# NORTH GLENMORE &

THE OFFICIAL NORTH GLENMORE PARK AND GARRISON GREEN COMMUNITY NEWSLETTER



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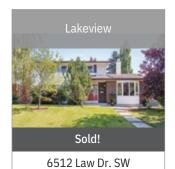
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#### **Community Redevelopment News**

Visit www.ngpca.ca/current-applications for updates and a list of all development applications. The website includes instructions on how to comment on proposed developments.

#### Say Cheese? Or Maybe Not...

Back in the 1840s, instead of saving "cheese," folks opted for "prunes" during photo sessions. Flashing a big grin was considered juvenile at the time. A savvy London photographer advised people to say "prunes" to maintain a more composed expression. This practice, predating the modern "fish face" selfie, harks back a good 180 years.

#### CHURCHES IN AND AROUND NORTH GLENMORE PARK

#### St. James Catholic Parish

Pastor: Fr. Eligio "Eli" Canete 5504 20 Street SW

Weekday Mass: Tuesday through Friday at 9:00 am First Saturday of the Month: 9:00 am

Weekend Mass: Saturday 5:00 pm, Sunday 10:00 am and 12:00 pm

#### **Lakeview United Church**

Minister: Jope Langejans 3023 63 Ave SW

Sunday Services: 10:00 am

#### **Lakeview Baptist Church**

Pastor: Reverend Rick Gordon 5336 Lakeview Drive SW Sunday Services: 9:30 am

#### St. Laurence Anglican Church

Part-time Priest: Carolyn Herold Rector: Rev. Dr. Jane Rowland 5940 Lakeview Dr SW Sunday Services: 10:00 am

#### **Rainbow Christian Church**

Pastor: Yi Zheng 5336 Lakeview Dr SW

Sunday Services: Chinese Sunday Service: 11:15 am

English Service: 9:30 am

#### First Church of the Nazarene

Pastor: Rev. Trent McDowell 65 Richard Way SW Sunday Service: 10:00 am

#### Free Reformed Church of Calgary

Pastor: Chris Mourik 2419 - 54 Avenue, SW

Sunday Service: 9:30 am and 4:00 pm

#### **NORTH GLENMORE PARK SCHOOLS**

#### Schools in and around

#### North Glenmore Park include

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career and Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- · Connect Charter School
- Ecole Sainte-Marguerite Bourgeoys
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary and Junior High (CCSD)



#### On the Cover

North Glenmore Park canine residents Kona and Emi enjoyed the fresh early November snow! Thanks to Tienneke Schuurmans for sending in this photo taken by Brett Calder.

We're always looking for artwork and photos to feature on the cover of the newsletter. Images can highlight North Glenmore Park's natural beauty, or residents enjoying their favourite activities within the community. Please send in jpeg format to generalmanager@ngpca.ca.





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North Glenmore Park **Community Association** 



@ngpca\_yyc





Or visit www.ngpca.ca/memership to purchase or renew online. Name(s): (Please include full names of both partners, if applicable) Postal Code: Phone Number: E-mail: \_\_  $\square$  Yes  $\square_{No}$ I'd like to receive e-mails regarding community news, events & programs: Your personal information will be used for North Glenmore Park Community Association purposes only. Yes, I would consider volunteering my time, interest, or experience in the areas of.... ☐ Special Events Casino / Fundraising ☐ Membership Other: Membership Fees: Family: Includes up to two adults and their children living in the same household and residing in North Glenmore Park, Garrison Green, or Lakeview. FEE = \$25 Senior: Includes up to two adults over the age of 65 living in the same household. FEE = \$10 Associate: Includes up to two adults and their children living in the same household outside of North Glenmore Park, Garrison Green, or Lakeview. FEE = \$35 Additional donation: A tax receipt will be provided. Any size donation is appreciated and will be directed to community association programs and operations.

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To purchase online, please visit www.ngpca.ca/membership or scan the QR code.



#### MEMBER BENEFITS

Please consider buying a community association membership, a cost-effective way to support your community. Benefits include:

- Free Friday morning drop-in playgroup for kids aged 0 to 5 and their caregivers. Watch for updates.
- Access to our babysitter and/or show shoveling registries. Join if you are in need of help or looking for work
- Free drop-in gym time with access to the equipment room on Friday afternoons from 3:30 to 6:00 pm (call ahead for availability other times of the week).
- Free family skating at Flames Community Arenas (Sunday afternoons between October and February).
- Discounted programs such as FUNctional fitness for adults.
- Access to summer day camps for kids aged 6 to 12 years.
- Access to Lakeview Bridge Club. Members can join the Wednesday afternoon bridge club at no cost.
- Discounted birthday parties including two hours of gym time and a bouncy castle.
- Discounted gym and room rentals at the community association facility.
- A community advocate for development and civic affairs, and a vote at the community association's annual general meeting.

To purchase a community membership, visit www. ngpca.ca or complete and return the form found in this publication.



#### **SAFE & SOUND**

#### **Sledding Safety**

by Alberta Health Services

Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

#### **Equipment**

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

#### Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.
- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; never toboggan alone.
- · Tobogganing at night is not advised.

#### **Plan Ahead**

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Attempt to cover any exposed skin.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face, such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm not hot water, until re-warmed.









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MLA Calgary-Elbow Samir Kayande

205 - 5005 Elbow Drive SW T2S 2T6

403-252-0346

□ calgary.elbow@assembly.ab.ca

#### Happy New Year!

I hope your holidays were relaxing and restful and that the new year brings you much joy and happiness. What a year it was! From Stampede, to Pride, to Diwali and Folk Fest, it has been an exciting six months. Truly though, the best part of the job for me has been speaking with and getting to know so many of you. I feel incredibly grateful to be representing such a great community here in Calgary-Elbow.

As your MLA, I have been hearing a lot of concerns over the last few months about Alberta's potential withdrawal from the Canadian Pension Plan. Not to mention concerns over healthcare and the dismantling of Alberta Health Services, and of course, the housing affordability crisis, which has gripped so much of the country and our province.

This province belongs to everyone who built it. Ordinary Albertans. The CPP has allowed Albertans to retire with dignity for the last 60 years. So many of you have written to me because you don't want it to go away, and I've been sharing your desire to keep your CPP with the government at every opportunity.

Should you have any other questions or concerns, my office is located at 205, 5005 Elbow Drive SW. You can also reach me at calgary.elbow@assembly.ab.ca or by phone at 403-252-0346. I am always happy to meet with constituents and listen to what is on your mind.

Once again, thank you to everyone who has taken the time to call, write, and meet with me so far: it is my great honour and privilege to serve the people of Calgary Elbow.





MP Calgary Centre Greg McLean 445 – 1414 8 Street SW Calgary, AB T2R 1J6

403-244-1880 📾 403-245-3468

greg.mclean@parl.gc.ca

Dear Friends,

Happy New Year!

For those of you that follow closely, you know that my parliamentary work is interesting – and I largely focus on the areas where my prior experience and skills lead me to provide input for better solutions than the government is proposing.

This term I was shuffled around, and as Calgary Centre is the most urban riding present in my party, we need voices addressing what is one of the most broken departments in the government, the Standing Committee on Immigration.

We've all seen the problems associated with files touching on immigration:

- Long delays in bringing in new Canadians.
- Family reunification that causes unnecessary angst.
- The botching of getting our allies and their families out of Afghanistan when that regime changed.
- The backlogs in programs from movement in priorities that cause more delays in other areas, and, of course,
- The effect that large immigration flows is having on our national infrastructure combined with the need for the skillsets that are not being provided in our own economy; and,
- The growing out-migration of new Canadians to other countries.

Canada is a country of immigrants, and our doors will always be open to those seeking to build lives, families, and futures here. As much as our government has faltered these past years – in failing to deliver basic services, mismanaging our economy, and becoming less relevant on the international stage – we are still a beacon to many.

Expect to hear more from me on this critical social issue going forward.

Let me take this opportunity to wish you and yours all the best in the new year.

To keep up to date on my work in Parliament, feel free to visit my website, GregMcLeanMP.ca, and feel free to contact me at Greg.McLean@parl.gc.ca or phone my office at 403-244-1880.

Thank you,

Greg McLean, MP



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LAKEVIEW NOVEMBER 2023 STATISTICS



10

LISTINGS

AVERAGE DAYS ON MARKET 18

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NFW LISTINGS 4

AVERAGE DAYS ON MARKET 21

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