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- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

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- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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& More



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Statistics



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PRESIDENT'S MESSAGE

As we mark Remembrance Day on November 11, let's make sure we take the time to pause to remember and honour the Canadians who have served and sacrificed for our country. Lest we forget.

It has been a busy fall at the Citadel Community Association! We have just wrapped up our new CCA logo contest and look forward to sharing the results with the community.

A quick facilities update: our tennis courts will remain closed until spring while the work continues. Unfortunately, it is also unlikely that we will be able to flood the outdoor rink this winter due to a problem with our water valve, combined with the forecast for a Super El Niño, which may bring warmer-than-normal winter conditions.

Looking ahead, join us on November 14 for our Christmas Market. We have some new vendors joining us this year, along with some familiar favourites. We hope you'll come out, do some holiday shopping, and enjoy the festive atmosphere with your neighbours.

Our Annual General Meeting is December 3. This is an important opportunity for members to hear about the Association's activities over the past year and participate in the business of the CCA. To vote at the AGM, you must be a current member of the Citadel Community Association and reside in the community of Citadel.

We look forward to seeing you at the Christmas Market and at our AGM!

Warm regards,

Stephanie Christensen

President, Citadel Community Association

Social Media

f Facebook: www.facebook.com/Citadel-Community-Association-102191997822430

@ Instagram: www.instagram.com/citadel_community_yc/

globe Website: www.citadelca.ab.ca/CCA/

CITADEL COMMUNITY ASSOCIATION

AGM

ANNUAL GENERAL MEETING

CCA HALL
870 CITADEL DRIVE NW

THURSDAY, DECEMBER 3
7:00PM - 9:00PM

Join us for the AGM, enjoy some snacks, and have a chance to win a door prize!

Active CCA Membership Required

RSVP: president@citadelca.ab.ca



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Citadel Community Association

Christmas Market

Join us for a magical Christmas Market filled with holiday spirit!

✦ Shop Local ✦ Handmade goods
✦ Art ✦ Gifts ✦ Holiday treats



Saturday, November 14
9:00am - 3:00pm

870 Citadel Drive NW



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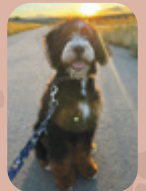
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7PM



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COST:



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BY FREDRIK BACKMAN



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A Bloom You Can Brew

Did you know? Chrysanthemums are November's birth flower—but some varieties are more than decorative! Certain chrysanthemum flowers and leaves are edible, and chrysanthemum tea, made by steeping the dried flowers, is a traditional beverage enjoyed across parts of East Asia.



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SAVE THE DATE

Citadel Seniors Christmas Dinner

Fifth Annual

✨ Stay tuned for more details! ✨

Saturday, December 05

5:00-8:00pm

870 Citadel Drive NW

For inquiries: seniorevents@citadelca.ab.ca

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Word of the Month

Psithurism: Noun (sith-yuh-riz-uhm)

The soft, whispering sound of the wind moving through trees and leaves.

“A faint psithurism at the edge of the woods could be heard as the evening air began to cool”.





News from the Friends of Nose Hill

by Anne Burke

The Glenbow Archives entry for Robert Aramant refers to the researcher and author who spent time in Calgary, during the early 1980s. He is primarily recognized in local archives for his field research and documentation on Nose Hill. For in library use only, Calgary Public Library has a copy of his report: "The Tipi Rings Nose Hill: Calgary April 1982 to May 1983."

Robert Bo Aramant (1932-2022) in the Natural Areas Group of the Calgary Field Naturalists' Society surveyed stone circles along the southern margin of Nose Hill uplands. Studies were done during the months when ground conditions were suitable. His research detailed bearing and distance information between tipi rings and on the diameter and number of stones with each ring. He recorded 60 new rings as well as mapping previously identified sites. Vehicle tracks, rubbing stones, and an unknown group of poplars were indicated.

Other maps show roads, critical bearings to Nose Hill Tower and horse barn. Following his study, the site was revisited. New rings related to recorded sites were compared. Some rings matched the original Lifeways of Canada definition by Alberta's first and longest-operating heritage and historical resources consulting company. Robert wrote it is very important to point out that this report only surveyed a small part of the proposed Nose Hill Park area. Even the southeast part of Nose Hill, where the report presents newly found tipi rings, has been very incompletely surveyed.

Consequently, there are many more tipi rings on natural prairie grassland areas and probably also many other kinds of archaeological sites and artifacts as well that are undiscovered on Nose Hill. It is very desirable that the natural prairie grassland still left on Nose Hill be preserved and protected. Read more at: www.newcomerkentuckiana.com/obituaries/robert-aramant.



Citadel

COMMUNITY ASSOCIATION

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SCAN ME

Remembering and Reconnecting

by Rebecca Pink



November gives us a moment to pause and honour, with deep gratitude, those who served and sacrificed for others, and those who continue to serve today. It is also a reminder that remembering is something we all carry in different ways. Remembrance is not limited to one day or one kind of loss, it can take many shapes, often quietly woven into our everyday lives. Sometimes remembering brings comfort; other times, it brings sadness, longing, or emotions we weren't expecting. There is no right way to remember or feel. We can continue to try to make room for whatever comes, with a little gentleness and self-compassion,

Grief is something that many people carry quietly. I know this from my own experience as well. It can be complicated, heavy, and unpredictable, bringing waves of emotions that can shift from one day to the next. We don't always talk about it, and sometimes we may feel as though we are expected to "move on" or "be fine". However, grief doesn't follow a timeline and is never linear. We can make room for both the sadness of what is no longer here and the gratitude for once was.

November can be a challenging month for many of us.

The days grow shorter, the temperatures drop, and for many of us, our energy shifts with the season. Rather than seeing this as something we need to push through, maybe it can be an invitation to slow down and check in with ourselves. What might you need a little more of right now? Rest? Connection? Time for yourself and your loved ones?

November gives us an opportunity to pause, remember, and reconnect. We might reach out to someone we haven't spoken to in a while, revisit a memory, or make a little more room for the people and experiences that matter to us. For those carrying grief, these moments of connection can be especially meaningful. Sometimes remembering together is a way of reminding ourselves that we don't have to carry it alone.

As we move through November, I also want to take a moment to remember and honour those who have served and continue to serve, and the families who stand alongside them.

Lest We Forget.

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July	26	20	10	\$609,900	\$600,250
June	26	23	13	\$614,900	\$605,000
May	26	19	15	\$675,000	\$655,000
April	26	19	16	\$607,400	\$612,450
March	26	9	6	\$427,450	\$417,500
February	26	9	7	\$689,900	\$680,000
January	26	10	10	\$633,250	\$633,000
December	25	4	9	\$624,900	\$600,000
November	25	8	17	\$609,900	\$595,000
October	25	21	12	\$647,500	\$640,000

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