

APRIL 2015

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your **BANFF TRAIL** howler

THE OFFICIAL BANFF TRAIL COMMUNITY NEWSLETTER



MARK YOUR CALENDAR:

AGM
JUNE 17

STAMPEDE BBQ
JULY 2

www.banfftrailcommunity.ca

Banff Trail mybabysitterlist

Name	Age	Contact	Course
Kiera	12	403-922-6067	Yes
Ava	12	403-279-2083	Yes
Quinn	12	403-230-7530	Yes
Miriam	13	403-774-8880	No
Faris	13	403-402-0950	Yes
Janessa	13	587-830-6585	Yes
Madison	13	403-850-6001	Yes
Sebastian	14	403-971-1986	Yes
Shy-Lynn	14	403-966-1896	Yes
Grace	14	403-282-8823	Yes
Sarah	14	587-223-3339	Yes
Sarah	14	403-660-0319	No
Ariel	16	587-968-3526	No
Ariel	16	587-968-3526	No
Ruby	16	403-289-3232	No
Teaghan	17	403-560-0238	No
Duncan	17	403-500-9826	Yes
Rachel	18	403-862-3026	Yes
Ashley	19	403-808-0038	Yes
Chandria	25	587-227-4107	Yes
Sarah	26	403-926-2985	Yes
Lindsay	28	403-383-1474	No
Andrea	29	587-437-2048	Yes
Dayelle	31	587-755-1878	No
Alexandra	32	587-432-7977	Yes
Jennifer	38	587-888-3713	No
Todd	43	403-585-8463	Yes
Maria	44	403-818-0560	No
Jonahley	50	403-837-6348	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

Banff Trail Community Association



Want to help raise money for the Banff Trail Community Association?

We are in urgent need of volunteers for this year's Casino. No experience or special skills are needed to volunteer for the casino, just a bit of your time and the desire to help the BTCA continue to maintain our beautiful community facility.

Monies raised via the casino provide valuable funding for renovations, upgrades and maintenance projects.

The casino will be held June 8th and 9th, 2015 at Cowboys Casino. If you can help in any way or have questions please contact the Casino Chair, Jeanette Monti at 403-289-4321, evenings after 7:00 p.m.



Banff Trail Community Association
 2115 - 20 Avenue NW
 Calgary, AB, T2M 1J1
 Phone: 403.282.2234
contact@banfftrailcommunity.ca
www.banfftrailcommunity.ca

CONTENTS

AGM 5

Mark Your Calendars 7

Inaugural BTCA Wine & Cheese Meet Your Neighbour 8

News from the Friends of Nose Hill 12

Banff Trail Real Estate Update 19

NEWSLETTER AD SALES

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Banff Trail Community Association BOARD MEETINGS

are on the first Wednesday of
every month from
7:00pm-9:00 pm
Next meeting is April 1

Newsletter Submissions
May Issue
Deadline

April
7th

Editor – Melanie Masterson
howlereditor@
banfftrailcommunity.ca

Sleek



Waxing by LaVern

address: 1908-20th Avenue NW
Calgary, AB T2M-1H5
phone: 403.542.0515
email: lkier@shaw.ca

Banff Trail Community Association

2115 – 20 Avenue NW • T2M 1J1 • 403 282-2234

OFFICERS

President Peter Fahrni	403 923-1696
Vice-President Heather Spicer	403-451-6828
Treasurer Steve MacKinnon	403 284-4947
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DIRECTORS

Hall Maintenance Alfred Wright	403 246-2232
Planning & Development Rob Hirsch	403 560-6772
Parks Advisory Louise Brisson	403-809-5036
Programs & Special Events Hall Manager	VACANT
Eileen Arthur	403 282-2234 hallmanager@banfftrailcommunity.ca

VOLUNTEERS

Memberships Natasha Freedman	403 454-7369
Soccer Coordinator Karen France	soccer@banfftrailcommunity.ca
Howler Editor Melanie Masterson	403-390-8732 howlereditor@banfftrailcommunity.ca

DIRECTORS AT LARGE

Mike Legge	403-870-0185
Llyal Grummett	403-284-3622
Chris Van Egmond	403-289-0216
Jeanette Monti	403-289-4321
Mari-Anna McCargar	403-284-2808
Thalia Aspeslet	403-457-4750
Kathryn Davies	403-354-6269

Have questions about Hall rentals or availability?

Contact our Hall Manager Eileen Arthur at 403-282-2234
or e-mail her at: hallmanager@banfftrailcommunity.ca.

Office hours are Tuesday and Thursday 6:30 to 8:00 p.m.



Babysitting CO-OP

Check out the Banff Trail Babysitting Co-op at our next monthly social gathering. For more information about how families swap babysitting time as needed/available, and how parents enjoy a monthly evening of wine, snacks and chit-chat, contact our Coordinator Elena Rhodes at 403-202-4762 or email rhodese2013@gmail.com. Go to www.banfftrailcommunity.ca for more information.

MEMBERSHIPS

Community memberships are available at
\$10 for single, \$15 for family and
household, and \$25 for businesses Membership
year is March 1 to February 28
Pay by PayPal online at www.banfftrailcommunity.ca

STAY CONNECTED WITH BANFF TRAIL:

Check out our Website:
www.banfftrailcommunity.ca/

Like us on Facebook: <https://www.facebook.com/BanffTrailCommunity>

Follow us on Twitter:
<https://twitter.com/BanffTrailYYC>

The next Banff Trail Community Association AGM will be on June 17th, 2015

Did you know that our AGM will be held on Wednesday June 17th at 7 p.m.? The meeting will be held in our newly renovated basement. Did you also know that in order to be elected to a board of directors position you must have purchased a BTCA membership at least 30 days prior to the meeting. The current membership year runs from March 1, 2015 - February 29, 2016 so right now is the perfect time to purchase or renew your membership. Cost for the membership is \$10 for seniors and singles and \$15 for families (two or more people).



IT'S HAPPENING IN BANFF TRAIL

It's Happening in Banff Trail

Remember, www.BanffTrailCommunity.ca is the place to look for short-notice events and more Community info. Check out our event calendar and interactive community map! We are also on Facebook now too: <https://www.facebook.com/BanffTrailCommunity>

Tai Chi Classes – Wednesday nights 7-8 p.m.

Wednesday nights from 7-8 at the hall. A great way to relax and meet people. Feel free to just show up – wear clothes you can move in! \$50 only for community members for 10 sessions.

Zumba® with Andrea - Every **Monday 7-8pm** and **(most) Wednesdays 8:15-9:15pm**. Drop-ins welcome. Monthly Passes available. For up-to-date schedule and fees please check out <http://andreadawe.zumba.com> or contact Andrea at andreadawe.zumba@gmail.com. Come join the party and dance yourself fit! No experience necessary!

Rhythmic Gymnastics – Tuesday nights 5:15 -7 p.m. & 7 - 7:45 p.m.

Rhythm, Dance & Soul Studio offers a joyful experience for children and is now offering two classes in the new year.

For more information contact Leila Rogovina at 403-225-8519, leila.rogovina@rdsngymnastics.com, www.rdsngymnastics.com.

Qigong is now cancelled.

Karate – Tuesday nights 8 – 9 p.m.

Classes available for all ages. More information can be found at: www.shinshikan.com

Monday Night Music Jam – on Hold Pending Renovations

The Monday Night Music Jam sessions have been put on hold pending the completion of the renovations of our basement.

Yoga Classes

A great way to enjoy the benefits of yoga and have fun too!

Improve strength, coordination, posture and balance; increase your energy level and flexibility; enjoy greater vitality.

The All Levels class takes place on Thursdays from 7 - 8 p.m., and the Gentle Yoga class is held on Tuesdays from 10 - 11 a.m. For more information or to register, please contact Margau at 403-585-0043 or email yogamarg@telus.net.

Banff Trail Ladies' Auxiliary

Meets at the Hall the first Thursday of every month at 10 a.m.

Upcoming on April 2nd, 2015 and then on May 7th, 2015.

Community Kitchen

By The Living Word Church

Will no longer be running at the BTCA.

Wednesday Afternoon Crib Club

Every Wednesday from 12:30 – 3 p.m.

New Players Welcome! Join a lively group of seniors enjoying 9 - 12 tables of crib each week. Two crib tournaments each year and several Pot Luck Luncheons each year.

Feel free to drop by and join in the fun.

The BTCA rink is up and running so come on out and skate! Cost is \$75 for 2 hours of exclusive use. If snow falls within 12 hours of event - no guarantee but full refund.

Check out the website or the Facebook page for more up-to-date information.



Nominate your Snow Angel

Keeping sidewalks shoveled, ice-free and safe can be very challenging – even dangerous – for older adults and others who have limited mobility. As you shovel your walk this winter, take a few extra minutes to clear a neighbour's too. You'll help them, and everyone else who travels the sidewalk. If you have a Snow Angel helping you keep your walks clear of snow and ice this winter, contact 311 to have them officially recognized by The City and entered for a prize. For more information, or to nominate your Snow Angel, visit calgary.ca/snowangels.

HOWLER SUBMISSIONS

Do you have an interesting story you think should be in The Howler? Know of someone living in Banff Trail how deserves to be featured in our newsletter? How about photographs of our community? If you do please contact Melanie at howlereditor@banfftrailcommunity.ca.



The annual Banff Trail Stampede BBQ will be held on Thursday July 2nd. Details to follow closer to the event. This is a fun event that the whole community looks forward to every year. Volunteers are needed and appreciated. If you would like to volunteer please contact Karen France at karenjfrance@gmail.com.



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Coming up in April:
Easter Sunday - join us for lunch after service!
April 26 - Movie Morning - "The Miracle Maker"

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email: info@livingwordchurch.ca
tel: 403-922-2216





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Inaugural BTCA Wine & Cheese Meet your Neighbor

By Llyal Grummet

Recently the Banff Trail Community Association held its first ever Wine & Cheese. Or at least it is the first one in recent memory. With 55 plus years of history in our community a lot may have taken place over the years that we do not know about. Thirty six people attended, with some additional members helping to run the event.

It was so nice to see Doreen Hammond come out and mingle with everyone; I think she might have been the most popular person in attendance. For those of you that do not know Doreen, she and her late husband Bill would have been some of the original members of the community. They bought their lot in 1952 during the Stampede and moved into a partially complete but liveable home in 1954. Doreen continues to be involved with in the community with the Ladies Auxiliary.

Ten wines were sampled along with 10 cheeses. The cheeses sampled ranged from a Blue Organic Gouda to a Sage Derby, along with a nice Beer Bock. We are fortunate to have a cheese shop like Springbank Cheese in our neighbourhood. Marsden was a wealth of information and assisted in the selection of the cheese. A nice selection of cured

meats, crudités, crackers, bread, pickles and grapes rounded out the snacks.

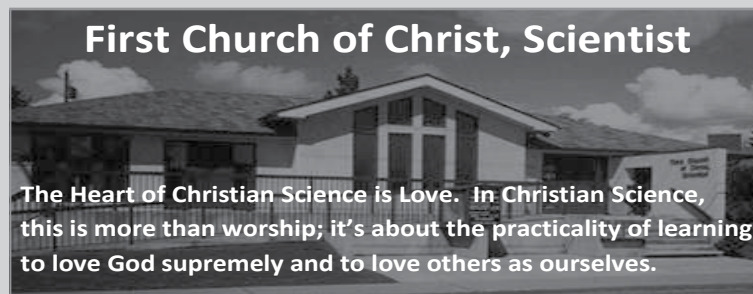
The wines ranged from Pinot Noirs, Mark West, Esser & Meiom, Cabernet Sauvignon, Kris Pinot Grigio, Castillo De Monseran Garnacha, Fetzer Gewurtraminer, and a sparkling Rose Cristalino Cava.

Some prizes were won, including a selection of cheeses from the evening, and a soft grip all-purpose nonstick knife donated by Banff Trail resident Roni Lil Shapka from Cutco Closing Gifts.

A special thanks to local Realtor John Preston for donating the coffee.

Other events are in the works, but we do need a greater level of involvement. Please feel free to send your suggestions, comments, ideas or concerns to info@banfftrailcommunity.ca.

A special thanks to all that came and, of course, the ones that helped put this event on. I think it was a good start. Cheers!



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403-266-3787 or fccs@shaw.ca

BTCA Membership Form

Name: _____ Spouse: _____

Address: _____

Postal Code: _____ Phone: _____ Fax: _____

Email: _____

Children under age 18: _____

I am interested in volunteering with the community association:

- Newsletter • Social Functions • Sports • Fund-raising • Maintenance
- Other (please specify): _____

The rates for Banff Trail Community Association membership are:

- Single \$10 • Family & Household \$15 • Business \$25

Please mail your application form to
BTCA 2115 20 Avenue NW T2M 1J1

Make cheques payable to the Banff Trail Community Association
Phone 403 454-7369 for more information

Volunteers Needed

The Banff Trail Community Association is in need of volunteers to help with projects and events throughout the year

Currently we need more help with maintenance of the outdoor ice.

Please help us to look after the ice on an ongoing basis, not just when you want to use it.

We encourage everyone in the community to become more involved. Even if you are a short term resident you can be an engaged member of our thriving community.

We need more help so please get involved!

Contact Llyal 403-651-1019

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Yoga and Exercise

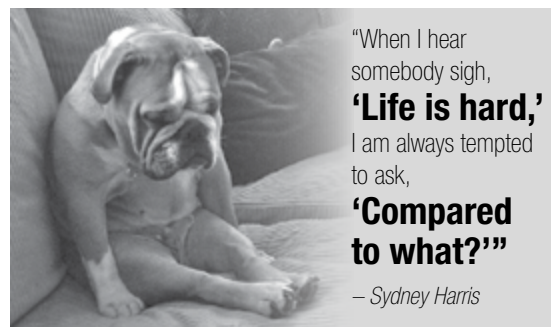
by Margau Perko, Certified Yoga Teacher

Most forms of exercise are competitive and are characterized by quick, forceful and repetitive actions that can lead to tension, over-exertion and possible injury. In contrast, yoga, although non-competitive, remains challenging while focusing on steady movement (isometric muscle action). With yoga the entire muscular system is addressed as opposed to the restricted and localized range of movement involved in many other fitness routines.

Yoga postures build strength and improve balance and flexibility. They are composed of movements that bring stability to the body and the mind. Yoga involves the awareness, control and eventual mastery of every part of the body and the psyche, and can be defined as a complete or holistic practice.

Many doctors recommend yoga. Whether the goal is to reduce stress, increase flexibility or simply to help improve performance with a particular sport, we meet many students who are looking for something 'more'. The overall effect of a consistent yoga practice also helps by improving performance in any recreational activity or sport. Yoga helps to undo and overcome functional imbalances that can be created by repetitivemovements.

We have taught athletes who compete in various sports including marathons, squash, cycling, football, golf and swimming. Even if you do not take part in a sport; if you manage chores in and around the home and enjoy gardening, painting or building, yoga can help improve your health, energy, vitality and productivity.



"When I hear
somebody sigh,
'Life is hard,'
I am always tempted
to ask,
**'Compared
to what?'"**

— Sydney Harris



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Sundays 12:00 pm – 5:00 pm until May 12 then closed Sundays until mid-Sept.

DROP-IN PROGRAMS...

eBooks and Library Apps Coaching: Drop in for help with Library apps including OverDrive, 3-M Cloud, Zinio, Freegal and Hoopla. Devices must be set-up and ready to use before the program. Familiarity with your device, including passwords needed to access apps, is required. Thursday April 2 @ 2 - 3:30 p.m. No registration required.

50+ Coffee and Conversation: Join us for coffee, conversation and presentations of interest. Ages 50 and up. Mondays, May 4 to Aug. 31 (No program on May 18 and Aug. 3) 2 - 3:30 p.m. No registration required.

Computer Technology Coaching: Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products. Saturdays, January 10 to April 25 @ 11 a.m. - 1 p.m. No registration required.

New session starting: Saturdays, May 2 to Aug. 29. 11 a.m. - 1 p.m. No registration required.

Drop-in Family Storytime: Drop in for stories, songs and finger plays the whole family can enjoy. Ages 2 to 5 with a parent/caregiver. Saturdays, January 3 to April 25 @ 10:30 - 11 a.m. No registration required. New session starting: Saturdays, May 2 to Aug. 29 10:30 - 11 a.m. No registration required.

Tax Clinic At Your Library: Drop-in for free, one-on-one help with your tax return. First-come, first-served. In partnership with the United Way of Calgary and Area. Please note that there is an eligibility requirement based on income. Saturday, April 25 @ 10:30 a.m. - 3:30 p.m. OR Sunday, April 26 @ 12:30 - 3:30 p.m. No registration required.

TECHNOLOGY PROGRAMS...

Learn about online job boards and discover tools for understanding and navigating the hidden job market. Wednesday, May 13. 11 a.m. - 12:30 p.m. Registration begins April 20 Registration required.

eBooks: A Library On the Go (Overdrive): Are you curious about ebooks? Library staff demonstrate how to download an ebook using OverDrive. Saturday, May 23. 1:30 - 3 p.m. Registration begins April 20 Registration required.

JUST FOR YOU...

Adult Book Club: Call for details on specific books. Tuesdays April 7 @ 7 - 8:30 p.m. Registration required.

ESL Conversation Club (Intermediate): Practise your English listening and speaking skills in this six-week program. Wednesdays, March 25 to April 29 @ 6:30 - 8:30 p.m. Registration required.

Law at Your Library: Wills and Estates: Learn how to plan your will, including types of wills, what to include, choosing an executor, and power of attorney. In partnership with Calgary Legal Guidance. Thursday, April 9 @ 7 - 8:30 p.m. Registration required.

Law at Your Library: City of Calgary Bylaws: Learn about City of Calgary bylaws including options in court. In partnership with Calgary Legal Guidance. Thursday, May 14. 7 - 8:30 p.m. Louise Riley - Main Floor - Program room. Registration begins April 20 Registration required.

World War II and Canada's Comic Books: The Second World War was the age of Captain Daring, Rover the Wonder Dog, and Captain Future. This presentation explores these exciting years when our uniquely Canadian comic book characters conveyed a sense of identity and captured the imagination. Presented by Dennis Slater, guest lecturer at the U of C and the Glenbow Museum. Tuesday, May 5. 7 - 8:30 p.m.

Registration begins April 20 Registration required.



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A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

News from the Friends of Nose Hill

by Anne Burke

“Our BiodiverCity, Calgary’s 10-year biodiversity strategic plan”, is soon going to the City Council Committee on Community and Protective Services. Then, the plan will proceed to Council and a full public hearing. For details, go to the city website at www.calgary.ca for Council agendas or ask 3-1-1.

The Nose Hill Park User Study was conducted by Calgary Parks and Recreation. The aims were to understand park use patterns and to provide information for future park planning.

For the summer months, the hours of greatest park use were 7:00 a.m. - 9:00 p.m. The study involved a summary of both user observations and surveys taken at selected entrances to the Park.

On average, it was estimated that 5,426 people visited the park, each week, during the summer. The busiest entrance sites were Edgemont Blvd. NW (1,693 visitors) and 14th St. NW (1,177 park visitors) weekly.

In all, there were 8 locations studied. The busiest entrance sites to the Park, by order of use, were: Edgemont Blvd NW (31%), 14th St. NW (22%), Berkley Gate NW and 64th Ave. NW (14% each), Brisebois Dr. NW (11%), Calgary Winter Club (4.4%), MacEwan Glen Dr. NW at the bus stop (4%), and 19th St. NW (which was the least.)

Overall, the majority of park users were walking (42%) and walking dogs (31%), while only 13% of users were cycling and 3% running. Also, 11% of park users were taking part in “other” activities, which mainly included people sitting in vehicles in the parking lots to read, drink coffee, eat lunch, and taking in the views of the City.

For example, there were more dog walking activities (46%) at the MacEwan Glen Dr. NW site than walkers (40%), and the highest overall proportion of runners were at the Calgary Winter Club entrance (8% vs. the overall trend of 3% of park users).

At the 14th St. NW location, the “other” activities (25%) were significantly higher than the overall trend (11%), which was largely due to the high number of park users who stay in their cars to eat meals, rest, and enjoy the view of the city provided at the 14th St. NW parking lot.

Non-toxic Cleaning with Green Calgary!

Spring is just around the corner and for many of us that means popping open the windows and cleaning away winter’s dust and dirt. But before you start using the cleaners under your sink, take a moment to look at the products you have and examine the ingredients on each of their labels. You might be surprised at what you find (or don’t find!).

Labelling on cleaning products is voluntary for cleaning product manufacturers in Canada; so you may not be able to find what you are spraying around the house just by looking at the bottle. Imagine eating a bowl of cereal from a box with no ingredients or an incomplete list of ingredients. What’s not being listed that we’re exposing ourselves to?

Because there are so few regulations limiting what companies can put into their products, most conventional cleaning supplies (even the ones that say they are “green”) contain hazardous ingredients that are known to be harmful to people and the environment.

The one place we can control our exposure is in our homes, by limiting the toxic cleaners and personal care products we bring in.

When shopping for cleaners follow these simple rules:

- 1. Only choose products with a full listing of ingredients
- 2. Get to know the ingredients of concern and try to avoid them
- 3. Look for companies with a dedication to human health and the environment
- 4. Look for companies with third party certification (such as the Canadian Environmental Choice or EcoLogo)

Another option – and in our opinion, the easiest and most affordable option – is to make products yourself with just a few simple ingredients: white vinegar, baking soda, salt, lemon juice, castile soap and maybe some essential oils.

Happy spring cleaning!

Green Calgary

in & around your community

Spring forward with Animal & Bylaw Services good neighbour tips

Now that the snow has melted and spring is here, you may be itching to head outside to enjoy the sunshine and tackle some outdoor projects.

The City of Calgary would like you and your neighbours to be safe as you enjoy the spring and summer months ahead. Here are some frequently referenced bylaws to help ensure all Calgarians live in safe, clean and healthy communities.

Weeds and grass


- Grass and weeds must be less than 15 centimetres (six inches) in height. This also applies to vacant lots with residential areas.
- Keep weeds under control so they don’t spread from your property.
- When watering your lawn, make sure water isn’t running onto the street or sidewalk.
- The best time to water your lawn is early in the morning or after it cools off in the evening.


Pesticide use


- Weed-and-feed type products have been banned in the province of Alberta. Purchase fertilizers and herbicides separately and spot treat weeds as required.
- Use pesticides responsibly and consider chemical-free alternatives.
- Be courteous and advise your neighbours before you use a pesticide. They may have concerns about timing or nature of your planned activities.


If you have any questions or require more information visit www.calgary.ca and search bylaws related to grass.


APRIL MOON CALENDAR

 Full Moon
April 4

 Last Quarter
April 11

 New Moon
April 18

 First Quarter
April 25



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BRAIN GAMES

SUDOKU

			2					9
9						6	4	2
		6	4			1	3	
7			9		4	8		
		8				5		
		9	1		6			7
	7	4			2	3		
8	3	2						4
6					3			

FIND SOLUTION ON PAGE 16

BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403 263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Banff Trail. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Banff Trail area with quality work, happy clients and fair pricing, with second generation experience, there is no job we can't handle. Furnaces \$3185, water heaters \$715, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

CERTIFIED GEL NAIL ARTIST: Home based business in New Brighton. New full set of French gel nails only \$30.00. Nail polish and design \$10.00. Also offer glitter tattoos and available for girls' nail party bookings. Please call 403-464-8612.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Weekly lawn mowing \$38.50, power-rake \$120, aeration \$65. Some conditions. Landscape construction: patio stone and pavers, stone walks and rock walls, raised beds, fire pits, landscape lighting, water features, sod and decks and fences. Ask for your complimentary 2015 Outdoor Idea Book. Licensed. Insured. Seniors discount. Phone: 403-265-4769, YardBusters Landscaping.com.

ART CLASSES FOR CHILDREN AND ADULTS Children class ages 10 and up, Monday evenings 6:30 - 8:00 PM. Adults classes during the day and evenings. Contact Brent at 403-283-0325 www.greenpalette.ca



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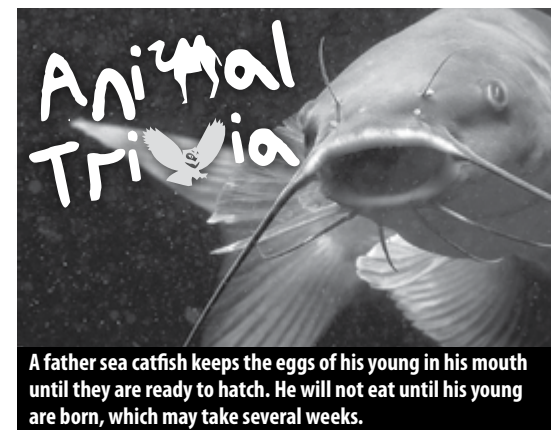
Friends,

After much reflection, I have decided I will not be seeking re-election as your MLA in Calgary-Varsity.

I am proud of the communities that I have had the honour of representing in Calgary-Varsity, and thank constituents for the privilege of this opportunity for service. Citizens are asking good questions, and are truly engaged in provincial issues. Together, we have set a clear pathway of grassroots politics and raised expectations for genuine citizen engagement in decision making. You will always have my respect.

It has been an honour, and a privilege, to work with colleagues in the Alberta Legislature, and with qualified and dedicated bureaucrats in the Alberta Government and its agencies. I have confidence in my colleagues, and know they will continue to act in the best interests of Albertans, making wise choices with compassion and discipline.

Most Albertans understand that public service wears many hats and is a lifelong endeavour. As an MLA, I've played my part, inside Government. As a citizen, I will continue my journey of public service.



Animal Trivia
A father sea catfish keeps the eggs of his young in his mouth until they are ready to hatch. He will not eat until his young are born, which may take several weeks.

in & around your community

cont'd ■■■

calgary reads

Calgary: Get ready for Reading Town Canada!

Families... Come join in fun activities and events—all linked to reading.

During the week of May 2 – 9, 2015 the communities of Inglewood and Ramsay will become the hub for Reading Town Canada!

This local, family-friendly event in Calgary is one of two national host sites for this second annual Reading Town, initiated by the National Reading Campaign. Community and business associations, local schools and businesses, and early-literacy initiative – Calgary Reads – will all be involved.

All week long, reading will be woven into fun activities and lively interactive events designed for 'kids' of all ages!

Imagine: A grand Kick-Off event with parade; scavenger hunts; Little Free Library (LFL) bike tours and a LFL building workshop; 'Read Aloud' picnics in local parks and as an evening event; free book drops; author appearances and readings; breakfast fun times; book swaps; Pizza Poetry Bombs; hands-on baking of alphabet cookies; and much, much more!

Calgarians from across the City are encouraged to come to Inglewood and Ramsay to join in the fun.

Your group can host your own activity or event too. Let's promote the joy of reading together! Be in touch to tell us about how you might like to participate. There will be opportunities to share stories, pictures and videos with Calgary Reads and the National Reading Campaign too. Contact Calgary Reads to learn more, or to get involved: readingtown@calgaryreads.com.

Events and activities will be updated as they are confirmed.

Visit: www.nationalreadingcampaign.ca/reading-town.

READING TOWN is an exemplary model of what a reading Canada would look like and is one of the most ambitious attempts at creating a reading culture on a civic scale in Canada.

FYI KLUANE NATIONAL PARK, YUKON

Home to Canada's tallest peak (Mount Logan, altitude 19,551 feet), this giant park in the western Yukon—22,000 square kilometres of blue glaciers, lush valleys and untamed territory—can be seen from the sky, aboard a helicopter or an airplane equipped with skis (which allow high-altitude snow landings). Or, even better, hike it using the park's vast network of trails—you could walk for days without seeing another person.



A MESSAGE FROM YOUR COUNCILLOR
DRUH FARRELL
WARD 7

ward07@calgary.ca • www.druhfarrell.ca
Twitter: @DruhFarrell • Facebook: Druh Farrell

Winter is the time to plot and plan, and spring is the time to act. This spring I would like to celebrate some of our very own action heroes - people who are changing Calgary for the better with small but powerful steps.

Anyone who had the opportunity to meet Michael Green, usually remembers, in minute detail, their first encounter. His wild vision for Calgary's downtown dared us to look at our city differently, and it helped us dream of a much bolder place; a Calgary that we could never have imagined without him. For over 30 years, he transformed the month of January into an extravaganza of theatre, dance, music, and, yes, wrestling.

Many artists speak of how Michael could see their potential, even when they could not see it for themselves. Michael saw these boundless possibilities, not only in each of us, but in our city as well. We will miss our Michael Green.

Mavis Sew is a Capitol Hill magician! She became the catalyst in a community in need of rejuvenation. Mavis's energy is infectious - she inspires others to get involved, showing her neighbours that working together on simple projects like a playground or community garden can be transformative. She continues to lead the charge on new programs and events in her neighbourhood.

Tamara Lee is the positive force behind several groundbreaking ventures including Bow to Bluff and the YIMBY Project (Yes In My Backyard). My all-time favourite is *Bench Diaries*, a project to collect the anonymous thoughts and feelings of those who happen upon a diary placed on a public bench. Tamara then adds the entries to a website: www.benchdiary.com/Calgary. These funny or poignant missives-from-the-soul paint a picture of community consciousness.

It's hard to miss the proliferation of tiny, colourful libraries springing up in Ward 7 and beyond.

Along with 3 Things for Calgary, Civic Camp, and many other initiatives, Cheri is responsible for bringing little

libraries to Calgary. The Ward 7 Team organized a little library building bee with the help of local developers, and we now boast the most little libraries in Calgary. Cheri is re-focusing her energies on her newly adopted community of East Village. Fasten your seatbelts, East Village!

Great initiatives also happen because neighbours come together. A special example is the Neighbour-2-Neighbour Initiative in East Crescent Heights, started in 2009 by residents concerned with rising neighbourhood crime. N2N now organizes events like "Celebrating Diversity, Building Community" which features diverse cultural groups performing for the residents and businesses. N2N is also responsible for the Travelling Coffee Table, where you can share an impromptu coffee at random places in Crescent Heights.

These are a few of the delightful experiences brought about by Ward 7 residents, to enhance and enrich community life. If you have a similar idea, don't be afraid to give it a try. You never know what will come of it or who you will meet.

BRAIN GAMES **SUDOKU**

5	4	3	2	6	1	7	8	9
9	1	7	5	3	8	6	4	2
2	8	6	4	7	9	1	3	5
7	2	1	9	5	4	8	6	3
4	6	8	3	2	7	5	9	1
3	5	9	1	8	6	4	2	7
1	7	4	8	9	2	3	5	6
8	3	2	6	1	5	9	7	4
6	9	5	7	4	3	2	1	8

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



WHY: Why are zero scores in tennis called 'love'?
BECAUSE: In France, where tennis became popular, the round zero on the scoreboard looked like an egg and was called 'l'oeuf', which is French for 'the egg'. When tennis was introduced in the US, Americans (mis)pronounced it 'love'.

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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	1.800.332.1414
Poison Centre - Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	
(Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Seniors' Resource - SeniorConnect	403.266.6200
Elder Abuse Resource Line (65+)	403.705.3250
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	311
Elder Abuse Resource Line (65+)	403.705.3250
Kerby Centre for the 55 plus	403.705.3246
Neighbour Mediation Hotline	403.269.2707
Road Conditions – Calgary	1.877.262.4997
Weather Information	403.299.7878
Gamblers Anonymous	403.237.0654

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Banff Trail Real Estate Update

Last 12 Months Banff Trail

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2015	\$850,000	\$850,000
January 2015	\$730,000	\$728,000
December 2014	\$715,925	\$714,000
November 2014	\$611,600	\$598,333
October 2014	\$695,600	\$686,666
September 2014	\$732,933	\$713,166
August 2014	\$768,550	\$750,875
July 2014	\$769,950	\$743,750
June 2014	\$675,711	\$681,460
May 2014	\$638,544	\$632,000
April 2014	\$687,437	\$686,887
March 2014	\$737,800	\$736,166

Last 12 Months Banff Trail

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
February 2015	12	1
January 2015	2	2
December 2014	2	4
November 2014	6	3
October 2014	8	6
September 2014	4	3
August 2014	10	8
July 2014	7	4
June 2014	11	9
May 2014	13	9
April 2014	12	8
March 2014	8	6
Total	95	63

To view the specific SOLD Listings that comprise the above MLS averages please visit banff_trail.great-news.ca

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Website: <http://www.cbe.ab.ca> • Email: boardoftrustees@cbe.ab.ca

Advocating for our students

The Board of Trustees works on behalf of the Calgary Board of Education (CBE) and its students. As part of its role, the Board connects with key stakeholders and advocates for the needs of the system with elected officials.

CBE Trustees have been hard at work, advocating for our students with the provincial government. The CBE is funded almost entirely by the Province, so it is important to advocate in this manner. Trustees have met with a number of elected officials and stakeholders, such as individual Calgary MLAs, the Government's Calgary MLA Caucus, and the Executive of Alberta Teachers Association (ATA) Local 38 to ensure they know the issues the school system faces. Trustees have presented at numerous school council meetings and organized area meetings with the Council of School Councils.

As a school system, we will be faced with difficult, challenging decisions in the coming months. Over the past few years, the funding that the CBE has received from the province has declined on an overall per-student basis. During that time, costs have continued to increase. Examples of increasing costs include: general inflation 1-2 per cent, utilities 5.9 per cent, ATA grid movement 2 per cent/year (\$12 million this year), other union contracts \$4.0 million, and insurance 89 per cent last year.

Budget decisions will be guided by CBE values:

- Students come first
- Learning is our central purpose
- Public education serves the common good

We invite you to email us your comments on the CBE budget when it is posted after the provincial government budget is announced. Visit www.cbe.ab.ca/budget to access the budget feedback page. You may also follow our advocacy activities at www.cbe.ab.ca/advocacy.

We will continue to work hard for our students and our community. We look forward to engaging with you along the way.

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HOW ARE MARTHA AND HENRY'S KIDS DOING THESE DAYS?

Decades ago, former Premier Ralph Klein introduced us to Martha and Henry – the average Albertan couple.

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