

AUGUST 2023

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# CAMBRIAN<sup>HEIGHTS</sup> ROSEMONT

## CHRONICLE

THE OFFICIAL CAMBRIAN HEIGHTS & ROSEMONT COMMUNITY NEWSLETTER



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# Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5  
 Phone: 403-284-1175 • Email: CHCA\_HALL@telus.net  
 Website: <http://www.cambrianheightscommunity.com>

*Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is 5/3=2+2=4 members. Maximum of 18 Voting Members.*

Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	Vacant		treasurer@cambrianheightscommunity.com	Yes
Secretary	Ian McKinnon	403-585-7030	ianrmckinnon72@gmail.com	Yes
Newsletter Coordinator	Vacant			Yes
Membership Coordinator	Jennifer Manns		members@cambrianheightscommunity.com	Yes
Director Planning	Andrew Connolly	403-617-7627	planning@cambrianheightscommunity.com	Yes
Director	Spencer Cutten	403-561-4581	spencer.cutten@gmail.com	Yes
Director - Casino	Vacant		casino@cambrianheightscommunity.com	Yes
Committees - Non Voting				
Rink Coordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	No
Hall Manager	Lora Riep	403-284-1175	CHCA_hall@telus.net	No
City Liaison	Keith Magill	403-826-9152	keith.magill@calgary.ca	No
Social Committee	Betty Bacque		social@cambrianheightscommunity.com	No

**CHCA MEETINGS:**  
 First Monday of the month, except in July and August. Contact the president if you wish to attend.  
 Contact Hall Manager Lora for bookings at 403-284-1175.



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CAMBRIAN HEIGHTS COMMUNITY

# VOLUNTEERS NEEDED



Your Community is in need of additional resident participation in areas of Accounting, Social Media and Program Development. A few hours a week can make a huge contribution to your neighbourhood and its enjoyment.

**BENEFIT**

- ✓ Meet Active Community Residents
- ✓ Participate in Social Event Planning
- ✓ Help Improve Our Parks
- ✓ Interact with City Development Plans

**For More Information**  
 Email [cambrianheights@gmail.com](mailto:cambrianheights@gmail.com)  
 or visit [www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com)

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## CAMBRIAN HEIGHTS' PRESIDENT'S MESSAGE

We hope that everyone has been enjoying the summer and the July celebration of the Calgary Stampede. Your board continues to work on future social planning events as well as organizing fall programs and reacting to the increasing development activity within the community through the City Development Program approval process. New houses are being built with larger two-story footprints and soon we will be seeing the multi family structures prevalent in our neighbouring communities being proposed around changing land use applications. If you have comments on new development, please contact our Planning Committee as identified on our website.

We hosted on July 15 our second Die Volksmesse car show on the community hall grounds. In addition, we have recently added a church group and committed to two fall Scottish country dancing group programs. One each on Tuesday and Thursday evenings. Consider joining in for an evening of dancing lessons for only a \$2 fee. Check our website at [www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com) for further details and any updates. Our yoga and fitness programs will be returning in September as detailed in the poster announcements found in this issue of the newsletter or our website. We also hope to have an outdoor event in September as a close to our summer.

As previously reported, there are two gardening projects in our community. The most recent project focuses on the re-design and planting of flowers at the park space bordering Cambrian and Northmount Drives. This project is being undertaken by a group of volunteers from the community in response to City Parks cutting back on such activity. I have attached a picture reflecting the work done to date. We believe this park is a central gateway to the community and deserves further development in the future. At some point, we may consider designing and installing signage to identify our community. If you wish to get involved with this project, please let us know by emailing us.



Our second garden project is a demonstration garden sponsored by the Alberta Low Impact Development Partnership ("ALIDP") at the rear of the community hall. The ALIDP garden is a provincially sponsored project that identifies low maintenance natural plants designed for Alberta weather conditions as an alternative to high water demand grass lawns. Come visit the garden behind the hall that is also being monitored and studied by the University of Calgary for natural moisture levels.

The community is in need of volunteers to replace our treasurer and our social media director, both of whom have retired this year. These are critical positions for the community association controlling our finance and communications activities. We are also down to only five directors, which restricts our ability to plan events or programs. This is an opportunity to join an experienced team and help develop the programs, events, and planning for Cambrian Heights. To discuss these volunteer opportunities and others, please contact us at [president@cambrianheightscommunity.com](mailto:president@cambrianheightscommunity.com).

*Daryl Connolly, President CHCA*

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Cambrian Heights Community Association



Wednesday Night Drop-In  
In-Person & Zoom Hybrid

6:30 PM - 7:30 PM  
SEPTEMBER 6 - DECEMBER 13

\$12 CHCA Members / \$15 Non-Members

Information: 403-244-3001

## GAMES & PUZZLES

### Guess That Canadian City!

1. This city hosted Canada's first and only Summer Olympics in 1976.
2. Ginger beef was invented in this city in the 1970s.
3. Terry Fox began his "Marathon of Hope" in this city.
4. This city has the highest population and is the most visited in the country.
5. In the 1900s, illegal tunnels were built in this city to hide Chinese immigrants who were avoiding discrimination or who couldn't afford the head tax.
6. This town is dubbed the "polar bear capital of the world."



SCAN THE QR CODE  
FOR THE ANSWERS!

Returning Sept 11, 2023!!

### Pumped Up Strength

50-Minute Express Class

Monday 6:00 PM, Sept 11

Cambrian Heights Community Hall  
600 Northmont Drive NW

*\*\*Zoom access available upon request\*\**

Handheld weights, yoga mat, water

**FUN** for ALL Ages and Fitness Levels

Members \$8 / Non-members \$10

scarybunnybefit@gmail.com

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Up Strength is  
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- Strength + Cardio In One
- Increases Bone Density
- Improves Mobility

# CHCA Membership

Create a Proud & Vibrant Community ... Together!

Join your CHCA and participate or volunteer in community events and create that small town feel in Cambrian Heights. Creating and participating in a vibrant community for your family and neighbors is special.

Purchasing an Annual Membership is a small act that supports many neighborhood initiatives such as community events and programs, but also managing and maintaining our facilities, parks, and advocating for residents in community and City planning initiatives.

Membership also recognizes the number of volunteers and Board Members that donate hours of their time to manage and create opportunities for you to enjoy.

## MEMBERSHIP BENEFITS INCLUDE:

- Opportunity to meet and engage with your neighbors at events throughout the year
- Discounted fees for participation in Community Programs & Events and facilities
- Keep informed of Community news & events through delivery of the Cambrian Chronicle Newsletter to your home, online communication, and community website & email blasts.
- Management and maintenance of Community Hall, Ice Rinks, Parks & Green Spaces
- Providing input into city & community planning and development processes
- Improving your neighborhood by support of Community cleanup initiatives, upgrades to facilities & parks, and traffic safety.
- Ability to cast your vote at annual AGM on community issues

## Two Ways to Purchase Your CHCA Membership:

1. Apply online on Website ([www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com)) and purchase safely & securely (Credit Card or Paypal).
2. Fill out the membership form (Monthly Newsletter or download from CHCA Website) and Mail-in or Drop off at Cambrian Hall with payment (Cash or Cheque).

You will receive email confirmation of your membership # in place of a membership card. (Mail-in or drop-off applications will be delayed).

To purchase your membership please complete the following form and drop off with payment to CHCA Hall or Purchase online at our website: [www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

(Personal information is used to inform members of Community events only, no information is shared with other organizations or individuals other than those associated with Cambrian Heights Community Association).

## Membership Type: (Please Select One Only)

### CAMBRIAN HEIGHTS RESIDENTS: ( voting member )

- Senior (\$5.00)    Individual (\$10.00)    Family (\$20.00)    Corporate (\$50.00)

### NON- CAMBRIAN HEIGHTS RESIDENTS: ( non-voting member )

- Associate (\$20.00)

Associate membership cards are not sent out unless proof of membership required for: Please indicate membership purpose:  McKnight Soccer    Yoga    Fun & Fitness

Membership term is for 1 year and is current from January 1 of the year purchased until December 31 of the same year as per the Community Association Bylaws.

Return the completed form with cheque payable to the Cambrian Heights Community Association and mail or drop off at: Cambrian Heights Community Association, 600 Northmount Drive NW, Calgary AB T2K 3J5



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## Joke of the Month

Why do seagulls fly over the sea?

Because if they flew over a bay, they would be bagels.



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# Rosemont Community Association

PO Box 75007, 9 – 728 Northmount Drive NW,  
Calgary, Alberta, T2K 6J8  
Ph: 403-289-6533 • info@Rosemontyyc.com

## BOARD OF DIRECTORS

President	Matthew Guilherme
Vice-President	Kris Olsen
Treasurer	Mel Gallant
Secretary	Vacant
Hall Agent	Jacque Brennan
Newsletter Coordinator	Matthew Guilherme
Development Committee	Adrian Kerry
Traffic Coordinator	Willem Zantvoort
Ice rink Coordinators	Kurt Westergard
Other Board Members at Large	Jean Blackstock

All inquiries can be sent to info@Rosemontyyc.com

BRAIN  
GAMES

SUDOKU

			2	6		7		1
6	8			7			9	
1	9				4	5		
8	2		1				4	
		4	6		2	9		
	5				3		2	8
		9	3				7	4
	4			5			3	6
7		3		1	8			

SCAN THE QR CODE  
FOR THE SOLUTION



## ROSEMONT COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION FORM

Rosemont has two membership options. Both options cover all members of a household:

- **Rosemont Resident Membership: FREE**
- **Associate Membership (live outside Rosemont): \$20**

1. Fill out the form at [Rosemontyyc.com/membership](http://Rosemontyyc.com/membership) OR
2. Complete this form and mail to PO Box 75007, 9-728 Northmount Drive NW T2K 6J8.



**Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Postal Code:** \_\_\_\_\_

**Email(s):** \_\_\_\_\_

**Only include email addresses if you want to receive email updates.**

*For mailed-in associate memberships, please make cheques payable to the Rosemont Community Association.  
If you are emailing us for an associate membership, we will contact to you arrange payment.*

**Please note:** Membership term is for 1 year from September 1 to August 31. Membership is required for most community-based sports associations. Members also receive 10% discount on hall rentals.

**Website and Hall Rentals** Visit [Rosemontyyc.com](http://Rosemontyyc.com) for all community-related information, including upcoming events and hall rental info. Register for our monthly email blasts and sign up for a community membership too.

**Board Meetings** are held monthly and are open to anyone in the community who wishes to attend. Email us at [info@rosemontyyc.com](mailto:info@rosemontyyc.com) for more info about the next meeting.



# ROSEMONT PRESIDENT'S MESSAGE

Howdy Rosemontians!

I hope that everyone is having a great summer and enjoying the beautiful weather.

We have been advocating for more than three years to get temporary bathrooms on the west side of 10 St in Confederation Park. This has been a safety issue for our hall and renters, as people often try to use our hall's bathrooms. Plus, if you want to have a nice picnic in the park with your family, you would need to go all the way to the park's office, which can be a 15 to 20 minute walk. Despite telling us that they would be installed in the parking lot last fall, they have reneged on this commitment. Needless to say, it has been frustrating. We are asking everyone to submit 311 requests because the City relies on data and we need to be the squeaky wheel if we want some grease.

Save the date for Saturday, September 9 for our September BBQ and reach out if you are able to help out. We can only put on these types of events with the help of volunteers like you.

Be sure to check out the many programs starting up in September. Our friends at LDK Foundations Karate and Common Digs have lots of fall classes starting up soon. Details can be found at [RosemontYYC.com/Programs](http://RosemontYYC.com/Programs) or [LDKFoundation.com](http://LDKFoundation.com) or [CommonDigs.com](http://CommonDigs.com).

The best way to stay up-to-date is to receive our emails (typically one to two per month). If you aren't receiving them, visit [RosemontYYC.com](http://RosemontYYC.com) and sign up.

Finally, we have fully transitioned to our new website and email addresses. Please visit us at [RosemontYYC.com](http://RosemontYYC.com). All of our emails now end with [@RosemontYYC.com](mailto:@RosemontYYC.com) instead of [@RosemontCommunity.com](mailto:@RosemontCommunity.com). Please update your contacts accordingly.

As always, keep looking after family, friends, neighbours, and yourselves. Enjoy the summer!

*Matthew*



## Rosemont Real Estate Update

### Last 12 Months Rosemont MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 23	\$1,237,500	\$1,206,250
May 23	\$749,900	\$743,750
April 23	\$469,888	\$460,000
March 23	\$774,925	\$774,725
February 23	\$725,000	\$750,000
January 23	\$0	\$0
December 22	\$627,400	\$602,500
November 22	\$1,399,900	\$1,300,000
October 22	\$0	\$0
September 22	\$1,100,000	\$1,060,000
August 22	\$489,450	\$467,000
July 22	\$699,900	\$677,500

### Last 12 Months Rosemont MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
June 23	3	4
May 23	1	3
April 23	4	1
March 23	1	4
February 23	4	1
January 23	0	0
December 22	1	2
November 22	0	1
October 22	2	0
September 22	1	1
August 22	1	2
July 22	5	5

To view more detailed information that comprise the above  
MLS averages please visit [rmon.mycalgary.com](http://rmon.mycalgary.com)

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EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

**CAMBRIAN HEIGHTS**



**ROSEMONT**



# Scouts About - 4th Elks Triwood



## August Updates

Happy summer, everyone! We hope that you are exploring the outdoors over the summer holidays. If you have been on an outdoor adventure, tag us on Facebook @4thElks! At 4th Elks, we are gearing up for the 2023/24 season and we would like to extend an invite to community members interested in joining Scouting. For those who aren't familiar with Scouting, here is who we are and what we do.

Scouting is the largest youth organization in Canada and globally with a mission to develop well-rounded youth for success in the world. Scouting is run through community groups affiliated with Scouts Canada. Each community group is 100% volunteer run. At the 4th Elks Triwood, our parents and leaders collaborated to create our four pillars: Community Engagement, Family Connections, Friendship, and Outdoor Adventures. We incorporate at least one pillar in all the activities that we do. Scouting is open to all ages.

## Beavers

Ages 5 to 7, Motto: *Sharing, Sharing, Sharing*

Highlights for our Beaver Scouts include going to Camp Cadicasu, sleeping over at the Airplane Hangar, and going canoeing on Lake Bonavista. We have more adventures planned for 2023!

## Cubs

Ages 8 to 10, Motto: *Do Your Best*

Cubs ended their year with an overnight backpacking fishing trip. In 2024, there is talk of a five-day camp at the Wilderness Rendezvous in Cypress Hills and/or an overnight canoe expedition!

## Scouts

Ages 11 to 14, Motto: *Be Prepared*

Scouts have big plans to go to Pacific Jamboree (PJ) in July 2024. At PJ, the Scouts will camp out on the west coast with Scout groups from all over western Canada and northwestern USA.

## Ventures

Ages 15 to 17, Motto: *Challenge*

We do not have a Venturer company presently, but we're open to starting one! Ventures have done trips like sea kayaking in Mexico, hiked the Chilkoot Trail in the Yukon, or the East Coast Trail in Newfoundland. As well, Ventures have helped organized large group camps for Cubs!

## Rovers

Ages 18 to 26, Motto: *Go Beyond*

We do not have a Rover company, but Rovers plan epic adventures, are active in community endeavours, and contribute to international aid.

## Become a Leader

Anyone 16 years of age or older can be a leader. If you are interested in building youth and community presence, all you need is a sense of adventure. Don't worry about 'having the skills,' you can build those along the way!

For more information, contact us at [4thElksTriwood@gmail.com](mailto:4thElksTriwood@gmail.com).



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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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In the 1940s, American naval engineer Richard T. James accidentally knocked a spring off a shelf. The spring arched and flipped over itself, landing on several surfaces before falling back into a coil. This inspired his invention of the ever-popular "Slinky" spring toy. As a result, August 30 is National Slinky Day in the US!



No one  
has to  
face  
cancer  
alone.



Wellspring Alberta is a registered charity that provides free professionally-led programs and support for anyone living with cancer, including caregivers, and family members. Our programs are available online, in-person, or over the phone.

At Wellspring Alberta, you'll find a place to connect with others, be yourself, and find the support you need to face cancer.

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