfamiliar parked vehicles with multiple occupants or vehicles driving up and down the street multiple times.

Remember, if you see suspicious activity, it's important to report it to police by calling 403-266-1234. However, should you witness a crime in progress, such as a vehicle being stolen, immediately call 9-1-1. Provide as much descriptive information as you can, and always remember, approaching a suspect or chasing a stolen vehicle is never safe.

"Would have! Could have! Should have!" - you'll never find yourself saying these words when you stay mindful that Crimes of Opportunity are preventable! This winter, stay safe and warm up your car securely to avoid theft.



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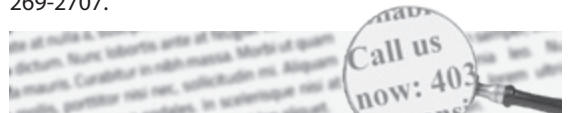
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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



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Yip the dishes.



Unsecured food waste attracts wildlife. Keep clever coyotes hunting in the wild by ensuring garbage, compost, and recycling are in secure bins.

Calgary Wildlife is a registered charity and the only wildlife hospital within the City of Calgary. We promote positive wildlife-human interactions by giving educational talks at schools, community groups, and associations throughout the city.

Please visit
www.calgarywildlife.org
for more information.

