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# RPCA BOARD

Visit our website for the latest information:

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**Board meetings are held the second Tuesday of each month at 7:00 pm; everyone is welcome.**

## BOARD OF DIRECTORS 2022

President	Craig Marceau <a href="mailto:president@rutlandparkcommunity.com">president@rutlandparkcommunity.com</a>
VP Development and Traffic	Leanne Ellis <a href="mailto:development@rutlandparkcommunity.com">development@rutlandparkcommunity.com</a>
Website Director	Nisha Sridhar <a href="mailto:communications@rutlandparkcommunity.com">communications@rutlandparkcommunity.com</a>
Sarcee Meadows Liaison	Jeremy Hart <a href="mailto:sarceemeadows@rutlandparkcommunity.com">sarceemeadows@rutlandparkcommunity.com</a>
Membership	Benedikt <a href="mailto:membership@rutlandparkcommunity.com">membership@rutlandparkcommunity.com</a>
Ice Rink	Steve Dubois <a href="mailto:rink@rutlandparkcommunity.com">rink@rutlandparkcommunity.com</a>
Secretary	Karen Wesley <a href="mailto:secretary@rutlandparkcommunity.com">secretary@rutlandparkcommunity.com</a>
West View Parc Liaison	Vacant <a href="mailto:westviewparcliaison@rutlandparkcommunity.com">westviewparcliaison@rutlandparkcommunity.com</a>
Newsletter	Vacant <a href="mailto:newsletter@rutlandparkcommunity.com">newsletter@rutlandparkcommunity.com</a>
Infrastructure Projects	Mark Yobb <a href="mailto:markyobb@rutlandparkcommunity.com">markyobb@rutlandparkcommunity.com</a>
Lincoln Park Liaison	Gary Axelson <a href="mailto:lincolnparkliaison@rutlandparkcommunity.com">lincolnparkliaison@rutlandparkcommunity.com</a>
Treasurer	Matt Millard <a href="mailto:treasurer@rutlandparkcommunity.com">treasurer@rutlandparkcommunity.com</a>
Currie Barracks Liaison	Garry Moyes <a href="mailto:curriebarracks@rutlandparkcommunity.com">curriebarracks@rutlandparkcommunity.com</a>
Community Events	Vacant <a href="mailto:socialevents@rutlandparkcommunity.com">socialevents@rutlandparkcommunity.com</a>
Website	<a href="mailto:communications@rutlandparkcommunity.com">communications@rutlandparkcommunity.com</a>
Directors at Large	Husayn Lalji Chantal Ogrodnick

## COMMITTEES

Community Garden: Chantal Ogrodnick      [gardens@rutlandparkcommunity.com](mailto:gardens@rutlandparkcommunity.com)

## CONTACTS

Community Association Phone Number      403-246-8318  
Hall Rentals      Please call Lola at 403-474-3845  
or email [hallrentals@rutlandparkcommunity.com](mailto:hallrentals@rutlandparkcommunity.com)

City Recreation Coordinator

Police Resource Officer      Constable R. Wall      [r.wall@calgarypolice.ca](mailto:r.wall@calgarypolice.ca)

Emergency Contact for RPCA Hall      Lola      403-617-3241

Community Social Worker      Vacant

## SAFE & SOUND

### Winter Car Seat Safety

*by Alberta Health Services*

Bulky winter clothing can impact the effectiveness of car seat harnesses and can significantly compromise your child's safety when traveling. The force of a car crash can cause puffy winter coats and snowsuits to suddenly flatten, creating a gap between your child and their car seat harness. When this happens, your child is no longer properly secured and is at risk of being partially or fully ejected from the car seat. This can cause serious head or spinal injuries.

It is crucial to dress your child in thinner layers and adjust straps snugly to ensure their protection. Bulky clothing, including winter coats and snowsuits, should not be worn underneath the harness of a car seat.

#### Tips to keep your kids safe and warm in their car seat during the winter:

- Place a blanket over the straps after they are buckled up.
- Put your child's coat on backwards after they are strapped into their car seat.
- Don't forget hats and mittens. These keep kids warm without interfering with the car seat harness.
- Pack an emergency bag with extra blankets, dry clothing, hats and gloves, and non-perishable food.

#### Always remember these rules for car seat safety:

- Follow the car seat manufacturer guidelines. The car seat must be correctly installed in the vehicle.
- The shoulder harness should be snug enough that you cannot pinch the strap fabric at the collarbone.
- Infants and young children are safest riding in a rear-facing car seat until they reach the maximum height or weight limit for rear-facing use allowed by the seat's manufacturer.
- Your child is safest riding rear-facing until two, three, or even four years old.
- When your baby outgrows their infant seat, move them into a larger rear-facing seat.
- When a child outgrows their larger rear-facing car seat (by height or weight), they should move into a forward-facing car seat with a harness.
- When a child outgrows their forward-facing car seat (by height or weight), they should move to a booster seat. Use a booster seat until the seat belt fits properly; this is typically when your child is 145 cm (4 ft. 9 in.) tall and between 8 and 12 years of age.



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## Musings from the Meadows

Hello fellow neighbours.

Well, 2023 is about over, where has time slipped by? First off, I want to wish each of you a very Merry Christmas and a good New Year. With so many seemingly sad things going on, we all need some good to hold on to.

By now, our new rink lights are up, and it is truly nice to see this project complete. Many thanks to our hard-working community volunteers who helped make this a reality. No doubt that our ice crew are busily flooding the ice and getting our rink ready for another great season. I do feel sad that with our main hall still closed, we may not have full access to our Mini Hall, as I call it. Hopefully, 2024, will bring us back to a more normal state.

Before I sign off for this year, I want to say that special thoughts are sent to families who have lost loved ones. I know that the first year without their presence is so difficult. Please know that we here in Rutland Park are thinking of you and your families. Your loved ones remain in our hearts.

Take care of one another, be kind, and remember to always smell the roses. We will meet again in 2024!

As always.

*Isabell*



*Let There Be Lights*

# COMMUNITY ASSOCIATION MEMBERSHIP FORM

Mail or drop off your completed application to: Rutland Park Community Association, 3130 - 40 Avenue SW, Calgary, AB, T3E 6W9 or [membership@rutlandparkcommunity.com](mailto:membership@rutlandparkcommunity.com)

Select Membership Type:

- ☐ Family: 1 year - \$15; 3 year - \$36 ☐ Single: 1 year - \$5; 3 year - \$12  
☐ Senior: 1 year - \$5; 3 year - \$12

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_ (please print)

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Payment Enclosed: \_\_\_\_\_

*Be sure to include your email address so we can keep you up to date with community news and events of interest to you.*

Your support through membership is critical to Rutland Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.

Thank you for your participation.

## Rutland Park Mission and Values:

The results of several brainstorming sessions by the Rutland Park community board were presented at the May 23 Town Hall Meeting. These important statements will be used to guide our work and decisions. Your feedback is welcome!

### Our Mission and Values:

Our mission is to engage community residents, advocate on their behalf, foster community spirit, and practice meaningful stewardship while honouring our past.

### What your Board Commits to Do:

- I. Engaging and including residents of our community
- II. Addressing community concerns in a transparent fashion
- III. Conducting board business in an ethical and fiscally responsible manner
- IV. Making decisions based on the needs of the community as a whole

V. Communicating board decisions with one voice

VI. Following through on the commitments and action plans we undertake

### Community Values we will uphold:

- honouring our heritage
- connectedness: bringing people together
- knowing neighbours, cultural hub, social activities
- everybody is given a voice
- slow inner city living
- pride in our community: volunteerism, participation
- safe community where people can have fun
- pleasant surroundings/maintaining green space and excellent community facilities
- pedestrian friendly: easy walking, cars secondary to people
- self contained: close to amenities, community garden, sustainable
- accessible, age friendly
- desirable quality of life: all season activities
- promote accessible recreational activities

## Rutland Park Community Hall Rentals

3130 - 40 Avenue SW, Calgary, AB, T3E 6W9

Current Rental Rates Hourly Rate: \$50/hour Friday, Saturday, Sunday – full day rate: \$400. Non-refundable admin fee: \$50. A four-hour minimum rental is required on Fridays, Saturdays, and Sundays. If you are interested in renting the hall or would like more information on any of the classes running at the hall, please contact Lola at 403-474-3845 or email [hallrentals@rutlandparkcommunity.com](mailto:hallrentals@rutlandparkcommunity.com). Visit the Community Association website to see what our beautiful hall looks like: [www.rutlandparkcommunity.com/hall-rentals/](http://www.rutlandparkcommunity.com/hall-rentals/).

## DEVELOPMENT AND TRAFFIC REPORT

I would just like to highlight what has been happening/going on behind the scenes this past month, in no particular order:

- By the time you are reading this, we should have had our Annual AGM on November 21. Hopefully you were able to attend.
- With any luck, our rink light project will be complete at this time as well. Now we will be looking for rink volunteers—we really hope you can lend a hand! Steve will be taking over from Greg this year, as Greg is ready to take on other pursuits after 29 years.
- We hope that you were able to attend the engagement session for the 340-unit tower (plus commercial) that has been proposed for the corner of Sarcee Road and Richardson Way.
- At the time this is being submitted, we are still waiting on the engineering report for our Hall. The insurer has commissioned their own report, but we have yet to learn the details. The Hall continues to remain closed until further notice.
- The City has been providing engagement opportunities for the future development of our City. These are being shared on Facebook, as they have a short turnaround time and are not directly focused on our community. Please consider joining our Facebook page.
- Now that we have had our first taste of snow, this is a gentle reminder to clear your sidewalks within 24 hours of a snowfall. We have a lot of seniors in the community who rely on clean sidewalks to get where they are going.
- Wishing you all a wonderful Holiday Season and an uplifting New Year! Hope to see you out and about at the rink and in the community.

If you have not already signed up for our email updates, please do so at our website [www.rutlandparkcommunity.com](http://www.rutlandparkcommunity.com). The City often gives us very short notice for upcoming events, and this is the quickest way for us to reach you. Please also join us on Facebook—Rutland Park Community Association. Thank you for your ongoing support.

*Leanne Ellis*

Executive VP and Development and Traffic  
[development@rutlandparkcommunity.com](mailto:development@rutlandparkcommunity.com)

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## WORD OF THE MONTH

**Stalwart: Adjective (Stawl-wert)**

Loyal, reliable, diligent, and brave.

She is a stalwart supporter of  
animal rights.

Rutland Park



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updates, and community  
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In late October, the City of Calgary unveiled the results of its Fall 2023 city-wide survey. For the first time ever, “poverty, homelessness, and housing affordability” was the biggest issue of concern for Calgarians. The survey is meant to guide city council’s priorities, but all elected officials should be paying attention because each order of government has a responsibility to address the housing crisis. Every week, another constituent contacts my office in distress because they’re facing rent increases, sometimes up to 40 and 50 per cent higher. Some are being evicted for renovations and can’t find a new home that fits their budget. Members of Bow Cliff Seniors expressed to me how much they fear a sudden change to their precarious living situations. Students are accessing campus food banks in greater and greater numbers as they try to afford rent and their ever-increasing tuition.

The housing crisis keeps me up at night. As the critic for Mental Health and Addiction, I’m extremely worried about the long-term impacts of the stress and anxiety caused by the lack of affordable housing, that’s also safe and well-maintained. At the same time, inadequate housing and chronic poverty can exacerbate existing mental illness and substance use disorders. Housing is an essential social determinant of health.

Unfortunately, without a minister dedicated to housing we can’t tell if this is even on the government’s radar. They’ve announced funding for affordable housing but those are years away from being built. We need action now and we’ve invited the government to the table to create solutions together. This is the top issue in Calgary today and it demands more attention than it’s currently getting.

If you’re having any issues with finding housing, my best advice is to call 211. They are trained to guide you through anything and can direct you to numerous helpful resources.



As the world becomes less secure, with regional conflicts flaring in many parts of the world, we need to remind ourselves of the importance of National Defence. It’s an essential service of our government that frequently gets overshadowed by more politically attractive issues. The risks of under-delivering on this service is a hazard, and a risk that will only be clear in retrospect. Yet, the current scenario reveals an alarming picture; our Canadian Armed Forces face a 16,000 personnel shortfall, coupled with a cumbersome procurement system and significant underfunding. This is merely the surface of issues facing the forces.

Protecting our Arctic region is of utmost importance. It is rich in untapped resources and has emerged as a focal point of interest from numerous foreign parties. Events like Russia’s invasion of Ukraine have heightened concerns about the vulnerabilities of this strategic region. Presently, the defence infrastructure in the Arctic oscillates between being outdated and entirely non-existent, emphasizing the area’s exposure. It is an expensive environment in which to operate, but our presence there is paramount to enforcing our sovereignty.

Another layer of complexity is our substantial reliance on the United States for our defence needs. Should Americans gravitate towards more self-interest, our mutual priorities may diverge. While it is not feasible to advocate for a completely independent defence policy, Canada must bolster its armed forces to act autonomously in some matters, including taking the funding of our defence partnerships like NATO and NORAD seriously. Consider peacekeeping where we were once pioneers, but now our contributions pale in comparison. Simply put, our Armed Forces do not have the essential resources to fulfil their fundamental role of defending our own territory – let alone create a significant impact internationally. For the sake of our brave and committed armed forces personnel, and the proud history they uphold on our behalf, this needs to change.

Please contact me at [Greg.McLean@parl.gc.ca](mailto:Greg.McLean@parl.gc.ca) or by phone at 403-244-1880 and keep up to date on my work in parliament on my website, [Greg.McLean.mp.ca](http://Greg.McLean.mp.ca).

Sincerely,  
*Greg McLean*



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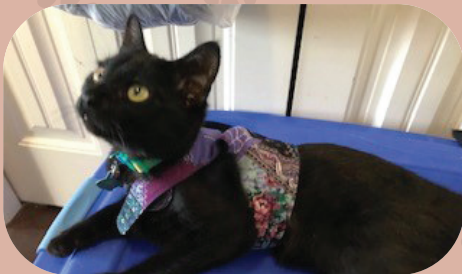
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Monday, December 25, 2023

10:00am

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