

SEPTEMBER 2024

DELIVERED MONTHLY TO 5,125 HOUSEHOLDS

the CRESCENT view

THE OFFICIAL CRESCENT HEIGHTS COMMUNITY NEWSLETTER

CHCA AGM
TUESDAY, OCTOBER 22
7:00 PM



Crescent Heights Park Garden Installation. Photo by Dave Dearborn

EFW Radiology Uxborough

Opening September 30, 2024!

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EFW Radiology

EFW Radiology Community Feature Inside!



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GOODTREE + CRESCENT HEIGHTS CHURCH

Sunday, September 22 @ 10:30am
Worship Service & Potluck

- SMALL GROUPS -
- CHILDREN'S SUNDAY SCHOOL -
- FRIDAY NIGHT YOUTH -
AND MORE...

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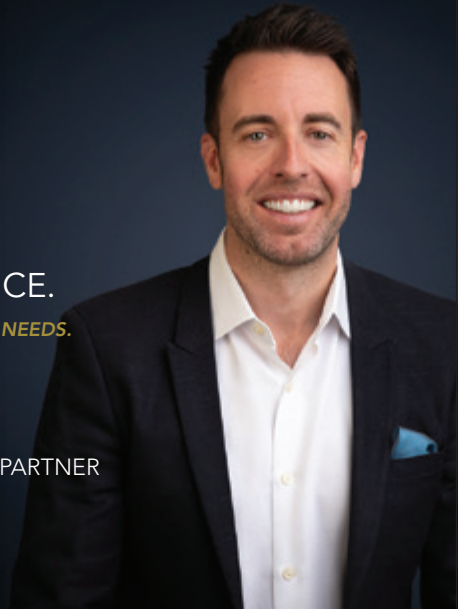
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THE CRESCENT VIEW

Newsletter Deadline

The Crescent View is published 12 times per year. The submission deadline is 6:00 pm on the fifth of each month for the following month.

For example, to be published in the June issue, the deadline is May 5.

Please email your articles or event listings, as an attachment in MS Word form, to the editor at: newsletter@crescentheightsyyc.ca.

Digital photos that are community related are always welcome as an attachment to the email and be sure to send a caption and/or the names of people who are in the photo. The requirements are 250 KB for a smaller picture and 1-3 MB for a larger (full-page) picture.

Editor:

Elizabeth Stady

Email: newsletter@crescentheightsyyc.ca.

Vision, Mission, Values

Vision

We are a vibrant inner-city community with engaged and connected residents.

Mission

Crescent Heights Community Association works with residents, members and stakeholders to improve the quality of life for its residents by:

- Developing and enhancing community enjoyment, safety, connection and belonging and;
- Advocating on behalf of the community.

Values

- We value integrity and transparency in our communication with all stakeholders.
- We value a sustainable future.
- We value diversity of our residents.
- We value inclusivity and compassion as we work to build community.
- We value the contributions our volunteers make to build a strong sense of community.
- We value community engagement through the arts and support local artists.
- We value protecting and enhancing our public spaces, forests and historic resources.

CHCA Board of Directors

We are always looking for people to join our core group of volunteers. It's a great way to learn/exercise leadership skills and a great way to build and connect your community. If you're interested, then go to our Volunteer page and send us a message.

The Board meets at 7:00 pm every fourth Tuesday of the month and all CHCA members are welcome. If you are planning to attend, please send an email to secretary@crescentheightsyyc.ca at least 24 hours before the meeting.



Crescent Heights Community Association

Join our Board!

We are looking for people for the following roles:

Director, Engagement
Director, Fundraising

If you are interested or have any questions, please reply to: president@crescentheightsyyc.ca

VOLUNTEERING

Connects you to others
Is good for your mind and body
Can help start or advance your career
Bring fun and fulfillment to your life

JOIN THE CRESCENT HEIGHTS
COMMUNITY ASSOCIATION (CHCA)
MEMBERSHIP BENEFITS YOU, YOUR
FAMILY AND YOUR NEIGHBOURS
HAVE A VOICE
HELP US GROW COMMUNITY!



BOARD OF DIRECTORS 2024

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	Doug Carlyle	doug@crescentheightsyyc.ca
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Fundraising Director	Vacant	
Director at Large	Vacant	
Digital Platform Director	Matthew Clapson	digital@crescentheightsyyc.ca



Annual General Meeting

Save the Date
Tuesday, October 22, 7 pm
at the Crescent Heights Community Centre
1101 2nd Street NW

Interested in joining our Board of Directors?
Contact president@crescentheightsyyc.ca

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PRESIDENT'S MESSAGE

Hello Crescent Heights!

As we move into the fall season, we are looking forward to some exciting changes within our community. You may have already noticed that preparations have begun for our new rink project. With construction scheduled to start this month we hope to have the rink ready to go for this winter season. Fingers crossed! A big thank you to board member Humaira P. for all her work in bringing this project together – Humaira has raised all of the funding, and she has put in countless hours working with the City and dealing with contractors. Without Humaira's initiative, this project wouldn't have happened.

You may have also noticed that temporary speed bumps were installed last month on the west side of the community around the high school. This pilot project is an outcome from two years of conversations between our Transportation Planning and Mobility Committee (TPM) and the City as part of an initiative to obtain traffic calming measures for our community. We look forward to hearing feedback from our residents about the effectiveness of the speed bumps. Our TPM committee will continue to advocate for more traffic calming measures throughout Crescent Heights.

A reminder to save the date, October 22, for our annual CHCA AGM. We are always excited to welcome new people to the board and appreciate the new perspectives that each will bring. If you are interested in joining our dedicated board of directors, please contact me at president@crescentheightsyyc.ca.

Enjoy the last few weeks of summer!

Marie

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Membership Focus

Hello Crescent Heights,

Summer has been hot and so has our growth in membership.

Our CHCA Stampede Breakfast event always leads to a surge in new members joining our community association. In the week following the breakfast, our membership had achieved a growth rate of 300% over the past 2.5 years. However, to give the CHCA more clout when representing our community with the City of Calgary more members would be desirable. To join, just go to the CHCA website and click membership. It's easy.

After being involved with the CHCA for over 16 years, I am preparing to take some time off. I've been on the Planning Committee, the Board of Directors, and now, Membership. It would be wonderful to have someone trained to assume the Membership role before I step aside. I will be here to provide training on the system which is very easy. The time commitment is light depending on what you decide to do. If you wish to volunteer for Membership or learn more about the role, please email memberships@crescentheightsyyc.ca.


New Parking Guidelines

For the new fee structure and to apply for a parking permit, visit www.calgaryparking.com/parkingpermits.

For more information, visit www.calgary.ctvnews.ca/there-s-a-fee-for-that-city-of-calgary-launches-first-change-to-permit-parking-program-1.6247738.

If you do not have access to the internet, please contact the customer service team at 403-537-7000 and they will help you set up an account.

Rotary Park People & Pet Fountain Fundraiser

 Crescent Heights we are so close to the finish line

We have raised \$16,800.00

The City requires us to have:

a concrete pad and electrical for a drainage pump

Calling all Concrete Contractors!

We need your help to install a small concrete pad for the fountain

email: Humaira Palibroda- parks@crescentheightssyc.ca



Receive a tax receipt from Parks
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Use the new QR Code linking Donations
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Off the Shelf

BOOK REVIEW BY JUDITH UMBACH

Fayne by Ann-Marie MacDonald

Fayne is a book about misapprehensions and secrets - and the misapprehensions caused by secrets. Meanwhile, everyone thinks they are living with clarity and knowledge. Symbolically, *Fayne* is an estate in the ill-defined borderlands between England and Scotland; the political border is just one of many unfocused divides. In *Fayne*, Ann-Marie MacDonald leads us gently through the maze that is Victorian society.

When does keeping a secret become deceit? Do good intentions mitigate lying to a beloved family member? How can good be measured? How long should a lie live? We make assumptions based on what we know, but who can know everything? Are the truths we ignore really lies?

This is the story of a mother and her son. And, of a father and his daughter. Of an aunt who just tries to keep the estate going. This is a story of the land itself.

When the novel opens, Charlotte is twelve. She lives at *Fayne* with her father and a small retinue of servants. Her mother and brother are present only in a large, traditionally posed painting. She is blessed with a remarkable education that comes from reading her father's collection of Greek and Roman philosophers - she started at A and has arrived at P. Gravity is a theory unknown to the Greeks and to Charlotte - because Sir Issac Newton is too modern.

At puberty, her permission to wear a boy's clothes is withdrawn, and Charlotte's less academic education begins. She learns to be a girl. These are late-Victorian times. To her disgust, Charlotte learns that all the clothes piled on her body restrict her every movement, even walking. Manners and appearances are all important. As a self-professed scientist, Charlotte adopts her new camouflage with objectivity, if not equanimity. Since her father has promised her an education at the medical

school in Edinburgh, she acquiesces to his strange demands, in pursuit of this shining goal.

Fayne is a rich parable about life. We think we see the trajectory of our plans, and dreams, and decisions, but imperfect vision means we are surprised by the turns of the actual future. Our character is revealed in how we respond.



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- ☒ Chef Coats
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- ☒ Microfibre Cloths
- ☒ Dish Rags

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Swish is a locally-owned dental clinic where oral care meets self-care. Since opening our doors in 2022, we've earned over 500 5-Star Reviews for our people-first, hospitality-inspired approach to dentistry. Our mission? To make every dental appointment feel less like a chore, and more like your favourite self-care routine.

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Cosmetic Dentistry 101

Want to freshen up for fall? We've got you.

Our clinic team is in the know and able to help you decide what cosmetic dental procedures might be a good fit for your goals.

What is it?

Cosmetic Dentistry describes a range of services and treatments, including Veneers, Implant Crowns, Cosmetic Bonding, and, of course, Whitening.

Do I need it?

You may be a candidate for cosmetic dentistry if your teeth are:



Chipped or broken



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*Price updated January 1, 2023, as per the Alberta Dental Association Fee Guide.



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EFW Radiology at CHCA's Pancake Breakfast

EFW Radiology was proud to bring some Western charm to CHCA's Annual Pancake Breakfast! In partnership with Blue Willow Entertainment, EFW helped foster community connection through live music and good vibes. The talented Kate Reid Band performed country hits and delighted the crowd with their impressive array of original songs. EFW is honoured to support local events and initiatives that boost attention and bring awareness to the many great things happening in our neighbourhoods.

About EFW Radiology

Since 1969, EFW Radiology has provided comprehensive diagnostic and interventional imaging services to communities across Calgary and Airdrie. Our physicians are sub-specialized experts in MRI, spine and pain management, nuclear medicine, X-ray, pediatric ultrasound, maternal-fetal medicine, mammography, liver imaging, and other specialties.

EFW is committed to extending care beyond our clinics and making a difference in the neighbourhoods we're privileged to reside in. We are proud to partner with a diverse group of charities and programs to aid in their achievement of funding goals and provide supported pathways for their clients to receive health services and treatment.

Learn more about the many ways EFW gives back by visiting EFW.ca



Duncan

Crescent Heights Pawmunity Member

EFW Radiology

Maintaining the Heritage Character of Crescent Heights

By the Heritage Planning Committee

In our most recent Local Area Plan, which came into effect in 2022, most of Crescent Heights was included within the city's Heritage Guideline Areas. This meant that redevelopment in the neighbourhood, including both renovation and new builds, must now conform to a set of Guidelines designed to preserve the heritage character of our neighbourhood. Heritage Guidelines provide rules around things like setbacks, roof pitches, window design, exterior finishing materials and preservation of trees.

The Crescent Heights Heritage Planning Committee wants to educate residents and builders who are developing within these Guideline Areas. Although we also do things like share the Guidelines and answer questions about their application, we believe the first step is to let everyone know these Heritage Guidelines exist and that they apply to development in Crescent Heights.

Our belief is that if people who are buying, renovating or developing property in Crescent Heights are aware that the community has been designated as a Heritage Guideline Area, it will streamline the building approval process.

One way we're doing this is putting up lawn signs through the neighbourhood to draw attention to our Heritage Guideline Areas and the Heritage Guidelines. The signs have a QR code that directs people to a page on the CHCA website where there's lots more information on where Heritage Guidelines Areas are, and how they work. For more information go to crescentheightsyyc.ca/heritage.

If you'd like to help by placing a lawn sign in front of your house, you can contact the Committee and have one delivered. We're asking for a \$10 donation to help cover the cost of the signs.

To order a sign, or for more information, please contact heritage@crescentheightsyyc.ca.

Get a Heritage Guideline Area Lawn Sign!

Put up a lawn sign and help create awareness of the Heritage Guidelines that apply to development in Crescent Heights.

Help us preserve the rich heritage character of our neighbourhood.



Did You Know Trees Communicate with One Another?

by Stephanie Ho Lem, CHCA Director of Living Green

We are so fortunate to be located close to the National Parks where an abundance of forests is at our doorstep. Like a lot of us, we take the trees around us for granted. With the effects of climate change the last few years, we've become more aware of our forests, especially when our renowned town of Jasper goes up in flames. How much do we know about forests.

Recently I came across a book written by UBC professor of Ecology, Suzanne Simard entitled Finding the Mother Tree: Discovering the Wisdom of the Forest. The way Simard describes forests provided me with another insight.

When Simard was a young government tree scientist, she went out into the forest to find out why some firs in the tree plantations were not doing as well as the healthy, young fir trees in the natural forest. BC loggers plant firs for logging over other trees such as birches and broad leaf trees.

What Simard discovered was that in a natural forest, the birch trees shade the Douglas fir seedlings, providing more carbon in the form of photosynthetic sugars through the mycorrhizal network below ground. Trees communicate underground through an immense web of fungi otherwise known as Mycorrhizal fungi. It grows inside the plant's roots, or on the surfaces of the roots where they have a mutually beneficial relationship. The fungus facilitates water and nutrient uptake in the plant, and the plant provides food and nutrients created by photosynthesis to the fungus.

In the spring and fall, when the birches do not have leaves, the fir trees send food back to the birches through the mycorrhizal networks. The trees are helping one another to create a healthy community. It's a synergistic system where species collaborate. Simard describes that trees are not simply the source of timber or pulp, but are a complicated, interdependent circle of life; that forests are social, cooperative creatures connected through underground networks by which

trees communicate their vitality and vulnerabilities with communal lives not that different from our own. It's an important concept that we all need to learn about and embrace. Not all scientists are following this.

The forests are facing climate change and overharvesting. Simard's latest research effort is called the "Mother Tree Project." Mother trees are the biggest, oldest trees in the forest and through their photosynthetic capacity, they provide food. They keep carbon in the soil, keep the water flowing, and help the forest recover from disturbances.

We need to ensure mother trees are there to help the next generation.

Please note that the content provided is for informational purposes.

Sources: TedTalks, Finding the Mother Trees: book review, 'Mother Trees' are Intelligent.

stephanie@crescentheightssyyc.ca

**CONSTRUCTION OF
THE NEW
CRESCENT HEIGHTS
OUTDOOR SKATING
RINK IS
UNDERWAY**

**A HUGE thank you to our funders,
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Get Involved and Grow!
Humaira Palibroda parks@crescentheightssyyc.ca



Crescent Heights Park Garden Installation



Back-to-School Safety

from Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

Around School Buses

- Flashing amber lights mean that a bus is slowing down to stop – motorists should do so likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.



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Mini Galleries

Forests in Flux Exhibit Comes to Mini Galleries in September

The boreal forest is young as far as forests go - thriving on dynamic cycles of natural disturbances and regrowth. However, new drivers like climate change and resource extraction have disrupted these processes, changing how the ecosystem behaves. Using art to explore these disturbances, *Forests in Flux* is an invitation to engage with pressing environmental issues for Albertans.

This exhibition features three artists who work regularly with boreal themes. Using a variety of mediums including photography, sculpture, painting, and fiber art, the exhibit provides pieces that generate reflection on themes relating to climate change and human-environment interactions.

Yekta Tarki focuses on the relationship between humans and fire and the increase of wildfires in the natural ecosystem. The increase in the amount of fire in the Earth's ecosystem and its consequences, such as deforestation resulting from climate change, is obvious. She delves into the phenomenon of wildfires and represents her perception in abstract pieces of paintings. She channels her passion for exploring the human-nature relationship through environmental issues into a research-based practice that contributes to ecological consciousness.



Visualizing the Pyrocene by Yekta Tarki

Yekta Tarki is an Iranian artist based in Calgary, Alberta. She is pursuing a Master of Fine Arts at the University of Calgary, having previously earned both a Master of Fine Arts and a Bachelor of Fine Arts in painting from the Tehran University of Arts. Through her research creations, she explores the relationship between humans and nature amidst environmental crises, employing art in

conjunction with other sciences. She gathers scientific reports and data related to environmental issues, translating them into her visual language.

Tanya Yeomans (she/her) is a geospatial scientist whose current research is centered around using satellite data to assess boreal forest recovery from industrial disturbances. Alongside her scientific practice, she uses textiles and digital media to co-create rich and complicated understandings of technology, people, and the environment. Her focus is largely



Leaf Print by
Tanya Yeomans

geographic, employing geospatial software, data, and technology alongside place-based arts practices such as site-specific installations, on-site art creation, foraged dye materials, and found objects in her work.

Julya Hajnoczky's work is a critical examination of human impacts on the natural world and how ecosystems are changing in our current era. Adopting and adapting the practices of scientific investigators, her multidisciplinary practice involves collecting materials following ethical foraging practices (plants, bones, or lichen specimens, for example) from natural environments, for use as raw material in making work, and as reference material. She investigates ecosystems and the connections within them, particularly via site visits and consultation with scientists and other experts and she is continually seeking out new ways of exploring themes of biodiversity loss and climate change, to translate expert knowledge into accessible, intriguing, relevant, and impactful artwork.



Beetle Gallery by Julya
Hajnoczky



Sharon Danish Lutheran Church

A part of the Crescent Heights community since 1930

September 2024

Sunday, 1st 10:00 am - English Worship Service

Sunday, 8th 10:00 am - English Worship Service
11:15 am - Danish Worship Service

Sunday, 15th 10:00 am - English Worship Service

Sunday, 22nd 10:00 am - English Worship Service
11:15 am - Danish Worship Service

Sunday, 29th 10:00 am - English Worship Service
Family Service with Potluck Lunch Afterwards

Contact Pastor Charlotte Berg: 403-277-5804

Email: office@danishlutheranchurch.ca

Website: www.danishlutheranchurch.ca

Facebook: Danish Lutheran Church in Calgary



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(A congregation of the Danish Seamen's & Churches Abroad.)



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The North Hill **Ice Breakers League** is for new curlers looking for league play with other new curlers to expand the skills they learned in Discover Curling YYC. To register yourself, contact **North Hill Curling Club at (403) 277-3158**.

Sessions start in October and go till December, **register to start curling today!**

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OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

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CALGARY FRESH JOCK: We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, heat cables, window washing and pressure washing. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265- 4769 | YardBustersLandscaping.com.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

BARKER'S FINE DRY CLEANING: We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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YOURS TRULY, JOHNNY DRYWALL: Your local drywall and texture repair specialist. We do many other minor & not so minor interior repairs. Estimates & advice are always free. Call or text Brad at 403-771-5228.

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