EARBOUR LAKE

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER







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Skills for Safer Living is a free four-week support group program for youth ages 12-24 with thoughts of suicide and their caregivers.

Learn more: www.suicideinfo.ca/workshops





ALRA VISION AND MISSION STATEMENT



VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.

MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

ARBOUR LAKE RESIDENTS HALL RENTALS

Please see our website at www.arbourlake.com for rental information or visit the lake office.

Email: info@arbourlake.com Phone: 403-241-2628

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Website: www.arbourlake.com Email: info@arbourlake.com

COMMUNICATION

We are in the digital age at Arbour Lake Residents Association. Please send an email to info@arbourlake.com to let us know what your email address is. All future AGM information and billing invoices will be sent to registered members via email, so please confirm your information with us.

Hall Rentals Basics

Can I Rent the Hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations, and personal events such as birthday parties.

When Can I Book Hall Rentals?

Hall rentals must be booked at the Lake office. You must come into the lake office to book your rental, as we must go through a rental contract and necessary information with you.

What Do I Need to Rent the Hall?

You need your photo ID, payment for the hall rental, and a damage deposit cheque for \$400 at the minimum. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be given seven days prior to the event.

Where is More Rental Information?

Website: www.arbourlake.com Email: info@arbourlake.com Phone: 403-241-2628

Hall Programs

The Arbour Lake Residents Hall hosts various programs through the ALRA, as well as through independent groups. Keep busy and connect with others through our various offered programs!

Child Safe Canada Programs: Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. The programs are offered throughout the year and include "Strangers & Dangers," "Don't Touch! It's my Body," "Home Alone Safety," and the "Red Cross Babysitter Program." For more information or to register, please visit www.childsafecanada.com.

If you would like to host your program at the Residents Hall, please email us at info@arbourlake.com.





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WHAT'S UP AT THE LAKE

It's spring!

We want to remind residents how unsafe the ice can be.

Always watch for the colour of the flags to see if the ice is safe for skating.

- Red flag = Full closure.
- Yellow flag = Partial closure. Please call the office for specific details.
- Green flag = The lake is open for all activities.

Registration for our summer camps and programs is open! Register in person at our office! More details are available on our website at www.arbourlake.com.

To stay updated on events and lake conditions, visit our website (www.arbourlake.com) and social media (Arbour Lake Residents Association) on Facebook and Instagram.



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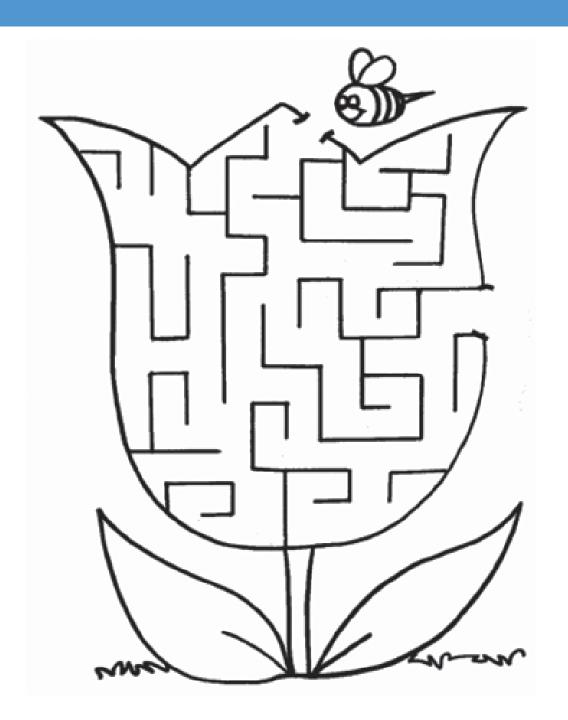
ARBOUR LAKE BEES POS



Hey, everyone! Colour the picture and drop it off at the lake office for a chance to win a great prize!

arbour	Lake

Name:	
Phone #:	
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ALRA MONTHLY UPDATE

Hi Arbour Lake Residents!

Spring is here!

The lake is now open for fishing! Boats will not be allowed on the lake until the water temperature is consistently above one degree Celsius! See our website for information on the lake status or call the office if you have any questions.

This a reminder that flagpoles are located around the lake and at the front entrance.

What Do the Flags Mean?

Red flag = Full closure.

Yellow flag = Partial closure.

Green flag = Open.

Contact the lake office or check the website for updates.

Lake Fees

Arbour Lake annual fees are overdue as of January 1, 2024. If you have not paid your fees yet, be sure to do it soon, as interest is accumulating on your overdue balance at the rate of 18% per annum, compounded monthly. Please be advised that this fee is mandatory, and you cannot opt out of paying it. Your access to the lake is also currently denied until your fees are paid in full.

Fees not paid by March 1 could be sent to our collection agents. Fees can be paid in person at the lake office or through online banking.

ALRA AGM

The ALRA Annual General Meeting will be on June 19 at 7:00 pm.



UPCOMING EVENTS

Meet Your Neighbours Tasting Event!

Join us on May 25 from 7:00 to 9:00 pm to meet your neighbours and taste a variety of scotch, wine, bourbon, cheese, and hors d'oeuvres! \$30 per person. Lake card and ID is required. Registration closes May 24.



Summer Programs Registration

Looking for a way to stay active and enjoy the warm weather? Summer programs registration is open! We are offering beginner tennis, paddleboarding, fly fishing, and water safety. Visit our office to register!



Summer Camps

Ready for a summer adventure? Sign up for our weekly summer camps filled with fun activities and exciting field trips. Our summer camps registration is ongoing, and spots are filling up fast!



Aug 19-23 Riley Park Wading Pool, Paddleboarding, Calaway Park

Resident Price: \$320 Before & After Care: \$140 Non-Resident registration Opens March 1st \$350



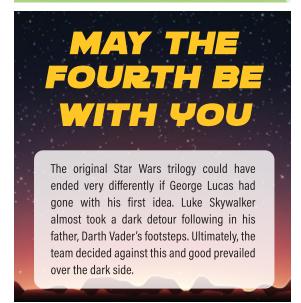
Register at the ALRA office 12 Arbour Lake Dr. NW Email camps@arbourtake.com Call (403) 241-2628

Annual Bike Rally Event

We are thrilled to bring back our annual bike rally event with the help of the Calgary Police Service. We are excited to get our community back together for outdoor activities while promoting safety. There will be fun biking activities for families to enjoy in the parking lot. We are also planning to have one or two food trucks attend the event!



fun and safety! Gather your family and pedal down to the lake parking lot for a special day of bike and helmet safety checks. Get expert advice on safe biking, enjoy fun activities, and ensure your gear is ready for summer adventures.





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EVENTS RECAP

We had an amazing day at our Easter Extravaganza! A huge thank you to our sponsor Domino's Crowfoot for all their support, and to our dedicated team of volunteers and staff! We all enjoyed a festive afternoon with crafts, a spring scavenger hunt, thrilling egg spoon races, and an exciting Easter egg hunt! Residents met with our special guest, the Easter Bunny, and showed off their cool crafts and prizes! We hope to see you all again next year for another egg-cellent event!







Thank you to our Easter Event Sponsor!

Domino's

20 Crowfoot Crescent NW



4-H Alberta Six-Week Intro Clubs **Popular Among Calgary Families**

by Lori Nielsen, Senior Program Coordinator for 4-H Intro Clubs



Ever since the launch of the initiative in September, 4-H Alberta's Intro Clubs have achieved success in various communities throughout Calgary. This pilot program has now hosted four introductory clubs dedicated to introducing the youth to

the world of 4-H with two more currently running in April. Among these clubs are the renowned Explore 4-H program, a baking club, and four daytime homeschool clubs, each tailored to cater to the diverse interests of the young individuals in the region.

Youth programs like 4-H help develop positive well-being in young people. The 4-H Intro Club initiative is a great way



for young people to develop important life skills and make new friends without a huge time commitment. This innovative program offers a refreshing alternative to year-long commitments, making it highly accessible for families with busy schedules.

4-H Intro Clubs will continue to be offered in various locations throughout the city until July. There will be two new clubs offered this spring including a six-week program starting on May 1 at the Kingsland Community Hall from 6:00 to 8:00 pm, and a "touring" club in June. The program is open to youth ages 9 to 18 and is limited to 15 members per club. Email introclubs@4hab.com or visit www.4hab.com/member -programs for more information.







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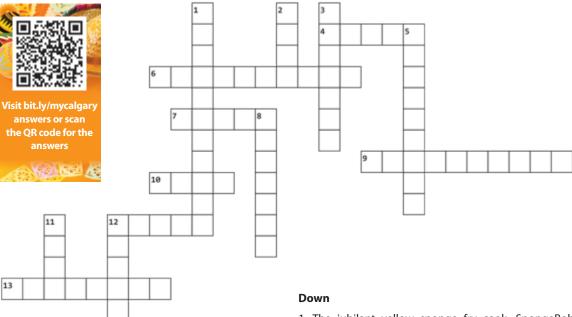


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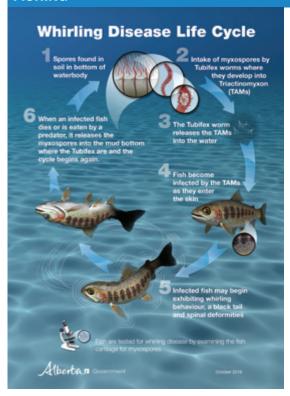


Across

- 4. On May 25, 1963, the legendary comedian Mike was born in Scarborough, Toronto. He is well-known for characters such as Austin Powers, Shrek, and Wayne Campbell.
- 6. This movie, which tells the story of Sir William Wallace leading a rebellion against the English to free Scotland from King Edward I's rule premiered on May 18, 1995.
- 7. In May 1873, Levi Strauss and Jacob Davis created this fashion forward denim pants.
- 9. This annual international song competition starts on May 7 this year and has seen winners in the past such as Celine Dion and ABBA.
- 10. Born in Fort Macleod, Alberta, Mitchell was inducted into the Rock and Roll Hall of Fame in 1997.
- 12. In May 1997, Garry Kasparov started a game of with IBM supercomputer Deep Blue.
- 13. In May of 1992, M.C Hammer's horse, Dance Floor, came third in the _____ Derby.

- 1. The jubilant yellow sponge fry cook, SpongeBob _____ first graced our screens in May 1999, on Nickelodeon.
- 2. On May 25, 1997, one of George Lucas' greatest creations Star Wars: Episode IV – A New _____ was released.
- 3. The official birthstone of May most famously symbolizes rebirth and growth; however, others suggest that the birthstone actually symbolizes love and success.
- 5. On May 19, 2020, Suzanne Collins released The Ballad of _____ and Snakes, a prequel to her Hunger Games trilogy.
- 8. The famous phrase "April ______ bring May Flowers" first appeared in a poem written by English Poet Thomas Tusser in the 1500s.
- 11. The first film of the Marvel Cinematic Universe, Man, starring Robert Downey Jr. is released on May 2, 2008.
- 12. _____ de Mayo is celebrated on May 5 every year and honours the Mexican army's victory over the French in 1862.

FISHING





Fishing is Catch and Release Only!

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. There will be no keeping of any fish of any kind of size! This is a result of Alberta Environment and Parks shutting sown all fish stocking within the bow river drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, no fish may be kept. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at http://aep.alberta.ca/fish-wildlife/wildlife-disease/whirling-disease/default.aspx.

Fishing

- May only be done from the designated fishing docks.
- Hooks must be Barbless and egg hooks are not permitted.
 No triple hooks are to be used. This ensures the survival of released fish.
- No live bait, corn, bread, minnows, smelts, fish or nets may be used to catch fish.
- Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.
- Random tackle box, bag and hook checks will be performed to ensure all Rules & Regulations are being followed.

Eutrophication

Here is some information on how important it is to be careful with how much fertilizer you use on your lawn. When you use too much ferilizer on your lawn, the excess nutrients are carried away by the rain and other forms or irrigation. The nutrients mix with water and find their way into our beautiful lake. These nutrients cause the algae and plants in the water to multifply rapidly, creating an algae bloom. This excessive amount of algae prevents sunlight from reaching the bottom of the lake. The plants lacking sunlight will die at the bottom of the lake where decomposers will use up the oxygen. When a bloom occurs, there is too much organic matter ready to decompose and all the remaining oxygen in the water is used by decomposers to decompose dead plants. This can cause all our fish to suffocate from the lack of oxygen. With your help in preventing the overuse of fertilizer, we can work together to keep the lake healthy and beautiful for all residents to enjoy.

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