# **EARBOUR LAKE**

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER







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#### **ALRA VISION AND MISSION STATEMENT**



#### **VISION**

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.

#### **MISSION STATEMENT**

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

# ARBOUR LAKE RESIDENTS HALL RENTALS

Please see our website at www.arbourlake.com for rental information or visit the lake office.

Email: info@arbourlake.com Phone: 403-241-2628

# ARBOUR LAKE RESIDENTS ASSOCIATION

Phone: 403-241-2628

Website: www.arbourlake.com Email: info@arbourlake.com

#### **COMMUNICATION**

We are in the digital age at Arbour Lake Residents Association. Please send an email to info@ arbourlake.com to let us know what your email address is. All future AGM information and billing invoices will be sent to registered members via email, so please confirm your information with us.

#### **Hall Rentals Basics**

#### Can I Rent the Hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations, and personal events such as birthday parties.

#### When Can I Book Hall Rentals?

Hall rentals must be booked at the Lake office. You must come into the lake office to book your rental, as we must go through a rental contract and necessary information with you.

#### What Do I Need to Rent the Hall?

You need your photo ID, payment for the hall rental, and a damage deposit cheque for \$400 at the minimum. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be given seven days prior to the event.

#### Where is More Rental Information?

Website: www.arbourlake.com Email: info@arbourlake.com Phone: 403-241-2628

### **Hall Programs**

The Arbour Lake Residents Hall hosts various programs through the ALRA, as well as through independent groups. Keep busy and connect with others through our various offered programs!

**Child Safe Canada Programs:** Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. The programs are offered throughout the year and include "Strangers & Dangers," "Don't Touch! It's my Body," "Home Alone Safety," and the "Red Cross Babysitter Program." For more information or to register, please visit www.childsafecanada.com.

If you would like to host your program at the Residents Hall, please email us at info@arbourlake.com.



#### **ALRA MONTHLY UPDATES**

It's spring!

As summer approaches, we want to remind residents that the lake water remains very cold. Please understand that until the water is warmer, we cannot allow boating or swimming.

- Red flag = Full closure.
- Yellow flag = Partial closure. Please call the office for specific details.
- Green flag = The lake is open for all activities.

Registration for our summer camps and programs is open! Register in person at our office! More details are available on our website at www.arbourlake.com. To stay updated on events and lake conditions, visit our website (www.arbourlake.com) and social media (Arbour Lake Residents Association) on Facebook and Instagram.



#### **GAMES & PUZZLES Guess the Video Game!**

- 1. This video game was developed and published by Atari in 1972, making it one of the earliest and most well-known video games.
- 2. With over 300 million copies sold, this is the bestselling video game of all time.
- 3. Physicist William Higinbotham created the very first game called \_\_\_\_\_; and no, it's not what you think
- 4. A video game classic, the character of Mario was originally called \_\_\_\_\_.
- 5. Beginning as a joke, this 1999 Nintendo 64 game included an unlikely rap about its main characters.
- 6. The Stalfos are the only enemy creatures to appear in every edition of this video game since its creation.



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#### **PROGRAM UPDATES**

#### **Adventure Camps**

Ready for a fun-filled summer? Registrations for our Adventure Camps are still open! Non-residents are welcome! Register at our office before it's too late and visit our website for more details.



#### **Summer Programs**

Register now to partake in our summer programs! This year we are offering paddleboard lessons, tennis lessons, and fly-fishing lessons! Don't miss your chance to learn a new skill! Register at our office before it's too late and visit our website for more details.



### **Arbour Lake Safe Space Initiative**

The ALRA Safe Space Initiative is dedicated to creating a welcoming inclusive environment that embraces the diversity of our residents, guests, staff, and community. Through continuous education, awareness campaigns, and outreach efforts, this initiative aims to create a foundation that respects and accepts every individual, irrespective of differences, without biases. Our policies and conduct are designed to ensure that residents, patrons, and staff uphold the principles of this initiative. This initiative is dedicated to nurturing a safe and inclusive space that fosters a sense of belonging within the community, where individuals feel respected and valued.

#### WHAT'S UP AT THE LAKE

Hi Arbour Lake Residents!

Spring is here!

The lake is open for fishing! However, swimming and boating will not be allowed until the water temperature is consistently above 10 degree Celsius.

For more information about lake rules and events, please visit our website at www.arbourlake.com or call the lake office during operating hours.

#### **ALRA AGM**

The ALRA Annual General Meeting will be on June 11 at 7:00 pm. We hope to see you in great numbers to discuss the yearly recap, the current condition of the lake, and what's to come!

#### Lake Fees

Arbour Lake annual fees are overdue as of January 1, 2025. If you have not paid your fees yet, be sure to do it soon, as interest is accumulating on your overdue balance at the rate of 18% per annum, compounded daily. Please be advised that this fee is mandatory, and you cannot opt out of paying it. Your access to the lake is also denied until your fees are paid in full. Fees can be paid in person at the lake office or through online banking.

#### Renovations

After 15 years of operation, the office was given a long overdue makeover. The walls were repainted, the floor replaced, and the desks were reorganized! We hope this fresh look will make your visits more hospitable and enjoyable.



#### **Lotus Seeds**

In preparation for the summer, we are growing lotus seeds! These amazing plants will be added to our lake ecosystem when the water is warm enough. Their beautiful blooms will make the waters look magical.



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



#### **UPCOMING EVENTS**

#### **Spring Craft Fair**

Join us at Arbour Lake for our Spring Craft Fair! On May 3 and 4 from 11:00 am to 4:00 pm, come for a chance to purchase unique artisan products and tasty treats! We are so proud to support our local vendors. Free admission for everyone! We hope to see you there!



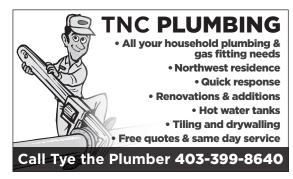
#### **Meet Your Neighbours**

May 24, from 6:00 to 9:00 pm.

Join us to meet your neighbours and taste a variety of scotch, wine, bourbon, cheese, and hors d'oeuvres! \$25 per person. Lake card and ID is required.











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TO SCHEDULE AN APPOINTMENT



We Follow	w the ADA&C	Fee Guide!	SAME FEE
Code	Treatment Description	ADA&C Fee Guide Pricing	Toothworks' Pricing
01103	New Patient Exam	\$137.65	\$137.65
02144	4 Bitewing X-Rays	\$105.38	\$105.38
02113	3 PA X-Rays	\$81.35	\$81.35
02601	Panoramic X-Ray	\$106.61	\$106.61
11113	3 Units Scaling	\$250.53	\$250.53
11101	Polishing	\$74.40	\$74.40
12112	Fluoride Treatment	\$36.05	\$36.05

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# services



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**SMILE** MAKEOVER





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**CROWNS** 



**SNORE** GUARDS



ORTHODONTICS



**BRIDGES** 



TMD THERAPY

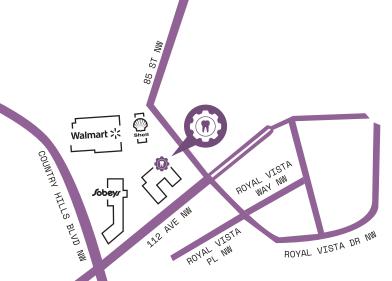


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#### **CONTACT US**

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All services performed by a general dentist

#### **Senior's Social**

June 21, from 12:00 to 2:00 pm.

Join us for another senior's social event! Connect with friends and meet new people while playing board games, listening to music and enjoying free snacks. We will also have coffee, tea, and delicious doughnuts! See you soon!





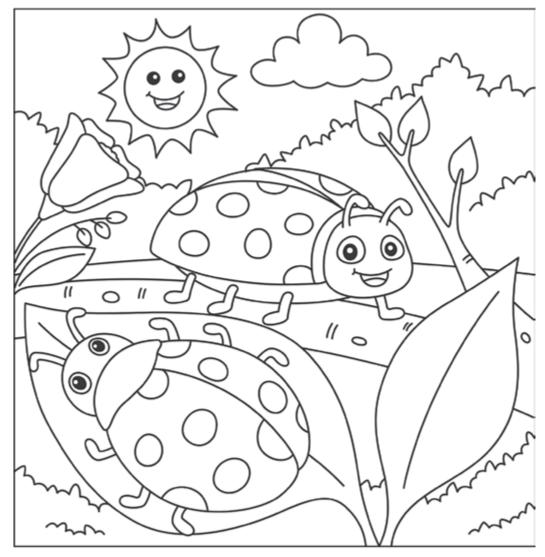










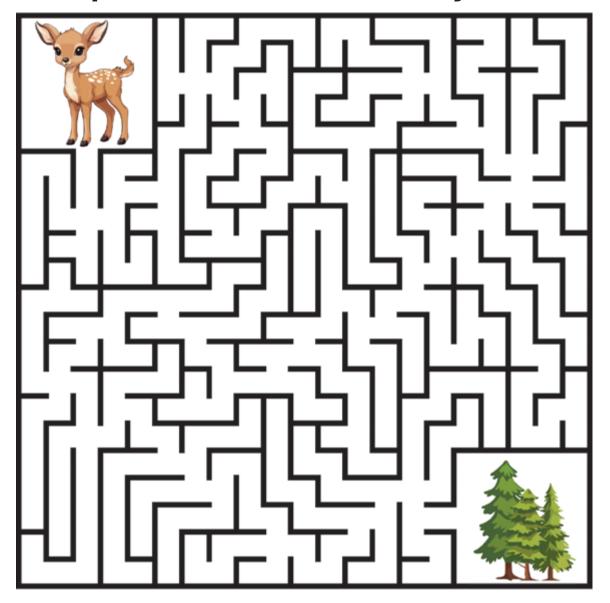


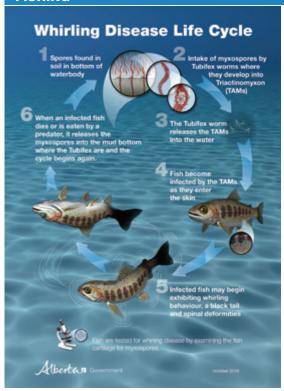
Hey, everyone! Colour this image and bring it to the ALRA office for the chance to win a great prize!

arbour	Lake

Name:	
Address:	
Phone:	

## Help this little deer find his way home!







#### **Fishing is Catch and Release Only!**

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. There will be no keeping of any fish of any kind of size! This is a result of Alberta Environment and Parks shutting sown all fish stocking within the bow river drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, no fish may be kept. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at www.alberta.ca/whirling-disease.

#### **Fishing**

- May only be done from the designated fishing docks.
- Hooks must be Barbless and egg hooks are not permitted. No triple hooks are to be used. This ensures the survival of released fish.
- No live bait, corn, bread, minnows, smelts, fish or nets may be used to catch fish.
- Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.
- Random tackle box, bag and hook checks will be performed to ensure all Rules & Regulations are being followed.

#### **Eutrophication**

Here is some information on how important it is to be careful with how much fertilizer you use on your lawn. When you use too much fertilizer on your lawn, the excess nutrients are carried away by the rain and other forms or irrigation. The nutrients mix with water and find their way into our beautiful lake. These nutrients cause the algae and plants in the water to multiply rapidly, creating an algae bloom. This excessive amount of algae prevents sunlight from reaching the bottom of the lake. The plants lacking sunlight will die at the bottom of the lake where decomposers will use up the oxygen. When a bloom occurs, there is too much organic matter ready to decompose and all the remaining oxygen in the water is used by decomposers to decompose dead plants. This can cause all our fish to suffocate from the lack of oxygen. With your help in preventing the overuse of fertilizer, we can work together to keep the lake healthy and beautiful for all residents to enjoy.

#### **EVENT RECAP**

#### **Polar Plunge**

The polar plunge was a great success! We had an awesome turnout, and the on-site sales amounted to \$2,685! We want to give a special thank you to everyone who participated and/or donated to Special Olympics Alberta!









#### Senior's Social

The Senior's Social was packed! We spent the afternoon in great company, with baked snacks, warm drinks, and board games!









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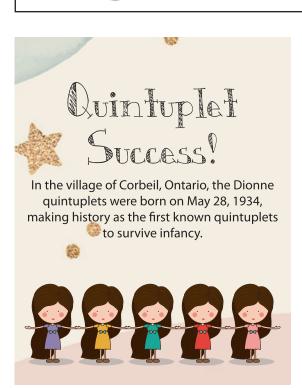


Canada's first mobile men's health clinic offering FREE PSA (Prostate-Specific Antigen) blood testing used for early detection of prostate cancer.



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