

MAY 2023

DELIVERED MONTHLY TO 4,500 HOUSEHOLDS

# your **BEDDINGTON** BANNER

THE OFFICIAL BEDDINGTON COMMUNITY NEWSLETTER



## READY! SET! GARDEN!



**LOWELL MARTENS**  
**403-650-8927**

**WHAT IS THE VALUE OF YOUR HOME IN TODAY'S MARKET?  
CALL FOR A FREE NO OBLIGATION EVALUATION.**



RE/MAX Real Estate (mountain view)

40 PLUS YEARS SELLING IN CALGARY

[www.LowellMartens.ca](http://www.LowellMartens.ca)

[www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca) • [www.calgaryarea.com/NW/Beddington](http://www.calgaryarea.com/NW/Beddington)

Great News Media | Call 403-720-0762 for advertising opportunities | [www.greatnewsmedia.ca](http://www.greatnewsmedia.ca)



# ENVIROS

Respite Care Connection

Programs for 6-17 year olds!



- Free After School and PD Day Programs
- Summer Camps & Weekend Programs
- Social Connection, Fun & New Experiences
- Small Groups (1:3 Staff/Youth Ratio)

Register Now!  
[tcameron@enviros.org](mailto:tcameron@enviros.org)  
 403-589-6526  
 Enviros Has Been Serving Communities Since 1976



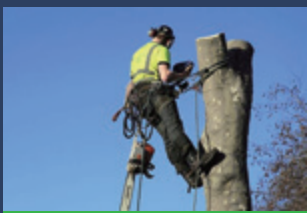
Contact us today for a **FREE** estimate

**(403) 471-1688**

[info@mainstreetexteriors.ca](mailto:info@mainstreetexteriors.ca)



**PRUNING**



**TREE REMOVAL**



**TRIMMING**

**MAKING SAFER COMMUNITIES & LIVING SPACES**



**EARLY SPRING SAVINGS ON NOW**  
**(LIMITED TIME OFFER!)**

## TREE CARE

FULLY LICENSED, LIABILITY INSURED AND WCB COVERED

Calgary & Airdrie

# OFFICIAL



PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

**\$50**

Service Call Fee



**403-837-4023**

info@officialplumbingheating.ca  
official-plumbing-heating.ca

chinook school of music / music kids

**NORTHWEST LOCATION  
OPENING SEPTEMBER 2023!**

**MUSIC  
LESSONS**

ALL AGES & LEVELS



**NOW BOOKING  
FALL LESSONS**

WE TEACH

PIANO • VOICE • VIOLIN • CELLO • GUITAR  
UKULELE • BASS • DRUMS • FLUTE • SAX • THEORY

CALL 403-246-8446 TO BOOK  
WWW.CHINOOKSCHOOLOFMUSIC.COM

## LOWER BACK PAIN?

Want to learn  
more about how  
to manage it?



SCAN THE QR CODE

to register for our upcoming in-person workshop  
with Presenter **William Chong** on:  
**Wednesday, May 17<sup>th</sup> at 7pm** at our **Beddington**  
location. Or call **(403) 917-0958** to register.  
We look forward to seeing you there.

 **Nose Creek**  
Move Faster. Feel Better.

Physiotherapy, Massage, Acupuncture & Orthotics.

[www.nosecreekphysiotherapy.com](http://www.nosecreekphysiotherapy.com)



**Your Patio Furniture  
Superstore!**

**YETI**  **weber**

**TRAERGER** **RATANA**

**BBQ LAND** **Modern Patio**

Located Three Blocks East of Chinook Mall  
6125 Centre Street S, (403) 258-2506  
WickerLand.ca

## MESSAGE FROM THE BOARD

Happy May, Beddington!

With warmer weather arriving, we are so excited to switch from the outdoor rink to the community garden; you can register for your plots online. We are adding a few more planters this year which is such great news for a new community program. We are so happy to have both new and returning plot owners, and look forward to seeing the space come to life once again.

We are so pleased with how the safety event went; if there is interest, we may make it a routine event! Remember that the play hub is open every Sunday. Bring your kids out for some unstructured play and a chance to make new friends in the neighbourhood! We have lots of fun activities and events planned for the summer. Please sign up for our membership emails and keep an eye on the website and our Facebook for further details.

*Jenn, Bonnie, Melisa, Nadine, Wendy, Leandra, Jessica, and Marty*

Proudly owned in *Calgary* serving Calgary businesses



**CALL 403.279.5554**

109 - 10836 24th Street SE



**MATS**  
Commercial mat rentals and purchases



**HOSPITALITY SERVICES**  
Linens for tables, chairs, and napkins. Laundry and pressing services



**WORKWEAR**  
Workwear and cleaning of uniforms and coveralls



**CLEANING**  
One-stop service for cleaning supplies and paper products



[calgarymatandlinen.com](http://calgarymatandlinen.com)

## BEDDINGTON CHIROPRACTIC & MASSAGE

Two new chiropractors have joined our team and can't wait to help you achieve a happier, healthier, and pain-free lifestyle.

### Dr. Sarah Brennan, D.C.



Dr. Sarah has special interest in working with women throughout all stages of motherhood, beginning in pregnancy and continuing with healing and rehab in the postpartum period. Sarah has completed several continuing education courses including the Webster technique which promotes proper pelvic alignment in pregnant mothers, BirthFit certification, Breastfeeding support for postpartum women, as well as special training in chiropractic care for infants and kids.

### Dr. Justin Hodinsky, D.C.



Dr. Justin's main goal is to help you move better, move more often, and provide you with the tools and resources needed to take control of your own wellness journey.

By combining a personal approach with evidence based therapies, he is able to provide exceptional care personalized to the unique health goals for each individual.

All therapists are accepting new patients

Direct billing available depending on your coverage

[Book online at myBCMclinic.com](http://Book online at myBCMclinic.com)

# CONTENTS

---

7 CITY OF CALGARY FARM STAND PROGRAM

8 BHCA CALENDAR

9 MAY BASP UPDATE

10 STORYBOOK THEATRE

12 REIMAGINE BEDDINGTON

15 BUSINESS CLASSIFIEDS



**SCAN HERE TO VIEW ADDITIONAL  
BEDDINGTON HEIGHTS CONTENT**

**News, Events,  
& More**



**Crime  
Statistics**

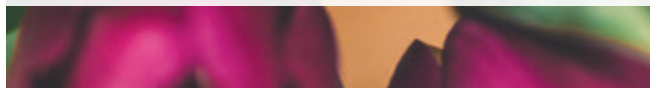


**Real Estate  
Statistics**



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



# BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca) | Email: [bhca@beddingtoncommunity.ca](mailto:bhca@beddingtoncommunity.ca)

Follow Us on Twitter  @BeddingtonCA and Facebook  @BeddingtonCA

Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

## EXECUTIVE DIRECTORS

President	Jennifer Curley
Vice President	Bonnie Ugaddan
Secretary	Nadine Epp
Treasurer	Melisa Tan
Director at Large	Marty Connelly
Director at Large	Wendy Hansen
Director at Large	Jessica Kovacs
Director at Large	Diane Ward
Director at Large	Leandra Worden-Figg

## COMMITTEES

Casino Chairperson	Karl Cyr
Rink Coordinator	Brady Adkins
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Vacant
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	Anila Yuen



# Beddington Heights Community Association Membership Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Family Member's Names / Ages:

Name

Age

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca)

Membership: \$20



# City of Calgary Farm Stand Program



The City of Calgary **Food Action Plan** will once again be running this year. The goal is to provide more places to grow food and sell local food so that more Calgarians can access local food and support our local and regional farms.

**Start Date:** Friday, May 5, 2023



**Where:** Parking lot of Beddington Theatre Arts Centre  
16 Bermuda Drive NW, Calgary, AB T3K 1H7

**Time:** 3:00 - 6:00 pm

**Provider:** Broxburn Mobile Market

The **Farm Stand Program** and **Mobile Market** will begin on **Friday May 5th** and run every **Friday** until a cut off date is determined in the fall.

List of vegetable offerings will change with growing season and availability. Selections



- Bell Peppers
- Hot Peppers
- Cherry Tomatoes
- Cocktail Tomatoes
- Roma Tomatoes
- Beefsteak Tomatoes
- Lettuce
- Eggplant
- Long English Cucumbers
- Mini Cucumbers
- Garlic
- Onions



Photo: Megan Thomas





## News from the Friends of Nose Hill




by Anne Burke






The annual May Plant Count is an event where volunteers survey their favourite natural areas to collect data on the distribution and blooming of flowering plants in Alberta. Collection of plant specimens is not allowed in any protected or restricted areas, such as Nose Hill Park. The survey, which takes place between May 25 and 31, encourages stewardship and is based on appreciation of nature.

Expertise in identification is valuable, but not mandatory. It is open to anyone with an interest in plants and flowering. As a citizen scientist, your photos submitted during the count period will contribute to the databases. To join the project, go to <https://inaturalist.ca/projects/alberta-may-plant-count>. In order to submit observations, you will need to log in and create an account (which is free).

The May Plant Count is part of the May Species Count. It began in 1976 to track bird species across Alberta and, in 2011, over 300,000 birds were counted. In 2022, over 400 people participated in the bird count. To learn more about how to download your results onto the eBird app and to contact your local organizer, go to <https://naturealberta.ca/may-species-count/>.

**How to BEE a Community Scientist**  
Help us document the different pollinators in Calgary!

- 1 Go to [inaturalist.ca](https://inaturalist.ca) or download the app. 
- 2 Take 2 clear photos of an insect and 1-2 photos of the plant/flower that it is visiting. 
- 3 Upload your photos to iNaturalist and add your insect observations to the Calgary Pollinators Project. 

✉ [sustain@ucalgary.ca](mailto:sustain@ucalgary.ca)  
 📷 [@dollecology](https://www.instagram.com/dollecology)

# BHCA CALENDAR

Want to join our meetings? Super! All our meetings are held on Zoom these days. To join, either:

**Register Online:** [BeddingtonCommunity.ca](https://BeddingtonCommunity.ca) (On Home Page: Upcoming Events)

**Email Us:** Addresses Below

**Leave a Message:** 403-305-6642

MAY - 2023	05: Broxburn Mobile Market - Farm Stand Program, 3:00 to 6:00 pm (every Friday)
	07: Vivo Play Hub, 11:30 am to 3:00 pm
	09: Reimagine Beddington Committee, 7:00 to 9:00 pm
	14: Vivo Play Hub, 11:30 am to 3:00 pm (Mother's Day)
	15: Beddington Community Garden and Hub, 7:00 to 9:00 pm
	16: Beddington Book Club, 7:00 to 9:00 pm
	21: Vivo Play Hub, 11:30 am to 3:00 pm
	23: BHCA Board Meeting, 7:00 to 9:00 pm
28: Vivo Play Hub, 11:30 am to 3:00 pm	
JUNE - 2023	04: Vivo Play Hub, 11:30 am to 3:00 pm
	11: Vivo Play Hub, 11:30 am to 3:00 pm
	13: Reimagine Beddington Committee, 7:00 to 9:00 pm
	18: Vivo Play Hub, 11:30 am to 3:00 pm (Father's Day)
	19: Beddington Community Garden and Hub, 7:00 to 9:00 pm
	20: Beddington Book Club, 7:00 to 9:00 pm
	25: Vivo Play Hub, 11:30 am to 3:00 pm
27: BHCA Board Meeting, 7:00 to 9:00 pm	
<ul style="list-style-type: none"> <li>• <b>Beddington Community Garden and Hub</b> <a href="mailto:garden@beddingtoncommunity.ca">garden@beddingtoncommunity.ca</a></li> <li>• <b>Reimagine Beddington</b> <a href="mailto:reimagine@beddingtoncommunity.ca">reimagine@beddingtoncommunity.ca</a></li> <li>• <b>Book Club</b> <a href="mailto:bookclub@beddingtoncommunity.ca">bookclub@beddingtoncommunity.ca</a></li> <li>• <b>BHCA Board</b> <a href="mailto:bhca@beddingtoncommunity.ca">bhca@beddingtoncommunity.ca</a></li> </ul>	



# The Beddington Play Hub

**It's Free!!**

**It's Outside!!**

**Creativity!!**

**Sun!!**

**Fresh Air!!**

**Friends!**

**Laughter!!**

**Joy!!**



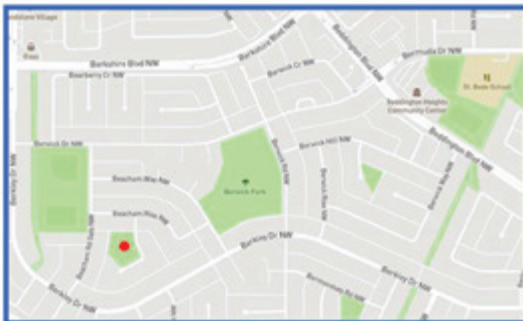
**Join Us for a "Ton of Fun"**

**Where:** Beacham Close Park NW

**When:** Every Sunday Year Round

**Time:** 11:30 - 3:00 pm

**Who:** Open to all families 52 weeks per year (weather permitting)



[www.vivoplayproject.com/play-hubs](http://www.vivoplayproject.com/play-hubs)

<https://beddingtoncommunity.ca>

## May BASP Update



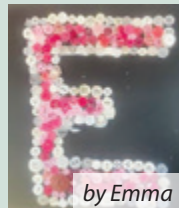
*Kindergarden*

Our summer camp registration opens at the beginning of May. Visit the community webpage, [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca), for more information, memberships, and to sign up online!

Our camps run on a weekly basis so you can pick and choose care based on what works for your family and your vacation times! The cost is \$165 per week per child. We are open from 7:00 am to 5:30 pm. We are a very active summer camp that believes kids should be kids with lots of outdoor time, fieldtrips as well as crafts, science experiments, group games, and activities to go along with a number of theme-inspired days. We will be offering six weeks of camps from the beginning of July to August 11.

We are also starting to contact our waitlist this month to touch on our availability for September before and after school care. If you would like to get on our waitlist, please email us at [beddingtonbasp@gmail.com](mailto:beddingtonbasp@gmail.com) or call us at 403-295-8837.

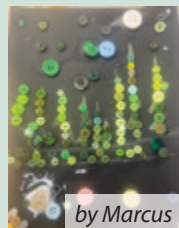
As for April updates, the children enjoyed having time off during Easter break. The roller coaster of weather Calgary received allowed us to offer everything from snow activities to the growing of spring plants! Have a fantastic May and we will check back in in June!



*by Emma*



*by Jacob*



*by Marcus*



*by Brooklyn*

**DISCOVER ONE OF  
CANADA'S BEST FAMILY  
THEATRE COMPANIES!**

**OUTSTANDING LIVE  
ENTERTAINMENT  
& THEATRE SCHOOL PROGRAMS –  
RIGHT IN YOUR BACKYARD!**

For over 46 years, Storybook Theatre has been entertaining families with our award-winning, professional-quality plays, musicals and concerts. Our shows feature characters from different worlds, stories and backgrounds, reflecting how communities can unite to inspire and be stronger together. Located in the heart of Beddington Heights, SBT's shows attract more than 40,000 people to our vibrant neighbourhood every year.

SBT's year-long Theatre School programming for ages 6-17 includes Theatre Camps, PD Camps, and our popular Summer-long Spotlight Program. In addition, we provide theatre arts classes for adults 18+, workshops for Professional Artist Development, and Professional Development for Educators. Open to everyone with various skill levels, explore classes designed to develop storytelling, stagecraft abilities, teamwork, and self-confidence for everyday life.



FOR UP-TO-DATE OFFERINGS VISIT:  
**storybooktheatre.org**

StoryBook Theatre  
**THEATRE  
SCHOOL**

FALL | WINTER | SPRING | SUMMER

**StoryBook Theatre**  
Beddington Theatre Art Centre  
375 Bermuda Dr NW



**Need Momentum  
in your life?**

With our programs, you can...

**Train for a  
Good Job**



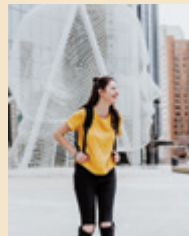
**Manage and  
Save Money**



**Start a  
Business**



Are you ready to **Get Started?**  
Visit **momentum.org** or call **403-272-9323**



**Jane's Walk is  
Coming Up!**

Do you like architecture and the urban environment? Or airplanes and Marilyn Monroe? Then Jane's Walk is for you.

Jane's Walk is a global event of free walking tours held in Calgary and around the world each May. Back for 2023 on May 5, 6, and 7, Jane's Walk encourages Calgarians of all ages to come and enjoy the free walking tours and festivities.

Hidden heritage walks, place-making discovery tours, public art walks, and literary walks, Jane's Walk Calgary 2023 has it all!

This festival features a collection of walks that encourage relishing in uncovering city stories and delights. These walks are slow-paced adventures that bring a community out in the urban environment.



# CITY OF CALGARY

## Compost Giveaway



Once again, if you are a resident of the City of Calgary, the City is offering complimentary compost to be used in your gardens and yards. It is produced from yard waste and food collected through the Green Cart Program. It's wonderful when we see the results of our compost recycling to not only reduce landfill, but create a circuit that nets us useable compost for our gardens.

Compost is available for pick-up from April 24 through to June 10, by online appointment only, at **Shepard (South) and Spyhill (North) landfills**.

Compost pick up appointments will be released in the following time slots:

<b>Booking Dates</b>	<b>Appointment Dates</b>
April 10 2023	April 24 - May 13
May 8 2023	May 15 - May 27
May 23 2023	May 29 - June 10

For more information on the compost program and on how to book an appointment, please visit:

<https://www.calgary.ca/waste/residential/green-cart-compost-giveaway.html>

# REIMAGINE BEDDINGTON



(in partnership with Parks Foundation Calgary)

**Our 2023 gardening season is about to begin at the Beddington Community Garden with some new beds! Check out our website to see if there are any beds left, or put yourself on the waitlist.**

[beddingtoncommunity.ca/garden](https://beddingtoncommunity.ca/garden)



## **Beddington Play Hub**

**Loose parts play!**

**Sundays, 11:30am - 3pm**

**15 Beacham Close NW**

**Learn more about our projects:**  
[beddingtoncommunity.ca/reimagine](https://beddingtoncommunity.ca/reimagine)



## **Pollinating Plants and the Butterflyway**

If you are interested in participating in the 2023 Butterflyway, please email us at [butterflies@beddingtoncommunity.ca](mailto:butterflies@beddingtoncommunity.ca) and tell us a bit about your garden and plants. Gardens included in a Butterflyway can be any size! While ideally they should include a mix of native wildflowers, grasses, shrubs and trees (preferably sourced from local native plant suppliers) we are generally pleased with any plants that attract those pollinators. Learn more here: [beddingtoncommunity.ca/butterflyway](https://beddingtoncommunity.ca/butterflyway)



# Beddington Book Club

by Cindy | [bookclub@beddingtoncommunity.ca](mailto:bookclub@beddingtoncommunity.ca)

We are now back to meeting in person between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our June 20 book will be *The Vanishing Half* by Brit Bennett.

"The Vignes twin sisters will always be identical. But after growing up together in a small, southern black community and running away at age sixteen, it's not just the shape of their daily lives that is different as adults, it's everything: their families, their communities, their racial identities. Many years later, one sister lives with her black daughter in the same southern town she once tried to escape. The other sister passes for white, and her white husband knows nothing of her past. Still, even separated by so many miles and just as many lies, the fates of the twins remain intertwined. What will happen to the next generation, when their own daughters' storylines intersect?" – Goodreads.com

Our July 18 book will be *The Lying Game* by Ruth Ware.

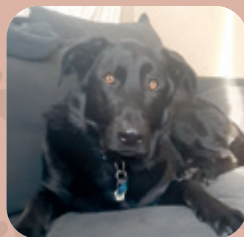
## Cats, Canines, & Critters of Calgary



Miki, Haysboro



Rigby, Huntington Hills



Riley, Dover



Whiskey, Walden

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

**NOW OPEN**



**JOIN US FOR  
OUR GRAND OPENING  
CELEBRATION**

**SATURDAY,  
JUNE 3  
8AM - 5PM**

**PRIZES AND GIVEAWAYS  
CHECK OUR WEBSITE FOR DETAILS OR CALL US**

**WE ARE YOUR  
NEIGHBOURHOOD BOUTIQUE  
FITNESS AND WELLNESS  
STUDIO OFFERING:**

- YOGA**
- BARRE**
- PILATES**
- PERSONAL TRAINING**
- MASSAGE**
- MANI/PEDI**
- GEL NAILS AND FILLS**
- WAXING**
- ESTHETICS**
- REIKI**
- REFLEXOLOGY**
- MINDFUL MEDITATION**

**Contact Us**

**10105 Hidden Valley Drive NW  
587-323-2278**

**Keep checking  
livforfitnessandwellness.ca  
for opening specials.**



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**BEDDINGTON MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

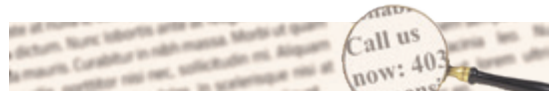
**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**ACCOUNTANT DELIVERS RESULTS:** Chartered Professional Accountant has 12 years' experience. Services include individual tax filings, tax review/audit assistance, corporate and estate taxes filings, tax planning, bookkeeping, GST and payroll reporting. Visit #218 in Beddington Towne Centre, call Jack at 403-719-0627, or visit [commonsenseaccounting.ca](http://commonsenseaccounting.ca) for the fees schedule.

**TERRAVIEW LAWN CARE:** Spring cleanups, power raking, aerating, slit-seeding, power washing, etc. Weekly and biweekly yard mowing and yard maintenance services. Reasonable rates. Call us today to discuss your yard care needs and to schedule any services. Craig | 403-819-7905. Ron | 403-669-4671.

**FALCONER HANDYMAN SERVICES LTD:** Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.



## Women's Group

### North Central Family Resource Network

**Join us for Women's Group!** This program is set up to encourage learning to build positive relationships and foster skills to work independently and in a team. Women's Group will allow you to build relationships with other women in your community who may be experiencing similar circumstances.

**When:** Every Thursday from  
1:30 pm to 2:30 pm

**Where:** NCFRN: 3 – 176 Bedford Dr. NE

**Closer to Home**  
COMMUNITY SERVICES



We Are  
Accepting  
New Patients

Mon	7:30 am - 5:00 pm
Tue	7:30 am - 8:00 pm
Wed	7:30 am - 8:00 pm
Thu	7:30 am - 8:00 pm
Fri	7:30 am - 5:00 pm

220 - 66 Sandarac Drive NW | Calgary AB T3K 4L4 | info@sandstonedental.ca | sandstonedental.ca



**Planning a party? Don't clean the house.  
Rent a room at BTAC instead!**  
*Community hall, prep kitchen & studios for events of all sizes.*

Book online, easy as:  
**PICK, CLICK & PAY!**  
beddingtontheatre.ca

Beddington  
**THEATRE**  
ARTS CENTRE



**United Conservatives** 

**BUILDING A STRONGER & AFFORDABLE Alberta**

*Proudly Serving*  
Beddington Heights • Country Hills  
Hidden Valley • Huntington Hills  
MacEwan • Sandstone Valley

Campaign Office  
Beddington Co-op Shopping Centre  
# 133 - 8220 Centre Street NE  
Phone: 587-288-9599  
Email: info@votejpon.ca  
Website: josephinepon.ucp2023.ca

**Re-Elect** 

*for* **Josephine Pon**  
Calgary-Beddington

**VOTE** 



- ✔ Growing the Economy
- ✔ Creating More Jobs
- ✔ Strengthening Healthcare
- ✔ Strengthening Our Education
- ✔ Making Communities Safer
- ✔ Making Life More Affordable

Authorized by Calgary Beddington UCP Constituency Association