RENFREW reflections

THE OFFICIAL RENFREW COMMUNITY NEWSLETTER









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Realtor® Associate Broker e: info@terliergroup.ca

2nd Generation Realtor Proudly Serving This Community for Over 15 Years.





We have a vibrant presence here in Calgary! Reach out to us if you are a senior in need of dog care support (dog walking, transportation to a groomer/vet clinic), to volunteer with us, or for more information at calgaryldr@elderdog.ca.

- facebook.com/elderdogyyc
- @elderdogyyc
- elderdog.ca

Help us provide assistance to people and dogs in need.

Learn more:









RENFREW COMMUNITY **ASSOCIATION**



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SCAN HERE TO VIEW ADDITIONAL **RENFREW CONTENT Real Estate**

& More

News, Events,

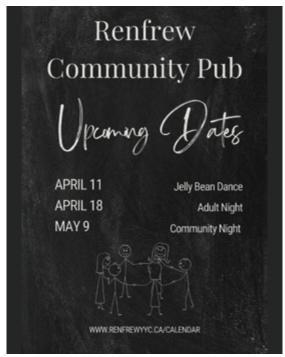
Crime Statistics

Statistics

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Renfrew Community Association



MAKER'S MINGLE IS BACK!

THE 2ND WEDNESDAY OF EVERY MONTH
DECEMBER 2024 TO JUNE 2025
6-9PM AT THE SOCIAL ROOM





☑ CHECKLIST

9 PM ROUTINE

- Remove valuables & garage door openers from vehicles
- NE Lock vehicles
- Close overhead garage door
 CALGARY
 Lock door between garage &
- CALGARY
 POLICE
 SERVICE

 Lock door between garage & house
 Close & lock all external doors
 - Ensure windows are shut
 - Turn on exterior light



Renfrew Community Garden

The spring breeze gently awakens new life around us. The snow now melted into pools of water exposes the winter gravel that once helped keep the icy roads in check. The brown grass, under the spring sun will long awaited turn to green and the black soil will warm. But in Calgary, a snowfall in April even May will turn us back to winter thoughts and remind us that we are disciplined gardeners who do not put plants permanently outside until after the May long weekend.

As we wait to start our gardens, let us celebrate the international days of the carrot festival and the dandelion on April 5. Not the most known days to celebrate, but why not? These two plants were known to us as children. Remember the dandelion flower bouquet for mom that seemed to droop before mom had a chance to put it in water or blowing away the seeds of the dandelion not knowing where the wind would take them? This spring before we get out our spray and tools, to get rid of those yellow weeds or pick the greens to add to a salad, let's take a moment to remember the good times we had with this flower in our youth.

The carrot. The vegetable with its flowing green stems and orange roots. The carrot seed is so small that it is a wonder that it can produce a colourful root vegetable. The small delicate fern leaves push out of the ground and thrive and grow so they can be harvested to be roasted, boiled, baked, sweetened, or buttered. The carrot is a cuisine staple. A fresh picked carrot with its hint of dirt and garden hose water can never be refused.

Yes, these two plants do need a day to be celebrated. It is sometimes the simple things in life that give us so much joy as a child but are forgotten in our busy adult lives. So, on April 5, let's raise our glass and celebrate the carrot and the dandelion.











Your Spring Reset Starts Here.

Want to freshen things up? We've got you. Cleanings, whitening, Botox, and Invisalign at Swish.



At Swish, great care comes easy.

Swish is a locally-owned dental clinic where oral care meets self-care. Since opening our doors in 2022, we've earned over 500 5-Star Reviews for our people-first, hospitality-inspired approach to dentistry. Our mission? To make every dental appointment feel less like a chore, and more like your favourite self-care routine.

Say goodbye to dental anxiety and switch to Swish. Join us here in Bridgeland or at our brand-new University District location, now open!

Good Vibes + Shame-Free Treatment Fast and Convenient Direct Billing Experience the Extras at No Extra Cost



The key to great care? It all starts with our people.

Book an appointment with our dream team at Swish Bridgeland or University District.

Fresh 5 vs the Essentials

New to Swish? We've got 2 starter packs to get your oral care in perfect shape and ready to go.



The Essentials

The Essentials is our comprehensive care package, designed to help you find that perfect balance between self care and health care. Your appointment includes a dental exam (performed by a dentist), cleaning (aka scaling), X-rays (to prevent serious issues before they start), teeth whitening, and a 3D Wellness Scan (to keep an eye out for things like oral cancer).

The Fresh 5

The Fresh 5 is a flat-rate version of our essential services, featuring cavity-detecting X-rays and two units of scaling. We know there are many barriers to accessing oral care but your finances shouldn't be one of them. The Fresh 5 includes five must-have treatments and is great for anyone who has lapsed in visits to the dentist and is in need of a bit of catching up.

Both options are designed to keep your smile healthy and bright. Do you have more questions about which package might be the right fit for you?

Get in touch.

Say ahhh...

Swish specializes in all things dental for all ages, from essentials to emergencies.



The Essentials

A comprehensive dental exam, cleaning, 3D wellness scan, x-rays, complimentary oral cancer screening, and free whitening.



Fresh 5

Fresh 5 is a flat rate option with five must-have treatments.



Dental Work

Cavities, wisdom teeth. root canals, crowns. implants, and more. Thorough, yet gentle on tough stuff.



Cosmetic Dentistry

Form meets function. Botox, whitening, veneers, and more.



Invisalign

Complimentary scans and detailed consults from the leader in straighter smiles.



Emergencies

Broken or chipped tooth? Extreme toothaches? Say no more - we're on it.



Find us in the General Block: Above Phil & Sebastian, UNA, and Village Ice Cream

Swish Oral Care #230, 69 7A Street NE Calgary, AB T2E 4E4 825-540-7183

Find us online:



swishoralcare.ca

bridgeland@swishoralcare.ca



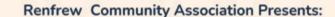
EASTER EGGSTRAVAGANZA AT RENFREW!

Come join us at the Renfrew
Community Hall for treats from the
Easter bunny and spend some time
doing crafts!





When: Saturday, April 20 (1pm to 3pm) Where: Main Hall (upstairs) 811 Radford Rd NE



TINY TOTS

Mondays 2:00pm- 3:30pm

We are excited to announce a new time slot for our Tiny Tots program, specifically designed for younger, immobile babies. Starting on Mondays, this group is a wonderful opportunity for parents who are either beginning or currently on parental leave.

ages: 0 - 8 months

Free to Renfrew Community Association Members

811 Radford Rd. N.E.

Renfrew Community Association Presents:

TINY TOTS TIMES!

Mondays 2:00pm-3:30pm (infants 0-8 months)

Wednesdays 3:00pm-4:30pm (older siblings welcome)

Fridays 9:30am-11:00am
(5 and under)

Free with RCA Membership renfrewyyc.ca



for more information contact tinytots@renfrewyyc.ca

Renfrew Community Association

Bottle Drive

Help Support the various initiatives at the Renfrew Community Hall

Collection Date:

The Last Saturday of Every Month



Drop-off Location:

Renfrew Community Hall
811 Radford Road NE
Donation Open from
9:00am-noon
Please stack neatly by the
front door bench. Thank you!
For more information & other
information about your Community
Centre, please visit:

www.renfrewyyc.ca

Thank you for supporting us wiith your donation!

YOUR CITY OF CALGARY

Collection Days Are Changing in April

by The City of Calgary

Starting April 22, many Calgary households will see blue, black, or green cart pick-up days moving to improve routes. These updates also align with the return of city-wide weekly green cart collection. The new collection schedules will be available on calgary.ca/cartschedule by April 8. Check your schedule to:

- Find out whether your blue, black, or green cart pick-up day is changing.
- Know when your weekly green cart begins.

Collection schedule changes update automatically if you have signed up for reminders.

Did you know that The City provides free reminders for your blue, black, and green cart pick-up days? All you need to do is sign up! When it's time to put your carts out for collection, we'll send you a reminder. When you sign up, you will get:

- Instant access to your pick-up schedule.
- Notifications about any changes to your collection schedule.
- Useful tips for using your blue, green, and black carts.

It's Easy!

Option 1: Go to calgary.ca/cartschedule.

- Type your address in the search box to view your collection days.
- Click on 'Get a reminder' to receive your preferred method. Choose to be notified by email, calendar, or phone, either the day before or the day of your collection.

Option 2: Download the Garbage Day App onto your phone.

- Available on the App Store or Google Play.
- Set notifications to remind you of your cart collection days.

Never miss another cart collection day again.

Green Calgary Rain Barrel Sales

by The City of Calgary

Did you know, water use in Calgary communities increases up to 20 percent in the summer months? Capturing rainwater can help you and your community build resiliency during times of hot and dry weather while keeping your yard and garden healthy. Rain barrels typically fill up after a single rainfall and help keep water on your property, so less dirt and contaminants wash into the rivers.

Made locally with recycled material, Green Calgary rain barrels can be used to water the plants in your yard. Rain barrels are \$75 after rebate for a limited time with pick-up and delivery options available.

Visit greencalgary.org for details on all sales event dates and locations. Join the thousands of Calgarians already conserving water by using a rain barrel. Pre-order yours at greencalgary.org, starting April 1, 2025.

BMAX BROKERS

MERGERS & ACQUISITIONS

We specialize in maximizing the sale value of businesses by attracting multiple offers from targeted, qualified buyers.

Services

- Preparation and Planning
- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support





Her SAIT Graduation

by Garth Paul Ukrainetz

She took the risk and made the move Enrolled in courses, paid tuition Embarked upon a journey bold Nothing worthwhile makes it easy

She hit the books and studied hard
Placed hopes and dreams upon her desk
Homework structured every evening
The future more important now

From class to class, through rain and snow Lectures, essays, midterms, finals And once a week she volunteered Community, connection, care

Good coffee always faithful friend Wide awake for morning learning Then soon, bright shining GPA No more her forward path unknown

She pushed with all her might, she did Propelled that boulder up the mountain She's reached the top, SAIT graduation A new career, a rolling stone

Word of the Month



Ebullient: adjective (ih-buhl-yuhnt)

Liveliness, enthusiasm, overflowing with excitement.

He was in quite an ebullient mood.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

RENFREW MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

YOURS TRULY, JOHNNY DRYWALL: Your neighbourhood drywall and texture repair specialist! Having your Poly B replaced? Is now the time for drywall repair and/or texture repair? We can also repair other things associated with water leaks, or help with minor renovations. Call or text Brad at 403-771-5228.





403-714-0711 gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



The Beatles: Chart-Toppers to Solo Legends

April is a memorable month for the Beatles whether together or not... On April 4, 1964, the Fab Four made history by holding the top five spots on the Billboard Hot 100. Fast forward to April 17, 1971, and each member—Lennon, McCartney, Starr, and Harrison—had their solo singles on the UK charts.



Authorized by the registered agent for the Liberal Party of Canada

- MARK CARNEY