

FEBRUARY 2025

DELIVERED MONTHLY TO 5,375 HOUSEHOLDS

the CRESCENT view

THE OFFICIAL CRESCENT HEIGHTS COMMUNITY NEWSLETTER



**Find out what your home
is worth in 2025**

Richard Palibroda

403.560.0061 | richardpalibroda.com

Built by Timberrock Homes, this elegant executive family home is situated on a large corner lot across the street from historic Crescent Heights Park, steps away from McHugh Bluff with outstanding views of downtown & the majestic Rocky Mountains. Featuring over 4,622 sqft of generous living space.



crescentheightsyc.ca

OFFICIAL



PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca

official-plumbing-heating.ca

Pinnacle Dental

403-269-1087

Dr. Wade Foster
#441 11th Avenue SE



- Welcoming New Patients!
- Privately owned dental clinic
- Serving the dental needs of the community for over 15 years

Scan the QR code for more information about our services!



Cats, Canines, & Critters of Calgary



Basha and Molly, *Elbow Scene*



Daisy Nulo and Nulo Pickles, *McKenzie Towne*



Howie and Pepper, *Crestmont*



Tucker and Bentley, *McKenzie Towne*

To have your pet featured, email news@mycalgary.com

Let's keep Crescent Heights walkable!

Let's all be good neighbours and help keep our sidewalks safe for all as we get deep into our winter season! This is especially helpful to elderly people, those with limited mobility and anyone else needing a little help.

- Here are a few tips to keep in mind
- Clear the snow as quickly as possible after a snowfall so that it doesn't get packed down
 - If you're adjacent to a lane, clear the snow across the lane
 - Salt is hard on puppy paws and the environment, so use sparingly
 - Help clear your neighbour's sidewalk when they're not able, or just because



A friendly message from your Crescent Heights Community Association



JOB OPPORTUNITY

The Turf Care department at The Winston Golf Club is now hiring for the upcoming golf season. The Winston Golf Club is one of the oldest golf courses in Calgary, just minutes away from the heart of downtown.

If you are an energetic individual who enjoys working outdoors, we may have a position for you on our team. All positions require the availability to work early mornings and weekends. Both full-time and part-time positions are available. Retired and semi-retired individuals are welcome. These positions are seasonal, with employment commencing approximately the beginning of April and completing at the end of October.

The Winston offers a professional and enjoyable working environment, free golf privileges, and Golf Shop and meal discounts.

Contact csteiner@thewinstongolfclub.com if you are interested in joining our team.
www.thewinstongolfclub.com • (403) 984-1713 • 2502 6th Street NE

GOLF MEMBERSHIP

Our memberships are the perfect way to join our golfing community.

SHAREHOLDER AND TRIAL OPPORTUNITIES AVAILABLE

New Clubhouse Coming in 2025!



CONTACT US TODAY



UNLIMITED GOLF



CLUB CLEANING AND STORAGE



7-DAY ADVANCE TEE-TIME BOOKING



UNLIMITED USE OF DRIVING RANGE AND PRACTICE FACILITIES





THE CRESCENT VIEW

Newsletter Deadline

The *Crescent View* is published 12 times per year. The submission deadline is 6:00 pm on the fifth of each month for the following month.

For example, to be published in the June issue, the deadline is May 5.

Please email your articles or event listings, as an attachment in MS Word form, to the editor at: newsletter@crescentheightsyyc.ca.

Digital photos that are community related are always welcome as an attachment to the email and be sure to send a caption and/or the names of people who are in the photo. The requirements are 250 KB for a smaller picture and 1-3 MB for a larger (full-page) picture.

Editor:

Elizabeth Stady

Email: newsletter@crescentheightsyyc.ca.

Vision, Mission, Values

Vision

We are a vibrant inner-city community with engaged and connected residents.

Mission

Crescent Heights Community Association works with residents, members and stakeholders to improve the quality of life for its residents by:

- Developing and enhancing community enjoyment, safety, connection and belonging and;
- Advocating on behalf of the community.

Values

- We value integrity and transparency in our communication with all stakeholders.
- We value a sustainable future.
- We value diversity of our residents.
- We value inclusivity and compassion as we work to build community.
- We value the contributions our volunteers make to build a strong sense of community.
- We value community engagement through the arts and support local artists.
- We value protecting and enhancing our public spaces, forests and historic resources.

CHCA Board of Directors

We are always looking for people to join our core group of volunteers. It's a great way to learn/exercise leadership skills and a great way to build and connect your community. If you're interested, then go to our Volunteer page and send us a message.

The Board meets at 7:00 pm every fourth Tuesday of the month and all CHCA members are welcome. If you are planning to attend, please send an email to secretary@crescentheightsyyc.ca at least 24 hours before the meeting.



Crescent Heights Community Association

Join Our Board!

We are looking for people for the following roles:

- Engagement Director
- Facilities Director
- Community Garden and Food Forest Coordinator
- Stampede Breakfast Event Coordinator

If you are interested or have any questions, please reply to: president@crescentheightsyyc.ca

VOLUNTEERING

- Connects you to others
- Is good for your mind and body
- Can help start or advance your career
- Bring fun and fulfillment to your life

JOIN THE CRESCENT HEIGHTS
COMMUNITY ASSOCIATION (CHCA)
MEMBERSHIP BENEFITS YOU, YOUR
FAMILY AND YOUR NEIGHBOURS
HAVE A VOICE
HELP US GROW COMMUNITY!



BOARD OF DIRECTORS 2024-25

President	Marie Semenick-Evans	president@crescentheightsyyc.ca
Treasurer	John McDermid	treasurer@crescentheightsyyc.ca
Secretary	Harmeet Singh	secretary@crescentheightsyyc.ca
Community Partnerships	Zachary Nagy	communitypartnerships@crescentheightsyyc.ca
Planning Director	Vacant	planning@crescentheightsyyc.ca
Heritage Director	Krista Beavis	heritage@crescentheightsyyc.ca
Fundraising Director	Eilysh Zurock	fundraising@crescentheightsyyc.ca
Parks Director	Humaira Palibroda	parks@crescentheightsyyc.ca
Facilities Director	Vacant	
Engagement Director	Vacant	
Communications Directors	Elsie Ross	communications@crescentheightsyyc.ca
Traffic and Mobility: Spaces as Places	Marie Semenick-Evans	marie@crescentheightsyyc.ca
Traffic and Mobility: Spaces as Places	Adam Schwartz	adam@crescentheightsyyc.ca
Living Green Director	Stephanie Ho Lem	stephanie@crescentheightsyyc.ca
Membership Director	Jeff Deere	memberships@crescentheightsyyc.ca

We need you!

We're looking for **new board members** to join
the **Crescent Heights Community Association**
Board of Directors.



Are you looking for a way to get involved in our community?

We have a few open positions that we'd like to fill including:
Facilities | Climate | Treasurer
For more info contact president@crescentheightsyyc.ca

PRESIDENT'S MESSAGE

Hello Crescent Heights,

As we enter February, it's hard not to feel excitement knowing that the busy summer season is just around the corner. Warmer days will soon bring us together for our many community events and activities. From Rotary Park galleries to our much-anticipated Stampede Breakfast, Crescent Heights truly comes alive as the temperatures rises! But none of these events happen without the incredible energy of volunteers like you.

Planning for the upcoming season starts now, and we invite all of you to get involved. Whether you have a little time or a lot, joining one of our board committees—such as Planning, Heritage, or Transportation Planning and Mobility—is a fantastic way to stay engaged and help shape the future of our neighbourhood.

In addition, we're currently looking for a Community Garden and Food Forest Coordinator and a Stampede Breakfast Event Coordinator. These roles are vital to creating the vibrant and welcoming community that we all enjoy. If you have a green thumb or a flair for organizing fun gatherings, we'd love to hear from you!

Volunteering with Crescent Heights is more than just giving back—it's a chance to meet friendly neighbours, build lasting friendships, and have a positive impact on the place we call home. If you're interested in joining a committee or taking on a coordinator role, please reach out to president@crescentheightsyyc.ca—we'd be thrilled to welcome you to the team!

Happy February!

Marie



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



Time to Renew Your Mortgage?

Don't Settle – Discover Better Rates and Options! Get Ready to Save Big!



ANITA 403-771-8771
anita@anitamortgage.ca
Licensed by Avenue Financial

BMAX BROKERS

MERGERS & ACQUISITIONS

We specialize in maximizing the sale value of businesses by attracting multiple offers from targeted, qualified buyers.

Services

- Preparation and Planning
- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support

✉ info@bmaxbrokers.com | ☎ 403-249-2269



COMING SOON



We are thrilled about our new
Outdoor Skating Rink!

Lace up your skates & glide into our
Crescent Heights Skating Carnival

* Ribbon cutting ceremony

* Games & activities

* Hot chocolate

* Music



Stay tuned for all the exciting details!

**EMBRACE
THE
OUTDOORS**

Parks
Foundation
Calgary



Get Involved and Grow!

Humaira Palibroda parks@crescentheightssyc.ca

Rotary Park's Mini Galleries Feature Fuse33 Makerspace, February to April

"Beyond Making: Stories Crafted in Art" features the work of six talented makers from Fuse33 Makerspace, each blending craftsmanship with personal storytelling. This exhibition invites you to explore art beyond its physical form, delving into the narratives that shape each creation. From intricate designs to bold innovations, these works reflect the spirit of community, collaboration, and creativity at Fuse33. Whether crafted in wood, metal, textiles, or mixed media, each piece offers a glimpse into the maker's world, celebrating not only the art of making it but the stories that inspire it.

CHCA thanks CADA for empowering our mini gallery exhibitions. CADA's support helps us bring unique art experiences to the community and to highlight the incredible talent of local artists. Subscribe to CHCA's online newsletter at www.crescentheightsyyc.ca/community-newsletter/ for more information about the exhibit.

SCAN HERE TO VIEW ADDITIONAL CRESCENT HEIGHTS CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



A Journey Through Winter

by Les Robertson

What should we do when there is snow on the ground?

More than you think, and this is what I found
You can build a snowman outside your front door
Or cuddle by the fireplace on your living room floor

You can take in a hockey game at your local hockey rink

or go for hike and try to spot a mink
Head out to the mountains and ski down the hills
Check out the scenery which is always a thrill

If you have a snowmobile there are many trails to explore

Glistening white frosted branches are easy to adore
Take out your snowshoes and glide across the land
Getting exercise in the cold or as much as you can stand

Find a winter carnival with ice sculptures on display
Watch the modern-day lumberjacks competing on that day

At home you reflect and take time to appreciate
While sipping your cocoa, you realize it must have been fate

Let Us Enjoy the Winter Season



SORELL
INSULATION



WWW.SORELL.CA



403.472.2676



info@sorell.ca

Attics | Walls | Thermal | Sound

Swish ORAL CARE



New Year, New Smile

Start 2025 right with
Invisalign and Botox at
Swish.



swishoralcare.ca

[@swishoralcare](https://www.instagram.com/swishoralcare)

At Swish, great care comes easy.

Swish is a locally-owned dental clinic where oral care meets self-care. Since opening our doors in 2022, we've earned over 500 5-Star Reviews for our people-first, hospitality-inspired approach to dentistry. Our mission? To make every dental appointment feel less like a chore, and more like your favourite self-care routine.

Say goodbye to dental anxiety and switch to Swish. Join us here in Bridgeland or at our brand-new University District location, now open!

Good Vibes +
Shame-Free
Treatment

Fast and
Convenient
Direct Billing

Experience
the Extras at
No Extra Cost



The key to great care? It all starts with our people.

Book an appointment with our dream team at Swish Bridgeland or University District.

After a busy holiday season, it's time to hit reset. Resolve to look and feel your very best this year with Swish!

Book your free Invisalign or Botox consultation with our team.



Invisalign

The clear alternative to braces is here at Swish. Wondering if Invisalign is right for you? Book in for a free consultation with our team! Each consultation includes a complimentary Invisalign scan with Smile View Technology to preview your progress.

Botox & Dysport

Yep – we do Botox™ and Dysport™ here. From teeth grinding to jaw clenching, frown lines to lip flips, Botox™ and Dysport™ can be used to treat a variety of functional and aesthetic concerns. Most importantly, our team is certified to administer injectables safely and effectively – and consultations are free. Book in now!

Scan here to book your
free consultation:



Say ahhh...

Swish specializes in all things dental for all ages, from essentials to emergencies.



The Essentials

A comprehensive dental exam, cleaning, 3D wellness scan, x-rays, complimentary oral cancer screening, and free whitening.



Fresh 5

Fresh 5 is a flat rate option with five must-have treatments.



Dental Work

Cavities, wisdom teeth, root canals, crowns, implants, and more. Thorough, yet gentle on tough stuff.



Cosmetic Dentistry

Form meets function. Botox, whitening, veneers, and more.



Invisalign

Complimentary scans and detailed consults from the leader in straighter smiles.



Emergencies

Broken or chipped tooth? Extreme toothaches? Say no more – we're on it.

Brush up on all things

Swish

Find us in the General Block:
Above Phil & Sebastian, UNA, and
Village Ice Cream

Swish Oral Care
#230, 69 7A Street NE
Calgary, AB T2E 4E4
825-540-7183

Find us online:



swishoralcare.ca

bridgeland@swishoralcare.ca



[@swishoralcare](https://www.facebook.com/swishoralcare)



Off the Shelf

BOOK REVIEW BY JUDITH UMBACH

***The Double Life of Benson Yu* by Kevin Chong**

Kindly suspend logic while reading *The Double Life of Benson Yu* by Kevin Chong. The story does not whip around between alien worlds. The story is a calm retelling of Benson Yu's childhood.

Or is it?

When he was twelve, Benny's poh poh (grandmother) died in hospital. For many years he had been living with her because his mother was dead, and his father was no good. His burdensome childhood was safely anchored by the old Chinese traditions commonly upheld in Chinatown. As a withdrawn, artistic child, school bullies harassed him for his academic success. He understood his world and accepted it.

Benson Yu is a once-successful comic book writer. Although his characters were loved and his comic books sold well, his inexperience resulted in a writer's contract that left almost nothing for him. His family lived in a fairly nice house, they had a very nice car, and life was good enough. His wife, Trina, had a good job at the university, earning the majority of their income. Their little daughter was delightful.

This time, Benson is writing a proper book based on his youth, complete with character development and universal themes. He makes Benny a few years younger, and his experiences are designed to create empathy. The narrative that we read is a subtle interplay between the novel and the novel writing. Sometimes we are fully with Benny, then we are reading Benson's interior discussion about plot developments.

As some novelists do complain (or celebrate), Benson's characters escape him! They won't do what he had planned. He has deliberately created them different from the people of his youth, and they make different choices. And then after a complicated disaster in

Benny's life, he comes to live with Benson. Suspend logic, please. *The Double Life of Benson Yu* explores how an older man might look on his youthful self and might handle the joys and traumas there. Also, it explores how we can use our internal voice to change what might seem inevitable.

The novel is written with a light touch. Similarly, the reader must stay elevated above the ordinary to float along with the currents of an imagined life.



BRAIN GAMES **SUDOKU**

	1					6		
		3						4
4		5		1	9			
	5				6		3	1
	3		1	2	7			
8		1	3				7	
			9	6	8	3		7
3						8		
		8					2	

SCAN THE QR CODE FOR THE SOLUTION



Have You Been Greenwashed?

by Stephanie Ho Lem, CHCA Director of Living Green

With global warming affecting our lives, people are becoming more conscious of the fact that they need to be part of the solution and not part of the problem. More people have increased their efforts to reduce, reuse, and recycle, and purchase products that are eco-friendly and sustainable.

This isn't going unnoticed. Companies are realizing that being eco-friendly sells. They can put eco-friendly claims on their products while continuing to use unsustainable ingredients, or they may change the packaging of an existing product providing no evidence or testing to back their claims. They may care but the choice to reduce or maintain their profit margin is simple. They're fully aware that eco-conscious people are willing to part with more money for sustainable products.

The term "greenwashing" was originally coined by prominent environmentalist Jay Westerveld in a 1986 essay in which he claimed the hotel industry falsely promoted the reuse of towels as part of a broader environmental strategy. Years back on business trips, I recall my many stays at hotels, there would be a note requesting I reuse the towels to save the environment. Apparently reusing towels was a cost saving measure for hotels to lower their costs. At that time, the environment was not front and centre. Now it is and it's the norm to reuse towels and leave the sheets for a couple of days during hotel stays.

Have you been greenwashed? Our world is more eco-friendly, so it appears, but have you picked up a product because the word "natural" or "recycled" is on the packaging.

Greenwashing is when an organization or brand spends more time and money on marketing themselves as environmentally friendly than on actually being environmentally friendly or acting as if they have a greater positive environmental impact than they actually do.

We can't always avoid greenwashing but here are some guidelines when you shop:

- Remember that while some "green" claims are true, others may be false, misleading, or unsupported by adequate evidence.

- Be vigilant when you come across a vague or broad statement such as "eco-friendly" and "safe for the environment." Without any further explanation of the claim, it might lead to misinterpretation and deception.
- Don't be fooled by nature-themed images like water, clouds, plants, animals, and earth, or colours used on packaging and in marketing.
- When you see eco logos or labels, make sure they are trustworthy.
- All consumer goods have an impact on the environment, even those that claim to be "green."

If you have doubts about an environmental claim, don't be afraid to reach out to the company and ask them questions. If you believe that a business may have made a false, misleading, or unsupported environmental claim, report it to the Competition Bureau at <https://competition-bureau.canada.ca/contact-competition-bureau-canada/complaint-form>.

The Competition Bureau enforces laws that can address environmental claims that are false, misleading, or not based on adequate and proper testing. New laws were passed in June 2024 requiring companies to be able to substantiate environmental claims they make.

Please note that the content provided is for informational purposes.

Sources: Greenwashing-Springer Link, Environmentalist Jay Westerveld, Environmental Claims and the Competition Act, Competition Bureau of Canada, The Sustainable Living Guide, Calgary Herald Dec24/24.

stephanie@crescentheightsyyc.ca

Joke of the Month



Why aren't dogs good dancers?

They have two left feet.

How to Know if You Are Ready For Couples Therapy or Not

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca



There are many approaches to couples therapy such as Gottman Method, Emotionally Focused Therapy, and IMAGO to name a few. The decision to seek couples therapy requires evaluating your relationship and your willingness to work through challenges. The following are some key signs that you may be ready:

- 1. Communication Issues** – Do you struggle to express your feelings without arguing or shutting down? Are there unresolved conflicts that keep resurfacing?
- 2. Feeling Disconnected** – Has the emotional or physical intimacy in the relationship declined? Do you feel like roommates rather than partners?
- 3. Recurring Problems** – Are you stuck in repetitive arguments or unhealthy patterns? Have individual efforts to fix these issues failed?
- 4. Life Changes or Stressors** – Have recent events (moving, new baby or job) put a strain on your relationship?
- 5. Trust Issues** – Has there been a betrayal such as an infidelity or broken promises? Are you struggling to rebuild trust?
- 6. Desire to Improve** – Are you both willing to put in the effort to strengthen the relationship? Do you believe the relationship has potential for growth?
- 7. Mutual Commitment** – Are you both open to exploring therapy, even if one of you is more hesitant at first?
- 8. Individual Challenges Impacting the Relationship** – Are personal issues such as stress, trauma, or mental health affecting how to connect with each other?

If you relate to some of the above, couples therapy could be beneficial. Even if you're unsure, seeking therapy to explore some of these concerns and set goals can be a proactive step.

The following are some signs that couples therapy could be unproductive or even counter-productive:

- 1. Lack of Commitment to Change** – One or both of you are not genuinely willing to work on the relationship. Going to therapy just to 'check the box' or appease the other.
- 2. Blaming Without Accountability** – If either of you is solely focused on blaming the other without reflecting on your own role in the relationship's challenges.
- 3. Unwillingness to Communicate Honestly** – If either of you are unwilling to be vulnerable, open, and honest, your therapist won't have a full picture to be able to help you.
- 4. Hidden Agendas** – If therapy is being used as a way to justify leaving the relationship rather than to repair it, the process won't be effective.
- 5. One of You is Being Forced into Therapy** – If one of you does not want to attend or doesn't believe in the process, lack of engagement can hinder the process.
- 6. Ongoing Abuse** – Couples therapy is not the right setting to address physical, emotional, or verbal abuse. These situations require specialized interventions to ensure safety and require individual therapeutic attention.
- 7. Unresolved Individual Issues** – If personal issues such as active addiction or untreated mental health conditions are dominating the relationship dynamics, individual therapy is a better starting point before engaging couples therapy.
- 8. Timing is Off** – If there are active external factors like intense work stress, a recent traumatic event, or other life circumstances, it will leave little energy or focus for therapy. It may be better to wait.
- 9. Desire for Separation** – If one of you has already decided to end the relationship and sees therapy as a formality, it will obviously prevent any genuine engagement.

Being ready for couples therapy requires mutual willingness and effort, but readiness can evolve with time and self-reflection.



TASK FORCE ANIMAL HOSPITAL

Calgary's first not-for-profit veterinary
hospital, supported by donations

There is a critical need for accessible, subsidized,
quality veterinary care



Coming to Calgary in early 2025

help keep families together

cataskforce.org

Registered Charity No.
825596018 RR0001

Photo Gallery

by Khoa Nguyen



BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

CRESCENT HEIGHTS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YOURS TRULY, JOHNNY DRYWALL: A big thank you to all my neighbours and new friends for a fantastic year so far! If you have any drywall or ceiling repair needs, please call/text Brad at 403-771-5228. Estimates and advice are always free.



The Great 
Joni Mitchell

Canada's Juno Hall of Fame features many incredible artists from over the years. A very special addition was made on February 5, 1981, when Alberta-born singer-songwriter and multi-instrumentalist Joni Mitchell joined those honoured. Way to go, Joni! She really couldn't be any cooler.

GoodTree Church Sunday School

DEEP & WIDE

God Loves Me

For all children from
Toddlers to Grade 6

Sundays at 10:30am
1212 1 Street NW

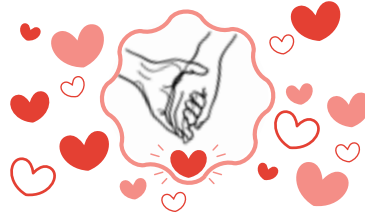
New digital check-in

Email goodfruit@goodtree.ca
for more information

GAMES & PUZZLES

Guess the Couple!

1. These two periodic elements make for a salty pair.
2. These semi-aquatic rodents mate for life and form strong bonds with their partners.
3. These two Disney pups celebrate their 70th anniversary in 2025.
4. This British celebrity supercouple are fondly known as Posh and Becks.
5. This fictional couple's sweet love story started in an office of all places!
6. This prehistoric couple lived amongst dinosaurs with their daughter, Pebbles.



SCAN THE QR
CODE FOR THE
ANSWERS!



EAU CLAIRE ATHLETIC CLUB

NEW YEAR. NEW CLUB. MAKE IT YOURS.

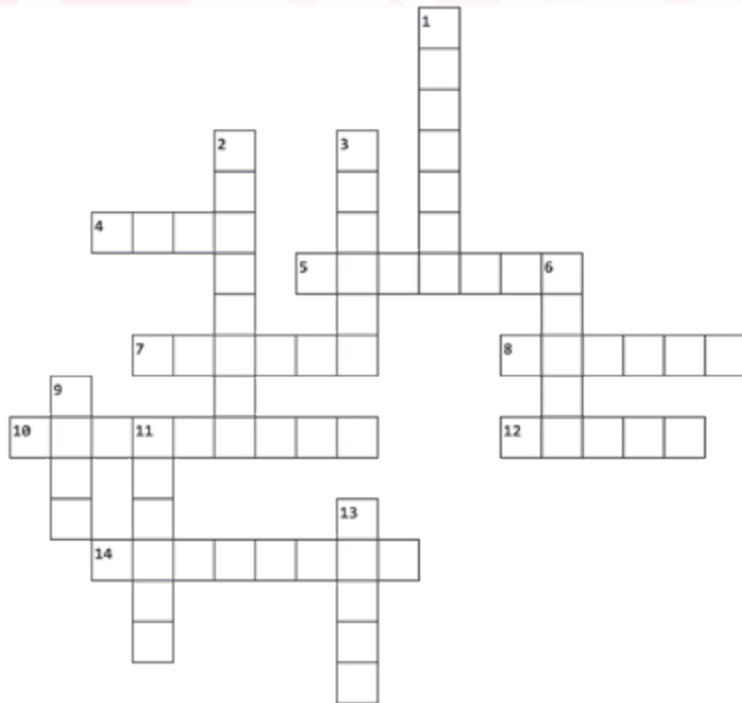
Discover Eau Claire Athletic Club, where wellness, fitness and community come together. Individual, Family & Corporate memberships available - **Spaces are limited!** Book a tour & join our email list to learn more.

www.ecathleticclub.ca | info@ecathleticclub.ca | 101 3 St SW

OPENING
SOON



February Crossword



Across

4. Canadian filmmaker, Denis Villeneuve's sci-fi adventure film _____: *Part Two* first premiered in February 2024.
5. Fleetwood Mac's best-selling album, _____, was released on February 4, 1977, featuring songs such as "Dreams" and "Go Your Own Way".
7. Born on February 1, 1994, England-born pop sensation, Harry _____ rose to fame as part of a boy band before going off on his own.
8. On February 21, 1948, the National Association for Stock Car Auto Racing, best-known as _____, was founded.
10. Something that is typically given to a significant other or friend(s) during the month of February.
12. February is National _____ Month, highlighting the importance of cardiovascular health.
14. Singer-songwriter and multi-instrumentalist, Joni _____, was inducted into Canada's Juno Hall of Fame on February 5, 1981.

Down

1. In February of 1917, this famous Spanish artist, best known for Cubism made his first trip to Italy.
2. February's purple birthstone, the _____ is believed to be a symbol of protection.
3. The Grammy Award-winning song "No _____" by TLC was released on February 2, 1999.
6. 2025's Chinese Zodiac is this slippery, slithery creature.
9. Angie Thomas' young adult bestseller, *The _____ U Give* was originally published on February 28, 2017.
11. Canadian actor, _____ Page, was born on February 21, 1987, in Halifax, Nova Scotia.
13. _____ History Month was made official by U.S. President Gerald Ford in 1976 and is observed every February.



GET NOTICED

ACQUIRE AND RETAIN NEW CUSTOMERS.

**Your Ad Geofenced Precisely in Your Target Market
on our Carefully Selected Network of Premium Sites.**

Call 403-720-0762 | sales@greatnewsmedia.ca



SCAN ME

GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING