EARBOUR LAKE

THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER





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SINCE 1994







ALRA VISION AND MISSION STATEMENT



VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.

MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

ARBOUR LAKE RESIDENTS HALL RENTALS

Please see our website at www.arbourlake.com for rental information or visit the lake office.

Email: info@arbourlake.com Phone: 403-241-2628

ARBOUR LAKE RESIDENTS ASSOCIATION

Phone: 403-241-2628

Website: www.arbourlake.com Email: info@arbourlake.com

COMMUNICATION

We are in the digital age at Arbour Lake Residents Association. Please send an email to info@ arbourlake.com to let us know what your email address is. All future AGM information and billing invoices will be sent to registered members via email, so please confirm your information with us.

Hall Rentals Basics

Can I Rent the Hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations, and personal events such as birthday parties.

When Can I Book Hall Rentals?

Hall rentals must be booked at the Lake office. You must come into the lake office to book your rental, as we must go through a rental contract and necessary information with you.

What Do I Need to Rent the Hall?

You need your photo ID, payment for the hall rental, and a damage deposit cheque for \$400 at the minimum. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be given seven days prior to the event.

Where is More Rental Information?

Website: www.arbourlake.com Email: info@arbourlake.com Phone: 403-241-2628

Hall Programs

The Arbour Lake Residents Hall hosts various programs through the ALRA, as well as through independent groups. Keep busy and connect with others through our various offered programs!

Child Safe Canada Programs: Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. The programs are offered throughout the year and include "Strangers & Dangers," "Don't Touch! It's my Body," "Home Alone Safety," and the "Red Cross Babysitter Program." For more information or to register, please visit www.childsafecanada.com.

If you would like to host your program at the Residents Hall, please email us at info@arbourlake.com.



ALRA MONTHLY UPDATES

Cold weather at the lake!

As cooler weather approaches, it is important to remember that the lake is not always warm enough for safe swimming and boating. Flagpoles are located around the lake and at the front entrance to indicate if the lake is open for use. Boats and swimming will not be allowed once the water temperature drops below 10°C.

Watch the Flags!

- Red = Full closure. Stay off and far away from the water.
- Yellow = Partial closure. Contact the lake office or check the website for updates.
- Green = The lake is open for all activities.

Check www.arbourlake.com, Arbour Lake Residents Association on Facebook, or @arbourlakeresidents on Instagram for updates on lake conditions.

Lake Hours

Check our website, social media, or call the lake office for updates on lake hours.

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WHAT'S UP AT THE LAKE

Hi Arbour Lake Residents!

We have had an amazing summer at the lake this year, and we hope you had the chance to drop by and enjoy all the wonderful opportunities the lake has to offer.

Our exciting adventure camps have ended! Our counsellors and campers explored the beauty of the outdoors and went on exciting field trips. Thanks to everyone who attended, we hope to see you again next summer!

As we transition into fall, the vibrant colours and crisp air bring a new kind of beauty to our surroundings. The changing leaves create a picturesque backdrop that is perfect for all our autumn activities. The lake's scenic transformation offers the ideal setting for cozy gatherings and festive celebrations.

Be sure to keep an eye on our social media, visit our website, or check out the bulletin boards around the lake to stay in the loop with fall events as they unfold. We will kick off the autumn season with an exclusive performance by sand artist Kelly Choo on September 6, followed by our annual Movie Night at the Beach on September 20.

For more details, check out the upcoming events section in this newsletter or visit our website at www. arbourlake.com. Enjoy the fall season and all the beautiful changes it brings to our community.





SAFE AND SOUND

Back to School Safety

by Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around School Buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

 Cross only at marked crosswalks, or street corners that have clear visibility from all directions.



- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: Children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

Arbour Lake Safe Space Initiative

The ALRA Safe Space Initiative is dedicated to creating a welcoming inclusive environment that embraces the diversity of our residents, guests, staff, and community. Through continuous education, awareness campaigns, and outreach efforts, this initiative aims to create a foundation that respects and accepts every individual, irrespective of differences, without biases. Our policies and conduct are designed to ensure that residents, patrons, and staff uphold the principles of this initiative. This initiative is dedicated to nurturing a safe and inclusive space that fosters a sense of belonging within the community, where individuals feel respected and valued.

THERE'S MORE TO **DENTAL HEALTH** THAN MEETS THE EYE

LIVE LIFE TO THE MAXILLARY...

We hope you're having a wonderful summer -keep your smile healthy one hygienist appointment at a time!



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are pointed to tear your food

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HOURS OF	OPERATION		
Monday	7am - 5pm		
Tuesday	7am - 7pm		
Wednesday	7am - 7pm		
Thursday	7am - 7pm		
Friday	7am - 5nm		



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FOR THE SOLUTION

UPCOMING EVENTS

Sand Art Presentation

September 6 at 3:00 pm.

With her hands, the artist continuously transforms flowing sand into evolving scenes - all projected in real time and accompanied by music.

There will also be a special opportunity for audience members to try sand art themselves during the performance.





Movie at the Beach

September 20

Cozy up on the beach with friends or family!



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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02113	3 PA X-Rays	\$81.35	\$81.35
02601	Panoramic X-Ray	\$106.61	\$106.61
11113	3 Units Scaling	\$250.53	\$250.53
11101	Polishing	\$74.40	\$74.40
12112	Fluoride Treatment	\$36.05	\$36.05

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SCAN TO BOOK AN APPOINTMENT





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TEETH CLEANING



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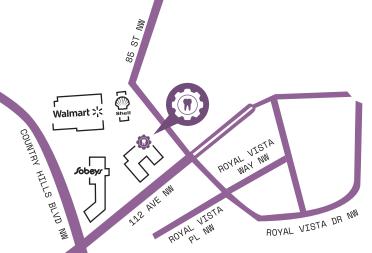
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All services performed by a general dentist

Halloween Bingo

October 18



Halloween Fright Night

October 31





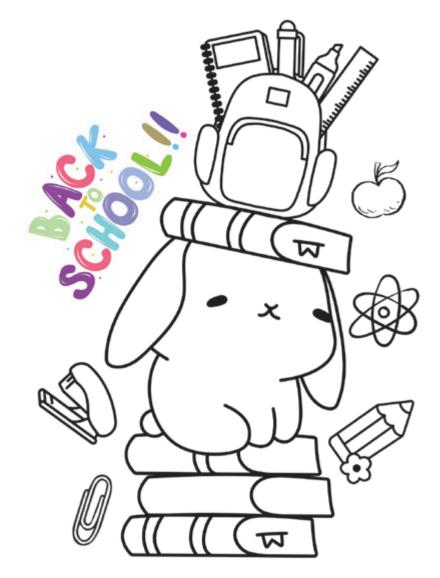










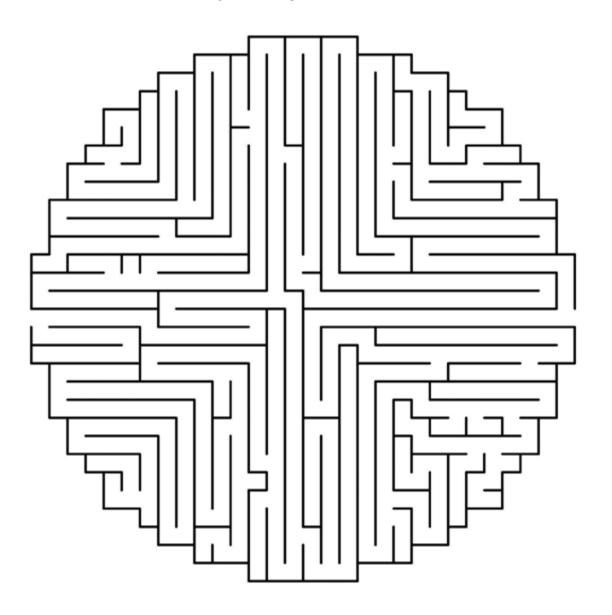


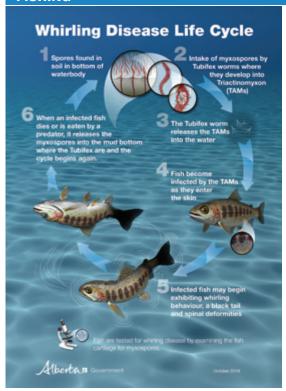
Hey, everyone! Colour the picture and drop it off at the lake office for a chance to win a great prize!

	4)
Arbour	Lake

Name:	 	 	
Address:	 	 	
Phone:			

Can you complete the maze?







Fishing is Catch and Release Only!

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. There will be no keeping of any fish of any kind of size! This is a result of Alberta Environment and Parks shutting sown all fish stocking within the bow river drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, no fish may be kept. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at www.alberta.ca/whirling-disease.

Fishing

- May only be done from the designated fishing docks.
- Hooks must be Barbless and egg hooks are not permitted. No triple hooks are to be used. This ensures the survival of released fish.
- No live bait, corn, bread, minnows, smelts, fish or nets may be used to catch fish.
- Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.
- Random tackle box, bag and hook checks will be performed to ensure all Rules & Regulations are being followed.

Eutrophication

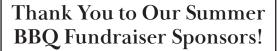
Here is some information on how important it is to be careful with how much fertilizer you use on your lawn. When you use too much fertilizer on your lawn, the excess nutrients are carried away by the rain and other forms or irrigation. The nutrients mix with water and find their way into our beautiful lake. These nutrients cause the algae and plants in the water to multiply rapidly, creating an algae bloom. This excessive amount of algae prevents sunlight from reaching the bottom of the lake. The plants lacking sunlight will die at the bottom of the lake where decomposers will use up the oxygen. When a bloom occurs, there is too much organic matter ready to decompose and all the remaining oxygen in the water is used by decomposers to decompose dead plants. This can cause all our fish to suffocate from the lack of oxygen. With your help in preventing the overuse of fertilizer, we can work together to keep the lake healthy and beautiful for all residents to enjoy.

EVENT RECAP

BBO Fundraiser

Our Annual Summer BBQ Fundraiser was a huge success! We all enjoyed a fun-filled afternoon with live music, bouncy houses, face painting, a delicious BBQ lunch, and exciting raffle prizes from our generous sponsors. It was a fantastic day to celebrate our amazing community while raising funds for the Alberta Children's Hospital. A heartfelt thank you to all our sponsors! Their contributions help bring our community events to life.

A special shoutout goes to Bon Ton Meat Market for their ongoing support and community spirit over the past several years. We're proud to partner with local businesses that care deeply about giving back. Thank you to everyone who came out and made the day so special. We can't wait to do it again next year!



Bon Ton Meat Market

Melissa Jickling

Royal LePage Benchmark

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Amaranth Whole Foods Market

New Dynasty Restaurant

Springbank Cheese Company













MLA, Calgary-Foothills Court Ellingson Shadow Minister for Finance

202-1829 Ranchlands Blvd NW, Calgary

403 216 5444

Calgary.Foothills@assembly.ab.ca
f facebook.com/CourtEllingsonYYC

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Greetings Residents of Calgary-Foothills!

It's been a wet summer, impacting plans from outdoor sports to events. Our increasingly volatile climate has consequences. From wildfires to floods to hail, Albertans have faced extreme weather events firsthand and have seen increased home and auto insurance premiums as a result.

Unfortunately, the UCP Government's plan for auto insurance raises premiums by 15% across the next two years and removes the right to sue. The Insurance Bureau of Canada has already stated the plan is unlikely to reduce costs. Higher premiums and potentially lower benefits? Sounds like a bad idea. If you have concerns about an insurance claim, contact IBC at 1-844-227-5422.

September is back to school season. Teachers are frustrated with the UCP Government, leading 94.5% to vote to strike in June. Their concerns stem from difficult working conditions, a lack of funding to address large class sizes, lack of educational assistants, and more. New Democrats and I believe your kids deserve the best education to prepare for the future, yet under the UCP Government, Alberta has consistently been lowest in per-student funding in Canada. I'll continue fighting for adequate investment in public education, and for construction of local schools in Calgary Foothills so students and parents can stop long daily commutes across the city.

Reminder: You're invited to my "Ask Me Anything" Town Hall at Arbour Lake Residents Association from 7:15 to 8:30 pm on Thursday, September 25. I hope to see you there!

Meanwhile, don't hesitate to contact Calgary. foothills@assembly.ab.ca to learn how your MLA can support you! Ask about our e-newsletter list to stay updated on local events, and changes to provincial legislation. If you would like to volunteer with my office or have questions, please contact my email above, and follow my work on social media. Until next time!



MP Calgary Rocky Ridge
Pat Kelly
202 – 400 Crowfoot Crescent NW
Calgary, AB T3G 5H6

८ 403-282-7980 **ଢ** 403-282-3587

pat.kelly@parl.gc.ca

On June 20 the House of Commons rose for the annual summer recess after meeting for a brief but busy four weeks following the 45th General Election. Many of my colleagues and I would have preferred more sitting days to address the various crises facing Canadians. We are scheduled to return to Ottawa around September 15. In the meantime, my summer included many community activities and meetings with local residents.

As always, the Stampede was a highlight of the summer. I attended many events and spoke with hundreds of residents who gave me invaluable feedback about their concerns.

During the very brief parliamentary session following the spring election, the Liberal government introduced a few bills but did not introduce a budget. Canada has now been without a budget since the spring of 2024. The government was able to pass its "Main Estimates" (a series of spending authorizations for nearly half a trillion dollars) but has not presented Canadians with a budget to show how they will raise or borrow the money to pay for their expenditures, how their spending will affect Canada's national finances over the short and medium term, or how they will fulfill various commitments made during and after the election.

I look forward to the fall parliamentary session when I expect the finance committee to hold prebudget consultation meetings to hear proposals from Canadians. I will continue my work as a member of the opposition holding the government to account for its actions.

If you are involved with a local organization and would like me to participate in an event in Calgary, please contact my office with the details, and I will be pleased to attend if my schedule allows.



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