

JUNE 2024

DELIVERED MONTHLY TO 5,415 HOUSEHOLDS

# BRIDGELAND RIVERSIDE BRIDGES

THE OFFICIAL BRIDGELAND-RIVERSIDE COMMUNITY NEWSLETTER

 **BRCA**  
BRIDGELAND-RIVERSIDE  
COMMUNITY ASSOCIATION

**BRIDGELAND-RIVERSIDE  
BUSINESSES  
ARE OPEN  
DURING CONSTRUCTION**



**RISING SUN**  
PSYCHOLOGICAL SERVICES INC.

Bridgeland's Community  
Counselling Centre  
Since 2019.

587-358-0900  
[risingsunpsych.ca](http://risingsunpsych.ca)



## Savour the Season

Refresh your palate with vibrant salads and local produce



### \$10 OFF!



When you spend \$100 or more at  
Blush Lane Organic Market

VALID AT ANY BLUSH LANE ORGANIC MARKET. YOU MUST PRESENT THIS COUPON AT THE TIME OF PAYMENT.  
A MINIMUM PURCHASE OF \$100 IS REQUIRED. NO CASH VALUE. ONE COUPON PER CUSTOMER, PER TRANSACTION,  
PER DAY. CANNOT BE COMBINED WITH ANY OTHER OFFER. VALID UNTIL JUNE 30, 2024.

**Blush Lane**  
ORGANIC MARKET

SUSTAINABLE / LOCAL / SEASONAL

VISIT US AT

617 MEREDITH RD NE

# BARKER'S

· FINE DRY CLEANING ·

PICK UP &  
DELIVERY  
SERVICES

403-282-2226

**Your Patio Furniture Superstore!**

**YETI** **Wicker Land Patio** **weber**

TRAEGER **BBQ LAND** RATANA **Modern Patio**

Located Three Blocks East of Chinook Mall  
6125 Centre Street S, (403) 258-2506  
WickerLand.ca

The advertisement features two images of outdoor patio furniture. The top image shows a wicker set with white cushions and a coffee table. The bottom image shows a modern metal and wood set with white cushions and a coffee table. The text is bold and colorful, with a yellow background for the bottom section.

## ALL CASH OFFER FOR YOUR HOME

- ✓ Fast closing on your time.
- ✓ Hassle-free process.
- ✓ No repairs needed.
- ✓ No commissions.



Call to get a no obligation offer

**587-400-9627**

or visit

[www.dreamteamcapital.ca](http://www.dreamteamcapital.ca)



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Specializing in:

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(hair and skin restoration)

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(body sculpting)

Lashes

Medical Grade Skincare

Complimentary Consultations  
Come meet our welcoming team

[info@elegancecalgary.com](mailto:info@elegancecalgary.com)



124 - 8 Street NE  
Calgary, AB  
T2E 1M2



## OFFICIAL



PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**

Service Call Fee



**403-837-4023**

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

**DIRECTORS**

President and Chair	Alex MacWilliam President@brcacalgary.org
Vice Chair	Vacant ViceChair@brcacalgary.org
Treasurer	Jackie Fimrite Treasurer@brcacalgary.org
Secretary	Linda Poetz Secretary@brcacalgary.org
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Safety	Jess Huffman Safety@brcacalgary.org
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Events	Kazuki Tomoda Events@brcacalgary.org
Director at Large	Blain Cellars
Newsletter	Ana Hoepfner newsletter@brcacalgary.org

# MEMBERSHIP FORM

New and returning members, please apply online at [brcacalgary.org/membership](http://brcacalgary.org/membership) or use this form and mail or drop off along with cheque made out to:

**Bridgeland-Riverside Community Association**  
**917 Centre Ave NE**  
**Calgary AB T2E 0C6**



Membership type: (please check one)

Individual

Family

Senior



Member information: (please print clearly, attach additional family member names)

Last name: \_\_\_\_\_

First name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone number: \_\_\_\_\_

Or, please feel free to communicate with us about community events at [events@BRCAcalgary.org](mailto:events@BRCAcalgary.org)

*Bridges* contains editorial content and information provided by Bridgeland-Riverside Community Association and is distributed free to community residents and businesses 12 times per year. Circulation is approximately 5,820.

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# PRESIDENT'S MESSAGE

by Alex MacWilliam

As you are aware, significant construction activity is occurring in our neighbourhood that will disrupt traffic and parking and will impact the commercial establishments operating in Bridgeland-Riverside for the majority of 2024 and again in 2025. The City of Calgary is doing its best to keep the BRCA, the Bridgeland Business Improvement Area (BIA), and individual businesses informed of the construction schedule and the changes to traffic and parking that are being made to accommodate the work and to try to lessen the impacts to businesses and residents. For example, temporary parking is being made available on the side streets adjacent to the blocks on 1 Avenue where parking is removed during construction. We are sharing the information we receive from the City on our website and social media.

We are fortunate to have wonderful businesses in our community. Our great restaurants, bars, cafés, medical and dental clinics, wellness and personal services facilities, pharmacies, food vendors, and many other retail establishments already face competitive and financial pressures. Disruptions to access and parking will add to their concerns. While we always encourage residents to patronize our local shops and services, the BRCA asks that you make an extra effort to do so while they are dealing with this period of construction.

Supporting our local businesses is a cornerstone of our community's vitality. These businesses are not just retail stores or restaurants; they are the heart of the local economy, contributing to the unique character and social fabric of Bridgeland-Riverside. When you choose to shop locally, you are investing in the community in several meaningful ways. Firstly, local businesses are more likely to reinvest a significant portion of their profits back into the local economy, fostering economic growth and sustainability. Additionally, they create job opportunities, keeping wealth within the community and often providing better wages compared to chain stores. Local businesses also contribute to the tax base, which supports public services and infrastructure. Moreover, they often source goods and services from other local businesses, creating a positive ripple effect that strengthens the local economy. Lastly, local businesses add a distinct flavour to the community,

offering unique products and personalized customer service nearby that enhance the shopping experience. They draw people to our neighbourhood, and they make Bridgeland-Riverside an attractive place to live.

It is also important to appreciate that the end result of all this construction will be new and improved commercial thoroughfares on Edmonton Trail and 1 Avenue with widened sidewalks, more plants and trees, new street lighting, and safer and upgraded pedestrian crossings. Further design details and updated schedules can be found on the City's Bridgeland Main Streets website at <https://www.calgary.ca/planning/projects/bridgeland-main-street.html>.

**DID YOU KNOW YOU CAN RENT THE BRIDGELAND-RIVERSIDE COMMUNITY HALL FOR FAMILY GATHERINGS?**

[brccalgary.org/facility-rentals](http://brccalgary.org/facility-rentals) | [hallebrccalgary.org](mailto:hallebrccalgary.org)

- ★ A beautiful outdoor courtyard and patio for summer BBQ's and lawn games
- ★ Space for 100 guests outdoors, or 200 guests with the indoor space
- ★ Tables and chairs
- ★ Your choice of caterer
- ★ BBQ available for rent
- ★ Access to adjacent playground

**BRCA**  
BRIDGELAND-RIVERSIDE  
COMMUNITY ASSOCIATION

**Joke of the Month**

What do you get from a pampered cow?  
**Spoiled milk.**

# Tips to Support Small Local Businesses

Get to know the small businesses in your area and learn how you can support with these five easy tips!

We love our small businesses in Bridgeland and with the construction that has kicked off we are asking you to please continue to make a point of supporting the heart of Bridgeland – and that is all of our amazing businesses that call our community home.

Here are five easy tips to help you support local and small business in Bridgeland.

1. Follow local and small businesses, such as stores, merchants, and restaurants, on social media and engage with their content!
2. Share your experience by writing a review.
3. Encourage your friends and family to support local businesses by purchasing gift certificates or gift cards from a local store.
4. Shop local – both online and in-person.
5. Sign up for their emails and newsletters!

Remember – your support goes a long way.



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## CALGARY MAT & LINEN SERVICES

403.279.5554  
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We care about the safety, cleanliness, and appearance of your business.

### Mat Rentals & Purchases

- Outdoor and indoor entryway mat rentals
- Customized mat rental programs to suit your needs
- Mats are regularly changed, cleaned, and sanitized
- No upfront mat inventory investment required
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- Multiple different mat sizes available to suit your unique work environment



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- Tablecloths & napkins
- Flexible pick up / drop off scheduling
- Quick turnaround times

### Linen Cleaning Services

- Towels, Sheets, Pillow Cases, & Face Cradles
- Ideal services for Hotels, Massage, Physiotherapy, and Chiropractic



### Workwear Cleaning Services & Supplies:

- Uniforms, Coveralls, Gowns, Rags
- Tork Dispensers and Supplies



VISIT OUR WEBSITE



CONTACT US



**CASINO**  
VOLUNTEERS NEEDED

JULY 9 & 10, 2024

**POSITIONS AVAILABLE**

- General Manager
- Banker
- Cashier
- Chip Runner
- Count Room Supervisor
- Count Room Staff

**SHIFTS**

- 11 AM - 7:30 PM
- 6:30 PM - 3:30 AM
- 11 PM - 3:30 AM

**SIGN UP TODAY!**

EMAIL [hall@brccalgary.org](mailto:hall@brccalgary.org)  
PHONE 403-263-5755

**BRCA**  
BRIDGELAND RIVERSIDE  
COMMUNITY ASSOCIATION

BRIDGELAND // RIVERSIDE

# FARMERS MARKET

**EVERY THURSDAY**  
3:30 – 7:30 PM  
JUNE 20 – OCTOBER 3, 2024

Bridgeland Community Hall  
917 Centre Ave NE  
[bridgelandfm.ca](http://bridgelandfm.ca)

RAIN OR SHINE

Bridgeland  
Riverside  
**FARMERS MARKET**

# Crossing Niagara

June 30, 1859, is a date to mark in your calendar and remember! It was on this day that Charles Blondin crossed Niagara Falls on a tightrope! This feat has since been replicated by many, with the most recent being Nik Wallenda on June 15, 2012.

**BRIDGELAND WALKS** **June '24** **Wednesdays at 7pm**

Meet at the BRCA Hall  
917 Centre Ave NE

JOIN US AS WE WALK AROUND AND BEYOND THE NEIGHBOURHOOD, FOLLOWING A DIFFERENT THEME AND ROUTE EACH WEEK.

Email us at [bridgelandwalks@gmail.com](mailto:bridgelandwalks@gmail.com) to be added to our monthly schedule distribution list.

**June 5 BRIDGES**  
Initially there was one bridge crossing the Bow River but now there are many more... we'll head south and see how many bridges we can cross. Some may want to go as far as Inglewood...  
Mostly flat, 4.5 or 6 km

**June 12 CHURCHES**  
No other Calgary community has the number and variety of places of worship a we have in Bridgeland Riverside. How many can we see?  
Mostly flat, 5 km

**June 19 FIREWORKS LOOKOUTS**  
Great views and places to watch the fireworks. We'll climb the escarpment and find the good spots.  
Hilly, 5 km

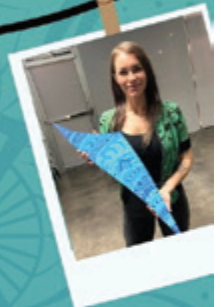
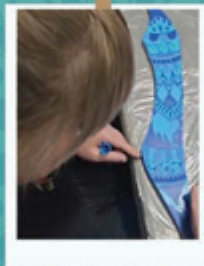
**June 27 TREES EDUCATIONAL WALK \* starts at 6:30**  
You'll learn lots from an educator from the city who will guide this walk to check out a range of trees in our neighbourhood.  
Mostly flat < 4km



# THE UNVEILING OF MANDALA REFLECTIONS

ART INSTALLATION

SUNDAY, JUNE 23, 2024  
2PM



COLUMBUS MANOR



Explore how each piece weaves into a unified tapestry, celebrating our shared and personal journeys.





# Paper Story, Connecting Community Through Papermaking: A Public Art Project Presented by the BRCA and Local Artist Andrea Lau

This summer, join us in a fun and informative art project that turns our neighbourhood weeds into sheets of handmade paper.

## About Invasive Weeds

Invasive weeds can spread rapidly, causing severe crop losses and economic hardship. They are highly competitive and rob the soil of nutrients and growing space that should be supporting native plants. Many Bridgeland-Riverside residents grow food in gardens, want to maintain healthy yards, and keep our parks weed-free! This project works towards that goal.

Historically, many invasive species in North America were brought over by early settlers for medicinal, agricultural, and ornamental uses, without realizing their future negative impacts to local biodiversity.

## Weed Drop-Off

Drop off to Andrea at the Farmers' Market Information Booth on Thursdays from 3:30 to 7:30 pm starting June 20. Please remove as much soil as possible and use a cardboard box or paper bag as a container. We will be accepting all types of weeds.

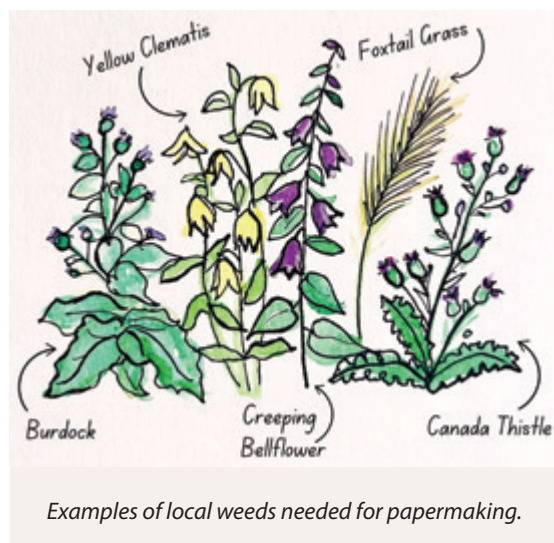
## Register For a Papermaking Workshop

Visit [brcacalgary.org](http://brcacalgary.org) to register for a free papermaking workshop (all ages).

Anyone can register, you do not have to contribute weed material to participate.

## About This Project

All paper created during workshops will remain at the BRCA hall to dry and will be exhibited from September 21 to 22, 2024. During the exhibit, all attendees will be invited to take a sheet home for their own use and leftover paper will be donated to the art departments of local schools. Follow this project: @papermakeryyc.



Examples of local weeds needed for papermaking.

# CALGARY GENERAL HOSPITAL

A Story of Our Neighborhood & Calgary

1910 - 1998



**JOIN US!**

**Bridgeland Riverside Community Centre**

**917 Centre Avenue NE**

Learn about the evolution of the Calgary General Hospital from its very humble beginnings thru 1998. Share your memories of the hospital. Hear about the plans to commemorate it - creating a place to pause, remember and learn about the Hospital's important role in the neighborhood and health care over its many years serving Calgarians.

**Choose one from:**

<b>February 13 (Tuesday)</b>	1:00 - 3:00 pm
<b>March 4 (Monday)</b>	7:00 - 9:00 pm
<b>March 14 (Thursday)</b>	1:00 - 3:00 pm
<b>April 24 (Wednesday)</b>	7:00 - 9:00 pm
<b>May 14 (Tuesday)</b>	1:00 - 3:00 pm
<b>June 6 (Thursday)</b>	1:00 - 3:00 pm

Find out more:



Contact us:  
[cghproject@brccalgary.org](mailto:cghproject@brccalgary.org)

**By Car**

Parking available on south side of the community hall

**By C-Train**

Blue Line - Bridgeland Memorial Station

**By Bus**

#90 - Bridgeland/University of Calgary

# HEALTH EXPO

Sunday, June 23, 2024

11:00 am to 3:00 pm

Bridgeland SDA Church

## ✨ Unlock Your Total Health Potential! ✨

🔍 Dive deeper into what it means to truly thrive with holistic wellness at the New Start Health Expo! Experience the fusion of body, mind, and soul for optimum well-being.

📖 Discover the secrets to total health and unlock a life of vitality and fulfillment. From cutting-edge fitness trends to mindfulness practices, explore everything you need to elevate your well-being.

## ✨ Discover the Ultimate Wellness Experience! ✨

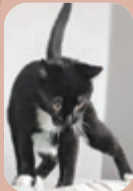
- *Free health screening: cardiovascular fitness, body fat percentage, lung capacity, glucose test, and blood pressure test*
- *Physician lectures and consultations*
- *Chair Massage*
- *Tasty food samples*
- *Free health resources*

📌 **Don't miss this opportunity to prioritize your well-being. Join us at the Health Expo and take the first step towards a healthier you!**

## Cats, Canines, & Critters of Calgary



Archie, Sage Hill



Bandit, Copperfield



Louie, Country Hills



Minnie, Ertton



Morgan,  
Panorama Hills



Sergeant Pepper,  
Thorcliffe



Toby, Douglasdale



Toby,  
Patterson Heights

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)



# Backyard Play Safety

by Alberta Health Services, EMS

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children this summer. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts. It's also advised to set up play equipment on top of a nine-inch layer of shock-absorbing material which extends six feet out in all directions from the play area.

## Water Hazards

- Drowning contributes to unintentional injury-related death among children ages one to four.
- Children can drown in just a few centimetres of water if it covers their mouth and nose.
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres high and have a self-latching, self-closing, lockable gate (\*Alberta Building Code).

## Lawn and Garden Tools

- Keep young children away from outdoor power equipment.
- Serious burns may result from touching hot engine surfaces.
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

## Insect Bites and Stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions.
- Avoid wearing brightly coloured clothing outdoors.
- Consider destroying or relocating hives and nests situated near your home.
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors.
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it.
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 911.

BRIDGELAND RIVERSIDE  
COMMUNITY ASSOCIATION

# VOLUNTEERS NEEDED!



**Interested?**

Email: [membership@brccalgary.org](mailto:membership@brccalgary.org)

[WWW.BRCCALGARY.ORG](http://WWW.BRCCALGARY.ORG)



**WE NEED HELP WITH:**


- Board - Membership/ Volunteer Director
- Events Committee
- Beautification Committee
- Farmers Market set up/tear down
- Heritage Committee
- Safety Committee
- Grant coordinator
- Community clean up

BRAIN  
GAMES

SUDOKU

2				8	9		6	
	3			1				
9					3	8	7	
						2	1	7
				4				
8	5	3						
	1	2	3					9
				9			8	
	8		1	7				6

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# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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**BRIDGELAND MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**WILD ROSE HIGHLAND DANCE STUDIO:** Scottish highland dance lessons for ages 4 and up! Part sport and partartisticskill,thedancesarea spectacular combination of strength, agility, precision, stamina, movement, music, and colourful costumes. Register now for fall 2024. Contact us at [wildrosehighlanddancestudio@gmail.com](mailto:wildrosehighlanddancestudio@gmail.com) or visit [www.wildrosedance.ca](http://www.wildrosedance.ca).

**YOURS TRULY, JOHNNY DRYWALL:** Your local drywall and texture repair specialist. We do many other minor & not so minor interior repairs. Estimates & advice are always free. Call or text Brad at 403-771-5228.



**the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

# Don't forget to RENEW your BRCA Membership for 2024

Cost: Pay what you can or donation  
Types: Individual, Senior, Family

The Bridgeland-Riverside Community Association (BRCA) aims to create a strong and vibrant community that is inclusive and engaged.

Renew at [www.brcacalgary.org](http://www.brcacalgary.org)



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- Probate
- Real Estate/Conveyancing
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**SCAN HERE TO VIEW ADDITIONAL BRIDGELAND CONTENT**

**News, Events, & More**

**Crime Statistics**

**Real Estate Statistics**

**BRCA**

**ANNUAL GENERAL MEETING**

**Thursday, June 13, 2024**

Registration 6:30pm  
Meeting Starts 7:00pm

BRCA Hall - 917 Centre Ave NE

**BRCACALGARY.ORG**





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\$50 for hockey bag full of gear. We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves. Most equipment used by athletes or workers can be cleaned, disinfected, & refreshed.



### OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone effectively annihilates 99% of bacteria and viruses upon contact, encompassing both odor-causing bacteria and those responsible for various illnesses, such as staph infections.

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calgaryfreshjock.com

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FROTH!  
FRESH!**

**2 FOR 1  
DEAL**

valid until  
July 31<sup>st</sup>, 2024



Italian  
Soda

Shakerato

Fruit  
Lemonade

**WAVES**  
COFFEE + HOUSE

# THOMAS KEEPER,

*"A Trusted Name in Real Estate"*

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4308 CORONATION DRIVE  
\$4,550,000



954 DRURY AVENUE  
\$1,899,900



WALK-OUT BUNGALOW  
8070 266 AVENUE W  
\$1,800,000



1106 COLGROVE AVENUE  
\$975,000



69 DOVERCLIFFE CLOSE  
\$549,900



#207, 455 1 AVENUE NW  
\$334,900



1207 RENFREW DRIVE  
\$824,900



32 FONDA DRIVE  
\$499,900



227, 950 CENTRE AVENUE  
\$299,900



403-542-8084

THOMAS KEEPER, REALTOR®

thomas@tinkinternational.com

www.thomaskeeper.com



Information herein deemed reliable, but not guaranteed. The information included in this document is a guide only, and must be verified independently.

These properties are listed by: Tink Real Estate, 709 Edmonton Trail NE, Calgary AB, T2E 3J5