

JANUARY 2025

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THE OFFICIAL BEDDINGTON COMMUNITY NEWSLETTER

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Winter in Banff by Mark Basarab of Unsplash



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MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$15,679

SALE **\$11,679**
Limited Supplies

TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$13,679

SALE **\$9,879**
Limited Supplies

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BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: www.beddingtoncommunity.ca | Email: bhca@beddingtoncommunity.ca

Follow Us on X (Twitter)  @BeddingtonCA and Facebook  @BeddingtonCA

Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

EXECUTIVE DIRECTORS

President	Bonnie Ugaddan
Vice President	Vacant
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Treasurer	Marty Connelly
Director at Large	Korin Peacock
Director at Large	Wendy Hansen
Director at Large	Leandra Worden-Figg
Director at Large	Kevin Connolly
Director at Large	Carine Djouela

COMMITTEES

Casino Chairperson	Karl Cyr
Rink Coordinator	Brady Adkins
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Brady Adkins
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	David McMillin



Beddington Heights Community Association Membership Application

Name: _____

Address: _____

Postal Code: _____

Telephone: _____ Email: _____

Family Member's Names / Ages:

Name

Age

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at www.beddingtoncommunity.ca

Membership: \$20

BHCA CALENDAR

Want to join our meetings? Super! Most of our meetings are back to being in person. If you are interested in attending to get an idea of what the group is about, either:

Register Online: beddingtoncommunity.ca (On Home Page: Upcoming Events)

Email Us: Addresses Below

Leave a Message: 403-305-6642

JANUARY - 2025

- 14: Reimagine Beddington, 7:00 to 9:00 pm
- 20: Beddington Community Garden and Hub, To Be Determined
- 21: Beddington Book Club, 7:00 to 9:00 pm
- 28: BHCA Board Meeting, 7:00 to 9:00 pm

FEBRUARY - 2025

- 11: Reimagine Beddington, 7:00 to 9:00 pm
- 17: Beddington Winter Carnival, 12:00 to 4:00 pm
- 17: Beddington Community Garden and Hub, To Be Determined
- 18: Beddington Book Club, 7:00 to 9:00 pm
- 25: BHCA Board Meeting

- **Beddington Community Garden and Hub**
garden@beddingtoncommunity.ca
- **Reimagine Beddington**
reimagine@beddingtoncommunity.ca
- **Book Club**
bookclub@beddingtoncommunity.ca
- **BHCA Board**
bhca@beddingtoncommunity.ca

A Shot at Life

On January 11, 1922, 14-year-old Leonard Thompson became the first person to receive insulin as a treatment for diabetes. Canadian scientist Frederick Banting, co-discoverer of insulin, injected Thompson with insulin saving his life and marking the start of this groundbreaking medical breakthrough.

MESSAGE FROM THE BOARD

Happy New Year, Beddington!

As we step into 2025, we're filled with excitement for the opportunities ahead and gratitude for all the incredible support that makes our community so special. Thank you to everyone who helped make 2024 a success, from attending our events to volunteering your time and ideas.

A special shout-out goes out to our dedicated volunteers who have been preparing and maintaining the skating rink as best they can! Weather permitting; we hope the rink becomes a gathering place for winter fun and community spirit. Keep an eye on our website and social media for updates on rink conditions!

This year, we look forward to continuing to build a connected, vibrant community together. Stay tuned for updates on upcoming events and initiatives that will make 2025 another great year for Beddington. Of note, the Winter Carnival will be taking place in February again this year, so we hope to see you there.

Wishing you all a happy, healthy, and fulfilling New Year

BHCA Board

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Beddington Winter



CARNIVAL



February 17, 2025



- Free skate rentals
- Hot chocolate
- Fire pits and S'mores
- Crafts
- Free Food and chips
- Makers Market
- Food Bank Donations
- Live Music Jam Session

Free Community Event!!!

Location: 375 Bermuda Drive NW

Times: 12:00 - 4:00



Beddington Winter **CARNIVAL**

February 17, 2025

Makers Market - Sign-up

Location: 375 Bermuda Drive NW

Times: 12:00 - 4:00

- Registration is open **NOW!!!**
- Please go to our website at:
<https://beddingtoncommunity.ca/>
- An 8 foot long table is \$20.00 (you must have your products on or behind your table)
- Handmade/Homemade goods preferred.
Category options include:

Cards, Knitting/Crochet, Woodwork,
Quilting/Sewing, Paintings/Prints/Photos,
Home Décor, Food Products, Books,
Jewellery, Pottery, Miscellaneous

Food Bank donation area.
Free Entry for Carnival Goers



January Beddington Before and After School Program Update

Happy New Year!

We are looking forward to turning the calendar over to 2025!

New year means new beginnings, but for the children it marks just over a third of the way into the school year. This presents us with a great opportunity to offer up more variety in our programming and lean into the benefits our program provides.

Children's out-of-school hours represent a substantial, ongoing opportunity for them to learn through play, engage in multi-age settings to change social dynamics and learning opportunities, and to form enduring and supportive relationships with adults. Childcare has also been shown to assist with cognitive development, physical health, emotional well-being, and social skills to enhance their overall development as they make their way through the elementary years.

Check out some paper snowflakes our older group made for room decorations along with some awesome canvas paintings from the grades one to three.

Stay warm, safe and enjoy the season!





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Beddington Book Club

by Cindy Wiebe bookclub@beddingtoncommunity.ca

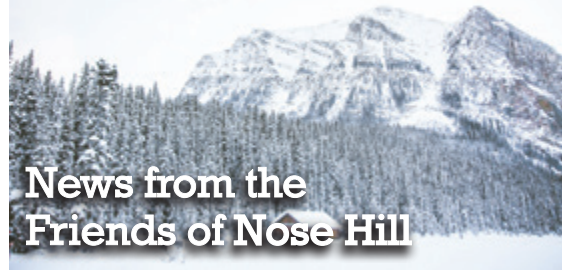
We meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our February 18 book will be *The Nightingale* by Kristin Hannah.

"France, 1939. In the quiet village of Carriveau, Vianne Mauriac says goodbye to her husband, Antoine, as he heads for the Front. She doesn't believe that the Nazis will invade France...but invade they do, in droves of marching soldiers, in caravans of trucks and tanks, in planes that fill the skies and drop bombs upon the innocent. When a German captain requisitions Vianne's home, she and her daughter must live with the enemy or lose everything. Without food or money or hope, as danger escalates all around them, she is forced to make one impossible choice after another to keep her family alive.

Vianne's sister, Isabelle, is a rebellious eighteen-year-old, searching for purpose with all the reckless passion of youth. While thousands of Parisians march into the unknown terrors of war, she meets Gaëtan, a partisan who believes the French can fight the Nazis from within France, and she falls in love as only the young can...completely. But when he betrays her, Isabelle joins the Resistance and never looks back, risking her lifetime and again to save others." – from Goodreads.com.

Our March 18 book will be *When We Were Shadows* by (local author) Janet Wees.



News from the Friends of Nose Hill

by Anne Burke

Alberta's Provincial Parks Act, introduced in 1930 and amended in 2000, provides for preservation of provincial parks, wildland parks, and provincial recreation areas to benefit current and future generations. There are rules and regulations about certain activities and restrictions. Important sites for conservation management are the Wilderness Areas, Ecological Reserves, Natural Areas, and Heritage Rangelands. More information at <https://albertaparks.ca/>.

The original Plan for Parks (2009-2019) is archived online. A new Plan for Parks: Engagement guide and fact sheet were posted. The first phase of engagement collected feedback from Albertans to inform a Plan. In the second phase, Albertans review the draft and provide input. The proposed vision statement has added cultural benefits and Indigenous reconciliation. There may be additional fees, some partner groups, increased tourism, recreation, and campgrounds.

An Online Survey asked how often you visit parks, what do you most value, what will Alberta Parks look like 100 years from now? If you agree that Albertans should be informed and engaged in park issues, what ways are important to you: a) increase opportunities to provide input into decision making for provincial parks; b) establish clear deliverables and milestones in the new ten-year Plan for Parks; c) consistently report on progress and achievement?

Since Parks conserve nature and connect people with nature, providing access to a variety of nature-based experiences will be important, so that building an appreciation for natural values is a key priority. Which of the following options would you support? a) create more parks to increase conservation and nature access; b) collaborate to improve how information about conservation activities in parks is shared; c) expand interpretive and educational programs to inform and inspire visitors; d) add volunteer opportunities to promote hands-on nature and conservation education.

Helpful TIPP

by the City of Calgary

We're excited to remind you that it's easier than ever to join the Tax Instalment Payment Plan (TIPP). Our online process streamlines registration, allowing you to enrol from the comfort of your home, 24/7. All you need is your roll number and banking details, and we'll confirm your enrolment in real-time.

TIPP lets you split your annual property tax payments into 12 equal, manageable monthly instalments, instead of paying in one lump sum. It's an easy way to stay on top of your property taxes without the burden of a large bill.

Enrolling now means you'll enjoy smaller, regular payments throughout the year. While joining in January offers the full budgeting benefits of spreading payments over 12 months, you can enrol at any time during the year. We'll adjust your payments to ensure your tax bill is fully paid by year's end. Plus, there are no fees, making it even more affordable to join.

Join TIPP today—visit calgary.ca/TIPP to get started and enjoy easier budgeting for the year ahead!





Beddington Community Cupboard



The Community Cupboard is located under a street-light at the top end of Berwick Way, near Berwick Rise. It was started by a Beddington family in March of 2020 to help families with items for breakfast, lunch, or school snacks who may not have access to them due to COVID situations. People are welcome to come by and take what they need. Food hampers may be available on request.

Residents can also donate non-expired, non-perishable food items in a donation bin on-site. Non-food items such as diapers are also appreciated.

BHCA's appreciation goes out to the Beddington family who manages the cupboard. Please go to facebook.com/CommunityCupboardYYC for more information on this program, to request food hampers or to donate.



"We rise by lifting others."
~ Robert Ingersoll

Puppet Master

What do Yoda, Cookie Monster, and Miss Piggy have in common? They were all brought to life by the legendary puppeteer Frank Oz! From a wise Jedi Master to a cookie-loving monster and a diva pig, Oz's incredible talent made these characters unforgettable.





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SBT offers year-round Theatre School classes in Musical Theatre and Acting for ages 6-17, adult classes and educator development. Classes for all ages that teach storytelling, personal presence and teamwork skills for life! *Join us this season – YOU BELONG AT SBT!*



storybooktheatre.org BEDDINGTON THEATRE ARTS CENTRE, 375 BERMUDA DR NW

Joke of the Month

Why did the pony get detention?

Because he was horsing around.



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

BRAIN GAMES SUDOKU

8						6		
7	5						1	8
		3			4	5	9	
1				8				
9			4	6	5			
				3				9
4	2	9	7			3		
3	7			4			5	6
5		6						4

SCAN THE QR CODE FOR THE SOLUTION





Rink Volunteers Needed!!



Flexible Time Commitments:

If you can offer one hour, two hours or every other day, we can work with however you can assist.

Please contact Brady at:

b.adkins217@gmail.com

Become a Snow Angel in your Community!!



Keep an eye out in your community for those neighbours who, for various reasons, may not be able to take care of their own sidewalks. Become their Snow Angel today!!

GAMES & PUZZLES

Guess the Instrument!

1. Dating back at least 50,000 years, this is considered the oldest known musical instrument in the world.
2. This instrument's name comes from the Persian word meaning "three-stringed."
3. This instrument is made up of 88 keys that strike 230 strings.
4. Along with the shamrock, this instrument is the official State emblem of Ireland.
5. This instrument is played with a bow made up of at least 150 individual hairs.
6. The Fender Stratocaster is this kind of instrument.



SCAN THE QR CODE FOR THE ANSWERS!



Word of the Month

Cynosure: noun (SIGH-noh-syoor)

A center of attraction or attention.

The bride was the cynosure of all eyes at the wedding.



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SCAN HERE TO VIEW ADDITIONAL BEDDINGTON HEIGHTS CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Happy Birthday, eh!

January is a superstar month for Canadian hockey birthdays! Among them are Wayne Gretzky, Tim Horton, Connor McDavid, Frank Mahovlich, Mark Messier, Tyler Seguin, and Ryan Reaves, just to name a few! Happy birthday to these legends and all the other January-born stars!





**Councillor, Ward 4
Sean Chu**
 403-268-3727
 ward04@calgary.ca
 www.calgary.ca/ward4
 www.seanchu.ca

Happy New Year to all Ward 4 Residents!

As we kick off 2025, let's focus on community safety and staying informed. This month, I'd like to highlight two key topics:

Snow and Ice Removal

Winter is here, and snow removal is a shared responsibility. The City of Calgary clears 10% of sidewalks, but property owners must clear sidewalks adjacent to their properties within 24 hours of snowfall ending.

Non-Compliance Process:

- Report unshoveled sidewalks through 3-1-1.
- A peace officer will issue a 24-hour warning if needed.
- If not cleared, a contractor removes the snow, and fines and service fees are charged.

Fines:

- First offence: \$250
- Second offence in 12 months: \$500
- Third+ offence in 12 months: \$750 and court summons

Reminder: Shovel snow onto streets, not from private property into public spaces, and avoid blocking wheeling lanes.

Be a Snow Angel!

Help older adults and those with limited mobility by volunteering to clear sidewalks. Your kindness keeps our community safe.

2025 Property Assessment Notices

Your 2025 Property Assessment Notices reflect your property's market value as of July 1, 2024, and its condition as of December 31, 2024.

What to Do Next:

- Review your notice for accuracy.
- Log in to Assessment Search at calgary.ca/assessmentsearch to: Check property details and update them if necessary. Compare your value with similar properties. Learn how your property was assessed.

Need Help?

Contact us at 403-268-2888 during the Customer Review Period from January 2 to March 11, 2025. Use the Property Tax Calculator at calgary.ca/assessment to estimate your 2025 taxes.

Thank you for doing your part to make Ward 4 a safe and thriving community. Stay safe this winter!

Councillor Sean Chu

Ward 4

Cats, Canines, & Critters of Calgary



Bear, *Palliser*



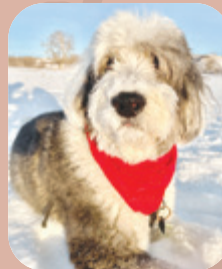
Buster, *Hamptons*



Lizzy, *Huntington Hills*



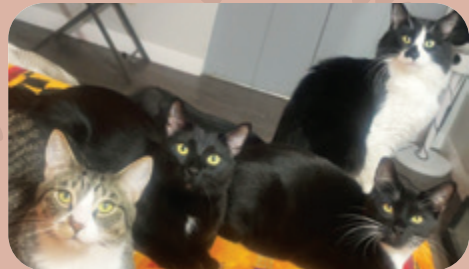
Mirabella,
Lower Mount Royal



Poupie, *Deer Run*



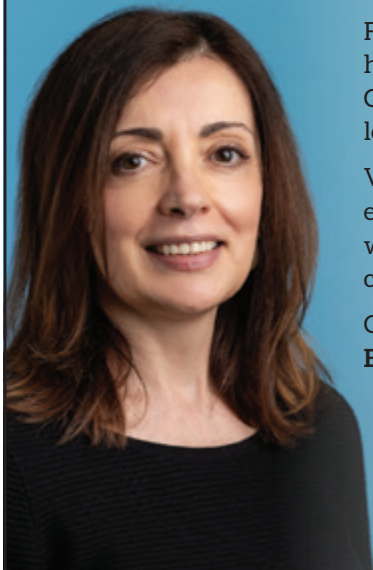
Toby, *Douglasdale*



Luka, Kiba, Shinji, and Von, *Shawnessy*

To have your pet featured, email news@mycalgary.com

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Nat Geo's Grand Debut!



January 13, 1888, was a landmark day for explorers! On this day, the National Geographic Society was founded in Washington, D.C., setting the stage for countless discoveries. Just months later, in October 1888, the very first issue of the iconic National Geographic Magazine hit the shelves, sparking a love for exploration and knowledge!

YYC West Runway Rehabilitation community information sessions

*Session d'information publique :
Réhabilitation de la piste ouest de YYC*

February 18, 6 - 8 p.m.

18 Février de 18:00 à 20:00

Crossroads Community Association (1803 14 Ave NE)

February 19, 6 - 8 p.m.

19 Février de 18:00 à 20:00

Vivo for Healthier Generations (11950 Country Village Link NE)

February 20, 6 - 8 p.m.

20 Février de 18:00 à 20:00

Vivo for Healthier Generations (11950 Country Village Link NE)

February 25, 6 - 8 p.m.

25 Février de 18:00 à 20:00

Genesis Centre (7555 Falconridge Blvd NE)

February 26, 6 - 8 p.m.

26 Février de 18:00 à 20:00

Genesis Place (800 East Lake Blvd NE, Airdrie, AB)

Learn more about how this project will
impact your community:

*En savoir plus sur l'impact de ce projet sur
votre communauté :*

yyc.com/WestRunaway



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