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AVERAGE DAYS TO SELL

- 24

OF SALES

- 7

NEW LISTINGS

- 21

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AVERAGE SALES PRICE

- \$1,140,000

AVERAGE DAYS TO SELL

- 23

OF SALES

- 2

NEW LISTINGS

- 14

APARTMENT

AVERAGE SALES PRICE

- \$287,250

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OF SALES

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NEW LISTINGS

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MLCA SOURCE ROLES AND CONTACT LIST

Executives

President	Lee Willis president@mardaloop.com
Vice President	Vacant vp@mardaloop.com
Past President	Vacant pastpresident@mardaloop.com
Treasurer	Andrea Kruchten treasurer@mardaloop.com
Secretary	Rebecca Naidoo secretary@mardaloop.com

Directors

Events	Vacant events@mardaloop.com
Marketing	Christina Kim marketing@mardaloop.com
Membership	Jenna Kemp membership@mardaloop.com
Planning and Mobility	Rita Shewchuk mobility@mardaloop.com
Preschool	Nathan Kinicki preschooldirector@mardaloop.com
Seniors	Heather Bhatti seniors@mardaloop.com
Sponsorship	Teri Lang sponsorship@mardaloop.com
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Volunteers	Vacant volunteer@mardaloop.com
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Director at Large 2	Patrick Tillisch atlarge2@mardaloop.com

Other Important People

The Source (Newsletter Editor)	Christina Kim marketing@mardaloop.com
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Staff

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Accountant	Karen Murphy accounting@mardaloop.com
Hall Services and Rentals	Alyssa Preston hallrentals@mardaloop.com

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PRESIDENT'S MESSAGE

I am pleased to introduce myself as the newly elected MLCA President, following the departure of the previous President Jason Quilley as he moves on to new opportunities. Thanks to Jason for his contributions.

I have a lot of listening and learning to do, but I'm excited and optimistic about the year to come. Marda Loop is a unique Calgary community, and we are actively working on several exciting initiatives and programs that will further strengthen and better connect the Marda Loop community. Expect to hear from me and other Board members in the months ahead as we share accomplishments and communicate activities.

As always, our progress depends on volunteers to bring our initiatives to life. We are currently seeking support for several key roles, including the Board Vice President and Volunteer Director, as well as subject area committees. Whether you have professional experience to share or are simply interested in contributing to your community, there is a place for you, and we would love to hear from you.

Thank you to those current volunteers who continue to invest time, energy, and leadership into our community.

Lee Willis

President, Marda Loop Communities Association



Monthly MLCA Board Meeting

If you would like to address the Board, or simply attend one of these meetings, please contact president@mardaloop.com.



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by Jade

What do you like about preschool?
I like to play with my friends.

What did you do at school today?
I made a craft today at preschool and I'm going to finish it tomorrow.

What kind of craft did you make?
I don't want to tell you. Once it's finished, then I'm going to tell you. It's a surprise.

What's your favorite craft that you've made?
It's a rainbow. I cut out shapes and made a rainbow out of it.

What's your favorite game to play at preschool?
Umm... maybe I can tell you. It's an outside preschool game that I play after outside in the park beside preschool. It's called ice cream store! It's the thing we just played.

What's your favorite special activity at preschool?
I like it when Ms. Sonia comes.

What does Ms. Sonia teach you?
A lot of music! There's a song called let's make a pizza, me and you... let's make a pizza just for two...



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SPRING 2026 PROGRAMS



Spring is here and we're ready to see everyone come back for our programs! MLCA membership is required to register in all programs. Please note that summer programs and facilities will be announced at a later date.

See below for some of our offerings, and please visit our website for more details. www.mardaloop.com/programs/.

Adult Yoga

Yoga classes move at a beginner to intermediate pace. It is a structured physical practice that connects breath and movement, body and mind, heart and spirit. If you can breathe, you can do yoga!

Wednesdays from 7:00 to 8:00 pm.

April 8 to May 6, 2026 (five classes).

Cost: \$62.50.

Hatha Yoga

We are excited to offer yoga to our certified instructors. Hatha yoga classes move at a beginner to intermediate pace. It is a structured physical practice that connects breath and movement, body and mind, heart and spirit. If you can breathe, you can do yoga!

Fridays from 9:30 to 10:30 am.

April 17 to May 8, 2026 (four classes).

Cost: \$50.00.

HIIT

Introducing HIIT!

HIIT is High-Intensity Interval Training (HIIT) and is a fast-paced workout method that alternates short bursts of maximum-effort exercise—ranging from 15 seconds to 4 minutes—with brief recovery periods. Typically lasting between 10 and 30 minutes, HIIT workouts are designed to maximize results in minimal time. This efficient training style boosts cardiovascular fitness, accelerates calorie burn, and builds strength quickly. Sessions often include dynamic, full-body movements such as burpees, sprints, and jumps, making HIIT both challenging and highly effective for improving overall fitness.

Think you've got what it takes? Register today!

Tuesdays from 5:00 to 5:45 pm.

April 7 and 28, May 5 and 7 (four classes with one Thursday class).

Cost: \$65.00.

Peanuts Soccer

It's back! One of the most popular activities of the year returns this spring. Please join us for another year of fun, exercise, friends, and soccer skills! No experience necessary.

Age Group: 3 to 4 Years Old

Saturdays from 10:00 to 11:00 am.

May 2 to June 27, 2026.

Cost: \$52.

Children must be at least 3 years old before June 30, 2026.

Age Group: 5 to 6 Years Old

Saturdays 11:00 am to 12:00 pm.

May 2 to June 27, 2026.

Cost: \$52.

Children must be at least five years old before June 30, 2026.

Seniors' Fit

Seniors' Fit is back!

Join a community of seniors and older adults for a total-body workout appropriate for any fitness level. Seniors' Fit classes are designed to increase flexibility, joint stability, balance, coordination, agility, muscular strength, and cardiovascular endurance. The workout combines aerobic, flexibility, and resistance (strength) training with plenty of friendly fun.

Tuesdays from 1:30 to 2:45 pm.

March 31 to May 5, 2026 (six classes).

Cost: \$90.

Seniors' Fit Thursdays

Thursdays 1:30 to 2:45 pm.

March 26 to April 30, 2026 (six classes).

Cost: \$75

Seniors Yoga

Age doesn't matter; Yoga is for everyone!

Enjoy Yoga with instruction from our great teacher! Move with strength and ease with a regular dose of yoga. This class is designed to encourage mobility at any age. Whether you're new to yoga or have been practicing all your life, you'll enjoy the playful nature of this gentle yoga class.

Thursdays from 11:15 am to 12:15 pm.

April 9 to May 7 (five classes).

Cost: \$65.00

Playgroup

Age Group: 0 to 5 Years Old

Mondays, Tuesdays, Wednesdays, and Thursdays from 9:30 to 11:00 am.

The MLCA Playgroup is a program offering a fun environment for children and their caregivers to get together and play. Come and meet new friends in your community while your little one(s) enjoy(s) a variety of toys with other children from the neighbourhood.

Playgroup membership includes snacks, crafts, play time with our wide selection of toys, story readings and circle time, and dance parties.



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MLCA Seniors visit the Roaring 20's!

For a handful of our members, the March get together was a nostalgic trip down Memory Lane. Canada's – and Calgary's – experience with the roaring twenties was a response to the devastation of World War I (1914 to 1918) and a desire to celebrate the return to greater public normalcy and economic prosperity.

Doug Coats, our guest speaker, shared with us his meticulously researched presentation on "Calgary and the Roaring 20s – Ain't We Got Fun!" As with his presentations to us on previous occasions, Doug kept us enthralled with his findings about this period of dramatic social, economic, and cultural change within our city.

The accompanying music and sound effects caused an impromptu singalong because there are songs such as "Yes Sir, that's my Baby", "Five Foot Two, Eyes of Blue", and "Sweet Georgia Brown", which are still played on the odd occasion. The temptation to get up and dance the Charleston was quickly replaced by the nasty reminder that our knees and stamina are not in the shape they used to be.

The presentation also portrayed the fashions of that era, which was a liberating period for women, providing them with more masculine clothing and hair styles including the illustrious "bob" haircut. Keep in mind that this was also the time of the women's suffragist movement.

Doug has a repertoire of 12 such presentations relating to the evolution of Calgary's infrastructure, culture, transportation, etc., so we will hopefully have the opportunity again in the future to delve into our city's past.

Heather Bhatti

Director of "Seniors in the Loop"

P.S. Just to clarify, none of our members are that old, but many of us remember the music and frivolity of those years!

Planning and Mobility Corner

City of Calgary's Planning Liaison Program: Marda Loop Communities Chose

The City of Calgary's Planning Liaison Program is now underway, and the Federation of Calgary Communities assisted our community in getting our own planning liaison.

Throughout December and January, the Federation of Calgary Communities supported with delivering surveys to 55 community associations within completed Local Area Plans, inquiring about the community association's interest in the Planning Liaison Program. To date, 39 community associations have expressed interest in participating in the Planning Liaison Program. Over the past few weeks, planning liaisons have spoken directly with 30 community associations to better understand local priorities and their needs. Based on those conversations, community growth data, and team capacity, a group of 20 community associations have been identified to begin working more closely with planning liaisons in the coming weeks.

The Planning Liaison Program is a pilot program through 2026. Its purpose is to help strengthen relationships, advance mutual understanding, and improve communication between community associations and The City on planning and development matters. Planning liaisons will provide support by sharing knowledge, improving access to information and expertise, and helping navigate The City's Planning and Development Services' processes.

Learn more about the Planning Liaison Program through the new webpage here: <https://www.calgary.ca/planning/planning-liaison-program.html>.

You can also find more about the Partners in Planning program where you can take classes to learn more about the planning process with the City of Calgary. More can be found at calgarycommunities.com/pip.

MLCA Planning and Mobility Committee

Our committee meets regularly to review development applications and mobility concerns. Please submit your comments to development@mardaloop.com.

Our website is updated regularly with applications and other information.

You can always comment on any development application by scanning the QR code on a sign, looking up the application on dmap and by emailing the file manager directly. 3-1-1 also works to inquire about development or mobility concerns.



Join the MLCA Membership Committee

The MLCA Membership Committee is looking for volunteers to help support our membership enrollment initiatives. If you're interested in getting involved as a committee member to contribute your time and ideas, please email Jenna at membership@mardaloop.com.



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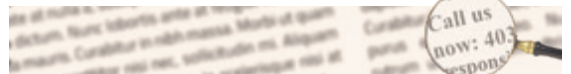
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