

OCTOBER 2023

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# your **BANFF TRAIL** howler

THE OFFICIAL BANFF TRAIL COMMUNITY NEWSLETTER



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REALTOR 403.617.6009

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**Dr. LUANNE METZ**  
MLA Calgary-Varsity

Hello, Calgary-Varsity! I'm Dr. Luanne Metz, your new MLA. You can contact to my office at [calgary.varsity@assembly.ab.ca](mailto:calgary.varsity@assembly.ab.ca) or 403.216.5436 with your questions and concerns. Scan below to sign up for my digital non-partisan MLA newsletter to find out more about what we are doing in the Alberta Legislature to represent you!

@luanne\_metz @drmetzndp



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Why not combine your botox appointment with your next dental cleaning!

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**Get rid of Dad's frown lines!**



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For more information, call 403-536-6558 or email

FinancialWellness@CaryaCalgary.ca.



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### MATS

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### CLEANING

One-stop service for cleaning supplies and paper products

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## PRESIDENT'S MESSAGE

### New Board of Directors Information Coming Soon!

By the time you are reading this, a new Board of Directors will have been elected for the Banff Trail Community Association. As there is a lengthy lead time for the production of the *Howler*, we are unable to have the new names available for this edition. To find an updated list please see our social media sites.

We can be found on Facebook (Banff Trail Community), Instagram (banfftrailyyc), and X, or as I knew it, Twitter (BanffTrailYYC). Consider following us when you find us on social media to find the most up to date information on events and activities happening in and around the Banff Trail community.



## Engraved Water Bottles for Members



by Kendall Creations YYC

The Banff Trail Community Association received a grant from Toole Pete last March to purchase 80 water bottles. The thermoflask water bottles were purchased and engraved with the Banff Trail Community Association logo and membership numbers. To reduce our environmental impacts and waste at the Community Association, Banff Trail events will provide drinks in beverage dispensers free for those who bring their own vessel. Thank you to those that were first to renew their memberships last year - you will receive one of the 80 thermoflask water bottles with your membership numbers engraved on them! We look forward to seeing you and your water bottles at future events!


# Unofficial National Food



Some claim that donuts are Canada's 'unofficial national food.' This is probably because we have the highest concentration of donut shops per capita. If that isn't enough, we also consume the most donuts per capita compared to any other country in the world!



Engraved Water Bottles by Kendall Creations YYC




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## **Unveiling Calgary's Historic Treasures on Map**

*from the City of Calgary*

Our vibrant city holds a tapestry of stories, architecture, and landmarks that have shaped Calgary's identity. Unveil this history by exploring the Inventory of Evaluated Historic Resources Map, featuring over 900 Calgary heritage resources

and sites. Embark on a journey through time by visiting the interactive map at <https://maps.calgary.ca/HeritageInventory>; it is also mobile-friendly! To view more City of Calgary maps, please visit the Map Gallery at [www.maps.calgary.ca](http://www.maps.calgary.ca).

**Community Board Game Night**  
October 13th from 7-10:00pm  
2115 20 AVE NW  
Hosted in Banff Trail Community Centre. Bring your favourite game or play one of the 30+ games available

**TIME TO ORDER YOUR**

# **GOOD FOOD BOX**

<b>ORDER BY</b>	<b>PICK-UP</b>	<ul style="list-style-type: none"><li>• (20-25lbs) Small - \$30</li><li>• (25-30lbs) Medium - \$35</li><li>• (40-45lbs) Large - \$40</li></ul>
<b>OCT 17</b>	<b>OCT 26</b>	

**EMAIL: [GOODFOODBOX@BANFFTRAILCOMMUNITY.CA](mailto:GOODFOODBOX@BANFFTRAILCOMMUNITY.CA) TO ORDER**

## Music in the Park



Thank you to everyone that came out to the music in the park series hosted in the Banff Trail Community Gardens. With a grant from the City of Calgary, the Banff Trail Association (BCA) was able to host four concerts between June and September.



Featured artists included Nadi Downs Duo, Ben Tizzard and Elle McAndrews, Alexis Meier Duo, Jared Daniel, Armando Barahona, Rondel Roberts Duo, and Jaiden Riley. All these performers are exceptionally talented and come from an array of cultural backgrounds, and that is really emphasized in their musical performances.

The BTCA is extremely grateful for the opportunity to bring their artistry into our neighbourhood. The concerts were well attended, averaging over 50 people per show. Organizers planned food vendors, balloon twisters, outdoor games, reading tents, and other assorted activities making music in the park a hit for every attendee.



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**Calling All PARENTS**

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

## The Medicinal Condiment

Ketchup is one of the most popular condiments in Canada, with 87% of us having a bottle in our fridge! But did you know that ketchup was once thought to have healing properties? In the 1830s, Dr. John Cook Bennett claimed that it could cure indigestion and jaundice and sold his recipe in pill form. It wasn't until the 50s that such claims turned out to be false.





# BTCA Memberships

There is no charge for membership for the year. Memberships run from March to February. Registrations still required. If you would like to become a member and find out about upcoming events and ongoing activities, please send an email to [membership@banfftrailcommunity.ca](mailto:membership@banfftrailcommunity.ca)

Please include your name, address, phone number, partner's name, and how many children you have under the age of 18.

## Banff Trail Community Association

### BOARD MEETING

Second Wednesday of every month

From 7:00 to 9:00 pm

Google Meet video call link:

<https://meet.google.com/gsd-cyzo-fhx>.

## Have questions about Hall rentals or availability?

Contact our Facility Manager at 403-282-2234  
or [hallmanager@banfftrailcommunity.ca](mailto:hallmanager@banfftrailcommunity.ca)

Office hours are Tuesday and Thursday 6:30 to 8:00 pm

## HOWLER SUBMISSIONS

Do you have an interesting story you think should be in The Howler? Know of someone living in Banff Trail how deserves to be featured in our newsletter? How about photographs of our community? If you do please contact [howlereditor@banfftrailcommunity.ca](mailto:howlereditor@banfftrailcommunity.ca).



Remember, [www.BanffTrailCommunity](http://www.BanffTrailCommunity) is the place to look for short-notice events, and more community info. Check out Banff Trail Community through social media through the following:

**Facebook:** @BanffTrailCommunity.ca

**Instagram:** @banfftrailyxc | **Twitter:** @BanffTrailYYC

# Banff Trail Community Association

2115 20 Avenue NW

T2M 1J1 • 403-282-2234

### VOLUNTEER EXECUTIVES

President	To be announced <a href="mailto:president@banfftrailcommunity.ca">president@banfftrailcommunity.ca</a>
Vice-President	To be announced <a href="mailto:VP@banfftrailcommunity.ca">VP@banfftrailcommunity.ca</a>
Treasurer	To be announced <a href="mailto:treasurer@banfftrailcommunity.ca">treasurer@banfftrailcommunity.ca</a>
Secretary	To be announced <a href="mailto:secretary@banfftrailcommunity.ca">secretary@banfftrailcommunity.ca</a>

### VOLUNTEER DIRECTORS

Planning and Development	To be announced <a href="mailto:development@banfftrailcommunity.ca">development@banfftrailcommunity.ca</a>
Memberships and Communications	To be announced <a href="mailto:membership@banfftrailcommunity.ca">membership@banfftrailcommunity.ca</a>
Events Coordinator	To be announced <a href="mailto:events@banfftrailcommunity.ca">events@banfftrailcommunity.ca</a>
Programs	To be announced <a href="mailto:program@banfftrailcommunity.ca">program@banfftrailcommunity.ca</a>
Facility Coordinator	To be announced <a href="mailto:facilities@banfftrailcommunity.ca">facilities@banfftrailcommunity.ca</a>
Howler Editor	To be announced <a href="mailto:howlereditor@banfftrailcommunity.ca">howlereditor@banfftrailcommunity.ca</a>
Ice Rink Volunteer and Coordinator	To be announced <a href="mailto:rink@banfftrailcommunity.ca">rink@banfftrailcommunity.ca</a>

### DIRECTORS AT LARGE

To be announced

### SPECIAL REPRESENTATIVES

Soccer Coordinator	To be announced <a href="mailto:soccer@banfftrailcommunity.ca">soccer@banfftrailcommunity.ca</a>
Community Garden	To be announced <a href="mailto:btcommunitygarden@gmail.com">btcommunitygarden@gmail.com</a>
Conversation Club	To be announced 403-284-9487

### STAFF

Hall Manager	Abi Harker <a href="mailto:hallmanager@banfftrailcommunity.ca">hallmanager@banfftrailcommunity.ca</a>
Bookkeeper	Theresa Ouellette

### YOUR REPRESENTATIVES IN BANFF TRAIL

City Councillor	Terry Wong <a href="mailto:Ward7@Calgary.ca">Ward7@Calgary.ca</a>
MLA	Luanne Metz (Calgary-Varsity) <a href="mailto:Calgary.Varsity@assembly.ab.ca">Calgary.Varsity@assembly.ab.ca</a> ; 403-216-5456
MP	Len Webber (Calgary Confederation) <a href="mailto:Len.Webber.c1@parl.gc.ca">Len.Webber.c1@parl.gc.ca</a> ; 403-220-0888

# **TEEN/TWEEN BOARD GAME NIGHT**



**November 10th 7-9pm  
2115 20AVE NW**

**Bring your favourite board/card  
games or play one of the 30+  
available.**

**Please consider bringing a  
food donation for the  
Veterans food bank to our  
Oct and Nov Games nights**



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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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# Scouts About - 4th Elks Triwood



## October Updates

We are off! Fall plans made and programs commenced! Cubs have been orienteering and played a giant 'Animal Game' in West Confederation Park with 75 to 100 other Cubs. Scouts have been sailing, participated in the Great Escape game with 200 other Scouts and Venturers, and attended an all-section camp with the Edgemont group. Beavers and Cubs have a Halloween Camp planned at Camp Cadicasu for the end of the month.

## Youth Sections

Scouting has five sections based on age. Scouting is open to both boys and girls.

Section	Ages	Motto
Beavers	5 to 7	Sharing, Sharing, Sharing
Cubs	8 to 10	Do your Best
Scouts	11 to 14	Be Prepared
Venturers	15 to 17	Challenge
Rovers	16 to 18	Go Beyond

## Become a Leader

Anyone 16 years of age or older can be a leader. If you are interested in building youth and community presence, all you need is a sense of adventure. Don't worry about 'having the skills', you can build those along the way!

## Fundraisers

Thanks to everyone who bought our special 4th Elks Label Coffee roasted by Highwood Coffee at the Community Market and Community Cleanup in September. Beavers and Cubs will be coming door to door in November selling delicious Caramel and Belgian Chocolate Drizzled Caramel Popcorn. Buy one bag for \$20 or two for \$35.

For more information, contact us at 4thElksTriwood@gmail.com or find us on Facebook at 4thElks.



Cubs playing animal game



Scouts gathering after the Great Escape



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HALLOWEEN AT THE BTCA

# COSTUME EXCHANGE

OCT 14 | 2-4PM

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GAMES, REFRESHMENTS AND TREATS



**SPOOKY**

**Boo!**



# HELLO

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