

AUGUST 2024

DELIVERED MONTHLY TO 5,415 HOUSEHOLDS

# BRIDGELAND RIVERSIDE BRIDGES

THE OFFICIAL BRIDGELAND-RIVERSIDE COMMUNITY NEWSLETTER

**BRCA**  
BRIDGELAND-RIVERSIDE  
COMMUNITY ASSOCIATION



**RISING SUN**  
PSYCHOLOGICAL SERVICES INC.



**BRIDGELAND'S  
COMMUNITY COUNSELLING  
CENTRE SINCE 2019.**

587-358-0900  
risingsunpsych.ca

# SAVE THE GST

on your next Gazelle!



**SCAN HERE  
FOR COUPON**

Offer expires July 31, 2024.



**632 CONFLUENCE WAY SE**  
(403) 265-5422  
BOWCYCLEEBIKES.COM



ROYAL DUTCH  
**GAZELLE** 

## Unforgettable Summer Bites

Local eats and treats  
to take your summer  
meals the extra mile

**\$10 OFF!**



9 600000 000294

When you spend \$100 or more at  
Blush Lane Organic Market

VALID AT ANY BLUSH LANE ORGANIC MARKET. YOU MUST PRESENT THIS COUPON AT THE TIME OF PAYMENT.  
A MINIMUM PURCHASE OF \$100 IS REQUIRED. NO CASH VALUE. ONE COUPON PER CUSTOMER, PER TRANSACTION,  
PER DAY. CANNOT BE COMBINED WITH ANY OTHER OFFER. VALID UNTIL AUGUST 31, 2024.





**Blush Lane**   
ORGANIC MARKET

SUSTAINABLE / LOCAL / SEASONAL

VISIT US AT  
617 MEREDITH RD NE



# ALL CASH OFFER FOR YOUR HOME

-  Fast closing, on your time.
-  Hassle-free process.
-  Zero repairs needed.
-  Zero commissions.



If you are thinking of selling...

CALL/TEXT

587-400-9627



www.dreamteamcapital.ca



## BRIDGELAND WALKS AUGUST '24

Wednesdays at 7pm

JOIN US AS WE WALK AROUND AND BEYOND THE NEIGHBOURHOOD, FOLLOWING A DIFFERENT THEME AND ROUTE EACH WEEK.

Meet at the BRCA Hall  
917 Centre Ave NE  
north door.

Email us at: [bridgelandwalks@gmail.com](mailto:bridgelandwalks@gmail.com) to be added to our monthly schedule distribution list.

### Aug 7 Schools

We've got 4 schools in Bridgeland Riverside and another historic school that will soon be in use again. Let's hear about their past and what's going on now... all school people invited. Mostly flat 4.5 km

### Aug 14 Eye Spy around the 'Hood

Its time for our annual scavenger hunt following clues and searching for unique and fun features. Join us! Mostly flat < 4km

### Aug 21 Whimsical Walk through Crescent Heights

Local resident Dee will lead us to some of her favourite places in our neighbouring 'hood to the west. Somewhat hilly Est. 5.5 km.

### Aug 28 Tree Walk

Re-scheduled from that rainy day in June. A city tree expert will get you excited about the range of trees in the 'hood and how they benefit our environment. Mostly flat < 4km

\*\* We're into the home stretch for this season of Bridgeland Walks. Please join us for a walk before the season is over!



## SUMMER SKIRMISH

Experience a thrilling historical weekend at The Military Museums. Witness 2000 years of warfare come to life with thrilling re-enactments and demonstrations.

### FEATURING

- Black Powder Demonstration
- Raids
- Musketry
- Cannonades
- Jousting
- Bouncy Castle
- Vikings
- And More



AUGUST 17-18, 2024

9AM - 6PM

Tickets on Showpass



MORE INFORMATION: [WWW.THEMILITARYMUSEUMS.CA](http://WWW.THEMILITARYMUSEUMS.CA) 403-410-2340

# OFFICIAL

PLUMBING & HEATING

- Plumbing Services
- Furnace Install & Repair
- Drain Cleaning
- Boiler Install & Repair
- Electrical

\$50

Service Call Fee



403-837-4023

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

**DIRECTORS**

President and Chair	Alex MacWilliam President@brcacalgary.org
Vice Chair	Vacant ViceChair@brcacalgary.org
Treasurer	Jackie Fimrite Treasurer@brcacalgary.org
Secretary	Linda Poetz Secretary@brcacalgary.org
Membership	Sarah MacDonald Membership@brcacalgary.org
Development	Anthony Imbrogno Planning@brcacalgary.org
Transportation	Kimberley Nelson Transportation@brcacalgary.org
Communications	Eileen Dooley Communications@ brcacalgary.org
Heritage	Deb Lee Heritage@brcacalgary.org
Beautification	Susan Mulholland Beautification@brcacalgary.org
Safety	Vacant Safety@brcacalgary.org
Programs	Sarah MacDonald Programs@brcacalgary.org
Events	Kazuki Tomoda Events@brcacalgary.org
Director at Large	Blain Cellars
Newsletter	Ana Hoepfner newsletter@brcacalgary.org

# MEMBERSHIP FORM

New and returning members, please apply online at [brcacalgary.org/membership](http://brcacalgary.org/membership) or use this form and mail or drop off along with cheque made out to:

**Bridgeland-Riverside Community Association**  
**917 Centre Ave NE**  
**Calgary AB T2E 0C6**



Membership type: (please check one)

Individual

Family

Senior



Member information: (please print clearly, attach additional family member names)

Last name: \_\_\_\_\_

First name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone number: \_\_\_\_\_

Or, please feel free to communicate with us about community events at [events@BRCACalgary.org](mailto:events@BRCACalgary.org)

*Bridges* contains editorial content and information provided by Bridgeland-Riverside Community Association and is distributed free to community residents and businesses 12 times per year. Circulation is approximately 5,820.

Disclaimer: Bridgeland-Riverside Community Association is not affiliated with any advertiser or third party whose content or information appears in *Bridges*. Opinions expressed in *Bridges* are those of the author or advertiser only and may not reflect those of the BRCA or the publisher of *Bridges*.

## PRESIDENT'S MESSAGE

Hot enough for you? Having been through many, many long cold Calgary winters, I know better than to complain about hot summer days and nights. However, for the sake of our newly planted sod at the Community Hall (and the gardens and lawns in our neighbourhood), I'm hoping that, by the time this issue of the newsletter reaches you, the temperatures have cooled a bit and all water restrictions have been lifted. Laura McLeod's article on the "urban heat island effect" is timely and also serves to remind us of the importance of maintaining and increasing our green spaces. The additional trees that will come with the Main Streets project will add to the tree canopy that is so important in cooling our city and purifying our air.

I had the pleasure of enjoying the company of a group of dedicated volunteers during a shift at the BRCA's recent casino. The funds we receive from the casinos we do once every 18 months form a significant part of the revenue that funds the BRCA. I want to thank all the volunteers who contributed their time to this important fundraising event.

I also want to thank our neighbours at The Bridge for their recent donation to the BRCA and for their continued support of the community. A tip of the cowboy hat and thanks also to all the organizations and businesses that treated the community to Stampede breakfasts. We are blessed to live in a very giving neighbourhood.

We continue to look for volunteers to assist us with our various events and committees, so I encourage you to consider getting involved.

There is a lot happening here during the remainder of the summer. Farmers' Market continues every Thursday until October 3 and features a "Taste of the Market" on August 15 to celebrate Alberta Local Food Week. The Bridgeland Walks program runs every Wednesday evening and provides a great opportunity to learn about the neighbourhood while getting some exercise at the same time.

Speaking of exercise, take advantage of the warm summer days and evenings to get out and enjoy one (or all) of our great ice cream and gelato shops. Enjoy the rest of the summer.

*Alex MacWilliam*

Bridgeland Riverside Farmers Market

# LOCAL FOOD WEEK & TASTE OF THE MARKET

Thursday August 15, 3:30-7pm

Join us in celebrating Alberta Local Food Week. Live music @5:30, a tasting event, and all of your favorite vendors!

Visit [www.bridgelandfm.ca](http://www.bridgelandfm.ca) for more info and to purchase tickets for the "Taste of the Market".

See you there!



**PIANO, VOICE, & UKULELE LESSONS**

Whether you're 6 or 60 come and make music with me right in the heart of Bridgeland!



FALL REGISTRATION IS NOW OPEN!  
VISIT [WWW.GWENDOLYNYEARWOOD.COM](http://WWW.GWENDOLYNYEARWOOD.COM) TO BOOK A TRIAL LESSON

<b>Cleaning Services</b>	<b>Mat Rentals</b>	<b>CALGARY MAT &amp; LINEN SERVICES</b>
<input checked="" type="checkbox"/> Dry Cleaning	<input checked="" type="checkbox"/> Standard	
<input checked="" type="checkbox"/> Tablecloths	<input checked="" type="checkbox"/> Waterhog	<b>Pick-Up &amp; Drop-Off Services</b>
<input checked="" type="checkbox"/> Napkins	<input checked="" type="checkbox"/> Scraper	
<input checked="" type="checkbox"/> Table Skirts	<input checked="" type="checkbox"/> Logo	
<input checked="" type="checkbox"/> Chair Covers	<b>Paper Products</b>	
<input checked="" type="checkbox"/> Massage Sheets	<input checked="" type="checkbox"/> Tork Dispensers	
<input checked="" type="checkbox"/> Face Cradles	<input checked="" type="checkbox"/> Paper Towel	
<input checked="" type="checkbox"/> Gym Towels	<input checked="" type="checkbox"/> Centre Pulls	
<input checked="" type="checkbox"/> Face Cloths	<input checked="" type="checkbox"/> Toilet Paper	
<input checked="" type="checkbox"/> Chef Coats	<input checked="" type="checkbox"/> Facial Tissues	
<input checked="" type="checkbox"/> Coveralls		
<input checked="" type="checkbox"/> Microfibre Cloths		
<input checked="" type="checkbox"/> Dish Rags		

[calgarymatandlinen.com](http://calgarymatandlinen.com) | 403-279-5554



# Tips to Support Small Local Businesses

Get to know the small businesses in your area and learn how you can support with these five easy tips!

We love our small businesses in Bridgeland and with the construction that has kicked off we are asking you to please continue to make a point of supporting the heart of Bridgeland – and that is all of our amazing businesses that call our community home.

Here are five easy tips to help you support local and small business in Bridgeland.

1. Follow local and small businesses, such as stores, merchants, and restaurants, on social media and engage with their content!
2. Share your experience by writing a review.
3. Encourage your friends and family to support local businesses by purchasing gift certificates or gift cards from a local store.
4. Shop local – both online and in-person.
5. Sign up for their emails and newsletters!

Remember – your support goes a long way.



**BRCA**  
BRIDGELAND RIVERSIDE COMMUNITY ASSOCIATION

Help keep Bridgeland beautiful and get to know your neighbours!

# monthly litter pick up

Select Thursdays this summer from 7 to 8:30

June 20      August 15  
July 18      September 19

Meet at the BRCA Hall and wear appropriate clothing for the weather and the activity. Garbage bags and pickers provided.

✉ beautification@brcacalgary.org      🌐 brcacalgary.org

## DID YOU KNOW YOU CAN RENT THE BRIDGELAND-RIVERSIDE COMMUNITY HALL FOR FAMILY GATHERINGS?

✉ brcacalgary.org/facility-rentals      ✉ hallebrcacalgary.org

- ★ A beautiful outdoor courtyard and patio for summer BBQs
- ★ Space for 100 guests indoors, or 200 guests with the outdoor space
- ★ Tables and chairs
- ★ Your choice of caterer
- ★ BBQ available for rent
- ★ Access to adjacent playground

**BRCA**  
BRIDGELAND RIVERSIDE COMMUNITY ASSOCIATION

## Meet Your Board Member: Jackie Fimrite



### How did you first get involved with BRCA as a volunteer?

Having lived in the neighbourhood for a number of years (and loving it) I knew I wanted to get more involved. I simply responded to a request for volunteers (via social media) and after a call with Sarah (Volunteer Director) to better understand the needs of the board, it was deemed I would be a good candidate for the role of Treasurer which was soon to be vacated. Prior to officially joining the board, I signed up to volunteer for the 2023 Community Cleanup event. Finally, after watching all the great volunteers year over year picking up trash, I was a part of the efforts.

### What led you to consider serving on the board?

Given my background in corporate finance, I felt my skill set could be helpful.

### What is involved in being a board member?

With twelve months in the role, I am still learning. In general, I believe a board member has to have a keen interest in the community and the well-being of the members of the community. A board member also has to be prepared to dedicate time to participate in monthly board meetings, time to execute the position's responsibilities, time to help out when one can and time to get out and enjoy all the great things the community has to offer.

### What do you enjoy about being a BRCA board member?

I enjoy having a "front row seat" to better understand what is happening within our community in the short, medium, and long term, and possibly having an opportunity to make a difference.

### What would you say to community members about joining the board?

Please consider getting involved... your community is worth it!

# canary

REFILLERY & ZERO WASTE MARKET

Bring this coupon for  
**15% off**  
your next visit to Canary

Discover sustainable  
lifestyle goods you can  
feel great about

1225A Kensington Rd. NW | [canarygoods.ca](http://canarygoods.ca)



**No matter how much you sweat,  
we can get the stink out!**

\$50 for hockey bag full of gear. We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves. Most equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



### OUR OZONE PROCESS

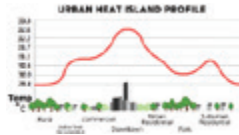
Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone effectively annihilates 99% of bacteria and viruses upon contact, encompassing both odor-causing bacteria and those responsible for various illnesses, such as staph infections.

CALL US TODAY AT  
**403-726-9301**  
[calgaryfreshjock.com](http://calgaryfreshjock.com)

# The Urban Heat Island Effect: How Hot is Bridgeland-Riverside?

by Laura McLeod Laura and the Beautification Committee  
BRCA Tree Team

Last year we wrote about the Urban Heat Island effect: how buildings and streets warm the environment, and how trees and other vegetation can cool it. I've included the diagram as a reminder.

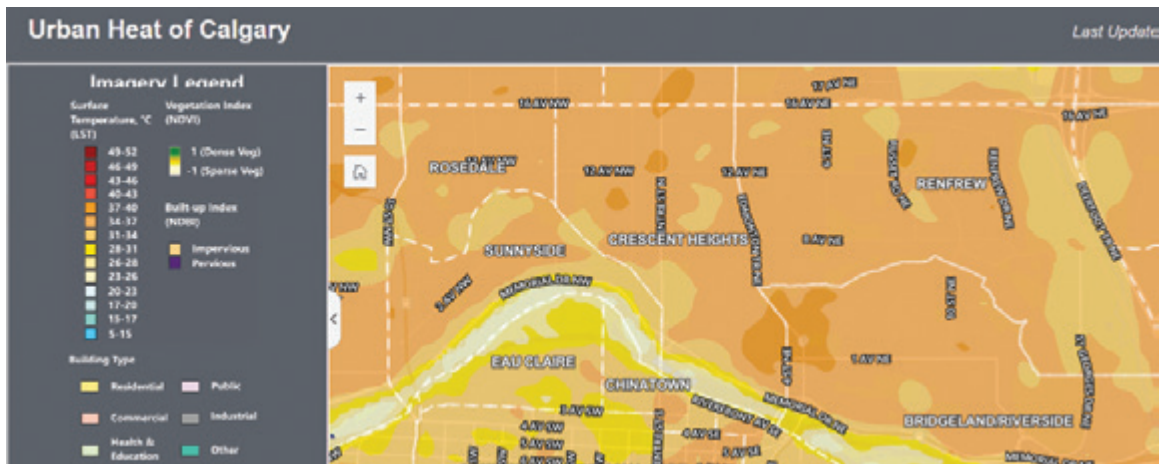


We have found a heat map of Bridgeland-Riverside, so you can see where it is hotter and where it is cooler in our community. The legend has items from other maps, so just look at the colours - the darker it is, the hotter. Not surprisingly, our coolest spots appear to be Murdoch Park and the escarpment above Schulepark (formerly Tynedale) and along the river. There is a hotter area around Edmonton Tr and 4 St.

## What can we do to try to cool us off?

Researchers are looking at lighter coloured road surfaces which could help in the future. If your building has dark siding or a dark roof, when you need repairs or replacement, choose lighter coloured materials. The City will be planting more trees, particularly along the Main Streets project on 1 Avenue. Planting more trees on private land will help, since more land is private than City-owned, and the increased pressure of development in Bridgeland-Riverside is removing many of our bigger private trees. Using cooling systems in our homes will be increasingly necessary, as well as simple methods like closing window coverings during the day to decrease passive solar heating and opening windows at night to let in cooler air.

Credits: Thanks to Dee from the Crescent Heights Community Association for the map!



**SCAN HERE TO VIEW ADDITIONAL BRIDGELAND CONTENT**

**News, Events, & More**



**Crime Statistics**



**Real Estate Statistics**



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



# Swish ORAL CARE

Summer  
just got  
sweeter.

Swish is giving back in  
Bridgeland.



[swishoralcare.ca](http://swishoralcare.ca)

[@swishoralcare](https://www.instagram.com/swishoralcare)

# At Swish, great care comes easy.

Swish is a brand new dental clinic, now open in the General Block! Swish provides fully transparent, personalized dental care in a space designed for maximum comfort. Why? When you enjoy your routines and rituals, great care comes easy.

Good Vibes +  
Shame-Free  
Treatment

Fast and  
Convenient  
Direct Billing

Experience  
the Extras at  
No Extra Cost



## The key to great care? It all starts with our people.

### Meet Dr. Zahi Shlah

Dr. Zahi Shlah is a General Dentist and the Clinic Lead at Swish. From connecting with patients to coaching his team, Dr. Shlah works to create a culture of genuine care at Swish.



### Meet Dr. Tyler Rosolowski

Dr. Tyler Rosolowski is a General Dentist with a passion for positive patient experiences. A Bridgeland local, Dr. Tyler delivers kind and approachable care at Swish.

Book in for an appointment with our dream team at Swish!

# Swish Loves Local

## Giving Back at the BRCA Farmers' Market



The Bridgeland Riverside Farmers' Market is back! Swish is proud to sponsor the Aspiring Entrepreneur booth for a second season. The Aspiring Entrepreneur booth supports up-and-coming artists, makers, and bakers, providing them with a coveted spot at the market free of charge.

Last year, we had the privilege of supporting some very cool local brands, like Novelty Bakes, Sa Akin Ceramics and Candles, and Bunny Kissed Crochet. We can't wait to meet this year's lineup of budding businesses – we hope you'll join us!

**Find the BRCA Farmers' Market every Thursday evening this summer, rain or shine!**

**Bridgeland-Riverside Community Association Farmers' Market**

Where: Bridgeland Community Hall, 917 Centre Ave NE

When: Thursdays from 3:30 – 7:30 PM, June 20 – October 3

For more information, please visit: [bridgelandfm.ca](http://bridgelandfm.ca)



# Say ahhh...

Swish specializes in all things dental for all ages. From essentials to emergencies, our services are priced according to the Alberta Dental Association fee guide.



## The Essentials

A comprehensive dental exam, cleaning, 3D wellness scan, x-rays, complimentary oral cancer screening, and free whitening.



## Fresh 5

The Fresh 5 is a flat rate option with five must-have treatments.

\*Price updated January 1, 2023, as per the Alberta Dental Association Fee Guide.



## Dental Work

Cavities, wisdom teeth, root canals, crowns, implants, and more. Thorough, yet gentle on tough stuff.



## Cosmetic Dentistry

Form meets function. Botox, whitening, veneers, and more.



## Invisalign

Complimentary scans and detailed consults from the leader in straighter smiles.



## Emergencies

Broken or chipped tooth? Extreme toothaches? Say no more – we're on it.

**Brush up on all things**

# Swish

Find us in the General Block:  
Above Phil & Sebastian, UNA, and  
Village Ice Cream

**Swish Oral Care**  
**#230, 69 7A Street NE**  
**Calgary, AB T2E 4E4**  
**825-540-7183**

Find us online:



[swishoralcare.ca](https://swishoralcare.ca)

[hello@swishoralcare.ca](mailto:hello@swishoralcare.ca)



[@swishoralcare](https://www.facebook.com/swishoralcare)

# Paper Story, Connecting Community Through Papermaking: A Public Art Project Presented by the BRCA and Local Artist Andrea Lau

This summer, join us in a fun and informative art project that turns our neighbourhood weeds into sheets of handmade paper.

## About Invasive Weeds

Invasive weeds can spread rapidly, causing severe crop losses and economic hardship. They are highly competitive and rob the soil of nutrients and growing space that should be supporting native plants. Many Bridgeland-Riverside residents grow food in gardens, want to maintain healthy yards, and keep our parks weed-free! This project works towards that goal.

Historically, many invasive species in North America were brought over by early settlers for medicinal, agricultural, and ornamental uses, without realizing their future negative impacts to local biodiversity.

## Weed Drop-Off

Drop off to Andrea at the Farmers' Market Information Booth on Thursdays from 3:30 to 7:30 pm starting June 20. Please remove as much soil as possible and use a cardboard box or paper bag as a container. We will be accepting all types of weeds.

## Register For a Papermaking Workshop

Visit [brcocalgary.org](http://brcocalgary.org) to register for a free papermaking workshop (all ages).

Anyone can register, you do not have to contribute weed material to participate.

## About This Project

All paper created during workshops will remain at the BRCA hall to dry and will be exhibited from September 21 to 22, 2024. During the exhibit, all attendees will be invited to take a sheet home for their own use and leftover paper will be donated to the art departments of local schools. Follow this project: [@papermakeryyc](https://www.instagram.com/papermakeryyc).



**Paper Story**  
Installation & Exhibit

SAVE THE DATE:  
September 21-22  
Location: BRCA  
(Lower Hall)

FOLLOW ALONG:  
[@papermakeryyc](https://www.instagram.com/papermakeryyc)  
[andrealau.com](http://andrealau.com)

BRCA  
BRIDGELAND RIVERSIDE  
COMMUNITY ASSOCIATION

ELEVATED EVENTS.CO PRESENTS:

**WINSTON HEIGHTS-MOUNTVIEW**

**FLEA MARKET**

FIND US AT 520 27 AVE NE - CALGARY, AB

SAT, AUG 31, 10AM - 4PM

Join us for the BEST community event of the summer!

Scan the QR Code For Sign-up Form

[WWW.ELEVATEEVENTSCO.CA](http://WWW.ELEVATEEVENTSCO.CA) [INFO@ELEVATEEVENTSCO.CA](mailto:INFO@ELEVATEEVENTSCO.CA)

**Stemp & Company**  
We find solutions®

- Copyright Law
- Patents
- Trademarks
- Corporate Law  
[kari@stemp.com](mailto:kari@stemp.com)
- Wills & Estates
- Probate
- Real Estate/Conveyancing
- Litigation  
[tasha@stemp.com](mailto:tasha@stemp.com)

403-777-1122 (Toll Free 1-800-665-4447)

[www.stemp.com](http://www.stemp.com) | [bill@stemp.com](mailto:bill@stemp.com)  
#1670, 734 - 7 Ave SW, Calgary, AB T2P 3P8

# Good Food at “The General”

by Deb Lee, Heritage Committee and Calgary General Hospital (CGH) Project

The Calgary General Hospital provided health care in our community from 1910 to 1998. Food services was certainly a key part of its mandate over those 88 years.

When the hospital opened in Bridgeland in 1910, twenty people were employed in the kitchen (up from two at CGH #2). The kitchen itself was built on the top (fifth) floor and while this location may have made sense to the architect, it came with practical challenges. Modern gas stoves were set up along a long wall but ended up collecting dust and grease. This occasionally resulted in a flash fire that had to be doused with sand, conveniently kept in a nearby bucket. Delivery of basic food ingredients went up the single elevator. All foods were prepared and then delivered in bulk to the wards below.

The food was kept warm in coal-fired ovens until served up to the patients by the staff nurses. If the one and only elevator was not working, it meant that hauling of food and coal had to be done via the stairway. During the years of the “Great Depression”, staff planted vegetables in the fertile land to the south of the hospital. Many pounds of potatoes and other basics were harvested for use in the hospital’s kitchen over the coming winter.

Over the years, the Food Services department evolved to meet the expectations of the times, with a major but practical move to the lower level of the CGH #4 when it opened in the 1950s. Improved understanding of the dietary needs of different disease conditions led to many “special diets”, all adding to the complexity of food preparation processes.

“The General” was highly regarded for the high calibre of the food they served. Their delicious food was not only for the patients, but also available to staff and visitors as well as locals, who were encouraged to come to the hospital cafeteria for a meal.

I had the opportunity to speak with Carol and Linda, who were staff members in the Dietary Department during the 1970s and 80s. They agree that those were the glory days of food services in the hospital. Most of the food was freshly prepared onsite by skilled cooks, including local Joe Barbaro. Staff enjoyed their jobs,

going to great lengths to ensure that the patients got the healthy food that they required. Mini kitchens were stocked on each ward to allow staff to provide nutritious snacks outside meal hours.

Morale was good in the hospital kitchen and more than one budding romance was ignited, say Carol and Linda, recalling the unnamed butcher and the baker! After work, staff teams played baseball on the nearby ball diamonds and afterward enjoyed a beer at the community centre “watering hole”. There was a strong sense of belonging at “The General”, both within and beyond the hospital walls.

Uniforms were colour-coded by service group within the hospital, Dietary staff wore turquoise. Staff had access to bolts of cloth and patterns and could make their own trousers, tunics etc.

Carol and Linda’s reminiscences shifted to some of the popular items produced from the General Hospital kitchens – spaghetti pie, cheeseburger pie, tuna noodle casserole... and the lemon slice was a real winner.

Times have changed. “The General” is gone and the topic of “hospital food” rarely evokes a positive comment. But the amazing food at the Calgary General Hospital lives on in the memories of those who were there.

We would love to hear from you!

Contact us at [cghproject@brcacalgary.org](mailto:cghproject@brcacalgary.org) if you have a memory about the General Hospital to share or if you’d like to learn more about the Calgary General Hospital Commemoration project.



Picture of the old hospital and garden area, from the Glenrose archives.



## YOUR CITY OF CALGARY

# Declutter and Discover! Join Us for the Citywide Treasure Hunt: A Fun Event for All Ages!

by The City of Calgary, Waste and Recycling Services

We are excited to announce the upcoming Curbside Treasure Hunt, taking place across Calgary on September 7 and 8. This is a fantastic community event where residents can set out items they no longer need, giving others a chance to find a hidden gem.

Event Details:

- Dates: September 7 and 8
- Look through your home and gather any reusable items that you no longer need.
- Mark them with a “Free” label and place them at the curb on the designated event days.
- Treasure hunters rejoice! Anyone can come and pick up these items for their own use – it’s like a free garage sale right at your doorstep!
- If it’s still on the curb, let’s keep the community tidy and donate it!

The Treasure Hunt encourages Calgarians to explore their neighbourhoods, find unique items, and meet new people. It’s a wonderful opportunity to strengthen our community ties and supports our goal of reducing environmental impacts by reducing waste. Participants can place items they no longer need at the curb for others to pick up, fostering a spirit of sharing and community engagement.

### Rockyview Ramblers Square Dance Club

2024 New Dancer Evenings Start on  
Friday, September 13 from 7:00 to 8:30 PM.  
\$8 per lesson per person  
Who can join: Singles, Couples & Families

**MODERN SQUARE DANCING IS A FUN ACTIVITY  
SET TO MUSIC, FRIENDSHIP & FITNESS.**



North Haven Community Centre  
5003 North Haven Dr. NW Calgary  
CONTACT: David or Joyce (403) 293 - 0033  
Email: rockyviewramblers@gmail.com

Experience a vibrant part of Culture Month!

Come and see local Italian entertainers, artists, and vendors

**FREE** ADMISSION

\* music \* dancing \* singing \* prizes \* food \* drinks \* contests \* games

italianfestival.ca

Calgary's Taste of Italy Festival

Sunday, September 8th, 2024  
11 a.m. - 7 p.m.

907 Centre Ave S.E., Bridgeland Riverside Community Area

ANITA MORTGAGE

AVENUE Financial

Hate Your Renewal Rate? Call Me!

Expert advice  
Excellent rates  
Many options  
Better mortgages

ANITA 403-771-8771  
anita@anitamortgage.ca

Licensed by Avenue Financial

## BRCA Donation from The Bridge

Thank you to our neighbours at The Bridge for your donation of \$470 to the Bridgeland-Riverside Community Association. These funds will go towards supporting activities and programs for the community.



**2 for 1**  
**BEAT THE HEAT**  
**SAVOUR THE SWEET**

MARSHMALLOW MATCHA FRAPP-EH  
FROZEN WATERMELON LEMONADE  
S'MORES FRAPP-EH

**WAVES**  
COFFEE + HOUSE  
Your Place & Ours

Must be of equal or lower value. Valid until August 31, 2024.  
Not valid with other offers.

## BRCA Planning Committee Open House – September 17

by Anthony Imbrogno, BRCA Planning Director

We've got no shortage of planning notices coming into the community. The Planning Committee for Bridgeland-Riverside Community Association is organizing an Open House on planning issues. Join us at the Hall on September 17 anytime between 6:30 and 8:30 pm.

We'll have information on how to submit comments to the City, what our Planning Committee does at our meetings (held every two weeks), and what's next for our Local Area Plan process.

And we'll be looking for your ideas, comments, and suggestions for how best to present the City with information from our neighbourhood. So, mark your calendars!

**September 17, BRCA Hall, 6:30 to 8:30 pm.**

Anthony Imbrogno is Planning Director for the BRCA. You can reach him at [planning@brccalgary.org](mailto:planning@brccalgary.org).

**CALL FOR VOLUNTEERS**

**WE ARE LOOKING FOR SOME DIRECTORS FOR THE BRCA BOARD AND COMMITTEES**

- VOLUNTEER DIRECTOR
- SAFETY DIRECTOR
- BEAUTIFICATION DIRECTOR
- FUND DEVELOPER/GRANT DIRECTOR
- COMMITTEE VOLUNTEERS
  - ROOFTOP GARDEN
  - EVENTS
  - PLANNING
  - TRANSPORTATION
  - SAFETY

EMAIL  
[MEMBERSHIP@BRCCALGARY.ORG](mailto:MEMBERSHIP@BRCCALGARY.ORG)  
[WWW.BRCCALGARY.ORG](http://WWW.BRCCALGARY.ORG)

**BRCA**  
BRIDGELAND RIVERSIDE  
COMMUNITY ASSOCIATION

# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**BRIDGELAND MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

**DETAILED HOUSE CLEANING:** Weekly, bi-weekly and monthly. Plus, move-in and move-out cleaning. Licensed, insured and bonded. We work according to our clients' needs. We also do Airbnb hosting. Call 403-470-6548.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up /Drop-Off Service Available.

**CAPSTONE ENGINEERING ACADEMY:** Enroll now for grades 1 to 9 STEM education at Vivo for Healthier Generations Rec. Centre! Featuring a full Alberta curriculum with immersive, hands-on Engineering and Technology focus. Secure your spot for September classes now! See our website for more information and to apply: [www.capstoneacad.ca](http://www.capstoneacad.ca).

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**YOURS TRULY, JOHNNY DRYWALL:** Your local drywall and texture repair specialist. We do many other minor & not so minor interior repairs. Estimates & advice are always free. Call or text Brad at 403-771-5228.



**the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



**BRIDGELAND-RIVERSIDE**

# FALL YOGA & QI GONG



**CHAIR YOGA BEGINNER**  
THURSDAYS 11:00AM - 12:00PM

**SEPT 12 - OCT 17**

**FREE**

**YIN YANG YOGA**  
MONDAYS 7:00 - 8:00PM

**SEPT 9 - OCT 21**  
(NO CLASS OCT 14)

**\$78**

**CHAIR YOGA ADVANCED**  
MONDAYS 11:00AM - 12:00PM

**SEPT 9 - OCT 21**  
(NO CLASS OCT 14)

**FREE**

**QI GONG**  
FRIDAYS 10:00AM - 11:00PM

**SEPT 13 - OCT 18**  
LIMIT 10 PARTICIPANTS

**\$78**

**ALL CLASSES HAVE A MAXIMUM OF 18 PARTICIPANTS AND ARE LED BY KIM FESTA AT THE BRCA COMMUNITY HALL (917 CENTRE AVE NE)  
YOGA IS IN THE LOWER HALL; QI GONG IN THE LANTERN ROOM**

**REGISTER ONLINE BY SEPT 1**

**[WWW.BRCACALGARY.ORG](http://WWW.BRCACALGARY.ORG)**

**OR BY CALLING 403-263-5755 OR EMAILING  
PROGRAMS@BRCACALGARY.ORG**

**CANCELLATION POLICY: REFUNDS MINUS 5% AVAILABLE FOR  
CANCELATIONS OVER 7 DAYS; NO REFUNDS WILL BE GIVEN FOR  
CANCELATIONS WITHIN 7 DAYS TO START DATE**



**BRCA**  
BRIDGELAND RIVERSIDE  
COMMUNITY ASSOCIATION

# THANK-YOU CASINO VOLUNTEERS!



We greatly appreciate you donating your time to support the Bridgeland-Riverside Community Association's programs and operations.

# BARKER'S

• FINE DRY CLEANING •

PICK UP & DELIVERY  
SERVICES

403-282-2226

# GET NOTICED

**ACQUIRE AND RETAIN NEW CUSTOMERS.**

Your Ad Geofenced Precisely in Your Target Market on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 | [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)



SCAN ME

**GREAT NEWS MEDIA**

LEADERS IN COMMUNITY FOCUSED MARKETING

# THOMAS KEEPER,

*"A Trusted Name in Real Estate"*

---



4308 CORONATION DRIVE SW  
\$4,350,000



954 DRURY AVENUE NE  
\$1,899,900



WALK-OUT BUNGALOW  
8070 266 AVENUE W  
\$1,800,000



141 EVERGREEN WAY SW  
\$1,350,000



1106 COLGROVE AVENUE NE  
\$975,000



69 DOVERCLIFFE CLOSE SE  
\$549,900



3532 33 STREET SE  
\$529,900



32 FONDA DRIVE SE  
\$499,900



#132, 721 4 STREET NE  
\$479,900



## 403-542-8084

**THOMAS KEEPER,** REALTOR®  
thomas@tinkinternational.com  
www.thomaskeeper.com



Information herein deemed reliable, but not guaranteed. The information included in this document is a guide only, and must be verified independently.

These properties are listed by: Tink Real Estate, 709 Edmonton Trail NE, Calgary AB, T2E 3J5