

APRIL 2025

DELIVERED MONTHLY TO 3,635 HOUSEHOLDS

# RENFREW reflections

THE OFFICIAL RENFREW COMMUNITY NEWSLETTER



*Tulips in Renfrew*

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ELDERDOG  
CANADA



## HELP KEEP LOVE IN THE HOME

ElderDog Canada is a national registered charity whose mission is to assist and support older adults in the care and wellbeing of their dogs.

We have a vibrant presence here in Calgary! Reach out to us if you are a senior in need of dog care support (dog walking, transportation to a groomer/vet clinic), to volunteer with us, or for more information at [calgaryldr@elderdog.ca](mailto:calgaryldr@elderdog.ca).

 [facebook.com/elderdoggyyc](https://facebook.com/elderdoggyyc)

 [@elderdoggyyc](https://instagram.com/elderdoggyyc)

 [elderdog.ca](https://elderdog.ca)

*Help us provide  
assistance to people  
and dogs in need.*

***Learn more:***



# Considering Making A Move?



Get the best price with an expert by your side!



✉ [emanchebli@royallepage.ca](mailto:emanchebli@royallepage.ca)

🌐 [emanchebli.royallepage.ca](http://emanchebli.royallepage.ca)

☎ 403-607-9292

📍 Unit 110, 7220 Fisher Street SE

# OFFICIAL



PLUMBING & HEATING

Plumbing Services  
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Drain Cleaning  
Boiler Install & Repair  
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**\$50**

Service Call Fee



403-837-4023

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)



## Your Patio Furniture Superstore!



**YETI** **weber**

# Wicker Land Patio

TRAEGER **BBQ LAND** RATANA **Modern Patio**

Located Three Blocks East of Chinook Mall  
6125 Centre Street S, (403) 258-2506  
[WickerLand.ca](http://WickerLand.ca)



# RENFREW COMMUNITY ASSOCIATION



## EXECUTIVE OFFICERS

President	Mary-Grace Linton	president@renfrewyyc.ca
Vice-President Social Room	Wade Belbin	social@renfrewyyc.ca
Vice-President Operations	Vacant	vp.operations@renfrewyyc.ca
Secretary	Angela Dang Atkinson	secretary@renfrewyyc.ca
Treasurer	Shelly Platts	treasurer@renfrewyyc.ca
Past President	David Barrett	past.president@renfrewyyc.ca

## DIRECTORS

Communications	Kara Gill	communications@renfrewyyc.ca
Community Health and Wellness	Jhernelyn Parinas	wellness@renfrewyyc.ca
Events	Eman Chebli	volunteer@renfrewyyc.ca
Membership and Volunteers	Kitt Chanthaboune	membership@renfrewyyc.ca
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Transportation and Mobility	Jesse Hitchcock	traffic@renfrewyyc.ca
Director at Large	Heike Pauli Eva Weckl	director1@renfrewyyc.ca director2@renfrewyyc.ca

## HALL RENTALS

Visit our website for details: [www.renfrewyyc.ca](http://www.renfrewyyc.ca) [hallrentals@renfrewyyc.ca](mailto:hallrentals@renfrewyyc.ca)

## OTHER CONTACTS

Renfrew Community Garden	Lisa	rcacommunitygarden@gmail.com
Tiny Tots Chair	Allison	tinytots@renfrewyyc.ca
Newsletter Editor	Mikki	newsletter@renfrewyyc.ca



### SCAN HERE TO VIEW ADDITIONAL RENFREW CONTENT

News, Events,  
& More



Crime  
Statistics



Real Estate  
Statistics



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

**OFFICE HOURS**

Wednesdays: 1:00pm – 3:00pm

Come pop in and ask our Administrative Assistant your community and hall related questions!

Renfrew  
Community Pub

*Upcoming Dates*

APRIL 11 Jelly Bean Dance  
 APRIL 18 Adult Night  
 MAY 9 Community Night

WWW.RENFREWYYC.CA/CALENDAR

**Become a Member of the Renfrew Community**

Memberships are \$15 for families and \$10 for adults. Members receive access to members-only events, updates, invitations and special member pricing and benefits.

Scan this QR code or go to [www.RenfrewYYC.ca](http://www.RenfrewYYC.ca)

**CALGARY FINE DENTISTRY**

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 20 Ave NW

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[www.calgaryfinedentistry.com](http://www.calgaryfinedentistry.com)

Renfrew Community  
Association

# MAKER'S MINGLE IS BACK!

THE 2ND WEDNESDAY OF EVERY MONTH  
DECEMBER 2024 TO JUNE 2025  
6-9PM AT THE SOCIAL ROOM

BRING YOUR CRAFTS, KNITTING , SCRAPBOOKING,  
AND ANY CREATIVE PROJECTS YOU'RE WORKING  
ON AND MEET WITH YOUR NEIGHBORS.  
ALL AGES WELCOME!

811 RADFORD RD NE



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**9 PM ROUTINE**

CALGARY POLICE SERVICE

**CHECKLIST**

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light

Renfrew Community Association Presents :

# Easter JELLYBEAN DANCE

Friday  
April 11, 2025 6:00pm - 9:00pm

Live Music - Prizes- Dance  
\$5/person \$20/Family

811 Radford Rd. N.E.

[renfrewyc.ca](http://renfrewyc.ca)



## Renfrew Community Garden

The spring breeze gently awakens new life around us. The snow now melted into pools of water exposes the winter gravel that once helped keep the icy roads in check. The brown grass, under the spring sun will long awaited turn to green and the black soil will warm. But in Calgary, a snowfall in April even May will turn us back to winter thoughts and remind us that we are disciplined gardeners who do not put plants permanently outside until after the May long weekend.

As we wait to start our gardens, let us celebrate the international days of the carrot festival and the dandelion on April 5. Not the most known days to celebrate, but why not? These two plants were known to us as children. Remember the dandelion flower bouquet for mom that seemed to droop before mom had a chance to put it in water or blowing away the seeds of the dandelion not knowing where the wind would take them? This spring before we get out our spray and tools, to get rid of those yellow weeds or pick the greens to add to a salad, let's take a moment to remember the good times we had with this flower in our youth.

The carrot. The vegetable with its flowing green stems and orange roots. The carrot seed is so small that it is a wonder that it can produce a colourful root vegetable. The small delicate fern leaves push out of the ground and thrive and grow so they can be harvested to be roasted, boiled, baked, sweetened, or buttered. The carrot is a cuisine staple. A fresh picked carrot with its hint of dirt and garden hose water can never be refused.

Yes, these two plants do need a day to be celebrated. It is sometimes the simple things in life that give us so much joy as a child but are forgotten in our busy adult lives. So, on April 5, let's raise our glass and celebrate the carrot and the dandelion.



# LOOKING FOR VOLUNTEERS

Interested in helping to organize and run a CLOTHING EXCHANGE event at RENFREW COMMUNITY CENTRE

An illustration of three people (two women and one man) looking at clothes on a rack. One woman is holding a pink shirt, another is holding a blue shirt, and a man is looking at a pink shirt.

Please contact Lara Hogan at [assistant@renfrewyyc.ca](mailto:assistant@renfrewyyc.ca) with any questions or to sign up to help!

## JOIN THE RENFREW COMMUNITY ASSOCIATION

# URBAN FORESTRY AND HERITAGE COMMITTEE

contact: [director2@renfrewyyc.ca](mailto:director2@renfrewyyc.ca)

An illustration of a forest landscape with mountains, trees, and a path. The scene is rendered in shades of green and brown.



# Swish ORAL CARE

Your Spring  
Reset Starts  
Here.

Want to freshen things  
up? We've got you.  
Cleanings, whitening,  
Botox, and Invisalign at  
Swish.



Scan me  
Scan me  
Scan me



[swishoralcare.ca](http://swishoralcare.ca)

[@swishoralcare](https://www.instagram.com/swishoralcare)

# At Swish, great care comes easy.

Swish is a locally-owned dental clinic where oral care meets self-care. Since opening our doors in 2022, we've earned over 500 5-Star Reviews for our people-first, hospitality-inspired approach to dentistry. Our mission? To make every dental appointment feel less like a chore, and more like your favourite self-care routine.

Say goodbye to dental anxiety and switch to Swish. Join us here in Bridgeland or at our brand-new University District location, now open!

Good Vibes +  
Shame-Free  
Treatment

Fast and  
Convenient  
Direct Billing

Experience  
the Extras at  
No Extra Cost



**The key to great care? It all starts with our people.**

Book an appointment with our dream team at Swish Bridgeland or University District.

# Fresh 5 vs the Essentials

New to Swish? We've got 2 starter packs to get your oral care in perfect shape and ready to go.



## The Essentials

The Essentials is our comprehensive care package, designed to help you find that perfect balance between self care and health care. Your appointment includes a dental exam (performed by a dentist), cleaning (aka scaling), X-rays (to prevent serious issues before they start), teeth whitening, and a 3D Wellness Scan (to keep an eye out for things like oral cancer).

## The Fresh 5

The Fresh 5 is a flat-rate version of our essential services, featuring cavity-detecting X-rays and two units of scaling. We know there are many barriers to accessing oral care but your finances shouldn't be one of them. The Fresh 5 includes five must-have treatments and is great for anyone who has lapsed in visits to the dentist and is in need of a bit of catching up.

Both options are designed to keep your smile healthy and bright. Do you have more questions about which package might be the right fit for you?

**Get in touch.**



# Say ahhh...

Swish specializes in all things dental for all ages, from essentials to emergencies.



## The Essentials

A comprehensive dental exam, cleaning, 3D wellness scan, x-rays, complimentary oral cancer screening, and free whitening.



## Fresh 5

Fresh 5 is a flat rate option with five must-have treatments.



## Dental Work

Cavities, wisdom teeth, root canals, crowns, implants, and more. Thorough, yet gentle on tough stuff.



## Cosmetic Dentistry

Form meets function. Botox, whitening, veneers, and more.



## Invisalign

Complimentary scans and detailed consults from the leader in straighter smiles.



## Emergencies

Broken or chipped tooth? Extreme toothaches? Say no more – we're on it.

## Brush up on all things *Swish*

Find us in the General Block:  
Above Phil & Sebastian, UNA, and  
Village Ice Cream

Swish Oral Care  
#230, 69 7A Street NE  
Calgary, AB T2E 4E4  
825-540-7183

Find us online:



[swishoralcare.ca](http://swishoralcare.ca)

[bridgeland@swishoralcare.ca](mailto:bridgeland@swishoralcare.ca)



@swishoralcare

# EASTER EGGSTRAVAGANZA AT RENFREW!

Come join us at the Renfrew  
Community Hall for treats from the  
Easter bunny and spend some time  
doing crafts!



**When: Saturday, April 20  
(1pm to 3pm)**  
**Where: Main Hall (upstairs)**  
**811 Radford Rd NE**

Renfrew Community Association Presents:

# TINY TOTS

**Mondays 2:00pm- 3:30pm**

We are excited to announce a new time slot for our Tiny Tots program, specifically designed for younger, immobile babies. Starting on Mondays, this group is a wonderful opportunity for parents who are either beginning or currently on parental leave.

**ages: 0 - 8 months**

**Free to Renfrew Community Association Members**

**811 Radford Rd. N.E.**





Renfrew Community Association Presents:

# TINY TOTS

## 6 TIMES!

Mondays 2:00pm-3:30pm  
(infants 0-8 months)

Wednesdays 3:00pm-4:30pm  
(older siblings welcome)

Fridays 9:30am-11:00am  
(5 and under)

Free with RCA Membership  
[renfrewyyc.ca](http://renfrewyyc.ca)

for more information contact  
[tinytots@renfrewyyc.ca](mailto:tinytots@renfrewyyc.ca)



Renfrew Community Association

# Bottle Drive



Help Support the various initiatives at the Renfrew Community Hall

**Collection Date:**  
**The Last Saturday of Every Month**



**Drop-off Location:**

Renfrew Community Hall  
811 Radford Road NE  
Donation Open from  
9:00am-noon

Please stack neatly by the front door bench. Thank you!

For more information & other information about your Community Centre, please visit:

[www.renfrewyyc.ca](http://www.renfrewyyc.ca)



Thank you for supporting us with your donation!

## Collection Days Are Changing in April

by *The City of Calgary*

Starting April 22, many Calgary households will see blue, black, or green cart pick-up days moving to improve routes. These updates also align with the return of city-wide weekly green cart collection. The new collection schedules will be available on [calgary.ca/cartschedule](http://calgary.ca/cartschedule) by April 8. Check your schedule to:

- Find out whether your blue, black, or green cart pick-up day is changing.
- Know when your weekly green cart begins.

Collection schedule changes update automatically if you have signed up for reminders.

Did you know that The City provides free reminders for your blue, black, and green cart pick-up days? All you need to do is sign up! When it's time to put your carts out for collection, we'll send you a reminder. When you sign up, you will get:

- Instant access to your pick-up schedule.
- Notifications about any changes to your collection schedule.
- Useful tips for using your blue, green, and black carts.

### It's Easy!

Option 1: Go to [calgary.ca/cartschedule](http://calgary.ca/cartschedule).

- Type your address in the search box to view your collection days.
- Click on 'Get a reminder' to receive your preferred method. Choose to be notified by email, calendar, or phone, either the day before or the day of your collection.

Option 2: Download the Garbage Day App onto your phone.

- Available on the App Store or Google Play.
- Set notifications to remind you of your cart collection days.

Never miss another cart collection day again.

## Green Calgary Rain Barrel Sales

by *The City of Calgary*

Did you know, water use in Calgary communities increases up to 20 percent in the summer months? Capturing rainwater can help you and your community build resiliency during times of hot and dry weather while keeping your yard and garden healthy. Rain barrels typically fill up after a single rainfall and help keep water on your property, so less dirt and contaminants wash into the rivers.

Made locally with recycled material, Green Calgary rain barrels can be used to water the plants in your yard. Rain barrels are \$75 after rebate for a limited time with pick-up and delivery options available.

Visit [greencalgary.org](http://greencalgary.org) for details on all sales event dates and locations. Join the thousands of Calgarians already conserving water by using a rain barrel. Pre-order yours at [greencalgary.org](http://greencalgary.org), starting April 1, 2025.

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michelle@brentlivingstone.com  
www.brentlivingstone.com



## Her SAIT Graduation

*by Garth Paul Ukrainetz*

She took the risk and made the move  
Enrolled in courses, paid tuition  
Embarked upon a journey bold  
Nothing worthwhile makes it easy

She hit the books and studied hard  
Placed hopes and dreams upon her desk  
Homework structured every evening  
The future more important now

From class to class, through rain and snow  
Lectures, essays, midterms, finals  
And once a week she volunteered  
Community, connection, care

Good coffee always faithful friend  
Wide awake for morning learning  
Then soon, bright shining GPA  
No more her forward path unknown

She pushed with all her might, she did  
Propelled that boulder up the mountain  
She's reached the top, SAIT graduation  
A new career, a rolling stone

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## Word of the Month

**Ebullient: adjective**  
(ih-buhl-yuhnt)

**Liveliness, enthusiasm,**  
**overflowing with**  
**excitement.**

**He was in quite**  
**an ebullient mood.**



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**RENFREW MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

**YOURS TRULY, JOHNNY DRYWALL:** Your neighbourhood drywall and texture repair specialist! Having your Poly B replaced? Is now the time for drywall repair and/or texture repair? We can also repair other things associated with water leaks, or help with minor renovations. Call or text Brad at 403-771-5228.



 **the Gutter Doctor** **403-714-0711**  
**gutterdoctor.ca**

Home exterior services. We do eavestrough cleaning, repairs, & installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, power washing & window cleaning. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!



## The Beatles: Chart-Toppers to Solo Legends

April is a memorable month for the Beatles whether together or not... On April 4, 1964, the Fab Four made history by holding the top five spots on the Billboard Hot 100. Fast forward to April 17, 1971, and each member—Lennon, McCartney, Starr, and Harrison—had their solo singles on the UK charts.



# CANADA STRONG



## CANADA STRONG



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- ✓ Deliver a middle-class tax cut.
- ✓ Create new jobs.
- ✓ Build the fastest growing economy in the G7.
- ✓ Stand strong against Donald Trump.



*It's time to build together.  
Because we are strong –  
Canada strong.*

– MARK CARNEY

Authorized by the registered agent for the Liberal Party of Canada.