

SEPTEMBER 2023

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CHRONICLE

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University District is excited to announce a new luxury bungalow-style condo project launching this fall. We can hardly wait to share all the exciting details with you!

Visit our website for more information.

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myuniversitydistrict.ca



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403-284-9390 102, 1926 - 20th Avenue NW

Learn the signs of stroke

Face is it drooping?

Arms can you raise both?

Speech is it slurred or jumbled?

Time to call 9-1-1 right away.

Act **F.A.S.T.** Lifesaving treatment begins the second you call 9-1-1.

heartandstroke.ca/FAST



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Happy Birthday,
Keanu!



September 2 is Canadian actor Keanu Reeves' birthday! Known for his kind and respectful nature, this Hollywood A-lister comes from humble Canadian beginnings. As a teen, Keanu worked in a Toronto bakery and at an arena sharpening skates. He also found success as a hockey goalie and aspired to be on the Canadian Olympic team!

THE WEST HILLHURST COMMUNITY ASSOCIATION PRESENTS

CELEBRATING 75 YEARS

EST



1948

**GRAND TRUNK
• FESTIVAL •**

FESTIVAL EVENTS

1940S' MOVIE NIGHT
MARKET FESTIVAL
CONCERT & PARTY



**SEPTEMBER 14TH & 16TH, 2023
WEST HILLHURST COMMUNITY CENTRE & PARK
1940 6TH AVENUE NW, CALGARY**



FULL
FESTIVAL
DETAILS
HERE



EVENT
SPONSOR

CAMBRIAN HEIGHTS' PRESIDENT'S MESSAGE

With the advent of September, we witness the colour change and cooler temperatures. Hopefully the summer weather we have enjoyed will continue and everyone will enjoy Confederation Park, Nose Hill Park, and our own off-leash dog park this fall. By now, the new trees in our dog park will have been planted and additional tree log landscaping and planting of wildflowers on the northern edge will have been completed. Unfortunately, some additional wildflower planting will be necessary, resulting in the fencing staying in place until next year. Calgary Parks has also added three free compostable poop bag dispensers that I hope everyone is utilizing. These bags are compostable and are recommended by the City for use over the less expensive biodegradable types.

I am sure everyone has noticed the construction activity within the community, particularly in the area around Confederation Park. Recently, we have received our first land use application change, in this case from R-C2 to the new R-CG designation, that if approved, could allow up to four units being developed on a 50 foot frontage corner lot. This is the first of a trend that is well represented in the neighbouring Mount Pleasant community. If you have comments on such developments, please contact our Planning Committee at planning@CambrianHeightsCommunity.com.

In September, CHCA will restart the fitness (Monday) and yoga (Wednesday) programs. Details are available in the newsletter or on our website (www.CambrianHeightsCommunity.com). The community hall will also see twice a week (Tuesday/Thursday) Scottish country dancing lessons and evening socials. Enjoy the music, camaraderie, and exercise afforded by qualified instructors and Scottish music. Again, details may be found on our website. We hope to have a family concert event outdoors in mid-September, but we have no firm plans at the writing of this report. Check our website or hall signage.


The previously reported garden project at the park space bordering Cambrian and Northmount Drives has progressed thanks to a group of resident volunteers. This fall, we will develop cost estimates to design and install signage to identify an entrance to our community at this location. If you wish to get involved with this project, please let us know by emailing us at cambrianheights@gmail.com.

The community continues to need volunteers to replace our treasurer and our social media director. These are critical positions for the community association that control our finance and communications activities. We currently have only five volunteer directors, which restricts our ability to plan events or programs. This is an opportunity to join an experienced team and help develop the programs, events, and planning for Cambrian Heights. It is your community. Help make it better for your family by volunteering even on a limited basis. To discuss these two volunteer opportunities or others, please contact us at president@CambrianHeightsCommunity.com.

Daryl Connolly, President CHCA



Cambrian Heights Community Association



**Wednesday Night Drop-In
In-Person & Zoom Hybrid**

6:30 PM - 7:30 PM
SEPTEMBER 6 - DECEMBER 13

\$12 CHCA Members / \$15 Non-Members

Information: 403-244-3001

CAMBRIAN HEIGHTS COMMUNITY ASSOC



SATURDAY, SEPT. 16 1-4 PM
AUTUMN CONCERT

FREE ALL-AGES LIVE MUSIC
BEER GARDENS + FOOD TRUCK
CHCA EAST LAWN

MORE INFO ONLINE @ CAMBRIANHEIGHTSCOMMUNITY.COM

CAMBRIAN HEIGHTS COMMUNITY

VOLUNTEERS NEEDED



Your Community is in need of additional resident participation in areas of Accounting, Social Media and Program Development. A few hours a week can make a huge contribution to your neighbourhood and its enjoyment.

BENEFIT

- ✓ Meet Active Community Residents
- ✓ Participate in Social Event Planning
- ✓ Help Improve Our Parks
- ✓ Interact with City Development Plans

For More Information

Email cambrianheights@gmail.com

or visit
www.cambrianheightscommunity.com

Returning Sept 11, 2023!!

Pumped Up Strength

50-Minute Express Class

Monday 6:00 PM, Sept 11

Cambrian Heights Community Hall
600 Northmont Drive NW

Zoom access available upon request

Handheld weights, yoga mat, water

FUN for ALL Ages and Fitness Levels

Members \$8 / Non-members \$10

scarybunnybefit@gmail.com

Why Pumped Up Strength is the class your body craves!



- Revs Your Metabolism
- Builds Lean Muscle Mass
- Strength + Cardio In One
- Increases Bone Density
- Improves Mobility

CHCA Membership

Create a Proud & Vibrant Community ... Together!

Join your CHCA and participate or volunteer in community events and create that small town feel in Cambrian Heights. Creating and participating in a vibrant community for your family and neighbors is special.

Purchasing an Annual Membership is a small act that supports many neighborhood initiatives such as community events and programs, but also managing and maintaining our facilities, parks, and advocating for residents in community and City planning initiatives.

Membership also recognizes the number of volunteers and Board Members that donate hours of their time to manage and create opportunities for you to enjoy.

MEMBERSHIP BENEFITS INCLUDE:

- Opportunity to meet and engage with your neighbors at events throughout the year
- Discounted fees for participation in Community Programs & Events and facilities
- Keep informed of Community news & events through delivery of the Cambrian Chronicle Newsletter to your home, online communication, and community website & email blasts.
- Management and maintenance of Community Hall, Ice Rinks, Parks & Green Spaces
- Providing input into city & community planning and development processes
- Improving your neighborhood by support of Community cleanup initiatives, upgrades to facilities & parks, and traffic safety.
- Ability to cast your vote at annual AGM on community issues

Two Ways to Purchase Your CHCA Membership:

1. Apply online on Website (www.cambrianheightscommunity.com) and purchase safely & securely (Credit Card or Paypal).
2. Fill out the membership form (Monthly Newsletter or download from CHCA Website) and Mail-in or Drop off at Cambrian Hall with payment (Cash or Cheque).

You will receive email confirmation of your membership # in place of a membership card. (Mail-in or drop-off applications will be delayed).

To purchase your membership please complete the following form and drop off with payment to CHCA Hall or Purchase online at our website: www.cambrianheightscommunity.com.

Name: _____

Address: _____

Email: _____ Phone: _____

(Personal information is used to inform members of Community events only, no information is shared with other organizations or individuals other than those associated with Cambrian Heights Community Association).

Membership Type: (Please Select One Only)

CAMBRIAN HEIGHTS RESIDENTS: (voting member)

- Senior (\$5.00) Individual (\$10.00) Family (\$20.00) Corporate (\$50.00)

NON- CAMBRIAN HEIGHTS RESIDENTS: (non-voting member)

- Associate (\$20.00)

Associate membership cards are not sent out unless proof of membership required for: Please indicate membership purpose: McKnight Soccer Yoga Fun & Fitness

Membership term is for 1 year and is current from January 1 of the year purchased until December 31 of the same year as per the Community Association Bylaws.

Return the completed form with cheque payable to the Cambrian Heights Community Association and mail or drop off at: Cambrian Heights Community Association, 600 Northmount Drive NW, Calgary AB T2K 3J5

Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5
 Phone: 403-284-1175 • Email: CHCA_HALL@telus.net
 Website: <http://www.cambrianheightscommunity.com>

Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is $5/3=2+2=4$ members. Maximum of 18 Voting Members.

Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	Vacant		treasurer@cambrianheightscommunity.com	Yes
Secretary	Ian McKinnon	403-585-7030	ianrmckinnon72@gmail.com	Yes
Newsletter Coordinator	Vacant			Yes
Membership Coordinator	Jennifer Manns		members@cambrianheightscommunity.com	Yes
Director Planning	Andrew Connolly	403-617-7627	planning@cambrianheightscommunity.com	Yes
Director	Spencer Cutten	403-561-4581	spencer.cutten@gmail.com	Yes
Director - Casino	Vacant		casino@cambrianheightscommunity.com	Yes
Committees - Non Voting				
Rink Coordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	No
Hall Manager	Lora Riep	403-284-1175	CHCA_hall@telus.net	No
City Liaison	Keith Magill	403-826-9152	keith.magill@calgary.ca	No
Social Committee	Betty Bacque		social@cambrianheightscommunity.com	No

CHCA MEETINGS:
 First Monday of the month, except in July and August. Contact the president if you wish to attend.
 Contact Hall Manager Lora for bookings at 403-284-1175.

Scottish Country Dance

The Douglas Scottish Country Dance Club will be starting their weekly class on Tuesday September 12, 2023.

The Confederation Park Scottish Country Dance Club will also be starting their weekly class on Thursday September 14, 2023, at our new location.

Location: Cambrian Heights Community Hall, 600 Northmount Drive NW

Come and join us for an evening of Scottish country dancing. No partner required. First time newcomer class is free. Weekly classes cost \$2. Yearly membership is \$25.

This is a great social, physical, and mental activity!



BRAIN GAMES

SUDOKU

	7			2			4	6
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	8	4		9	7			
7	1						5	9
			1	3		4	8	
6	9	7			2			8
	5	8					6	
4	3		5	8			7	

SCAN THE QR CODE FOR THE SOLUTION



Rosemont Community Association

PO Box 75007, 9 – 728 Northmount Drive NW,
Calgary, Alberta, T2K 6J8
Ph: 403-289-6533 • info@Rosemontyyc.com

BOARD OF DIRECTORS

President	Matthew Guilherme
Vice-President	Kris Olsen
Treasurer	Mel Gallant
Secretary	Vacant
Hall Agent	Jacque Brennan
Newsletter Coordinator	Matthew Guilherme
Development Committee	Adrian Kerry
Traffic Coordinator	Willem Zantvoort
Ice rink Coordinators	Kurt Westergard
Other Board Members at Large	Jean Blackstock

All inquiries can be sent to info@Rosemontyyc.com

Rosemont BBQ

Saturday, September 15 at 5:30 pm

Join us at the hall for a BBQ, music, and games to kick off the new school year.

This event is free for all Rosemontians with a valid 2023-2024 membership.

Sign up for your free 2023/2024 membership at RosemontYYC.com/Membership.



2023-2024

ROSEMONT COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION FORM



Rosemont has two membership options. Both options cover all members of a household:

- **Rosemont Resident Membership: FREE**
- **Associate Membership (live outside Rosemont): \$20**

1. Fill out the form at Rosemontyyc.com/membership OR
2. Complete this form and mail to PO Box 75007, 9-728 Northmount Drive NW T2K 6J8.

Name(s): _____

Address: _____ **Postal Code:** _____

Email(s): _____

Only include email addresses if you want to receive email updates.

For mailed-in associate memberships, please make cheques payable to the Rosemont Community Association.

If you are emailing us for an associate membership, we will contact to you arrange payment.

Please note: Membership term is for 1 year from September 1 to August 31. Membership is required for most community-based sports associations. Members also receive 10% discount on hall rentals.

Website and Hall Rentals Visit Rosemontyyc.com for all community-related information, including upcoming events and hall rental info. Register for our monthly email blasts and sign up for a community membership too. **Board Meetings** are held monthly and are open to anyone in the community who wishes to attend. Email us at info@rosemontyyc.com for more info about the next meeting.

ROSEMONT PRESIDENT'S MESSAGE

Howdy Rosemontians!

Welcome back to the start of another school year. There are a lot of new faces (both kids and staff) at Rosemont School and we are excited that everyone is getting back into the swing of things.

To kick off the new school year, all Rosemontians are invited to our annual Start Up BBQ at the hall on Saturday, September 15 from 5:30 to 7:30 pm. We will have our new barbeque up and running, music, games for the kids, and the chance to reconnect with old friends and meet some new faces. This is a free event for those who live in Rosemont, so whether you are new to the community or have lived here for many years, whether you rent or own, we invite you to join us! All that we ask is that you sign up for our free membership ahead of time or at the event (details below).

It's that time of the year to renew your membership or sign up if you haven't before. Once again, we are offering free 2023/2024 memberships for all residents in Rosemont. Visit RosemontCommunity.com/Membership to sign up. You get access to our great events (like the free BBQ on September 9) and 10% off hall rentals. It is a win-win, so sign up today!

An update on the bathroom situation in Confederation Park that I mentioned in the last newsletter. We were able to meet with the park's superintendent to discuss our concerns. We learned that there have been many issues with port-a-potties installed in other parks. In conjunction with vandalism and budget constraints, there won't be any temporary bathrooms going up anytime soon.

However, it was a productive meeting as they learned more about our unique issues, and we gained insight into some of the issues that they are experiencing at other bathroom facilities in the city (and in other cities for that matter). The parks folks listened to our concerns and are adding some 'no public washrooms' signage around our hall and we have offered our support for a proper 'parks bathrooms' strategy/program that they are looking to implement. These types of things need support from Council and proper funding, so we will be advocating for that with our councillor ahead of budget deliberations. So not exactly what we hoped for but we're making slow progress. Thank you to everyone who submitted 311 requests.

Be sure to check out the many programs starting up in September. Our friends at LDK Foundations Karate and Common Digs have lots of fall classes starting up soon. Details can be found at RosemontYYC.com/Programs.

As always, keep looking after family, friends, neighbours, and yourselves. Welcome back!

Matthew

GAMES & PUZZLES

Guess That Animal!

1. Male _____ are the only creatures in the animal kingdom to undergo pregnancy and give birth.
2. This tree-hugging marsupial's fingerprints are almost indistinguishable from humans', which has confused some forensic crime scene investigators.
3. This monogamous species mates for life and courts one another by gifting each other pebbles.
4. This large rodent is one of the friendliest in the animal kingdom and has been known to befriend crocodiles, monkeys, dogs, and even humans!
5. The _____ is the only mammal that can truly fly and not simply glide.
6. _____ are the only venomous primates; their armpits secrete venom that they lick to coat their teeth before attacking and biting.



SCAN THE QR CODE FOR THE ANSWERS!



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

CAMBRIAN HEIGHTS



ROSEMONT





News from the Friends of Nose Hill

by Anne Burke

What Happened 50 Years Ago to Preserve Nose Hill?

The Calgary Council of Women wanted a legacy. In 1973, the City created the park after a lengthy debate. Council rejected a development application when communities favoured a major natural environment park. "Citizens for Nose Hill" presented a "Citizens' Brief." Then a steering committee produced the "Nose Hill Design Brief."

A rezoning challenge was only one of the obstacles because much of the land was privately owned. It was urgent to preserve it because some was already sold to developers, with a parcel to a homebuilder.

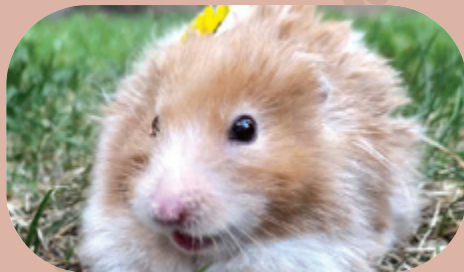
Community leaders and concerned citizens collected over 5,000 signatures on a petition opposing the rezoning. They organized a march along John Laurie Boulevard in defence of Nose Hill. There was even a children's petition, and their voices were heard.

City Council voted against any rezoning. However, the City still needed more time to buy up the land. The Supreme Court of Canada gave Calgary the right to purchase land on Nose Hill at its own pace. The provincial government agreed and declared that the Nose Hill lands be retained as a public open space in perpetuity.

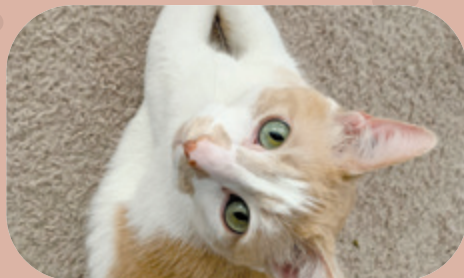
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