

AUGUST 2025

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Reconnect! Discover! Square Dance Program

Intro to Today's Square Dancing

Winston Heights Hall

520 – 27th Ave NE

Tuesday, August 5,
12, 19 & 26

6:30 PM to 7:30 PM

FREE



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CROCODILE TONGUE



Do you know the difference between an alligator and a crocodile? Well, although there are many reasons these two beauties are unique, one of the most interesting is their tongues. A crocodile cannot stick its tongue out! So, if you are being mocked – it's probably an alligator.

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375 Bermuda Drive NW - (587) 329-9545 - info@beddingtontheatre.ca

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SCAN ME

GAMES & PUZZLES

Guess the Musical!

1. The 1962 version of this modern-day Romeo and Juliet story received 10 Oscars.
2. This musical of a masked, disfigured virtuoso holds the record for the most performances on Broadway.
3. Jennifer Hudson won an Oscar for her role as Effie White in this movie also featuring Beyoncé.
4. Pop sensation Dame Oliva Newton-John starred in this 1950s-inspired musical comedy.
5. Canadian actor Ryan Gosling stars in this romantic musical.
6. This heartwarming movie is based on the real-life story of the Von Trapp family.



**SCAN THE QR
CODE FOR THE
ANSWERS!**

BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: www.beddingtoncommunity.ca | Email: bhca@beddingtoncommunity.ca

Follow Us on X (Twitter)  @BeddingtonCA and Facebook  @BeddingtonCA

Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

EXECUTIVE DIRECTORS

President	Bonnie Ugaddan
Vice President	Vacant
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Director at Large	Wendy Hansen
Director at Large	Leandra Worden-Figg
Director at Large	Kevin Connolly
Director at Large	Angel Lau

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Rink Coordinator	Brady Adkins
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Brady Adkins
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	David McMillin



Beddington Heights Community Association Membership Application

Name: _____

Address: _____

Postal Code: _____

Telephone: _____ Email: _____

Family Member's Names / Ages:

Name

Age

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at www.beddingtoncommunity.ca

Membership: \$20



Beddington Book Club

by Cindy Wiebe | bookclub@beddingtoncommunity.ca

We meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our September 16 book will be *The Only Good Indians* by Stephen Graham Jones.

"Seamlessly blending classic horror and a dramatic narrative with sharp social commentary, *The Only Good Indians* follows four American Indian men after a disturbing event from their youth puts them in a desperate struggle for their lives. Tracked by an entity bent on revenge, these childhood friends are helpless as the culture and traditions they left behind catch up to them in a violent, vengeful way." – from Goodreads.com.

Our October 21 book will be *The Unlikely Pilgrimage of Harold Fry* by Rachel Joyce.



SCAN HERE TO VIEW ADDITIONAL BEDDINGTON HEIGHTS CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



BHCA CALENDAR

Want to join our meetings? Super! Most of our meetings are back to being in person. If you are interested in attending to get an idea of what the group is about, either:

Register Online: beddingtoncommunity.ca (On Home Page: Upcoming Events)

Email Us: Addresses Below

Leave a Message: 403-305-6642

AUGUST - 2025

01: Broxburn Market, 3:00 to 6:00 pm every Friday (1, 8, 15, 22, 29)

09: Parade of Garage Sales, 9:00 am to 4:00 pm (Partnering with Sandstone/MacEwan)

12: Reimagine Beddington Committee, 7:00 to 9:00 pm

18: Beddington Community Garden and Hub

19: Beddington Book Club, 7:00 to 9:00 pm

24: No BHCA Board Meeting in August

SEPTEMBER - 2025

04: Broxburn Market, 3:00 to 6:00 pm every Friday (5, 12, 19, 26)

09: Reimagine Beddington, 7:00 to 9:00 pm

15: Beddington Community Garden and Hub

16: Beddington Book Club, 7:00 to 9:00 pm

23: BHCA Board Meeting, 7:00 to 9:00 pm

• **Beddington Community Garden and Hub**
garden@beddingtoncommunity.ca

• **Reimagine Beddington**
reimagine@beddingtoncommunity.ca

• **Book Club**
bookclub@beddingtoncommunity.ca

• **BHCA Board**
bhca@beddingtoncommunity.ca

MESSAGE FROM THE BOARD

We hope everyone is enjoying a beautiful and relaxing summer in Beddington! It's been wonderful to see neighbours out walking, gardening, and enjoying our parks and green spaces.

This month, we're looking forward to one of our favourite summer traditions—the Parade of Garage Sales scheduled for August 9! We once again partnered with Sandstone MacEwan Community Association (SMCA) to bring you this fun, neighbourhood-wide event. Whether you're clearing out your garage or treasure hunting, it's a great way to connect with others in the community.

While summer is a time to slow down and enjoy the sunshine, we're also thinking ahead to fall. BHCA Board meetings will resume in September, and we're currently looking for new board members to join our team. If you've ever considered getting involved, now is a great time. We are especially in need of a Secretary and a Treasurer - two vital roles that help us keep our community running smoothly. No experience is necessary - we're happy to support you as you learn!

If you're interested in making a difference in Beddington, we'd love to hear from you.

Enjoy the rest of your summer! We look forward to seeing you around the neighbourhood.

BHCA Board



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News from the Friends of Nose Hill

by Anne Burke

Long ago, what we know as Alberta was underwater, covered by the ocean and surrounded by tropical forests. As many as 20 major glacial advances and retreats reshaped the landscape, including the continuous plateau of Nose Hill and Lake Calgary. Nose Hill provides spectacular views of the Bow River Valley and the uplands across the valley. Their geological history began in the floodplain of the Bow River which flowed at the top level of the present Hill where the river deposited gravel, sand, and mud. These are relatively thin on the steeper slopes. Nose Hill is bounded by the overflow spillway system, now Beddington and Nose Creek. Big Hill Springs Coulee is what remains.

Erratics are stones, boulders, or big blocks picked up and moved from one place to another during the last ice age. There are many in Nose Hill Park traced to a landslide from Mount Edith Cavell in Jasper National Park; they are part of a series across the Foothills region of Alberta. The Foothills Erratics Train runs from near Hinton, Alberta, to the Montana border. Some large boulders, such as the Nose Hill Buffalo Rubbing Stone, were used centuries ago. You can hike up to the Nose Hill 64 Avenue Glacial Erratic from the parking lot off 14 Street NW. At the top of Nose Hill Park there are several scattered glacial erratics of different sizes grouped close together. The Nose Hill Brisebois Glacial Erratic is between the south Nose Hill Parking Lot at Brisebois Drive and John Laurie Blvd. The Nose Hill Tower Glacial Erratic is on the top of the hill near transmission poles and a small building. Access is by an uphill hike from the North Hill SE Parking Lot along an old access road.

Sleddington Music Festival



CREDENCE



KIARA BALDONADO



MAGIC ART CLUB

Sleddington Music Festival



LIGHTNING ANT



Sleddington Music Festival



TUESDAY UPRISING

Look for the September Banner for more pictures from the Sleddington Event.



11th Annual Community

**Sandstone
MacEwan**
Community
Association

Parade of Garage Sales

**Join Us for the Joint
Beddington Heights, Sandstone and MacEwan
Garage Sale Event!!!**

Date: Saturday, August 9th
9:00 a.m. – 4:00 p.m.

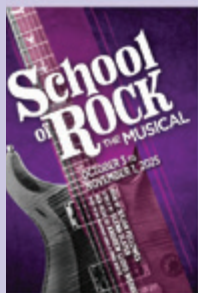
Cost: Free for BHCA and SMCA members;

Includes: Signage, online map, advertising

- ♦ Set up at your own home
- ♦ Arrange a joint garage sale with your neighbours and have more items for buyers to look through.
- ♦ The map will show the central location and all the addresses that have been registered online.

Registration and more information at sandstonemacewan.com and beddingtoncommunity.ca





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For 49 seasons, StoryBook Theatre has been captivating families with award-winning plays, musicals, and concerts sharing diverse stories that bring our community together. Located in the heart of Beddington Heights, our productions welcome over 40,000 visitors each year.

SBT offers year-round Theatre School classes in Musical Theatre and Acting for ages 6-17, adult classes and educator development. Classes for all ages that teach storytelling, personal presence and teamwork skills for life! **Be BRAVE and join us this season!**

THEATRE SCHOOL
SEASON TO BE **Brave**
SBT 49

storybooktheatre.org BEDDINGTON THEATRE ARTS CENTRE, 375 BERMUDA DR NW



BRAIN GAMES

SUDOKU

3		4	1					
			5		2	6		7
			9			4		
9			4				1	
6	5			1			7	4
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		9			5			
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SCAN THE QR CODE
FOR THE SOLUTION

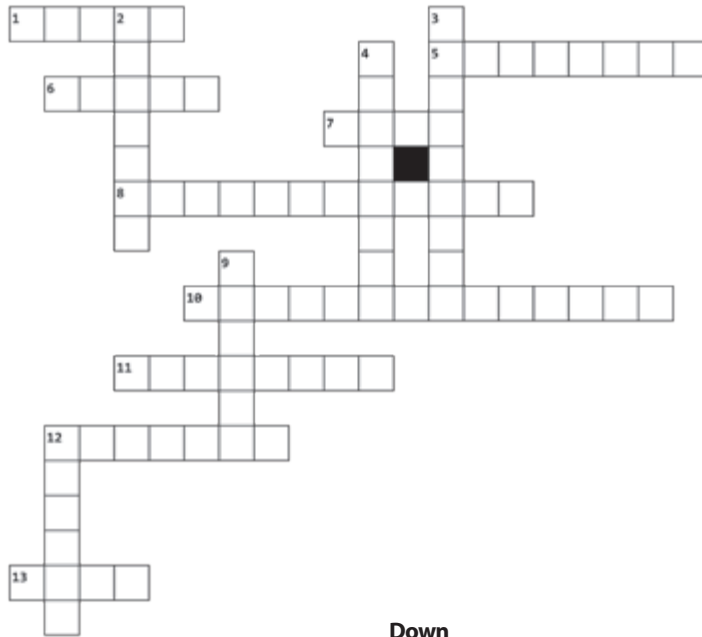


HAMMERSPACE

Have you ever wondered how Tom can just pull a bat out of thin air to try to get Jerry with? Or where exactly Bugs Bunny keeps all his goodies that seem to just "appear." Funny enough, there is a name for this magical place where things pop out from. This imaginary extradimensional storage area is called hammerspace.



August Crossword



Across

1. This classic Disney film about a young deer premiered in August 1942.
5. Canadian astronaut, Chris _____, was born in Sarnia, Ontario on August 29, 1959.
6. Canadian American actor Patrick J. Adams was born on August 27, 1981, in Toronto and is best known for his role as Mike Ross in this legal drama series.
7. *The Wizard of Oz* premiered on August 15, 1939, and was based upon the book written by Lyman Frank _____.
8. English navigator John Rut sent the first known letter from North America in August 1527 while anchored at St. John's, _____.
10. In August 1837, pharmacists John Lea and William Perrins started production of this condiment containing soy sauce and vinegar.
11. People born in August are lucky to have three birthstones to choose from: peridot, spinel, and _____.
12. The _____ Chapel in Vatican City was consecrated by Pope Sixtus IV on August 9, 1483.
13. International _____ Handers Day is observed annually on August 13.

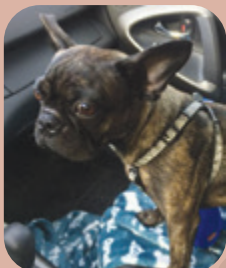
Down

2. In August 2008, the _____ Summer Olympics became one of the most watched television events in history with approximately 4.7 billion viewers.
3. On August 4, 1693, it is believed that Dom Pérignon invented this sparkling wine.
4. Delia Owen's murder mystery novel, *Where the _____ Sing*, was published in August 2018.
9. Usain Bolt won the 200m at this Olympic Games on August 9, 2012, becoming the first man to win both the 100m and 200m at two consecutive Olympics.
12. Inventor Isaac _____ was granted a patent for his eponymous sewing machine on August 12, 1851, revolutionizing garment production.

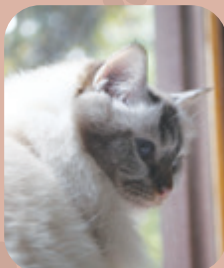


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answers or scan the QR
code for the answers

Cats, Canines, & Critters of Calgary



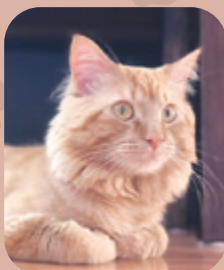
Bugsy, Dalhousie



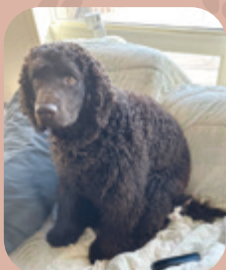
Ella, Mount Royal



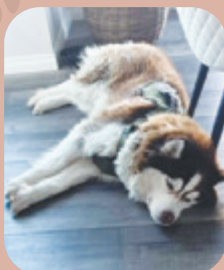
Mac, Evanston



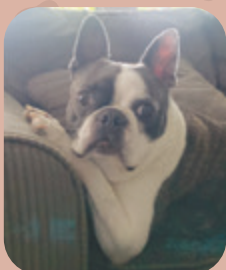
Mango, Evanston



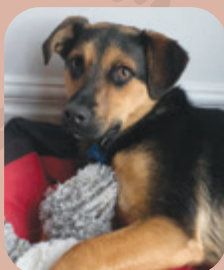
Mick and Turd,
Hidden Creek



Mishka, Evanston



Moseley, Strathcona



Winston, Sunnyside

To have your pet featured, email news@mycalgary.com



Sandstone
MacEwan
Community Association



Turn over a new “leaf” and
get excited for the return of
the **Farmstand Program**

by Broxburn Mobile Market
and the City of Calgary

Start Date: Every Friday starting May
2nd and going until Fall

Where: Parking lot of Beddington
Theatre Arts Centre
16 Bermuda Drive NW,
Calgary, AB T3K 1H7

Time: 3:00 pm to 6:00 pm

“Lettuce” enjoy some fresh
vegetables all summer!!!



Where do penguins
go to vote?

The South Poll.



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📞 403-282-7980

✉ amandachapman

📱 [@amandachapmanndp](https://www.instagram.com/amandachapmanndp)

Back to School Ice Cream Social!

Hosted by MLA Amanda Chapman

Summer's winding down—but the fun isn't over yet!
Join us for a sweet send-off before school starts:

Saturday, August 23

2:00 to 4:00 pm

Beddington Theatre Arts Centre (BTAC)

375 Bermuda Drive NW (Just off Beddington Blvd)

Bring the whole family for:

- Free ice cream
- Fun activities
- Great conversations with your local community

Bring the family and celebrate a great summer gone by and look forward to the year to come!

Let's build community—one scoop at a time.

See you there!



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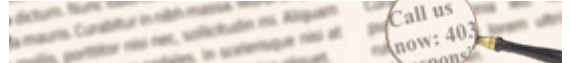
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WORD OF THE MONTH

Galumph: Verb (guh-LUMF)

To move in a noisy or awkward style.

They galumphed around the living room looking for Sara's phone.





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