RENFREW reflections

THE OFFICIAL RENFREW COMMUNITY NEWSLETTER



TERLIER REAL ESTATE

Leal

Zach Terlier Realtor® Associate Broker c 403.818.2896 e info@terliergroup.ca www.terliergroup.ca

2nd Generation Realtor Proudly Serving This Community for Over 15 Years.









Renfrew Stampede Day Sat., July 6, 2024



Pancake Breakfast 9 - 11 am

Free Pancake Breakfast (Pancakes, Sausage & Beans), Live DJ, Make a Cash Donation, Buy your RCA Membership *Fast Track Line for Renfrew Members & Those who Bring Their Own Reusable Dishes!



Kids Carnival 10 am - 12 pm

Bouncy Castles & Games
\$2 Game card to be eligible for a prize!

As always this event is not possible with out a number of volunteers.

Please sign up on our Website: renfrewyyc.ca or scan this QR code!



Please contact events@renfrewyyc.ca for more information.

This event will take place in the grass area on the south side of the Renfrew Community hall, 811 Radford Road NE, Calgary.

RENFREW COMMUNITY ASSOCIATION



EXECUTIVE OFFICERS		
President	Mary-Grace Linton	president@renfrewyyc.ca
Vice-President External	Vacant	vp.external@renfrewyyc.ca
Vice-President Operations	Vacant	vp.operations@renfrewyyc.ca
Secretary	Vacant	secretary@renfrewyyc.ca
Treasurer	Shelly Platts	treasurer@renfrewyyc.ca
Past President	David Barrett	past.president@renfrewyyc.ca
DIRECTORS		
Communications	Kara Gill	communications@renfrewyyc.ca
Community Health and Wellness	Jhernelyn Parinas	wellness@renfrewyyc.ca
Events and Volunteers	Chris Greenwood	volunteer@renfrewyyc.ca
Information Technology	Curtis Linton	master@renfrewyyc.ca
Membership	Kitt Chanthaboune	membership@renfrewyyc.ca
Planning and Development	Vacant	planning@renfrewyyc.ca
Social Room	Wade Belbin	social@renfrewyyc.ca
Transportation and Mobility	Vacant	traffic@renfrewyyc.ca
Director at Large	Heike Pauli Eva Weckl	director 1@renfrewyyc.ca director 2@renfrewyyc.ca
HALL RENTALS		
Visit our website for details: www.renfrewyyc.ca		hallrentals@renfrewyyc.ca
OTHER CONTACTS		
Renfrew Community Garden	Lisa	rcacommunitygarden@gmail.con
Tiny Tots Chair	Allison	tinytots@renfrewyyc.ca
Newsletter Editor	Mikki	newsletter@renfrewyyc.ca

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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SCAN HERE TO VIEW ADDITIONAL RENFREW CONTENT News, Events, Crime Real Estate Statistics Statistics







No matter how much you sweat, we can get the stink out!

\$50 for hockey bag full of gear. We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves. Most equipment used by athletes or workers can be cleaned, disinfected, & refreshed.













OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone effectively annihilates 99% of bacteria and viruses upon contact, encompassing both odor-causing bacteria and those responsible for various illnesses, such as staph infections.

CALL US TODAY AT 403-726-9301 calgaryfreshjock.com









YOUR CITY OF CALGARY

PIP-PIP-HOORAY! Join the Partners in Planning (PIP) Program

by the City of Calgary

The Partners in Planning program offers an in-person opportunity to meet planners and learn how policies converge to guide The City's decisions and prepare for growth. Learn what planning and development policies and plans drive change in Calgary. Register for your spot at calgarycommunities.com/events.





VOLUNTEERS NEEDED!

RENFREW COMMUNITY
ASSOCIATION NEEDS YOUR
HELP!

Our organization is looking for dedicated individuals to join us in our mission to make a positive impact in our community.

Opportunities to serve:

- Jelly Bean Dances
- Easter
- Stampede Day
- Neighbourhood BBQ
- Halloween
- Christmas
- OTHER GREAT EVENTS!

Contact us today to learn more about this exciting younteer opportunity.





or contact events@renfrewyyc.ca

Know the signs of STROKE



F

Face

A

Arms

is it drooping?

can you raise both?

Speech is it slurred or jumbled?

Time

Beat stroke Call 9-1-1 FAST

heartandstroke.ca/FAST

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SCAN HERE FOR COUPON Offer expires July 31, 2024.



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BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

RENFREW MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY FRESH JOCK: \$50 for a hockey bag full of gear. We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301. Equipment pick-up / drop-off service available.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit calgarymatandlinen.com to learn more and get a quote. We are located in SE Calgary.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

YOURS TRULY, JOHNNY DRYWALL: Your local drywall and texture repair specialist. We do many other minor & not so minor interior repairs. Estimates & advice are always free. Call or text Brad at 403-771-5228.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.



403-714-0711 gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!

Happy Dominion Day, en. Canada Day is celebrated annually on July 1. But did you know that before 1982, it was called

Dominion Day? This name reflected Canada's status as a self-governing colony within the British Empire. However, in 1982 it was changed to the patriotic name we know and love today to better assert Canada's independence







Cleaning Services Mat Rentals

- ☑ Dry Cleaning ☑ Tablecloths
- ✓ Napkins ☑ Table Skirts
- ☑ Chair Covers
- ☑ Massage Sheets ☑ Face Cradles ☑ Gym Towels
- ☑ Face Cloths ☑ Chef Coats
- ☑ Coveralls ☑ Microfibre Cloths
- ☑ Dish Rags

CALGARY MAT & ☑ Standard ☑ Waterhog

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Pick-Up & Drop-Off



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☑ Scraper

Paper Products

☑ Paper Towel

☑ Centre Pulls

☑ Toilet Paper

☑ Facial Tissues

☑ Tork Dispensers

☑ Logo

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Still you. Fewer lines.

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- Forehead wrinkles
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- Wrinkles between the eyebrows
- Other facial wrinkles of concern

Therapeutic

- Migraines and other types of headaches
- TMD (temporomandibular disorders)
- Nerve pain
- Other facial pain

Book a complimentary consultation to see if Botox is right for you.





AT ALPINE DENTAL, WE GIVE YOU A REASON TO SMILE!



All patients receive **FREE teeth whitening.**Ask us for details.



Dentistry with a Personalized, Caring Approach.

We are dedicated to working closely with you to create a high quality treatment plan that matches your oral health goals and needs. We work together as a team to provide a throrough, personalized treatment plan in a friendly atmosphere. Give us a call, or better yet, come on in and see us.

Bulia - Dr. Laura Brescia

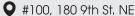
All services are provided by a general dentist.

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Find Out More: alpinedentalcare.ca

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"A Trusted Name in Real Estate"



4308 Coronation Drive \$4,350,000



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