

FEBRUARY 2026

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## SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply.* **Reg: \$17,679**

**SALE \$13,879**

*Limited Supplies*

## SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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# BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca) | Email: [bhca@beddingtoncommunity.ca](mailto:bhca@beddingtoncommunity.ca)

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Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

## EXECUTIVE DIRECTORS

President	Bonnie Ugaddan
Vice President	Leandra Worden-Figg
Secretary	Kristina del Corro
Treasurer	Krutika Viegas
Director at Large	Korin Peacock
Director at Large	Wendy Hansen
Director at Large	Kevin Connolly

## COMMITTEES

Casino Chairperson	Karl Cyr
Rink Coordinator	Vacant
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Brady Adkins
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	David McMillin



# Beddington Heights Community Association Membership Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Family Member's Names / Ages: \_\_\_\_\_ Name \_\_\_\_\_ Age \_\_\_\_\_

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Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at [www.beddingtoncommunity.ca](http://www.beddingtoncommunity.ca)

Membership: \$20

## MESSAGE FROM THE BOARD

February has arrived, and winter continues to shape life in Beddington! While the days may still be cold, this month is full of reasons to gather, celebrate, and enjoy time together as a community.

We kick off the month with Groundhog Day, a light-hearted tradition that has us all wondering whether spring is just around the corner or if winter will linger a little longer. Either way, February gives us plenty of opportunities to embrace the season and make the most of it.

We're looking forward to our Winter Carnival on February 16, which will look a bit different this year but will still offer lots of fun for all ages. The event will feature winter activities, an indoor marketplace, face painting, community partners, and free hot dogs. We hope you'll join us for a day of connection and winter fun!

February 16 is also Family Day, making it the perfect time to come together with loved ones and neighbours. Earlier in the month, Valentine's Day offers a reminder to share kindness, appreciation, and care within our community, whether through small gestures or simply spending time together.

Thank you for your continued support and involvement in BHCA activities. We hope February brings warmth, connection, and a few signs that spring is on its way.

*BHCA Board of Directors*



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News, Events,  
& More



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**Become a Snow Angel  
in your Community!!**



Keep an eye out in your community for those neighbours who, for various reasons, may not be able to take care of their own sidewalks. Become their Snow Angel today!!

# BHCA Calendar

Want to join our meetings? Super! If you are interested in attending to get an idea of what the group is about, either:

**Register Online:** [beddingtoncommunity.ca](http://beddingtoncommunity.ca) (On Home Page: Upcoming Events)

**Email Us:** Addresses Below

**Leave a Message:** 403-305-6642

FEbruary - 2026

- 10: Reimagine Beddington Committee, 7:00 to 9:00 pm
- 16: Beddington Community Garden and Hub – No meeting this month due to Family Day
- 16: Family Day - Beddington Winter Carnival 2026 – 10:00 am to 4:00 pm
- 17: Beddington Book Club, 7:00 to 9:00 pm
- 24: BHCA Board Meeting, 7:00 to 9:00 pm

MARCH - 2026

- 10: Reimagine Beddington Committee, 7:00 to 9:00 pm
- 16: Beddington Community Garden and Hub, 7:00 to 9:00 pm
- 17: Beddington Book Club, 7:00 to 9:00 pm
- 24: BHCA Board Meeting, 7:00 to 9:00 pm

- **Beddington Community Garden and Hub**  
[garden@beddingtoncommunity.ca](mailto:garden@beddingtoncommunity.ca)
- **Reimagine Beddington**  
[reimagine@beddingtoncommunity.ca](mailto:reimagine@beddingtoncommunity.ca)
- **Book Club**  
[bookclub@beddingtoncommunity.ca](mailto:bookclub@beddingtoncommunity.ca)
- **BHCA Board**  
[bhca@beddingtoncommunity.ca](mailto:bhca@beddingtoncommunity.ca)



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Flair and Little Lady, Strathcona Park



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Talbot and Scout, Queensland

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

## BASP Program Update

Family Day, an Alberta statutory holiday, will be on Monday, February 16. Valentine's Day happens to land on that same weekend, and as such, our program will celebrate it through some kindness and friendship-themed crafts, games, and activities. We hope to share some pictures of those crafts and creations in the coming months.

Both the children and our program leaders are looking forward to that long weekend, it gives everyone the chance to recharge our energy and spend quality time with family, enjoying all that Calgary and the province have to offer.

We wish you a fun-filled long weekend and a happy Family Day!



## Beddington Book Club

by Cindy Wiebe | [bookclub@beddingtoncommunity.ca](mailto:bookclub@beddingtoncommunity.ca)

We meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our March 17 book will be *The Love Song of Miss Queenie Hennessy* by Rachel Joyce.

"When Queenie Hennessy discovers that Harold Fry is walking the length of England to save her, and all she has to do is wait, she is shocked. Her note had explained she was dying. How can she wait?

A new volunteer at the hospice suggests that Queenie should write again; only this time she must tell Harold everything. In confessing to secrets she has hidden for twenty years, she will find atonement for the past. As the volunteer points out, 'Even though you've done your travelling, you're starting a new journey too.'

Queenie thought her first letter would be the end of the story. She was wrong. It was the beginning." – from Goodreads.com.

On April 21 we will discuss *Conviction* by Denise Mina.



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## We're looking for a Rink Coordinator!!



- Organize and support rink volunteers.
- Oversee flooding, shovelling and equipment care.
- Share rink updates with the community.

It's a **flexible, seasonal volunteer role (Oct/Nov to Mar: 3-6 hrs/week)** — perfect for someone who enjoys being outdoors, working with people, and helping neighbours make the most of winter.

The BHCA is looking for a **Rink Coordinator** to help create and lead a volunteer crew in keeping the outdoor pleasure rink in top shape all winter long - or as long as the weather will let us.

**Unfortunately, to date we have not had anyone interested in this position. Therefore, please be aware that there will likely not be a rink this winter.**

Contact: [president@beddingtoncommunity.ca](mailto:president@beddingtoncommunity.ca)



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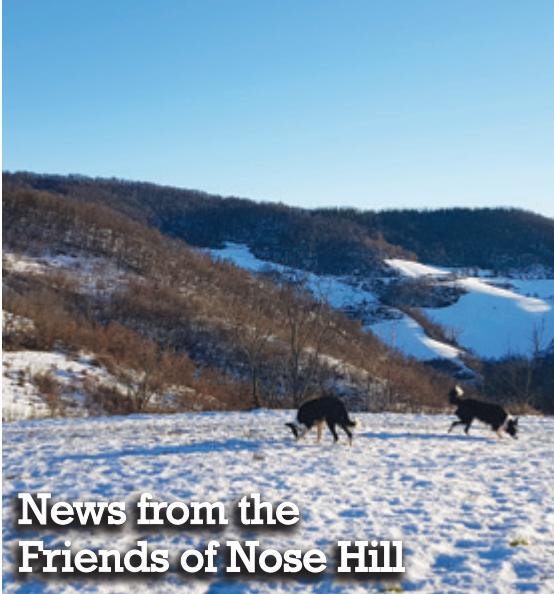
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## BRAIN GAMES

## SUDOKU

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						7	6	8

**SCAN THE QR CODE  
FOR THE SOLUTION**



## News from the Friends of Nose Hill

by Anne Burke

The Calgary area has been the subject of many geological studies in scientific papers, field guides, and monographs, including glacial mapping of Nose Hill. The top of Nose Hill contains gravel deposited by the ancient Bow River, also carrying sand and mud, flowing east out of the mountains and reaching the level of the present hilltop. There may have been as many as 20 major glacial advances and retreats in what is now the Calgary area.

During the last one to two million years of earth history, ice sheets shaped the landscape. The continuous plain to the north, and on the east and west flanks of Nose Hill, were shaped by glacial meltwater from nearby ice. As the modern Bow River developed, it created a broad valley and the southern flanks of the Hill. A large lake was produced by an ice dam on the River. On its North and East, Nose Hill is bounded by Beddington and Nose Creeks. To the west, Big Hill Springs Coulee is what remains of the earlier glacial spillway system.

Nose Hill provides spectacular views from which to interpret the geological history of the Bow River Valley and its tributaries, as well as the uplands across the valley to the south. The boundary between eastern and western ice sheets is the result of a landslide from Mt. Edith Cavell. As the valley glacier advanced it was deflected southward by eastern ice and glacial erratics (large boulders) mark its former path.

# Beddington Heights Winter Carnival Volunteers Needed!!

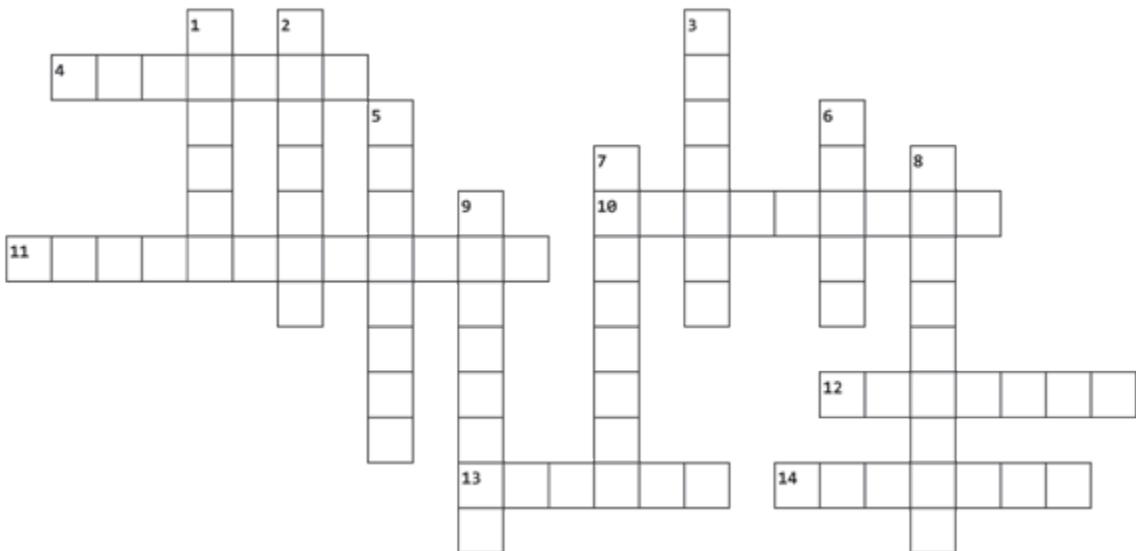
To put on an event, such as the **Winter Carnival on Family Day (February 16th)**, many hands make quick work. If you are able to volunteer for any of the following jobs, for this event, please contact us at [bhca@beddingtoncommunity.ca](mailto:bhca@beddingtoncommunity.ca) with the area you would like to sign up for:

- Setting up tables and chairs in the auditorium, the food room, the craft room and the entryway before 10:00 on the day of the event.
- Help to put up the decorations up (using a ladder)
- Help to pick up the drinks and chips (a van or large SUV needed)
- Help to take down all the tables and chairs in the auditorium, the food room, the craft room and the entryway after 4:00 on the day of the event.
- Help to take down all the decorations (using a ladder)
- Help to pack up all the Food Donations into someone's car for delivery.



We would love to see you, meet you and work with you to make our community even better!! Contact us at:  
[bhca@beddingtoncommunity.ca](mailto:bhca@beddingtoncommunity.ca)

# February Crossword



## Across

4. Islam's holy month of fasting, prayer, and reflection, called \_\_\_\_\_ starts on February 17 this year.

10. On February 2, 1653, what is now called New York City officially became a city, but it was known as New \_\_\_\_\_ at the time.

11. Comedian Leslie Nielsen was born on February 11, 1926, in Regina, \_\_\_\_\_.

12. Canada's twelfth Prime Minister, Louis St. \_\_\_\_\_, was born on February 1, 1882, in Compton, Québec.

13. The first volume of this English Dictionary was published on February 1, 1884.

14. The first documented street celebration of Mardi Gras in New \_\_\_\_\_ took place on February 27, 1827.

Down

1. This North American country celebrates National Flag Day on February 15 annually.
2. During the 1988 Calgary Winter Olympics, the bobsleigh team from this Caribbean nation inspired the movie *Cool Runnings*.
3. At the 26th Grammy Awards on February 28, 1984, Michael \_\_\_\_\_ won an astonishing eight Grammys!
4. Pope \_\_\_\_\_ XVI announced his resignation from the papacy on February 11, 2013.
5. The 2026 Chinese Zodiac is this equine beauty.
6. Min Jin Lee's New York Times bestselling novel, \_\_\_\_\_, follows a Korean family who immigrate to Japan and was first published on February 7, 2017.
7. The XXI Winter Olympic Games were held in this Canadian city in 2010.
8. On February 4, 2004, this social media platform was launched from a Harvard dorm room.



Visit [bit.ly/mycalgaryanswers](http://bit.ly/mycalgaryanswers)  
or scan the QR code for the answers

# Beddington Winter

# CARNIVAL

**Family Day, February 16, 2026**



- Horse Drawn Carriage Rides
- Hot chocolate
- Fire pits and S'mores
- Craft Room
- Free hot dog, drink & chips
- Makers Market
- Food Bank Donations
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## GAMES & PUZZLES

### Guess the Olympic Sport!

1. Prince Albert II of Monaco competed in this winter sport at the Calgary 1988 Olympics.
2. This sport includes two events: rifle shooting and cross-country skiing.
3. This team sport involves sliding granite stones on a sheet of ice towards a target circle.
4. This sport also known as "skimo" will make its Olympic debut at Milano Cortina 2026.
5. Marit Bjørgen is the most decorated winter Olympian and competed in this sport.
6. This elegant sport is widely recognized as the most popular event at the Winter Olympics.



SCAN THE QR CODE FOR THE ANSWERS!



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SCAN ME

# Februum

The month we now call "February" has had many different names. Due to the wet conditions, "Solmonath" was used in Old English and means "mud month". The current name derives from the Latin term Februum (purification or to cleanse), and the Roman festival of purification called Februa.

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