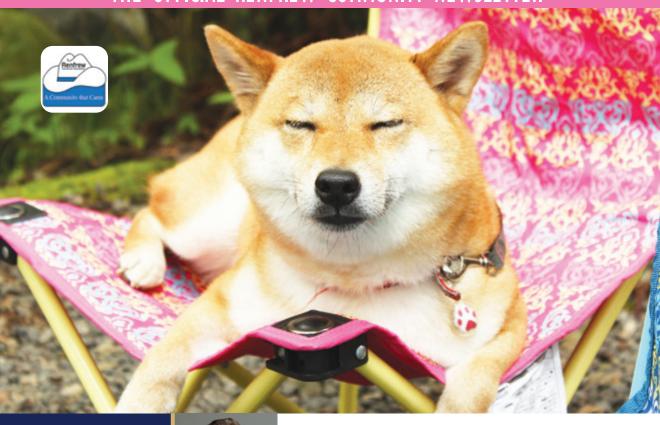
RENFREW reflections

THE OFFICIAL RENFREW COMMUNITY NEWSLETTER



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✓ Napkins





Renfrew Community Association

JELLY BEAN DANCE

6 to 7:30 pm dedicated for Children 12 and under Children must have supervision

Candy Rave

7:30 to 9 pm dedicated for Youth 12 and over only
Admission only after 7:30 pm (unless supervising a younger sibling)

This is all happening on...

Friday Sept. 20, 2024

- Live DJ
- Door Prizes
- Concession

\$5 per person

\$20 Family (up to 6ppl.)

3 and under Free

CASH ONLY



Volunteers and their families get free admissio<mark>n</mark>

renfrewyyc.ca

811 Radford Road NE, Calgary AB



RENFREW COMMUNITY ASSOCIATION



EXECUTIVE OFFICERS		
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Renfrew Community Garden

As a newcomer to the Renfrew Community Garden, I was a bit nervous but eager to start planting my garden bed. Nothing too complicated, just the beginner veggies: carrots, cucumbers, rutabaga, and beets. Once planted, daily visits to the garden were made to water and nurture the seeds.



As expected, the vegetables grew in time and so did the realization that the garden was more than just tending to garden beds. The garden had its own quiet life. The young family at the playground that decided to stroll through the garden to teach their young ones about plants. The smile and greeting from a neighbour picking Saskatoon berries. The planned garden therapy sessions with fellow gardeners. The gardener, you just met, sharing their peas and carrots with you and resting on the bench to contemplate life amongst all the amazing garden beds and surrounding plants.

Although the garden season is almost done, I would encourage you to take a stroll through the garden to enjoy this quiet life. Who knows, you may even find an apple or a pear to enjoy.

Thank you, Lisa Mulder, for your past contributions to the *Renfrew Reflections* and all your contributions to the Community Garden.

The Smiling Gardeners



Calgary Culture Days: September 1 to 30. Discover. Experience. Celebrate.

by the City of Calgary

Culture Days is an annual celebration of arts, culture, heritage, diversity, and community spirit.

Discover the vibrant cultural landscape of our city this September, with events happening downtown and in neighbourhoods across Calgary.

Experience local arts and culture throughout the month. There's something for everyone, including music, festivals, theatre, cultural events, artist exhibits, and more. Whether you're an avid arts enthusiast or simply looking for a fun outing with family and friends, Culture Days offers an immersive experience into the heart of local arts and culture.

Celebrate all that arts and culture contributes to making Calgary a vibrant place to live, work, and play. These events not only entertain but also highlight the vital role arts and culture play in enriching our community and economy. They create jobs, attract visitors, and contribute to culturally vibrant neighbourhoods where people of all backgrounds can belong.

Visit calgary.ca/CultureDays for a list of events and activities that you and your family can enjoy. Join the conversation and share your Culture Days experience with the hashtag #YYCculturedays. Let's come together to discover, experience, and celebrate all that makes Calgary culturally vibrant!



PRESIDENT'S MESSAGE

Hi all, it sure has been a long time since I wrote a message to the community.

As mentioned at our AGM last November; 2024 is the Community Association's 75th Anniversary. We will be celebrating at our AGM in November with a cake and a special talk about the history of the Airfield that once lived in Renfrew. Join us on November 22!

This summer, I, with the help of a few community members, have been going through all the stuff that accumulates at the community hall and deciding if we should hold on to it or what have you. In this, I hope to find some Archives and such, and am wondering if anyone outside the Board from before 2017 knows much about business of the Renfrew Board. I don't want to miss any history that might be deemed important. A shift within the organization back in 2017-2018 highlighted some gaps.

The Community Association wishes to bring back some of the telltale activities of the past but also bring in some new community traditions that hold true to its members. Please complete our engagement survey to give us feedback on what else we can do for our members.

Stampede Breakfast was a success and with over 970 people lining up for pancakes we ran out of food. It looks like we are back to pre-pandemic levels for willingness to get together as a community. If you did come down you probably noticed we brought back the Kids Carnival, 129 families played games and won prizes. Next year we hope to bring back more of the old time Stampede Day celebrations.

Thank you again,

Mary Grace Linton

RCA President







No matter how much you sweat, we can get the stink out!

\$50 for hockey bag full of gear. We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves. Most equipment used by athletes or workers can be cleaned, disinfected, & refreshed.













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Want to freshen up for fall? We've got you.

Our clinic team is in the know and able to help you decide what cosmetic dental procedures might be a good fit for your goals.

What is it?

Cosmetic Dentistry describes a range of services and treatments, including Veneers, Implant Crowns, Cosmetic Bonding, and, of course, Whitening.

Do I need it?

You may be a candidate for cosmetic dentistry if your teeth are:



Chipped or broken



Heavily stained



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Where do I sign up?

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Fresh 5

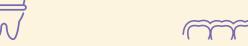
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*Price updated January 1, 2023, as per the Alberta Dental Association Fee Guide.



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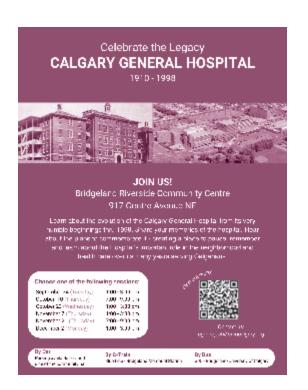


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GAMES & PUZZLES

Guess the Musician!

- 1. This individual holds the Guiness World Record for best-selling solo artist.
- 2. Before going solo, this world dominating musician was in a supergroup called 'Destiny's Child'.
- 3. On his debut album, this musician is said to have played 27 different instruments.
- 4. At 1,560 words, this artist has the most words spoken in a single song.
- 5. This famous musician's stage name came from a popular song by the band 'Queen'.
- 6. This incredible artist was the first woman to be inducted into the Rock and Roll Hall of Fame.





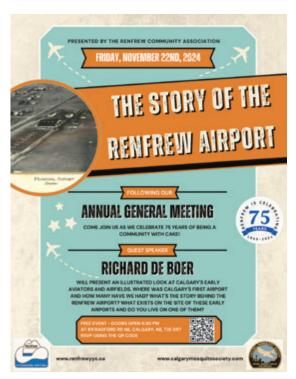
ANSWERS!







Did you know that Crystal the Monkey, the adorable Capuchin star from Night at the Museum and We Bought a Zoo, has her very own IMDb page? Yep, this talented lady has shared the screen with big names like Ben Stiller, Robin Williams, and Ken Jeong. Check out her page for more of her wild adventures in Hollywood!





Community Engagement Survey

Dear Community Members,

Participate in our community engagement poll! Share your thoughts on programs, workshops, and speakers you'd love to see facilitated by your Association. Your feedback shapes our offerings to better serve your needs and interests. As a token of our appreciation, all members who complete the survey by September 1 will be entered into a raffle for a chance to win \$50! Your voice matters, and together, we can create an even more vibrant community experience. Thank you for being part of our community!





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YOURS TRULY, JOHNNY DRYWALL: Your local drywall and texture repair specialist. We do many other minor & not so minor interior repairs. Estimates & advice are always free. Call or text Brad at 403-771-5228.

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Our organization is looking for dedicated individuals to join us in our mission to make a positive impact in our community.

Opportunities to serve:

- Jelly Bean Dances
- Easter
- Stampede Day
- Neighbourhood BBQ
- Halloween
- Christmas
- OTHER GREAT EVENTS!

Contact us today to learn more about this exciting volunteer apportunity.





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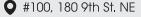
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