

APRIL 2023

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your OAKRIDGE ECHO

THE OFFICIAL OAKRIDGE COMMUNITY NEWSLETTER



THE
HOME HUNTERS
REAL ESTATE GROUP

☎ 403-460-2211

✉ info@thehomehunters.com 🌐 www.thehomehunters.com

📞 Steve Hunter 403-921-0801 Grant Hunter 403-478-9208 Randy Keylock 403-200-1111

Thinking Of Selling?

Call For Your Free Home Evaluation Today!

📍 #115, 5504 Macleod Trail SW



THE
HOME HUNTERS
REAL ESTATE GROUP

WHAT'S HAPPENING IN OAKRIDGE

OAKFEST

May 6th
Oakridge Community Centre



OAKRIDGE PARADE OF GARAGE SALES

June 4th
Oakridge Community



Low Inventory In Oakridge



Please contact The Home Hunters Real Estate Group if you have questions about the local real estate market or if you're considering selling in 2023!



Townhouses:



0

Active Listings



4 Sales

Since Jan 1/23



Single Family Homes:



3

Active Listings



5 Sales

Since Jan 1/23

May your troubles be less and your blessings be more, and nothing but happiness come through your door.



403-460-2211 info@thehomehunters.com www.thehomehunters.com #115, 5504 Macleod Trail SW
Steve Hunter 403-921-0801 Grant Hunter 403-478-9208 Randy Keylock 403-200-1111

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
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\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca

PROTECTING FAMILIES

PROTECTING FAMILIES

IS YOUR WILL UP TO DATE?
DO YOU HAVE AN ENDURING
POWER OF ATTORNEY?
DO YOU HAVE A
PERSONAL DIRECTIVE?

We can help:

✓ House calls ✓ Reasonable fees
Location: Palliser

403-669-3355



CAMERON LAW
A LIFETIME OF EXPERIENCE

FAMILIES






WEST PEAKS
DENTAL SUITE

We are excited to welcome you to our brand
new location opening March 2023!

Dr. Adrian Harbison and Dr. Sean Carey along with the
the rest of the West Peaks Dental Team look forward
to meeting you!

Book Now



 Suite 205, 125 Oakmoor PI SW
Calgary, AB T2V 4A3
 (403) 281-4264
 westpeaksdentalsuite.ca



OAKRIDGE COMMUNITY ASSOCIATION

Complex

9504 Oakfield Drive SW
Calgary, Alberta T2V 0L1
Telephone: 403-238-0007
Fax: 403-238-1115
Email: oakcomm@telus.net
www.oakridgecommunity.ca

Office Hours

8:00 am to 4:00 pm weekdays

Complex Manager

Sandy Fitzgibbon

Maintenance

Ron Lukie, Jay Stewart,
Matt Brewster

Hall Rentals

- Contact Sandy weekdays at the centre, 8:00 am to 4:00 pm.
- Space available for socials, meetings, wedding receptions
- Our large hall holds approximately 200 people with kitchen facilities

Social Media

The Oakridge community is now on Facebook and Instagram!

Please follow and like us to get all the latest news and community updates!

 OakridgeCommunityCalgary

 oakridgecommunityassociation

Oakridge Community Centre Abuse Policy

The Oakridge Community Centre values its staff, volunteers and patrons of the facility. In order to provide a safe and healthy environment, we are a zero-tolerance facility. Abuse or harassment towards volunteers, staff and patrons will not be tolerated.

EXECUTIVE

President	Brian Pedlar	587-830-2793
Past President	Gerry Stoddart	403-238-9715
Treasurer	Matt Joyce	587-215-2529
Secretary	Birgit Granberg	403-472-3301
VP Complex	Jim Anderson	403-970-4211
VP Membership	Lincoln Mitchell	403-471-4170
VP Social	Dave Thomson	403-835-7475
VP Sports	Steve Hunter	403-921-0801
VP Fundraiser	Vacant	
VP Civic Affairs	Hugh Stewart	403-386-0304
VP Civic Affairs	Terry Kemp	403-616-9935
VP Community Affairs	Dale Evans	403-281-3473
VP Communications	Gary Davies	587-890-8609
Directors at Large	Ian MacRae, Rachael McCarthy	

DIRECTORY

Beavers/Cubs/Scouts	Lori Baher loribaher@hotmail.com	403-253-8662
Before/After School Care	Kelly Krebs	403-238-9322
Bingo Volunteers	Sandy Fitzgibbon	403-238-0007
Silverbirch Girl Guides	anycalgarysilverbirch@girlguides.ca	
Neighbourhood Partnership Coordinator	Cathi Groves	403-476-7290
Oakridge Curling Club	Rick Waraksa oakridgecurling@gmail.com	403-281-4733
Elm Obedience School	Eda Milne	403-281-7937
Holiday Adventures	Kelly Krebs	403-238-9322
Jump Start	Kelly Krebs	403-238-9322
Line Dancing	Mary Rochfort	403-238-4692
Netball	Paula MacWilliam	403-281-8348
Quick Fit	Sandy Fitzgibbon	403-238-0007
Ringette	Steve Hutchison	403-238-3538
Soccer	Gene Pawlak	403-238-2199
Southwest Hockey Association	admin@southwesthockey.ca	
Weaselhead Society	Maureen	403-701-7474
Yoga with Jane		403-281-7553
Learning Experience Preschool	Nicole Rosendorff	403-460-0389
Tai Chi with Jane		403-281-7553
Oakridge Community Garden	Bev Romerman	587-437-2494



Keep the Oakridge Community Centre Smoke-Free

Please be aware that smoking is not permitted within 5 metres of the Oakridge Community Centre entrance, per City of Calgary Bylaw 57M92 the provincial Tobacco Reduction Act.

The Tobacco Reduction Act prohibits smoking in public places and workplaces, and within 5 metres of any doorway, window or air intake. If you do smoke, please be sure to do so at least 5 metres from the entrance. We appreciate your cooperation.

Oakridge Community Garden (OCG)

Most of our raised beds have now been rented out. If you want to stay connected with our activities, please join us as a Level 1 member. Please register at <https://www.oakridgecommunity.ca/>.

This will be our fourth growing season. It is an exciting time to be planning to plant more edibles in our rented and common beds, including the vertical garden. There is such a diverse selection of edibles from many countries that we can try to grow and share with our families and friends. Have you started to plan for your gardening in 2023? It's never too late! Come join our fun-loving, nature-focused, 'green' volunteers, both novices and experienced gardeners – we are all interested in learning more.

Our perennial garden and food forest is filling out and the recent addition of a wooden canoe to reflect our 'Weaselhead' theme should enable gardeners and local residents to reflect on nature, smell the 'roses', and watch the blooming flowers and busy pollinators. Everyone is invited!

Please use our free, little library so others can enjoy the books you have read or drop by and visit our notice board for more info on the OCG.

We hope to have some OCG member only events and visits in 2023 but also some more community events in the OCG and surrounding green spaces.



SCAN HERE TO VIEW ADDITIONAL OAKRIDGE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Looking For Volunteers

If you have ideas about potential community events and some time to help organize them, the Oakridge Community Association would like to hear from you. Please send us an email to oakcomm@telus.net with your idea(s) and contact information, and we will be in touch.

VOLUNTEER



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FRIENDS *of* Fish Creek

April in Fish Creek

Fish Creek Community Terrace

Phase 3 Bricks are Available – Reserve Yours Before June 1

Dedicate a brick within the Fish Creek Community Terrace to help support the Friends and our conservation efforts here in Fish Creek Provincial Park. A brick would also make an amazing gift for anyone you know who enjoys visiting this unique and ecologically diverse urban park. If you have a small business near the park, consider dedicating a brick for your company. Bricks are only \$250 each and you will receive a tax receipt for your contribution. There are limited spaces available in the Fish Creek Community Terrace so make sure to dedicate your brick today! For more information, please contact the Friends of Fish Creek or visit <https://friendsoffishcreek.org/programs/brick>.

Volunteers Needed

Do you have free time and want to take part in volunteering opportunities occurring in Fish Creek Provincial Park? The 2023 volunteering season is just around the corner, and no matter your skill level or availability, we have a volunteer activity that is perfect for you. If you are looking to get outside and get your hands dirty, then you might like stewardship programs like invasive species management or restoration. One of the biggest environmental concerns in the park is invasive plant species and we need your help to locate and remove these plants and help minimize their impact on this park. You can also support biodiversity in Fish Creek through our restoration program by helping with pruning, staking, flagging, weeding, repairing fences, maintaining the stewardship vehicles, and so much more! The Friends are also looking for Park Watch Stewards and Fish Creek Ambassadors to help park visitors and engage with community members. Get to know the park and meet some amazing people here in the Fish Creek community. We look forward to working with you to bring the Friends' 2023 volunteer programs to life! For more information, please visit <https://friendsoffishcreek.org/volunteering-basics>.



Park Protectors Needed

Now is the perfect time of year to become a Fish Creek Provincial Park Protector! Fish Creek is a cherished natural green space that we are fortunate to have in the city, and all of the Friends' programs and activities are designed to help preserve biodiversity and ensure a sustainable park environment. The Park Protector monthly donor program is the most convenient way to support Fish Creek Provincial Park every day and you can rest assured that your hard-earned donation will be used effectively and efficiently right here in Fish Creek. For more information, please visit <https://friendsoffishcreek.org/park-protector-signup>.

Tru Earth Household Products – A New Partnership with Fish Creek

The Friends are pleased to partner with Tru Earth, a Canadian company that focuses on creating eco-friendly household goods. Order your Tru Earth household products today and the Friends of Fish Creek will earn at least 20% of every sale made through this exciting ongoing fundraiser.

**oakridge community
association's**

holiday adventures program

july and august
monday to friday

open 7:00 am to 6:00 pm

closed on all statutory holidays and weekends

The **HOLIDAY ADVENTURES PROGRAM** is licensed by
the Government of Alberta Children's Services.

**Alberta child care subsidy is available
for those who qualify.**

**Come spend the summer
with us!**

**We offer an exciting summer filled with a
variety of activities that provide children
with a wide range of experiences and
play opportunities.**

**With an emphasis on play and fun,
children can develop their leadership
skills, self-esteem, and independence
in a safe and supportive environment.**

oakridge community centre (lower level)

9504 oakfield drive sw

(403) 238-9322 oakbasc@gmail.com



Calgary Co-op Oakridge Development Update

The newly constructed Oakridge Professional Building is open for business!

Many businesses have relocated from the mall and are now operating from their new premises, including Co-op Cannabis, CIBC, Connect First, Hearing Life, Personalized Bookkeeping, Oakridge Denture Clinic, Oakridge Chiropractic, and The Village Studio. Oakridge Dental Clinic and West Peaks Dental Clinic will be opening in late March. We are excited to welcome Easy Blink Optometry/Vision Therapy to the Professional Building this summer.

Demolition of the mall is planned to begin this spring and should be completed by fall. Once complete, construction of a new food store will commence with a planned opening for late 2024.

All existing businesses including the food store, gas bar, and car wash will remain open during the construction period and all efforts will be made to minimize any interruption.

Once the new food store is open, we will demolish the current food store, and begin the final phase of the project which includes residential development slated to be complete for 2026.



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

YOUR CITY OF CALGARY

Weekly Green Cart Returns End of April

from the City of Calgary



Weekly green cart pick up returns the last week of April. Check your schedule at calgary.ca/collection and sign up for reminders, including email, phone, or download the Calgary Garbage Day app.

As you clean up the yard, fill your green cart first, then put extra yard waste in paper yard waste bags. Roll the tops of the bags closed and set them at least two feet to the side of your green cart for collection.

Compost Giveaways

Compost will be available for pick up by online appointment from April 24 to June 10. Appointment bookings will be available on calgary.ca/compost starting April 10.



NEIGHBOURHOOD COFFEE AND CHAT

WEDNESDAY MORNINGS

8 AM – 12 PM

JETANA CONCESSION STAND
OAKRIDGE COMMUNITY CENTRE

OAKRIDGE
DENTURE & IMPLANT
CENTRE



We have moved and changed our name! Our new address is Suite 245 – 125 Oakmoor Plaza SW which is in the new Co-op Professional Centre on the southwest side of the shopping centre. The location has two elevators and ample free parking close to the building for your convenience.

Along with the new location, we are now operating under the name of Oakridge Denture & Implant Centre, which reflects our many professional services.

Charles and the staff look forward to seeing you in our new clinic. Please give us a call to set up an appointment and ensure we are in our new location. Our phone number is still 403-251-1522.

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OakridgeDentureCentre@gmail.com

www.OakridgeDenture.com

403-251-1522

Charles Gulley, DD, F.C.A.D.
Denturist, Denture Specialist

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each month and the
Tuesday that bumps against it

Some exclusions apply, see in store
or website for details.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Dance Compound (Children's Dance) 5:00 – 7:15 pm	4 Line Dancing 5:30 - 8:30 pm	5 Coffee & Chat 8:00 am - 12:00 am Line Dancing 10:00 - 11:00 am Yoga with Jane 7:30 - 8:30 pm	6 Dance Compound 5:45 – 8:00 pm	7 GOOD FRIDAY CENTRE IS CLOSED 	8
9	10 Dance Compound (Children's Dance) 5:00 – 7:15 pm	11 Line Dancing 5:30 - 8:30 pm	12 Coffee & Chat 8:00 am - 12:00 am Line Dancing 10:00 - 11:00 am Yoga with Jane 7:30 - 8:30 pm	13 Dance Compound 5:45 – 8:00 pm	14 Line Dancing 9:30 - 11:30 am	15
16 GLASS FUSION WORKSHOP 2:00 - 4:00 pm	17 Dance Compound (Children's Dance) 5:00 – 7:15 pm	18 Line Dancing 5:30 - 8:30 pm	19 Coffee & Chat 8:00 am - 12:00 am Line Dancing 10:00 - 11:00 am Yoga with Jane 7:30 - 8:30 pm	20 Dance Compound 5:45 – 8:00 pm	21 Line Dancing 9:30 - 11:30 am	22
23 30	24 Dance Compound (Children's Dance) 5:00 – 7:15 pm	25 Line Dancing 5:30 - 8:30 pm	26 Coffee & Chat 8:00 am - 12:00 am Line Dancing 10:00 - 11:00 am Yoga with Jane 7:30 - 8:30 pm	27 Dance Compound 5:45 – 8:00 pm	28 Line Dancing 9:30 - 11:30 am	29

LEARNING EXPERIENCE LTD. PRESCHOOL: Weekdays September to June, 8:30 am - 3:30 pm
 BASIC PROGRAM (SCHOOL-AGE CARE): Weekdays September to June, 7:00 am - 6:00 pm

Oakridge Community Association (OCA): Civic Affairs Report

Climate Change Emergency and OCA Mitigation

The OCA Board is continuing to support the Enmax solar panel roof project with a potential implementation this May. We continue to look at other climate enhancing opportunities such as bike racks and electric charging stations as part of an expanded car park, growing trees, working with the Oakridge Community Garden, etc. We are also discussing other improvements with 'Oh My Oakridge' such as bike routes between green spaces.

District 32

We should have held our next meeting #19 on Thursday, March 9 at 7:00 pm to discuss implications of our LAP postponement. We are in parallel monitoring The Heritage Communities LAP or Growth Plan which is currently in Phase 4. It will be brought forward to the Infrastructure and

Planning Committee (IPC) on April 5. Details of the LAP can be found at: <https://engage.calgary.ca/heritage> and we hope to learn more from their experience.

Oakridge Upgrade Projects

Regarding our list of common Oakridge projects shared with our Ward 11 representatives, we are cautiously optimistic that some of our projects will get approved and implemented, especially the road safety ones. Please also use the City of Calgary 311 line or visit <https://www.calgary.ca/311.html> to document any road safety or infrastructure issues. Please copy the OCA giving us your service request number, so we can evaluate and possibly add to our OCA Oakridge list of projects, mentioned above, that need addressing. If you want to follow up with any service request numbers that do not seem to be moving, please contact office ward11@calgary.ca and they can support/investigate further, but make sure you have your service request number.



Bicycle Helmet Safety

from Alberta Health Services

Head injuries are the leading cause of serious injury and death to kids on wheels*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life
- Brain injuries can cause permanent disability or death
- Reduce your risk by always wearing your helmet
- Replace any helmet that has been involved in a crash, even if it appears undamaged

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them
- Start the habit early. Young children learning to ride tricycles need to wear helmets
- Parents must lead by example – always wear a helmet when cycling

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash
- When worn properly, helmets should fit level, not tilted up, or down over the forehead
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened
- Adjust the chin straps to form a "Y" below and slightly forward from the ears
- Only one finger should be able to fit under the chin strap when it is fastened
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort, and safety.

* Parachute Canada: <http://www.parachutecanada.org/injury-topics/item/wheeled-activities1>.

Help your community and become a BINGO Volunteer!



The Oakridge Community Association requires volunteers to work monthly bingo's at the Bingo Barn in NE Calgary.

For each bingo worked you would receive a **\$50 Bingo Buck** that can be spent on any activity that is run through the Community as well as numerous sports organizations, Learning Experience Ltd. Preschool, BASC and HAP Programs, and Southland Leisure Centre just to name a few!

Please contact Sandy if you can help out at
(403) 238-0007 oakcomm@telus.net

OAKRIDGE COMMUNITY ASSOCIATION'S

QUICKfit

30 MINUTE
CO-ED CIRCUIT TRAINING



FEES

Individual: \$200.00/ calendar year (unlimited visits)

COMMUNITY MEMBERSHIP (also required)

Adult \$40.00

Family \$40.00

Seniors (60+) \$20.00

(Community Membership is from May 1 to April 30)

HOURS

Monday to Thursday
Friday
Saturday
Sundays / Holidays

Sept to June

8 am to 8 pm
8 am to 4 pm
8 am to noon
closed

July / Aug

8 am to 5 pm
8 am to 5 pm
closed
closed

REGISTRATION

Sandy (403) 238-0007
oakcomm@telus.net

LOCATION

Oakridge Community Centre - Main Level
9504 Oakfield Drive SW T2V0L1

OAKFEST

A social event to celebrate spring and new beginnings;
reconnect with old friends and make new ones.
Food Trucks on site for your dining pleasure.

LIVE MUSIC

Courtesy of The Dino Martinis

The Dino
Martinis

Arena inside the Oakridge Community Centre

May 6, 2023
7:00pm - 12:00am

TICKETS:

\$20 prepurchase || \$30 at the door.
Purchase at www.Oakridgecommunity.ca
or through your favorite OCA Board Member
Licensed Event 18+ with Proof of ID required.

www.oakridgecommunity.ca





Oakridge Racquet Club 2023 Summer Program

9504 Oakfield Dr SW Calgary AB (403) 238-0007

Email: oakcomm@telus.net oakridgecommunity.ca

ORC

MEMBERSHIP

An annual Oakridge Community membership is required to join Oakridge Racquet Club. ORC membership includes online booking for play and drop-in sessions. To purchase your community membership please go to our website at oakridgecommunity.ca and click on [purchase your association membership](#). Then continue with purchasing your ORC membership.

Oakridge Community Membership

Membership Type	Annual Fee
Household	\$40
Senior Household	\$20

Oakridge Racquet Club Membership

Membership Type	Early Bird April 30th	Regular Season
Individual	\$113	\$118
Senior	\$88	\$93
Couple	\$195	\$205
Senior Couple	\$175	\$185
Family - with kids under 18	\$225	\$235
Junior - under 18 not with family	\$25	\$25

EARLY BIRD pricing in effect from February 15 to April 30, 2023

Regularly Scheduled Drop-in Sessions

Tennis

Day	Time
Mon/Wed/Fri	9:30-11:30am
Thursday	6:30-8:30pm
Saturday	9:30-11:30am
Sunday	3:00-5:00pm

Pickleball *(usually held on courts 5 and 6)*

Day	Time
Tuesday/Thursday	9:30-11:30am
Thursday	6:30-8:30pm
Saturday	9:30-11:30am
Sunday	9:30-11:30am

GLASS FUSION WORKSHOP

April 16, 2023 2:00 – 4:00 pm

Upper Level - Oakridge Community Centre
All welcome ages 5 to 95 years old!

Do you want to make something special for Mom for Mother's Day?
Are you looking for that unique yet personal gift to give someone special? Or have you always wanted to unleash your inner artist and create something for yourself to enjoy?

Anna Bilek from the
Passion for Glass Gallery and Studio will be your instructor.

Dive into colour! Instead of using paint, you will be using art glass, instead of using brushes, you will be using pieces of coloured and transparent glass.

Anna will show you how to design and construct your pieces, fusing the glass will complete the project.
The result is a spectacular piece of art that can be given as a one-of-a-kind gift or enjoyed by yourself for years to come!

No experience is necessary.
Children as young as 5 are encouraged and welcome.
Anna will lead you step by step into the world of glass fusion!

REGISTER ONLINE at oakridgecommunity.ca

Members: \$30.00/person **Non-Members:** \$40.00/person

PLEASE NOTE:

When registering please choose your project as supplies will need to be pre-ordered.
Options are a 6 x 6" plate, or 4 x 7" wave, or 4 x 6" picture with frame or stand.

Residential Traffic Concerns

The Residential Traffic Safety Unit (RTSU) is a unit created to specifically address residential traffic issues. Our strategy is to utilize citizen feedback to develop our operational response. We focus on playground zones, pedestrian rich areas, and other high-risk locations identified through collision data analysis. The RTSU is attached to the Traffic Section of the Calgary Police Service.

We strongly emphasize public awareness and education, facilitating citizen engagement by attending Community Association Board meetings to discuss the Traffic Service Request System (TSR). The TSR is a key tool to help Calgary Police Service monitor and track traffic safety issues.

The RTSU also utilizes strong collaborative relationships with City partners on traffic concerns requiring resolutions other than enforcement, such as sign changes, installation of crosswalks, Rectangular Rapid Flashing Beacons, extension of playground zones, etc.

We can further assist by liaising with established community partnerships. This includes MLA offices, City Councillor offices, and Neighborhood Committee Coordinators as we continue to expand events attended by the RTSU.

Presidential Raccoon

In 1926, US President Calvin Coolidge was sent a raccoon who was supposed to be cooked for Thanksgiving dinner! Coolidge decided instead to adopt the critter. The family named her 'Rebecca' and gifted her with an engraved collar saying, "White House Raccoon."



Speed Awareness and Enforcement Month

by Cst. Jeff LEIMER #3503, Calgary Police Service, CPS, Traffic Section, Residential Traffic Safety Unit, RTSU

April is Speed Awareness and Enforcement Month. Fines start at 1 km/h over the speed limit at \$81 and go up to 50 km/h at \$495. Demerit points are assessed to speed fines starting at 2 demerits and increase as speed increases.

Speed fines double if one is charged for speeding in a construction zone or passing emergency vehicles or tow trucks. If speeds are in excess of 50 km/h over the speed limit, the ticket will be for mandatory court in which the courts will set the fine and license suspension timeline.

Starting March 1, 2023, a change to the Traffic Safety Act (TSA) occurred, being that all lanes of travel must slow to 60 km/h when passing emergency vehicles when traveling in the same direction. This is a change in that currently it is only the lane adjacent or one lane beside the emergency vehicle that must slow. You wouldn't want an emergency vehicle ripping past you in your office, would you?

In relation to speed, the distance your vehicle travels increases considerably for reaction time and braking distance if an emergency arises. Consider the following which is based on an average vehicle in good repair driving on a dry road in good condition at 50 km/h.

- Average perception and reaction time is 1.5 seconds (brain to see danger and then reaction time to step on brakes). This can vary depending on driving experience.
- Vehicle travels approximately 18 m/sec at 50 km/h.
- Vehicle from start of braking to complete stop takes approximately 25 metres.
- So, it will be approximately 60 metres of travel distance (half a football field).
- At 100 km/h, you can quadruple that distance, so approximately 200 metres (two football fields) to stop.

So, something to remember is that this is for ideal road conditions; wet and snowy conditions will extend this considerably.

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and counsel to meet
your legal needs

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at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Oakridge. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

OAKRIDGE MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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