BRIDGELANDRIVERSIDE

BRIDGES

THE OFFICIAL BRIDGELAND-RIVERSIDE COMMUNITY NEWSLETTER







BRIDGELAND'S COMMUNITY COUNSELLING CENTRE SINCE 2019.

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Celebrating 115 years of helping

Semi-Annual

Super Calgarians in need Thrift Sale

Saturday, September 27

9:00am-1:00pm **Hillhurst-Sunnyside Community Centre** 1320 - 5th Avenue NW









Get great deals on household goods, clothing & shoes for all, fashion accessories, vintage & boutique items, collectibles, art, books, toys & much more

Don't forget to bring your tote bag!

Back by popular demand:

- Concession
- Parcel Pickup

For More Information: samaritanclub.ca All proceeds will benefit Calgarians in need (Cash Only)

Cats. Canines. & Critters of Calgary



Harley, Cranston

Jasper, Glenbrook





Lulu, Signal Hill

Mika, Richmond Knob Hill







Mr. Fuggs, Christie Park

Rollie, Auburn Bay





Ruby, Glenbrook

Rusty, Glenbrook

To have your pet featured, email news@mycalgary.com



VOTE ALISON KARIM MCSWINEY

FOR WARD 9 COUNCILLOR

YOU HAVE A RIGHT TO BE SAFE

I will prioritize the safety of Ward 9 communities.

REVERSE BLANKET REZONING

We need planning that respects context and community character.

BACK TO BASICS

Focus on municipal responsibilities. Deliver services effectively and affordably.

I WILL LISTEN

I will continue to honour the wisdom of neighbours and the power of community.

More than 25 years of experience.

www.AlisonForWard9.ca







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MEMBERSHIP FORM

New and returning members, please apply online at brcacalgary.org/
membership or use this form and mail or drop off along with cheque
made out to:

Bridgeland-Riverside Community Association
917 Centre Ave NE

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917 Centre Ave NE Calgary AB T2E 0C6

Membership type: (please check one)	→ 76 (/
Individual	YEARS LE
Family	
Senior	BRIDGELAND RIVERSIDE
!	COMMUNITY ASSOCIATION
.	
Member information: (please print cle	early, attach additional family
member names)	
Last name:	
First name:	
Address:	
Postal code:	
Email:	
Phone number:	
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Or, please feel free to communicate with us about community events at events@BRCAcalgary.org

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PRESIDENT'S MESSAGE

I am writing this message on August 12, exactly 75 years from the date on which the Bridgeland-Riverside Community Association (BRCA) was formally created under provincial legislation. As I mentioned in an earlier issue, the predecessor to the BRCA, the Bridgeland-Riverside Athletic Association (BRAA) was established in 1908, being the first group in Calgary to operate like a community association.

Calgary's 1950 population of 132,000 doubled by 1960, primarily due to the oil and gas boom kicked off by the 1947 Leduc field discovery, and we are now a city of close to 1.7 million people. No other city in Canada has grown as fast as Calgary, and there have been incredible opportunities and challenges as a result of such rapid expansion. Calgary had 206 communities at the time of the 2021 Canada Census, and you only need to visit the outskirts of the city to know that this number has increased significantly since then. Calgary's various community and resident associations are run by over 20,000 volunteers.

The mission of community associations has evolved over time, although their role in promoting recreational and social activities to bring residents together has remained one of their primary functions. The BRCA also aims to inspire residents to be engaged and to create opportunities for their voices to be heard. In doing so, we strive to enhance a sense of belonging, wellness, and pride in our community.

We hope you can join the BRCA and your neighbours to celebrate our 75th (and 117th) birthday on September 13 at the Community Hall. The event will include games, a BBQ, and a movie in Murdoch Park. Thanks to the generosity of a multitude of local businesses, all activities will be free. It will be a great day for recognition of the past and best wishes for the future of our amazing community.

Alex MacWilliam









Interested in Learning More About Trees? Save the Date!

by Laura and the BRCA Tree Team

The City of Calgary Parks educator will be meeting with our tree ambassadors and any interested community members for a guided tree walk on September 23, from 6:00 to 8:00 pm.

We are partnering with the Bridgeland Walking Group, so further details will be coming with their regular schedule, but we expect we will be meeting at the top of the BRCA hall staircase off Centre Ave, or possibly by the picnic tables just west of the stairs.

Bring your tree questions!









BRIDGELAND

WALKING GROUP

Tuesdays at 6:45 pm

Meet at the BRCA Community Hall 917 Centre Avenue NE

JOIN US AS WE WALK AROUND THE NEIGHBOURHOOD, FOLLOWING A DIFFERENT THEME AND ROUTE EACH WEEK

SEPTEMBER 2025

- September 2: Little Free Libraries
- September 9: Italian Walk
- September 16: Schools
- September 23: Tree Walk (6:00 pm start time). Come and learn about the various trees. This walk will be led by a City of Calgary Educator.
- September 30: Sunset Walk

Email us at **bridgelandwalkinggroup@gmail.com** to be added to our monthly schedule distribution list.



STRENGTH TRAINING FOR SENIORS TUESDAYS 1-2PM SEPTEMBER 9 - OCTOBER 21 (NO CLASS SEPT 30) FREE Register by email: programs@brcacalgary.org or call: 403-263-5755 Instructor Kim Festa Specialized strength training designed to enhance vitality and promote independence.

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 Help build and maintain muscle mass, improve

balance, and enhance

 overall fitness.
 Low-impact and emphasize proper form and gradual progression.

Putting Art on the Map: Calgary Public Art Guide

by Susan Mulholland in collaboration with Caroline Loewen



The BRCA Beautification Committee partnered with Calgary Arts Development's Public Art Program so that our 25+ public art pieces will be included in the new Calgary Public Art Guide. This article is based on an interview with one of the Project Leads, Caroline Loewen.

1. Could you give me a short summary of what the mapping project is?

The Calgary Public Art Guide has been a year in the making and is an interactive public art map that features a wide range of public artworks in Calgary—including city-owned pieces, privately commissioned artworks, murals, temporary works, and community-initiated projects. The purpose of the project is to increase awareness of and access to public art in Calgary, to reflect the diversity and creativity of Calgary's arts community, and to help people explore Calgary's public art!

2. What's your role in this? Who is the mapping team?

I am the Project Lead for the project, along with Alexis Kinloch. The map is being developed by Built by Field, a local team of developers and designers. We're partnering with other commissioners of public art in the city like BUMP (Beltline Urban Murals Project), the Calgary Municipal Land Corporation (CMLC), and community associations [such as the BRCA]. The public will make a big contribution too. If people see something missing, we want them to share it with us!

3. Any cool facts to share?

The Calgary Public Art Guide welcomes community contributions—community members can upload images and stories to help make this the most inclusive and up-to-date resource for public art experiences in our city.

5. Any dreams regarding this project?

We hope that the community can make the guide their own, by adding to it, creating self-guided tours, and engaging with public art throughout the city. I'd love to see folks contribute to it in unique ways, by adding hidden gems or creating tours that take people off the beaten track. I'm hoping for a public art bike tour along the river pathways!

8. Any sense of how many public art pieces there are?

Good question, it's hard to estimate the number of public artworks in the city because there are so many diverse commissioners and creators of public art including the City, CADA, non-profits, community associations, and artists. We're hoping that we can create a near comprehensive digital guide of public art in our city so that we can get a better idea of how much art is out there.

9. What is the best-known public art piece in this project?

Probably the Peace Bridge! We recently heard it's the most photographed piece of public art in Canada.

10. When and where can we find the Calgary Public Art Guide?

It will launch in September 2025, so you will see it soon.

Check out Calgary Arts Development's website for more information on the Public Art Program and to see the Calgary Public Art Guide.



& MOVIE 75" ANNIVERSARY BBQ

Bridgeland-Riverside Residents - You're Invited!

SEPTEMBER 43, 2025



2 - 7pm



DJ, Bounce House, Lawn Games, Races and more!



BBO AT THE BROWN

2 - 7pm

Thanks to our sponsors, this event is free! Just RSUP here to attend!







POPCORN, DONUTS, PIZZA & ICE CREAM

will be available to purchase during the movie



THANK YOU TO ALL OUR SPONSORS

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Your Spring Reset Starts Here.

Want to freshen things up? We've got you. Cleanings, whitening, Botox, and Invisalign at Swish.



At Swish, great care comes easy.

Swish is a locally-owned dental clinic where oral care meets self-care. Since opening our doors in 2022, we've earned over 500 5-Star Reviews for our people-first, hospitality-inspired approach to dentistry. Our mission? To make every dental appointment feel less like a chore, and more like your favourite self-care routine.

Say goodbye to dental anxiety and switch to Swish. Join us here in Bridgeland or at our brand-new University District location, now open!

Good Vibes + Shame-Free Treatment Fast and Convenient Direct Billing Experience the Extras at No Extra Cost



The key to great care? It all starts with our people.

Book an appointment with our dream team at Swish Bridgeland or University District.

Fresh 5 vs the Essentials

New to Swish? We've got 2 starter packs to get your oral care in perfect shape and ready to go.



The Essentials

The Essentials is our comprehensive care package, designed to help you find that perfect balance between self care and health care. Your appointment includes a dental exam (performed by a dentist), cleaning (aka scaling), X-rays (to prevent serious issues before they start), teeth whitening, and a 3D Wellness Scan (to keep an eye out for things like oral cancer).

The Fresh 5

The Fresh 5 is a flat-rate version of our essential services, featuring cavity-detecting X-rays and two units of scaling. We know there are many barriers to accessing oral care but your finances shouldn't be one of them. The Fresh 5 includes five must-have treatments and is great for anyone who has lapsed in visits to the dentist and is in need of a bit of catching up.

Both options are designed to keep your smile healthy and bright. Do you have more questions about which package might be the right fit for you?

Get in touch.

Say ahhh...

Swish specializes in all things dental for all ages, from essentials to emergencies.



The Essentials

A comprehensive dental exam, cleaning, 3D wellness scan, x-rays, complimentary oral cancer screening, and free whitening.



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Fresh 5 is a flat rate option with five must-have treatments.



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Cavities, wisdom teeth. root canals, crowns. implants, and more. Thorough, yet gentle on tough stuff.



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Form meets function. Botox, whitening, veneers, and more.



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swishoralcare.ca

bridgeland@swishoralcare.ca



Celebrate Bridgeland— Riverside's 75th Birthday with a Treasure Hunt!

Looking for a fun and different way to mark Bridgeland–Riverside's 75th birthday? Try geocaching—a real-world treasure hunt that leads you to hidden gems and scenic views right in your neighbourhood!

If you're new to it, geocaching is an outdoor activity where people use their phone's GPS to find hidden containers, called "caches," placed by other adventurers. It's fun, family-friendly, and great for all ages and abilities.

Here's how to get started:

1. Download a Geocaching App

Try the official Geocaching® app or others like Cachly, then create a free account.

2. Choose a Cache and Navigate

Use the app's map to pick a nearby cache and follow the GPS directions to its location.

3. Search the Area

Look carefully—caches can be tiny, tricky, or camouflaged!

4. Sign the Logbook

Found it? Open the container and sign your name in the logbook inside.

5. Log It in the App

Mark it as "Found" in the app and share your adventure.

6. Trade Items (Optional)

If the cache has small treasures, feel free to take one— just leave something of equal or greater value in return.

7. Put It Back as You Found It

Re-hide the cache exactly where and how you found it so others can enjoy the hunt too!

Happy hunting—and happy 75th, Bridgeland–Riverside!

Susan Mulholland

BRCA Beautification Committee





Lights in Bridgeland

by Laurie Alisat, BRCA Beautification Committee

Whether you are travelling around Bridgeland-Riverside or planning lighting inside or outside of your own home or business, lighting impacts you. It is helpful to have appropriate lighting to illuminate a pathway or roadway for personal and public safety. For businesses, lighting can help attract the attention of potential customers. It may also provide security for the business premises.

At other times, lighting can be a nuisance, shining into your home directly from another property or by the over-flooding from a light source into your home or into the sky, obstructing your view of the night sky. This can be annoying and frustrating, depending on the level and intensity of the lighting. A neighbourly chat or a call to 3-1-1 might be necessary to resolve this.

Bylaw enforcement aside, how do we, as citizens and as a community, find balance between safety, comfort, and viewing? This is a complex question. Communities around the world are grappling with it by bringing community members together to find solutions that are agreeable for the community and the environment. They are looking at identifying and using the right kind of lighting, at the right time, at the right intensity.

With that in mind, communities are considering:

- A style of lighting that shines down, illuminating the space that needs to be lit up, without overspill, thus helping to preserve the night sky.
- When lights need to be on, to serve their desired function, and using research to help inform the times that are helpful in promoting safety and deterring crime.
- What intensity of light is needed for safety, using research to determine how much is too little or too much to enhance visibility.
- What guidelines or policies might need to be developed and put in place for their community. See "Dark Sky Communities" for more information on this.

This is just the tip of the iceberg, so to speak, with regards to lighting. There is much to be learned about how lighting impacts our health and wellness, as well as that of the plants and creatures in our environment. This is a conversation Bridgeland-Riverside might want to engage in as a community.





Bridgeland-Riverside Homes and People: Gone, but Not Forgotten

by Deb Lee, BRCA Heritage Committee

Our Bridgeland-Riverside streets are full of interesting homes. Many were built in the 1910s building boom; some are still here and have an appealing presence on the street. A growing number of older homes have been demolished and replaced with more modern structures. Recently BRCA had a call from a family member doing genealogical research on her grandfather, asking questions that prompted a search of our heritage resources. Of course, one thing leads to another when you delve into such records, and I uncovered some new things about former residents who were prominent enough to have appeared in newspaper articles. Here's a bit of what I gleaned.

John Cartwright, the focus of the intriguing question, was an Englishman who arrived in Calgary as a 53-year-old with his family of ten in the early 1900s. The family operated a small ranch in Nose Creek before moving to a large home at 628 Bowen Avenue—now known as 2 Avenue. Despite efforts to save it, the house was torn down during the 1980s wave of development. Several condo and apartment buildings are located in the vicinity.

Robert Fletcher was an Englishman who came to Canada via Australia and joined the NWMP. He arrived in Calgary in 1877, two years after the first troop had established Fort Calgary. Robert had travelled by steamboat up the Missouri River to Fort Benton, USA and onward by mule train to Calgary. After completing his NWMP service, he left town and got married in the East but soon returned to Calgary. In 1897, he was appointed the Deputy Collector of Inland Revenue (a tax collector), a prominent job he held until 1921. More prosperous than many of his Riverside neighbours, Fletcher built a handsome home on a large lot on 6 Street. He died at 91 years old in 1939. The home was later occupied by the Barbaro family; Joe Barbaro was a chef at the Calgary General Hospital for many years. The property was large and the house quite attractive, with the interior said to be very welcoming. In the 1980s, the home was demolished to make way for a new apartment building, known as Suntree Villas, at 659 4 Ave.



Cartwright Home. Public domain. Attribution: "George Cartwright's home, Calgary, Alberta.", [ca. 1912], (CU182144) by Unknown. Courtesy of Libraries and Cultural Resources Digital Collections, University of Calgary.

John M. Lowdnes arrived in Calgary in the late 1890s and built his home at 502 5 Street, within the original boundaries of the village of Riverside. John was elected the Overseer when Riverside became a village in 1902 and became involved in city affairs. As a village promoter and real estate agent, he wrote a glowing description of Riverside that no doubt attracted many to locate here. The Lowdnes' home is long gone, and I did not find a picture.

If you live in a historic home, you may be interested in its past as well. Resources we accessed to learn more about these past residents and their homes include Henderson's Directories, Glenbow Archives, newspapers.com, and a wonderful inventory of 1,000 profiles of early Bridgeland-Riverside residents at wikitree.com. Thank you to former Bridgeland resident Devon Blean for her intrepid research into past residents and their homes.

If you are interested in learning more about our community's past, contact us at heritage@brcacalgary. org. Our Heritage Committee meets quarterly at the Community Centre and our members explore their areas of interest.







SOCIAL DISORDER WHO TO CONTACT

SOCIAL ISSUES SUCH AS HOMELESSNESS, ADDICTION, ENCAMPMENTS, ROUGH SLEEPING, OR MENTAL HEALTH ARE NOT TYPICALLY A CRIMINAL MATTER. TO BEST SUPPORT COMMUNITY MEMBERS IN CRISIS OR FOR HELP DURING NON-EMERGENCY SITUATIONS THAT REQUIRE ADDITIONAL ASSISTANCE, PLEASE NOTE THE FOLLOWING COMMUNITY RESOURCES:

311 CALGARY

ALPHA HOUSE

TRANSIT SAFETY

211 ALBERTA

311 allows you to access City services and information 24/7. The information reported to 311 helps the City record keep and direct their response where needed. Call 311, visit calgary.ca/311 or download the 311 app.

Alpha House offers a range of outreach programs aimed at engaging clients into services and helping reduce the impact of addiction and homelessness on the broader community and public systems.

Calgary Transit partners with Peace Officers, the Calgary Police Service, and the Alpha House DOAP Team to respond to situations as they arise. Oncall support is available 24 hours a day, seven days per week.

211 provides access to a network of community, social, health, and government services. You can call, text, or chat online - ab.211.ca and be connected to a broad suite of social resources and supports.

★PLEASE BEGIN BY REPORTING ALL CONCERNS TO 311★



HOMELESSNESS +
ROUGH SLEEPING

Alpha House HELP Team *Formerly the DOAP Team T:403-998-7388



ENCAMPMENTS

Alpha House Encampment Team T: 403-805-7388

*Please be sure to report all encampment concerns to 311



TRANSIT SAFETY

Transit Safety (24/7)
Text 74100 or call 403-262-1000 (option 1)

Alpha House Transit Team T:403-827-7106



NEEDLE DEBRIS

Alpha House Needle Response Team

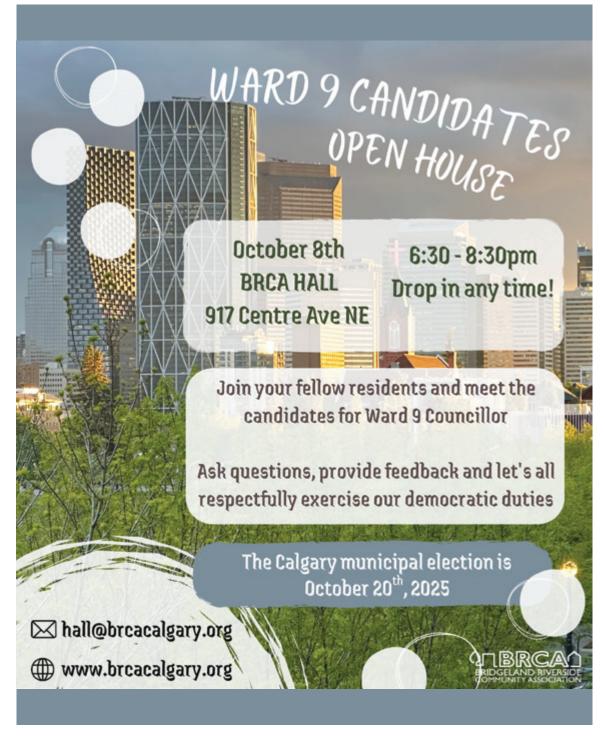
Call/Text 403-796-5334
*After hour requests will be
answered the following day.
Urgent after-hours needle
debris collection: call 311



MENTAL HEALTH + ADDICTION

211 Alberta (24/7)

If you or someone you know is seeking help for addiction or mental health, contact 211 for available local resources.



SAFE AND SOUND

Back to School Safety

by Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around School Buses

- Flashing amber lights mean a bus is slowing down to stop motorists should do likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: Children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

YOUR CITY OF CALGARY

What Is Cart Contamination?

by The City of Calgary, Waste and Recycling Services

We talk a lot about putting the right items into your blue, black, and green carts to avoid contamination. But what exactly is contamination?

Contamination is when the wrong items are put in the wrong bins. Sorting your waste into the right carts ensures material ends up at the right facility to be turned into new products or to be disposed of properly.



Most people do a good job with their carts. But the consequences of contamination create real challenges that impact the waste facilities, the health and safety of workers, and increase program costs for Calgarians.

Working together, we can keep our facilities and staff safe while ensuring our waste programs run properly.

Learn more at calgary.ca/contamination.



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YOURS TRULY, JOHNNY DRYWALL: Hello neighbours, if you need drywall or texture repairs, call or text Brad at 403-771-5228. We also do minor and not so minor repairs inside and outside your home. Estimates and advice are always free. Yours truly, Johnny Drywall.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



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Clear Aligner Therapy

Invisalign® takes a modern approach to straightening teeth that allows you to live your life the way you want while you gain confidence that comes from a better smile. The removable aligners mean you can continue doing all the things you normally would, from eating and brushing, to feeling comfortable in every social occasion.

- Clear aligners are virtually invisible, so most people won't even know vou're wearing them.
- Aligners are removable for easy cleaning so you don't have to change how you brush and floss.
- Smooth and comfortable aligners eliminate cheek and gum irritation.
- Special occasion coming up? No problem! Just take your aligners out and pop them back in when vou're readv.
- Free consultations to see if Invisalign is right for you.





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Dentistry with a Personalized, Caring Approach.

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Bulia - Dr. Laura Brescia

All services are provided by a general dentist.

Open Evenings & Saturdays

Find Out More: alpinedentalcare.ca

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