

NOVEMBER 2026

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THE OFFICIAL ARBOUR LAKE RESIDENTS ASSOCIATION NEWSLETTER



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NOVEMBER 21
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DECEMBER 4



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ALRA VISION AND MISSION STATEMENT



VISION

Arbour Lake will be the most desirable community that encompasses world class amenities, a sense of welcoming and engaging residents to live the exclusive lake lifestyle.

MISSION STATEMENT

The Arbour Lake Residents Association is a limited company that was registered under the laws of Alberta on July 19, 1991. The purpose of this company is to care for, and improve upon, the Arbour Lake amenities, with the main focus being a pristine ten-acre lake in the heart of the community.

ARBOUR LAKE RESIDENTS HALL RENTALS

Please see our website at www.arbourlake.com for rental information or visit the lake office.

Email: info@arbourlake.com

Phone: 403-241-2628

ARBOUR LAKE RESIDENTS ASSOCIATION

Phone: 403-241-2628

Website: www.arbourlake.com

Email: info@arbourlake.com

COMMUNICATION

We are in the digital age at Arbour Lake Residents Association. Please send an email to info@arbourlake.com to let us know what your email address is. All future AGM information and billing invoices will be sent to registered members via email, so please confirm your information with us.

Hall Rentals Basics

Can I Rent the Hall?

Any person over the age of 21 may rent the hall. The hall can be rented for independent group programs, presentations, and personal events such as birthday parties.

When Can I Book Hall Rentals?

Hall rentals must be booked at the lake office. You must come into the lake office to book your rental, as we must go through a rental contract and necessary information with you.

What Do I Need to Rent the Hall?

You need your photo ID, a credit card, payment for the hall rental and damage deposit. If you will be having alcohol at your event, you must obtain a liquor license and Party Alcohol Liability Insurance. Proof of these must be submitted seven days prior to the event.

Where is More Rental Information?

Website: www.arbourlake.com

Email: info@arbourlake.com

Phone: 403-241-2628

Hall Programs

The Arbour Lake Residents Hall hosts various programs through the ALRA, as well as through independent groups. Keep busy and connect with others through our various offered programs!

Child Safe Canada Programs: Child Safe Canada offers various safety programs at the Arbour Lake Residents Hall. The programs are offered throughout the year and include "Strangers & Dangers," "Don't Touch! It's my Body," "Home Alone Safety," and the "Red Cross Babysitter Program." For more information or to register, please visit www.childsafecanada.com.

If you would like to host your program at the Residents Hall, please email us at info@arbourlake.com.



ALRA MONTHLY UPDATES

Happy November!

Winter is underway here at the lake! As it begins to get colder, keep an eye out for lake updates on our website, social media, and community bulletin boards for when the lake will fully open for skating.

Lake Fees

Attention all Arbour Lake residents! Your annual lake fee invoice should have been delivered by now. Please check both your paper mail and email for it. If you have not received your invoice, contact the lake office as soon as possible. Be advised that this fee is mandatory, and you cannot opt out of paying it. Payment is due by January 1, 2027. Interest will accumulate daily on any overdue balances. Fees can be paid at the lake office by cash, cheque, debit, Visa or Mastercard. You can also pay through online banking using the account number noted on your invoice.

Watch the Flags!

Flagpoles are located around the lake and at the front entrance, which indicate conditions as follows:

- Red Flag: Full closure of the lake area (stay off and far away from the water).
- Yellow Flag: Partial closure (contact the lake office or check the website for updates).
- Green Flag: Lake is open for all activities for the summer or winter season.

Thin Ice

With the lake beginning to freeze over, we ask that all residents please stay away from the ice as it will be thin and dangerous. Stay off the ice and all docks while the red flags are up. Once it is safe for ice skating we will go back to a green flag!

- The ice will need to reach a depth of 10" before it is safe for anyone to be on the surface. This will be on natural ice only (not resurfaced by the Olympia Zamboni).
- The Arbour Lake Olympia will not be able to be put on the ice until a depth of 15"

Lake Portal

Do you have our new HOA portal app? This application allows you to see your up-to-date account information and access the lake through a unique barcode! Please note that the physical lake cards no longer work. If you would like to install the HOA portal, please give our office a call at 403-241-2628!

To stay updated on events and lake conditions, visit our website (www.arbourlake.com) and social media (Arbour Lake Residents Association) on Facebook and Instagram.

WHAT'S UP AT THE LAKE

Happy November, Arbour Lake!

Winter is here! Soon our community will be a festive dreamscape. As we move into the colder months, we are excited to show off our winter spirit preparing for the most magical time of the year. Keep an eye out for all the holiday fun and decorations!



Truth and Reconciliation

On September 30, the Arbour Lake team was wearing orange to honour the children who never returned home from residential schools and the survivors' families and communities who carry their stories.

Christmas Lights

As the holiday season approaches, our team is busy adding a little extra sparkle to Arbour Lake! From hanging festive lights to getting the big Santa to watch over all the fun activities, we're working to create a warm and welcoming atmosphere for everyone in the community. We look forward to seeing the neighbourhood come alive with the twinkling lights and decorations to bring a little extra festive magic this winter. Keep an eye out for our team as they prepare for this holiday season and be sure to give them a warm thank you when you see them out decorating!

Winter Programs

Our winter programs are open for registration! Make sure to stop by our office and sign up before it is too late. The programs will begin in January and include skating lessons of all kinds!

Toy Drive

We are excited to once again hold our annual toy drive this year! We are accepting new unwrapped toy donations for the Ronald McDonald House! Every year this community does an amazing job supporting this cause, contributing donations that help families in need this holiday season. Stop by our office to drop off donations.

For More Information

Stay updated on what is going on at the lake by checking out our website and social media @ ArbourLakeResidentsAssociation on Instagram and Facebook.

UPCOMING EVENTS



Senior's Social
November 21 | 12:00 to 2:00 pm
Join us for another senior's social event! On November 21, connect with friends and meet new people over free coffee and delicious pastries. Come down to play some card games and listen to some great music. Hope to see you there!

Light the Night
December 4 | 6:30 to 9:00 pm

Our "Light the Night" event will be held on Friday, December 4. Don't forget to bring a toy for our annual toy drive! We look forward to having you join us for a radiant night full of family, friends, fun, and pictures with Santa!



Christmas Craft Fair
December 5 and 6 | 11:00 am to 4:00 pm

The Christmas Craft Fair is back! Come out and support local artisans and friends in the community. And don't miss out on getting a home-made Christmas gift for someone! From December 5 to the 6 11:00 am to 4:00 pm at our Resident's Hall.



SCAN HERE TO VIEW ADDITIONAL ARBOUR LAKE CONTENT

**News, Events,
& More**



**Crime
Statistics**



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EVENTS RECAP

Kids Christmas Party

December 12 and 13 | Morning or Afternoon

Our annual Kid's Christmas Party will be held on December 12 and 13! Registration is required for all children participating in the event at the cost of \$40 per child. The event is limited to Arbour Lake children aged 10 and under. Sign up at the lake office to reserve your time slot!



Senior's Social

The senior's social was a great hit! Unfortunately, we have no photos from the day, but we had over 20 participants come out for some great conversations, coffee, and delicious treats. Thank you to everyone who stopped in, and we are excited to see you at the next one!





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Arbour Lake Safe Space Initiative

The ALRA Safe Space Initiative is dedicated to creating a welcoming inclusive environment that embraces the diversity of our residents, guests, staff, and community. Through continuous education, awareness campaigns, and outreach efforts, this initiative aims to create a foundation that respects and accepts every individual, irrespective of differences, without biases. Our policies and conduct are designed to ensure that residents, patrons, and staff uphold the principles of this initiative. This initiative is dedicated to nurturing a safe and inclusive space that fosters a sense of belonging within the community, where individuals feel respected and valued.



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Hey, everyone! Colour the picture and drop it off at the lake office for a chance to win a great prize!



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11113	3 Units Scaling	\$261.75	\$261.75
11101	Polishing	\$77.75	\$77.75
12112	Fluoride Treatment	\$37.65	\$37.65

DECEMBER

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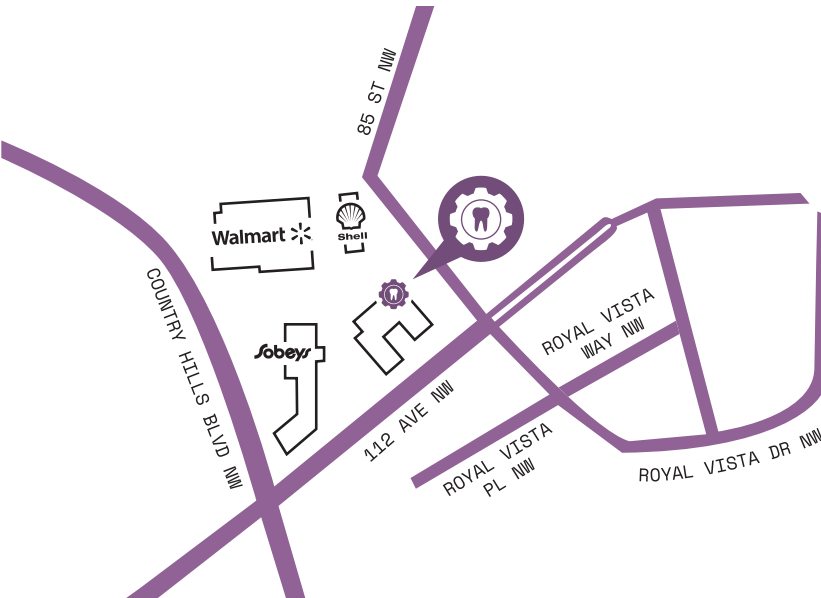
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Winter Word Search



Find the hidden winter words.

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N	X	E	M	N	C	L	O	L	K	A	N
O	M	W	I	G	R	V	F	A	T	R	O
W	N	Y	T	F	A	P	O	N	U	P	W
B	O	E	T	I	N	S	T	K	R	A	F
A	V	A	E	N	I	N	H	E	K	R	L
L	E	R	N	K	H	O	C	T	E	T	A
L	M	E	S	G	A	W	D	A	Y	Y	K
R	B	R	F	I	R	E	P	L	A	C	E
K	E	R	A	E	I	O	O	E	H	I	S
S	R	I	C	I	C	L	E	S	A	A	N
E	A	R	M	U	F	F	S	E	N	E	T

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November Crossword



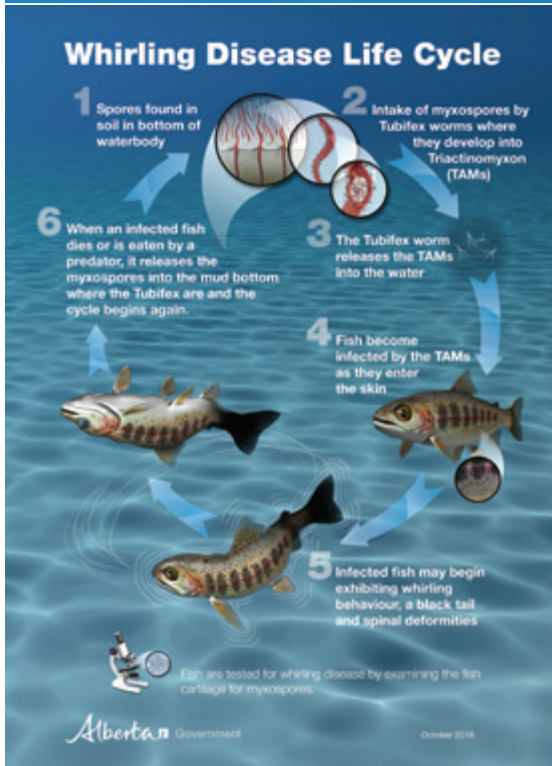
Visit bit.ly/mycalgaryanswers or scan the QR code for the answers

Across

6. Directed by Guillermo del Toro, this retelling of a famous novel was released November 7, 2025.
7. This warm yellow gemstone is said to prevent injury and bring strength. It is also November's birthstone.
8. Born November 10, 1989, this actor is most recently known for his role as Dr. Frank Langdon on *The Pitt*.
10. As a treat during the fall, this fruit is typically dipped in melted chocolate or caramel and then covered with various toppings.
11. In Greek mythology this man is cursed to push a boulder up a mountain for all eternity.
12. Born November 7, 1913, Albert ____ was the French philosopher who wrote *The Stranger* in 1942.

Down

1. Good for tea and relaxation, these spidery flowers are the birth flower of November.
2. Remembrance Day is celebrated in Canada on what day of November?
3. Watch your French fries! Despite their oceanic nickname, these white and gray birds are found in many parts of Alberta, including Calgary parking lots.
4. This Indian celebration known as the "Festival of Lights" happens between mid to late-October and mid-November.
5. Toni ____, born November 1, 1972, is an Australian actress who has been in an impressive collection of movies including, *The Sixth Sense*, *Little Miss Sunshine*, and *Knives Out*.
9. These small brown nuts come from oak trees and have a distinct cup shape.



Fishing is Catch and Release Only!

At this time, only catch and release fishing will be permitted at Arbour Lake, until further notice. There will be no keeping of any fish of any kind of size! This is a result of Alberta Environment and Parks shutting down all fish stocking within the bow river drainage area, of which Arbour Lake is included. Due to whirling disease found in the Bow River and commercial fish culture operations, no fish may be kept. Any fish that cannot be returned to the water, must be surrendered to a staff member.

More information regarding whirling disease can be found at www.alberta.ca/whirling-disease.

Fishing

- May only be done from the designated fishing docks.
- Hooks must be barbless and egg hooks are not permitted. No triple hooks are to be used. This ensures the survival of released fish.
- No live bait, corn, bread, minnows, smelts, fish, or nets may be used to catch fish.
- Only one rod per resident may be cast at any one time and fishing lines must be attended to at all times.
- Random tackle box, bag and hook checks will be performed to ensure all Rules and Regulations are being followed.

NOTICE

You CANNOT use live bait, corn, dough, bread, minnows, smelts, fish or nets to catch fish.

You CANNOT use barbed hooks, triple hooks or egg hooks!!!



CATCH AND RELEASE ONLY
THIS IS FOR ALL FISH OF ALL SIZES AND KINDS!

Injured fish that cannot be returned to the water, **MUST** be handed over to a staff member for disposal.

Eutrophication

Here is some information on how important it is to be careful with how much fertilizer you use on your lawn. When you use too much fertilizer on your lawn, the excess nutrients are carried away by the rain and other forms or irrigation. The nutrients mix with water and find their way into our beautiful lake. These nutrients cause the algae and plants in the water to multiply rapidly, creating an algae bloom. This excessive amount of algae prevents sunlight from reaching the bottom of the lake. The plants lacking sunlight will die at the bottom of the lake where decomposers will use up the oxygen. When a bloom occurs, there is too much organic matter ready to decompose and all the remaining oxygen in the water is used by decomposers to decompose dead plants. This can cause all our fish to suffocate from the lack of oxygen. With your help in preventing the overuse of fertilizer, we can work together to keep the lake healthy and beautiful for all residents to enjoy.

New Abilities

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

If you could wake up tomorrow with the ability to do something new, what would it be? What if it were a completely far-fetched or magical skill? How would you use it, and where would it take you?

Dear reader,

Considering magically gaining a skill overnight made me think of many potential scenarios. One of the first things that came to me was having unlimited home and car maintenance skills because I would be able to use them frequently to support my family. However, when I thought about it, I realized I would not want to spend my time on those tasks because they are messy, time-consuming, and often done alone.

I would want a skill that is more social and homes in on my interests. So, I thought about what I've been attracted to learning in the past. One skill I've worked on for many years is speaking Spanish. It's been an on-and-off process since my twenties, and I'm still at the intermediate level. This gets me by when I'm traveling, but I've always felt frustrated not being fluent because it holds me back from fully expressing myself or truly understanding the people I meet. Wouldn't it be wonderful to communicate effortlessly in another language and just say what's on your mind?

Since we're considering magically gained abilities, I'd take it a step further than fluency in Spanish; I'd wake up ready to communicate in any language. Imagine the opportunities it would open up! I could

use multilingualism to immerse myself entirely in any place and culture.

I absolutely love to travel. I find it's the best way to learn and gain new perspectives. The more different the destination from my home, the more it opens my mind. Being able to speak the local language would vastly improve my understanding of things I'm curious about: history, politics, geography, regional customs, and culture. Reading about these things in books or watching videos online can never match the insights gained by speaking directly with people who have lived the history and experience its culture every day.

My magical language skills could be used for a greater purpose: recording endangered languages before they disappear, deciphering ancient manuscripts or petroglyphs, and even collecting valuable international intelligence. The possibilities feel endless!

Your turn! If you could wake up tomorrow with a new skill, what would it be? Write in your journal or to your pen pal.

Happy writing,

Michelle

Now it's your turn to write it forward. Write a friend, neighbour, or family about our monthly reflection.

Write It Forward 

Now it's your turn to write it forward. Write a friend, neighbour, or family member about our monthly reflection.



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SCAN ME

A Bloom You Can Brew

Did you know? Chrysanthemums are November's birth flower—but some varieties are more than decorative! Certain chrysanthemum flowers and leaves are edible, and chrysanthemum tea, made by steeping the dried flowers, is a traditional beverage enjoyed across parts of East Asia.

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Word of the Month

Psithurism: Noun (sith-yuh-riz-uhm)

The soft, whispering sound of the wind moving through trees and leaves.

"A faint psithurism at the edge of the woods could be heard as the evening air began to cool".





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- Minutes to Schools

\$649,900

🏠 3 🚗 2F1H 📏 1753 sqft 🚗 2 Car

124 Waterview Court



- Brand New in Watermark
- 4 Bedroom Bungalow
- Finished Walkout & A/C
- Heated 3 Car Garage
- Incredible Upgrades

\$2,399,900

🏠 4 🚗 2F1H 📏 2545 sqft 🚗 3 Car

52 Citadel Forest Close NW



- Built by Excel Homes
- 4 Bedrooms & 3.5 Baths
- 2 Fireplaces, Oak Kitchen
- Fully Finished
- Fenced Yard with Deck

\$549,900

🏠 4 🚗 3F1H 📏 1524 sqft 🚗 Pad

73 Rockyvale Green NW



- 4 Bedrooms + Den
- Designer Kitchen
- Fully Finished, Central Air
- 3 Car Garage
- Backs on Field, Mtn Views

\$1,250,000

🏠 4 🚗 4F1H 📏 2703 sqft 🚗 3 Car

Contact Us Today and Let Our Experience Work for You!

403-247-5555

