

MAY 2024

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# CAMBRIAN HEIGHTS ROSEMONT

CHRONICLE

THE OFFICIAL CAMBRIAN HEIGHTS & ROSEMONT COMMUNITY NEWSLETTER



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# Cambrian Heights Community Association

600 Northmount Drive NW • Calgary, Alberta T2K 3J5  
Phone: 403-284-1175 • Email: CHCA\_HALL@telus.net  
Website: <http://www.cambrianheightscommunity.com>

Bylaw Article 4.8.3: The quorum for the transaction of business at any Board meeting shall be one third of the standing Directors plus two. Voting Members required for quorum is  $6/3=2+2=4$  members. Maximum of 18 Voting Members.

Position	Name	Telephone	Email	Vote
President	Daryl Connolly	403-470-5339	president@cambrianheightscommunity.com	Yes
Treasurer	Vacant		treasurer@cambrianheightscommunity.com	Yes
Secretary	Ian McKinnon	403-585-7030	ianrmckinnon72@gmail.com	Yes
Newsletter Coordinator	Vacant			Yes
Membership Coordinator	Jennifer Manns		members@cambrianheightscommunity.com	Yes
Director Planning	Andrew Connolly	403-617-7627	planning@cambrianheightscommunity.com	Yes
Director - Casino	David Babich	604-837-7027	david@babich.ca	Yes
<b>Committees - Non Voting</b>				
Rink Coordinator	Scott Jacobson	403-771-9755	scottcolleenj@gmail.com	No
Hall Manager	Lora Riep	403-284-1175	CHCA_hall@telus.net	No
City Liaison	Keith Magill	403-826-9152	keith.magill@calgary.ca	No
Social Committee	Betty Bacque		social@cambrianheightscommunity.com	No

**CHCA MEETINGS:**  
First Monday of the month, except in July and August.  
Contact the president if you wish to attend.

Contact Hall Manager Lora for bookings at 403-284-1175.



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scarybunnybefit@gmail.com  
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**scarybunnybefit@gmail.com  
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for all the details!**



## CAMBRIAN HEIGHTS' PRESIDENT'S MESSAGE

On April 12 we held our first Volunteer Appreciation Event since Covid. It recognized those in the community who had volunteered their time for social events, facility improvements and our casino fundraisers. In addition, those interested in future volunteer opportunities were invited to join the group for a social evening at a local pub Moose's Beanery & Bar Room. During May we have joined with Rosemont Community to hold a Spring Cleanup Day on Sunday, May 19, at the Cambrian Community Hall. All are invited to bring yard cleanup materials, discarded electronics and tools for disposal and recycling. Please check the website ([www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com)) or the poster in this newsletter for more details. Beyond that event we have plans to host our third annual Bicycle Day Saturday, June 1, which will involve other NW communities and our AGM is scheduled for June 18 with invited guests Lizette Tejada our MLA and Sean Chu, Councillor for Ward 4. So, save the dates.

While we have no community wide plans for Calgary Neighbour Day on June 15 this year, we do encourage block parties within the community by providing a \$100 fund to defer the costs of organizing and running a block party in your neighbourhood. Simply email [cambrianheights@gmail.com](mailto:cambrianheights@gmail.com) for details.

This summer the hall grounds will welcome for the third year the Die Volksmesse car show on July 13. The Hall also welcomes back for its third year the Between Friends summer camp. They plan to hold an open house for parents at the Hall June 27 for those who might be interested in enrolling their children this summer. See [betweenfriends.ab.ca](http://betweenfriends.ab.ca) for details.

We still have garden plots available this summer for those interested in growing their own produce. If you are interested, please contact us for more information.

There remains some confusion about the use of the park and playground space on 39 Avenue and 10 Street boarding QPC. Despite the unlawful removal of City signage by someone, it is not designated an off-leash dog park and should not be so utilized.

In past newsletter issues we have highlighted our intention to place a community identification sign in the park that is bounded by Cambrian and Northmount Drives. While development in Cambrian Heights started in 1956, there has never to our knowledge been a

community identification sign. We are continuing our process of designing alternatives for consideration. A development permit will ultimately be required. Our community certainly qualified in original construction design as "mid-century modern" but like all inner-City neighbourhoods is undergoing change with infill development. If you have any signage design thoughts feel free to comment through email to [president@cambrianheightscommunity.com](mailto:president@cambrianheightscommunity.com).

The community continues to encourage resident participation at the Board or event volunteer level. The Treasurer position remains our most urgent need. Accounting or financial expertise will certainly be required. Involvement at a Board level offers an opportunity to help develop the programs, events, and residential planning for Cambrian Heights. Help us improve our community resources by volunteering. To discuss any opportunities for participation please contact us at [cambrianheights@gmail.com](mailto:cambrianheights@gmail.com).

*Daryl Connolly*

President CHCA

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

CAMBRIAN HEIGHTS



ROSEMONT



# CAMBRIAN HEIGHTS COMMUNITY GARDEN

We have a few garden plots open for the 2024 season.  
Visit the community hall grounds to view and  
develop a plan to grow your own vegetables this year.

For more information,  
contact us at [cambrianheights@gmail.com](mailto:cambrianheights@gmail.com)



## Cambrian Heights Community Association Annual General Meeting



**Tuesday, June 18 @ 7:30 PM**

**CHCA Community Hall  
600 Northmount Drive NW**

**2023 Financial Reports, Election of Directors, Community Activity  
Off-Leash Park Development, Community Signage**

**Invited Guests**

**Lizette Tejada, MLA Calgary-Klein  
Sean Chu, Ward 4 Councillor**

**For further information and any updates see  
website at [www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com)**

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JUNE 1ST 10AM - 2PM  
@COMMUNITY HALL EAST LAWN

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KIDS BIKE WASH  
BIKE SKILLS PARK  
HOURLY FAMILY TUNE-UP CLINIC (ALL AGES)

EXPLORE OTHER  
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MORE INFO @ [CAMBRIANHEIGHTSCOMMUNITY.COM](http://CAMBRIANHEIGHTSCOMMUNITY.COM)

# CHCA Membership

Create a Proud & Vibrant Community ... Together!

Join your CHCA and participate or volunteer in community events and create that small town feel in Cambrian Heights. Creating and participating in a vibrant community for your family and neighbors is special.

Purchasing an Annual Membership is a small act that supports many neighborhood initiatives such as community events and programs, but also managing and maintaining our facilities, parks, and advocating for residents in community and City planning initiatives.

Membership also recognizes the number of volunteers and Board Members that donate hours of their time to manage and create opportunities for you to enjoy.

## MEMBERSHIP BENEFITS INCLUDE:

- Opportunity to meet and engage with your neighbors at events throughout the year
- Discounted fees for participation in Community Programs & Events and facilities
- Keep informed of Community news & events through delivery of the Cambrian Chronicle Newsletter to your home, online communication, and community website & email blasts.
- Management and maintenance of Community Hall, Ice Rinks, Parks & Green Spaces
- Providing input into city & community planning and development processes
- Improving your neighborhood by support of Community cleanup initiatives, upgrades to facilities & parks, and traffic safety.
- Ability to cast your vote at annual AGM on community issues

## Two Ways to Purchase Your CHCA Membership:

1. Apply online on Website ([www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com)) and purchase safely & securely (Credit Card or Paypal).
2. Fill out the membership form (Monthly Newsletter or download from CHCA Website) and Mail-in or Drop off at Cambrian Hall with payment (Cash or Cheque).

You will receive email confirmation of your membership # in place of a membership card. (Mail-in or drop-off applications will be delayed).

To purchase your membership please complete the following form and drop off with payment to CHCA Hall or Purchase online at our website: [www.cambrianheightscommunity.com](http://www.cambrianheightscommunity.com).

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

(Personal information is used to inform members of Community events only, no information is shared with other organizations or individuals other than those associated with Cambrian Heights Community Association).

## Membership Type: (Please Select One Only)

### CAMBRIAN HEIGHTS RESIDENTS: ( voting member )

Senior (\$5.00)     Individual (\$10.00)     Family (\$20.00)     Corporate (\$50.00)

### NON- CAMBRIAN HEIGHTS RESIDENTS: ( non-voting member )

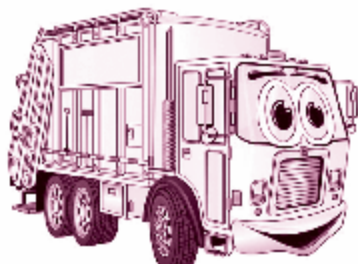
Associate (\$20.00)

Associate membership cards are not sent out unless proof of membership required for: Please indicate membership purpose:  McKnight Soccer     Yoga     Fun & Fitness

Membership term is for 1 year and is current from January 1 of the year purchased until December 31 of the same year as per the Community Association Bylaws.

Return the completed form with cheque payable to the Cambrian Heights Community Association and mail or drop off at: Cambrian Heights Community Association, 600 Northmount Drive NW, Calgary AB T2K 3J5

# Cambrian Heights & Rosemont



**Sunday, May 19  
Drop Off**

**9:00 am – 1:30 pm**

**Cambrian Heights Community Centre  
Parking Lot**

**600 Northmount Drive N.W.**

## **ACCEPTING:**

- **Household Waste** (City of Calgary)
- **Yard Waste** (City of Calgary)
- **Home Electronics** (includes computers, laptops, monitors, printers, fax machines, scanners, telecom devices)
- **Home Appliances** – excluding fridges and freezers
- **Power & Air Tools, Lawn Equipment**
- **Car Batteries** (not alkaline)

## **NOT ACCEPTING:**

- **Propane Tanks**
- **Paint or Household Chemicals**
- **Fridges or Freezers**
- **Liquids (Oils)**
- **Alkaline Batteries**
- **Tires** (with or without rims)



# SPRING CLEAN-UP

**VOLUNTEERS NEEDED  
PLEASE SUPPORT YOUR  
COMMUNITY**

**Call Bent @ 587.433.4576**

Cambrian Heights and Rosemont Community Associations would like to acknowledge the support of the following:

- Calgary Community Standards
- Calgary Waste & Recycling
- Calgary Parks & Recreation
- Alberta Recycling

# Rosemont Community Association

PO Box 75007, 9 – 728 Northmount Drive NW,  
 Calgary, Alberta, T2K 6J8  
 Ph: 403-289-6533 • info@Rosemontyyc.com

## BOARD OF DIRECTORS

President	Matthew Guilherme
Vice-President	Kris Olsen
Treasurer	Mel Gallant
Secretary	Andrea Ginter
Hall Agent	Jacque Brennan
Newsletter Coordinator	Matthew Guilherme
Development Committee	Adrian Kerry
Traffic Coordinator	Willem Zantvoort
Ice rink Coordinators	Kurt Westergard
Other Board Members at Large	Jean Blackstock

All inquiries can be sent to info@Rosemontyyc.com



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2023-2024

## ROSEMONT COMMUNITY ASSOCIATION MEMBERSHIP APPLICATION FORM



Rosemont has two membership options. Both options cover all members of a household:

- **Rosemont Resident Membership: FREE**
- **Associate Membership (live outside Rosemont): \$20**

1. Fill out the form at Rosemontyyc.com/membership OR
2. Complete this form and mail to PO Box 75007, 9-728 Northmount Drive NW T2K 6J8.

**Name(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Postal Code:** \_\_\_\_\_

**Email(s):** \_\_\_\_\_

**Only include email addresses if you want to receive email updates.**

*For mailed-in associate memberships, please make cheques payable to the Rosemont Community Association.  
 If you are emailing us for an associate membership, we will contact to you arrange payment.*

**Please note:** Membership term is for 1 year from September 1 to August 31. Membership is required for most community-based sports associations. Members also receive 10% discount on hall rentals.

**Website and Hall Rentals** Visit Rosemontyyc.com for all community-related information, including upcoming events and hall rental info. Register for our monthly email blasts and sign up for a community membership too.

**Board Meetings** are held monthly and are open to anyone in the community who wishes to attend. Email us at info@rosemontyyc.com for more info about the next meeting.



## ROSEMONT PRESIDENT'S MESSAGE

Howdy Rosemontians!

Hope everyone is getting their gardens ready for another great growing season.

A big thanks to Kris, Mel, and everyone that helped organize Pub Night. It was a great success!

Have stuff to throw out? We are doing a Spring Cleanup event with Cambrian on Sunday, May 19 from 9:00 am to 1:30 pm (we had some slim pickings for dates). This event relies on volunteers like you so please email us at [info@rosemontyc.com](mailto:info@rosemontyc.com) and we will put you in touch with our great organizer, Bent. See the poster and our website for more info about items you can dispose/recycle.

You may have noticed a bunch of construction around the hall. We are replacing the ramp and stairs to the main entrance and finishing work on the seacan storage containers. Contact me if you want more info as it has been quite the saga.

We are also planning our Stampede Breakfast for July 6. Volunteers needed! Please email us at [info@rosemontyc.com](mailto:info@rosemontyc.com) to lend your hand for an hour or two.

Speaking of volunteering, we are always looking for folks to join the board. No experience necessary and it is a low time commitment (a few hours each month). Please email us for more information.

And a huge thank you to Jean, Patrick, and Dave for a great year of shinny despite some challenging weather! And thanks, as well to the Ice Guys for all of their hard work too.

We also have a new tenant in our hall with yoga taking place on Monday nights. See our website for more details and how to register with them!

As always, keep looking after family, friends, neighbours, and yourselves.

*Matthew*



## Scouts About - 4th Elks Triwood



### May Updates

It's been a busy year for the 4th Elks Triwood Beavers and Cubs. This winter, Cubs and Beavers visited the Fire Department, built decorations with residents at Bethany, and undertook a snowshoe adventure in Confederation Park. Cubs had camp outs at AHEIA camp Alford to try snow shoeing, archery, ice fishing, and more, while the Beavers did a sleep over at the 18th Scout Hall in Bankview. The Beavers and Cubs are looking forward to some more hikes in the spring, canoeing, and going to horseback riding camp at the end of May.



*Beavers building origami decorations with residents at Bethany.*

Follow us on Facebook to see updates on all our activities!

### Fundraisers

Look out for Beavers and Cubs who will try to come to every door in Triwood on May 25 for our final bottle drive of the year. Thanks to everyone who has supported the group in the past through bottle drives and our popcorn, coffee, and chocolate fundraisers.

### Drop-off Bottle Drives

May 25 - Drop your bottles off at the TCA community centre. Scouts will be on hand to help unload and get rid of used bottles. We will also do our best to come door to door to as many Triwood homes as possible.

### Coffee and Chocolate Sales

We will be on-site at TCA Spring Market on April 28. Sales will continue through May.

This year we are selling Highwood Coffee roasted right here in Charleswood as well as Purdys milk chocolate and dark chocolate bars. Contact/text Kim at 403-803-2199 or WhatsApp to order in advance while supplies last.

### Become a Leader

We need leaders to make these programs happen. If you are new to scouting or want to get back into Scouting and are interested in building your outdoor skills along with your youth, there is a place for you at 4th Elks. Contact us at [4thElksTriwood@gmail.com](mailto:4thElksTriwood@gmail.com).



*Cubs having a go at scuba diving at the Dive Shop.*



*Cub Moritz on his first camp catching his first fish!*

# Rosemont Shiny Wrap Up 2024



Once again, we had a great year of shiny hockey at Rosemont Community Rink in 2024. Our new coach Patrick Palardy and Assistant Coach Dave Lamoureux made the season fun for 33 shiny hockey players. On Tuesday, March 19 we had our Shiny Hockey Windup at West Hillhurst Community and had a great supper and medals given out and a raucous game of hockey with parents following supper. A great time was had by all. Shout out to the Rosemont Community Ice Guys who back our team up with the Best Outdoor Ice in Calgary!

The Rosemont Shiny Hockey Players for 2024:

Ethan Lam	Edison White
Simon Oliver	Thomas Oliver
Austin Lam	Theodore Stuart
Colin Lamoureux	Tyson Mort
Isaac Palardy	Winston Stuart
Conrad Albenez	Leland Prodor
Emery Palardy	Reuben Vannus
Martin Vargas	Luke Hui
Levi Sullivan	Owen Parsons
Ravi Stephenson	Ari Stephenson
Jacob Walker	Nathaniel Lau
Declan Lau	John Macfarlane
Samuel Lau	Adeline Lau
Dexter Brick	Emanuel Lau
Benjamin Prodor	Lillian Parsons
Chamnalyn Schmidt	Mathew Hu
Wyatt Graves	



**No matter how much you sweat, we can get the stink out!**

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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CALGARY'S INDEPENDENT PHARMACY CELEBRATING OVER 60 YEARS OF CARE!

## Mom takes care of everything ... *but who takes care of MOM?*

### WHY DO MOMS NEED SELF-CARE?

If you want to be the best version of yourself, to your children and your partner, you need to take care of yourself. Self-care looks different to everyone but here are a few self-care ideas you can do as a mom:

- Pick up a sport you enjoy
- Meet up with friends
- Meditate
- Go to a theatre
- Have a coffee in peace
- Find a quiet place and read a book

Whatever it might be that you enjoy and makes you feel like you can live your life outside of your family bubble – *DO IT!* No matter how small or big it is.

*Taking care of yourself is the most powerful way to begin to take care of others.*

***The staff at Cambrian Pharmacy want to wish all the MOMS a very Happy Mother's Day and hope you can find some time to treat yourself to some self-care.***

***To view our May deals, please scan the QR code below.***



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