# **EARBOUR LAKE**

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER





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## ALRA VISION AND MISSION STATEMENT



## **VISION**

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.

## **MISSION STATEMENT**

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

# ARBOUR LAKE RESIDENTS HALL RENTALS

Please see our website at www.arbourlake.com for rental information or visit the lake office.

Email: info@arbourlake.com Phone: 403-241-2628

# ARBOUR LAKE RESIDENTS ASSOCIATION

Phone: 403-241-2628

Website: www.arbourlake.com Email: info@arbourlake.com

## **COMMUNICATION**

We are in the digital age at Arbour Lake Residents Association. Please send an email to info@ arbourlake.com to let us know what your email address is. All future AGM information and billing invoices will be sent to registered members via email, so please confirm your information with us.

## **Hall Rentals Basics**

#### Can I Rent the Hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations, and personal events such as birthday parties.

#### When Can I Book Hall Rentals?

Hall rentals must be booked at the Lake office. You must come into the lake office to book your rental, as we must go through a rental contract and necessary information with you.

#### What Do I Need to Rent the Hall?

You need your photo ID, payment for the hall rental, and a damage deposit cheque for \$400 at the minimum. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be given seven days prior to the event.

#### Where is More Rental Information?

Website: www.arbourlake.com Email: info@arbourlake.com Phone: 403-241-2628

## **Hall Programs**

The Arbour Lake Residents Hall hosts various programs through the ALRA, as well as through independent groups. Keep busy and connect with others through our various offered programs!

**Child Safe Canada Programs:** Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. The programs are offered throughout the year and include "Strangers & Dangers," "Don't Touch! It's my Body," "Home Alone Safety," and the "Red Cross Babysitter Program." For more information or to register, please visit www.childsafecanada.com.

If you would like to host your program at the Residents Hall, please email us at info@arbourlake.com.



## **ALRA MONTHLY UPDATES**

#### Lake Fees

Attention all Arbour Lake residents!

Your annual lake fee invoice should have been delivered by now. Please check both your paper mail and email for it. If you have not received your invoice, contact the lake office as soon as possible. Be advised that this fee is mandatory, and you cannot opt out of paying it. Payment is due by January 1, 2026. Interest will accumulate daily on any overdue balances.

Fees can be paid at the lake office by cash, cheque, debit, Visa or Mastercard. You can also pay through online banking using the account number noted on vour invoice.

#### **Flags**

Flagpoles are located around the lake and at the front entrance, which indicate ice conditions as follows:

- Red Flag: Full closure of the lake area (stay off and far away from the water).
- Yellow Flag: Partial closure (contact the lake office or check the website for updates).
- Green Flag: Lake is open for all activities for the summer or winter season.

#### Thin Ice

The lake should hopefully start to freeze over in November but please remember the ice will be thin and dangerous! Stay off the ice and all docks when the red flags are up. The red flags will be changed once we open for skating season!

- No one will be allowed on the ice surface until a depth of 10" has been observed in our test locations. This will be on natural ice only (not resurfaced by the Olympia Zamboni).
- The Arbour Lake Olympia will not be put onto the ice until a depth of 15" has been observed in our test locations.

#### For More Information

To learn more about lake fees, payment methods, events, programs, and lake conditions, visit our website at www.ArbourLake.com or contact the lake office at 403-241-2628.

Also, make sure to follow us on Instagram and Facebook to stay informed about all upcoming events and programs!

## WHAT'S UP AT THE LAKE

Hello Arbour Lake residents.

Already November! Our beautiful lake will soon transform into a beautiful snowy wonderland! Whether you're bundling up for a brisk walk, cozying up at home with a cup of hot chocolate, or getting started on your Christmas shopping, there's something magical about this time of year. With the promise of winter just around the corner, we're excited to show you our winter spirit!

#### **Christmas Lights and Winter Pots**

Even in this chilly November weather, our staff is busy bringing a festive cheer to our community. You might spot them setting up Christmas lights or decorating flowerpots with evergreens, berries, and bows! We can't wait to see the lake sparkle with holiday magic!

So, if you see them out there, give a wave (or a warm thank you!) as they turn Arbour Lake into a winter paradise.

#### **Winter Programs**

Our winter programs are open for registration! Make sure you sign up before it's too late. These programs start in January and include skating lessons of all kinds!

## **Tov Drive**

We are excited to hold our annual toy drive again this year! We are accepting new unwrapped toy donations for the Ronald McDonald House! Every year our residents do an amazing job supporting this cause by bringing in donations that help families in need this holiday season. Stop by our office to drop off donations.

#### For More Information

Stay updated on what is going on at the lake by checking out our website and social media @Arbour LakeResidentsAssociation on Instagram and Facebook.



## **UPCOMING EVENTS**

#### Senior's Social

Join us for another senior's social event! On November 22, connect with friends and meet new people while playing board games and listening to music. We will also have coffee, tea, and delicious doughnuts. See you soon!



## **Light The Night**

Our Light the Night event will be held on Friday, December 5. Don't forget to bring a toy for our annual toy drive! We look forward to you joining us for a luminous night full of treats, fun, and family pictures with Santa!



## **Arbour Lake Safe Space Initiative**

The ALRA Safe Space Initiative is dedicated to creating a welcoming inclusive environment that embraces the diversity of our residents, guests, staff, and community. Through continuous education, awareness campaigns, and outreach efforts, this initiative aims to create a foundation that respects and accepts every individual, irrespective of differences, without biases. Our policies and conduct are designed to ensure that residents, patrons, and staff uphold the principles of this initiative. This initiative is dedicated to nurturing a safe and inclusive space that fosters a sense of belonging within the community, where individuals feel respected and valued.

#### X-mas Craft Fair

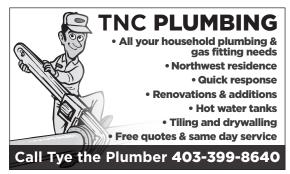
Our Christmas Craft Fair is back again! Don't miss out on all the cool crafts and treats being sold. This event will be held on December 6 and 7 from 11:00 am to 4:00 pm at our Residents Hall. What an awesome opportunity to buy handmade Christmas gifts and support local artists!



#### Kid's Christmas Party

Our annual Kid's Christmas Party will be held on December 13 and 14! Registration is required for all children participating in the event at a cost of \$40 per child. The event is limited to Arbour Lake children aged 12 and under. Sign up at the lake office to reserve your spot!



















Hey, everyone! Colour the picture and drop it off at the lake office for a chance to win a great prize!

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| Arbaun | Lake       |

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| 02144     | 4 Bitewing X-Rays        | \$105.38                   | \$105.38            |
| 02113     | 3 PA X-Rays              | \$81.35                    | \$81.35             |
| 02601     | Panoramic X-Ray          | \$106.61                   | \$106.61            |
| 11113     | 3 Units Scaling          | \$250.53                   | \$250.53            |
| 11101     | Polishing                | \$74.40                    | \$74.40             |
| 12112     | Fluoride Treatment       | \$36.05                    | \$36.05             |

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NIGHT GUARDS



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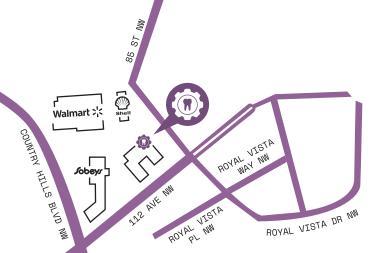
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## WORD SEARCH:

COW ANT DOG CAT RAT LION BEAR FOX PIG BAT WORDS CAN BE
VERTICAL,
HORZONTAL,
DIAGONAL AND
BACKWARDS!



Arbour Lake Real Estate Update
Last 12 Months Arbour Lake
MLS Real Estate Sale Price Update

|                | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| September 2025 | \$697,499            | \$687,500          |
| August 2025    | \$580,388            | \$578,388          |
| July 2025      | \$490,000            | \$495,000          |
| June 2025      | \$429,900            | \$426,900          |
| May 2025       | \$724,900            | \$719,950          |
| April 2025     | \$526,900            | \$519,450          |
| March 2025     | \$729,000            | \$724,000          |
| February 2025  | \$657,450            | \$655,000          |
| January 2025   | \$592,000            | \$593,750          |
| December 2024  | \$319,000            | \$315,000          |
| November 2024  | \$650,000            | \$640,000          |
| October 2024   | \$650,000            | \$643,500          |

Last 12 Months Arbour Lake
MLS Real Estate Number of Listings Update

|                | No. New Properties | No. Properties Sold |
|----------------|--------------------|---------------------|
| September 2025 | 14                 | 6                   |
| August 2025    | 12                 | 8                   |
| July 2025      | 17                 | 11                  |
| June 2025      | 13                 | 13                  |
| May 2025       | 29                 | 16                  |
| April 2025     | 13                 | 14                  |
| March 2025     | 17                 | 18                  |
| February 2025  | 17                 | 10                  |
| January 2025   | 14                 | 8                   |
| December 2024  | 3                  | 5                   |
| November 2024  | 16                 | 19                  |
| October 2024   | 13                 | 9                   |

To view more detailed information that comprise the above MLS averages please visit **arbr.mycalgary.com** 



# Brain Freeze

That sharp headache from cold treats? Doctors call it "sphenopalatine ganglioneuralgia". Try saying that the next time you eat an ice cream and get brain freeze!



## **EVENT RECAP**

#### Sand Art Presentation

The sand art event was a truly mesmerizing experience! Creativity met nature in a stunning display of light and shadows. Thank you to everyone who came out to support the artist and share in the beauty of the moment!







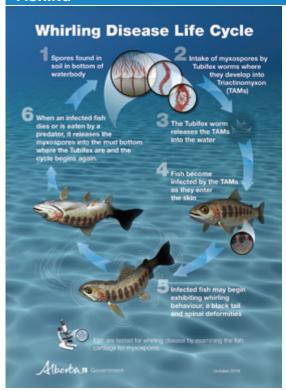
#### Movie on the Beach

Our Movie on the Beach event was a magical evening. We can't wait to do it again and enjoy more movies with you all!











## **Fishing is Catch and Release Only!**

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. There will be no keeping of any fish of any kind of size! This is a result of Alberta Environment and Parks shutting sown all fish stocking within the bow river drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, no fish may be kept. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at www.alberta.ca/whirling-disease.

### **Fishing**

- May only be done from the designated fishing docks.
- Hooks must be Barbless and egg hooks are not permitted. No triple hooks are to be used. This ensures the survival of released fish.
- No live bait, corn, bread, minnows, smelts, fish or nets may be used to catch fish.
- Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.
- Random tackle box, bag and hook checks will be performed to ensure all Rules & Regulations are being followed.

## **Eutrophication**

Here is some information on how important it is to be careful with how much fertilizer you use on your lawn. When you use too much fertilizer on your lawn, the excess nutrients are carried away by the rain and other forms or irrigation. The nutrients mix with water and find their way into our beautiful lake. These nutrients cause the algae and plants in the water to multiply rapidly, creating an algae bloom. This excessive amount of algae prevents sunlight from reaching the bottom of the lake. The plants lacking sunlight will die at the bottom of the lake where decomposers will use up the oxygen. When a bloom occurs, there is too much organic matter ready to decompose and all the remaining oxygen in the water is used by decomposers to decompose dead plants. This can cause all our fish to suffocate from the lack of oxygen. With your help in preventing the overuse of fertilizer, we can work together to keep the lake healthy and beautiful for all residents to enjoy.

## SAFE AND SOUND

## **Yielding to Emergency Vehicles**

by Alberta Health Services

For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles when their lights and sirens are activated. You can help all first responders navigate roads quickly and safely by following these basic rules.

#### When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection; be prepared to pull over.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop. remaining parallel with the road. Remember to signal.
- On one-way streets move to the nearest curb, either the right or left.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., in order to safely pass other traffic.

### When operating a vehicle:

- Reduce speed to 60 km/h or the posted speed, whichever is lower, when passing any stopped roadside vehicle with flashing lights activated (emergency vehicles, tow trucks, maintenance trucks, etc.). This law applies to the lane immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.



- Drivers must place their full attention on the road and the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.

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Happy Autumn Calgary-Foothills!

As I write this article, teachers are about to go on strike for the first time in almost 25 years. Teachers are frustrated. Frustrated with salaries that have fallen far behind the cost of living. Frustrated with unmanageable class sizes and classroom complexity. Frustration levels are so high that 40% of new teachers leave the profession in their first five years. This UCP government is promising more teachers and more schools. But those promises, which will take years to deliver, won't even match the resources required today. Alberta's New Democrats are committed to a robust public education system that delivers for our children.

I want to thank everyone who attended our MLA Ask me Anything Townhall. I'll continue fighting for investment in public education, for the construction of local schools, and the hiring of teachers and educational assistants.

With the changing of the seasons come other changes – like changing up our tires. I know I'll be swapping out summer for winter tires as I resume my weekly commute to Edmonton for the fall session of the legislature.

We also change up our sporting activities from baseball, soccer, and cricket for skiing, snowboarding, and skating.

Join us for our 'Skate and Smile' event at Crowfoot Arena on Saturday, November 15, 1:30 to 4:30 pm. This is a free event including free skate rentals! We will have hot chocolate and snacks to keep you warm and energized!

Meanwhile, don't hesitate to contact Calgary. foothills@assembly.ab.ca to learn how your MLA can support you! Ask about our e-newsletter list to stay updated on local events, and changes to provincial legislation. If you would like to volunteer with my office or have questions, please contact my email above, and follow my work on social media. Until next time!

# **BUSINESS CLASSIFIEDS**

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