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COMMUNITY ASSOCIATION

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BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: www.beddingtoncommunity.ca | Email: bhca@beddingtoncommunity.ca

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Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

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Director at Large	Wendy Hansen
Director at Large	Jessica Kovacs
Director at Large	Leandra Worden-Figg
Director at Large	Brady Adkins

COMMITTEES

Casino Chairperson	Karl Cyr
Rink Coordinator	Brady Adkins
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Brady Adkins
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	David McMillin



Beddington Heights Community Association Membership Application

Name: _____

Address: _____

Postal Code: _____

Telephone: _____ Email: _____

Family Member's Names / Ages:

Name

Age

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at www.beddingtoncommunity.ca

Membership: \$20

BHCA CALENDAR

Want to join our meetings? Super! Most of our meetings are back to being in person. If you are interested in attending to get an idea of what the group is about, either:

Register Online: BeddingtonCommunity.ca (On Home Page: Upcoming Events)

Email Us: Addresses Below

Leave a Message: 403-305-6642

DECEMBER - 2024	10: Reimagine Beddington Committee, 7:00 to 9:00 pm
	16: Beddington Community Garden and Hub, To Be Determined
	24: BHCA Board Meeting - No Board Meeting in December
JANUARY - 2025	14: Reimagine Beddington, 7:00 to 9:00 pm
	20: Beddington Community Garden and Hub, To Be Determined
	21: Beddington Book Club, 7:00 to 9:00 pm
	28: BHCA Board Meeting, 7:00 to 9:00 pm
<ul style="list-style-type: none"> • Beddington Community Garden and Hub garden@beddingtoncommunity.ca • Reimagine Beddington reimagine@beddingtoncommunity.ca • Book Club bookclub@beddingtoncommunity.ca • BHCA Board bhca@beddingtoncommunity.ca 	

The Simpsons

The Simpsons made their grand debut on Fox with the holiday episode "Simpsons Roasting on an Open Fire" on December 17, 1989. That means Homer, Marge, Bart, Lisa, and Maggie have been making us laugh for 35 years - and counting!



MESSAGE FROM THE BOARD

Happy December to all residents!!

As we close out another wonderful year, we'd like to extend our heartfelt thanks to everyone who joined us for our 2024 Pizza and Wine Social AGM! It was a pleasure to connect with you, celebrate our achievements, and look forward to exciting plans for the year to come. Your participation and support truly make a difference in our community.

We are starting to plan our Winter Carnival in February 2025 so stay tuned for details on that as it becomes available.

With the holiday season upon us, we wish each of you a joyful and restful time with family and friends. May this season bring warmth, peace, and happiness, and may the New Year be filled with prosperity and new opportunities for all.

Thank you again for your commitment to our community. We look forward to seeing what 2025 has in store!

Warmest wishes,
BHCA Board



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December Beddington Before and After School Program Update

Wintertime fun has begun!

We believe it's important to focus on enjoying winter for everything that it brings. We are big proponents on outdoor fun, and we love to offer outside activities, games and of course tobogganing and snowmen building whenever the temperatures allow. Showing the children, the fun and activities that can be had during the winter months is important to us and helps set them up for a healthy relationship with the season going forward. Did you know? We offer outside activities all the way until the temperature feels like -20°C, at that point, we all stay inside to keep warm.

We encourage all of you to also get out and take in our Canadian weather, events, and activities. Just remember, dressing appropriately and making sure everyone is dry and warm, is the most important part!

From us to you, have a wonderful holiday season and a joyous new year!



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375 Bermuda Drive NW - (587) 329-9545 - info@beddingtontheatre.ca

Beddington Winter

CARNIVAL

February 17, 2025



- Free skate rentals
- Hot chocolate
- Fire pits and S'mores
- Crafts
- Free Food and chips
- Makers Market
- Food Bank Donations
- Live Music Jam Session

Free Community Event!!!

Location: 375 Bermuda Drive NW

Times: 12:00 - 4:00



Beddington Winter CARNIVAL

February 17, 2025

Makers Market - Sign-up

Location: 375 Bermuda Drive NW

Times: 12:00 - 4:00

- Registration is open **NOW!!!**
- Please go to our website at:
<https://beddingtoncommunity.ca/>
- An 8 foot long table is \$20.00 (you must have your products on or behind your table)
- Handmade/Homemade goods preferred.
Category options include:

Cards, Knitting/Crochet, Woodwork,
Quilting/Sewing, Paintings/Prints/Photos,
Home Décor, Food Products, Books,
Jewellery, Pottery, Miscellaneous

Food Bank donation area.

Free Entry for Carnival Goers





Veteran's Food Bank:

Official Drop-Off Location in Beddington



"They stood for us, now it's our turn."

If, as you harvest your gardens this Fall, you find you have extra produce, think about donating it to the Veteran's Food Bank.

If anyone is interested in donating food to the Veteran's Food Bank, I am an official drop-off location in Beddington. I have signs on my front window and there is a big box to leave your donations on my porch; I check it morning, noon, and night each day and get it safely into the house so I can drop it off to the bank.

Address: 64 Bermuda Drive NW

Phone: (403) 455-9928

Please let me know when you are planning to drop off your donations.

Marty Schacht



Beddington Book Club

by Cindy Wiebe bookclub@beddingtoncommunity.ca

We meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our January 21 book will be *The Break* by Katharena Vermette.

"When Stella, a young Métis mother, looks out her window one evening and spots someone in trouble on the Break — a barren field on an isolated strip of land outside her house — she calls the police to alert them to a possible crime.

In a series of shifting narratives, people who are connected, both directly and indirectly, with the victim — police, family, and friends — tell their personal stories leading up to that fateful night. Lou, a social worker, grapples with the departure of her live-in boyfriend. Cheryl, an artist, mourns the premature death of her sister Rain. Paulina, a single mother, struggles to trust her new partner. Phoenix, a homeless teenager, is released from a youth detention centre. Officer Scott, a Métis policeman, feels caught between two worlds as he patrols the city. Through their various perspectives a larger, more comprehensive story about lives of the residents in Winnipeg's North End is exposed..." — from Goodreads.com.

Our February 18 book will be *The Nightingale* by Kristin Hannah.

Cats, Canines, & Critters of Calgary



Chip, Woodbine



Echo, Signal Hill



George,
Huntington Hills



George,
McKenzie Towne



Lola, Calgary



Misty, Queensland



Pedro,
Sandstone Valley



Walden

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City Kids: Exploring 4-H Beyond the Farm

by Lori Nielsen, Senior Program Coordinator for 4-H Intro Clubs

The Intro Clubs in our city have been buzzing with excitement! We're wrapping up another round of daytime and evening programs, filled with hands-on workshops that let kids try new things and make connections with friends over six weeks.

Kids have enjoyed a wide range of activities, from pottery and beekeeping to crafting their own Grinch trees. Each workshop sparked creativity and teamwork, and the feedback from families has been fantastic. Along the way, the kids picked up core 4-H skills like leadership, communication, record-keeping, and community service.



One highlight was our Sourdough Workshop, where participants got a taste of bread dough-making, complete with a wheat grinding demonstration! They also learned about the science behind sourdough and had fun making pizzas with sourdough crust. The aroma of fresh pizza filled the air, and the favourite part was tasting their creations.

We're excited to announce that the Sourdough Workshop will be back in January as part of our next round of clubs, so those who missed it will get another chance!

The Intro Clubs are a great place for kids to grow, make friends, and have fun. We can't wait for the new workshops and activities coming up! For more information on upcoming clubs, please email introclubs@4hab.com. Thank you to all the families who've joined us on this journey—stay tuned for updates, and we hope to see you at our next workshop!



Rink Volunteers Needed!!



Flexible Time Commitments:

If you can offer one hour, two hours or every other day, we can work with however you can assist.

Please contact Brady at:

b.adkins217@gmail.com

Word of the Month

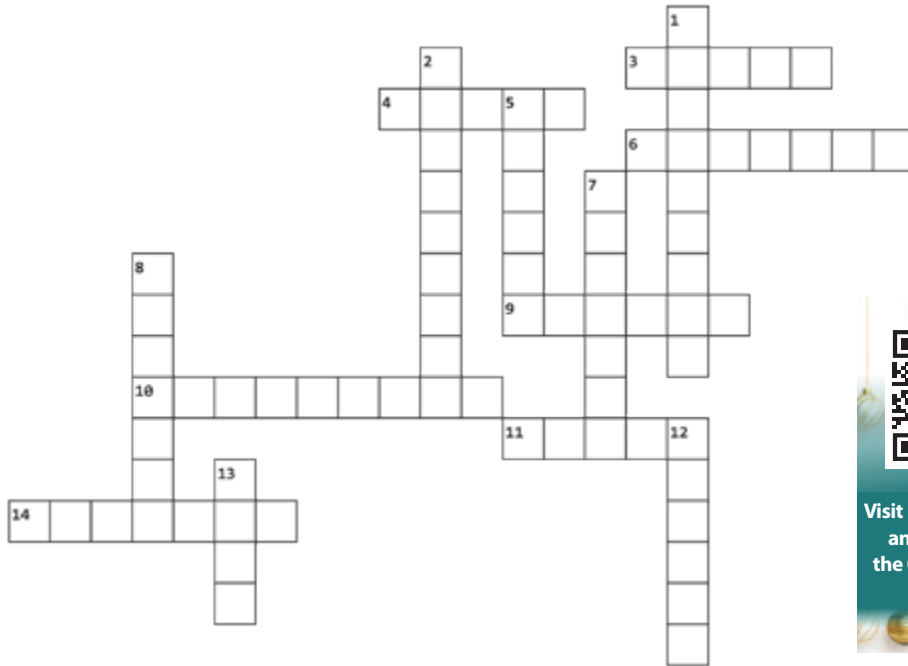
Absquatulate:
Verb (ab-skwoch-uh-leyt)

To run away or leave abruptly.



The sneaky cat managed to absquatulate any time the door was open.

December Crossword



Across

3. On December 5, 1991, Jostein Gaarder's novel, *Sophie's _____*, was published and tells the story of a Norwegian teenager on a journey of discovery about the history of philosophy.
4. *Driving Miss _____*, starring Morgan Freeman as a chauffeur to an elderly widow played by Jessica Tandy, was released on December 13, 1989.
6. Canadian singer, Nelly _____, was born on December 2, 1978, in Victoria, British Columbia.
9. This Christmas tree decoration, originally made from real silver that was shredded, was first invented in Germany in 1610.
10. December's official birthstone has the same name as the colour that it is.
11. Dr. Martin Luther King Jr. was awarded the Nobel _____ Prize on December 10, 1964.
14. James Cameron's _____ was first released on December 19, 1997, and is one of the highest-grossing films ever.

Down

1. International _____ Day was mandated by the UN General Assembly in 1985 and takes place every year on December 5.
2. December's birth flowers are the _____ (also known as paperwhites) and the holly.
5. On December 24, 1818, a choir in Austria first performed the popular Christmas carol "_____ Night".
7. This annual holiday celebrating African American culture is observed from December 26 to January 1.
8. On December 29, 1989, the Associated Press named hockey player Wayne Gretsky and tennis player _____ Navratilova Best Athletes of the Decade.
12. Canadian actor and comedian, _____ Levy, was born on December 17, 1946, in Hamilton, Ontario.
13. On December 1, 2003, the final film of *the Lord of the Rings* trilogy, *The Return of the _____*, premiered in New Zealand.



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storybooktheatre.org BEDDINGTON THEATRE ARTS CENTRE, 375 BERMUDA DR NW

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Joke of the Month

How does a scientist freshen their breath?

Experi-mints!

BRAIN GAMES SUDOKU

1				4	3		6	5
9		6	1		2			
		3			6	1		
5								
6				8	1		5	
	8		6				7	1
3	2						1	
	6			1	7			
				6			9	

SCAN THE QR CODE FOR THE SOLUTION





News from the Friends of Nose Hill

by Anne Burke

Phase 3 of the Connect: Calgary's Parks Plan is underway, and the draft plan was shared with the public and partners before Council's expected approval in early 2025. You can send questions or comments directly to the project team by emailing parksplan@calgary.ca. Please note that these will not be included in the final Phase 3 What We Heard Report. A Park is a space set aside for enjoyment, recreation, education, cultural or aesthetic use, or for the protection of wildlife or natural habitats. An urban forest includes trees and shrubs intentionally planted, naturally occurring, or accidentally seeded within city limits. This means all trees in parks, river valleys, streets, roadways, natural areas, and commercial and private lands.

A Natural Area is a City-owned park or open space where the primary role is protection of a (relatively) undisturbed parcel or with a natural/native plant community. Natural areas are categorized to provide guidance for management and permitted uses according to habitat sensitivity and conservation needs. Habitat is the environment where the life cycle of a species is found and characteristics of the place (climate or suitable food and shelter). A Habitat Management Plan means a ten-year operational plan on how we manage natural areas that help maintain or improve the health and function of a park. Calgary's natural ecosystems are categorized by their habitat type (e.g., grassland, forest, wetland). There are also categories for classifying parks with natural environments: Special Protection or Major; Supporting (may be buffers), and other naturalized parks. Naturalization means improving management or repairing some function. For Environmentally Significant Areas, some key natural components recognized by the City of Calgary are Water Quality and Quantity; Rare, Intact, or Biologically Diverse content; and Habitat for Native Species of Interest. Read more at engage.calgary.ca/parksplan.



Huntington Hills Skating Club

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☎ 403-282-7980 ✂ [amandachapman](https://twitter.com/amandachapman)

📱 @amandachapmandp

The fall legislative session is drawing to a close and unfortunately none of the bills the government brought to debate addressed the issues I hear about most from constituents. I continue to hear concerns regularly about wait times for surgeries such as hip and knee replacement. Wait times for cancer care have grown alarmingly, and many newcomers in Calgary-Beddington are struggling to find a family doctor. The continued re-organization of the health care bureaucracy has done nothing to reduce wait times or increase access to health care for Albertans.

The only issue I hear more about than healthcare is affordability. Albertans are struggling right now and under five years of the UCP, we are the only province in the country to see average wage growth slower than inflation. So, Albertans are making less money at a time when the cost of just about everything is going up. Organizations like food banks are increasingly having to step up to support families whose income isn't keeping pace with cost-of-living increases.

This year the Calgary Food Bank will distribute 175,000 emergency food hampers, a 200% increase over five years. 37% of Calgary Food Bank clients are employed, which is more than double the national average. My office will be collecting donations of non-perishable food items for the month of December, please drop by with a donation if you are able to do so.

I am always looking for more opportunities to connect with folks in Calgary-Beddington so I will be hosting a holiday Open House on Tuesday, December 17. We'll have hot chocolate and snacks at the constituency office (#106, 8220 Centre Street NE) from 5:00 to 7:00 pm and I would love to see you there. Please RSVP to Calgary.Beddington@assembly.ab.ca so we can make sure we have enough treats for everyone.



**Councillor, Ward 4
Sean Chu**

☎ 403-268-3727

✉ ward04@calgary.ca

🌐 www.calgary.ca/ward4

🌐 www.seanchu.ca

Dear Ward 4 Neighbours,

As the year draws to a close and the winter season settles in, I want to extend my heartfelt wishes to each of you for a joyful and restful holiday season. This time of year is a special opportunity to pause, reconnect, and cherish the spirit of community that makes Calgary such a wonderful place to call home.

Whether you're celebrating at home or traveling to be with family and friends, I hope this season brings you warmth, peace, and plenty of moments to savour. Here in Calgary, we're so fortunate to have a community that supports each other in countless ways. From local events to friendly neighbours lending a hand with snow shoveling, these small acts remind us of the strength and kindness that define our neighbourhood.

Don't forget—if you have any City of Calgary-related issues or concerns, you can easily reach assistance by calling 3-1-1, visiting online, or using the 3-1-1 mobile app.

Wishing you a season filled with joy, health, and all the things that make your holiday bright.

Warm holiday wishes,

Sean Chu

Councillor, Ward 4

[Alfred] Nobel Prize



The very first Nobel Prize award ceremony took place on December 10, 1901. These were created due to Alfred Nobel's will and his interest in science, society, and culture, and are described as prizes given for "the greatest benefit to humankind."

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