

NOVEMBER 2023

DELIVERED MONTHLY TO 4,760 HOUSEHOLDS

# the CRESCENT view

THE OFFICIAL CRESCENT HEIGHTS COMMUNITY NEWSLETTER



*Photo by Emily Strecker. Crescent Heights High School student*

**SELLING YOUR HOME?**



## Richard Palibroda

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[crescentheightsyc.ca](http://crescentheightsyc.ca)



# for local

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Calgary



The **Residential Parking Permit Program** limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

22-0024302 ADV-23056

[calgary.ca/rpp](https://calgary.ca/rpp)

Advent  
at

Crescent Heights Baptist Church

Join us for our advent sermon series

**December 3 - December 24**

Sundays at 10:30am in-person or online



CRESCENT HEIGHTS BAPTIST CHURCH  
1212 1 STREET N.W  
[WWW.CRESCENTHEIGHTSBAPTIST.COM](http://WWW.CRESCENTHEIGHTSBAPTIST.COM)



@CHBC\_Calgary

*We are collecting donations for the  
Calgary Pregnancy Care Centre  
throughout the month of December*



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# THE CRESCENT VIEW

## Newsletter Deadline

The Crescent View is published 12 times per year. The submission deadline is 6:00 pm on the fifth of each month for the following month.

For example, to be published in the June issue, the deadline is May 5.

Please email your articles or event listings, as an attachment in MS Word form, to the editor at: newsletter@crescentheightsyyc.ca.

Digital photos that are community related are always welcome as an attachment to the email and be sure to send a caption and/or the names of people who are in the photo. The requirements are 250 KB for a smaller picture and 1-3 MB for a larger (full-page) picture.

### Editor:

Elizabeth Stady

Email: newsletter@crescentheightsyyc.ca.

## Vision, Mission, Values

### Vision

We are a vibrant inner-city community with engaged and connected residents.

### Mission

Crescent Heights Community Association works with residents, members and stakeholders to improve the quality of life for its residents by:

- Developing and enhancing community enjoyment, safety, connection and belonging and;
- Advocating on behalf of the community.

### Values

- We value integrity and transparency in our communication with all stakeholders.
- We value a sustainable future.
- We value diversity of our residents.
- We value inclusivity and compassion as we work to build community.
- We value the contributions our volunteers make to build a strong sense of community.
- We value community engagement through the arts and support local artists.
- We value protecting and enhancing our public spaces, forests and historic resources.

## CHCA Board of Directors

We are always looking for people to join our core group of volunteers. It's a great way to learn/exercise leadership skills and a great way to build and connect your community. If you're interested, then go to our Volunteer page and send us a message.

The Board meets at 7:00 pm every fourth Tuesday of the month and all CHCA members are welcome. If you are planning to attend, please send an email to secretary@crescentheightsyyc.ca at least 24 hours before the meeting.

### BOARD OF DIRECTORS

|   |                        |
|---|------------------------|
| President                                     | Dennis Marr            |
| Treasurer                                     | John McDermid          |
| Asst. Treasurer                               | Harmeet Singh Kathuria |
| Secretary                                     | Harmeet Singh Kathuria |
| Facilities Director                           | Vacant                 |
| Planning Director                             | Brenda Erskine         |
| Parks Director                                | Humaira Palibroda      |
| Communications Director                       | Elsie Ross             |
| Traffic and Mobility Directors                | Marie Evans            |
| Community Partnerships Director               | Doug Carlyle           |
| Engagement Director                           | Zachary Nagy           |
| Director of Climate Change and Sustainability | Vacant                 |
| Director at Large                             | Stephanie Ho Lem       |
| Fundraising Director                          | Vacant                 |
| Membership Director                           | Dennis Marr            |

### KEY VOLUNTEER POSITIONS

|                   |                 |
|-------------------|-----------------|
| Newsletter Editor | Elizabeth Stady |
|-------------------|-----------------|

JOIN THE CRESCENT HEIGHTS

COMMUNITY ASSOCIATION (CHCA)

MEMBERSHIP BENEFITS YOU, YOUR

FAMILY AND YOUR NEIGHBOURS

HAVE A VOICE

HELP US GROW COMMUNITY!



## Seeking Pancake Breakfast Event and Volunteer Coordinators for 2024



Take the wheel of this exciting community event! The community needs this to carry on!

It's a great opportunity to meet your neighbours and have a lot of fun.

You will get a step-by-step detailed manual with all contacts available to guide you, lots of eager volunteers willing to jump in, and you get to choose the band!

Contact [president@crescentheightssyc.ca](mailto:president@crescentheightssyc.ca).

## PRESIDENT'S REPORT

The AGM has been held and the new term has commenced. The following projects and activities are being carried forward from last term:

- Development of Goose and Bear Park at 4 Ave and Edmonton Trail
- Impending installation of human/dog water fountain at Rotary Park
- Focus on building a new updated rink beside the community hall
- Mini Galleries in Rotary Park
- Ongoing work on our community hall facility
- Planning Committee reviews of Development Permits and land use changes
- Publication of the *View* and E-blast

Working on the CHCA Board does not require a lot of time but it is rewarding to learn how things get done in our community. You also get to meet a lot of people who are trying to make Crescent Heights an even better place to live and work. Don't hesitate to join in if you wish to add value to your community.

To get our electronic news bulletins (E-blasts), email [communications@crescentheightssyc.ca](mailto:communications@crescentheightssyc.ca) or click 'membership' on our website and join.

If you wish to help your community as a volunteer or Director, just email me at [president@crescentheightssyc.ca](mailto:president@crescentheightssyc.ca). Youth and diversity are highly desired.

Hope to see you around.

# OFFICIAL



## PLUMBING & HEATING

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Drain Cleaning  
Boiler Install & Repair  
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Service Call Fee



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[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

## Google Images



We've all used Google Images, but do you know the reason it was created? On July 12, 2001, Google invented this search engine because so many people had searched for pictures of Jennifer Lopez' green Versace dress. Can you imagine that kind of impact?!



CRESCENT HEIGHTS  
Community Association



# COME BUILD BEE HOTELS WITH US FOR GOOSE & BEAR HILL



**NOVEMBER 5, 2023 @ 2:30-4:30 p.m.**

**Crescent Heights Community Hall**

**1101 - 2 St NW**



Bee hotels are a place of shelter and rest for bees as they pollinate. Materials, tools and instructions provided.  
**Come join us and build bee hotels!**



Contact Humaira: [parks@crescentheightsyc.ca](mailto:parks@crescentheightsyc.ca)  
Get involved and grow!





 **Goose & Bear Hill** 


**Thank you to  
The Friends of the  
Federation of Calgary  
Communities Society & the  
Calgary Foundation for  
approving our \$7440.00  
Neighbor Grant to show  
 our Hill some love**

**Stay tuned for more improvements**



Humaira Palibroda: parks@crecentheightsyyc.ca  
Get Involved and Grow

 **Goose & Bear Hill** 

**bring your coffee and  
 take in the sunrise**

**Stay tuned for more improvements**



Humaira Palibroda: parks@crecentheightsyyc.ca  
Get Involved and Grow

 AUArtsSA Presents

**SHOW + SALE** **IN-PERSON WINTER MARKET**  
**NOV. 17-18, 2023**



**FIRST NIGHT FUNDRAISER**  
**NOV. 17 • \$25 ENTRY**

## New Parking Guidelines

For the new fee structure and to apply for a parking permit, visit <https://www.calgaryparking.com/parkingpermits>.

For more information, visit <https://calgary.ctvnews.ca/there-s-a-fee-for-that-city-of-calgary-launches-first-change-to-permit-parking-program-1.6247738>.

If you do not have access to the internet, please contact the customer service team at 403-537-7000 and they will help you set up an account.

## SCAN HERE TO VIEW ADDITIONAL CRESCENT HEIGHTS CONTENT

News, Events,  
& More



Crime  
Statistics



Real Estate  
Statistics



### Canadian Geographic's September Issue

by Stephanie Ho Lem, CHCA Director of Environment, Climate Change, and Sustainability, member of the City's Climate Advisory Committee

To all our Crescent Heights community residents, the September issue of Canadian Geographic, with a readership of four million, made mention of our Pollinator Garden on Crescent Road. The article is titled *City of Calgary's Biodiversity by Design, A Bees and Birds Tour of Calgary*.

The Pollinator Garden evolved since 2017 from a four-stall parking lot to an area of planters filled with native plants. Jenna Cross, the City's Parks Ecologist, took plants from her garden and native plant seeds to put in the planters. They blossomed with beautiful flowers attracting pollinators, mainly bees. Did you know that Calgary is designated a Bee City in Canada?

For the last two years, the City of Calgary has held an education booth at the Pollinator Garden on the importance of bees. The most recent was held on September 27, and those who attended received wildflower seed packets to take home for their garden.

The Pollinator Garden will help conserve our pollinators by providing them with a place to stop, rest, feed, and refuel, and teach others to protect pollinators. Without bees pollinating our plants that are critical for food production, plants would no longer be able to survive.

More than 70 percent of wild bees build their nests in the ground. The nests are shallow and not well protected during our long, cold winters. You can assist bees and other

pollinators by not raking up all the leaves and not cleaning up all the dead plants in your garden. Support our native pollinators! Put a few new plants in the ground instead of taking things out. Help the bees and save your back. Leave the leaves!

Thank you to everyone a part of the success of the Pollinator Garden. Appreciation goes to the City's plant ecologists, Jenna Cross and Mitchell Addison, the Mormon Church for allowing the use of their water, and resident volunteer Mike Macdonald for the care of the plants.

*Please note that the content provided is for informational purposes.*

stephanie@crescentheightsyc.ca



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Rotary Park

# Drinking Fountain Fundraiser!

A fountain for our K9 & human park goers



## Update

Donations continue to trickle in reminding us of the importance of community spirit in improving our public spaces. I was hoping to complete the fountain project this year but with \$4858.00 raised and the onset of Fall our timeline must extend to 2024. I am always searching for funding and fundraising ideas, please reach out with yours!

### Thank you to our donors :

Barbara Surplus-Sharon Anderson-Marr-Tim Edwards-Rebecca Dunlop-Yasmeen Nossih-Ethan Shi-Matthew Clapson,Kathleen Kelly-Lucy & Cyde-Erin LillyWhite-Richard Harding-Dustin Deveau-The UPS Store-Dana Ilych-Gerry Simon-Sandra Raskin-Chris Oulette-Krista Davey-Michael Bischoff -Ryan Prasad-John McDermid-Laurie Allen-Zachary Nagy-Sarah Winstanley-Nathan Hertz-Adrian Millman-David Tang-Lindsay Marr-Dyna Schuster-Sheila McCardle-Krista Beavis-Shannon Pratt-Linette McNamara-Barry Matthews-Claire & Ania Niscak-Two Pillars Brewery, Doodle Dogs, Tigerstedt & Friends-TD Bank-Chinook Glass-Unit Realty Print Marketing

## Donate Today :

online:<https://crescentheights.getcommunal.com/donate/22>



OR Write a cheque payable to:  
**Crescent Heights Community Association**  
(send to: 1101 - 2 St NW, Calgary AB T2M-2V7)  
Attn: Humaira Palibroda



# UPDATE ON THE NEW CRESCENT HEIGHTS OUTDOOR SKATING RINK



The excitement and support for our hardworking, beloved Skating Rink keeps building...

It started with the **The Calgary Flames Foundation** and **Parks Foundation Calgary**, Calgary Flames Rink Award for \$60,000.

Then the City of Calgary partnered with the Crescent Heights Community Association for the Engineering Consulting Program and the Engineering Report is now complete.

and now

The Government of Alberta –  
Community Facility Enhancement  
Program has approved a grant of  
\$65,823 for the Rink

Humaira Palibroda: [parks@crescentheightsyyc.ca](mailto:parks@crescentheightsyyc.ca)  
Get Involved and Grow

## Yielding to Emergency Vehicles

by Alberta Health Services



For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles with their lights and sirens activated. You can help EMS, police, and fire get to the scene quickly and safely by following these rules of the road.

### **When an emergency vehicle approaches with lights and siren activated:**

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- Move right or left to the nearest curb on one-way streets.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.

- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., to pass other traffic.

### **When operating a vehicle:**

- Motorists must reduce speed to 60 km/h or the posted speed, whichever is lower, when passing emergency vehicles or tow trucks that are stopped with their lights flashing. This law applies to the lane(s) immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.
- Drivers must place their full attention on the roadway and toward the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.

# Explore Mexico's Day of the Dead in Rotary Park

by Brenda Erskine

Explore the cultural richness and diversity of Xantolo (pronounced shantolow), one of Mexico's most important celebrations, through an exhibit by the Mexican Women Artists (MWA) Collective in Rotary Park's Mini Galleries this November and December.

On Saturday, November 11 at 1:00 pm, take part in a performance of *un canto a la vida de nuestros difuntos* (a hymn to the lives of our deceased), as part of the exhibit opening. A ritual procession will start at gallery #1, near the parking lot off 7 Ave NE, with candles and traditional Mexican songs.

"Immerse yourself in the rich tapestry of these age-old traditions that honor our ancestors and celebrate the journey of life and death," says MWA member Almendra Vergara. "For the Indigenous people of the Huasteca region in central Mexico, this festivity is more important than Christmas. It is observed to honour the dead and goes all the way back to Miccaihuitl – the great Feast of the Dead from pre-Columbian times."

The artists pay homage to their heritage and this important celebration of life and death through the exhibit, which also explores the merging of their Indigenous roots and Catholic traditions, through a contemporary lens.

MWA's participating artists are Almendra Vergara, Maya Corona, Jessica Chiapa, Christiane Olguin, Claudia Chagoya, and Kitty Rain.

"Each artist will approach the topic according to their own experiences with the celebration," says Almendra. "Some of the disciplines we use include painting, sculpture, embroidery, installation, and theatre. The unifying element for this exhibition will be the skull, a symbol with a wide range of meanings within the celebrations of Xantolo and Mexican culture."

*Xantolo* will be in Rotary Park Mini Galleries from November 1, 2023, to January 3, 2024. The Mini Galleries are outdoors and are wheelchair accessible on paved pathways.

Crescent Heights Mini-Galleries is grateful to the Calgary Arts Development Authority (CADA); the City of Calgary, and Crescent Heights Community Association for supporting our 2023 exhibits and artists.

CRESCENT HIGHS MINI-GALLERIES & MEXICAN WOMEN ARTISTS PRESENT

# XANTOLO SAT

NOV. 1, 2023 - JAN. 1, 2024

NOVEMBER 11, 2023

# 1 PM

ARTIST TALK & GALLERY WALK

Xantolo (pronounced shantolow) is a Mexican tradition from the Huasteca region; the word is used to refer to the celebrations dedicated to the deceased and the traditional Day of the Dead festivities.

Xantolo was introduced into the Nahuatl language from the Latin "festum omnium sanctorum" which means feast of all saints. For the Indigenous people in central Mexico, this festivity is more important than Christmas, and it is observed in honour of the dead. This celebration is derived from the Miccaihuitl, the Great Feast of the Dead from pre-Columbian times.

Almendra Vergara  
Maya Corona  
Jessica Chiapa  
Kitty Rain  
Christiane Olguin  
Claudia Chagoya

ROTARY PARK 1 ST. NE  
617 1 ST NE, CALGARY, AB T2E 6R2

CRESCENT HEIGHTS | Calgary | CALGARY ARTS DEVELOPMENT | MEXICAN WOMEN ARTISTS

# WAR CATS

Ancient Egyptians worshipped cats and believed them to be magical symbols of good luck. The Persian army used this knowledge to their benefit by putting cats on their frontlines in the battle of Pelusium. The Egyptian army would not attack in any way so as not to hurt the cats, and the Persian army ended up winning!

## Guess That Food!

1. This sweet treat was invented by dentist William Morrison and confectioner John C. Wharton in 1897 in Nashville, Tennessee.
2. Greek immigrant Sam Panopoulos created this controversial type of pizza in Chatham, Ontario.
3. The first food planted in space.
4. This chocolatey cereal dessert is thought to have been invented by Alfred James Russell in Red Deer, Alberta.
5. US president, Thomas Jefferson, and his chef, James Hemings, brought this classic dish to America from Paris.
6. A Québec staple, this dish was invented in 1957 and is Québécois slang for a "mess."



SCAN THE QR CODE FOR THE ANSWERS!

# Off the Shelf

BOOK REVIEW BY JUDITH UMBACH

*The Dictionary of Lost Words* by Pip Williams

All dictionaries are governed by editors' decisions. Even the 69-year project that created the Oxford English Dictionary had rules about the worthiness of words. In *The Dictionary of Lost Words*, author Pip Williams puts Esme literally in the midst of the editors and assistants. As a motherless five-year-old, she sits under her father's worktable in the Scriptorium, domain of the prestigious main editor, James Murray.

A slip is written for each word's definitions, all supported by citations from credible sources. Academics and members of the public mail in words; assistants conduct research to verify each suggestion; editors make the final decisions.

Gradually, Esme understands that not only will she never be properly employed in the venture, but also that many of the words describing the female realm are considered unimportant or unsuitable. From the discards, she begins to collect the slips of paper that record lower-class and female expressions. She hides them in a wooden chest. Dr. Murray does eventually hire her, in admiration of her research skills, but of course her salary is minute compared to the professional (male) salaries.

As she matures, Esme begins to write slips for the wider variety of language she hears on the street. However, for all her knowledge of words, her worldly knowledge is woefully inadequate, which is why her first intimate friendship ends in pregnancy. More unrecorded words.

The world changes. Suffragists and Suffragettes demand to enter society and to vote. More unrecorded words. Citations on her slips are the names of people who cannot read and who have never seen their names written. WWI looms and then breaks out, releasing a torrent of both new words and words used in new ways.

*The Dictionary of Lost Words* is fictional, but it is set in a real environment, filled in part with the real people who pursued the astonishing dream of recording every (reasonable) word in the English language. Helpfully, Pip Williams provides appendices placing the dictionary project in its historical context.



## Join our Board!

We are looking for people for the following roles:

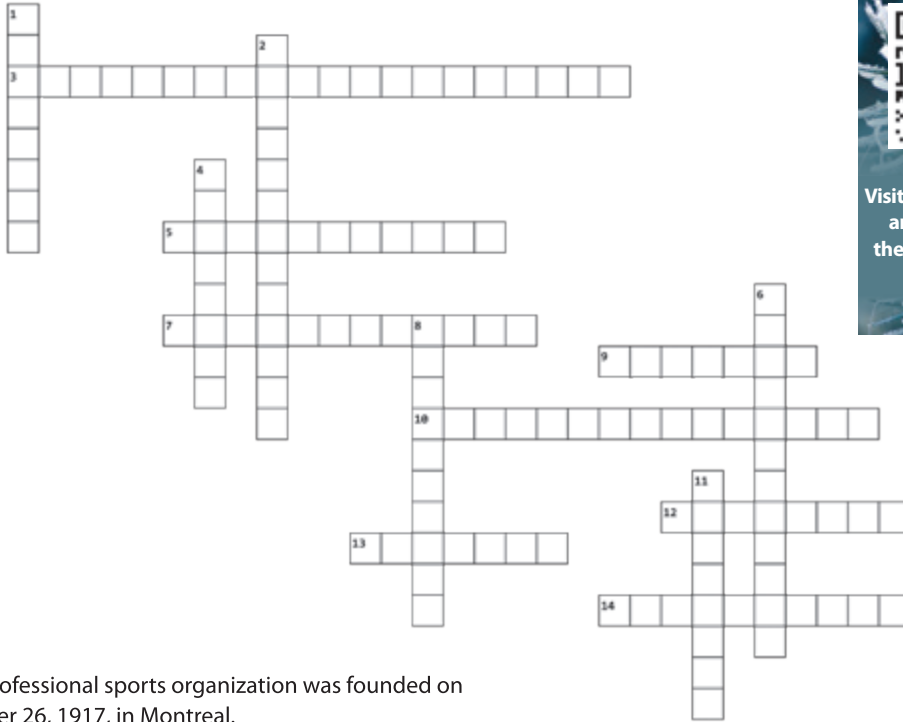
- Facilities Director
- Assistant Treasure
- Engagement Director
- Fundraising Director
- Grant Writer

If you are interested or have any questions, please reply to: [president@crescentheightsyyc.ca](mailto:president@crescentheightsyyc.ca)

### VOLUNTEERING

- Connects you to others
- Is good for your mind and body
- Can help start or advance your career
- Bring fun and fulfillment to your life

# November Crossword



## Across

3. This professional sports organization was founded on November 26, 1917, in Montreal.
5. Born on November 12, 1980, but he's just Ken.
7. November is National \_\_\_\_\_ Month, and during this 30-day period, thousands of writers around the world attempt to complete a full manuscript – minimum 50,000 words.
9. On November 1, 1946, the fist NBA game occurred between the New York Knickerbockers and the Toronto \_\_\_\_\_.
10. This weekly country music radio broadcast premiered in Nashville, Tennessee on November 28, 1925.
12. This month is the only month used in the 26-letter NATO phonetic alphabet.
13. Pink Floyd's iconic 11th album, \_\_\_\_\_, was released on November 30, 1979.
14. On November 29, 1961, the Mercury-Atlas 5 circled the Earth twice with Enos, a male \_\_\_\_\_ onboard; thankfully, he survived the three hour and 20-minute space flight.

## Down

1. On World \_\_\_\_\_ Day, celebrated on November 13, many wear cardigans in honour of Fred Rogers who promoted love and self-esteem building on his show.
2. November's official flower, which originates from East Asia.
4. Released on November 22, 1995, this film featuring Tom Hanks and Tim Allen was the first feature-length film made entirely by CGI technology.
6. The world's longest running play, written by Agatha Christie, premiered on November 25, 1952, in London.
8. November 1, 1611, was the first recorded performance of this Shakespearean tragicomedy. It was performed for King James.
11. The reason people grow moustaches in November.

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**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**CERTIFIED REFLEXOLOGY THERAPIST IN MOUNT PLEASANT/TUXEDO:** Enjoy a 60 minute relaxing foot reflexology session to relieve body tension, improve circulation, and support the body's efforts to function optimally. Check out [www.align-vitality.com](http://www.align-vitality.com), call 403-277-0962, or email [alignvitality@yahoo.com](mailto:alignvitality@yahoo.com). Gift certificates are also available!

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## Child's First Dental Visit Come Celebrate With Us

At Alpine Dental, we recognize that your child's first dental visit is exciting. We think it is exciting too and want to celebrate the occasion with you. We will make the experience as fun as possible and still achieve all the necessary goals for a dental visit.

**We will:** Present your child with a personalized children's dentistry book. Celebrate with a goody bag. Take pictures of your child's visit, which we will print out to take home and also email to you.

### Along the way, we will also:

- Complete a cavity risk assessment
- Offer anticipatory guidance
- Examine your child's teeth for decay
- Examine your child's gums and soft tissue for disease or problems
- Determine when x-rays and fluoride treatments should be started
- Evaluate the way that your child's teeth fit together, i.e. "the bite"
- Identify any potential problems or deleterious habits
- Show you and your child how to properly clean his or her teeth at home
- Answer your questions or concerns



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 - Dr. Laura Brescia


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