

OCTOBER 2026

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THE OFFICIAL BEDDINGTON COMMUNITY NEWSLETTER



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+ Two new family physicians taking patients. +

 **Dr. Pip Green** is a dedicated family physician who has a focus on women's health, perimenopause, and menopause management.

Her passion for family medicine shines through in the trusting relationships she builds.

Dr. Mohammad Zahid is a family medicine physician with a special interest in diabetes care. He brings extensive experience in managing both acute and chronic conditions.

Dr. Zahid has supported patients from diverse backgrounds, enriching his practice with empathy, adaptability, and a strong patient-centred approach.

MedicinePlace

MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$20,679

SALE \$15,679

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BEDDINGTON HEIGHTS COMMUNITY ASSOCIATION

375 Bermuda Drive NW • Phone: 403-305-6642

Website: www.beddingtoncommunity.ca | Email: bhca@beddingtoncommunity.ca

Follow Us on X (Twitter)  @BeddingtonCA and Facebook  @BeddingtonCA

Before & After School Program: 403-295-8837 | Beddington Theatre Arts Centre/Room Rentals: 587-329-9545

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Reimagine Beddington Co-Chair	Brady Adkins
Garden Committee Co-Chair	Mavis Chong
Garden Committee Co-Chair	David McMillin



Beddington Heights Community Association Membership Application

Name: _____

Address: _____

Postal Code: _____

Telephone: _____ Email: _____

Family Member's Names / Ages:

Name

Age

Send to: 375 Bermuda Drive NW, Calgary AB T3K 2J5 or purchase online at www.beddingtoncommunity.ca

Membership: \$20

MESSAGE FROM THE BOARD

October has arrived, bringing with it cooler temperatures, changing leaves, and all the beautiful colours of fall. As we enjoy the crisp autumn air and the changing season, there is still plenty happening around Beddington!

Thanksgiving is a wonderful opportunity to pause and reflect on the things we are grateful for. Here at the BHCA, we are especially thankful for the residents, volunteers, and community members who continue to give their time, energy, and ideas to help make Beddington such a great place to live.

Of course, October wouldn't be complete without Halloween! It's always fun to see the creativity that comes out in our neighbourhood as homes are transformed with spooky decorations, pumpkins, ghosts, and other ghoulish displays. We look forward to seeing the neighbourhood come alive with costumes and decorations as families get ready for a night of Halloween fun. Whether you're handing out treats or heading out for some trick-or-treating, we hope everyone has a safe and enjoyable Halloween.

As we move further into fall and prepare for the colder months ahead, we encourage everyone to take some time to enjoy the season and connect with your neighbours. The changing seasons are a great reminder of what makes our community special, not just the places we share, but the people who make Beddington home.

Looking ahead, our Annual General Meeting (AGM) is coming up in November. We look forward to gathering with residents, sharing an update on the year, and looking ahead to what's next for our community.

Wishing everyone a wonderful Thanksgiving, a fun-filled Halloween, and a beautiful October!

Warm regards,

BHCA Board



Did you miss the Skating Rink Last Year??



If you did miss it and are hoping it will be back this year, we hope you can help us find and recruit a new **Rink Coordinator** to:

- help create and lead a volunteer crew in keep the outdoor pleasure rink in top shape all winter long - or as long as the weather will let us.
- organize and support rink volunteers.
- oversee flooding, shovelling & equipment care.
- share rink updates with the community.

It's a **flexible, seasonal volunteer role (Oct/Nov to Mar: 3-6 hrs/week)** — perfect for someone who enjoys being outdoors, working with people, and helping neighbours make the most of winter.

Contact: president@beddingtoncommunity.ca

Beddington Snow Removal

- Driveways
- Sidewalks
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Want to join our meetings? Super! If you are interested in attending to get an idea of what the group is about, either:

Register Online: beddingtoncommunity.ca (On Home page: Upcoming Events)

Email us: (addresses below)

Leave a Message: 403-305-6642

OCTOBER - 2026	02: Community Mobile Market by Broxburn Farms (unsure of days left): 3:00 to 6:00 pm.
	19: Beddington Community Garden and Hub 7:00 to 9:00 pm.
	20: Beddington Book Club 7:00 to 9:00 pm.
	27: BHCA Board Meeting 7:00 to 9:00 pm.
NOVEMBER - 2026	5 and 6: BeddingtonFundraiseratCowboysCasino (chairperson@beddingtoncommunity.ca to sign up for volunteering). *TBD - Beddington Community Garden and Hub 7:00 to 9:00 pm (*To Be Determined)
	16: Annual Beddington Heights Community AGM and Pizza Social 7:15 to 8:00 pm
	17: Beddington Book Club 7:00 to 9:00 pm
	24: BHCA Board Meeting 7:00 to 9:00 pm
• Beddington Community Garden and Hub garden@beddingtoncommunity.ca • Reimagine Beddington reimagine@beddingtoncommunity.ca • Book Club bookclub@beddingtoncommunity.ca • BHCA Board bhca@beddingtoncommunity.ca	



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News, Events, & More



Crime Statistics



Real Estate Statistics





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For 49 seasons, StoryBook Theatre has been captivating families with award-winning plays, musicals, and concerts for ages 6-17, sharing diverse stories that bring our community together. Located in the heart of Beddington Heights, our productions welcome over 40,000 visitors each year.

SBT offers year-round Theatre School classes in Musical Theatre and Acting. As well as adult classes and educator development. Classes for all ages that teach storytelling, personal presence and teamwork skills for life! Come **CELEBRATE** with us this season!

storybooktheatre.org BEDDINGTON THEATRE ARTS CENTRE, 375 BERMUDA DR NW



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375 Bermuda Drive NW - (587) 329-9545 - info@beddingtontheatre.ca

Beddington Before and After School Program



October in-coming! The fall season brings a variety of themes to utilize within a childcare program with Thanksgiving, Halloween and the changing of the leaves and seasons. Last year, we saw K-Pop Demon Hunters as a popular Halloween costume among the children. I wonder what costume it will be this year? Stay tuned!

Our Kindergarten program has spent September learning our schedules and routines, as well as getting used to a new setting and building our leg muscles walking to and from school. The first month is always such an exciting time, and now that they are used to their busy schedules they will be excited to really dive into our autumn themes!

If you would like to inquire about our program or be added to the waitlist, please contact us at beddingtonbasp@gmail.com or call us at 403.295.8837.



Beddington Book Club

by Cindy Wiebe | bookclub@beddingtoncommunity.ca

We meet between 7:00 and 9:00 pm on the third Tuesday of each month in the Boardroom at the Beddington Theatre Arts Centre.

Our November 17 book will be *The Berry Pickers* by Amanda Peters.

"On a hot day in 1960s Maine, six-year-old Joe watches his little sister Ruthie, sitting on her favourite rock at the edge of the blueberry fields, while their family, Mi'kmaq people from Nova Scotia, pick fruit. That afternoon, Ruthie vanishes without a trace. As the last person to see her, Joe will be forever haunted by grief, guilt, and the agony of imagining how his life could have been. In an affluent suburb nearby, Norma is growing up as the only child of unhappy parents. She is smart, precocious, and bursting with questions she isn't allowed to ask [...]. Norma senses there are things her parents aren't telling her, but it will take decades to unravel the secrets they have kept buried since she was a little girl." – from Goodreads.com.

We will take a break in December and return on January 19 with *Horse* by Geraldine Brooks.





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Beddington Fundraiser at Cowboys Casino

**Saturday, November 5th and
Sunday, November 6th 2026**

Volunteers Needed "Urgently"!!!!

What the Casino Supports:

Casinos are -- by far -- BHCA's largest fundraising opportunity. Funds we raise (in the tens of thousands) help in our administration costs, transportation for our Before and After School Program and its Summer Camp, community programs, projects - and so much more!

Recognition for Volunteers:

By volunteering you will be eligible for a \$50 credit for each shift worked that can be used towards BHCA programs (including BASP and Summer Camps) as well as various other non BHCA youth programming. Refreshments and meals are provided by BHCA.

Volunteer Shifts:

Day shift: 8 hours - 11:00 am to 7:00 pm

Evening shift: 9 hours - 6:30 pm to 3:30 am

Count Room shift: 4.5 hours - 11:00 pm to 3:30 am

To volunteer, you must be 18 or older. You do not have to live in Beddington. You do not need to be a BHCA member, but it helps: Many positions require membership.

We know
this is a
Big Ask!!

NO EXPERIENCE NECESSARY!

Casino Advisors provide training and assistance through all shifts.

Want to know more? Want to sign up?

Website: beddingtoncommunity.ca

Contact: Karl, BHCA Casino Chairperson

Chairperson: casino@beddingtoncommunity.ca

Thank you in advance to everyone who can help out!!!



BEDDINGTON MURAL PAINTING DAY

A huge thank you to Tom and Genevieve for organizing this creative initiative for our community. Also a big thank you to mural Artist **Nicole Wolfe** along with help from **Bukhtawar Malik** and **Kay Little Child** for designing and transferring the amazing images onto the fence for the volunteers to paint. What a inspirational way to spend a warm day in the summer, it certainly brought out everyone's artistic flair and got our creativity pumping.

Pictures taken
by Tom
Schloddard



Hosts: Tom and Genevieve



Amanda Chapman



Halloween Safety

by Alberta Health Services



As a supporter of Calgary's Child Magazine's Partners for Safety initiative, Emergency Health Services (EHS) Alberta would like to remind parents and trick-or-treaters of important Halloween safety tips as October 31 approaches.

Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks or at well-lit corners. It is safest to work your way up one side of the street and then cross once to the other side.

- You may choose to avoid houses that are not well lit. Do not accept rides from strangers or enter any home where you feel unsafe.
- Let your parents know where you are going and what route you plan to take. Let them know if you will be late returning home.

Parents

- Be certain that an adult accompanies young trick-or-treaters. Older children should stay in groups.
- Predetermine the boundaries for trick-or-treating and establish a time for children to return home.
- Advise children not to eat anything until they return home. Dispose of any items that have been tampered with or are not properly wrapped.

Costumes

- Choose brightly coloured costumes that are highly visible. Adding reflective tape to costumes can further increase visibility.
- Consider sending your children with a flashlight for additional safety and visibility.
- When purchasing or making costumes, look for materials and accessories labelled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic makeup instead of masks that may impair breathing or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not extend below your child's ankles.
- Ensure your child is wearing adequate footwear that takes the weather conditions and walking into consideration.

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You're Invited!!

Pizza Social!!

Join us for a fun night of getting to know your neighbours, along with a pizza social, door prizes and an **AGM** update!!

Help us celebrate this year's events and projects as well as learn about plans for 2026!

Monday , November 16th 2026 at 7:15 pm



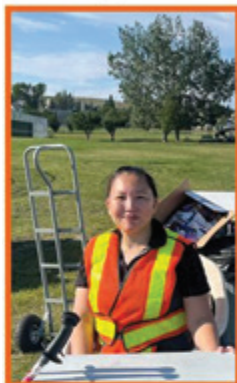
Doors Open at 7:00 pm

RSVP at: <https://beddingtoncommunity.ca/>

Sandstone/MacEwan & Beddington Heights

**SANDSTONE
MACEWAN**
Community Association

Community Clean-Up



Our Leader Willa



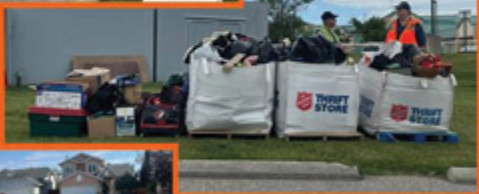
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**The Salvation
Army Thrift
did very well
with lots of
donations!!**



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Free Section!!



**Lots of
Electronics
kept out of the
landfill!!**



THANK YOU!!

**To all the volunteers, groups and the city trucks
that came out to make the event so successful!
You are all Awesome!**



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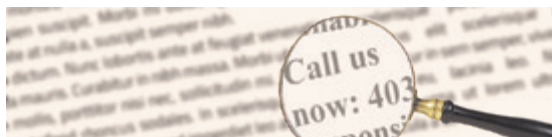
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BRAIN GAMES

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	8						9	

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SCAN ME



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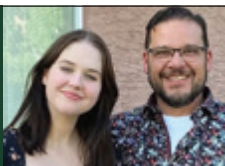
403-771-8771

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THE MORTGAGE GROUP

Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria (21) and her father, Paul (53), were the innocent victims of a tragic vehicle accident that occurred in Edmonton. Sadly, her father succumbed to his injuries at the scene, and Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing.

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gofund.me/31fdeef6f

Any help is appreciated ♥



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