ECHRONICLE

THE OFFICIAL NEWSLETTER FOR MILLRISE & SHAWNEE-EVERGREEN COMMUNITY ASSOCIATIONS





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GET A OUOTE NOW

www.shawnessy.ca | www.millrise.org | www.shawnee-evergreen.ca











SOUTH CALGARY KARATE

We offer beginner classes for ages 3 to adult

Beginner to Black Belt

403-257-4638 | www.calgarywadokai.com

Learn the signs of stroke



Heart &Stroke heartandstroke.ca/FAST

rms can you raise both?

peech is it slurred or jumbled?

Time to

ime to call 9-1-1 right away.

rt and Stroke Foundation of Canada, 2023 | "The heart and / icon on their own and the heart and / i

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

MILLRISE

SHAWNESSY

SHAWNEE SLOPES





www.academydenture.com



ACADEMY

DENTURE CLINIC

Modern Solutions for Missing Teeth

STOP:

- Avoiding foods you love
- Using messy adhesives
- Being self-conscious of your smile
- Looking older than your age

WE OFFER:

- Denture on implant options
- Conventional and flexible denture options
- Direct billing for private insurance
- Complimentary initial consultations

NEW! Suction-Enhanced BPS® Dentures

Southcentre Mall Suite 126A, 100 Anderson Rd SE Book an Appointment (403) 269-8308

Due to the current COVID pandemic, we

are seeing patients by

appointment only, and

have implemented

enhanced infection

control protocols.

Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon



SECA BOARD OF DIRECTORS (2023)

President	Lynn Jobe	
Vice President	Ajay Khanolkar	
Secretary	Vacant	
Treasurer	James Thomson	
OTHER DIRECTORS:		
Director of Development	Norm Rousseau	
Director of Membership	Vacant	
Director at Large	John Raich	
Director at Large	Kurian Marattil	
Director at Large	Zeinab El Kady	
Director at Large	Maigul Wickham	
Director at Large	Vacant	
Director at Large	Vacant	
SECA Plays	play@shawneeevergreen.ca	
General Inquiries	info@shawneeevergreen.ca	

mybabysitterlist Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in. Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Shawnee-Evergreen Community Associatio

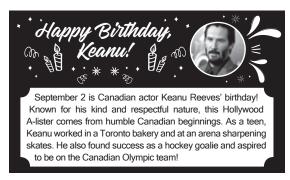
Community Association Area Boundaries

Households in the area shown below are eligible to become regular members.

- For Evergreen Estates, your street name will include 'Green,' for example, Evergreen.
- Almost all other areas will include 'Shawnee' in the street name.
- Fish Creek Exchange and Beacon Hill condominiums are within the SECA boundaries.
- Non-residents are invited to join as associate members.



On the North
South of Fish Creek Provincial Park
boundary
On the East
West of Macleod Trail SE
East of Fish Creek Provincial Park
boundary and east of Fishcreek Blvd SW
On the South
North of James Mckevitt Road and
Fishcreek Boulevard SW



SHAWNEE-EVERGREEN COMMUNITY ASSOCIATION

HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

SECA is building a neighbourly community where residents feel a sense of belonging and community pride.

- Hosts Events and Programs:
 - o Community Cleanup September 16, 2023.
 - o Community Campfires.
 - o Monthly Children's Programs.

- Advocacy supports residents' interests with respect to:
 - o Proposed development projects in our neighbourhood and nearby.
 - o Neighbourhood safety (crosswalks, traffic lights, crime prevention, etc.)
 - o Maintaining the character of our neighbourhood.

- - MEMBERSHIP REGISTRATION FORM- -

Purchase a SECA membership to support programs, events, and the advocacy work that SECA does on your behalf. Pay just \$20 every 12 months. Complete the form, attach a cheque for \$20 payable to Shawnee Evergreen Community Association and mail to SECA c/o South Gate Alliance Church, 1436 James McKevitt Rd SW Calgary, ABT2Y 2W9. Questions? Email info@shawneeevergreen.ca. Household information (held in confidence in accordance with Privacy Legislation): Surname 1: Given Name: Surname 2: Given Name: Street Address: Postal Code: Phone: Email address: Please consider volunteering with SECA. May we contact you to volunteer? Y / N Payment (\$20): Cash: Cheque # □ Resident ☐ Non-Resident (Associate Member) SECA is always looking to engage residents as volunteers on the board, on committees, and at events. Learn more by emailing info@Shawneeevergreen.ca.

Cat	s, Canines, & C	ritters of Calg	ary
Biscuit, Deer Run	Tiger, Copperfield	Walter, Evergreen	Xanthe, Copperfield
	To have your pet featured, em	nail news@mycalgary.com 🔲 I	

PRESIDENT'S MESSAGE

We are very happy to have been awarded a Community Cleanup event by the City again this year. Save the expense of a trip to the dump by taking advantage of our Community Cleanup – Saturday, September 16, 2023, from 9:00 am to 2:00 pm in the parking lot at South Gate Alliance Church (James McKevitt Road at Evergreen Street SW).

- City packer trucks will take oversized household items
 - No paper, cardboard, or other recyclable products, please.
- New Confidential paper shredding
 - For household documents (non-commercial)
 - This service is free for SECA members, \$10 for nonmembers. Memberships (\$20) may be purchased on-site by credit card, cash, or cheque.
- Electronics recycling
 - Including most items with a cord, i.e. TVs, computers, small/medium household appliances.
 No large appliances.
 - See a detailed list of what is accepted and what isn't at technotrash.ca.
- Metal recycling
 - No gas bottles, cylinders, aerosols, or tin cans
- Collection of bikes and beverage containers by Cerebral Palsy Alberta
- Collection of gently used household items by Women in Need Society (WINS)
- Collection of books for SECA's Little Free Libraries
 - Books in good condition will be accepted.
 - No cookbooks, please.

Casino Fundraiser September 24 and 25 at Deerfoot Inn & Casino

This is by far our biggest source of community funds. Thank you to the over 30 dedicated volunteers who are supporting this event for the benefit of the entire community.

Annual General Meeting October 24, 7:00 pm at South Gate Alliance Church

This meeting is a chance to hear what SECA has been up to this past year and to contribute to future plans.

Would you like to get more involved in your community? Becoming an event volunteer, a committee member, or joining the board is a great way to meet others and make an important impact in your own neighbourhood. Please email info@shawneeevergreen.ca to express your interest. We would be happy to meet over a cup of coffee to discuss what might be involved.

Meet Like-Minded Families at Our Children's Programs:

- Art in the Park with Nurture Nest, on September 23.
 Registration required.
- Families in Nature with Urban Wild Calgary, on September 24. Registration required.
- Adventure Play (a loose parts play program) with Get
 Outside and Play, on September 17. No registration
 is required. Drop in to the green space between the
 playground and the dog park on Shawnee Blvd.

Use the QR codes below to get more information and to register. Register early to secure your spot.

Let's Imagine the Future Together

We need your help to dream about how to make Shawnee Evergreen even better. Join us as we reimagine our neighbourhood places... together. Subscribe through the QR code to join the mailing list.



Let's Stay Connected While SECA Transitions to New Coordinates

- Email: info@shawneeevergreen.ca
- · Like our Facebook page @ShawneeEvergreenYYC
- Subscribe to SECA's e-newsletter through the QR code
- Our new website should have launched. Find us at YourSECA.ca.



Lynn Jobe SECA President

P.S. Scan the QR codes below to explore our monthly children's programs.







Adventure Play Families in Nature Art in the Park

FRIENDS Fish Creek

The September Fish Creek Speaker Series - Bats of Alberta

Thursday, September 14, 2023, 7:00 to 8:00 pm - Online and in person

Fish Creek Environmental Learning Centre, Shannon Terrace, 13931 Woodpath Rd SE

Presented by Susan Holroyd MSc, Calgary Regional Coordinator, Alberta. The Alberta Community Bat Program's mission is to raise awareness of bat conservation issues, help residents manage bats in buildings, and to collect data needed to monitor and better understand bats in the province. Susan Holroyd of the Alberta Community Bat Program will discuss this province's bat species, the threats bats face, the ecological services that they provide, and how Albertans can help with bat conservation. At this presentation, you can also learn about what to do if you find a bat, how to construct a bat house, and have your questions answered about these fascinating flying mammals. Free for Friends members and \$10 for nonmembers. Free for youth 16 years of age and younger with a registered adult. Registration is required. To register, visit www.friendsoffishcreek.org/event/fishcreekbats.

Dedicate a Bench in Fish Creek and Leave a Lasting Legacy!

You may have seen Friends' dedication benches throughout Fish Creek Provincial Park. These beautiful and sturdy benches present the perfect opportunity for you to show your support for Fish Creek Provincial Park while providing a comfortable place for park visitors to rest and appreciate nature. If you are interested in a bench, please complete the online dedication bench form. This will ensure that you are added to the waitlist for a bench so that we can contact you in the future when a bench becomes available. There are approximately 105 bench locations in the park and each year several benches become available. In 2024, there will most likely be some benches available in the west end of the park - Bebo Grove, Shannon Terrace, and Marshall Springs areas. Special thanks to Alberta Forestry and Parks and the Venturers Society of Calgary for supporting the Friends in the delivery of this very special program in Fish Creek. For more information, please visit www.friendsoffishcreek.org/ dedication-bench.



Become a Fish Creek Provincial Park Protector Today!

Fish Creek Provincial Park is a cherished natural green space that we are fortunate to have in the city. All the Friends' programs and activities are designed to help preserve biodiversity and ensure a sustainable park environment so that future generations can enjoy this area as much as we do. We rely on a variety of funding sources like grants, memberships, program fees, sponsorships, fundraising efforts, as well as corporate donations and personal donations from community members like you to support our conservation, stewardship, and engagement activities here in this park. We are inviting community members to become Park Protectors and help support the Friends and the park. Through the Park Protector program, a monthly donation will be effortlessly withdrawn from a credit card of your choosing, and you will receive a valuable tax receipt for your contribution. The Park Protector monthly donor program is the most convenient way to support Fish Creek Provincial Park everyday. For more information on becoming a Park Protector, please visit www. friendsoffishcreek.org/park-protector-signup.

Tru Earth

The Friends are pleased to partner with Tru Earth, a Canadian company that focuses on creating eco-friendly household goods. Tru Earth's products are designed to function the same - or better - than traditional products, but without all the plastic and other chemicals that are harmful for the planet. Order your Tru Earth household products today and the Friends of Fish Creek will earn at least 20% of every sale made through this exciting ongoing fundraiser. Check out Tru Earth and make a purchase to support the Friends of Fish Creek today. Visit the Friends' Tru Earth page at http://tru-earth.sjv.io/FriendsOfFishCreek.



Shawnessy Real Estate Update

Last 12 Months Shawnessy MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2023	\$524,950.00	\$538,000.00
June 2023	\$377,000.00	\$417,500.00
May 2023	\$489,900.00	\$549,000.00
April 2023	\$469,900.00	\$488,950.00
March 2023	\$525,000.00	\$575,000.00
February 2023	\$479,900.00	\$513,750.00
January 2023	\$444,200.00	\$432,500.00
December 2022	\$440,000.00	\$450,000.00
November 2022	\$521,950.00	\$501,000.00
October 2022	\$449,900.00	\$447,500.00
September 2022	\$498,800.00	\$484,000.00
August 2022	\$524,900.00	\$510,000.00

Last 12 Months Shawnessy MLS Real Estate Number of Listings Update

	<u> </u>		
	No. New Properties	No. Properties Sold	
July 2023	10	14	
June 2023	24	20	
May 2023	22	21	
April 2023	16	14	
March 2023	12	7	
February 2023	7	12	
January 2023	4	6	
December 2022	6	11	
November 2022	10	14	
October 2022	16	13	
September 2022	14	15	
August 2022	16	13	

To view more detailed information that comprise the above MLS averages please visit **shaw.mycalgary.com**

Shawnee Real Estate Update

Last 12 Months Shawnee MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2023	\$599,000.00	\$579,000.00
June 2023	\$369,700.00	\$361,000.00
May 2023	\$384,900.00	\$375,000.00
April 2023	\$749,900.00	\$725,000.00
March 2023	\$624,900.00	\$620,000.00
February 2023	\$395,000.00	\$380,000.00
January 2023	\$329,000.00	\$316,000.00
December 2022	\$284,900.00	\$282,000.00
November 2022	\$524,900.00	\$539,600.00
October 2022	\$784,900.00	\$772,500.00
September 2022	\$629,450.00	\$609,500.00
August 2022	\$225,000.00	\$220,000.00

Last 12 Months Shawnee MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2023	10	7
June 2023	15	14
May 2023	16	13
April 2023	11	3
March 2023	9	5
February 2023	6	3
January 2023	5	3
December 2022	1	2
November 2022	3	3
October 2022	3	3
September 2022	4	2
August 2022	1	3

To view more detailed information that comprise the above MLS averages please visit **shsl.mycalgary.com**



Millrise Real Estate Update

Last 12 Months Millrise MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2023	\$359,900.00	\$364,500.00
June 2023	\$325,000.00	\$350,000.00
May 2023	\$450,000.00	\$483,000.00
April 2023	\$284,900.00	\$290,000.00
March 2023	\$335,000.00	\$340,000.00
February 2023	\$299,450.00	\$310,000.00
January 2023	\$449,000.00	\$445,000.00
December 2022	\$297,450.00	\$293,950.00
November 2022	\$269,900.00	\$265,000.00
October 2022	\$284,900.00	\$290,000.00
September 2022	\$492,450.00	\$483,950.00
August 2022	\$278,150.00	\$270,500.00

Last 12 Months Millrise MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2023	12	13
June 2023	21	23
May 2023	23	17
April 2023	14	13
March 2023	11	13
February 2023	13	12
January 2023	13	11
December 2022	3	6
November 2022	6	9
October 2022	8	5
September 2022	9	10
August 2022	6	8

To view more detailed information that comprise the above MLS averages please visit **mill.mycalgary.com**

CRIME STATISTICS

Shawnessy Crime Activity was Up in July 2023

The Shawnessy community experienced 18 crimes in July 2023, in comparison to 13 crimes the previous month, and 22 crimes in July one year ago. Shawnessy experiences an average of 18.6 crimes per month. On an annual basis, Shawnessy experienced a total of 223 crimes as of July 2023, which is down 2% in comparison to 227 crimes as of July 2022. To review the full Shawnessy Crime report visit shaw.mycalgary.com.

Shawnee Slopes Crime Activity was Up in July 2023

The Shawnee Slopes community experienced 5 crimes in July 2023, in comparison to 3 crimes the previous month, and 8 crimes in July one year ago. Shawnee Slopes experiences an average of 5.7 crimes per month. On an annual basis, Shawnee Slopes experienced a total of 68 crimes as of July 2023, which is up 10% in comparison to 62 crimes as of July 2022. To review the full Shawnee Slopes Crime report visit shsl.mycalgary.com.

Millrise Crime Activity was Unchanged in July 2023

The Millrise community experienced 6 crimes in July 2023, in comparison to 6 crimes the previous month, and 9 crimes in July one year ago. Millrise experiences an average of 5.1 crimes per month. On an annual basis, Millrise experienced a total of 61 crimes as of July 2023, which is down 36% in comparison to 96 crimes as of July 2022. To review the full Millrise Crime report visit mill.mycalgary.com.

How To Report Crime In Shawnessy | Shawnee Slopes | Millrise: Dial 911 for emergencies or crimes in progress. For non-emergencies dial (403) 266-1234. To report a crime anonymously, contact Crime Stoppers at 1-800-222-8477 (Talk, Type or Text), submit tips online at crimestoppers. ab.ca. or text tttTIPS to 274637.



Back-to-School Safety Tips for Pedestrians and Motorists

from Alberta Health Services



Alberta Health Services EMS would like to remind parents and students of some safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around School Buses

- Flashing amber lights mean that a bus is slowing down to stop motorists should do so likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights unless the bus is on the opposite side of a divided highway from you.

 Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- •When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

The Shawnessy Community Association Volunteer Board of Directors

VOLUNTEER EXECUTIVE:			
President	Marshall McCarthy	403-256-0786	md-mccarthy@shaw.ca
Vice President	Simone Mersereau	403-256-3584	simone@deanltd.com
Secretary	Michelle Moland	403-640-2762	cmoland@telus.net
Treasurer	Vacant		
VOLUNTEER DIRECTORS:			
Community Affairs	Vacant		
Community Events Advertising	Vacant		
Fundraising - Gaming	Vacant		
Grant Application Director	Vacant		
Membership	Vacant		
Community Planning	Vacant		
Neighbourhood Partnership Coordinator	Cathi Groves		cgroves@calgary.ca
Newsletter Director	Vacant		
Social Director	Vacant		
Volunteer Director	Vacant		
Barn Manager: Facilities	James Richard	403-697-2629	
Barn Manager: Rental	Jennifer Dickinson	403-554-7299	jendickinson 13@gmail.com



Metanoia: noun (met-uh-noi-uh)

A transformative change of heart.

"Upon finishing her book, Alice experienced a metanoia."



The Millrise Community Association Board of Directors

VOLUNTEER EXECUTIVE:		
President	Donna K.	president@millrise.org
Vice President	Graham R.	vicepresident@millrise.org
Treasurer	Graham R.	treasurer@millrise.org
Secretary	Sarah M.	secretary@millrise.org
VOLUNTEER DIRECTORS:		
Membership Director	Vacant	membership@millrise.org
Facilities Director	Matt T.	facilities@millrise.org
Newsletter Director	Vacant	community@millrise.org
Garden Director	Carrie S.	communitygarden@millrise.org
Events Director	Vacant	events@millrise.org
Fundraising Director	Vacant	fundraising@millrise.org
Director At Large	Casey H.	
General Inquiry		info@millrise.org
Police Community Liaison Officer	Cst. Richard Thorpe	c/o info@millrise.org
Cardel Rec South Rep	Vacant	cardelrep@millrise.org
Neighbourhood Partnership Coordinator	Cathi Groves	cgroves@calgary.ca



Nature's Ottoman

Capybaras, the largest rodents on Earth, are one of the friendliest creatures in the animal world. They're referred to as "nature's ottomans" because they'll allow birds, monkeys, rabbits, and other small critters to cuddle with them or hitch a ride on their backs. Capybaras will even befriend crocodiles and ride on their backs!

Millrise Community Association Membership

Your membership helps give back to our community.

Purchasing a community association membership enriches our community in so many ways!

What does your membership do for Millrise?

- Maintenance and improvements of our skating rinks.
- Annual Community Cleanup event.
- Community events and programs.
- Keeps residents informed via Facebook, newsletters, and social media.
- Represents Residents at Cardel Rec and Trico Centre Board Meetings.
- Residents enjoy a 10% discount on programs at Cardel Rec South.
- Obtains member discounts with local businesses.

New Membership Registration:

A household Millrise Community Association membership is less than \$2.50 a month!

Please go to www.millrise.org/memerbship to get your membership and support your community association.



Looking to meet your neighbours and give back to your community?

We are looking for community volunteers to help with the following:

- · Ice rink during the winter
- · Event preparation
- Community projects
- Fundraising
- Events

To volunteer with MCA please send an email to volunteer@millrise.org





We've Partnered With SkipTheDepot!

What is SkipTheDepot? It's a door-to-door bottle collection service that makes refundable recycling and fundraising easier than ever. Your bottle and can refunds can be donated to Millrise Community Association for all our community needs.

How To Donate:

Download the app and book a pickup using https://app.skipthedepot.com/millrisca.

Place your bags outside.

Donate your refund to Millrise Community Association!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!





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OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

MILLRISE | SHAWNESSY | SHAWNEE SLOPES MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

EXPRESS APPLIANCE REPAIR: We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@ expressappliance.ca.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BUSINESS CLASSIFIEDS

VIOLIN LESSONS WITH ARCOMUSE: Fall registration now open! Enjoy one-on-one instruction and learn how to play the violin in the comfort of your own home! Beginners welcome, adults and seniors are strongly encouraged to join, but open to all! No tests or exams, simply learning for the love of music. Find your muse at arcomuse.com.

AFFORDABLE DENTAL CARE MINUTES FROM MILLRISE | **SHAWNESSY** | **SHAWNEE SLOPES!** Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters.com. Save money, smile, be happy!

HURTING? We're here for you. Renewing Hope (mental health): Mondays starting September 11; Divorce Care: Wednesdays, September 13; Grief Support: Thursdays, September 14; Marriage 911: Sundays, September 17; Celebrate Recovery: Tuesdays year-round; all at FAC Deerfoot Campus (12345 40 St SE). To learn more and to register, call 403-252-7572 or visit faccalgary.com.

IS THERE MORE TO LIFE THAN THIS? ALPHA: Ask anything about life, faith, and God, Thursdays, 6:30 to 8:30 pm starting September 28 at FAC Deerfoot Campus (12345 40 St SE) and FAC Southwest Campus Office & Ministry Centre in Bridlewood. Dinner included. To learn more and to register, call 403-252-7572 or visit faccalgary.com.

FEMALE FAMILY PHYSICIANS ACCEPTING PATIENTS:

Dr. Chioma Pearl Akobondu and Dr. Amy Adilih are accepting new and walk-in patients at Fivecees Medical Centre - 635 Shawcliffe Gate SW. Call 403-457-5009 or email info@fiveceesmedicalcentre.ca.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

HUNTER'S HEATING AND COOLING: Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top quality Lennox air conditioners and furnaces. We also install tank-less water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit www.huntersheating.com.

KIDS STRUGGLING IN MATH? Experienced mathematics tutor with a M.Sc. and a B.Ed. Available for all grades in Mid-Sun. Call Swapna at 438-938-2736, or email swapna.maths.tutor@gmail.com.

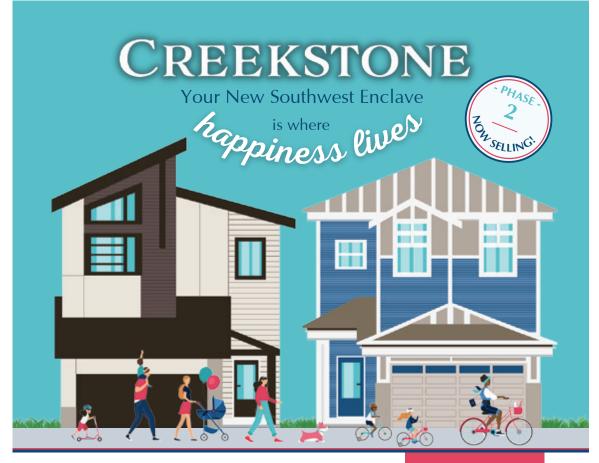
LOCAL HANDYMAN: Available to complete your projects around the home. Plumbing, electrical, drywall repairs, appliance repairs, wall mounted TVs, concealed audio/video wiring, vanities, tiling, luxury vinyl flooring, seniors discounts. No job too small, free estimates. Reliable, conscientious. Licensed and insured. Call Alan at 403-660-3170.

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