

FEBRUARY 2025

DELIVERED MONTHLY TO 2,025 HOUSEHOLDS

# your **BANFF TRAIL** howler

THE OFFICIAL BANFF TRAIL COMMUNITY NEWSLETTER

**WE LOVE YOU BANFF TRAIL!**



**Swish** ORAL CARE

It's officially official.

Swish has arrived in the University District! Now accepting new patients.

\*Find our insert in this magazine for more info.



[swishoralcare.ca](http://swishoralcare.ca)

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# OPEN BTCA BOARD POSITIONS

- Secretary
- Planning & Development
- Director at Large

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**AGES: 5 to 13**



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(587) 210-1377

www.painturartoutyyc@gmail.com  
www.painturartout.com

# Banff Trail Community Association

2115 20 Avenue NW T2M 1J1 • 403-282-2234

## DIRECTORS

President	Nathan Chandler	president@banfftrailcommunity.ca
Vice President	Patrick Oscienny	vp@banfftrailcommunity.ca
Secretary	Vacant	secretary@banfftrailcommunity.ca
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Events Director	Vacant	
Planning and Development	Vacant	
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Bookkeeper	Theresa Ouellette	

## YOUR REPRESENTATIVES IN BANFF TRAIL

City Councillor	Terry Wong	Ward7@Calgary.ca
MLA	Luanne Metz (Calgary-Varsity)	Calgary.Varsity@assembly.ab.ca; 403-216-5456
MP	Len Webber (Calgary Confederation)	Len.Webber.c1@parl.gc.ca; 403-220-0888



## HOWLER SUBMISSIONS

Do you have an interesting story you think should be in *The Howler*? Know of someone living in Banff Trail who deserves to be featured in our newsletter? How about photographs of our community? If you do, please contact [communications@banfftrailcommunity.ca](mailto:communications@banfftrailcommunity.ca).



Remember, [www.BanffTrailCommunity.ca](http://www.BanffTrailCommunity.ca) is the place to look for short-notice events, and more community info. Check out Banff Trail Community through social media through the following:

**Facebook:** @BanffTrailCommunity.ca

**Instagram:** @banfftrailyyc

**X (Twitter):** @BanffTrailYYC





**Community Board Game Night**

**Friday, February 14**

**7:00 pm - 10:00pm**

2115 20 AVE NW

Hosted in Banff Trail Community Centre. Bring your favourite game or play one of the 30+ games available




**Community Family Skating Party**

**SATURDAY, FEBRUARY 15, 2025**

10:00 AM - 1:00 PM

**BTCA OUTDOOR RINK**  
2115 20TH AVE NW

MUSIC ❄️ HOT CHOCOLATE ❄️ FIREPITS

[WWW.BANFFTRAILCOMMUNITY.CA](http://WWW.BANFFTRAILCOMMUNITY.CA)

# Cat-and-Mouse Game

On February 10, 1940, the iconic cat-and-mouse duo, *Tom and Jerry*, made their big screen debut! Created by William Hanna and Joseph Barbera, this cat-and-mouse game would go on to capture the hearts of generations.



**Let us know how you feel about your community and the BTCA!**

What would you like to see for upcoming events?  
What programs and services could we be providing?  
Or any feedback BTCA related!

Email: [communications@banfftrailcommunity.ca](mailto:communications@banfftrailcommunity.ca)  
[www.banfftrailcommunity.ca](http://www.banfftrailcommunity.ca)

## Banff Trail Community Association

# BOARD MEETING

First Wednesday of every month

From 7:00 to 9:00 pm

Google Meet video call link:

<https://meet.google.com/gsd-cyzo-fhx>.

## Have questions about hall rentals or availability?

Contact our Facility Manager at 403-282-2234  
or [hallmanager@banfftrailcommunity.ca](mailto:hallmanager@banfftrailcommunity.ca)

Office hours are Tuesdays and Thursdays,  
9:00 am to 5:00 pm



**BTCA**  
BANFF TRAIL COMMUNITY ASSOCIATION  
1987-1988

HAVE YOUR PHOTOS FEATURED IN THE  
NEWSLETTER

# CALLING ALL PHOTOGRAPHERS

Have you taken a photo in the community that  
deserves to be shared? The BTCA would like to feature  
your photo in the Banff Trail Bulletin.



# ONLINE VOLUNTEER REGISTRATION

Visit  
[www.banfftrailcommunity.ca](http://www.banfftrailcommunity.ca)  
to find our online registration  
form and get involved with  
great upcoming events!

**JOIN US NOW!**



**BTCA**

# DON'T MISS A THING!

Did you know BTCA has a monthly  
E-Newsletter? Sign up now and stay in the loop!

Email Address

## BTCA Memberships

Memberships for residents of Banff Trail are free for the year! Memberships run from March to February. Registration is still required. Persons that live outside the boundaries of Banff Trail that wish to purchase a membership will be charged \$10 per person.

If you would like to become a member and find out about upcoming events and ongoing activities, please send an email to [membership@banfftrailcommunity.ca](mailto:membership@banfftrailcommunity.ca). Please include your name, address, phone number, partner's name, and how many children you have under the age of 18.

## **ChargeYYC: Helping Calgarians Install EV Chargers in Multi-Residential Buildings**

*by The City of Calgary*



The City of Calgary opened ChargeYYC for applications on January 28! This pilot program is designed to support residents living in apartments, townhouses, rowhouses, and other multi-residential buildings to install electric vehicle (EV) chargers. This initiative is part of The City's commitment to prepare for the future of low carbon mobility.

Building owners and property managers can apply into Phase One of the program for financial incentives of up to \$4,000 to develop a plan to install EV chargers in their buildings. ChargeYYC aims to simplify the process and reduce the costs associated with EV charger installations, making it easier for more Calgarians to own electric vehicles.

Motor vehicles are a major contributor to Calgary's greenhouse gas emissions, making programs like ChargeYYC essential for achieving the city's climate goals. The first phase of the program focuses on planning, with future phases offering additional financial incentives for installation.

For more details and to apply, visit [calgary.ca/chargeyyc](http://calgary.ca/chargeyyc).





TIME TO RENEW YOUR BTCA  
MEMBERSHIP THIS MARCH

✧ FOR ✧

2025-2026

*Banff Trail Community  
Association*

DID YOU KNOW?

BTCA MEMBERSHIPS EXPIRE EVERY MARCH

YOUR MEMBERSHIP MUST BE RENEWED MIN 30 DAYS TO VOTE AT THE AGM

EMAIL: [MEMBERSHIP@BANFFTRAILCOMMUNITY.CA](mailto:MEMBERSHIP@BANFFTRAILCOMMUNITY.CA) TO RENEW



## Word of the Month

**Eudaemonia:** *noun* (yoo-di-moh-nee-uh)

Happiness, well-being, good spirit.

*We are all trying to experience  
Eudaemonia.*



# Swish ORAL CARE

It's officially official.

Swish has arrived in the University District! Now accepting new patients.



Scan me  
Scan me  
Scan me



[swishoralcare.ca](http://swishoralcare.ca)

[@swishoralcare](https://www.instagram.com/swishoralcare)

# At Swish, great care comes easy.

Swish is a locally owned dental clinic, and we opened this winter in the University District. Since opening our Bridgeland location in the summer of 2022, we've earned over 500 5-star reviews for our people-first, hospitality-inspired approach to dentistry. Our mission? To make every dental appointment feel less like a chore, and more like your favourite self-care routine.

Say goodbye to dental anxiety and switch to Swish. Join us at the brand-new University District location, now open!

Good Vibes +  
Shame-Free  
Treatment

Fast and  
Convenient  
Direct Billing

Experience  
the Extras at  
No Extra Cost

## Swishers say...

- “ I love this dentist. I feel comfortable, the staff are amazing. It's clean and new. Couldn't have a better experience every time I go. Thanks Swish.” - *PW*
- “ Amazing experience, 10 out of 10! The team is super friendly and very knowledgeable, you are in great hands here. Most importantly I felt comfortable the whole time and left the dentist office feeling good about my teeth and oral health.” - *LC*
- “ My partner made me switch to this dentist and I'm so glad I did. They make you feel so welcome. I have had more than one appointment and every time it's been such a great experience. I mean who likes going to the dentist?” - *YT*
- “ The best dental office in the city. Dr. Shlah and his team always provide my family with the highest level of care. The office has a comfortable environment and any dental stress we had before the appointment is gone when we walk in the door. We always look forward to our next visit.”

# The wait is over. Welcome to the Swish Experience.

Swish University District is now open!

Located in the award-winning University District, Swish U/D brings our signature 'self-care + oral care' experience to Calgary's Northwest.

Enjoy a suite of amenities like warm blankets and aromatherapy, treat yourself to local goods from Village Ice Cream or Monogram, and relax in a space so stunning, you might just forget you're at the dentist. The best part? It's all delivered with judgement-free, patient-centred care.

Say goodbye to dental anxiety and say hello to Swish.

Visit [swishoralcare.ca](http://swishoralcare.ca) to reserve your spot.

We can't wait to see you in U/D.

Take care,

*Team Swish*

## The 411 on Swish U/D

### Where is Swish U/D?

We're located at 3928 University Ave NW on the main floor of the Argyle building.

### What services do you offer at Swish U/D?

All the classics (The Essentials, Fresh 5), plus Cosmetic Dentistry, Dental Emergencies, Invisalign, Botox, and more. Head to our Services page for the full list.

### Who will be my dentist at Swish U/D?

Dr. Zahi Shlah will be doing double duty at Swish Bridgeland and U/D. Expect to see a few more friendly, familiar faces from Bridgeland too.

### Do you direct bill?

Absolutely. Make sure to add your insurance info to your New Patient Forms for a super smooth, seamless check-out.

### Where can I park?

Complimentary 3-hour parking is available in the University District underground lot. Make sure to register your license plate at our admin desk when you check-in.

### I have more questions. Who do I contact?

Give us a call at 825-540-7183 or email [UD@swishoralcare.ca](mailto:UD@swishoralcare.ca).

# Say ahhh...

Swish specializes in all things dental for all ages, from essentials to emergencies.



## The Essentials

A comprehensive dental exam, cleaning, 3D wellness scan, x-rays, complimentary oral cancer screening, and free whitening.



## Fresh 5

Fresh 5 is a flat rate option with five must-have treatments.



## Dental Work

Cavities, wisdom teeth, root canals, crowns, implants, and more. Thorough, yet gentle on tough stuff.



## Cosmetic Dentistry

Form meets function. Botox, whitening, veneers, and more.



## Invisalign

Complimentary scans and detailed consults from the leader in straighter smiles.



## Emergencies

Broken or chipped tooth? Extreme toothaches? Say no more – we're on it.

**Brush up on all things**

# Swish

Now open and accepting new patients.  
Scan to book your Swish Experience.

**Swish Oral Care**  
3928 University Ave NW  
Calgary, AB T3B 6N7  
825-540-7183

Find us online:



[swishoralcare.ca](https://swishoralcare.ca)

[ud@swishoralcare.ca](mailto:ud@swishoralcare.ca)



[@swishoralcare](https://www.facebook.com/swishoralcare)



# JOIN THE BTCA EVENTS COMMITTEE

THE BANFF TRAIL EVENTS COMMITTEE IS SEEKING MORE PEOPLE TO GET INVOLVED  
HAVE IDEAS FOR EVENTS?  
WANT TO HELP HOST AN EVENT IN THE COMMUNITY?

EXAMPLES  
CLOTHINGS SWAPS  
SKATING PARTY  
WATER FIGHTS

[events@banfftrailcommunity.ca](mailto:events@banfftrailcommunity.ca)

## BRAIN GAMES SUDOKU

	1					6		
		3						4
4		5		1	9			
	5				6		3	1
	3		1	2	7			
8		1	3				7	
			9	6	8	3		7
3						8		
		8					2	

SCAN THE QR CODE FOR THE SOLUTION

# BANFF TRAIL BESTIES

Do you have a furry, fuzzy, feathered or even a scaly best friend? We want to feature the pets of Banff Trail!

Send us a picture of your bestie hanging out in Banff Trail and we will feature them in our monthly newsletters.

Be sure to tell us their name and a little about them!

Follow and tag us @banfftrailyyc



# 2025 SEASON BANFF TRAIL COMMUNITY SOCCER

U4, U6, U8, U10

PRE- REGISTRATION COMING SOON!  
[www.banfftrailcommunity.ca](http://www.banfftrailcommunity.ca)

FOLLOW US ON  
FACEBOOK AND INSTAGRAM FOR MORE UPDATES  
@BANFFTRAILCOMMUNITY

## *The Great Joni Mitchell*

Canada's Juno Hall of Fame features many incredible artists from over the years. A very special addition was made on February 5, 1981, when Alberta-born singer-songwriter and multi-instrumentalist Joni Mitchell joined those honoured. Way to go, Joni! She really couldn't be any cooler.





**BANFF TRAIL COMMUNITY ASSOCIATION**  
**BTCA**  
EST 1955

# BTCA IS LOOKING FOR RINK VOLUNTEERS!

If you are interested in helping this season, please email:

**RINK@BANFFTRAILCOMMUNITY.CA**

## GAMES & PUZZLES

### Guess the Couple!

1. These two periodic elements make for a salty pair.
2. These semi-aquatic rodents mate for life and form strong bonds with their partners.
3. These two Disney pups celebrate their 70<sup>th</sup> anniversary in 2025.
4. This British celebrity supercouple are fondly known as Posh and Becks.
5. This fictional couple's sweet love story started in an office of all places!
6. This prehistoric couple lived amongst dinosaurs with their daughter, Pebbles.



# Leap Year



There are two boxes that must be checked off for a year to be a Leap Year. First, it must be divisible by four; second, it will not be divisible by 100 unless it's also divisible by 400. 2025 does not check off these boxes, but you can still look forward to it because the next Leap Year will be February 29, 2028!





## News from the Friends of Nose Hill

by Anne Burke

Natural parkland is green space with a (relatively) low level of maintenance and natural or naturalizing vegetation. Natural areas are accessible (by trail networks) or have limited/little public access. A master plan deals with current and future needs by population for park/greenspace. The Municipal Protected Areas Program demonstrates how biodiversity will be protected, conservation lands connected, and how Canadians will gain an appreciation for local nature. A Municipal Eco Toolkit by the Miistakis Institute for Alberta municipalities will help maintain their natural infrastructure systems ([municipal30x30.ca](http://municipal30x30.ca)).

Nature Canada is building a web of partners to help Canada achieve its biodiversity conservation goals to protect 30% of land, water, and marine areas by 2030. As of 2022, Canada has only protected 13.7% of land. The Canadian City Parks Report surveyed 35 Canadian municipalities, 2,500+ residents of Canadian cities, as well as park staff and other professionals across the country. One-third of cities said addressing federal biodiversity and land protection goals are a high priority. When 81% of Canadians are living in urban areas, protecting land in urban areas is vital. Cities are in dire need of new space for parks. Park budgets are not keeping pace. Partnerships are critical when cities need policies and structures. Park issues are increasing and require more training and collaborations. Departmental structures can promote collaboration or disconnection. Some residents feel disempowered but still want to engage. Mental and physical health benefits are key although there is a lack of programs. There are nine case studies in the 2024 Report which includes analysis of key data from surveys of both municipal staff and residents of Canadian cities, for new and ongoing issues facing parks, and how to help city staff make better decisions about programs, policies, and funding. Read more at [parkpeople.ca](http://parkpeople.ca).

## Cats, Canines, & Critters of Calgary



Basha and Molly, *Elbow Scene*



Daisy Nulo and Nulo Pickles, *McKenzie Towne*



Howie and Pepper, *Crestmont*



Tucker and Bentley, *McKenzie Towne*

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)






# GOOD FOOD BOX

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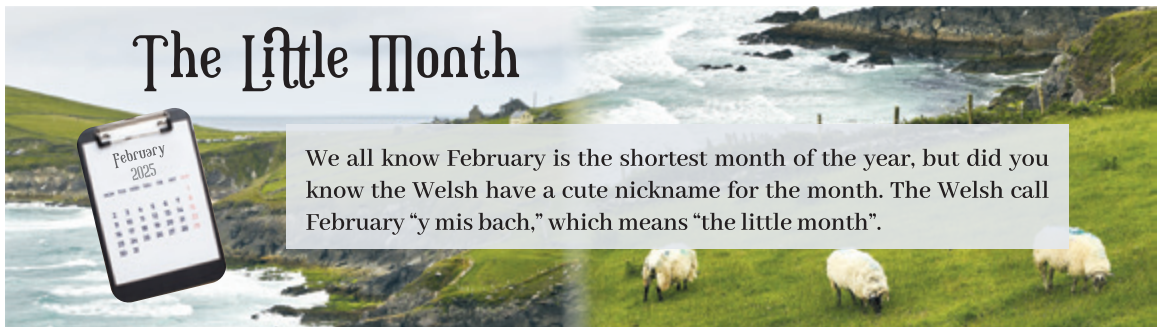
PICK-UP  
**MARCH 5**

[banfftrailcommunity.ca/good-food-box](https://banfftrailcommunity.ca/good-food-box)

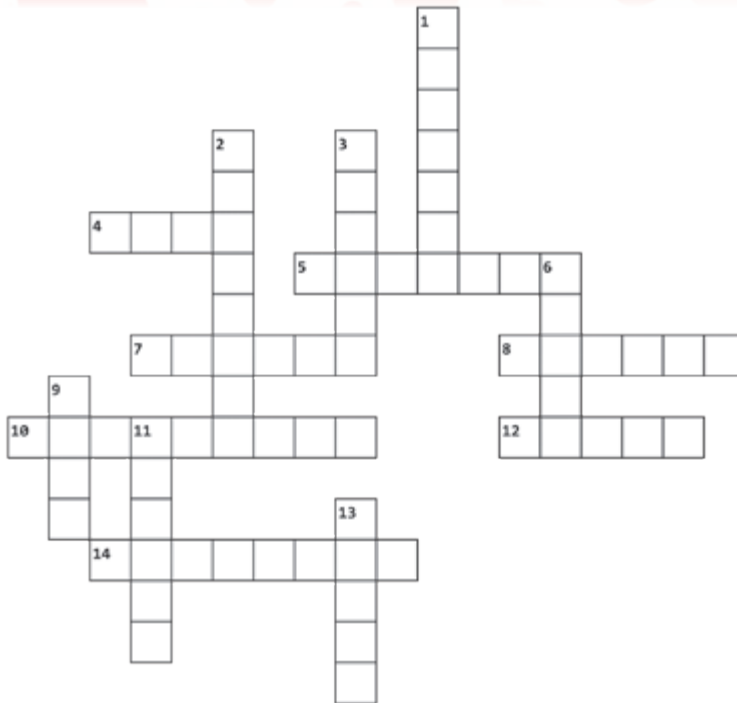
## The Little Month



We all know February is the shortest month of the year, but did you know the Welsh have a cute nickname for the month. The Welsh call February “y mis bach,” which means “the little month”.



# February Crossword



## Across

4. Canadian filmmaker, Denis Villeneuve's sci-fi adventure film \_\_\_\_\_: *Part Two* first premiered in February 2024.
5. Fleetwood Mac's best-selling album, \_\_\_\_\_, was released on February 4, 1977, featuring songs such as "Dreams" and "Go Your Own Way".
7. Born on February 1, 1994, England-born pop sensation, Harry \_\_\_\_\_ rose to fame as part of a boy band before going off on his own.
8. On February 21, 1948, the National Association for Stock Car Auto Racing, best-known as \_\_\_\_\_, was founded.
10. Something that is typically given to a significant other or friend(s) during the month of February.
12. February is National \_\_\_\_\_ Month, highlighting the importance of cardiovascular health.
14. Singer-songwriter and multi-instrumentalist, Joni \_\_\_\_\_, was inducted into Canada's Juno Hall of Fame on February 5, 1981.

## Down

1. In February of 1917, this famous Spanish artist, best known for Cubism made his first trip to Italy.
2. February's purple birthstone, the \_\_\_\_\_ is believed to be a symbol of protection.
3. The Grammy Award-winning song "No \_\_\_\_\_" by TLC was released on February 2, 1999.
6. 2025's Chinese Zodiac is this slippery, slithery creature.
9. Angie Thomas' young adult bestseller, *The \_\_\_\_\_ U Give* was originally published on February 28, 2017.
11. Canadian actor, \_\_\_\_\_ Page, was born on February 21, 1987, in Halifax, Nova Scotia.
13. \_\_\_\_\_ History Month was made official by U.S. President Gerald Ford in 1976 and is observed every February.



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**BANFF TRAIL MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.



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