

DECEMBER 2025

DELIVERED MONTHLY TO 4,900 HOUSEHOLDS

your ARBOUR LAKE

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER



LIGHT THE NIGHT
DECEMBER 5

NEW YEAR'S FIREWORKS
DECEMBER 31



NOSEHILL DENTAL
ALL PEOPLE ARE AWESOME

(403) 241-1900

Now accepting CDCP.

Everyone deserves a healthy smile!
New patients always welcome.

www.nosehilldental.com

Your trusted neighbourhood dentist
for over 40 years.

Open
Evenings &
Saturdays



OFFICIAL

PLUMBING & HEATING

Furnace Install & Repair

Plumbing Services

Drain Cleaning

Boiler Install & Repair

Electrical

\$50

Service Call Fee

403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca



Freedom starts with a Reverse Mortgage

- Cash to renovate, travel or relax
- Stay home, no monthly payments
- Leave a living inheritance

Call today to enjoy comfort, independence, and peace of mind.



ANITA RUSSELL

403-771-8771

anita@anitamortgage.ca

Licensed by Avenue Financial



NOSEHILL DENTAL

Family Owned & Operated

Book a comprehensive exam with X-rays and hygiene and receive a free electric toothbrush!



Comfort, Care & Convenience

Affordable dentistry for the entire family with your comfort and care as our priority.

Open
Evenings &
Saturdays

Your Trusted Neighbourhood Dentist For Over 40 Years!

New and emergency patients always welcome.

Now accepting CDCP.

(403) 241-1900

www.nosehilldental.com

#101 - 1829 Ranchlands Blvd NW



MERRY CHRISTMAS

From Our Family to Yours



Amaranth
WHOLE FOODS MARKET

ALRA VISION AND MISSION STATEMENT



VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.

MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

ARBOUR LAKE RESIDENTS HALL RENTALS

Please see our website at www.arbourlake.com for rental information or visit the lake office.

Email: info@arbourlake.com

Phone: 403-241-2628

ARBOUR LAKE RESIDENTS ASSOCIATION

Phone: 403-241-2628

Website: www.arbourlake.com

Email: info@arbourlake.com

COMMUNICATION

We are in the digital age at Arbour Lake Residents Association. Please send an email to info@arbourlake.com to let us know what your email address is. All future AGM information and billing invoices will be sent to registered members via email, so please confirm your information with us.

Hall Rentals Basics

Can I Rent the Hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations, and personal events such as birthday parties.

When Can I Book Hall Rentals?

Hall rentals must be booked at the Lake office. You must come into the lake office to book your rental, as we must go through a rental contract and necessary information with you.

What Do I Need to Rent the Hall?

You need your photo ID, payment for the hall rental, and a damage deposit cheque for \$400 at the minimum. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be given seven days prior to the event.

Where is More Rental Information?

Website: www.arbourlake.com

Email: info@arbourlake.com

Phone: 403-241-2628

Hall Programs

The Arbour Lake Residents Hall hosts various programs through the ALRA, as well as through independent groups. Keep busy and connect with others through our various offered programs!

Child Safe Canada Programs: Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. The programs are offered throughout the year and include "Strangers & Dangers," "Don't Touch! It's my Body," "Home Alone Safety," and the "Red Cross Babysitter Program." For more information or to register, please visit www.childsafecanada.com.

If you would like to host your program at the Residents Hall, please email us at info@arbourlake.com.



ALRA MONTHLY UPDATES

Lake Fees

Your invoice for your annual lake fee should have arrived in your mailbox for the 2025 year. If you have not received your invoice, contact the lake office for a copy. Please be advised that this fee is mandatory, and you cannot opt out of paying it. Fees are due on January 1. Fees can be paid at the lake office by cash, cheque, debit, Visa or Mastercard. You can also pay through your online banking using your external reference number, noted on your invoice.

What Do the Flags Mean?

Flagpoles are located around the lake and at the front entrance, which indicate ice conditions as follows:

- Red Flag = Full closure. Stay far away from the ice.
- Yellow Flag = Partial closure. Contact the lake office or check the website for updates.
- Green flag = Open for all winter activities.

Ice Safety

The lake is still in the process of freezing over, please remember the ice may be extremely thin and dangerous! Stay off the ice and all docks when the red flags are up. The red flags will be removed once it is safe, and when we open for skating season!

- No one will be allowed on the ice surface until a depth of 10" has been observed in our test locations. This will be on natural ice only (not resurfaced by the Olympia Zamboni).
- The Arbour Lake Olympia will not be put onto the ice until a depth of 15" has been observed in our test locations. Skaters will have to skate on the natural ice between depths of 10" to 15".

Check www.arbourlake.com, Arbour Lake Residents Association on Facebook and Instagram @arbourlakeresidents for updates on lake conditions.

WHAT'S UP AT THE LAKE

Hello Arbour Lake Residents!

Get ready to embrace the chilly season! As winter approaches, the Arbour Lake Staff and Board are hard at work preparing for a cozy, vibrant holiday season. We're especially excited about the annual Christmas light display that shines over our community.

Winter Programs

Winter program registration is open! Make sure to secure your spot for our January sessions, featuring:

- Skating Lessons (Levels 1 and 2)
- Parent and Tot Skating
- Intro to Ringette (New!)
- Beginner Adult

Toy Drive for Ronald McDonald House

We're proud to host our annual Toy Drive once again! Please consider donating a new, unwrapped toy to help brighten the holiday season for families at the Ronald McDonald House. Donations can be dropped off at the lake office. Thank you for your continued generosity!

Lake Stocking

This fall we stocked the lake with vibrant rainbow and tiger trout! Be sure to check out the event recap section in this newsletter to see photos and learn more about these beautiful fish.

Stay Connected

Keep up with all things Arbour Lake by following us on Instagram and Facebook: @ArbourLakeResidentsAssociation or visit our website for the latest updates.

Happy winter season, Arbour Lake! We look forward to celebrating with you all.

Arbour Lake Safe Space Initiative

The ALRA Safe Space Initiative is dedicated to creating a welcoming inclusive environment that embraces the diversity of our residents, guests, staff, and community. Through continuous education, awareness campaigns, and outreach efforts, this initiative aims to create a foundation that respects and accepts every individual, irrespective of differences, without biases. Our policies and conduct are designed to ensure that residents, patrons, and staff uphold the principles of this initiative. This initiative is dedicated to nurturing a safe and inclusive space that fosters a sense of belonging within the community, where individuals feel respected and valued.

UPCOMING EVENTS

Light the Night

December 5



Kid's Christmas Party

December 13 and 14



Xmas Craft Fair

December 6 and 7



New Year Fireworks

December 31



Winter Programs



**Winter Programs
2026 Registration**

65\$/person
5 lessons, every Saturday starting
January 10th to February 7th!

Lessons Include:
Parent & Tot
Level 1
Level 2
Intro to Ringette (New!)
Beginner Adult

In person registration only

TG Industries Ltd. PolyB Replacement Specialists

Plumbing • Heating • Gas Fitting
LOCATED IN SCENIC ACRES

PolyB grey waterlines have been discontinued since 1994 in Canada as this product has failed due to repeated water leaks.

- City of Calgary Licensed and Liability Insured
- WCB Covered
- 40 Years Experience, in business for 12 years
- We also offer drywall repairs when Pex waterlines are completed

**CALL US FOR A
FREE REPLACEMENT ESTIMATE**

403-200-4774

tgindustriesltd@shaw.ca

Ted Wilson | Master Plumber / Gasfitter

BRAIN
GAMES

SUDOKU

	3	2		7				
7						1	3	
	5			3				7
		9	6					3
	7		8	9	5		6	
2					3	5		
4				1			9	
		7						
				8		3	1	

SCAN THE QR CODE
FOR THE SOLUTION





 Heart
&Stroke

**Knowing your risks
could save your life.**

Our free Risk Screen tool helps you understand your risks for heart disease and stroke.



heartandstroke.ca/riskscreen

© Heart and Stroke Foundation of Canada, 2025 "The heart and / icon and the Heart&Stroke word mark are trademarks of Heart and Stroke Foundation of Canada.



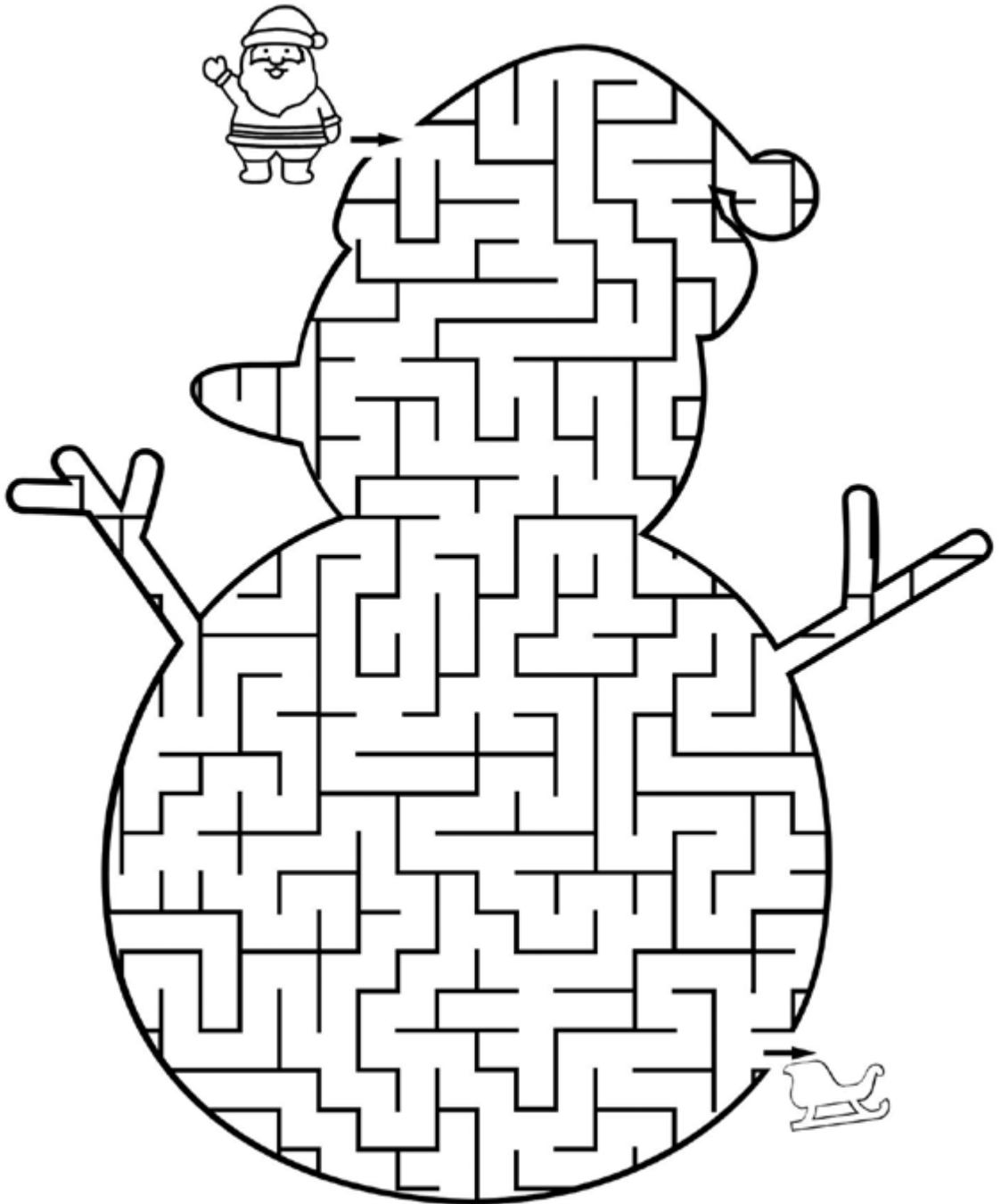
Hey, everyone! Colour the picture and drop it off at the lake office for a chance to win a great prize!



Name: _____

Address: _____

Phone: _____



Batters Up! Holiday Baking and Life Skills with 4-H



Baking isn't just about cookies or muffins — especially during the holiday season, it's a hands-on way for kids aged 9 to 15 to learn practical skills while creating festive treats. The Batters Up Baking Club, part of 4-H Alberta's Intro Clubs, gives young bakers a chance to explore new recipes, practice teamwork, and discover the science behind their favourite holiday goodies.

Each week, participants try a new baking activity, from holiday cookies to pies, brownies, and cupcakes. Along the way, they also practice planning, measuring, following instructions, and record-keeping, all skills that are part of 4-H's life-long learning approach.

Fun Baking Fact: Did you know that baking powder creates tiny bubbles of carbon dioxide that make dough rise? This is why muffins and cakes become light and fluffy! Learning the "why" behind baking steps helps young bakers become confident and creative.

Even at home, kids can explore similar skills from measuring ingredients to blending flavours in simple projects like a quick orange creamsicle smoothie, made with 1 cup of orange juice, 1½ cups of vanilla



Greek yogurt, 2 peeled oranges, 2 frozen bananas, and 4 teaspoons of vanilla extract. Try this at home for a refreshing twist on holiday flavours.

Through the 4-H Intro Club, kids not only create delicious treats but also gain confidence, learn teamwork, and explore new ideas all while having fun in a supportive environment. Baking becomes more than just mixing ingredients; it becomes a way to explore science, math, and life skills in a hands-on, memorable way. Whether it's measuring sugar, stirring batter, or decorating cupcakes, every step teaches something new and what better way to celebrate the season than with treats made by your own hands?

Find out more about 4-H Intro Clubs at 4hab.com/member or email introclubs@4hab.com.

EVENT RECAP

Halloween Bingo

A big thank you to everyone who joined us for the Halloween Bingo Night! It was a spook-tacular evening filled with fun, laughter, and plenty of prizes. We saw some amazing costumes— from ghoulish ghosts to creepy clowns. It was a blast sharing the excitement with all of you.



Fright Night

It was an unforgettable night full of thrills, chills, and spooky surprises. From creepy corridors to terrifying tales, we loved seeing everyone face their fears (and maybe scream a little too loud)!

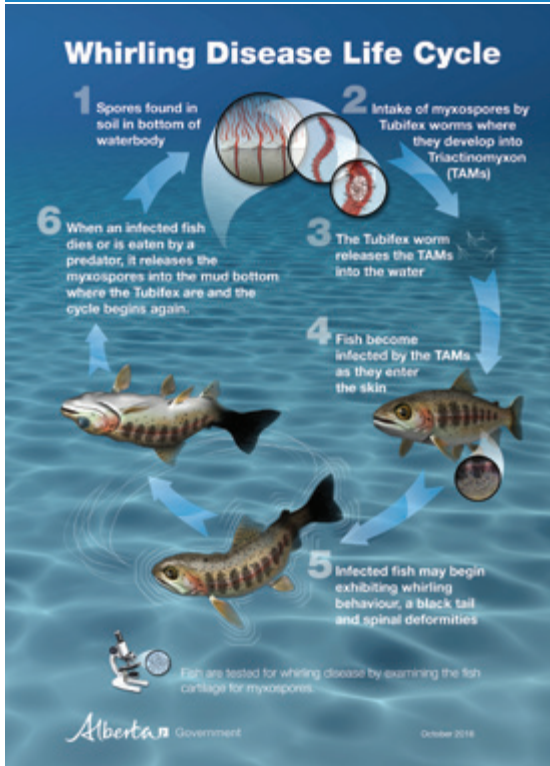
A special thank you to our brave volunteers who helped create the eerie atmosphere and kept the scares coming all night long.



Fish Stocking

The lake is now home to hundreds of beautiful, new brook trout! You can recognize brook trout by bold white lines on their fins. These fish are feisty, and we're ready for some epic fishing ahead.





Fishing is Catch and Release Only!

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. There will be no keeping of any fish of any kind of size! This is a result of Alberta Environment and Parks shutting down all fish stocking within the bow river drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, no fish may be kept. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at www.alberta.ca/whirling-disease.

Fishing

- May only be done from the designated fishing docks.
- Hooks must be Barbless and egg hooks are not permitted. No triple hooks are to be used. This ensures the survival of released fish.
- No live bait, corn, bread, minnows, smelts, fish or nets may be used to catch fish.
- Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.
- Random tackle box, bag and hook checks will be performed to ensure all Rules & Regulations are being followed.

NOTICE

You CANNOT use live bait, corn, dough, bread, minnows, smelts, fish or nets to catch fish.

You CANNOT use barbed hooks, triple hooks or egg hooks!!!



CATCH AND RELEASE ONLY
THIS IS FOR ALL FISH OF ALL SIZES AND KINDS!

Injured fish that cannot be returned to the water, **MUST** be handed over to a staff member for disposal.

Eutrophication

Here is some information on how important it is to be careful with how much fertilizer you use on your lawn. When you use too much fertilizer on your lawn, the excess nutrients are carried away by the rain and other forms or irrigation. The nutrients mix with water and find their way into our beautiful lake. These nutrients cause the algae and plants in the water to multiply rapidly, creating an algae bloom. This excessive amount of algae prevents sunlight from reaching the bottom of the lake. The plants lacking sunlight will die at the bottom of the lake where decomposers will use up the oxygen. When a bloom occurs, there is too much organic matter ready to decompose and all the remaining oxygen in the water is used by decomposers to decompose dead plants. This can cause all our fish to suffocate from the lack of oxygen. With your help in preventing the overuse of fertilizer, we can work together to keep the lake healthy and beautiful for all residents to enjoy.

Christmas memories baked fresh daily!

HANDMADE FROM SCRATCH
ALL BUTTER CRUST
NO PRESERVATIVES

CROWFOOT CROSSING
WEST DISTRICT
MAHOGANY
LEGACY
SPRUCE CLIFF / WILDWOOD

CITYWIDE DELIVERY | OPEN 10 TO 7 DAILY



piejunkie.ca

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

We make your phone ring.
We bring you more customers.
We grow your sales.

Call 403-720-0762 | grow@greatnewsmedia.ca



SCAN ME

TNC PLUMBING



- All your household plumbing & gas fitting needs
- Northwest residence
- Quick response
- Renovations & additions
- Hot water tanks
- Tiling and drywalling
- Free quotes & same day service

Call Tye the Plumber 403-399-8640

Real Estate Professionals Inc.
Go With the Pros
LUBA SAVTCHOUK
403-605-5699
lubasav@hotmail.com

THERE'S MORE TO DENTAL HEALTH THAN MEETS THE EYE



ROOT DECAY
COULD BE
PREVENTED BY
ALIGNING YOUR
TEETH.

ASK US HOW...

FAMILY DENTISTRY | HYGIENE | KOIS | INVISALIGN | SEDATION

Your Community Dentist in Northwest Calgary

New Patients Welcome

Meet Your Dental Team



Dr. Cam Brauer



Dr. Jay Saffary

Dr. Jay has joined our team and we are looking forward to you getting to know him – please call to schedule an appointment!

tuscany 
dental centre
403-239-0010

Schedule an appointment on our website

www.tuscanydental.com

2078 – 11300 Tuscany Blvd NW | Calgary, AB

HOURS OF OPERATION

Monday	7am - 5pm
Tuesday	7am - 7pm
Wednesday	7am - 7pm
Thursday	7am - 7pm
Friday	7am - 5pm



BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Arbour Lake. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

ARBOUR LAKE MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

FALCONER HANDYMAN SERVICES LTD: New decks, fences and repairs. Stucco patching, re-stucco, foundation parging, interior and exterior painting, flooring, drywall, concrete, landscaping, and renovations. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.



**SCAN HERE TO VIEW ADDITIONAL
ARBOUR LAKE CONTENT**

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**





40
YEARS

*Serving the
Calgary Market!!*

Kirby Cox
& ASSOCIATES

Kirby Cox | Cam Sterns

SEASON'S
Greetings



1401, 81 Arbour Lake View NW

Top Floor, 1 Bdrm, Westberry
\$325,000



SOLD!

235 Tuscany Ridge View NW

4 Bdrms + Den, Updated, A/C
\$779,900



SOLD!

56 Rocky Ridge Drive NW

4 Bdrms, Finished Walkout on Park
\$737,000



SOLD!

117 Rockcliff Bay NW

5 Bdrms + Den, Finished Walkout
\$1,499,900



55 Tuscany Estates Drive NW

4 Bdrms + Den, Finished Walkout
\$1,060,000



220 Silver Creek Mews NW

3 Bdrms + Den, Fully Finished Villa
\$699,900

Over 200 Homes Sold in 2025!!
30 Consecutive Years @ Top 1% in Canada



kirbycox.com
Royal LePage Benchmark

403.247.5555