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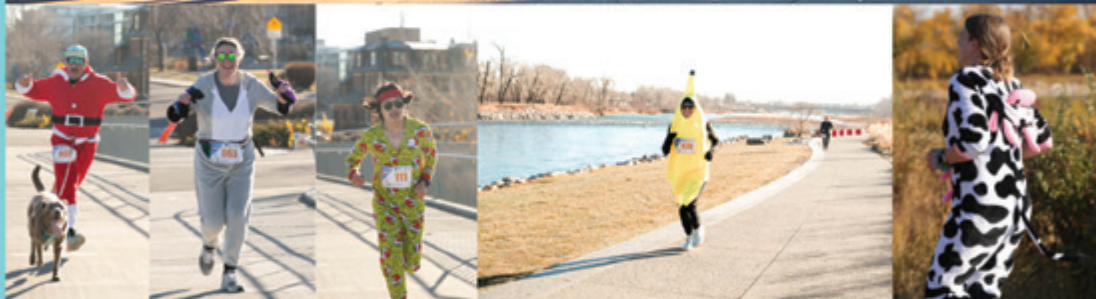
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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

This GoFundMe, created in partnership with her family, is being established to help ease the inconceivable financial hardship they are facing.

The initial \$100,000 fundraising target will help cover immediate expenses, including lodging in Edmonton for Victoria's mother, Colleen (Cousens) Fortuna, and 16-year-old sister, Ariana, both from Calgary. This will also allow Colleen to take necessary time away from work during this period of immense hardship and profound change to focus on Victoria's medical journey and to help her daughters through the unimaginable grief of the sudden, tragic loss of their father.

In the days, months, and years ahead, Victoria will require additional surgeries, extensive rehabilitation, specialized leg prosthetics, intensive mental health support, and enduring general medical care. The financial impact will be significant and ongoing, with future fundraising goals evolving as a result of these needs.

The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.

Scan to donate or visit gofund.me/31fdeef6f

Any help is appreciated ♥



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News, Events,
& More



Crime
Statistics



Real Estate
Statistics



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Rosscarrock Community Association



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Visit us at rosscarrock.org or facebook.com/RosscarrockCommunityAssociation

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Board Meetings

Board meetings are held on the last Monday of each month.

Memberships

Support your neighbourhood by joining our community association. Membership fees (\$10 to \$20) help pay for events, programs, and maintenance of the community hall.

Discover the benefits of a membership and sign up today at rosscarrock.org/membership.

ROSSCARROCK SKILL SHARE OPPORTUNITY



Are you an artist? Do you love to paint? We are looking for a resident in Rosscarrock who has a background in painting and would be willing to teach their skills to residents in Rosscarrock. The art created would be placed in our community hall.

If this is something you are interested in, please reach out to our community social worker, Kellie Nixon, at Kellie.Nixon@calgary.ca.



RCA Corner Notes

For more updates, make sure to select your email preferences in your membership account to receive the monthly Rosscarrock e-newsletter.

We've Partnered with SkipTheDepot!

What is SkipTheDepot? A door-to-door bottle collection service that makes refundable recycling and fundraising easier than 1,2,3.

1. Download the app and book a pickup using <https://app.skipthedepot.com/rosscarrock>
2. Place your bags outside
3. Receive a refund or donate to us!

SkipTheDepot will allow everyone to donate directly to our organization with ease. Spread the word by sharing our SkipTheDepot posts on social media!

Rosscarrock Community Fridge

The community fridge and pantry are always in need of more donations. Learn how to get involved by visiting rosscarrock.org.

New Body, Mind, and Nutrition Programs Started January 2026

Looking for ways to support your body, mind, and nutrition in 2026? The Rosscarrock Community Association has new programs close to home.

Beginning in January, Eagle Light Mountain will host Raw Food Nutrition workshops monthly on Friday evenings, focused on fueling your muscles and supporting overall wellness. Starting this month, they will also offer Raw Food Nutrition sessions for Type 2 Diabetes on alternate Friday evenings.

Interested in gentle movement and connecting with your neighbours? Our popular Move and Mingle program will return, offering an easy way to get moving while building community. We are constantly looking for ways to get programs and services to our membership and residents.

Watch our Instagram, Facebook, and website for more details and other exciting programs coming this year.



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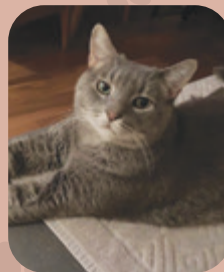
Paws for Celebration!

September is Happy Cat Month! Did you know about 75% of dogs visit the vet annually for checkups and preventative care, while only about 40-50% of cats do? That's why the month of September is dedicated to celebrating and promoting the health and happiness of our feline friends!

Cats, Canines, & Critters of Calgary



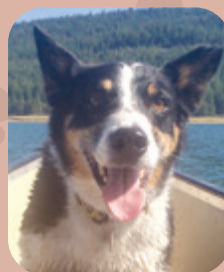
Chet, Auburn Bay



Chet, Erlton



Georgia Bell, Auburn Bay



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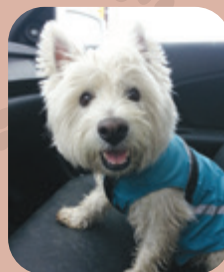
Pete, Rosemont



Rear Admiral Zao,
Crescent Heights



Theodore, Cranston



Tokio, Crescent Heights

To have your pet featured, email news@mycalgary.com

Exciting Things Are Happening at Rosscarrock Community Association!

As summer comes to a close, we are excited to welcome everyone back to the Rosscarrock Community Hall for another season of programs, activities, and community connections. We've been hard at work over the summer making improvements to our facility to create a more welcoming and enjoyable space for all who use the hall. We are also continuing work on several projects designed to improve the accessibility and ease of use of our building for everyone in our community.

This September, we're thrilled to welcome two new programs to the hall!

Line Dance Stampede will be offering line dancing lessons on Monday evenings. Whether you're a beginner or an experienced dancer, it's a great way to stay active, meet new people, and have fun. For more information or to register, contact Diane Seguin at linedance.stampede@gmail.com or 403-470-9868.

We're also pleased to welcome K9 Scent Training, where canine teams will be learning the exciting skill of following scent trails. We look forward to having this unique program become part of our growing community of hall users.

This year is especially meaningful as the Rosscarrock Community Association celebrates 75 years of serving our community! We invite everyone to join us on Saturday, September 19, from 1:00 to 4:00 pm for an afternoon of family fun, activities, and the opportunity to meet your Board of Directors. We want to hear your ideas about how we can continue to make the Rosscarrock Community Hall an even better place for our residents to gather, learn, and connect.

To learn more about our programs, events, rentals, and volunteer opportunities, visit www.rosscarrock.org. We look forward to seeing you at the hall this fall!

Working Together to Keep Our Community Hall Safe

The Rosscarrock Community Association is proud to provide a welcoming space where residents can gather, learn, play, and support one another. One of the ways we do this is through our Community Fridge, which provides food to individuals and families experiencing food insecurity.

Unfortunately, over the past several months we have experienced an increase in acts of vandalism around the Community Hall. Much of the damage has involved unsupervised children, approximately 9 to 13 years of age, damaging signs and removing food from the Community Fridge only to throw it on the ground or throughout the fridge areas.

These actions have a much greater impact than many may realize. Food that could have provided a meal for someone in need must be discarded, creating unnecessary waste, and taking valuable resources away from members of our community who rely on the Community Fridge. Food left on the ground also attracts pests and wildlife, creating additional health and maintenance concerns.

Property damage also increases the operating costs of the Community Hall. Every dollar spent repairing vandalism or replacing damaged signs is a dollar that cannot be invested in community programs, facility improvements, or services that benefit our neighbourhood. Damaged facilities can also create safety hazards for the many children, families, seniors, and community groups who use the hall each week.

We are asking for the support of our community. Parents and guardians are encouraged to speak with their children about respecting community property and understanding the important purpose of the Community Fridge. If you witness vandalism or suspicious activity, please help by reporting it to the appropriate authorities when necessary and informing the Rosscarrock Community Association.

Our Community Hall belongs to all of us. By working together, we can help ensure it remains a safe welcoming place for everyone while protecting valuable resources for those who need them most.

Thank you for helping us care for our community and for one another.



Move & Mingle:

Free Gentle Fitness & Coffee Social



Dates: Wednesdays,
September 16 - December 16

Place: RossCarrock Hall,
4411 10 Ave SW

Movement Class: 9:30 - 10:30 am

Social Time: 10:30 - 11:30 am

Free Activity!

All Welcome! Drop IN!

For More Information,
please contact
Info@rosscarrock.org
403-242-0212

Join us every week for a fun and friendly gathering!

Whether you're in the mood to get moving or just want to chat over coffee, there's a spot for you.

- ✓ Gentle Movement Session
- ✓ Relaxed Coffee Social Session
- ✓ Great People & Good Vibes

Come for both sessions or just one!

Everyone is welcome.

Let's connect, move, and share a laugh!

Community Kitchen Good Food Box Rosscarrock Depot

Good food boxes are filled with a variety of fresh produce. The main items include but are not limited to apples, carrots, celery, lettuce, onions, oranges, potatoes, tomatoes, and in-season items such as berries or squash.

Box Sizes

Size	Price
Small (25 to 30 lbs)	\$35
Medium (30 to 35 lbs)	\$40
Large (35 to 40 lbs)	\$45

Order Process

Step One: Email Lauretta at rosscarrockgfbdepot@gmail.com. You must include the following information:

- Your first and last name,
- Phone number,
- Number of adults, children, and seniors in your household as well as information on any additional households you may be purchasing for,
- The size of box you're purchasing.

Step Two: Send your e-transfer for the order(s). Please send your e-transfer at the same time as your original email so as not to risk forgetting the payment.

Order Deadlines

Order Opening	Order Closes	Order Pick Up
September 18, 2026	September 22, 2026	September 30, 2026
October 16, 2026	October 20, 2026	October 28, 2026
November 20, 2026	November 24, 2026	December 2, 2026

Orders may be picked up between 6:00 and 7:00 pm at Rosscarrock Church of Christ at 1140 40 St SW.

Please contact Lauretta at 587-224-4340 or rosscarrockgfbdepot@gmail.com with any questions.



September's Reflection

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

Write about a relatively new social trend that you appreciate.

Dear reader,

Social trends are ever-changing, and many are for the better. One shift in particular is near and dear to my heart: the increasing value our society places on pets.

From the moment I could speak, I began asking for a pet dog. Every single Christmas I placed "dog" at the top of my wish list. The significant pressure I put on both Santa and my parents was to no avail; my parents were not "dog people".

Over three decades later, that yearning for a four-legged, furry friend had never faded. In early 2020, my family began fostering dogs from a local shelter as a "test run" to see if we could handle the responsibility. We quickly realized we could. Each time a foster dog went to their forever home, I grieved their absence. The extra work felt worth it. We were ready.

When the world slowed down in the spring of 2020, a combination of isolation and extra time made the decision to officially adopt our own dog quite easy. We weren't alone; statistics showed that an unprecedented number of Canadians brought a pet into their homes during that time. It drastically accelerated a shift towards celebrating the creatures that provide us with companionship and unconditional love.

Today, society is becoming a friendlier place for pet owners. I've noticed the City of Calgary has become exceptionally welcoming to dogs. New communities are intentionally designed with dog parks, and many outdoor patios welcome our furry friends. We even have a cat café downtown and puppy yoga throughout the city.

Our pandemic puppy, Luna, is six years old this year. She was the piece our family didn't know we were missing until she arrived and made us feel complete. She was worth the wait.

Happy writing,

Michelle

Write It Forward



Now it's your turn to write it forward. Write a friend, neighbour, or family member about our monthly reflection.



Discover, Experience and Celebrate Arts and Culture This September

by The City of Calgary



Calgary Culture Days is back this month—and the city is ready to celebrate. From September 1 to 30, Calgary comes alive with creativity, connection, and the vibrant arts and culture experiences that make our city so special.

Think film screenings, art exhibitions, live performances, festivals, and hands-on experiences—all happening in neighbourhoods across the city. Whether you're bringing the kids, planning a date night, or meeting up with friends, there's always something to discover. Even better, many events are free and family-friendly, making it easy to jump in and explore.

Calgary Culture Days celebrates the artists, organizations, and communities that shape our city's thriving arts and culture scene. It's a chance to connect with local talent, experience different cultures, and see Calgary from a fresh perspective. Behind every event are community members bringing ideas to life—helping make Calgary a more creative, connected, and vibrant place to live.

Start exploring events happening across the city this September at calgary.ca/culturedays.

Discover Upcoming Green Line LRT Construction with Our Interactive Map!

by The City of Calgary



To help Calgarians see what's being built along the Green Line LRT route, we've created an interactive map that shows active construction sites, as well as stations and the route.

All Green Line construction information can be found on this map, which you can use to understand how construction will impact you and your future commutes.

Exploring the map is simple and intuitive. Zoom in to find project locations along specific streets and communities or select a station from the list to jump directly to its location. Hover over station markers to preview renderings and use the home icon to return to the full alignment and view all current road closures. Typing home or workplace addresses into the search bar allows users to see current and future projects happening near them. Clicking the construction zones outlined in red reveals important updates, impacts, and timelines.

Use this map to find information related to upcoming construction to remain informed and prepared as construction continues. To explore the Green Line Interactive Map, visit maps.calgary.ca/greenline.

Apple Crisp

by S. Law



If you have had the chance to stop by your local Farmers' Market, I'm sure you've seen an abundance of apples. What better way to deal with such an overhaul than by making something delicious. Personally, my favourite way of using fresh apples is making apple crisp. It's easy, requires almost no tools, and is always a hit. If you've got some apples to spare, why not give it a try!

Ingredients

Filling:

- 2 cups of apples, sliced or chopped
- ½ cup of white sugar
- 2 tablespoons of cinnamon
- 1 teaspoon of nutmeg

Base/Topping:

- 1½ cups of rolled oats
- 1 cup of flour
- ¼ cup of brown sugar
- ½ cup of butter or margarine
- 1 teaspoon of salt

Directions

1. Preheat your oven to 425°F degrees and prepare a 9 x 9-inch baking pan.
2. Begin by washing and cutting your apples into thin

slices or small chunks. There is no need to peel them unless desired. Place all the apples in a bowl with your white sugar, cinnamon, and nutmeg. Massage everything together until your apples are well coated. If the mixture seems too dry you can add a teaspoon of lemon juice to add a bit more liquid.

3. In another bowl, combine your oats, flour, and salt.
4. Take your butter or margarine and tear it into chunks overtop of the mixture. Begin crumbling the butter between your fingers, turning the dry ingredients into a slightly wet mixture.
5. Press around 1/3 of the oat mixture into the bottom of your pan. Press very firmly to create a solid base.
6. Pour the apples into the pan and spread evenly.
7. Taking the remainder of your oat mixture, add the brown sugar and mix gently, do not fully combine, the lines of brown sugar are what caramelize on top of your crisp.
8. Add the rest of the oat mixture to the top of your crisp, it doesn't need to be pressed, just evenly distributed across the top.
9. Bake in the oven for 30 to 45 minutes until golden and bubbling. Remove it from the oven and let it rest for at least 20 minutes. Serve with vanilla ice cream, whipped cream, or anything else of your choosing!



MP Calgary Signal Hill
David GL McKenzie, KC, MP
 8561 8A Ave SW
 Calgary, AB T3H 0V5
 ☎ 403-695-0570
 ✉ david.mckenzie@parl.gc.ca

Alberta Separation Referendum

As Albertans prepare to vote in the upcoming referendum on Alberta's future within Canada, I believe it is important to clearly state my position: I support Alberta remaining in Canada.

Like many Albertans, I recognize the legitimate frustrations that have fuelled support for separation. Concerns about equalization, unfair representation in Parliament, excessive federal regulation, and a perceived lack of respect for Alberta are real and deserve attention. Alberta has contributed significantly to Canada's prosperity and Albertans rightly expect acknowledgement and fair treatment in return.

However, I do not believe separation is the solution.

As a landlocked province, Alberta relies on access through other jurisdictions to reach global markets. Independence would not automatically solve challenges around pipelines and tidewater access. Instead, Alberta would need to negotiate with Canada as a separate country, likely weakening our position and creating new barriers for trade and energy exports.

Claims that separation would dramatically reduce taxes are also uncertain. While federal taxes would no longer be paid to Ottawa, Alberta would assume major new responsibilities, including national defence, border security, tax collection and foreign relations. These costs, combined with the loss of economies of scale, could offset many anticipated savings.

There is also significant uncertainty regarding Alberta's future relationship with the United States and the broader international community. Such risks should not be dismissed lightly.

Importantly, Alberta already enjoys substantial autonomy within Confederation. Successive provincial governments have demonstrated the ability to challenge federal policies and defend Alberta's interests while remaining part of Canada.

Canada is not perfect, but it remains one of the most stable, prosperous, and respected countries in the world. Rather than abandoning Confederation, we should continue working to address Alberta's legitimate concerns and build a stronger future together. I firmly believe Alberta's best days remain ahead, as part of Canada.

For my full statement visit davidmckenziemp.ca/alberta-separation-referendum/.



MLA Calgary-Currie
Janet Eremenko
 206B – 1615 10 Ave SW
 Calgary, T3C 0J7
 ☎ 403-426-4794
 ✉ calgary.currie@assembly.ab.ca

On July 2, the new provincial ID card was launched. Through regular renewal, we'll all eventually have the new driver's licence or identification card. It won't just look different; it will now include your Alberta Health Care number and your citizenship status.

Countless concerns have been raised about so much critical information on a single card. If your ID falls in the wrong hands, your privacy could be at risk. Despite the provincial government's claim that the card was introduced to combat fraud, it could leave your personal information more exposed and vulnerable than ever before.

What's more, anyone 14 years or older will be required to register for the provincial ID. That means more cost, more paperwork, and more waiting in lines simply to have proof of Alberta Health Care coverage.

The government's One Card ID rollout has been a mess. It's created massive confusion, delays at the registry, and has added cost and red tape for Albertans who are simply trying to renew what they already have.

It is recommended that you come to the registry armed with all the documents required:

- Proof you can legally be in Canada (i.e., birth certificate, passport, or PR card)
- A recent document showing your Alberta address
- Your physical Alberta Personal Health Card

For all kinds of reasons, these documents may be hard to access and may impede renewal of your ID or driver's licence. If this happens to you, please correspond with my office. We will do everything we can to support you.

The new provincial ID is not optional. Hearing about your experience at the registry will help guide my advocacy to the Ministry to address issues and lessen the burden for you and your neighbours.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



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MOON FESTIVAL

The Moon Festival, or Mid-Autumn Festival, takes place on September 25 this year. This is the second most celebrated Chinese holiday bringing good fortune and prosperity. Often celebrated by eating moon cakes, lighting lanterns and gathering for large family meals, the celebration dates back over 3,000 years and has variations that are celebrated all over East and Southeast Asia.

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