



FEBRUARY 2025

DELIVERED MONTHLY TO 4,500 HOUSEHOLDS

your **BEDDINGTON** BANNER

THE OFFICIAL BEDDINGTON COMMUNITY NEWSLETTER



 @BeddingtonCA
 @BeddingtonCA



LOVE IS IN THE AIR – BREATHE IT IN!

Heart in Tree by Chandan Chaurasia of Unsplash



HIGHLAND PARK PHYSIO CLINIC
YOUR HEALTH, OUR PRIORITY

Contact us
today to book your
appointment.



Accepts Direct Billing!

Unit 4325 • 4303 Centre St NW • Calgary, AB

587.327.6465

info@highlandparkphysio.ca • www.highlandparkphysio.ca

Physiotherapy • Massage Therapy • Acupuncture

www.beddingtoncommunity.ca • www.calgaryarea.com/NW/Beddington

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca

GET NOTICED

ACQUIRE AND RETAIN NEW CUSTOMERS.

**Your Ad Geofenced Precisely in Your Target Market
on our Carefully Selected Network of Premium Sites.**

Call 403-720-0762 | sales@greatnewsmedia.ca



SCAN ME

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$15,679

SALE \$11,679
Limited Supplies

TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$13,679

SALE \$9,879
Limited Supplies

We Also Specialize in En Suites & Custom Bathrooms

PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!



WESTERN BATHROOMS & RENOVATIONS

Serving Calgary since 1989

403-257-3222 | WWW.WESTERNBATHROOMS.CA

All Labour & Material Included

All packages pertain to standard size bathrooms

BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: www.beddingtoncommunity.ca | Email: bhca@beddingtoncommunity.ca

Follow Us on X (Twitter)  @BeddingtonCA and Facebook  @BeddingtonCA

Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

EXECUTIVE DIRECTORS

President	Bonnie Ugaddan
Vice President	Vacant
Secretary	Brady Adkins
Treasurer	Marty Connelly
Director at Large	Korin Peacock
Director at Large	Wendy Hansen
Director at Large	Leandra Worden-Figg
Director at Large	Kevin Connolly
Director at Large	Carine Djouela

COMMITTEES

Casino Chairperson	Karl Cyr
Rink Coordinator	Brady Adkins
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Brady Adkins
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	David McMillin



Beddington Heights Community Association Membership Application

Name: _____

Address: _____

Postal Code: _____

Telephone: _____ Email: _____

Family Member's Names / Ages:

Name

Age

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at www.beddingtoncommunity.ca

Membership: \$20

Leap Year



There are two boxes that must be checked off for a year to be a Leap Year. First, it must be divisible by four; second, it will not be divisible by 100 unless it's also divisible by 400. 2025 does not check off these boxes, but you can still look forward to it because the next Leap Year will be February 29, 2028!

MESSAGE FROM THE BOARD

Happy February, Beddington!

As winter continues, we are excited to bring some warmth and joy to the season. We hope to see many of you at our Winter Carnival and Makers Market on February 17 (Family Day)! It's a wonderful opportunity to come together as a community and enjoy outdoor activities, food, face painting, good company, and the spirit of winter fun. Check out our website for more details about the Carnival, and don't forget to dress warmly!

We'd also like to take a moment to recognize the Chinese New Year, which was celebrated at the end of January. This year, we usher in the Year of the Snake - a time for reflection, renewal, and embracing new beginnings. We extend our best wishes to all who celebrated this special occasion.

And let's not forget Valentine's Day! Whether you're celebrating with loved ones, friends, or simply taking a moment to appreciate those around you, we hope this day brings a little extra kindness and joy into your lives.

Thank you for being part of our vibrant community. We look forward to seeing you at the Winter Carnival and throughout the year as we continue to connect and celebrate together.

BHCA Board



OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca

Joke of the Month



Why aren't dogs good dancers?

They have two left feet.

Beddington Winter



CARNIVAL



February 17, 2025



- Free skate rentals
- Hot chocolate
- Fire pits and S'mores
- Crafts
- Free Food and chips
- Makers Market
- Food Bank Donations
- Live Music Jam Session



Free Community Event!!!

Location: 375 Bermuda Drive NW

Times: 12:00 - 4:00



How to Know if You Are Ready For Couples Therapy or Not

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca



There are many approaches to couples therapy such as Gottman Method, Emotionally Focused Therapy, and IMAGO to name a few. The decision to seek couples therapy requires evaluating your relationship and your willingness to work through challenges. The following are some key signs that you may be ready:

- 1. Communication Issues** – Do you struggle to express your feelings without arguing or shutting down? Are there unresolved conflicts that keep resurfacing?
- 2. Feeling Disconnected** – Has the emotional or physical intimacy in the relationship declined? Do you feel like roommates rather than partners?
- 3. Recurring Problems** – Are you stuck in repetitive arguments or unhealthy patterns? Have individual efforts to fix these issues failed?
- 4. Life Changes or Stressors** – Have recent events (moving, new baby or job) put a strain on your relationship?
- 5. Trust Issues** – Has there been a betrayal such as an infidelity or broken promises? Are you struggling to rebuild trust?
- 6. Desire to Improve** – Are you both willing to put in the effort to strengthen the relationship? Do you believe the relationship has potential for growth?
- 7. Mutual Commitment** – Are you both open to exploring therapy, even if one of you is more hesitant at first?
- 8. Individual Challenges Impacting the Relationship** – Are personal issues such as stress, trauma, or mental health affecting how to connect with each other?

If you relate to some of the above, couples therapy could be beneficial. Even if you're unsure, seeking therapy to explore some of these concerns and set goals can be a proactive step.

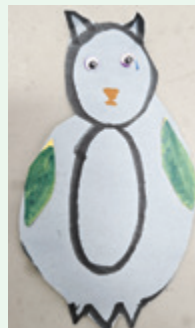
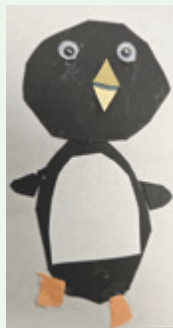
The following are some signs that couples therapy could be unproductive or even counter-productive:

- 1. Lack of Commitment to Change** – One or both of you are not genuinely willing to work on the relationship. Going to therapy just to 'check the box' or appease the other.
- 2. Blaming Without Accountability** – If either of you is solely focused on blaming the other without reflecting on your own role in the relationship's challenges.
- 3. Unwillingness to Communicate Honestly** – If either of you are unwilling to be vulnerable, open, and honest, your therapist won't have a full picture to be able to help you.
- 4. Hidden Agendas** – If therapy is being used as a way to justify leaving the relationship rather than to repair it, the process won't be effective.
- 5. One of You is Being Forced into Therapy** – If one of you does not want to attend or doesn't believe in the process, lack of engagement can hinder the process.
- 6. Ongoing Abuse** – Couples therapy is not the right setting to address physical, emotional, or verbal abuse. These situations require specialized interventions to ensure safety and require individual therapeutic attention.
- 7. Unresolved Individual Issues** – If personal issues such as active addiction or untreated mental health conditions are dominating the relationship dynamics, individual therapy is a better starting point before engaging couples therapy.
- 8. Timing is Off** – If there are active external factors like intense work stress, a recent traumatic event, or other life circumstances, it will leave little energy or focus for therapy. It may be better to wait.
- 9. Desire for Separation** – If one of you has already decided to end the relationship and sees therapy as a formality, it will obviously prevent any genuine engagement.

Being ready for couples therapy requires mutual willingness and effort, but readiness can evolve with time and self-reflection.

February Beddington Before and After School Program Update

The month of February brings a few big days here at BASP. We celebrate Valentine's Day by offering kindness and friendship themed creative crafts, games, activities, and initiatives in the three programs. Teacher's convention starts off a long weekend for children mid-month and finishes on Family Day, a day Alberta takes as a holiday. BASP will have a variety of themed activities for the children each day leading up to the weekend to start them off on the right foot. Our program leaders are also looking for the opportunity to recharge their energy batteries over the long weekend and take time to have some Family Day fun with what Calgary and the province have to offer. We wish you a fun-filled weekend and holiday Monday!



BEDDINGTON
THEATRE
ARTS CENTRE



375 Bermuda Drive NW - (587) 329-9545 - info@beddingtontheatre.ca

YYC West Runway Rehabilitation community information sessions

Session d'information publique :
R habilitation de la piste ouest de YYC

- February 18, 6 - 8 p.m.**
18 F vrier de 18:00   20:00
Crossroads Community Association (1803 14 Ave NE)
- February 19, 6 - 8 p.m.**
19 F vrier de 18:00   20:00
Vivo for Healthier Generations (11950 Country Village Link NE)
- February 20, 6 - 8 p.m.**
20 F vrier de 18:00   20:00
Vivo for Healthier Generations (11950 Country Village Link NE)
- February 25, 6 - 8 p.m.**
25 F vrier de 18:00   20:00
Genesis Centre (7555 Falconridge Blvd NE)
- February 26, 6 - 8 p.m.**
26 F vrier de 18:00   20:00
Genesis Place (800 East Lake Blvd NE, Airdrie, AB)

Learn more about how this project will impact your community:

En savoir plus sur l'impact de ce projet sur votre communaut  :
yyc.com/WestRunaway



YYC YOUTH YOUTH COMMUNITY

BHCA CALENDAR

Want to join our meetings? Super! Most of our meetings are back to being in person. If you are interested in attending to get an idea of what the group is about, either:

Register Online: beddingtoncommunity.ca (On Home Page: Upcoming Events)

Email Us: Addresses Below

Leave a Message: 403-305-6642

FEBRUARY - 2025

- 11: Reimagine Beddington, 7:00 to 9:00 pm
- 17: Beddington Winter Carnival, 12:00 to 4:00 pm
- 17: Beddington Community Garden and Hub, To Be Determined
- 18: Beddington Book Club, 7:00 to 9:00 pm
- 25: BHCA Board Meeting

MARCH - 2025

- 11: Reimagine Beddington, 7:00 to 9:00 pm
- 17: Beddington Community Garden and Hub, To Be Determined
- 18: Beddington Book Club, 7:00 to 9:00 pm
- 25: BHCA Board Meeting, 7:00 to 9:00 pm

- **Beddington Community Garden and Hub**
garden@beddingtoncommunity.ca
- **Reimagine Beddington**
reimagine@beddingtoncommunity.ca
- **Book Club**
bookclub@beddingtoncommunity.ca
- **BHCA Board**
bhca@beddingtoncommunity.ca



HIGHLAND PARK PHYSIO CLINIC

YOUR HEALTH, OUR PRIORITY

Physiotherapy

- Motor Vehicle Accidents
- WCB Injuries
- Sports Injuries
- Vertigo/Dizziness
- TMJ Dysfunction
- Dry Needling
- Spinal Decompression
- Laser Therapy

Massage Therapy

- Relaxation
- Sports Massage
- Deep Tissue
- Remedial

Acupuncture

- Neck, Shoulders & Back pain
- Insomnia
- Digestive Disorder
- Menopause
- Stress etc



Contact us today to book your appointment.

Accepts Direct Billing!

Unit 4325 - 4303 Centre St NW • Calgary, AB

587.327.6465

info@highlandparkphysio.ca • www.highlandparkphysio.ca

SCAN HERE TO VIEW ADDITIONAL BEDDINGTON HEIGHTS CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics





News from the Friends of Nose Hill

by Anne Burke

Natural parkland is green space with a (relatively) low level of maintenance and natural or naturalizing vegetation. Natural areas are accessible (by trail networks) or have limited/little public access. A master plan deals with current and future needs by population for park/greenspace. The Municipal Protected Areas Program demonstrates how biodiversity will be protected, conservation lands connected, and how Canadians will gain an appreciation for local nature. A Municipal Eco Toolkit by the Miistakis Institute for Alberta municipalities will help maintain their natural infrastructure systems (municipal30x30.ca).

Nature Canada is building a web of partners to help Canada achieve its biodiversity conservation goals to protect 30% of land, water, and marine areas by 2030. As of 2022, Canada has only protected 13.7% of land. The Canadian City Parks Report surveyed 35 Canadian municipalities, 2,500+ residents of Canadian cities, as well as park staff and other professionals across the country. One-third of cities said addressing federal biodiversity and land protection goals are a high priority. When 81% of Canadians are living in urban areas, protecting land in urban areas is vital. Cities are in dire need of new space for parks. Park budgets are not keeping pace. Partnerships are critical when cities need policies and structures. Park issues are increasing and require more training and collaborations. Departmental structures can promote collaboration or disconnection. Some residents feel disempowered but still want to engage. Mental and physical health benefits are key although there is a lack of programs. There are nine case studies in the 2024 Report which includes analysis of key data from surveys of both municipal staff and residents of Canadian cities, for new and ongoing issues facing parks, and how to help city staff make better decisions about programs, policies, and funding. Read more at parkpeople.ca.



Beddington Book Club

by Cindy Wiebe | bookclub@beddingtoncommunity.ca

We meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our March 18 book will be *When We Were Shadows* by (local author) Janet Wees.

"The true story of Walter and his Jewish family, who were hidden from capture in the Netherlands throughout the Second World War. The story spans Walter's life from six to fourteen years of age and is accented by Walter's letters, first as a child to his grandparents and later, looking back, to his grandson.

We learn of the strangers who shelter Walter and his family, the members of the Resistance who risked their lives to see them to safety again and again, and of the Hidden Village, a community in the forests of Holland that hid more than 100 people. Throughout, we see the courage and resilience of a boy faced with unimaginable hatred and terror." – from Goodreads.com.

Our April 18 book will be *Brideshead Revisited* by Evelyn Waugh.





OUTSTANDING AWARD-WINNING FAMILY ENTERTAINMENT & THEATRE SCHOOL PROGRAMS, RIGHT IN YOUR BACKYARD!

For 48 seasons, StoryBook Theatre has delighted families with award-winning plays, musicals, and concerts, uniting communities through diverse stories. Located in Beddington Heights, each year our shows draw over 40,000 visitors to our community.

SBT offers year-round Theatre School classes in Musical Theatre and Acting for ages 6-17, adult classes and educator development. Classes for all ages that teach storytelling, personal presence and teamwork skills for life! *Join us this season – YOU BELONG AT SBT!*



storybooktheatre.org BEDDINGTON THEATRE ARTS CENTRE, 375 BERMUDA DR NW



Time to Renew Your Mortgage?

Don't Settle – Discover Better Rates and Options! Get Ready to Save Big!



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial

BRAIN GAMES SUDOKU

	1				6		
		3					4
4		5		1	9		
	5				6		3 1
	3		1	2	7		
8		1	3				7
			9	6	8	3	7
3						8	
		8					2

SCAN THE QR CODE FOR THE SOLUTION





Rink Volunteers Needed!!



Flexible Time Commitments:

If you can offer one hour, two hours or every other day, we can work with however you can assist.

Please contact Brady at:

b.adkins217@gmail.com



Beddington Community Cupboard



The Community Cupboard is located under a street-light at the top end of Berwick Way, near Berwick Rise. It was started by a Beddington family in March of 2020 to help families with items for breakfast, lunch, or school snacks who may not have access to them due to COVID situations. People are welcome to come by and take what they need. Food hampers may be available on request.

Residents can also donate non-expired, non-perishable food items in a donation bin on-site. Non-food items such as diapers are also appreciated.

BHCA's appreciation goes out to the Beddington family who manages the cupboard. Please go to facebook.com/CommunityCupboardYYC for more information on this program, to request food hampers or to donate.



**"We rise by lifting others."
~ Robert Ingersoll**

The Little Month



We all know February is the shortest month of the year, but did you know the Welsh have a cute nickname for the month. The Welsh call February "y mis bach," which means "the little month".

Beddington Fundraiser at Cowboys Casino

Saturday, April 5th and Sunday, April 6th

Volunteers Needed "Urgently"!!!!

What the Casino Supports:

Casinos are -- by far -- BHCA's largest fundraising opportunity. Funds we raise (in the tens of thousands) help in our administration costs, transportation for our Before and After School Program and its Summer Camp, community programs, projects - and so much more!

Recognition for Volunteers:

By volunteering you will be eligible for a \$50 credit for each shift worked that can be used towards BHCA programs (including BASP and Summer Camps) as well as various other non BHCA youth programming. Refreshments and meals are provided by BHCA.

Volunteer Shifts:

Day shift: 8 hours - 11:00 am to 7:00 pm

Evening shift: 9 hours - 6:30 pm to 3:30 am

Count Room shift: 4.5 hours - 11:00 pm to 3:30 am

To **volunteer**, you must be 18 or older. You do not have to live in Beddington. You do not need to be a BHCA member, but it helps: Many positions require membership.

We know
this is a
Big Ask!!

**NO EXPERIENCE
NECESSARY!**
Casino Advisors provide
training and assistance
through all shifts.

Want to know more? Want to sign up?

Website: beddingtoncommunity.ca

Contact: Karl, BHCA Casino Chairperson

Chairperson: casino@beddingtoncommunity.ca

Thank you in advance to everyone who can help out!!!



Councillor, Ward 4

Sean Chu

403-268-3727

ward04@calgary.ca

www.calgary.ca/ward4

www.seanchu.ca

Warmest greetings to all,

Each winter, some Calgarians experience frozen water pipes, service lines, or meters, leading to water outages. The City's Frozen Pipes Prevention Program works with homes at higher risk due to factors like location, pipe depth, and freezing history.

Recently, frozen pipes have also affected lower-risk homes. Taking these steps can help prevent freezing:

- Maintain an indoor temperature of at least 15°C, even when away.
- Seal cold drafts in unheated areas like basements, crawl spaces, attics, garages, or under sinks.
- Repair windows, check doors, and insulate cold-prone areas.
- Insulate hot and cold-water pipes in cooler zones.
- Open interior doors and cabinets to let heat reach unprotected pipes.
- Disconnect and drain outdoor water lines, including hoses, pools, and decorative features.
- Ensure hot water tanks in maintenance rooms are adequately heated.
- Regularly run water to keep pipes moving.

Visit calgary.ca/frozenpipes for more tips and solutions if your pipes freeze.

Help Prevent Street Flooding

A Chinook can quickly melt snow, causing water to pool on streets if storm drains are clogged. With over 60,000 storm drains in Calgary, your help to prevent flooding is invaluable:

- Clear debris, snow, and ice from nearby storm drains.
- If safe, create channels to guide water toward the drain.
- Use the storm drain map at calgary.ca/stormdrains to locate covered drains.

If water pools and you suspect a frozen storm drain, contact 3-1-1:

- Submit a "Storm Drain/Catch Basin Concern" via the 311 app.
- Attach a photo to prioritize your request.

Our crews prioritize areas impacting safety and property.

Thank you for doing your part to keep our community safe and thriving.

Wishing you a safe and wonderful February!

Warm regards,

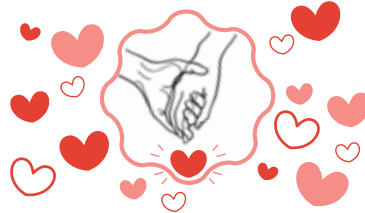
Councillor Sean Chu

Ward 4

GAMES & PUZZLES

Guess the Couple!

1. These two periodic elements make for a salty pair.
2. These semi-aquatic rodents mate for life and form strong bonds with their partners.
3. These two Disney pups celebrate their 70th anniversary in 2025.
4. This British celebrity supercouple are fondly known as Posh and Becks.
5. This fictional couple's sweet love story started in an office of all places!
6. This prehistoric couple lived amongst dinosaurs with their daughter, Pebbles.



BMAX BROKERS

MERGERS & ACQUISITIONS

We specialize in maximizing the sale value of businesses by attracting multiple offers from targeted, qualified buyers.

Services

- Preparation and Planning
- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support

info@bmaxbrokers.com | 403-249-2269

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

BEDDINGTON MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ACCOUNTANT DELIVERS RESULTS: Trusted accountant with 15 years' experience. Services: personal, business and estate tax filings, audit assistance, bookkeeping, GST & payroll reporting, cashflow, costs/pricing analysis, loan application, retirement planning. Location: Unit 70, 1331 44 Ave NE, Calgary, AB, T2E 7A1. Contact Jack at 403-719-0627 or visit commonsenseaccounting.ca.

HAIR BY TIA: A licensed home-based hair salon located in the heart of Huntington Hills. Book now for any haircut or colour service. I specialize in colour, fun colour, hair makeovers, balayage. Call 403-305-7041. Email Hair.by.tia@hotmail.com. Portfolio on Facebook Hair.by.tia.yyc.

LET'S FIND YOUR JAM! MUSIC LESSONS IN GUITAR, BASS, AND DRUMS! Learn in a band setting! Ages 6 and up. Learn your favourite songs and perform on stage at live performances! Learn theory at your pace. Follow @lightningantmusic on Instagram and Facebook. We're in Beddington. Website: www.lightningantmusic.com. Phone 403-819-1977 or email phil.canji@gmail.com.

FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

**Become a Snow Angel
in your Community!!**



Keep an eye out in your
community for those
neighbours who, for various
reasons, may not be able to take
care of their own sidewalks.
Become their Snow Angel
today!!

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

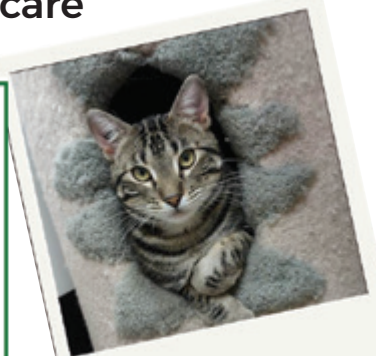
Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



TASK FORCE ANIMAL HOSPITAL

Calgary's first not-for-profit veterinary
hospital, supported by donations

There is a critical need for accessible, subsidized,
quality veterinary care



Coming to Calgary in early 2025

help keep families together

cataskforce.org

Registered Charity No.
825596018 RR0001