

JULY 2026

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WINSTON HEIGHTS MOUNTVIEW NEWS

THE OFFICIAL WINSTON HEIGHTS-MOUNTVIEW NEWSLETTER



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Calgary



53% of YYC homes have pets

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There is huge demand for pet friendly rentals in Calgary, and an even bigger opportunity for landlords to find great, long-term tenants.

Learn how to go pet friendly at
calgaryhumane.ca/meettheneed



**Calgary
Humane
Society**

WHAT'S YOUR STORY?

Stories, photos, local history, art, tips...
We want to hear from you!

Send us your community-focused
content that informs or celebrates
Winston Heights-Mountview life.

Youth submissions welcome!

Guidelines:

- 300–600 words (shorter with photos)
- Clear, high-quality images
- No advertising, self-promotion, or links



Submit to: newsletter@winstonheights.ca
Submissions may be edited for space & clarity

OFFICIAL

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\$50

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Stack Those Pancakes

by Garth Paul Ukrainetz

Stack those pancakes to the sky
Higher than an old spruce tree
Higher than the Saddledome
Stack them high for all to see

Stack those pancakes to the sky
Higher than big Bankers Hall
Higher than the Calgary Tower
Highest stack downtown of all

Stack those pancakes to the sky
Cover them with golden butter
Smother them with maple syrup
Grab a fork and find a ladder

Stack those pancakes to the sky
Gather all your friends and neighbours
Nothing beats a Stampede breakfast
Stress about the calories later

Stack those pancakes to the sky
With hungry world we'll share our plate
When all are eating, no one's fighting
"World Pancake Peace," the taste is great!

WHMCA

Board of Directors

EXECUTIVE

President	Alex Reed	president@winstonheights.ca
Vice President	Scott Duncan	vicepresident@winstonheights.ca
Treasurer	Eric Hepler	treasurer@winstonheights.ca
Secretary	Jile Meyn	secretary@winstonheights.ca

DIRECTORS

Tyler Ellis	Werner Harahap	Marcia Xavier
Melanie Williams	Jeff Haussecker	

COMMITTEE CHAIRS

Communications	Jile Meyn communications@winstonheights.ca
Newsletter	Shannon Smith newsletter@winstonheights.ca
Facility and Operations	Alex Reed operations@winstonheights.ca
Planning and Development	Jeffrey Haussecker planning@winstonheights.ca
Events and Programming	Suzanne Mott events@winstonheights.ca
Community Garden	Stephanie Phillips communitygarden@winstonheights.ca
Centennial Garden	Marcia Xavier garden@winstonheights.ca
Rink	Blair Cosgrove rink@winstonheights.ca
Power Line	Craig Baskett powerline@winstonheights.ca

STAFF

Facility Manager	Suzanne Mott hallmanager@winstonheights.ca
Custodian	Derek Browne caretaker@winstonheights.ca
Relief Custodian	Gabrielle Lee

Interested in submitting content to the newsletter? Please contact Shannon Smith at newsletter@winstonheights.ca.



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Rent one of our
Four bright, flexible, affordable halls

Number each hall accommodates:
Main Hall - 140 | East, West, North Halls - 60
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(can be rented for commercial food prep)
- **Portable stage, stereo, and disco ball**
- **Two BBQs for summer**
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- **Three halls fully accessible**

Book your date:
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(403) 276-5474
winstonheights.ca/hall-rentals

 **% WHMCA members save 20%!**

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



PRESIDENT'S MESSAGE

This month I am pleased to present photos from the WHMCA Annual General Meeting of our recognized volunteers and staff. More details were in the June newsletter posted at <https://winstonheights.ca/association/newsletter/>.

Alex Reed, President.



Craig Baskett, receiving the WHMCA Michelle Hogaboam Volunteer Award for recent achievements in volunteering.



Heather Fox, General Manager starting in May. Drop by the office and say hello!



Ben McKenzie, receiving the WHMCA Long Service Volunteer Award for his extended period of volunteering.



Suzanne Mott, Facility Manager for the last ten years. She retired from this role in June.

The Farm Stand is Back!

Broxburn Farms will have its mobile truck in the WHMCC parking lot on Thursdays, starting in May from 10am - 1pm.



Our community runs on volunteers, and we always need more helping hands.
Youth? Senior? Somewhere in between?
There's a role for you.

- No special skills required
- Many roles to choose from
- All abilities welcome

Volunteering is a fantastic way to:

- Meet neighbours and make new friends
- Get involved at your own pace
- Support the community you live in
- Gain valuable experience

You can help once, occasionally, or regularly.

Current volunteer opportunities include:

- Centennial Garden
- Community events
- Sunday afternoon concerts

Contact volunteers@winstonheights.ca

Mariana Trench

Did you know the Mariana Trench reaches a depth of over 35,000 ft? That's the height of 63 CN Towers!



ENMAX Project Update: Have Your Say on the Transmission Line

The WHM Powerline Committee is keeping a close eye on the ENMAX Central Calgary Transmission Line Replacement Project.

Strong Open House Turnout

Our community showed incredible engagement during the two recent open houses at the hall. Almost 100 residents attended to hear ENMAX discuss the eight routing options under evaluation. Thank you to everyone who took the time to voice local concerns.

Community Association Supports Route Option Eight

After careful consideration, the only route option the Community Association supports is Route Option Eight. Under this option, the line is completely buried through our neighbourhood, staying underground until just before it ties into the main transmission line in the Nose Creek Valley.

Action Required: Complete the Survey by July 15

Please make your voice heard so ENMAX understands our collective position. Everyone is strongly encouraged to complete ENMAX's route option survey by the July 15 deadline:

- Online: enmax.com/cctl
- Phone: 403-514-1471
- Email: stakeholderrelations@enmax.com

Next Steps and Legal Readiness

ENMAX will next determine both its preferred and alternate routes for its application to the Alberta Utilities Commission (AUC) later this year.

The WHM Powerline Committee is waiting to see which route options are submitted before deciding whether to act as intervenors in the AUC hearing process. We have all our ducks in a row: our lawyer is willing to act as our legal counsel again, and our \$15,000 contingency fund is fully funded and held in trust.

For further information on the community's plans or to ask questions, please send an email to powerline@winstonheights.ca.



BUILD COMMUNITY, PULL UP A CHAIR!

Become part of a welcoming group that works together, shares ideas, and has a few laughs along the way!

Join the WHMCA Board of Directors or one of our committees and help shape the events, programs, and spaces that bring our community together.

No special experience needed.

- Urgent need for:
- Communications and
 - Facility and Operations



Board Meetings:



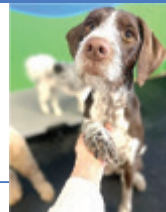
1st Tuesday of each month
(except August) • 7:00 pm
WHMCA Hall, Founders Room

Come see what it's all about. No long-term commitment is required to attend a meeting.

Especially 4 Pets

Doggy Daycare

Build your pup's confidence & social skills while having a great time with us!



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WHAT'S HAPPENING AT THE HALL – CALENDAR OF EVENTS!

Board Meetings

First Tuesday of Each Month (Except August)

7:00 to 9:00 pm

Community welcome!

Broxburn Vegetables Farm Stand*

Thursdays from 10:00 am to 1:00 pm

Fresh local produce is arriving in Winston Heights! We're excited to partner with The City of Calgary's Farm Stand Program to bring locally and regionally grown food right into our community while supporting Alberta farmers and producers. Join us every Thursday for fresh, seasonal fruits and vegetables from Broxburn Vegetables, a trusted grower known for high-quality greenhouse and field-grown produce cultivated using environmentally responsible practices.

Park n' Play*

Monday July 20 to Friday July 24

Each summer, the City of Calgary offers these fun, high-quality outdoor programs to help kids get active, make new friends, and enjoy play-based learning in a safe, supervised setting. This year, the Park n' Play program will be offered right here in our beautiful community centre park. Best of all, the program is free for Calgary families and offered on a first come, first served basis.

Park n' Play is a drop-off program where kids can enjoy a full day of games, crafts, activities, learning, and outdoor fun with trained program leaders. It is for children ages 6 to 12. Parents and guardians can drop children off between 10:00 am and 3:30 pm and let the fun begin! All participants must be the appropriate age by the first day of the program. Parents and guardians will also need to complete a sign-up form for each participant.

For more details, visit calgary.ca/parks-rec-programs/park-n-play-stay-n-play.html.

Family Craft Night

Tuesday, July 28 and August 25

Every Fourth Tuesday

6:00 to 8:00 pm

Founders' Room (entrance is front door, main building)

A relaxed evening of creativity and connection. Enjoy free kids' crafts and light refreshments and bring your

own project to work on while you visit with neighbours. We welcome knitting, crochet, needlework, sewing, paper crafts, and more! Just be sure to bring all your supplies. Free for WHMCA members. Please note that we ask that no projects have glitter. Children under 18 must be accompanied by an adult.

For more information, contact Heather at 403-276-5474.

Community Potluck Dinner

This event is going through some changes and will return on a different day very soon.

Coffee and Conversation

Friday, July 3 and August 7

First Friday of Each Month

9:30 to 11:00 am

Founders' Room

Come along—it's not just for seniors or women. Everyone is welcome! We'll talk about news of the day, books we're reading, or whatever we'd like. At this point, it is unstructured but if people prefer, we could choose hot topics or invite guest speakers. Coffee, tea, and snacks provided. Free for WHMCA members.

For more information, contact Suzanne at 403-276-5606 or events@winstonheights.ca.

Elevated Events Co. Summer Squeeze Market*

Saturday, July 11

10:00 am to 4:00 pm

All Halls

Elevated Events Co. is back with another wonderful market of artisan work and collectibles.

For information about this specific market, visit www.facebook.com/ElevatedEventsCompany.

Calgary Community Day Services (CCDS)*

Monday to Friday

8:30 am to 4:30 pm

Year-round

A unique day service dedicated to seniors and mature adults with developmental disabilities. It emphasises community presence while caring for the unique needs of seniors. It focuses on recreation and leisure with an objective of an enhanced quality of life.

Contact ccds.inc@shaw.ca or visit www.calgarycommunitydayservices.com.

Raven Realm Collective Market*

Saturday, August 15

10:00 am to 5:00 pm

All Halls

This event marks five incredible years of Raven Realm Collective, and they are excited to celebrate with an amazing community of vendors and guests. For information about this specific market, visit www.facebook.com/magical.raven.events.

*These programs are offered by third parties and not by WHMCA.

Start a Community Club or Class

Have you ever thought, "I wish we had a group for that?" This is your invitation to make it happen.

We're always happy to support residents who want to create clubs, groups, or classes whether you want to lead or help organize.

Ideas we've heard recently:

- Poker Nights (with instructor)
- Board Game Social
- Fitness and Nutrition (for older adults)

If you have an idea or want to get one of the ideas above launched, we'll help you connect with others who are interested and support you in getting it off the ground.

Contact Suzanne, Event and Programming Chair, at 403-276-5474 or events@winstonheights.ca.

Quiz Night Update

Thank you to the 80+ friends and neighbours that made up 13 teams for our May 22 Quiz Night! As always, John and I so loved sharing an evening of community and trivia with all of you! Congratulations to our winning team, East Meets West!

Hoping everyone has a wonderful summer!

Carolyn and John

Community Cleanups

by The City of Calgary

Reduce clutter and keep your neighbourhood clean. Community Cleanup events help residents safely dispose of household items that do not fit in their garbage cart, keeping our neighbourhoods cleaner and tidier.

From April to September, we're partnering with Community Associations across the city to host weekend events open to all residents, no matter where you live.

Review the list of accepted and unaccepted items and find a Community Cleanup location near you at calgary.ca/cleanups.



SAVE THE DATE WHMCA Community Clean Up



Stay tuned for all the details!





Savridi Singers **COME SING WITH US!**

Savridi Singers is an auditioned treble-voice choir looking to add voices

Please visit www.savridisingers.ca to arrange a voice evaluation

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ADULT NERD NIGHT

WINSTON HEIGHTS-MOUNTVIEW COMMUNITY ASSOCIATION

It turns out making friends as an adult takes a lot more effort than anyone warned us about.

If you've been looking for people to roll dice with, paint miniatures with, trade cards with, or just hang out with, this might be for you.

SO COME BE A NERD.

-  Meet new people.
-  Share your hobbies.
-  Play, paint, roll, trade, and more.



ONCE A WEEK, WE ROTATE!

WEEK 1	WEEK 2	WEEK 3	WEEK 4
POKÉMON & MAGIC: THE GATHERING	TABLETOP RPGs	WARHAMMER MINI PAINTING	BOARD GAMES, SPECIAL EVENTS, OR COMMUNITY CHOICE
			

WHAT TO EXPECT:

- ★ No experience required
- ★ No gatekeeping
- ★ Come solo or bring a friend
- ★ Learn, teach, play, paint, trade, strategize
- ★ Meet fellow nerds from the neighbourhood

INTERESTED?

Scan the QR code and let us know what you'd like to play!



Let's build a community of local nerds together!

Park n' Play Is Coming to WHMCA!

Great news for local families! Winston Heights-Mountview Community Centre has been chosen as a City of Calgary Park n' Play location from July 20 to 24.

Each summer, the City of Calgary offers these fun, high-quality outdoor programs to help kids get active, make new friends, and enjoy play-based learning in a safe, supervised setting. This year, the Park n' Play program will be offered right here in our beautiful community centre park.

Best of all, the program is free for Calgary families and offered on a first come, first served basis.

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All participants must be the appropriate age by the first day of the program. Parents and guardians will also need to complete a sign-up form for each participant.

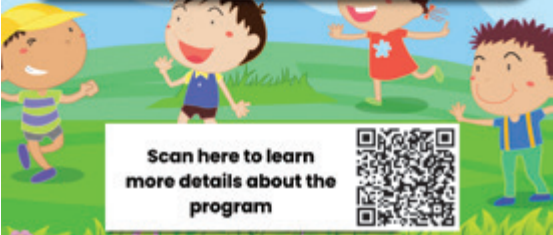
For more details, visit calgary.ca/parks-rec-programs/park-n-play-stay-n-play.html.



Coming July 20th- 24th to the Winston Heights-Mountview Community Centre

Park n' Play
A drop off program where play, learning, and new friends come together in a supervised setting.

10am - 3:30pm Daily
Ages 6 - 12



Scan here to learn more details about the program









MEOW Foundation
for the adoption of abandoned cats

MEOW Foundation is dedicated to rescuing stray and abandoned cats, providing them with critical medical care and the hope of a loving home.

Your donation helps fund our essential community programs, supporting both cats and the people who love them.

Together, we can give cats the second chance they deserve.

Donate





The Miraculous Journey of Bob Raymondson Part One

by Aspiring Writer Raymond Hepler, Age 11



Bob was a taxidermy chinchilla. He sat around in a glass box all day. That changed when one day he was taken to a different museum and it was to be by helicopter. That was the day when something was going to happen.

The staff brought out the box and put it into the helicopter and started transporting Bob over the forest until something crashed through the glass—an eighty-five-year-old man in a bird costume. The pilot stated, “that is one weird bird,” just as the madman’s dentures fell out and smashed the lever which dropped him from the helicopter. Into a canyon the chinchilla fell, still inside his glass box. The waters thrashed and raged violently around him. Bob looked around the canyon and found packets of gum lying around everywhere. The flavour of gum was “Garlic ‘n’ Curry” and left a filthy stench along with the moistened yellow ochre dust that gathered and massed around the canyon.

In the dark, despair-filled depths of the salmonella-ridden canyon, a fat ebony chinchilla with an undersized shirt which bore the emblem of the Lardo Divers—a falcon made of bacon with a strange cap on its head. This freak of (un-)nature had a monstrous appetite for creatures, specifically violet taxidermy chinchillas in glass boxes named Bob Raymondson who had secret crushes on Barney the Dinosaur. It had monstrous furry tentacles which it used not for grabbing its prey, but for reaching those hard-to-get Doritos™ at the bottom of the chip bag. Just then, a disheartening piece of gum fell on top of Bob’s head, knocking the chinchilla out cold.

Bob woke up in a daze. How long had it been? Why did he feel so out of place? All of these questions going around in his mind with fragments of thought refracting and multiplying, surging in a geyser of dizzying delirium. He looked upon himself. His hand twitched. He could move now! As one might expect, Bob did the first thing any chinchilla in their right mind would after first being able to walk—walked out of his glass box, grabbed a gum packet, and smeared the box with the remaining dust from the gum package. He named this creation The Jules Verne as he was planning on going 20,000 leagues under the sea in it. The dim-witted animal did not realize something very important looming over him.

The dark-furred chinchilla under the bacon-shaped hole sent in his A-team after Bob, which was a gang of Snort-Snorts who propelled themselves with rectal methane.

Over Bob loomed the grim secret of these dark, eerily still waters. The grim secret was...

Ad Break

Have your children ever annoyed you? Well, we have a place where they will get lost and it only costs twenty grand! Here at the big box where children love it.

End of Break

Bob looked around and saw a gang of mean looking porkers propelling themselves with fart jets. Bob needed a plan. A fast one.

To be continued...

Word of the month

Zephyr: noun (zeh-fur)

A light, gentle, or mild breeze. During the summer months, we may experience a gentle zephyr blowing in.



Thank You Rink Volunteers!

Did you skate on our rink last winter? If you did, you have our rink volunteers to thank for installing the boards, clearing snow from the ice, watering the ice, and then (on May 2) tearing down the boards and moving them to storage for the summer.

Maybe the weather (and the City's ban on watering rinks for more than half of January) kept the skating season from being epic, but the volunteers are always superheroes.

Here's an aerial view of the start of the work on May 2.



Photo Credit: Rink Volunteer Jeremy Walls.

We'd love to have you as part of our rink team next winter. Email us at rink@winstonheights.ca.

Updates from the City

Rain barrel rebates for \$50 are still available for Calgarians. Keep your lawn watered this summer and save on your water bill by visiting calgary.ca/yardsmart.

With the new water efficiency bylaw in place, see whether or not you are on even or odd days of the week for sprinkler use at calgary.ca/whentowater.

Engagement on the City's urban forest strategic plan is ongoing, with interested Winston Heights-Mountview neighbours able to sign up to participate in that engagement process at engage.calgary.ca/UrbanForestPlan. Pop-up events will also be held across Calgary starting on June 9.





Weekly farm stands

Support local calgary.ca/localfood

Thursdays 10:00 am-1:00 pm

Winston Heights Mountview: Community Association (520 27 Ave NE)

In partnership with The City of Calgary and WHMCA, **Broxburn Vegetables** is running a farm stand in our community. Get some fresh Alberta veggies, dairy, and baked goods!

SCAN HERE TO VIEW ADDITIONAL WINSTON HEIGHTS-MOUNTVIEW CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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WINSTON HEIGHTS-MOUNTVIEW
COMMUNITY ASSOCIATION

BECOME A MEMBER

Annual Cost of WHMCA Membership
\$20 for individuals or families

% Member benefits include:

- Free programs and community events
- Free or discounts to some renter programs
- **20% off hall rentals**
- **40% off kid's birthday party hall rentals**



winstonheights.ca/become-a-member

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WINSTON HEIGHTS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

TRY PILATES! Improve your posture, flexibility, strength, balance, and core stability. Mindful movement, injury rehabilitation, and pain management. Services include: Mat Classes, Individual or Duet sessions, Individual Reformer and small equipment Pilates. Inquire now. Call 403-836-3892 or email andreasatveit@live.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home Exterior Services. Gutter cleaning/repair/installation, window cleaning, gutter guards/leaf screens, fascia, soffit, siding, permanent outdoor holiday lighting, roofing, cladding, heat cables, pressure/soft washing. Local business since 2003 with more than 70,000 happy customers! Licensed, insured, WCB, A+ rated BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

Calgary



The Engage Portal is a way to learn about and participate in City projects and initiatives that are open for public input.

On the Engage Portal you will find:

- in-person & virtual public engagement events
- what we heard reports
- reports on progress &
- final decisions on projects that had public involvement.

Access the Engage Portal at
engage.calgary.ca

GREAT NEWS MEDIA

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that make our neighbourhood
thrive, and make this
publication possible.

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