

SEPTEMBER 2026

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SOUTHWOODConnects.ca

THE OFFICIAL SOUTHWOOD COMMUNITY NEWSLETTER

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MORE INFO PAGE 4



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BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$20,679

SALE \$15,679

Limited Supplies

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SOUTHWOOD COMMUNITY ASSOCIATION

11 Sackville Drive SW, Calgary, Alberta, T2W 0W3

Telephone: 403-259-0919

Website: SouthwoodConnects.ca

Facebook: Southwood Connects

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Director at Large	Pam Stordahl	director@southwoodconnects.ca	
Newsletter Editor	Open	newsletter@southwoodconnects.ca	

OTHER CONTACTS

Facility Coordinator	Sherry Cousins	gm@southwoodconnects.ca	
Hall Rental	Lola Medjedovich	hallrental@southwoodconnects.ca	403-474-3845
Casino Chair	Paul Webber	southwoodcasino@gmail.com	
Ice Rinks Coordinator	Paul Webber		
Community Garden Coordinator	Teresa McLaren	gardens@southwoodconnects.ca	
Webmaster	Claire Prokopenko	webmaster@southwoodconnects.ca	
Community Resource Officer CPS	Cst. Neil Hewitt	pol5206@calgarypolice.ca	403-428-6642
Neighbourhood Partnership Coordinator	Jenna Findlater	jenna.findlater@calgary.ca	
Community Social Worker	Sarah Thomas	sarah.thomas@calgary.ca	368-889-5168
Learning Tree Preschool		info@thelearningtreeyyc.com	825-540-1202
Air Cadets	Andrea Chant	sschair52rcac@gmail.com	403-461-5195

Hall Rentals

Looking for a space to hold your next function or weekly/monthly meeting? The Southwood Community Hall is the perfect spot for birthdays/anniversaries, seminars/workshops, book clubs, day camps and playgroups, fitness classes and more! Discounted rental fees for community members! For more information, visit our website at www.southwoodconnects.ca or call Lola at 403-474-3845.



SCAN HERE TO VIEW ADDITIONAL SOUTHWOOD CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



FRIENDS *of* Fish Creek

Making Your Calgary Garden More Drought Tolerant

In partnership with the City of Calgary, we're expanding our Grow with Us program to include native plant plug giveaways starting this September. Thank you to the City and to our partner, the Alberta Native Plant Rescue Foundation (ANPRF), who this wouldn't be possible without. Read on to find out more about native plants, the ANPRF, and how you can sign up to get free native plant plugs.

Why Native Plants?

Native plants are not only beautiful and great for native pollinators and all our other native wildlife—they're also highly drought tolerant. Since Alberta often has long stretches without much precipitation, and these plants evolved alongside its dry climate, they have ways of making it through long dry periods that other, non-native species don't have. A great example is long roots that can tap into water reserves deep below the ground's surface.

This means that once native plants are established, whether in their native grasslands or in your garden, they're extremely resilient. Perennial native plants can not only weather our hot and dry summer conditions; they make it through our winters to pop back up in spring to show off beautiful foliage and flowers each year. I'm sure many of the gardeners reading this have

lost a perennial or two (or more, with some of the particularly frosty winters we've had here) to the cold Southern Alberta climate. While native species aren't totally immune to the effects of the cold, their deep roots are often safe from the deep freeze, and you'll see them coming back strong in spring after some of our colder winters.

Looking For Free Native Plant Plugs?

Sign up for our Grow with Us mailing list at www.friendsoffishcreek.org/gwu. We'll email you letting you know when we're running giveaways and provide a registration link for each giveaway.

When you register for a giveaway, we'll ask you to complete a short survey about your experience with native plant gardening and why you're interested in getting free native plants. We'll be in touch later in the year with a follow-up survey.

Show up, grab your plugs, and get them into your garden! Once you've claimed your plugs, you'll need to wait until our next round of giveaways in 2027 to participate again. If you're interested in sourcing more plugs or mature plants than what were giving away, you can follow our partner, the Alberta Native Plant Rescue Foundation and sign up for their email list to go out to a plant rescue! Follow @albertanativeplantrescue on Instagram for more information.



Sticky Purple Geranium (Geranium viscosissimum)



SOUTHWOOD CA

This is your community newsletter with a mission to keep Southwood residents connected and involved in community life. The volunteer efforts of contributors and distributors ensure its success. This newsletter is printed monthly and is distributed without charge to all residents of Southwood.

Please check out our website, which contains useful information for you to access at SouthwoodConnects.ca.

Newsletter Submissions

We welcome articles and letters from our readers. All submissions must be accompanied by a name and telephone number. Articles should be between 200 and 550 words and can be submitted to the newsletter editor.

We reserve the right to edit articles for appropriate content or length. Photographs of community events are also greatly appreciated. Editorial deadline is the first day of the month prior to publication.

We want to make our newsletter as complete as possible, to include all community events and programs. If we missed yours, please contact the newsletter editor.

Newsletter newsletter@southwoodconnects.ca

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SCAN ME



2026 MEMBERSHIP REGISTRATION

- Members receive discounts on hall rentals
- Exclusive offerings for SCA members at community events and programs
- Members are kept informed through emails and email newsletters
- Membership allows for one vote at Community Association General Meetings
- Promotional opportunities available for Business members
- SCA keeps residents informed through the community newsletter, social media, the website southwoodconnects.ca
- The SCA maintains the community hall, skating rinks, and garden
- The SCA represents the community on city development issues

To register for a membership you can do one of the following:

1. Go to www.southwoodconnects.ca Get Involved>Membership and pay by credit card online
2. Complete the form below with payment by cheque to Southwood Community Association or cash and drop off or mail to the Southwood Community Association (11 Sackville Dr. SW, Calgary, AB T2W 0W3)

MEMBERSHIP VALID UNTIL FEBRUARY 28, 2027

As per the Privacy Act, any information you provide will be held in strictest confidence and will not be disclosed to third parties

FULL NAME _____

ADDRESS _____

EMAIL _____

PHONE _____

OTHER HOUSEHOLD MEMBERS _____

MEMBERSHIP TYPE

- ☐ SENIOR (55+) \$5/YEAR
- ☐ HOUSEHOLD \$15/YEAR
- ☐ BUSINESS \$25/YEAR

INTEREST

- ☐ CONTACT ME TO VOLUNTEER
- ☐ E-NEWSLETTER OPT IN
- ☐ GARDEN BED ADD ON \$20

THANK YOU FOR SUPPORTING YOUR COMMUNITY

SOUTHWOOD S'MORES & GAMES

Bring a friend and a lawn chair and join us for a fun summer evening of games, s'mores, and community!
Everyone is welcome!



FRIDAY, SEPTEMBER 11

7:00PM - 8:30PM

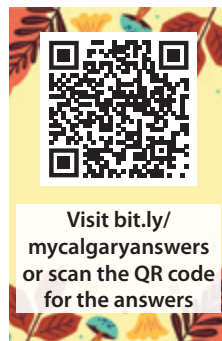
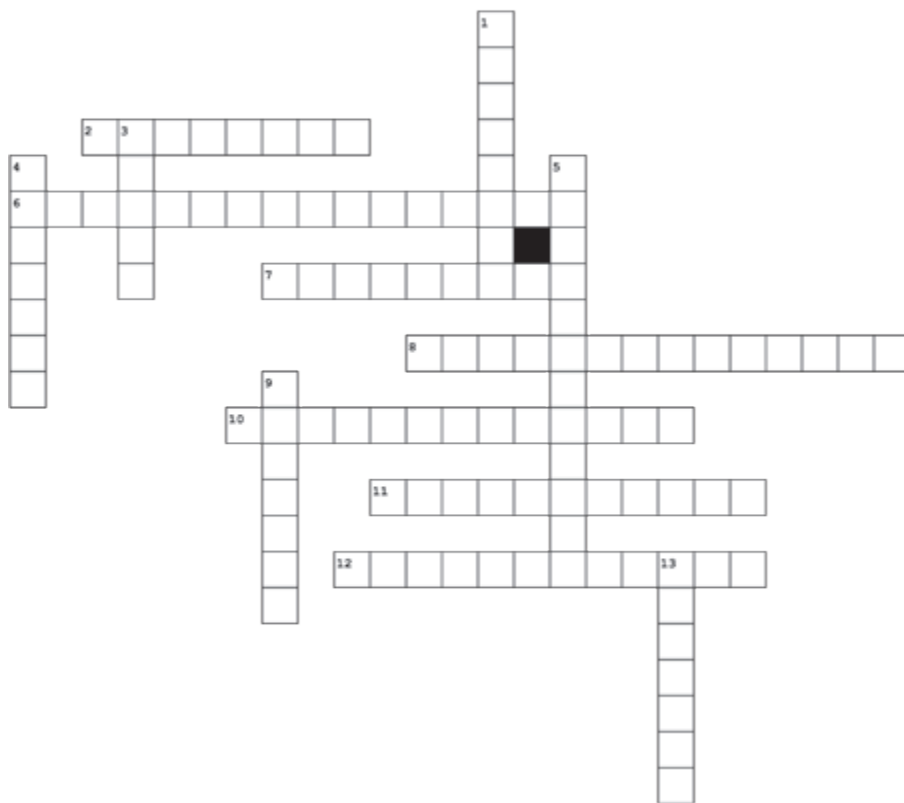
Lutheran Church of the Cross
10630 Elbow Drive SW North Parking Lot



Kids under 12 must be supervised by an adult



September Crossword



Across

2. Used for carrying textbooks and other school supplies, this item is a back-to-school essential.
6. This American band is known for their classic songs, "Let's Groove" and "September."
7. These bears are the smallest variety found in Canada.
8. First airing in 2013, this fun kid's cartoon follows a young boy with his gem companions across the galaxy.
10. Make a stop here in September and you will find a variety of apples, pears, and figs for sale.
11. *The Long Walk*, a film starring Copper Hoffman, is an adaptation of the novel by this famous author.
12. *The Rise and Fall of a Midwest Princess*. The album released September 22, 2023 was written by this up-and-coming pop singer.

Down

1. This vibrant blue stone representing loyalty and the divine is also the birthstone for September.
3. This bright purple flower is considered September's primary birth flower.
4. Born September 4, 1981, in Houston Texas; this famous singer got her start in the girl group Destiny's Child.
5. This English author wrote *Animal Farm* and *1984*. These novels are typically assigned reading in schools even 80 years after their release.
9. In the world of theatre, speaking the name of this Shakespearean play is considered bad luck. Instead, they refer to it as, "The Scottish Play."
13. This mythical beast is sometimes called, "Canadian Nessie."

Calgary 

Makers Night

Join us once a month for Makers Night, where each month features a new community-led craft or creative activity. Learn something new, share ideas, and make alongside others. Prefer to work on your own project? Bring it along! All skill levels welcome. Snacks and basic supplies provided. No registration required, just drop in!

MONDAY, SEPTEMBER 21
6:30 P.M. - 8:30 P.M.

LUTHERAN CHURCH SOUTHWOOD
10620 ELBOW DRIVE SW
USE EAST ENTRANCE

More info or Questions?
Sarah.thomas@calgary.ca
368-889-5368



Southwood COMMUNITY FOOD PANTRY

TAKE WHAT YOU NEED, LEAVE WHAT YOU CAN



ITEMS ACCEPTED

- Canned Goods
- Dry Goods
- Powdered or boxed drinks
- Sealed shelf-stable items (nut butters, baby formula, crackers, granola bars, etc.)

ITEMS NOT ACCEPTED

- Perishable food
- Opened packages
- Homemade food
- Alcohol

LOCATION
 Southwood Community Association
11 Sackville Drive SW.
Outside the main doors.





MONDAY MORNING MEETUPS



Every Second Monday
September 14 & September 28
10am-12pm
Southwood Community Hall - Pioneer Room
(11 Sackville Dr)

Drop in for a coffee and snacks
and meet your neighbours!

For more info contact Sarah
sarah.thomas@calgary.ca 368-889-5368

Calgary 

GET RID OF ALL THAT JUNK THAT DOESN'T FIT IN YOUR BINS AT THE:

SOUTHWOOD COMMUNITY CLEANUP

SATURDAY, SEPTEMBER 26
9 A.M. - 2 P.M.

SOUTHWOOD UNITED CHURCH
10690 ELBOW DRIVE SW

WWW.SOUTHWOODCONNECTS.CA





Southwood Community Legacy Book Project



The Southwood Legacy Book is a community memory project. The idea is to create a printed and digital collection of stories, recipes, photographs, and local knowledge as well as stories gathered from Southwood residents past and present.

The goal is simple: to capture what makes this neighbourhood distinctly ours, in the voices of the people who live here/have lived here and create an opportunity for sharing, connection and community legacy.

We are collecting everything from written stories, recipes, photographs, art pieces, and anything else you can think of!

SUBMIT YOUR STORY

Scan the QR code or visit
<https://southwoodconnects.ca/legacy>
for more information.



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Calgary



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SOUTHWOOD MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbours navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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Moose on the Move

Moose are excellent swimmers! They can swim up to 10 kilometres without stopping and reach speeds of about 10 km/h in the water. They even dive underwater—sometimes as deep as 6 metres—to munch on tasty aquatic plants!



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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

This GoFundMe, created in partnership with her family, is being established to help ease the inconceivable financial hardship they are facing.

The initial \$100,000 fundraising target will help cover immediate expenses, including lodging in Edmonton for Victoria's mother, Colleen (Cousens) Fortuna, and 16-year-old sister, Ariana, both from Calgary. This will also allow Colleen to take necessary time away from work during this period of immense hardship and profound change to focus on Victoria's medical journey and to help her daughters through the unimaginable grief of the sudden, tragic loss of their father.

In the days, months, and years ahead, Victoria will require additional surgeries, extensive rehabilitation, specialized leg prosthetics, intensive mental health support, and enduring general medical care. The financial impact will be significant and ongoing, with future fundraising goals evolving as a result of these needs.

The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.

Scan to donate or visit gofund.me/31fdeef6f

Any help is appreciated ♥



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