

DECEMBER 2023

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your **SPRINGBANK HILL**

THE OFFICIAL SBHCA COMMUNITY NEWSLETTER



*Let's Get
Social*



@sbhcayyc



@springbankhill

Photo Courtesy of Shelly S.

**Season's greetings
from David.**

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WORD OF THE MONTH

Stalwart: *Adjective* (Stawl-wert)

Loyal, reliable, diligent, and brave.

She is a stalwart supporter of
animal rights.

LITTLE TOES



Because humans typically have five fingers on each hand and five toes on each foot, it might lead one to believe that cats follow that same format. However, this is actually incorrect! Most cats only have 18 toes, rather than 20. A typical cat will have five toes on each of its front paws, but only four on its back ones!

VOLUNTEERS NEEDED!

WINTER SKATING EVENT!

The SBHCA is looking to host a skating event at the Montreux Skating Rink in December 2023 or January 2024 but we need your help! In order to make this possible we are going to need a lead or a team of volunteers to help with the running and planning the event. If interested email info@springbankhill.org



POSSIBLE THEMES

DISCO!

- Disco ball!
- Neon clothes!
- Glowsticks!
- Classic disco music!

PYJAMAS!

- Skate in your pajamas!
- Christmas snack and hot chocolate!

CHRISTMAS!

- Santa for the kids!
- Hot chocolate and Christmas snacks!
- Christmas lights + tree!
- Iconic Christmas music!

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PRESIDENT'S MESSAGE

Greetings!

The Christmas season is fast approaching! With that we are working on the plans to operate our two winter ice rinks, the first located on Springbank Blvd, and the second located on St Moritz Drive. Thanks to our team of dedicated volunteers, we can continue successful operations of both these rinks subject to the support from Mother Nature to appropriate weather conditions! Skating rinks form a big part of our winter programs and activities, and we do hope that many of you are able to take advantage of these facilities. And let us know how we are doing; we do appreciate any feedback you may have regarding the rinks and any other community association activity.

We also continue to seek out and welcome new volunteers and board members. If you, like our existing volunteers, have a passion for helping make our community a safer, more active, and interesting place to live, we would love to speak with you and discuss the opportunities available in our non-profit organization. As we gear up for the 2024 season, we do see many new opportunities to focus our efforts. In particular, our traffic safety and planning and development committees are now looking for new members. Development in our community has increased substantially in the past year and with the efforts of these two committees we are able to act as stakeholders for our residents to ensure that our wishes and concerns are fully addressed.

Stay safe and healthy!

Elio Cozzi

President, Springbank Hill Community Association



SPRINGBANK HILL WINTER ACTIVITIES

WINTER 2023-2024



Tobogganing

Tobogganing mixes high-speed sledding with loads of exercise making it perfect for kids on a winter weekend. There are many hills throughout Calgary which you can find on the City of Calgary website. If you and your family are looking to go tobogganing this winter, please check out the following safety guidelines: <https://www.calgary.ca/parks/activities/tobogganing.html>

Outdoor Skating Rinks

Here in Calgary we are lucky to be able to skate for a good portion of the year. Heading to the outdoor rink for a skate or a game of hockey is a great way to spend time with friends and family throughout the winter. It brings people together. There's nothing like a casual game of shinny on a cold day.

In Springbank Hill, we are lucky to have two outdoor skating rinks. The Montreux rink sporting a skating surface and two hockey surfaces. The Springbank Hill rink holds one surface shared between skating and hockey. For more information visit : <https://springbankhill.org/programs/springbank-hill-and-montreux-skating-rinks>



Winter Neighbourhood nature challenge

We can all feel down during winter. Whether it's the constant cold or the short days, it can take its toll on our mental health. The City of Calgary has a Winter Neighbourhood Nature Challenge to get you and your family outdoors and back into nature during the colder months. Challenge yourself and those around you this winter.

Winter Neighbourhood Nature Challenge

ARE YOU READY? Explore nature in Calgary this winter. Complete these activities in your backyard or local park. Please be mindful of the current physical distancing requirements. Try to finish all the challenges by the end of March.

Find some animal tracks in the snow.	Make a snowman and draw a face. Imagine a story and write it down.	Build a snowman and give it a name.	Learn new things about polar bears and share what you discovered with at least five people.	Create something new from something old.
Look closely at a snowflake and draw a detailed picture of it.	Look for evidence of animal activity in the snow and make what pictures.	Discovering kind for your neighbour.	Take a nature walk in the snow.	Find the shape of a local animal in nature that begins with each letter of the word "neighbourhood".
Listen to birds in nature using a bird feeder.	Find a real animal in nature. Can you hear any bird calls? Draw a picture of what you saw.	Smell. What smells are in the snow? Draw a picture of what you saw.	Observe the weather and draw a picture of what you saw.	Find the shape of a local animal in nature that begins with each letter of the word "neighbourhood".
Find a nature-themed book and read it.	Create a map of your backyard at local landmarks.	Use your senses and describe them. Can you make a winter scene?	Write down five things you like about winter.	Hang a line. What does it mean to you?

BOARD OF DIRECTORS

BOARD OF DIRECTORS

Elio Cozzi	President	president@springbankhill.org
Shelly Smith	Vice President, Director, Memberships, Sponsorships, and Newsletter	membership@springbankhill.org
Ezenwa Echefu	Treasurer	treasurer@springbankhill.org
Carly Deibler	Secretary and Director, Social Media	secretary@springbankhill.org
Alex Casuga	Director, Community Rinks	planning@springbankhill.org
Dan Hnatyshyn	Montreux Rink Coordinator	somrink@springbankhill.org
Jeff Davidson	Director, Community Gardens	communitygrowers@springbankhill.org
Vacant	Director, Grant Funding	info@springbankhill.org
Peter Agbongiator	Director, Traffic and Safety	traffic@springbankhill.org
Amaka Nwonye	Director, Events	events@springbankhill.org
Vacant	Director	info@springbankhill.org
Behrokh Azarian	Director at Large	general@springbankhill.org



VOLUNTEERS

Laura Butynets	Soccer and T-Ball Sports Program Coordinator	recreation@springbankhill.org
Dave Walker	Springbank Hill Scout Troop #137	springbankhill137scouts@gmail.com
Paul Duncan	Springbank Hill Rink Coordinator	info@springbankhill.org
Fiona Christiaansen	Casino Fundraiser Lead	
General Inquiries	info@springbankhill.org	
Memberships	membership@springbankhill.org	

HOMEOWNERS ASSOCIATION

Springbank Hill Homeowners Association	info@sbhha.com , www.sbhha.com
The Slopes Community Association	www.theslopes.ca
Springborough Homeowners Association	www.springborough.ca

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News, Events, & More



Crime Statistics



Real Estate Statistics



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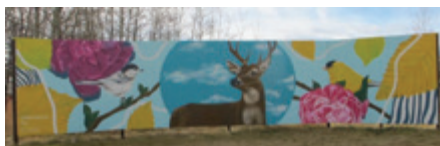
Photo Courtesy of Simon B.

Share Your Photos!

We are always looking for great community photos to post on our website, in our social media, and in our Newsletter. If you have some great shots that you would like to share, please email them to info@springbankhill.org along with your name, and you just might see your talent featured in our next issue.

Belong

to your community



Springbank Hill Community Association

For only \$25 per year, your family can belong to the Springbank Hill Community Association and experience the many benefits of being a member.

When you become a community member, your household receives the following:

- Access and discounts on various events in our community
- The ability to rent one of our community garden boxes
- Advocacy on community concerns relating to safety, development, and the natural environment
- Opportunities to provide input on community capital projects
- A voice in our community

Only registered members receive regular community emails and digital newsletters to inform them of events, programs, news, and matters in our community. The membership fee also helps us fund all the different initiatives that make our Springbank Hill community a safe, fun, and friendly place to live. To join as a member, please visit our website at <https://springbankhill.org/membership/>.



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August	23	14	17	\$948,000	\$941,000
July	23	19	28	\$997,500	\$992,250
June	23	37	18	\$900,000	\$934,000
May	23	20	27	\$984,900	\$1,050,000
April	23	24	14	\$737,450	\$755,000
March	23	24	18	\$949,500	\$971,500
February	23	11	9	\$549,900	\$535,000
January	23	19	7	\$949,900	\$959,900
December	22	6	8	\$1,422,500	\$1,389,500
November	22	5	18	\$687,400	\$667,500

To view more detailed information that comprise the above
MLS averages please visit sph.mycalgary.com



Become a SBHCA Business Member

Springbank Hill is a vibrant and growing community. The rolling hills, trees, open spaces, and pathways are something that makes our community attractive to so many families and individuals. Through our ongoing communications with members, our events, and community properties (e.g. The Springbank Hill Community Park and Garden), we strive to create a vibrant and supportive neighbourhood. Having Calgary businesses become SBHCA members by supporting our programs and providing a sense of belonging for our residents is an important next step.

We are pleased to announce that businesses within the Springbank Hill community area, and within Calgary, can purchase a business membership. Whether you are a home-based business, an entrepreneur, a small business, a large company, or a not-for-profit, we would love to have you join!

It would be great, although not necessary, for your organization to offer our residential members discounts on your merchandise and/or services. We will promote your discounts to our members.

The annual fee for a 12-month rolling membership is \$35. To join today please visit <https://springbankhill.org/business-members/>.



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Check out SBHCA's Partner & Sponsorship Program!

SBHCA partners and sponsors are essential to helping us raise funds for events (e.g., our annual Pumpkin Festival, Movies in the Park) and properties (e.g., Springbank Hill and Montreux Outdoor Rinks, the Community Garden). It is also a great way for organizations to connect with our residents at a grassroots level.

If you have any questions, or would like to discuss an opportunity further, please contact us at membership@springbankhill.org or further details can be found at <https://springbankhill.org/partners-sponsors/>.

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VOLUNTEERING IS THE BEST WAY TO HELP OUT IN THE COMMUNITY!

Springbank Hill Community Association

Benefits of volunteering in the community

The action of you volunteering greatly contributes to the overall wellbeing of The Springbank Hill community for many reasons such as the ability to host fun events, the smooth sailing of living in the community, and even the mental health benefits that volunteers gain. First of all, the presence of volunteers is at the core center of our community's ability to host events. This is because these events are non profit but still require a staff to run them, meaning we need volunteers in order to enhance the social aspect of our community and make fun events possible. To follow up, volunteers benefit the community by creating a more functional community that has resources offered to its members such as the seniors or children's program which is made possible through the help of volunteers. Finally, research shows that there are also benefits toward your own personal health. It is scientifically proven that volunteering reduces levels of stress and rates of depression, particularly amongst elders. Becoming a volunteer makes you feel good about yourself since you are spending your valuable time collectively with others in order to work toward a larger goal and an improved future for the whole community.

Current volunteers postions available

Membership committee

Springbank Hill seniors and children's programs

Event volunteers (Ex. Winter skating event at Montreux rink, movie in the park events)

For more information and to apply as a volunteer today, email info@springbankhill.org

SPRINGBANK HILL COMMUNITY ASSOCIATION

TOBOGGANING SAFETY

Keep safe this winter



TOBOGGANING THIS WINTER



We all look forward to getting out on the hill this winter for some high speed fun. However, to keep the fun safe this winter, there are certain rules we must follow to continue to be able to toboggan safely and minimize the risk of injury on the hill.

- Wear a Helmet
- Wait until the path is clear before starting down the hill
- Go down in a seated or kneeling position
- When walking up the hill, avoid areas where others are sledding to avoid a collision



SAFETY REGULATIONS

FOR MORE INFORMATION VISIT THE CITY OF CALGARY WEBSITE AT
[HTTPS://WWW.CALGARY.CA/PARKS/ACTIVITIES/TOBOGGANING.HTML](https://www.calgary.ca/parks/activities/tobogganing.html)

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THE SNOW IS HERE!

Become a Snow Angel today.

What is a Snow Angel?

A Snow Angel is somebody who recognizes somebody in their community who might find shoveling difficult due to their limited physical ability. For some the snow can be a blessing, for others, not so much. We as a community have the responsibility to help each other out. This is where we as a community have the responsibility to step in. Each one of us can be a Snow Angel in our neighbourhood. Whether you're ten years old or forty-five years old, we can all do our part. If there is somebody in your neighbourhood who you know struggles with shoveling after each snowfall, lend them a hand.



How to sign up

You can sign up to become a Snow Angel by contacting us at info@springbankhill.org.

If you are in need of a Snow Angel feel free to contact us and we will do our best to connect you with one.

You are also welcome to help shovel anybody's driveway in the case that they are sick or out of town.

Let's make a better community for all. Become a Snow Angel today and give back to our community.

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