

BRINGING WEST SPRINGS, COUGAR RIDGE, & WENTWORTH TOGETHER



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#### What does the WSCRCA do?

- We run youth and family related programs.
- We are your voice at City Hall. Dealing with planning and development proposals, traffic, parks and recreation, and a direct voice to our local City Councillor.
- We support community initiatives and events. Community clean up, Charity Stampede Breakfast, community garden, and so much more!

#### **Community Association Versus Residents Association**

The community of West Springs/ Cougar Ridge encompasses several subdivisions, some of which have a Residents or Homeowners Association. Both play an important, but different role, in the community.

	COMMUNITY ASSOCIATION	RESIDENTS ASSOCIATION
	√ Membership is voluntary	√ Membership is mandatory
	√ Represents all households in the  WSCRCA boundaries	✓ Annual fees registered against property title. Fees must be paid in full prior to the sale of the home.
	✓ Organizes community wide events and programs	✓ Maintains the landscaping and other amenities in the public green spaces for a specific subdivision

Check out our website, www.wscr.ca, for all that we do! Want to stay up to date and have early access to all our events and offerings? Become a member!

#### **Become a West Springs Cougar Ridge Community Association Member**

\$25 per Household or \$15 for Seniors

That gets you:

- Priority registration and discounts for WSCRCA run program and events.
- Support for a more vibrant community by supporting community based initiatives.
- · Members only emails.
- The right to vote at the AGM if you are a WSCR resident.

You can still become a member even if you do not live in the community! Purchase your membership online at www.wscr.ca.

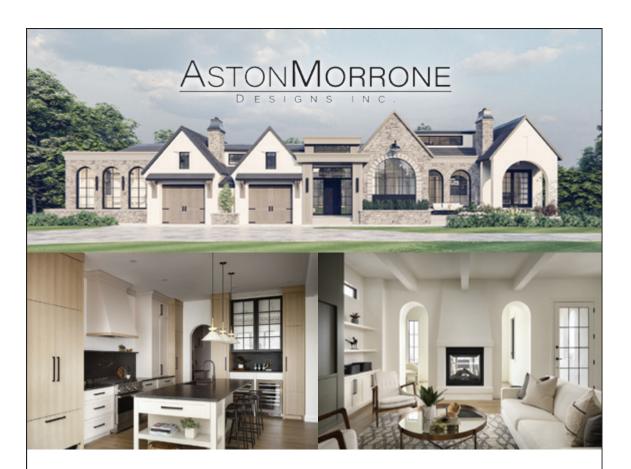
SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

WEST SPRINGS

COUGAR RIDGE

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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#### **AWARD-WINNING DESIGN STUDIO**

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- #208 908 17th Avenue SW, Calgary, AB





EXECUTIVE COMMITTEE				
Position	Name	Email		
President	Angelina Marian	president@wscr.ca		
Vice President	Karla Gibson	vicepresident@wscr.ca		
Secretary	Carrie Akister	secretary@wscr.ca		
Treasurer	Tenzin Sangalabrang	treasurer@wscr.ca		
Board Executive Assistant	Katie Suen	admin@wscr.ca		
COMMITTEES				
Committee	Director/Volunteer	Email		
Building Safer Communities	Heather Zaba	safercommunity@wscr.ca		
Charity Casino	Eileen Teasdale	casino@wscr.ca		
Charity Stampede Director	Justin Barrett			
Communications	Heather Zaba	communications@wscr.ca		
Newsletter	Brianna Norgaard	newsletter@wscr.ca		
Website Editor	Caroline Anderson			
Treasurer Coordinator	Samantha See			
Community Garden	Mary MacLeod			
Community Recycling Event	Faheem Ahmed Angelina Marian	communityrecycling@wscr.ca		
Membership	Eileen Teasdale	membership@wscr.ca		
Sponsorship	Taiwo Adetola Latosia Campbell-Walters	sponsorship@wscr.ca		
Planning and Development	Joseph Healey Linda Nesset Eileen Teasdale Denis Ho Yvonne Harper Renee Alessio	planning@wscr.ca		
Soccer	Steve Berman	soccer@wscr.ca		
Cl. ci	Kimberly Paw	1.0.0		
Skating	Kimberly Paw	skating@wscr.ca		
Traffic	Denis Ho	traffic@wscr.ca		
Volunteers	Vacant	volunteer@wscr.ca		
Directors at Large	Paul Ghazar Zoe Agashae			

#### **WSCRCA Board Meetings**

Meetings are typically held on the second Wednesday of every month in the upstairs community room of the Calgary Co-op on 85 Street SW, however, we are presently meeting via Zoom video conferencing. Anyone in the community is welcome to attend these meetings. If you would like to discuss a particular issue or idea, please notify our secretary by email a week before the meeting at secretary@wscr.ca.

The WSCRCA Planning and Development Committee meets on the fourth Wednesday of the month. Currently meetings are held via Zoom video conferencing. Anyone in the community is welcome to attend, and if you are interested in attending, please email planning@wscr.ca.

## WSCR Babysitters Group



You can stay in touch with your community by following us on Facebook and joining this FB Group. It's a great way to grow our community and keep up to date on what is happening in WSCR.

**The WSCR Babysitters Group:** A place where parents can find local babysitters, as well as where local babysitters, aged 12 to 25, can add themselves to the list to find jobs. Follow this group here: https://www.facebook.com/groups/wscrbabysitters/.

Follow the main WSCRCA page here: https://www.facebook.com/wscrca/.

#### **FOLLOW US ON**

Facebook: https://www.facebook.com/wscrca/

Twitter: @WSCRCA

Instagram: @wscrca

Website: https://wscr.ca

### **WSCRCA Volunteer Positions Available**

We are looking for you!

Volunteering in your local community is a great way to learn what is happening around you, have your voice heard, and make a positive impact on those around you. This is also an opportunity for you to introduce your skills in a positive way to your community.

We have a number of volunteer positions open and are looking for you (or someone you know) to sign up.

- Board Vice President
- Community Garden Coordinator
- Director of Building Safer Communities
- Dawg Party Coordinator
- Family Ski and Tube Night Coordinator
- Volunteer Coordinator
- · Community Skate Park Coordinator

You can find more information and sign up at www. wscr.ca/about-us/volunteering.

Thank you for supporting your local community!

#### **Become a Member**

We have strong community spirit in West Springs Cougar Ridge. Do your part and join the Community Association and, if you can, volunteer to make it even stronger – we can always use more help and it's a great way to meet residents of your community! Visit wscr.ca for more information.





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**Dr. Harry Harder DDS** 

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**Dr. Corr Burgess DDS** 

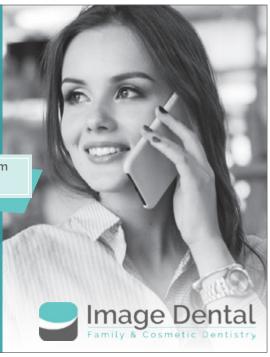
Phone: 403.217.3100 Email: info@imagedentalcalgary.ca #315, 917 - 85th Street S.W., Calgary, AB T3H 5Z9

Services are provided by general dentists









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\*Guarantee is being offered by Greater Property Group. Terms and Conditions apply.

#### **WEST SPRINGS COMMUNITY REAL ESTATE ACTIVITY**

		Properties		Median Price		
		Listed	Sold	Listed	Sold	
May	23	31	19	\$714,800	\$766,000	
April	23	20	23	\$954,900	\$949,650	
March	23	29	26	\$659,700	\$650,000	
February	23	19	8	\$876,950	\$862,000	
January	23	12	9	\$649,900	\$715,000	
December	22	5	11	\$459,000	\$459,000	
November	22	6	11	\$499,999	\$498,000	
October	22	12	12	\$797,400	\$779,400	
September 22		15	15	\$748,900	\$720,000	
August	22	14	13	\$709,999	\$660,000	
July	22	21	14	\$682,400	\$677,500	
June	22	24	21	\$649,000	\$652,500	

To view more detailed information that comprise the above MLS averages please visit wsp.mycalgary.com

#### **COUGAR RIDGE COMMUNITY REAL ESTATE ACTIVITY**

		Properties		Median Price		
		Listed	Sold	Listed	Sold	
May	23	20	24	\$742,500	\$779,500	
April	23	22	16	\$677,000	\$700,000	
March	23	11	12	\$694,450	\$698,900	
February	23	11	9	\$699,000	\$710,000	
January	23	11	7	\$750,000	\$744,000	
December	22	2	3	\$749,900	\$720,000	
November	22	5	7	\$619,900	\$620,000	
October	22	6	3	\$380,000	\$370,000	
September	22	6	6	\$599,900	\$607,000	
August	22	5	11	\$679,900	\$680,000	
July	22	13	8	\$734,900	\$764,244	
June	22	13	17	\$750,000	\$755,000	

To view more detailed information that comprise the above MLS averages please visit cgr.mycalgary.com

#### PRESIDENT'S MESSAGE

Over the last four years, it has been my pleasure serving the communities of Cougar Ridge and West Springs as the President of the WSCR Community Association. I can still remember when my family moved into the community in 2009, and the instant sense of pride we felt within this community. After joining the board in 2010, I began to understand that our community cohesiveness was heavily due to the hard work of a handful of passionate volunteers who understood how important it was to bring people together through sport, educational opportunities, fostering local merchants, and community events. If it wasn't for these amazing volunteers, both of my kids would not have learned to skate, play soccer, and even babysit in our local community. My family has also had many opportunities to meet other families in the community and build friendships which we would not have otherwise had an opportunity to cultivate without all these amazing community programs.

As the outgoing President, I want to give a special thanks to all the volunteers who have served on the board and contributed their precious personal time over the years. You gave up countless hours with your families to help plan and facilitate community programs, as well as bringing your expertise to help behind the scenes. For this we say thank you! It has been a pleasure serving with you and I look forward to continuing to be part of growing and building our local community with you.

I want to also thank all the volunteers who answered the call to sign up for our amazing community events/courses/sports over the years. Without you, it would be impossible to run these programs and bring the level of quality we continue to see at each event.

I'd also like to acknowledge and thank our community sponsors who help support our programs and give back to our local community each year. Supporting our local merchants helps to keep our community shopping and growing together. It has been a pleasure teaming up with you over the years.

Finally, I am excited to introduce you to our incoming President, Angelina Marian. Angelina has served on the WSCRCA Board for several years supporting our programs and brings her passion and creativity to this role. Please help me in welcoming Angelina to her new role. I know that she will bring fresh ideas and energy to the WSCR Community Association.

Regards,

Paul Ghazar

**Outgoing President** 

West Springs/Cougar Ridge Community Association

#### **Transit Watch Program**



The Transit Watch program allows Calgarians to report safety concerns when riding Calgary Transit.

The help phone/button is available 24/7 on CTrain stations, platforms, and MAX Purple stations, and provides the quickest response in emergency situations. Press a help button until it clicks. Once the green light comes on you are connected to an agent at the Transit Operations Centre.

CTrain cars have help buttons, as well as help strips, that function in a similar way. You can speak with the driver/operator directly and they will provide further instructions, call for assistance, or stop at the next station.

You can also report a concern by texting 74100. Standard message rates apply.

For emergencies call 9-1-1.

For more information, visit calgarytransit.com/



## WSCRCA Family Yoga in the Garden

The WSCRCA is proud to present Family Yoga in the Garden. All ages are welcome!

Join us this summer in the WSCR Community Garden for a family yoga class that everyone will enjoy! Strengthen family and community connections while building physical confidence with yoga, games, and fun partner poses in our sunny garden.

**When:** Tuesday, July 4, 11, 18 and 25 from 6:00 to 7:00 pm

**Where:** West Springs Community Hub and Garden (25 Weston Park SW)

Cost: Registration fee is \$20 per class per family

**Register:** Email anahatayogayyc@gmail.com for more information and to register

We look forward to seeing you!

WEST SPRINGS • COUGAR RIDGE | JULY 2023

#### A BIG THANK-YOU TO OUR LOCAL SPONSORS:

Platinum Level • Fergus&Bix • Preventous Cosmetic Medicine • Servus Credit Union • 722 World Bier Haus • Tim Hortons • Calgary French & International School • Truman

Gold Level • Blair's No Frills • CO-OP West Springs • Scotiabank • TD Bank • Time Music Studios • Telus

• Massage Experts • Ultimate Renovations • Cam Naghshineh • ReMax

Silver Level • Code Ninjas West Springs • West Springs Church

Bronze Level • Barricades & Signs • Beaners • Blink Eyewear Optometry • The Co-operators • KFC • Mercato

- Nirvana Nail Bar
   Orange Theory Fitness
   Shoppers Drug Mart
   Momentum Health West Springs
- Homeward Bound Pet Food Delivery

Annual Sponsorship Benefits	BRONZE \$250 - \$499	SILVER \$500 - \$999	GOLD \$1,000-\$1,999	PLATINUM \$2,000 and up
Count of sponsor's promotional shares on WSCRCA social media	2	4	8	12
Count of sponsor's promotional shares via community mass email	0	2	3	4
Opportunity to sponsor major events	No	No	Yes	Yes
Logo on WSCRCA Sponsor page	Yes	Yes	Yes	Yes
Frequency of rotating logos on all WSCRCA website pages	Low	Med	High	High
Sponsor logo on event banners	Yes	Yes	Yes	Yes
Sponsor logo on all community mass emails	No	No	No	Yes
Sponsor website link on WSCRCA website	Yes	Yes	Yes	Yes
WSCRCA sticker crest provided to sponsor	Yes	Yes	Yes	Yes

Learn more about sponsoring your local WSCRCA Community Association at www.wscr.ca/sponsors.

#### **Collection of Waste in Automated Collection Containers Reminder**

Waste set out for collection must be sorted as follows:

- All garbage must be placed in a black cart with the lid closed.
- All residential recyclable material must be placed in a blue cart with the lid closed.
- All food and yard waste material must be placed in a green cart with the lid closed.

An owner must ensure that any automated collection containers for waste used at the owner's premises are filled so that the total weight of the container and its contents does not exceed 60 kilograms.

An alternative for extra waste that won't fit in your cart is to use the tagging system. You can purchase tags at multiple retail locations for \$3 each at calgary.ca and set out extra waste in black garbage bags beside your carts.

#### City of Calgary Summer Program Schedules

Looking for some high-quality activities for your kids? The City of Calgary offers programs that are open to everyone for free. These programs are for children ages 3 to 12 years and are available in various community locations across Calgary.

These safe, supervised programs help children make new friends in a play-based learning environment. Games and activities are designed to encourage youth on their path to healthy and active lifestyles.

#### Upcoming Park 'n' Play / Stay 'n' Play:

- West Springs (West Ridge School): July 3 to 7
- Signal Hill (Battalion Park School): July 10 to 14
- Glenbrook (Glenbrook School): July 31 to August 4
- Springbank Hill (Griffith Woods School): August 8 to 11
- Glendale (Glendale School): August 21 to 25





## **WSCRCA Community Recycling Event Committee**

Thank you, Faheem and Angelina of the Community Recycling Event Committee and their team of volunteers for another successful community recycling event!

There were cars lined up down Old Banff Coach Road and lots of smiling faces.

There was also over \$1,000 raised in donations for the food bank (a record this year).

Thanks again for the great work you all do for the community!







J.Webb Wine Merchant is the oldest independently owned wine merchant in all of Alberta. We invite you to come and check out our new location at #3106-8561 8A Ave SW (Next door to Vin Room). Here you can sample wines while one of our wine professionals provides you with custom recommendations.

- HUNDREDS OF WINES YOU WON'T FIND ANYWHERE ELSE IN ALBERTA
- 100+ WINES UNDER \$25
- CRAFT BEER & SPIRITS
- PRIVATE TASTINGS & EVENTS

#### WEST SPRINGS & COUGAR RIDGE PROMOTION BUY 5 BOTTLES AND GET THE 6TH BOTTLE FOR JUST \$1.00!

Special offer will be applied to the lowest price bottle of your selection. Valid for in-store wine purchases only. Please present this newsletter to redeem. Valid until August 31, 2023. Not to be used in conjunction with any other discount.

Mon-Fri 11AM-7PM | Sat 10AM-6PM | Sun 11AM-5PM

403-685-5218 jwebb.net







## Dr. Bakare Adedayo & Dr. Ali Rahimzada will be joining our team!

- Dr. Bakare Adedayo will be taking appointments and walk-ins every Saturday starting July 8 (10:00 am-2:00 pm)
- Dr. Ali Rahimzada will join our clinic and accept new patients starting August 1
- Dr. Farhat is starting to treat chronic migraines using Botox injections
- Registered Nurse Karin Dixon has joined our team to do cosmetic Botox injections and fillers

Our clinic offers Botox injections for medical and cosmetic purposes by qualified professionals. Botox can smooth wrinkles, reduce spasms, and treat other conditions. Ms. Karin Dixon, our certified nurse practitioner, started cosmetic fillers and Botox injections at our clinic. She can help you with lip, cheek, chin, and skin enhancement using Botox and fillers.

The first 100 patients will receive a 10% discount off their first treatment. For more information on our new doctors and services, please call 825-413-1113.

T: 825-413-1113 | F: 825-413-1333 | 23 - 8 Weston Drive SW www.bluediamondmedical.ca



#### Services

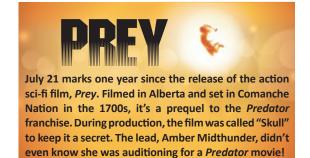
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## **BUSINESS CLASSIFIEDS**

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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#### **WESTSPRINGS | COUGAR RIDGE MORTGAGE BROKER:**

Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

**CERTIFIED MASTER ELECTRICIAN:** Terry Raabis, RME/CME, CQT – Big Sky Ventures. Call: 587-228-9371 or e-mail: bigskyventures@shaw.ca. Home renos, re-wiring, troubleshooting, hot tub connections, smoke and carbon monoxide detectors, breaker panel upgrades, and much more! Fully licensed and insured. Customer satisfaction guaranteed.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

**JEFFREY ELECTRIC:** Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www. cejelectric.com or call Clayton at 403-970-5441.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

**ST. MARTIN'S ANGLICAN CHURCH:** 1009 Prominence Way SW in Patterson Heights. Sunday service at 10:00 am (in-person and by Zoom). Sunday School: Sunday School each week. Sandwich making for Alpha House on Wednesday afternoons. ESL conversation Tuesdays, 9:30 to 11:00 am. More information at https://stmartinschurch.ca or call 403-249-3014.

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## David is our Realtor.

With a successful background in sales and marketing, David has come to appreciate the value his marketing, communication and negotiating skills bring to his clients. David's ability to articulate the essence of a home, assess market dynamics and analytics, and develop and implement a sales plan has been refined over his 10+ years in real estate.

David is the REALTOR® your neighbours turn to for advice and support.



When it's time to sell your home, David is the top selling REALTOR $^{\tiny{(8)}}$  on the Westside.

Scan the QR Code to learn more.

Friend
Neighbour
Realtor® **David** Pellettier

