

JUNE 2026

DELIVERED MONTHLY TO 5,300 HOUSEHOLDS

your **BEDDINGTON** BANNER

THE OFFICIAL BEDDINGTON COMMUNITY NEWSLETTER



HAPPY FATHER'S DAY

Father and Daughter by Lawrence Crayton



Give Your Parents Comfort with a Reverse Mortgage

- Extra income, no monthly payments
- Stay in the home they love
- Leave a living inheritance

Call today to give them freedom and peace of mind.



ANITA RUSSELL

Licensed by Avenue Financial

403-771-8771

anita@anitamortgage.ca

www.beddingtoncommunity.ca • www.calgaryarea.com/NW/Beddington

Great News Media | Call 403-720-0762 for advertising opportunities | www.greatnewsmedia.ca



TREE STUMP, TREE & BUSH REMOVAL

- BD Tree and Stump Removal specializes in tree stump removal.
- We will remove unsightly or problematic trees, stumps, and bushes from your property with free estimates.
- Registered, licensed, and insured arborist in Alberta.
- A local business here to help you create a personalized plan to meet your needs.

Contact us today

bdtreestump@gmail.com | 825-945-1655

THINKING OF SELLING?

I offer **three** flexible options with **one** clear goal, getting you the **best possible result** for your home

ESSENTIAL

Predictable Cost

ENHANCED

Strategic Exposure

PREMIUM

Maximum Impact



Liz Ismail

403.951.1415

Local. Experienced. Results-Driven

www.alberta-realestate.ca



Call today and let's start planning your next move!

Not intended to solicit buyers or sellers, landlords or tenants currently under contract.

Medicine Place Hunterhorn Clinic + Pharmacy

Great News! We have opened a new medical clinic and pharmacy in your area. We have both male and female doctors who are passionate family medicine practitioners. We offer both evening and weekend appointments, and walk-in's are welcome. You can call or book online!

Accepting New Patients - Now

HUNTERHORN PLAZA
Medicine Place Medical Clinic
6564 - 4TH STREET NE, CALGARY

Call today to book an appointment: (587) 441-5777



www.medicineplace.ca

BOOK/
APPOINTMENT



MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879
Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$20,679

SALE \$15,679
Limited Supplies

We Also Specialize in En Suites & Custom Bathrooms

PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!



WESTERN BATHROOMS & RENOVATIONS

Serving Calgary since 1989

403-257-3222 | WWW.WESTERNBATHROOMS.CA

All Labour & Material Included

All packages pertain to standard size bathrooms

BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: www.beddingtoncommunity.ca | Email: bhca@beddingtoncommunity.ca

Follow Us on X (Twitter)  @BeddingtonCA and Facebook  @BeddingtonCA

Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

EXECUTIVE DIRECTORS

President	Bonnie Ugaddan
Vice President	Leandra Worden-Figg
Secretary	Kristina del Corro
Treasurer	Krutika Viegas
Director at Large	Korin Eisenbeis
Director at Large	Wendy Hansen
Director at Large	Kevin Connolly
Director at Large	Angel Lau

COMMITTEES

Casino Chairperson	Karl Cyr
Rink Coordinator	Vacant
Reimagine Beddington Co-Chair	Bonnie Ugaddan
Reimagine Beddington Co-Chair	Brady Adkins
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	David McMillin



Beddington Heights Community Association Membership Application

Name: _____

Address: _____

Postal Code: _____

Telephone: _____ Email: _____

Family Member's Names / Ages:

Name

Age

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at www.beddingtoncommunity.ca

Membership: \$20

MESSAGE FROM THE BOARD

Summer is just around the corner, and our community is coming to life with the warmer weather. Gardens are growing, neighbours are out enjoying the sunshine, and there's a great sense of energy as we head into the summer months.

Our Community Garden is in full swing, and it's wonderful to see so many residents out tending their plots and connecting with one another. We look forward to another successful growing season!

We're also pleased to once again partner with the Sandstone MacEwan Community Association (SMCA) for our Community Cleanup on June 28, 2026. This is a great opportunity for residents to responsibly dispose of a variety of items and help keep our neighbourhood clean and welcoming. We encourage everyone to take advantage of this event.

Looking ahead, be sure to mark your calendars for the Parade of Garage Sales in August, date to be determined soon, which is another fun collaboration with SMCA. It's always a highlight of the summer, whether you're participating or just out exploring the neighbourhoods!

As a reminder, BHCA Board meetings will pause for July and August, giving everyone a chance to enjoy the summer season. We'll be back in September, ready to kick off a new season of events and initiatives.

We hope you all have a safe, relaxing, and enjoyable start to summer, and we look forward to seeing you out in the community!

BHCA Board of Directors

Not a member, yet? Annual membership is only \$20 per year.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



\$50

OFFICIAL

PLUMBING & HEATING

Furnace and A/C Install & Repair

Plumbing Services

Drain Cleaning

Boiler Install & Repair

Electrical

Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca

BRAIN GAMES
SUDOKU

8					9			
						7		
5	4	9		1	8			2
	9					2		
1	2						8	3
		3					5	
3			8	6		9	4	1
		1						
			9					7

SCAN THE QR CODE
FOR THE SOLUTION





Want to join our meetings? Super! If you are interested in attending to get an idea of what the group is about, either:

Register Online: beddingtoncommunity.ca (On Home Page: Upcoming Events)

Email Us: Addresses Below

Leave a Message: 403-305-6642

JUNE - 2026	05: Community Mobile Market by Broxburn Farms – Friday 5, 12, 19, and 26 from 3:00 to 6:00 pm.
	09: Reimagine Beddington Committee, 7:00 to 9:00 pm.
	15: Beddington Community Garden and Hub, 7:00 to 9:00 pm.
	16: Beddington Book Club, 7:00 to 9:00 pm.
	23: BHCA Board Meeting, 7:00 to 9:00 pm.
JULY - 2026	28: Sandstone/MacEwan and Beddington Heights Community Cleanup, 9:00 am to 2:00 pm, at the hockey rink at Sandarac Drive NW.
	03: Community Mobile Market by Broxburn Farms – Friday 3, 10, 17, 24, and 31 from 3:00 to 6:00 pm.
	14: Reimagine Beddington Committee, 7:00 to 9:00 pm.
	20: Beddington Community Garden and Hub, 7:00 to 9:00 pm.
	21: Beddington Book Club, 7:00 to 9:00 pm.
	28: BHCA Board Meeting, 7:00 to 9:00 pm.
	• Beddington Community Garden and Hub garden@beddingtoncommunity.ca
	• Reimagine Beddington reimagine@beddingtoncommunity.ca
	• Book Club bookclub@beddingtoncommunity.ca
	• BHCA Board bhca@beddingtoncommunity.ca



Beddington Book Club

by Cindy Wiebe | bookclub@beddingtoncommunity.ca

We meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our July 21 book will be *Lula Dean's Little Library of Banned Books* by Kirsten Miller.

"Beverly Underwood and her arch enemy, Lula Dean, live in the tiny town of Troy, Georgia, where they were born and raised. Now Beverly is on the school board, and Lula has become a local celebrity by embarking on mission to rid the public libraries of all inappropriate books—none of which she's actually read. To replace the 'pornographic' books she's challenged at the local public library, Lula starts her own lending library in front of her home: a cute wooden hutch with glass doors and neat rows of the worthy literature that she's sure the town's readers need.

But Beverly's daughter Lindsay sneaks in by night and secretly fills Lula Dean's little free library with banned books wrapped in "wholesome" dust jackets. [...] One by one, neighbours who borrow books from Lula Dean's library find their lives changed in unexpected ways. Finally, one of Lula Dean's enemies discovers the library and decides to turn the tables on her, just as Lula and Beverly are running against each other to replace the town's disgraced mayor. [...] – from Goodreads.com.

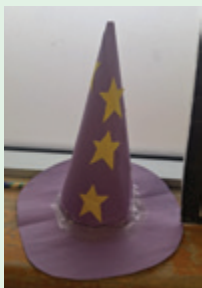
On August 18, we will discuss *Remarkably Bright Creatures* by Shelby Van Pelt.



BASP June Update

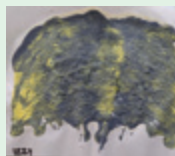


June marks not only the end of our 2025 to 2026 school year BASP program, but also the start of our 2026 Summer program!



Our summer program, which starts on June 29, offers a weekly fee of \$200 per child, with our hours of operation set at 7:30 am to 5:30 pm each day. Information and registration are online at <https://beddingtoncommunity.ca/summer-camps>.

The location of our program grants us a variety of greenspaces and playgrounds within walking distance. Exploring, playing, and walking to and from these areas helps prepare current



in-house children that may be continuing care with us into the summer program, as we will be having lots of outdoor adventures during our six-week program. It's also a great way for us to harness and direct all that end of year and summer energy that June tends to bring out in the children.

BASP concludes at months end, but we will be back with fresh updates in September! If you have a child attending either Beddington Elementary or St. Bede Elementary from Kindergarten to grade six and require before and/or after school care, please contact us. Have a great summer!

We can be contacted at beddingtonbasp@gmail.com if you have any questions.

BEDDINGTON
THEATRE
ARTS CENTRE



375 Bermuda Drive NW - (587) 329-9545 - info@beddingtontheatre.ca

Sunday, June 28th 2026
9:00 am - 2:00 pm
Hockey Rink 355 Sandarac Drive NW
(Come early in case the line is cut-off before 1:30 pm)

Sandstone/MacEwan & Beddington Heights Community Clean-Up

Calgary 

This event is fully run by volunteers!
Please be respectful and thankful!!

Bring Water!!

Be patient while waiting in line. We will get to you.

Lend a hand, where you can!

Be Courteous!!!

Items Not Accepted

- Tires
- Paint, oils or dangerous goods/chemicals
- Propane Tanks
- Batteries
- Fridges/Freezers
- Car Seats
- Compost
- Sand, dirt, bricks or concrete

Items Accepted

Garbage Collections by City of Calgary

Electronic Recycling by Technotrash

Metal Recycling

Charity Donations (38th Rangers Girl Guides Fundraising Trip to the UK)

- Used Clothing
- Household Items
- Used Books
- Small Furniture




More information please contact:
www.sandstonemacewan.com
www.beddingtoncommunity.ca



“Strong” Volunteers Needed (16+)





If you are available to help out for the day please contact: info@sandstonemacewan.com or president@beddingtoncommunity.ca

SCAN HERE TO VIEW ADDITIONAL BEDDINGTON HEIGHTS CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics





Albertosaurus

Did you know that Alberta has its own dinosaur? The *Albertosaurus*, or “Alberta lizard,” was a large theropod first discovered along the Red Deer River, near Drumheller, Alberta in 1884.



Beddington/Huntington 2026 Green Space Clean-Up



Great hot dogs, chips, drinks, salads, friends, dogs, blue sky, conversation and SUN! A great day with 4 Giant Garbage Bags were Collected.

A Huge Thank You.. to everyone who came out to participate to make our green space more beautiful for all our residents!!!



City of Calgary

Farm Stand Program



The City of Calgary **Food Action Plan** will once again be running this year. The goal is to provide more places to grow food and sell local food so that more Calgarians can access local food and support our local and regional farms.

Start Date: Friday, May 01 2026



Where: NE corner parking lot of Beddington Theatre Arts Centre
375 Bermuda Drive NW, Calgary, AB T3K 1H7

Time: 3:00 - 6:00 pm

Provider: Broxburn Mobile Market

The **Farm Stand Program** and **Mobile Market** will begin on **Friday May 1st** and run every **Friday** until a cut off date is determined in the fall. List of vegetable offerings will change with growing season and availability. Selections may include:



- Bell Peppers
- Hot Peppers
- Cherry Tomatoes
- Cocktail Tomatoes
- Roma Tomatoes
- Beefsteak Tomatoes
- Lettuce
- Eggplant
- Long English Cucumbers
- Mini Cucumbers
- Garlic
- Onions



City of Calgary Neighbour Day



Saturday, June 20, 2026

Ways to Celebrate

- ✦ **Have an old fashioned block party.**
- ✦ **Offer to help with yard work.**
- ✦ **Set up a lemonade stand**
- ✦ **Build a free little library.**
- ✦ **Plan a neighbourhood clean-up.**
- ✦ **Host a potluck.**
- ✦ **Decorate your street.**
- ✦ **Arrange a game of street hockey or basketball.**
- ✦ **Invite neighbours to watch a movie in your backyard.**
- ✦ **Organize a neighbourhood walk.**
- ✦ **Introduce yourself to others.**
- ✦ **Help a neighbour with their yard work.**
- ✦ **Bake your neighbour some muffins.**

For more ideas visit:

<https://calgarycommunities.com/neighbour-day/>

News from the Friends of Nose Hill

by Anne Burke

The City Nature Challenge is a global community citizen science event wherein community groups, experts, and residents collaborate to find all types of nature around them. In the Calgary Metropolitan Region, the top 150 users in 2024 surpassed 10,000 observations. By then, they had uploaded a total of nearly 40,000 observations of Calgary's local flora and fauna. The year marked the tenth anniversary of both iNaturalist and the City Nature Challenge. For the Calgary Area, in 2025, there were 15,923 observations, 28,462 identifications, 891 species, 659 identifiers, and 356 observers. In 2026, the eighth annual Calgary City Nature Challenge focused on data quality for plants, insects, fungi, and wildlife. All information on Calgary's natural areas posted on iNaturalist can be used to revise and update the 1980 Calgary "Green Book" by 2030. Although you do not need an expert to lead a nature walk, John McFaul of Nature Calgary, in cooperation with Bird Friendly Alberta, guided field trips on Nose Hill. The group met near the 64 Ave and 14 Street NW parking lot. Much of their trip was off paved trails and on unlevel ground. A previous walk started at the Berkley Gate and 14 Street NW entrance. Calgary was one of the first certified Nature Canada Bird Friendly Cities. Injured birds can be rescued, in early morning and at night, but, of course, prevention is preferred. The aim is to identify and reduce threats since, in an urban environment, city lights and reflections cause collisions. Window treatments can help. Also turning off unnecessary lights. During fall and spring migrations, downtown is unsafe due to tall buildings, especially at night. Wildlife cameras examine how birds travel and weather radar is used to predict flight directions to support conservation and research. Learn more at <https://birdcast.org/>.



What is the theme for World Bee Day 2026?

The day highlights how essential pollinators are to food production and the urgent need to protect them.

This year's theme aligns with the International Year of Rangeland and Pastoralists, emphasizing bee keeping's role in rural livelihoods.

Celebration Ideas:

- * Grow a bee-friendly native or local flower garden.
- * Invite local beekeepers to schools to do a "talk".
- * Buy local honey and avoid using harmful pesticides.

For more information visit: <https://www.fao.org/world-bee-day/en>

Celebrate Neighbour Day!

by The City of Calgary



Get ready to celebrate Neighbour Day on Saturday, June 20! Gather your neighbours, fire up the BBQ, and bring your community together for some fun.

Neighbour Day is our city's annual celebration of community spirit and connection. Held every year on the third Saturday in June, it's a chance to connect, meet new faces, and strengthen the sense of community where you live. Whether it's a quick hello, sharing food,

or helping a neighbour out, those small connections can spark meaningful connections.

On June 20, in addition to Neighbour Day events, Sport Calgary's All Sport One Day will give children a free opportunity to try a new sport at sites across Calgary.

Show us how you're celebrating! Share your Neighbour Day moments on social media using #YYCNeighbourDay.



EXCEPTIONAL AWARD-WINNING FAMILY ENTERTAINMENT & THEATRE SCHOOL PROGRAMS, RIGHT IN YOUR NEIGHBORHOOD!

For 49 seasons, StoryBook Theatre has been captivating families with award-winning plays, musicals, and concerts sharing diverse stories that bring our community together. Located in the heart of Beddington Heights, our productions welcome over 40,000 visitors each year.

SBT offers year-round Theatre School classes in Musical Theatre and Acting for ages 6-17, adult classes and educator development. Classes for all ages that teach storytelling, personal presence and teamwork skills for life! **Be BRAVE and join us this season!**

SBT
THEATRE
SCHOOL
SEASON TO BE
Brave
SBT 49

storybooktheatre.org BEDDINGTON THEATRE ARTS CENTRE, 375 BERMUDA DR NW





Freedom starts with a Reverse Mortgage

- Cash to renovate, travel or relax
- Stay home, no monthly payments
- Leave a living inheritance

Call today to enjoy comfort, independence, and peace of mind.



ANITA RUSSELL

403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial



HIGHLAND PARK PHYSIO CLINIC
YOUR HEALTH, OUR PRIORITY

Physiotherapy

- Motor Vehicle Accidents
- WCB Injuries
- Sports Injuries
- Vertigo/Dizziness
- TMJ Dysfunction
- Dry Needling
- Spinal Decompression
- Laser Therapy

Massage Therapy

- Relaxation
- Sports Massage
- Deep Tissue
- Remedial

Acupuncture

- Neck, Shoulders & Back pain
- Insomnia
- Digestive Disorder
- Menopause
- Stress etc

Accepts Direct Billing!

Contact us
today to book your
appointment.

Unit 4325 - 4303 Centre St NW • Calgary, AB

587.327.6465

info@highlandparkphysio.ca • www.highlandparkphysio.ca

3 DAYS OF ADVENTURE A LIFETIME OF IMPACT



1 in 10 Canadians has kidney disease.
Most don't even know it until it's too late.
We're marching to change that.
You could too.

Join us this September for a life-changing **100KM** journey
in support of kidney disease & organ donation.



KidneyMarch

MARCH • CREW • DONATE
KIDNEYS MAY FAIL, WE WON'T

KidneyMarch.ca

403.255.6139 • kidneymarch@kidney.ca



kidney
FOUNDATION

Charitable registration
No. 30796 7398 RR0001

You might be at risk of kidney disease.

Don't wait until it's too late.
Know your risk and learn how to
prevent kidney failure with our
10-minute risk awareness quiz
at **kidney.ca/risk**

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

BEDDINGTON MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

HIGHLAND PARK PRESCHOOL: Highland Park Preschool welcomes families seeking a warm, engaging start for their children. Our caring teachers, play-based learning, and safe environment help young minds grow with confidence and curiosity. Join a supportive community where friendships blossom and creativity thrives. Enroll today at hpca.ca/preschool or preschool@hpca.ca.

FALCONER HANDYMAN SERVICES LTD: New decks, fences, and repairs. Stucco patching, re-stucco, foundation parging, interior and exterior painting, flooring, drywall, concrete, landscaping, and renovations. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

GUTTER DOCTOR: Home Exterior Services. Gutter cleaning/repair/installation, window cleaning, gutter guards/leaf screens, fascia, soffit, siding, permanent outdoor holiday lighting, roofing, cladding, heat cables, pressure/soft washing. Local business since 2003 with more than 70,000 happy customers! Licensed, insured, WCB, A+ rated BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.



REBEKAH FALK
Piano Teacher

bekahmusicmelody@gmail.com
1(250) 278-0452

- Beginner and Intermediate piano lessons
- Located in Calgary, AB Beddington Heights NW

Helping you grow in your musical knowledge and talent with excellence!



the Gutter Doctor Home Exterior Services

Gutter Clean/Fix/Install • Leaf Screens
Window Cleaning • Fascia/Soffit/Siding
Pressure/Soft Wash • Cladding
Permanent Lights • Roofing

Senior Discount • Warranty • WCB • Insured
403-714-0711 • gutterdoctor.ca



Call today to book your appointment!
Ask about our New Patient Promotion!

Accepting New Patients

Scan the QR code



66 Sandarac Dr NW #220
Calgary, AB, T3K 4L2
(Located beside the DQ)

403.800.8996
www.sandstonedental.ca



Your local neighbourhood mechanic shop

Bring this ad in to receive
10% off your invoice.

CONTACT US



FOLLOW US



address: 5515 4 Street NW, Calgary,
AB T2K 1B1
phone: 403-274-1749

Part of your community.

For 30 years, **Shibley & Company** has supported our northwest Calgary neighbours in all their legal matters.

Vilma and her team deliver effective legal counsel combined with personalised service, for all client circumstances.

Conveniently located in the **Beddington Towne Centre Mall.**

WILLS AND ESTATES

REAL ESTATE AND FAMILY LAW

NOTARIES AND COMMISSIONS

INCORPORATIONS, CONTRACTS,
AND ANNUAL RETURNS

219, 8120 Beddington Blvd. NW,
Calgary, Alberta T3K 2A8
Phone: 403.275.3230
Web: ShibleyandCompany.ca



SCAN TO
VISIT US
ONLINE



**SHIBLEY
& COMPANY**
BARRISTERS, SOLICITORS & NOTARIES PUBLIC