夏OAKRIDGE 뚪

THE OFFICIAL OAKRIDGE COMMUNITY NEWSLETTER







Community Resident and Market Specialist



#115, 5504 Macleod Trail SW

Steve Hunter 403-921-0801 Grant Hunter 403-478-9208 Randy Keylock 403-200-1111





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New Location Now Open!

Dr. Adrian Harbison and Dr. Sean Carey, along with the the rest of the West Peaks Dental Team look forward to meeting you!



쏡 Suite 205, 125 Oakmoor Pl SW Calgary, AB T2V 4A3

(403) 281-4264

mestpeaksdentalsuite.ca



OAKRIDGE COMMUNITY ASSOCIATION

Complex

9504 Oakfield Drive SW Calgary, Alberta T2V 0L1 Telephone: 403-238-0007 Fax: 403-238-1115 Email: oakcomm@telus.net www.oakridgecommunity.ca

Office Hours

8:00 am to 4:00 pm weekdays

Complex Manager

Darrell Ogden

Maintenance

Ron Lukie, Jay Stewart, Matt Brewster

Hall Rentals

- Contact Darrell weekdays at the centre, 8:00 am to 4:00 pm.
- Space available for socials, meetings, wedding receptions
- Our large hall holds approximately 200 people with kitchen facilities

Social Media

The Oakridge community is now on Facebook and Instagram!

Please follow and like us to get all the latest news and community updates!

■ OakridgeCommunityCalgary

(i) oakridgecommunityassociation

Oakridge Community Centre Abuse Policy

The Oakridge Community
Centre values its staff,
volunteers and patrons of the
facility. In order to provide a
safe and healthy environment,
we are a zero-tolerance facility.
Abuse or harassment towards
volunteers, staff and patrons will
not be tolerated.

EXECUTIVE

President	Brian Pedlar	587-830-2793
Past President	Gerry Stoddart	403-238-9715
Treasurer	Matt Joyce	587-215-2529
Secretary	Birgit Granberg	403-472-3301
VP Complex	Jim Anderson	403-970-4211
VP Membership	Lincoln Mitchell	403-471-4170
VP Social	Dave Thomson	403-835-7475
VP Sports	Steve Hunter	403-921-0801
VP Fundraiser	Vacant	
VP Civic Affairs	Hugh Stewart	403-386-0304
VP Civic Affairs	Terry Kemp	403-616-9935
VP Community Affairs	Dale Evans	403-281-3473
VP Communications	Gary Davies	587-890-8609
Directors at Large Ian MacRae, Rachael McCarthy		

DIRECTORY

DIRECTORT				
Beavers/Cubs/Scouts	Lori Baher Ioribaher@hotmail.com	403-253-8662		
Before/After School Care	Kelly Krebs	403-238-9322		
Bingo Volunteers	Darrell Ogden	403-238-0007		
Silverbirch Girl Guides	anycalgarysilverbirch@girlguides.ca			
Neighbourhood Partnership Coordinator	Cathi Groves	403-476-7290		
Oakridge Curling Club	Rick Waraksa	403-281-4733		
	oakridgecurling@gmail.com			
Elm Obedience School	Eda Milne	403-281-7937		
Holiday Adventures	Kelly Krebs	403-238-9322		
Jump Start	Kelly Krebs	403-238-9322		
Line Dancing	Mary Rochfort	403-238-4692		
Netball	Anna Rocha	403-608-2646		
Quick Fit	Darrell Ogden	403-238-0007		
Ringette	Steve Hutchison	403-238-3538		
Soccer	Gene Pawlak	403-238-2199		
Southwest Hockey Association	admin@southwesthockey.ca			
Weaselhead Society	Maureen	403-701-7474		
Yoga with Jane		403-281-7553		
Learning Experience Preschool	Nicole Rosendorff	403-460-0389		
Tai Chi with Jane		403-281-7553		
Oakridge Community Garden	Bev Romerman	587-437-2494		

Solution Keep the Oakridge Community Centre Smoke-Free

Please be aware that smoking is not permitted within 5 metres of the Oakridge Community Centre entrance, per City of Calgary Bylaw 57M92 the provincial Tobacco Reduction Act.

The Tobacco Reduction Act prohibits smoking in public places and workplaces, and within 5 metres of any doorway, window or air intake. If you do smoke, please be sure to do so at least 5 metres from the entrance. We appreciate your cooperation.

Oakridge and Area Seniors Update

The Oakridge and Area Seniors warmly extend our invitation to weekly calendar events which mainly include Tuesday walks, Wednesday Chats and Learning, plus various Thursday innovative opportunities. The monthly calendars are posted on bulletin boards all around the Oakridge Community Centre.

We are a growing group that values developing enjoying the outdoors, friendships, assisting housebound residents, and adding leadership for intergenerational community activities.

Join us every Wednesday at the Oakridge Community Centre from 9:15 to 11:15 am for coffee and chat. This age-friendly activity is open to everyone.



7 2 4 6 6 8 9 2 8 3 7 1 5 8 4 9 7 7 1 5 9 1 3 8 9 7 8 6 2 5 8 6 4 3 5 7 8

SCAN THE QR CODE

FOR THE SOLUTION

Looking For Volunteers

If you have ideas about potential community events and some time to help organize them, the Oakridge Community Association would like to hear from you. Please send us an email to oakcomm@telus.net with your idea(s) and contact information, and we will be in touch.





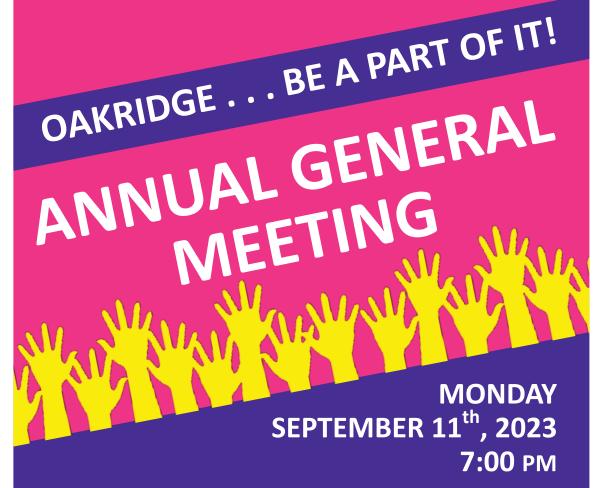
Help your community and become a **BINGO** Volunteer!



The **Oakridge Community Association** requires volunteers to work monthly bingo's at the Bingo Barn in NE Calgary.

For each bingo worked you would receive a \$50 Bingo Buck that can be spent on any activity that is run through the Community as well as numerous sports organizations, Learning Experience Ltd. Preschool, BASC and HAP Programs, and Pawticular just to name a few!

Please contact Darrell if you can help out at (403) 238-0007 oakcomm@telus.net



The Oakridge Community Association (OCA) is holding its

ANNUAL GENERAL MEETING on

MONDAY SEPTEMBER 11th, 2023 at 7:00 pm. The OCA Executive and Board of Directors invite all Oakridge residents to attend. Anyone wishing to be included on the agenda or wishing to participate in discussion, as per OCA bylaws, must have a current community membership.

SEE YOU THERE!

SEPTEMBER 2023

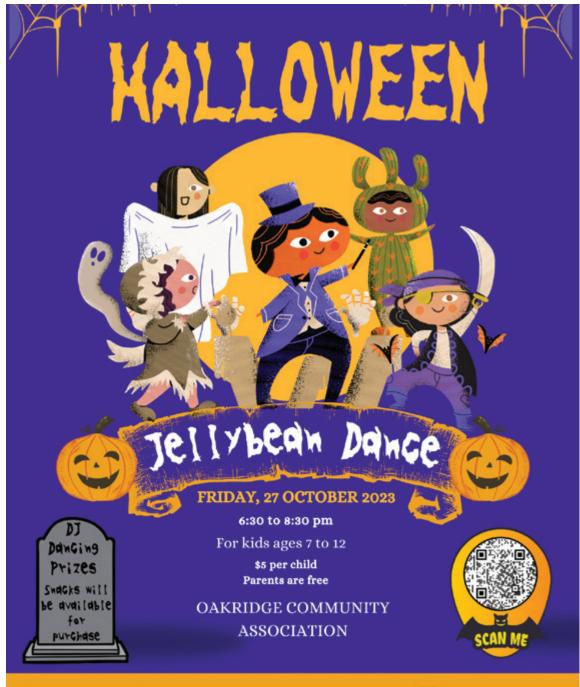
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
Labour Day Centre Closed	Line Dancing 5:15p-8:30p	6 Yoga 9:15a-10:30a Coffee & Chat 9:15a-11:15a Yoga 7:30p-8:30p	7 Line Dancing 9:55a-12:00p	Line Dancing 9:30a-11:35a	Oakridge Run 8:30a	10
11 Yoga 9:15a-10:30a OCA AGM 7:00p	12 Death Education Series 10:00a-11:30a Line Dancing 5:15p-8:30p	13 Yoga 9:15a-10:30a Coffee & Chat 9:15a-11:15a Yoga 7:30p-8:30p	Line Dancing 9:55a-12:00p	Line Dancing 9:30a-11:35a	Movie In The	17
18 Yoga 9:15a-10:30a	19 Death Education Series 10:00a-11:30a Line Dancing 5:15p-8:30p	20 Yoga 9:15a-10:30a Coffee & Chat 9:15a-11:15a Yoga 7:30p-8:30p	21 Line Dancing 9:55a-12:00p	Line Dancing 9:30a-11:35a	23	24
25 Yoga 9:15a-10:30a	Death Education Series 10:00a-11:30a Line Dancing 5:15p-8:30p	27 Yoga 9:15a-10:30a Coffee & Chat 9:15a-11:15a Yoga 7:30p-8:30p	Line Dancing 9:55a-12:00p	29 Line Dancing 9:30a-11:35a		



Metanoia: noun (met-uh-noi-uh)

A transformative change of heart.

"Upon finishing her book, Alice experienced a metanoia."





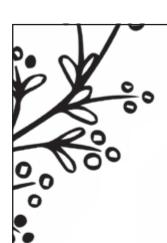




403-238-0007 m www.oakridgecommunity.ca/jellybean



oakcomm@telus.net



Social Grounds

NOW OPEN



Join us for Coffee, Ice Cream, Yoga, DIY & all things social.

> #11, 3109 Palliser Dr. SW (next to the Apple Lady)

Business Hours:

Monday- 7am-4pm Tuesday-7am-4pm Wednesday- 7am-4pm Thursday-7am-8pm Friday-7am-8pm Saturday-10am-4pm

www.socialgroundsyyc.ca







OAKRIDGE COMMUNITY ASSOCIATION'S







Individual: \$200.00/ calendar year (unlimited visits)

COMMUNITY MEMBERSHIP (also required)

Adult \$40.00 Family \$40.00 Seniors (60+) \$20.00

(Community Membership is from May 1 to April 30)

HOURS

 URS
 Sept to June
 July / Aug

 Monday to Thursday
 8 am to 8 pm
 8 am to 5 pm

 Friday
 8 am to 4 pm
 8 am to 5 pm

 Saturday
 8 am to noon
 closed

 Sundays / Holidays
 closed
 closed

REGISTRATION

Sandy (403) 238-0007 oakcomm@telus.net

LOCATION

Oakridge Community Centre - Main Level 9504 Oakfield Drive SW T2V0L1



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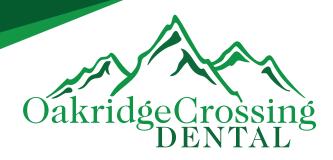
F45 **PUMP HILL**

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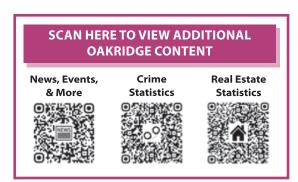


SCAN TO BOOK
AN APPOINTMENT



*Open two Saturdays per month







This is the case for South Sudan in Africa; in 2011, they gained independence from Sudan, making them the youngest country on Earth! Other young countries include Kosovo (2008), Montenegro (2006), and Serbia (2006).



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calgarymatandlinen.com





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OAKRIDGE MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

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BUSINESS CLASSIFIEDS

PLUMBING PARAMEDICS: Your community plumbing and furnace experts! Licensed, insured, and fully quaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

JUNK TO THE DUMP / ODD JOBS: Safety starts with a clean and clutter free environment. Disposal of any household unwants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/ electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

PLUGIN ELECTRICAL SERVICES: We are your nextdoor electrician, a family-owned company with over 18 years of experience. From adding lights or plugs, smart switches, panel upgrades to home renos, we're here for all your needs. Our goal is always 100% customer satisfaction. Call Raph at 403-629-6726 or email pluginelservice@gmail.com for a free quote.

ACUMEN APPLIANCE REPAIR: Locally based company. Home appliances repair and installation, lint vent cleaning. All kinds and makes: stoves/ovens/ ranges, fridges, freezers, washers/dryers, dishwashers, microwaves, trash compactors. Flexible hours, evening and weekend visits are available. Discounts for senior customers. Call at 587-997-4824 or e-mail acumenappliance@gmail.com.

PR HANDYMAN: All exterior repairs and renovations: fences, decks, railings, stairs, sheds, garages. Prep/ place/repair all styles of concrete/parging. All interior repairs/renovations: drywall, paint, plumbing. Kitchen and bathroom renovations, basement renovations. No job too small! Seniors' discount. Fully-insured. Sheldon, 403-975-5562.

EXPERIENCED LOCAL HANDYMAN-CONTRACTOR: Whatever your home improvement project may be, our team of experts can help. Fully insured and licensed with the city. 15% seniors discount. Call us today for a

free quote. 403-255-5115.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

GIFT SHOP: Your community shop for personalized gifts for any occasion. I specialize in custom permanent designs on drinkware, apparel, puzzles, pillowcases, home decor items, and much more. Custom orders are our jam. Everything is handmade by myself with love. Find us on FB: Sentiments by SZ, or call Syeda at 587-435-6341. Email sentiments 2017@gmail.com.



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MEMBERS SKATE

Starts September 12, 2023



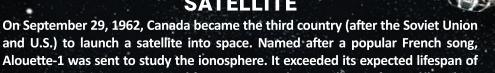




FOR MORE INFO CALL 403-238-0007

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403-251-1522

Charles Gulley, DD, F.C.A.D. Denturist, Denture Specialist

OAKRIDGE SEPTEMBER

market

SINGLE FAMILY



ACTIVE: 1



SOLD: 9



PENDING: 2

ROW/TOWNHOUSE



ACTIVE: 3



SOLD: 11



PENDING: 1

Above stats are current within the last 60 days.



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THINKING OF SELLING? CONTACT ME FOR YOUR FREE MARKET EVALUATION.

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