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## Get involved now until October 24, 2023

- Provide input online at calgary.ca/WestElbowPlan
- Check your mailbox for an engagement booklet which includes a feedback form that can be mailed in with prepaid postage included.
- Attend an in-person or virtual engagement session – check out the schedule online at calgary.ca/ WestElbowPlan

# Apply to join a West Elbow Working Group

#### We Need you!

Interested in getting involved at a deeper level? Apply to join one or both working groups:

- 1. The West Elbow Local Area Planning Working Group will provide feedback on a wide range of topics connected to the entire West Elbow Communities area.
- 2. The West Elbow Heritage
  Guidelines Working Group
  will provide feedback on
  heritage guidelines, so that new
  developments complement
  identified heritage assets within
  the West Elbow area.
- Apply online by October 24, 2023 at calgary.ca/ WestElbowPlan

# Share your thoughts on the future of your community

# West Elbow Communities Local Area Planning

We want to hear from you about the past, present, and future of your community and the surrounding West Elbow Communities: Altadore, Bankview, Cliff Bungalow, Elbow Park, Erlton, Garrison Woods, Lower Mount Royal, Mission, North Glenmore Park (north of Glenmore Trail SW), Richmond (east of Crowchild Trail SW), Rideau Park, Roxboro, Scarboro (east of Crowchild Trail SW), South Calgary, Sunalta, and Upper Mount Royal.

Your input will help shape a plan for your local area (a local area plan) to guide the evolution of these communities over the next 30 years. The local area plan will provide guidance and direction when ideas for new development, investment, and community improvements are proposed or considered within this area in the future.

Through the first phase of engagement, ENVISION, we're discussing:

- 1. PAST: what is important for people to know about the area's history.
- **2. PRESENT:** opportunities and challenges that exist within the area today.
- **3. FUTURE:** what's important to you and for future generations when thinking about how the area could evolve.







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# **Tomorrow**

### What is a Registered Education Savings Plan (RESP)?

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For more information, call 403-536-6558 or email Financial Wellness @Carya Calgary.ca.



## Cats, Canines, & Critters of Calgary







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Ash, Mckenzie Towne



Sparky, Douglas Glen

To have your pet featured, email news@mycalgary.com

# Fall of the Leaf

In Canada and the US, the season between summer and winter is typically called 'fall.' In the UK, the term 'autumn' (derived from the French word 'automne') is preferred. However, up until the 17th century, the UK also used the term 'fall' as it comes from the Old English word 'feallan,' which means the "fall of the leaf."



## **GREAT NEWS MEDIA**

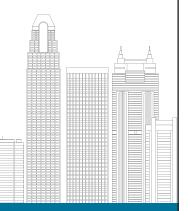
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## Richmond-Knob Hill Real Estate Update

Last 12 Months Richmond-Knob Hill MLS Real Estate Sale Price Update

	Median Asking Price	Median Sold Price
August 2023	\$686,950.00	\$699,250.00
July 2023	\$849,950.00	\$850,000.00
June 2023	\$799,000.00	\$790,000.00
May 2023	\$917,450.00	\$872,500.00
April 2023	\$829,900.00	\$811,000.00
March 2023	\$674,950.00	\$712,000.00
February 2023	\$699,900.00	\$692,000.00
January 2023	\$712,499.50	\$705,000.00
December 2022	\$699,900.00	\$700,000.00
November 2022	\$774,950.00	\$753,500.00
October 2022	\$599,850.00	\$570,000.00
September 2022	\$725,000.00	\$700,000.00

# Last 12 Months Richmond-Knob Hill MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	22	18
July 2023	17	16
June 2023	23	18
May 2023	23	22
April 2023	13	17
March 2023	20	18
February 2023	22	11
January 2023	12	10
December 2022	7	7
November 2022	10	8
October 2022	8	6
September 2022	17	11

To view more detailed information that comprise the above MLS averages please visit **rich.mycalgary.com** 

## Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business



Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep "tunnel" around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in

the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

#### Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle's life as wax has a "memory" so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

#### The Fix

If you have an old candle that's already tunneling, here are two easy ways to fix it:

- 1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
- 2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!



MP Calgary Centre Greg McLean 445 – 1414 8 Street SW Calgary, AB T2R 1J6

greg.mclean@parl.gc.ca

Many of you who have spoken to me over the summer – at festivals, when I knocked on your doors, or at random meetings - are deeply troubled by the intensifying inflation and cost of living crisis. This is being felt particularly in the increased cost of housing; cost of a single-family home in Canada has risen over 80% in the past eight years. Nowhere is the failure of bad fiscal and monetary policy of our federal government being felt more profoundly. Let me caution that the worst is not yet upon us. If mortgage interest rates stay high in Canada for two more years, the impact on mortgagors in Canada will be severe. That is because many Canadians re-mortgaged their homes in 2020, when interest rates were at historic lows. And the most popular mortgage term in Canada is the five-year mortgage. If these homeowners face the increased mortgage cost that is coming, it will increase their payments significantly.

It is essential to recognize this as a policy choice. This is not an accident – it is the outcome of incompetent fiscal and monetary policy. There is a price to pay for this profligacy.

It is not just homes. Even school materials and lunches are now burdensome for many. Recently, the average back-to-school expenditure in Canada reached \$700 per student, with school supply costs jumping a staggering 24% in just two years. StatsCan warns parents of skyrocketing lunch box items: bread and rolls by 8.1%, apples 7.8%, and cookies and crackers a staggering 12.4%. Many families are at their breaking point. We need to change this ASAP.

Please contact me at Greg.McLean@parl.gc.ca or by phone at 403-244-1880 and keep up to date on my work in Parliament on my website, GregMcLeanMP.ca.

Sincerely,

Grea McLean





MLA Calgary-Currie Janet Eremenko 211 – 1608 17 Ave SW Calgary, AB T2T 0E3

403-426-4794

I am in month four as your MLA for Calgary-Currie and I'm delighted to be writing my first letter to you. The summer has been full! Stampede events, meetings with community groups and constituents, travel to Edmonton, and outreach related to my critic file has kept me moving. I am open to meeting with you any time to help, listen, and learn, and to advocate on your behalf.

I want to express my gratitude once again for entrusting me to be your MLA. No matter how you voted in May, my job is to represent your interests, and I have a terrific team to help me fulfill that commitment. This team includes Andrew or Kayla who you might connect with when you contact the office. Together, we've laid out our goals for the months and years ahead: My team and I had some long conversations about what it takes to be a respected and effective MLA. We produced quite an extensive list but here's what we're committed to:

- being prompt and productive in our responses to your inquiries and correspondence
- being respectful and effective in all that we do
- being a strong voice in the Legislature
- increasing our presence and visibility in all Currie communities

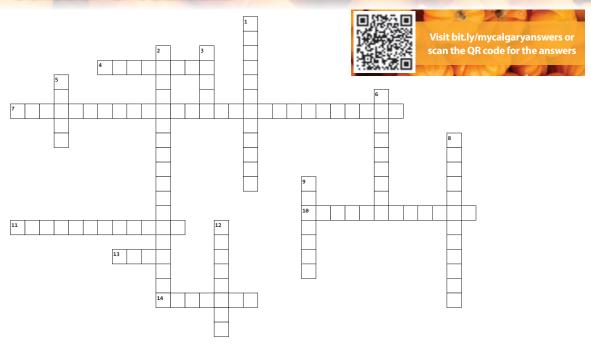
With that in mind, you will see my team and I regularly engaging with Calgary-Currie residents at events, community association meetings, coffee shops, and parks over the course of this term. You can also expect timely responses to your emails, and we might show up at your door to get your thoughts on the direction the government is taking our province. We're also lining up monthly volunteer opportunities for folks to come and join us. I really hope to see you sometime!

Please don't hesitate to email or call with your questions and comments. I'm here to work for you.

Take care for now.



# October Crossword



#### Down

- 1. In October of 2018, the longest postseason Baseball World Series game took place; the LA Dodgers beat the \_\_\_\_\_\_ after 7 hours and 20 minutes.
- 2. Every fall, these majestic, winged insects migrate 4.000 kilometres from Canada to Mexico.
- 3. Born on October 24, 1986, this Canadian rap artist rose to fame on the television drama, *Degrassi*.
- 5. In the Middle Ages, this was used to sweeten candy.
- This traditional Halloween candy was originally called 'Chicken Feed.'
- 8. Hailing from Transylvania, Vlad the Impaler served as inspiration for novelist Bram Stoker's blood-thirsty protagonist, \_\_\_\_\_\_\_.
- 9. In North America, this fruit becomes very popular in October.
- 12. Harvested in October and November in Canada, these legumes are a complete protein, meaning that they have all nine essential amnio acids.

#### Across

- 4. Published on October 27, 2016, this novel by Naomi Alderman depicts a world where females develop the ability to release an electrical charge from their fingers, thus becoming the dominant sex.
- 7. Released on October 29, 1993, this stop-motion film, written by Tim Burton, is a Halloween classic.
- 10. Born on October 9, 1823, \_\_\_\_\_ was the first woman to own and publish her own newspaper, *The Provincial Freeman*, in Canada.
- 11. Observed on October 11, International\_\_\_\_\_ aims to celebrate and empower young girls while advocating for their rights and recognizing the unique challenges that they face.
- 13. October's official birthstone and Australia's national gemstone.
- 14. This 2,000-year-old Celtic festival marks the end of harvest and honours the spirits that are believed to walk the Earth on this day.

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#### YOUR CITY OF CALGARY



# Flame-Proof Your Kitchen: Fire Prevention Week Puts Safety on the Front Burner!

from the City of Calgary

As autumn begins to set in and the cozy scent of comfort foods fills the air, we're reminded of the joys of cooking in our kitchens. With the joy of cooking, it's essential to remember our responsibility for fire safety.

This year, from October 8 to 14, the Calgary Fire Department (CFD) is proud to observe Fire Prevention Week with the theme, "Cooking safety starts with you. Pay attention to fire prevention."

Cooking-related incidents are the leading cause of indoor fires and injuries in Calgary. The CFD urges everyone to prioritize safety in the kitchen.

Never leave cooking unattended and set a timer to remind yourself. If you must leave the kitchen, turn off the burners.

Turn pot handles away from the stove's edge. Keep a lid and oven mitt nearby to smother small grease fires.

Maintain a one-meter "kid- and pet-free zone" around cooking areas. This includes tripping hazards such as toys.

#### Additional tips and reminders:

- Keep flammable items away from the stovetop.
- Educate children about hot objects to prevent scalding injuries.
- Grill outdoors, away from structures, with a one-metre safety zone for children and pets.
- Use microwave ovens safely; avoid extension cords and open food cautiously.
- Avoid cooking when tired or after consuming alcohol or medication.

Follow these tips to keep your homes and loved ones safe. Together, we can ensure our kitchens remain places of joy and comfort, free from the risk of fires.

For more information, visit calgary.ca/firepreventionweek or call 3-1-1.



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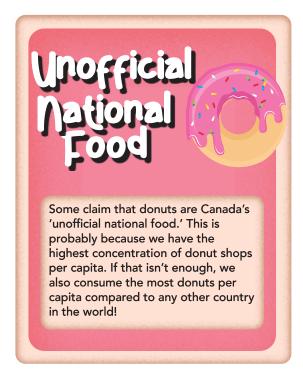


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